

BIG HOLIDAY DEALS!

SAVE UP TO 64%

1.88 LB

AMBROSIA APPLES

product of Ontario,
Canada fancy grade
pommes
1.94/lb
3027454901, 80



Foodland
ONTARIO



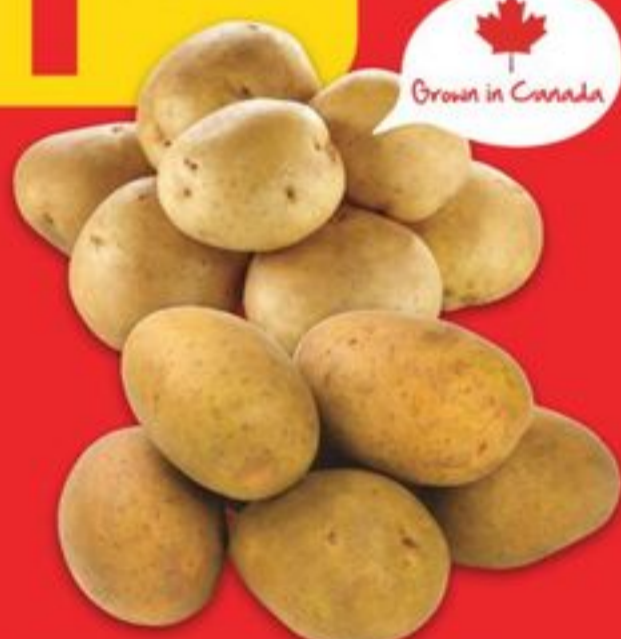
SAVE UP TO 64%

10 LB BAG

1.77

RUSSET or YELLOW POTATOES

product of Canada,
Canada no. 1 grade
pommes de terre Russet ou jaunes
3060117001, 5A/3060102001, 5A



SAVE 33%

60Z CLAMSHELL

1.99

BLACKBERRIES

product of Mexico or U.S.A.,
mûres
30051013001, 5A



SAVE 33%

312 G

3.99

PC® BABY SPINACH or SPRING MIX

product of U.S.A.,
petites épinards ou
mélange printanier
21204301, 5A/21204304, 5A



BIG HOLIDAY DEALS!



FLYER PRICES EFFECTIVE THURSDAY, NOVEMBER 28 TO WEDNESDAY, DECEMBER 4, 2024.



ONLY 1.97
LB

WHOLE CHICKEN
poulet entier
6.34/kg
20499970 60

WHILE QUANTITIES LAST



SAVE 37%
3.77

SCHNEIDERS BACON
selected varieties, 375 g
bocon
20773671 6A



SAVE 28%
\$5

PC® PUB RECIPE™ CHICKEN NUGGETS, STRIPS AND BURGERS
selected varieties, frozen, 700 g
pépites ou lamelles ou burgers de poulet
21301321 6A



SAVE 54%
2.87
LB

PORK TENDERLOIN
fresh, cryovac package
filet de porc
6.33/kg
20320970 60

SAVE 26%
1.25

UNICO BEANS or TOMATOES
selected varieties
540/796 mL
légumineuses ou tomates
20112467001 6A/20314629001 6A



SAVE 22%
3.47

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
320-410 g
pizza
20794100061 6A/20794404001 6A



SAVE UP TO 40%
\$3

PC® VEGETABLES
400-750 g or
PREMIUM VEGETABLES
350-500 g
selected varieties, frozen
légumes
201189113 6A/21184674 6A



SAVE 20%
\$4

FARMER'S MARKET BUTTER
BUtter
croissant or LOAF CAKES
selected varieties
200-400 g
gâteaux quatre-quarts
20973943 6A/21489954 6A



APP EXCLUSIVE OFFER
1,000

\$1 Value

ONLY 6.99

NO NAME® CANOLA or VEGETABLE OIL
3 L
huile de canola ou végétale
20208668 6A/201023290 6A



APP EXCLUSIVE OFFER
1,000

\$1 Value

SAVE 25%
2.99

DORITOS TORTILLA CHIPS
selected varieties
210-280 g
croustilles de tortilla
21267118 6A



SAVE UP TO 50%
\$4

PC® CHOCOLATE COVERED FRUIT AND NUT 340/400 g,
MERCI CHOCOLATE KISSES 200 g or
HERSHEY'S KISSES 180 g
selected varieties
Fruits ou noix enrobés de chocolat ou chocolat
20000354 6A/21054210 6A



WHILE QUANTITIES LAST

SAVE 31%
12.99

TILDA BASMATI RICE
riz basmati
20112478 6A



PRICE DROP 4.77

ARMSTRONG or PC® SHREDDED CHEESE
250-320 g or **ARMSTRONG CHEESE** 400 g
selected varieties
fromage râpé ou fromage
21286240 6A/21286749 6A



PRICE DROP 4.99

LACTANTIA BUTTER
selected varieties
454 g
beurre
20639926 6A



FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY:

nofrills.ca

AVAILABLE AT: LUCIANO & SARRA'S - ACTON, BOB & TINA'S - AMHERSTBURG, JUSTIN & STACEY'S - ANGLIS, ANGUS, MARK'S - ARNOLD, RYAN'S - ATHERTON, TONY & JILL'S - BANCROFT, CHRIS - BARRIE, NICK'S - BARRIE, RYAN'S - BEAMSVILLE, JOE'S - BELLEVILLE, REALTY'S - BRADFORD, RUTH'S - BRANTFORD, WALKER'S - BRANTFORD, CHRIS & ANGELA'S - BRIMINGTON, SHARON'S - BURLINGTON, DAVID & LINDA'S - CAMBRIDGE, EDDIE & LINDA'S - CAMBRIDGE, FISHER'S - CAMPELLFORD, DENNIS - CASSIDIAN, BOB & KRISTY - CHESTER, DAVID'S - COLLINGWOOD, JAMES & JUNE - COONHILL, DUFFY - COONHILL, TONY'S - ELIZABETH, ROBERT'S - ESTER, DESS & KRISTY - FORT PETER, BALDWIN'S - GANANOCQUA, MIKE & GRACEY - GLENDON, DAVID & NATALIE - GRAND BOND, DOONICK'S - GUYTON, SHANNON & RICHARD'S - GUYTON, BOB'S - HARRISVILLE, CHRIS & JANE'S - HAMILTON, FRANK'S - HAMILTON, DONORIO'S - HAMILTON, KEVIN & CINDY'S - HAMILTON, TONY'S - HAMILTON, JOHN'S - INVERESS, OSTERMAN'S - KINGSTON, ANDREW & EMILY'S - KINGSTON, SANTA'S - KINGSTON, DEBRA & LAURA'S - KITCHENER, BRENT & RENEE'S - LONDON, DANIELA & TRACY'S - LONDON, GARY'S - LONDON, MARI'S - LONDON, PHIL'S - LONDON, BOB & BRACHA'S - LONDON, BOBBI & TRACY'S - LONDON, BRIAN & BECKY'S - MIDLAND, PAUL'S - MIDLAND, PETER'S - MIDLAND, JIMIE & JACQUELYNNE'S - MISSISSAUGA, CHRIS & SARAH'S - NIAGARA FALLS, JEFF'S - NIAGARA FALLS, ALAN & NICOLELLE'S - NORTH BAY, JEFF & TANYA - NORTH BAY, JIM & LES ANNIE'S - ORANGEVILLE, JASON'S - ORONDA, CONNOR & KENNEDY'S - OTTAWA, DAVID'S - OTTAWA, DEAN & WENDY'S - OWEN SOUND, JAY'S - PARIS, STACEY & TROY'S - PERRY SOUND, STEVEN & JULIE'S - PIMMONT, CHRIS & NICKY'S - PITHERSBOROUGH, DAVID'S - PETERSBOROUGH, DAVID'S - PICTON, BRANDON'S - PORT COLBORNE, MIKE'S - PORT DUFFER, CHRIS & TANYA'S - RENFREW, KYLE'S - SARNIA, BRADY & MARY'S - SAULT STE MARIE, JIMMY & STEPH'S - SHELBOURNE, BLAKE'S - ST CATHARINES, MARK'S - ST CATHARINES, BRANDON & WENDY'S - STITTVILLE, CRAIG & KEE - STIRLING, BRANDON & ADRIAN'S - STURGEON FALLS, STEVE'S - SUTTON WEST, CAYLE'S - THURBY, RYAN & CATHY'S - THURBY, MARK & SARAH'S - WALLACEBURG, ERIC'S - WATERLOO, PHIL & MALLORY'S - WATERLOO, GILBERT'S - WELLS, TONY & KATHY'S - WINDSOR, SCOTT'S - WOODSTOCK

MULTI BUY? TRY SINGLE BUY.



ONE FOR

179

**KNORR
SIDEKICKS**
selected varieties
120-162 g
plats d'accompagnement
20321430011_EA



ONE FOR

\$3

**MIO, CRYSTAL
LIGHT or
KOOL-AID
DRINK MIXES**
selected varieties
48 mL/24-56 g
mélanges à boisson
20663423_EA/2074949001_EA

**LAY'S POTATO
CHIPS 177-235 g or
POPPABLES 130 g**
selected varieties
croustilles ou grignotines
21241032_EA



ONE FOR

379

**GENERAL
MILLS CEREAL**
selected varieties
297-430 g
céréales
21104047_EA/21104055_EA



ONE FOR

399

BIG
HOLIDAY
DEALS!

249

CHRISTIE
COOKIES

selected varieties
223-303 g
biscuits

21358407_EA/21361508_EA



MAKE SURE
TO FOLLOW
OUR FACEBOOK
AND INSTAGRAM
CHANNELS FOR
BIG DEALS
THIS HOLIDAY
SEASON!

BIG HOLIDAY DEALS!

PINEAPPLE
product of Costa Rica
onions
30160992001 SA

1.99



325 G

3.99

ASPARAGUS
product of Peru or Mexico, no. 1 grade or
CAULIFLOWER
product of U.S.A. or Mexico,
no. 1 grade
asperges ou chou-fleur
3018179001 SA/30133377001 SA



2.99

PINT

BLUEBERRIES
product of Peru, no. 1 grade
Mozelle
30088137001 SA



1.69

ENGLISH CUCUMBERS
product of Ontario,
Canada no. 1 grade
cucumbers anglais
30090132001 SA

1.99

BROCCOLI CROWNS
product of Mexico or U.S.A.
nach
compostas de brocol
31131340001 SA



2.99
LB

TOMATOES ON THE VINE
product of U.S.A.,
Mexico or Canada
tomates sur vigne
6.39/kg
30076103001 SA



2.99

3 LB BAG

FARMER'S MARKET CARROTS or YELLOW ONIONS
product of Ontario,
Canada no. 1 grade or
carottes ou oignons jaunes
30000173001 SA/3011194001 SA



2.99

CANTALOUPE
product of U.S.A. or Guatemala,
no. 1 grade
mandarins
30000173001 SA



3.99
LB

RED & GREEN SEEDLESS GRAPES
product of U.S.A., no. 1 grade
raisins rouges et verts
sans pépins
30000173001 SA



3.99

PKG OF 5 OR 6

AVOCADOS
product of Mexico
avocat
30000173001 SA



3.99

PKG OF 4

RED & GREEN PEPPERS
product of U.S.A. or Mexico
poivrons rouges et verts
30000173001 SA



2.49

ICEBERG LETTUCE
product of U.S.A. or Mexico,
no. 1 grade
chou iceberg
30133377001 SA



2.99

CELERY
product of Mexico or U.S.A., no. 1 grade
nach
celéri
30000173001 SA



8.99

RED MANGOES
product of Brazil
cassia de mangue rouge
30000173001 SA
WHILE SUPPLIES LAST



\$7

6" POINSETTIAS
produced in Mexico
poinsettias
30000173001 SA



3.99

454 G

PC® WHOLE WHITE & CREAMI MUSHROOMS
product of Ontario
champignons blancs
no creamed onions
30000173001 SA



\$4

FARMER'S MARKET LEMONS
product of Spain or Turkey or U.S.A., no. 1 grade
Canada no. 1 grade
citrons des montagnes rouges
30000173001 SA



2 LB BAG

3 LB BAG

4.99

3 LB BAG

FARMER'S MARKET NAVEL ORANGES
product of South Africa
orange navel
30000173001 SA



4.99

2 LB BAG

FARMER'S MARKET MANDARINS
product of Spain or Morocco
mandarines
30000173001 SA



BIG HOLIDAY DEALS!



\$12

PC[®] CHICKEN BREAST, SPLIT CHICKEN WINGS or BREAST CUTLETS
fresh, up to 720 g
portions de poulet ou ailes de poulet séparées ou escalopes de poulet
21494306 EA

BONELESS BEEF STEW
cubes de bœuf déossé
22,02/kg
30257943 RD

9.99
LB



9.99

MAPLE LEAF or SCHNEIDERS HAM
selected varieties
400/700 g
jambon
21094578 EA/21094883 EA



MARCANGELO SAUSAGE, BREAKFAST SAUSAGE or PATTIES 1.2/1.4 kg or **PC[®] FREE FROM[®] LEAN GROUND LAMB** 454 g
selected varieties
saucisses ou galettes ou agneau haché maigre
20799638 EA/21232008 EA

10.99

2.99

SMOKED STEELHEAD SALMON, pre-diced, 50 g
GO SHRIMP RAW, COOKED, \$1.70 per lb or 160 g
YELLOWFIN TUNA STEAKS, 92 g, or **SEAQUEST FLAVOURED ALASKA POLLOCK**
ready to eat, 227 g, selected varieties
saumon fumé, filets de crevettes crues ou cuites ou dorées de thon allégées ou saumon d'Alaska
20722642 EA/21208011 EA

WHILE QUANTITIES LAST



5.99

SEAQUEST[®] RAW SHELL ON SHRIMP or COOKED PEELLED SHRIMP
frozen, 34-43 per lb
300 g
crevettes
21064882 EA



12.49

MARCANGELO ROAST or BACON WRAPPED CHICKEN
selected varieties
370-800 g
poulet rôti ou poulet enrobé de bacon
21148333 EA



4.49

PILLER'S SLICED DELI MEAT 150/200 g or **PC[®] TOPPED HUMMUS** 280 g
selected varieties
charcuteries tranchées ou hummus garni
21094382 EA/20812322 EA



4.99

SAPUTO CHEESE
selected varieties
125-200 g
fromages
20272713 EA/21291214 EA



\$10

NO NAME[®] APPETIZERS
selected varieties, frozen
154-800 g
hors-d'œuvre
21424323 EA



2.99

D'ITALIANO BREAD BUNS 600-675 g or **BUNS** 6/8's
selected varieties
pain ou petits pains
20032323 EA/20639949 EA



\$3

COUNTRY HARVEST BREAD BAGELS 600/650 g or **BAGELS** 6's
selected varieties
pain ou bagels
21172097 EA/21176442 EA



4.50

PC[®] MINI MUFFINS
selected varieties
12's
mini-muffins
21488229 EA



3.99

MARCANGELO MORTADELLA
selected varieties
125 g
mortadelle
21281212 EA



MARCANGELO SLICED DELI MEAT 100 g or **PEPPERONI** 175 g
selected varieties
charcuteries tranchées ou pepperoni
20942322 EA

5.99



MARCANGELO ANTIPASTO or EUROPEAN DISCOVERY SLICED DELI MEAT
selected varieties, 175/200 g
antipasto ou charcuteries tranchées
21204338 EA/21212142 EA

\$11

WHILE QUANTITIES LAST

BIG HOLIDAY DEALS!



SAVE 40%

2.49

ONLY 3.33



DANONE ACTIVIA TUBS 450 g, OIKOS 4%, TWO GOOD 4% or DANINO KIDS DRINKABLE YOGURT 4% selected varieties yogurt

30225133063 SA/21330790 SA

BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT selected varieties 410 g produit de fromage fondu 3125244 SA

ONLY \$4



PC® THIN CRUST PIZZA selected varieties, frozen 330-397 g pizza 3071479 SA



NEILSON TRUTASTE MILK 4 L, LACTOSE FREE 2 L or PROTEIN MILK 1.89 L selected varieties milk

3014877 SA/21048962 SA

ONLY 5.99

\$3

NATURE VALLEY GRANOLA BARS, MOTT'S or BETTY CROCKER FRUIT SNACKS selected varieties 120-230 g

bonnes grande ou collection aux fruits 3021323602 SA/3018474007 SA



5.99

NESCAFÉ GOLD SWEET & CREAMY INSTANT COFFEE selected varieties 90-251 g

café instantané 2107446 SA/21062071 SA



6.99

BECEL MARGARINE selected varieties 437/850 g

margarine 3027514002 SA



.35

MR. NOODLES INSTANT NOODLES selected varieties 85 g

bonnes instantanées 30200000 SA



\$1

NO NAME® TUNA selected varieties 175 g

bonnes 30200000 SA



4.50

CLOVER LEAF SOCKEYE SALMON 375 g

saumon en saumon 31200000 SA



.79

PC® SOFT DRINKS selected varieties 2 L

bonnes grande 3021323602 SA



2.99

RUFFLES POTATO CHIPS selected varieties 150-200 g

potatoes 3021323602 SA



1.25

ALLEN'S or MINUTE MAID FRUIT COCKTAILS selected varieties, 1 L

bonnes 3021323602 SA



2.49

DARE COOKIES selected varieties 100-240 g

bonnes 3021323602 SA



4.99

JAMIESON VITAMINS C + D selected varieties 75-240 g

bonnes 3021323602 SA



2.99

CARNARY SWEET CANDY CANE CHOCOLATE BALLS IN NET 200 g

selected varieties 3021323602 SA



3.99

LINDY MINI CHOCOLATE BALL MULTI or DARE REALFRUIT CANDY 220 g

selected varieties 3021323602 SA



4.99

CADBURY MINI EGGS 200 g or OLD EXCELLENT BEANBY BEANS 200 g

selected varieties 3021323602 SA



12.99

NESTLÉ KITKAT CABIN 200 g or FAVOURITE BAG 275 g or ELMER'S BOXED CHOCOLATE 140 g

selected varieties 3021323602 SA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

NOVEMBER

**HIT
OF THE
MONTH**



PC® Kettle Cooked Potato Chips

Selected varieties, 200 g
Limit: 6, over limit retail \$2.50



D'Italiano Gusto! Bagels

Selected varieties, 6's
Limit: 6, over limit retail \$4.49



**Granarolo Quattrocento Parmesan Style
Wedge, 200 g or Piller's Kolbassa 250-375 g**

Selected varieties
Limit: 6, over limit retail \$6.00



Hershey's Chocolate Pouches

Selected varieties, 180-230 g

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from November 1st - 30th, 2024.

STOCK UP DEALS



4.99

WINDSOR CLEAN & PROTECT WATER SOFTENER

18.1 kg
adouccisseur d'eau
21104810_EA

BIG HOLIDAY DEALS!



SAVE UP TO 27%

ONLY 5.99



HEALTHY CHOICE SIMPLY 255-283 g or HEALTHY CHOICE GOURMET STEAMERS 269-306 g selected varieties, frozen plats cuisinés surgelés 2017438 EA/2140439 EA

\$4

PC[®] WOOD FIRED PIZZA selected varieties, frozen 351-413 g pizza 2140332 EA



ONLY 3.33



SAVE 20%

2.69

PILLSBURY PIZZA POPS selected varieties, frozen 4's pizza 2143396 EA

YOPLAIT SOURCE PROTEIN 4% MINIGO 6% or TUBES 8's selected varieties yogurt 2129131801 EA/21347393 EA

3.50

NO NAME[®] CANNED FRUIT selected varieties 796 mL 28 fl oz 2041823 EA



\$6

PC[®] ORANGE JUICE selected varieties, refrigerated 2.5 L 20 fl oz 2110448 EA



3.99

OCEAN SPRAY CRANBERRY COCKTAIL 1.89 L or 100% CRANBERRY JUICE 1.27 L selected varieties 2041823 EA/2098240 EA



2.99

PRINGLES PARTY STACK POTATO CHIPS 194/203 g or MINGLES 153 g selected varieties 2017081 EA/2126242 EA



3.99

MISS VICKIE'S KETTLE COOKED POTATO CHIPS 190/200 g or CHEETOS SNACKS 170-285 g selected varieties 2138875 EA/2121975 EA



\$2

NO NAME[®] OLIVES selected varieties 273 mL 9 fl oz 2030497 EA



2.99

FERRERO ROCHER CHOCOLATE BAR selected varieties 90 g 2017081 EA/2126242 EA



2.09

GATORADE SPORT DRINK selected varieties 24x391 mL 14.5 fl oz 2030497 EA



249 CHRISTIE CRISPERS[®] or BITS & BITES CRACKERS selected varieties 143 g craquelins 21204327 EA/21314333 EA



MAYNARD'S CANDY selected varieties 150/154 g 2134234 EA/21343403 EA

\$2



CHRISTIE COOKIES selected varieties 285-530 g biscuits 2130993 EA/21341903 EA

5.49

BIG HOLIDAY DEALS!



HÄAGEN-DAZS ICE CREAM 400-450 mL or **NOVELTIES** 3/4 L
selected varieties, frozen crème glacée ou friandises glacées
3030279901, EA/3133347, EA

ONLY 5.49



ONLY \$3



PC® HERBAL TEA
selected varieties
20's
flavone
30627612001, EA/3110379, EA

BLACK DIAMOND CHEESTRINGS STICKS 16 1/2 oz
selected varieties
fromage
30743641, EA/20966474, EA



SAVE UP TO 27% 5.79



MUTTI PASSATA 480 mL
CATELLI GLUTEN-FREE PASTA 340 g, or **CATELLI LASAGNA** 250/375 g
selected varieties
sauce pour pâtes ou pâtes ou pâtes à lasagne
302849001, EA/20754233, EA

ONLY 2.99

\$1

COLGATE TOOTHPASTE 32-91 mL or **MANUAL TOOTHBRUSH** 1 ea.
selected varieties
dentifrice ou brosse à dents manuelle
3030279901, EA/3133347, EA



3.99

GLADE SMALL JAR CANDLE
selected varieties
petites bougies en pot
3030279901, EA/3133347, EA



4.49

ZIPLOC STORAGE BAGS
selected varieties
15-20 L
sacs de rangement
30671011, EA/30671011, EA



11.49

GLAD GARBAGE BAGS
selected varieties
30-40 L
sacs à ordures
3116477, EA



13.88

ARM & HAMMER LAUNDRY DETERGENT
4.02 L
détergent à lessive
3110737, EA



15.99

TIDE PODS 37/43/52'S LAUNDRY DETERGENT, DOWNY or GAIN FABRIC SOFTENER 4.14 L or SCENT BOOSTERS 400 g
selected varieties
détergent à lessive ou assouplissant textile ou renforceur de parfum
3130661, EA/3130661, EA



1.99

PEDIGREE WET DOG FOOD
selected varieties
375 g
nourriture humide pour chiens
3119642, EA



9.99

PEDIGREE DENTASTIX MARROBONE 300-400 g
MARROBONE 1.7 kg
selected varieties
gâteries pour chiens
3107136, EA/3107136, EA



24.99

PEDIGREE DOG FOOD
selected varieties
6.41/8 kg
nourriture pour chiens
3067062, EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **1,200 pts**

\$1.20
value

for every \$5* spent on Humpty Dumpty snacks 250-290 g or Old Dutch Restaurant tortilla 275/290 g or potato chips 235 g
selected varieties
collations ou croustilles
21367510_EA/21445100_EA



BIG HOLIDAY DEALS!

NEILSON 5/10% 1L or 18/35% 473 mL CREAM
selected varieties
CRME
30122608_EA/20274831_EA

3.19



4.99

ROBIN HOOD or FIVE ROSES FLOUR
selected varieties
2.5 kg
3002447901_EA/20029447001_EA

LANTIC SUGAR
selected varieties
1 kg
3002442205_EA/20164994_EA

2.79



PHILADELPHIA CREAM CHEESE PRODUCT
227/250 g
selected varieties
produit de fromagerie à la crème
20441247_EA/2004472410_EA

3.99

3.49

CRISCO SHORTENING or TENDERFLAKE LARD
selected varieties
454 g
shortening ou saindoux
20027493_EA/21473300_EA



3.99

TENDERFLAKE PIE SHELL
selected varieties, frozen
255-397 g
croûtes à torte
2002040001_EA



4.49

E. D. SMITH PIE FILLING
selected varieties
540/796 mL
garniture pour tarte
20297733001_EA/20297733004_EA



1.89

BETTY CROCKER SUPERMOIST CAKE MIX FROSTINGS
375/404 g or 340/450 g
selected varieties
mélange à gâteau ou glacages
20043641002_EA/21347937_EA



2.50

NO NAME MARSHMALLOWS
selected varieties
400 g
guimauves
20304472001_EA/20304472002_EA



3.99

NO NAME HONEY GRAHAM WAFERS
400 g
biscuits graham
20060315_EA



3.49

EAGLE BRAND SWEETENED CONDENSED MILK
selected varieties
300 mL
lait condensé sucré
20020114_EA



4.99

PAM COOKING SPRAY
selected varieties
341/170 g
pulvérisateur à cuisson
2017040001_EA



\$5

NO NAME BAKING POWDER
400 g
poudre à pâte
20020114_EA



7.99

FRY'S COCOA POWDER
454 g
poudre de cacao
20020114_EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **3,000 pts**

\$3 value

for every \$10* spent on Fleischmann's yeast 34-450 g, Canada cornstarch 454 g/1 kg, baking powder 340 g or bread booster 100 g, levure ou fécule de maïs ou poudre à pâte ou bonifiant de pain
20006692_EA/21351074_EA



\$3 value

Earn* **3,000 pts**

for every \$10* spent on Hershey's Chipits 200-270 g, brisures de chocolat
21452844_EA/21452924_EA



1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

HERBAL ESSENCES HAIR CARE
selected varieties
346 mL
soins capillaires



PRICE DROP

2.99

TRESEMMÉ HAIR CARE
selected varieties
198-311 g/168-828 mL
soins capillaires



PRICE DROP

5.99

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **3,000 pts**

\$3
value

for every \$15* spent on Aveeno or Johnson & Johnson baby needs
Aveeno 166-532 mL, 105/311 g or Johnson & Johnson 50-800 mL, 623 g baby needs

selected varieties
produits pour bébé

30137402002 EA/30325043001 EA



PRICE DROP

3.49

CREST PRO-HEALTH or COMPLETE TOOTHPASTE
selected varieties
100-130 mL
dentifrice

31041420 EA/3104014 EA



PRICE DROP

4.79

SENSODYNE or PRONAMEL TOOTHPASTE
75/100 mL or POLIGRIP 40 g
selected varieties
dentifrice

30901170601 EA/30714075 EA

DOVE MEN+ CARE DEODORANT
selected varieties
76/83 g
déodorant



PRICE DROP

6.49



PRICE DROP

3.99

Q-TIPS
500's
coton-tige

30323077001 EA

NIVEA BODY WASH 300 mL, DEODORANT ROLL-ON 50 mL, or ANTIPERSPIRANT 51/52 g
selected varieties
nettoyant pour le corps ou déodorant à bille ou antiperspirant



PRICE DROP

3.99

IVORY BAR SOAP 10x90 g or BODY WASH 631 mL
selected varieties
pain de savon ou nettoyant pour le corps



PRICE DROP

4.49

BABY GOURMET ORGANIC FRUIT or VEGETABLE BABY FOOD POUCHES
selected varieties, 128 mL
sachets de fruits ou légumes biologiques pour bébé



PRICE DROP

1.79

GERBER SNACKS or ENTREES
selected varieties
43-187 g
collations ou plats cuisinés



PRICE DROP

1.99

HUGGIES PULL UPS or GOODNITES CLUB PACK TRAINING PANTS
selected varieties
28-74's
collèges d'entraînement



PRICE DROP

26.99

ALWAYS or TAMPAX 1X PADS, LINERS or TAMPONS
selected varieties
serviettes ou protège-coton ou tampons



PRICE DROP

4.79

VASELINE LOTION
selected varieties
400 mL
lotion



PRICE DROP

6.99

BOOST HIGH PROTEIN HYPERPROTEINE
selected varieties
1.6 g
boissons de substitut de repas



PRICE DROP

12.99

BOOST HIGH PROTEIN or CARB SMART MEAL REPLACEMENT SHAKES
selected varieties
6x237 mL
boissons de substitut de repas

3093337 CA/3093337 CA

ALWAYS \$

PC® distilled water
4 L
eau distillée

1.25



Life Brand® mouthwash
selected varieties
1 L
rinçage-bouche

\$4



PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



DRINK UP FESTIVE DEALS

Get a top up on low prices. We've got tons of holiday refreshers to complement your meals.

\$17



PC® ROAST AND GROUND COFFEE
selected varieties
800-930 g
21692427_EA



\$5

PC® or BLUE MENU® SPARKLING WATER
selected varieties
12x355 mL
eau pétillante
20668034002_C01



\$5

PC® SOFT DRINKS
selected varieties
12x355 mL
boissons gazeuses
20218887001_C12



3⁹⁹

PC® 100% CRANBERRY JUICE BLEND
1.89 L
mélange de jus de canneberge
20320042002_EA



\$6

PC® ORANGE JUICE
selected varieties
refrigerated
2.5 L
jus d'orange
21631644_EA



\$4

PC® DECADENT® HOT CHOCOLATE MIX
460 g
mélange à chocolat chaud
21549129_EA



\$8

PC® DE-ALCOHOLIZED BEER
selected varieties
12x355 mL
bière sans alcool
20121729_C12

PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



\$10

PC® BASQUE CHEESECAKE
frozen, 600 g
gâteau au fromage basque
21609491_EA

SUGAR, SPICE, AND PRICED NICE

Chase the sugar highs, without the high price tags. Make our sweet treats your sweet holiday escape.



5.99

PC® THE WORLD'S BEST ALL-BUTTER SCOTTISH SHORTBREADS
200 g
Sablé écossais pur beurre
20129504_EA



\$8

PC® CRUSTASTIC SUGAR CRAVE PIE BAR
430 g
tarte rectangulaire
21609501_EA



\$8

PC® CRUSTASTIC JOLLYBERRY GINGERBREAD PIE BAR
430 g
tarte rectangulaire
21609492_EA



3.49

PC® THE DECADENT® CHOCOLATE CHIP COOKIE
selected varieties
280/300 g
biscuits
20612261_EA/20612267_EA



\$10

PC® CHEESECAKE
selected varieties, frozen
600 g
gâteau au fromage
20147627_EA/20318102_EA



\$6

PC® HOMESTYLE BUTTER PIE CRUSTS
frozen
350 g
croustes à tarte
21610882_EA

PC Optimum™ members can save up to 35% on home and auto insurance*



GET A QUOTE

*Conditions apply. Subject to change. For full details see www.pcinsurance.ca.

THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.

no name™ mobile

Save 50%* on a SIM card

Limited time Black Friday savings for PC Optimum™ members.



exclusively at  **NOFRILLS**

*Offer valid Nov. 28 - Dec. 4. Subject to change. Conditions apply. Visit nonamemobile.ca for full details.
**Must be a registered PC Optimum™ member to get this offer.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.