



SALE
SAVE 66%

CHICKEN DRUMSTICKS OR THIGHS
FAMILY SIZE
4.39/KG
PILONS OU HAUTS DE CUISSE DE POULET
20004494_KG/20058163_KG

1⁹⁹
LB



CUT BY OUR BUTCHERS

SALE
SAVE \$5⁵⁰LB

SIRLOIN TIP ROAST
CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER
13.21/KG
RÔTI DE POINTE DE SURLONGE
20812306_KG

5⁹⁹
LB



SALE
SAVE \$1⁹⁹LB

PORK BACK RIBS
CRYOVAC PACKAGE
2'S
8.82/KG
CÔTES DE DOS DE PORC
20769496_KG

\$4
LB



SALE
SAVE \$2

PC® PACIFIC LARGE WHITE SHRIMP
RAW OR COOKED PEELED
31-40 PER LB FROZEN
400 G
GROSSES CREVETTES BLANCHES PC®
20789931_EA/20791381_EA

7⁹⁹



WHEN YOU BUY 3
SAVE 99¢

3/1⁹⁸
LESS THAN 3
99¢ EA.

LARGE LEMONS
PRODUCT OF SOUTH AFRICA
GROS CITRONS
20028593001_EA

**PRICE
DROP!**



\$3

**BEN'S BISTRO EXPRESS
SELECTED VARIETIES
240/250 G
BISTRO EXPRESS BEN'S
21404827_EA/21404840_EA**

**PRICE
DROP!**



**SALE
SAVE \$1**

3⁵⁰

**PC® OR BLUE MENU® ENTRÉES
OR BOWLS
SELECTED VARIETIES
FROZEN
212-365 G
PLATS CUISINÉS OU BOLS
PC™ OU MENU BLEU™
20312253001_EA/20839096_EA**

**PRICE
DROP!**



**SALE
SAVE \$2**

\$4

**PEPSI SOFT DRINKS
SELECTED VARIETIES
6X710 ML
BOISSONS GAZEUSES PEPSI
20310546002_C06/20310546005_C06**

**PRICE
DROP!**



\$5

**KASHI CEREAL
SELECTED VARIETIES
340-460 G
CÉRÉALES KASHI
20591675_EA/20594319_EA**

*Offer valid in-store at participating locations between October 31 - November 27, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



Scan to see our complete digital flyer

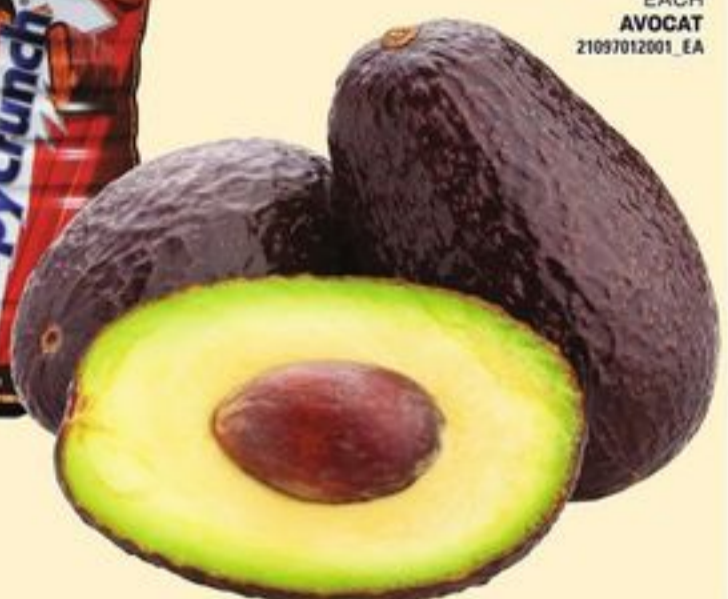
DOLLAR DEALS

\$1



NELSON MILKSHAKES
SELECTED VARIETIES
310 ML
LAITS FRAPPÉS
NEILSON
21040942_EA/21040956_EA

CHEEMO PEROGIES
FROZEN
330 G
PEROGIES CHEEMO
21597974_EA



AVOCADO
PRODUCT OF MEXICO
EACH
AVOCAT
21097012001_EA

\$2



PC® TEA OR LEMONADE
SELECTED VARIETIES
1.54 L
THÉ OU LIMONADE PC™
21430684_EA/21506771_EA

PALMOLIVE DISH
DETERGENT
SELECTED VARIETIES
591/828 ML
DÉTÉRGENT À
VAISSELLE PALMOLIVE
20861400_EA/21004368_EA



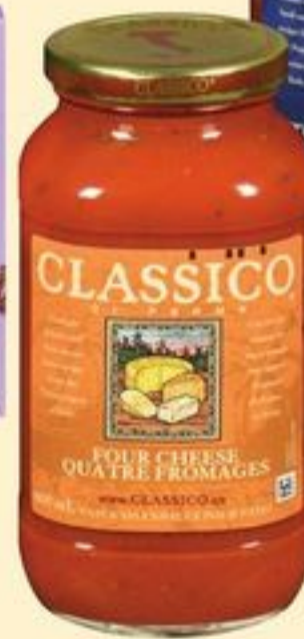
\$2 PER POUND

GREENHOUSE TOMATOES ON THE VINE
PRODUCT OF ONTARIO OR
GREEN ZUCCHINI PRODUCT OF U.S.A. OR MEXICO
4.41/KG
TOMATES DE SERRE SUR VIGNE OU
COURGETTE VERTE
20626703001_KG/20426596001_KG

\$3



CLASSICO SAUCE
SELECTED VARIETIES
600/650 ML
SAUCE CLASSICO
21618217_EA/21618218_EA



PINT

BLUEBERRIES
PRODUCT OF PERU
NO. 1 GRADE
PINT
BLEUETS
20080137001_EA

MADEGOOD GRANOLA, MORNINGS BARS, SOFT BAKED
COOKIES OR SQUARES SELECTED VARIETIES
110-150 G
BARRES GRANOLA, MORNINGS, BISCUITS TENDRES OU
CARRÉS MADEGOOD
20927046_EA/21107622_EA

\$5

CASHMERE BATHROOM
TISSUE 8-16 ROLLS OR
SCOTTIES FACIAL TISSUE
6'S SELECTED VARIETIES
PAPIER HYGIÉNIQUE
CASHMERE OU MOUCHOIRS
SCOTTIES
20318667_EA/21204742_EA



\$4

DR. OETKER PIZZA
320-410 G OR PC® THIN
& CRISPY, LOADS OF OR
FLATBREAD PIZZA
330-455 G SELECTED
VARIETIES, FROZEN
PIZZA DR. OETKER OU PIZZA
MINCE ET CROUSTILLANTE,
PLEINE DE OU PAIN PLAT PC™
20296100001_EA/21013452_EA





Members save \$2

Optimum Members-Only Price \$5

Non-members \$7

BASSE MIX NUTS
SELECTED VARIETIES
415-600 G
MÉLANGE DE NOIX BASSÉ
21158597_EA/21158613_EA



NO NAME™ SPICES
SELECTED VARIETIES
15-250 G
ÉPICES SANS NOM™
20617758_EA
20618086_EA

GET 500¢ = 50¢ Value

2.99



SALE SAVE \$6

SEKKA PREMIUM MEDIUM GRAIN RICE
6.8 KG
RIZ À GRAIN MOYEN DE QUALITÉ SUPÉRIEURE SEKKA
21596886_EA

13.99



OIKOS GREEK YOGURT
650/750 G OR
PC ORANGE JUICE 2.5 L
SELECTED VARIETIES
YOGOURT GREC OIKOS OU
JUS D'ORANGE PC™
21305945_EA/21531644_EA

5.99



PC PUB RECIPE™ OR GLUTEN-FREE CHICKEN
SELECTED VARIETIES
FROZEN
600/700 G
POULET PC™ RECETTE DU PUB™ OU SANS GLUTEN
21201320_EA/21201321_EA

SALE SAVE \$2

\$6



PC SMOKED SALMON
SELECTED VARIETIES
FROZEN
125/150 G
SAUMON FUMÉ PC™
20055009_EA/21047088_EA

SAVE UP TO \$3

8.99



BLACK DIAMOND CHEESE BARS 400 G, SHREDS
300-320 G OR PC CHEESE SHREDS 250-320 G
SELECTED VARIETIES
BARRÉS DE FROMAGE, FROMAGE RÂPÉ BLACK DIAMOND OU FROMAGE RÂPÉ PC™
21279221_EA/21060207_EA

\$5



BREYERS CREAMERY STYLE
1.66 L OR CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT, SORBET 2 L OR SUPER NOVELTIES 6-20'S
SELECTED VARIETIES FROZEN CRÈME GLACÉE STYLE CRÈMERIE BREYERS OU PREMIUM, YOGOURT GLACÉ OU SORBET OU FRIANDISES GLACÉES SUPER CHAPMAN'S
20111532_EA/20323573001_EA

5.99



BECEL MARGARINE
SELECTED VARIETIES
637/850 G
MARGARINE BECEL
20297818002_EA/20297818003_EA

6.99



CAVENDISH FRIES OR HASHBROWNS
SELECTED VARIETIES
FROZEN
800 G
FRITES OU POMMES DE TERRE RISSOLÉES CAVENDISH
21602936_EA/21604103_EA

WHEN YOU BUY 2 SAVE 98¢

2/\$5
LESS THAN 2 \$2.99 EA.



NESTLÉ QUALITY STREET TZN
650 G
BOÎTE QUALITY STREET NESTLÉ
21548444_EA

19.99



HUMPTY DUMPTY OR OLD DUTCH CHEESE FLAVOURED SNACKS OR PARTY MIXES OR OLD DUTCH POTATO CHIPS
SELECTED VARIETIES
200-290 G
GRIGNOTINES À SAVEUR DE FROMAGE, MÉLANGE FIESTA HUMPTY DUMPTY OU OLD DUTCH OU CROUSTILLES OLD DUTCH
21367546_EA/21445100_EA

WHEN YOU BUY 2 SAVE 98¢

2/\$8
LESS THAN 2 \$4.49 EA.



CATELLI PASTA
SELECTED VARIETIES
325-500 G
PÂTES CATELLI
20009507901_EA
20315642002_EA

WHEN YOU BUY 2 SAVE 98¢

2/\$5
LESS THAN 2 \$2.99 EA.



CLOVER LEAF WHITE TUNA
SELECTED VARIETIES
170 G
THON BLANC CLOVER LEAF
20167571_EA/20326358001_EA

SALE SAVE \$1

2.99



KRAFT DINNER ORIGINAL
SELECTED VARIETIES
200 G
ORIGINAL KRAFT DINNER
21549526_EA

WHEN YOU BUY 3 SAVE 97¢

3/\$5
LESS THAN 3 \$1.99 EA.



PC 100% JUICE OR BLENDS
SELECTED VARIETIES
1 L
JUS À 100% OU MÉLANGE PC™
20501952_EA
21080947_EA

SALE SAVE \$1

99¢



SPONGETOWELS PAPER TOWELS
SELECTED VARIETIES
6 ROLLS
ESSUIE-TOUT SPONGETOWELS
21189812_EA

SALE SAVE \$4.99

\$7



ANY SIZE DOWNY OR GAIN FABRIC SOFTENER, BOUNCE, DOWNY OR GAIN DRYER SHEETS, DOWNY, GAIN OR IVORY BEADS OR DOWNY RINSE

WHEN YOU BUY 2 SAVE 98¢

2/\$8
LESS THAN 2 \$4.49 EA.

CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

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YIG BACK





DIGITAL COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

**CLICK FOR THESE
COUPONS AND MORE**



5,000 points

When you spend \$30 or more on fresh fruits or vegetables

Ends on November 27th, 2024



8,000 points

When you spend \$50 or more on fresh poultry or pork

Ends on November 27th, 2024



3,000 points

PC® BBQ rotisserie chicken, fully cooked 900 g-1 kg

Ends on November 27th, 2024



1,000 points

When you buy 2 PC® The Decadent® chocolate chip cookie selected varieties 280/300 g

Ends on November 27th, 2024



3,000 points

PC® BBQ pork back ribs
Somkin Stampede™ frozen 680 g

Ends on November 27th, 2024



1,500 points

Farmer's Market™ muffins selected varieties 6's

Ends on November 27th, 2024



\$1 off

Pringles Mingles 155 g or potato chips 148-203 g

Ends on November 27th, 2024



1,000 points

no name® canola or vegetable oil 3 L

Ends on November 27th, 2024



\$1.25 off

Q-Tips cotton swabs 500's

Ends on November 27th, 2024

Produce



If it's not fresh, it's free.*



PLANTAIN
PRODUCT OF COLOMBIA,
HONDURAS OR GUATEMALA
2.20/KG
BANANE PLANTAIN
20111926001_KG

\$1
LB



PC® GREENHOUSE STRAWBERRIES
PRODUCT OF ONTARIO 340 G OR
ORGANICS BLUEBERRIES 9.8 OZ
PRODUCT OF PERU
FRAISES DE SERRE PC™ OU
BLEUETS PC™ BIOLOGIQUE
21027142001_EA/21179969001_EA

\$7



ONTARIO FARMER'S MARKET® MINI CARROTS
PRODUCT OF ONTARIO,
CANADA NO. 1 GRADE
2 LB
CAROTTES MINIATURES DÉLICIES DU MARCHÉ™
20031454001_KG

4.50



FARMER'S MARKET® GREENHOUSE PEPPERS
PRODUCT OF CANADA OR MEXICO
3'S
POIVRONS DE SERRE DÉLICIES DU MARCHÉ™
20085851001_EA

\$6



ORGANIC RASPBERRIES 6 OZ,
PRODUCT OF MEXICO
OR U.S.A. \$5 EACH OR
PC® SWEET CARNIVAL GRAPES PRODUCT OF U.S.A., NO. 1 GRADE \$5 LB 11.02/KG
FRAMBOISES BIOLOGIQUES OU RAISINS SWEET CARNIVAL PC™
20056190001_EA
21336795001_KG

\$5 EA. /LB



ONTARIO LEEKS
PRODUCT OF ONTARIO
EACH
POTREAUX
2009017001_EA

\$5



CLEMENTINES STEM AND LEAF PRODUCT OF SPAIN OR PLUMCOT PRODUCT OF U.S.A., NO. 1 GRADE 8.82/KG
CLÉMENTINES AVEC TIGES ET FEUILLES OU PRUCOT
20613483001_KG
20176879001_KG

\$4 LB



CANADA PC® LIVE LETTUCE BOSTON
PRODUCT OF CANADA
EACH
LAITUE VIVANTE BOSTON PC™
21212489_EA

\$3



GREENHOUSE ORGANIC COLD-PRESSED JUICE OR BREAKFAST SHAKES SELECTED VARIETIES PRODUCT OF CANADA
300 ML JUS PRESSÉ À FROID OU BOISSONS FRAPPÉES POUR DÉJEUNER BIOLOGIQUES GREENHOUSE
21107322_EA
21372814_EA

2/\$13 LESS THAN 2 \$7 EA.



FRESH GUACAMOLE 320 G OR **PICO DE GALLO SALSA** 220 G MADE FRESH IN-STORE
GUACAMOLE FRAÎCHE OU SALSA PICO DE GALLO
21525868_EA/21552223_EA

\$5

*Fresh Promise: Applicable to eligible fresh produce items purchased at your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

Butcher



LEAN GROUND BEEF FAMILY SIZE
15.41/KG
BŒUF HACHÉ MAIGRE
20874394_KG

6.99 LB



PC® WHOLE CHICKEN AIR CHILLED
7.69/KG
POULET ENTIER PC™
20089413_KG

3.49 LB



PC® THE ULTIMATE PORK RIB ROAST FROZEN
1.1 KG
RÔTI DE CÔTES DE PORC L'IMBATTABLE PC™
21616767_EA

\$15



ONTARIO STRIPILOIN GRILLING STEAK
CUT FROM CERTIFIED ONTARIO CORN FED CANADA AA GRADE BEEF OR HIGHER 37.46/KG
BIFTECK DE CONTRE-FILET À GRILLER
20798457_KG

16.99 LB



ULTIMATE DINNER OR BREAKFAST SAUSAGE SELECTED VARIETIES 375/500 G
SAUCISSES À REPAS OU DÉJEUNER ULTIMATE
21378310_EA/21539969_EA

\$6



PC® WORLD OF FLAVOURS™ JERK CHICKEN LEGS AIR CHILLED
13.21/KG
CUISSES DE POULET À LA JERK PC™
SAVEURS DU MONDE™
21454286_KG

5.99 LB



ZABIHA HALAL BEEF BURGERS FROZEN 678 G
BURGERS DE BŒUF HALAL ZABIHA
21551440_EA

\$17



NO NAME® BACON REGULAR OR SALT REDUCED 500 G
BACON SANS NOM®
20156771_EA/20174909_EA

\$6



PC® WINGS SELECTED VARIETIES, FROZEN 700-907 G
AILLES PC™
20708932_EA/20708933_EA

\$17



PC® BBQ PORK BACK RIBS 680 G OR **KOREAN BEEF SHORT RIBS** 500 G SELECTED VARIETIES, FROZEN
CÔTES DE DOS DE PORC BARBECUE OU HAUTS-DE-CÔTE DE BŒUF À LA COREENNE PC™
20071715_EA
21394197_EA

\$15

Seafood

Fresh seafood items subject to availability.



SEAFOOD CHOWDER MIX PREVIOUSLY FROZEN FAMILY SIZE 113 G
CHAUDRÉE DE PRODUITS DE LA MER
21018787_EA

3.99



SEA SCALLOPS PREVIOUSLY FROZEN 25-35 PER LB 48.48/KG
PÉTONCLES GÉANTS
21446559_KG

21.99 LB



TALLEY'S NEW ZEALAND GREENSHELL MUSSELS FROZEN 907 G
MOULES VERTES DE LA NOUVELLE-ZÉLANDE TALLEY'S
21557953_EA

17.99



PC® PEI MUSSELS IN PROVENCE OR CREAMY WHITE WINE SAUCE FROZEN 907 G
MOULES DE L'Î.-P.-É. EN SAUCE PROVENÇALE OU CRÈMEUSE AU VIN BLANC PC™
20838550_EA
20838560_EA

7.99

Great to go

Great to go items plus applicable taxes.

5,000^{PC}
when you buy 2

\$5 Value

12 PIECE PRE-PACK SAUCED WINGS WITH CELERY AND CARROTS CHILLED
728 G
12 MORCEAUX D'AILES PRÉEMBALLÉS AVEC SAUCE AVEC CÉLÉRI ET CAROTTES
21532565_EA 21532557_EA

\$15



5,000^{PC}

\$5 Value

CHICKEN, FAJITA, GYRO OR SOUVLAKI CHICKEN TACO TRAY
PREPARED IN-STORE
1-1.1 KG
PLATEAU DE TACOS AU POULET, FAJITA, GYRO OU POULET SOUVLAKI
21354582_EA/21624669_EA

\$20



CLASSIC ITALIAN STYLE OR PULLED PORK MINI SLIDER BUNS
PREPARED IN-STORE
12'S
MINI-BURGERS STYLE ITALIEN CLASSIQUE OU PORC EFFILOCHÉ
21562105_EA/21595416_EA

\$16

1,000^{PC}
when you buy 2

\$1 Value



FRIED TORTILLA CHIPS
450 G
CROUSTILLES DE TORTILLA FRITES
21534615_EA/21525868_EA

2/\$8
LESS THAN 2 \$5 EA.



LARGE PREPACKAGED SALAD
SELECTED VARIETIES
850/908 G
SALADE PRÉEMBALLÉE GRAND FORMAT
21544599_EA/21544612_EA

\$7

Bakery

3,000^{PC}
when you buy 2

\$3 Value



ACE BAKERY BISTROT LOAF OR ARTISAN ROLLS
SELECTED VARIETIES
6-10'S
MICHE BISTROT OU PETITS PAINS ARTISAN BOULANGERIE
ACE
21596345_EA
21616156_EA

4⁹⁹-6⁹⁹



BAKED IN-STORE
SOURDOUGH OR PUMPERNICKEL BOULE
SELECTED VARIETIES
675 G
PAIN AU LEVAIN OU BOULE DE PUMPERNICKEL
20132458_EA/20653517_EA

\$4



BAKED IN-STORE
BULK ROLLS
SELECTED VARIETIES
PETITS PAINS EN VRAC
20076950_EA

8/\$4
LESS THAN 8 79c EA.



8 INCH PIES
SELECTED VARIETIES
635-750 G
TARTE DE 8 PO
21297475_EA

\$6



D'ITALIANO BREAD OR BUNS
SELECTED VARIETIES AND SIZES
PAIN OU PETITS PAINS D'ITALIANO
20587369_EA
20038335_EA
21450797_EA

2/6⁵⁰
LESS THAN 2 \$3.79 EA.



SILVER HILLS SPROUTED BREAD
SELECTED SIZES AND VARIETIES OR
LA FOURNÉE D'ORÉE BRIOCHE SLICED BREAD
500 G
PAIN DE GRAINS GERMÉS SILVER HILLS OU PAIN TRANCHÉ BRIOCHE LA FOURNÉE D'ORÉE
20978205_EA/21047070_EA

5⁴⁹

The Deli



SCHNEIDERS PEPPERETTES
SCHNEIDERS PEPPERETTES
250-375 G
20976110_EA
21433636_EA

Members \$4⁵⁰
Optimum Members-Only Price 7⁹⁹
Non-members **12⁴⁹**



ZIGGY'S SERVICE CASE HAM
SELECTED VARIETIES
JAMBON ZIGGY'S DU COMPTOIR DE SERVICE
20313480_KG

1⁹⁹ /100 G



BALDERSTON CHEDDAR
250/280 G OR
GOUDA 170/200 G
SELECTED VARIETIES
CHEDDAR OU GOUDA BALDERSTON
20415944_EA/21495455_EA

1,000^{PC} **\$1 Value**
7⁹⁹



PC DOUBLE CREAM/CRÈME BRIE
SELECTED VARIETIES
170-200 G
BRIE DOUBLE CRÈME PCSM
20787327_EA

6⁹⁹



PC DIPS OR NAAN DIPPERS
SELECTED VARIETIES
200-227 G
TREMPETTES OU BOUCHÉES NAAN PCSM
20584097_EA/21092033_EA

2/\$7
LESS THAN 2 \$4 EA.



500^{PC} **50^c Value**
SNACK FACTORY PRETZEL CRISPS
SELECTED VARIETIES
200 G
PRETZEL CRISPS SNACK FACTORY
20948904_EA/20948940_EA

\$6

Floral



SIGNATURE GIFTING BOUQUET
BOUQUET-CADEAU SIGNATURE
21436377_EA/21436378_EA

\$25



INTERMEDIATE ROSE BUNCH
BOUQUET DE ROSES INTERMÉDIAIRE
21586298_EA

\$10



6 INCH POINSETTIA
POINSETTIA 6 POUÇES
21312895_EA/20036549_EA

\$11



AMARYLLIS GARDEN
SELECTED VARIETIES
JARDIN D'AMARYLLIS
21340765_EA

\$20

DOLLAR DEALS

Everything for \$5 or less.

\$1

**PC® BLUE MENU®
OR FREE & CLEAR
SPARKLING WATER**
SELECTED VARIETIES
1 L
20320832004_EA
20162061007_EA



**NO NAME®
INSTANT NOODLE
SOUP CUPS**
SELECTED
VARIETIES
65 G
20301246001_EA
20301246002_EA



**BABY BELLIES OR LITTLE BELLIES
BABY SNACKS**
SELECTED VARIETIES
8/12 G
21539335_EA/21539350_EA



NO NAME® RICE CRACKERS
SELECTED VARIETIES
100 G
20297188002_EA/20297188003_EA

\$2



NAVEL ORANGES
PRODUCT OF SOUTH AFRICA
4.41/KG
204260787001_KG

SWEET POTATOES
PRODUCT OF CANADA
4.41/KG
20127708001_KG



**ONTARIO
GREENHOUSE
BEEFSTEAK TOMATOES**
PRODUCT OF ONTARIO
4.41/KG
20426141001_KG

**NO NAME® ENGLISH
MUFFINS**
WHITE OR WHOLE WHEAT
6'S
21297780_EA/21297819_EA



**BAGEL BITES
PIZZA SNACKS**
SELECTED
VARIETIES
FROZEN
198 G
20213483001_EA



**I CAN'T BELIEVE
IT'S NOT BUTTER!
MARGARINE**
SELECTED VARIETIES
427 G
20061549001_EA



BABY GOURMET PUFFIES OR CRUNCHERS
SELECTED VARIETIES
32 G
21597336_EA/21597406_EA



BUSH'S BAKED BEANS
SELECTED VARIETIES
398 ML
20101518001_EA/21480587_EA

DOLLAR DEALS

Everything for \$5 or less.

2/\$3
LESS THAN 2
1.75 EA.



RAVINE CANNED MUSHROOM PIECES AND STEMS
284 ML
21298248_EA

2/\$3
LESS THAN 2
1.79 EA.



NO NAME CANNED VEGETABLES
SELECTED VARIETIES
341/398 ML
20303822_EA/20323322_EA

\$3



DARE BEAR PAWS COOKIES
SELECTED VARIETIES
168-240 G
21080779_EA/21080791_EA



QUAKER CRISPY MINIS OR LARGE RICE CAKES
SELECTED VARIETIES
90-173 G
20850854_EA/20850958_EA



KNORR BOUILLON CUBES
SELECTED VARIETIES
39-63 G
20297436001_EA/20297436002_EA



HARIBO GUMMY CANDY
SELECTED VARIETIES
170-175 G
21519578_EA/21519517_EA



BEN'S BISTRO EXPRESS
SELECTED VARIETIES
240/250 G
21404827_EA/21404840_EA



PC APPLETREE APPLE SAUCES
SELECTED VARIETIES
6X100 ML
20309701001_EA/20309701002_EA



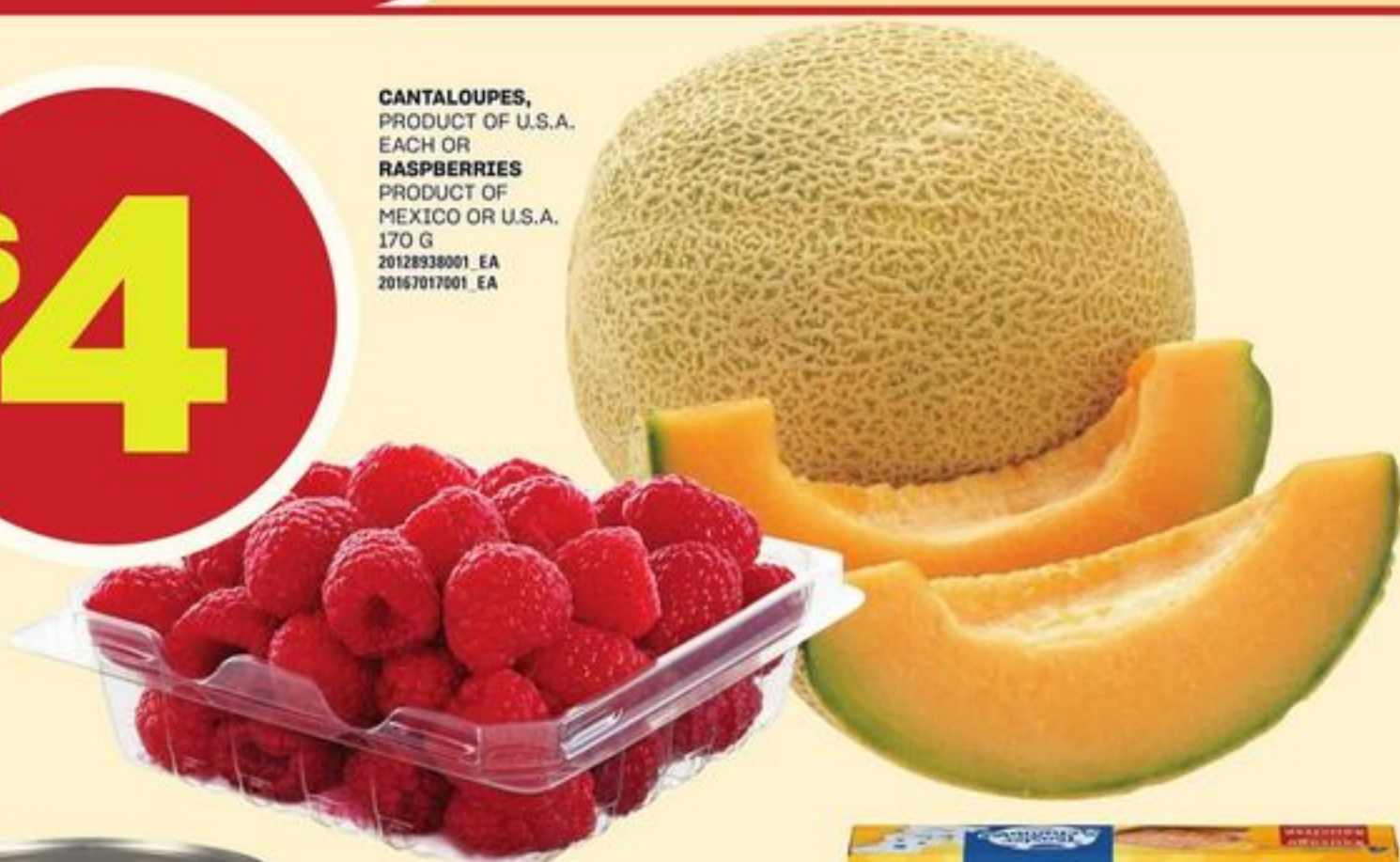
QUAKER DIPPS OR CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
21359366_EA/20847582_EA

DOLLAR DEAL\$

Everything for \$5 or less.

\$4

CANTALOUPE,
PRODUCT OF U.S.A.
EACH OR
RASPBERRIES
PRODUCT OF
MEXICO OR U.S.A.
170 G
20128938001_EA
20167017001_EA



NO NAME®
CANNED FRUIT
SELECTED VARIETIES
796 ML
20618071_EA
20618824_EA



PILLSBURY TOASTER
STRUDEL 326 G OR
SCRAMBLES 204 G
SELECTED VARIETIES
FROZEN
20172664001_EA
21474507_EA



PC® THE DECADENT®
CHOCOLATE CHIP COOKIE
SELECTED VARIETIES
280/300 G
20612257_EA
20612260_EA



VH SAUCES
SELECTED VARIETIES
341/355 ML
20308726001_EA
20309693001_EA



FRANK'S RED HOT OR
THICK SAUCE
SELECTED VARIETIES
354 ML
20187632001_EA
21584993_EA



HUNGRY-MAN ENTRÉES
SELECTED VARIETIES
FROZEN
360-455 G
20296014003_EA
20296014004_EA



HEINZ KETCHUP
SELECTED VARIETIES
375 ML
20128881_EA/21626173_EA



KELLOGG'S
EGGO WAFFLES
SELECTED VARIETIES
FROZEN
8'S
20302779_EA



Q-TIPS
500'S
20323077001_EA

DOLLAR DEAL\$

Everything for \$5 or less.

3/\$5
LESS THAN 2
1.99 EA.



**PC® BLUE MENU®
CANNED TOMATOES**
SELECTED VARIETIES
796 ML
20034188_EA/20328587_EA

2/\$5
LESS THAN 2
2.99 EA.



BARILLA PASTA
SELECTED VARIETIES
340/410 G
21404912_EA/21515800_EA

2/\$5
LESS THAN 2
2.99 EA.



**GERBER SNACKS
OR ENTRÉES**
SELECTED
VARIETIES
42-187 G
20304618003_EA
20304618007_EA

2/\$5
LESS THAN 2
2.99 EA.



STAGG CHILI
SELECTED VARIETIES
398 ML
20091906_EA/20300125001_EA

2/\$5
LESS THAN 2
2.50 EA.



FRISKIES CAT TREATS
SELECTED VARIETIES
170 G
20606841_EA

\$5



**FARMER'S MARKET®
BUTTER CROISSANTS OR
CROISSANT BUNS**
SELECTED VARIETIES
270/300 G
20975943_EA/21577824_EA



KIMBERLEY'S CUPCAKES
SELECTED VARIETIES
315-318 G
21595235_EA/21595272_EA



**PC® ASIAN ENTRÉES OR SOUPS 300 G,
GNOCCHI OR RISOTTO 350-400 G**
SELECTED VARIETIES FROZEN
21544625_EA/21565868_EA



**PC® COOKIE
DOUGH BITES**
SELECTED VARIETIES
FROZEN
6'S
21506998_EA



**BEN & JERRY'S 473 ML OR MAGNUM
BARS 4'S SELECTED VARIETIES**
FROZEN
20950739_EA/21428403_EA



SCHNEIDERS BREAKFAST SANDWICHES
204-288 G OR EGG BITES 224 G
SELECTED VARIETIES FROZEN
21623187_EA/21623288_EA



**CHEEZ-IT SNAP'D OR
TOWN HOUSE CRACKERS**
SELECTED VARIETIES
260-391 G
21107393_EA/21451181_EA



**PC® SKINLESS BONELESS OR
PC® BLUE MENU® NO SALT ADDED
SOCKEYE SALMON**
170 G
20548676_EA



**HELLMANN'S
MAYONNAISE**
SELECTED VARIETIES
340/445 ML
20008233001_EA/21591867_EA



**BLACK DIAMOND
COMBOS**
SELECTED VARIETIES
129 G
21208641_EA/21208897_EA



**MINI SEEDLESS
WATERMELONS**
PRODUCT OF
MEXICO OR U.S.A.
20145379001_EA



**JUMBO
CAULIFLOWER**
PRODUCT OF
U.S.A. OR MEXICO
NO. 1 GRADE
201353770001_EA



**ENERGIZER
BATTERIES**
AAA OR AAA4
21103981_EA/21184803_EA
CUSTOMER IS RESPONSIBLE FOR
THE PAYMENT OF ANY APPLICABLE
MUNICIPAL AND/OR PROVINCIAL
DEPOSIT OR PRODUCT/PACKAGING
RECYCLING FEE THAT MAY APPLY.

You get, we give.

When you get participating products* marked in aisle, a portion of proceeds from every purchase will be donated to help feed one million kids.

In support of



**children's
charity**



*In conjunction with our partners, a maximum of \$600,000 will be collectively donated to President's Choice Children's Charity from purchases of participating products made at Loblaws, Zehrs, Valu-Mart, Your Independent Grocer, Atlantic Superstore, Dominion and Provigo stores between November 14 - 27, 2024.



YOPLAIT TUBE 8X56 G OR
MINIGO YOGURT 6X60 G
SELECTED VARIETIES
21547595_EA/21619318_EA

3⁶⁹



NESTLÉ CHOCOLATE
TABLETS
SELECTED VARIETIES
90-120 G
20640580_EA/21247054_EA

2/\$5
LESS THAN 2
\$2.99 EA.



SIGGI'S
SELECTED VARIETIES
4X100 G
21589925_EA/21590027_EA

3⁹⁹



SIGGI'S SKYR YOGURT
SELECTED VARIETIES
650/750 G
21353874_EA/21353892_EA

6⁹⁹



AMOOZA 228 G OR
CRACKER BARREL
CHEESE SNACKS 168 G
SELECTED VARIETIES
21290676_EA/21403514_EA


5⁹⁹



CRACKER BARREL
NATURAL CHEESE SLICES
SELECTED VARIETIES
220/240 G
21290684_EA/21290682_EA

5⁹⁹

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Must Try

3,000 **\$3 Value**



PC® NORTHERN SPANISH-STYLE BASQUE CHEESECAKE
FROZEN
600 G
21609491_EA

\$10

APP EXCLUSIVE OFFER
Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Must Try

3,000 **\$3 Value**



PC® HOLIDAY FEAST TURKEY (AND FIXINS) PIE
FROZEN
800 G
21613959_EA

\$15

PC® GLUTEN-FREE FLATBREAD
SELECTED VARIETIES
FROZEN
342/374 G
21395070_EA/21395544_EA

\$9

PC® AHI TUNA TATAKI
FROZEN
130 G
21616769_EA

\$13

PC® THAI BASIL SHRIMP SPRING ROLLS
FROZEN
294 G
20950440_EA

\$11

PC® PORK SAUSAGE ROLLS
FROZEN
500 G
21538572_EA

\$10

PC® HALLOOM CHEESE STICKS
FROZEN
300 G
21393377_EA

\$15

PC® FRENCH ONION SOUP SOUP STRAWS
FROZEN
240 G
21612011_EA

\$9

PC® SALSA CON QUESO
CHEESE DIP
SELECTED VARIETIES
400 ML
21629531_EA

3⁹⁹

new

PC® ORGANICS BALSAMIC OR CAESAR DRESSING
350 ML
21609744_EA
21609630_EA

5⁹⁹

PC® SEAFOOD SAUCE
SELECTED VARIETIES
250 ML
20023348001_EA
20023348002_EA

3⁴⁹

PC® SCALLOPED CRACKERS
SELECTED VARIETIES
185 G
20603888002_EA
20603888003_EA

2/\$5
LESS THAN 2 \$2.99 EA.

PC® M'AQUA COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES
6X355 ML
21590669_C06/21590813_C06

4⁵⁰

new

PC® FRIZZAN-TÉ SPARKLING TEA BEVERAGE
POMEGRANATE HIBISCUS WHITE TEA OR PEACH GINGER GREEN TEA FLAVOUR
750 ML
21597914_EA/21597948_EA

7⁵⁰

PC® DEALCOHOLIZED WINE
SELECTED VARIETIES
750 ML
21045800_EA
21403389_EA

7⁵⁰

PC® OR BLUE MENU® COCKTAILS
SELECTED VARIETIES
1.89 L
20501279_EA
20506849003_EA

3⁵⁰

PC® MINI CANS
SELECTED VARIETIES
6X222 ML
21094861_C06
21094147_C06

2/\$6
LESS THAN 2 \$3.49 EA.

PC® CRAFT BREWED 0.5% LOW-ALCOHOL BEER
SELECTED VARIETIES
4X355 ML
21589335_C04
21589408_C04

\$6

Festive cheer



PC® LARGE OUTDOOR ARRANGEMENT WITH PINE & BERRIES EACH 20144803_EA

\$40



GRINCHMAS TREE EACH 20938473_EA

\$22



Set the mood, hang some cheer and enjoy the scents of the season.



AMARYLLIS GARDEN SELECTED VARIETIES EACH 21340765_EA

\$20



PREMIUM HOLIDAY BOUQUET EACH 21340765_EA

\$35



POINSETTIA IN UPGRADED TIN 8 INCH EACH 20287881_EA

\$24

Holiday Treats For Less



ENTERTAINER CAROUSEL 450 G 20907779_EA

\$12



NUTS CAROUSEL 450 G 20907921_EA

\$12



PC® RAW ALMONDS 400 G 21408053_EA

\$8



PC® RAW CASHEWS 680 G 21404971_EA

\$16



ROYAL NUTS CALIFORNIA WALNUTS 240 G 20771610_EA

\$12



PARTY PEANUTS CAROUSEL 625 G 21107309_EA

\$12



ROYAL NUTS PECANS 250 G 21192386_EA

\$12



FARMER'S MARKET™ HAZELNUTS 175 G 21519996_EA

\$8

Game day



12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
510-739 G
21456393_EA/21456401_EA

\$9-10

WINGS N' TENDERS PLATTER
20 CHICKEN WINGS BREADED OR UNBREADED, SAUCE OF YOUR CHOICE.
12 CHICKEN TENDERS PAIRED WITH CARROTS AND CELERY
PLEASE ORDER THROUGH THE DELI DEPARTMENT OR PC EXPRESS, ALLOW 24 HOURS IN ADVANCED
21558990_EA

\$45



PARTY PLATTER
SELECTED VARIETIES
696 G-1.15 KG
21217521_EA
21217522_EA

\$25



SANDWICH OR WRAP PLATTERS
SELECTED VARIETIES AND SIZES
PREPARED IN-STORE
1.2-3.4 KG PLEASE ORDER THROUGH THE DELI DEPARTMENT OR PC EXPRESS, ALLOW 24 HOURS IN ADVANCED
21557919_EA/21558135_EA

\$25-65



LARGE PREMIUM SALADS
SELECTED VARIETIES
330 G
20113593_EA
21594141_EA

\$10



LARGE VEGETABLE OR FRUIT PLATTER
PREPARED FRESH IN-STORE DAILY
1.58-2.2 KG
20081718_EA
20121599_EA

\$24-25



DELI CHARCUTERIE BOARD
SELECTED VARIETIES
211-433 G
21405538_EA
21405571_EA

\$12-15



PC* VEGETABLE SPRING ROLLS 574 G
OR **MOZZARELLA STICKS** 454 G FROZEN
2116020_EA/20698036_EA

\$10



PC* CHICKEN SAUSAGE ROLLS
FROZEN
500 G
21439588_EA

\$12



SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
454 G
20979191_EA

12.99



MAPLE LEAF TOP DOGS OR SCHNEIDERS RED HOTS WIENERS
SELECTED VARIETIES
375 G
20602429_EA
21093477_EA

5.99



CAMPBELL'S CHILI
SELECTED VARIETIES
425 ML
20318367002_EA

3.49



FRANK'S RED HOT OR THICK SAUCE
SELECTED VARIETIES
354 ML
20187632001_EA
20023348001_EA

\$4



PC* DRY ROASTED PEANUTS
SELECTED VARIETIES
700 G
20957990001_EA
20957990003_EA

6.99



NO NAME* POTATO CHIPS
SELECTED VARIETIES
200 G
21302793_EA
21302821_EA

1.99



PC* TORTILLA CHIPS
SELECTED VARIETIES
320-350 G
20302765_EA
20305180_EA

2/\$5
LESS THAN 2 \$2.99 EA.



PC* DE-ALCOHOLIZED BEER
SELECTED VARIETIES
12X355 ML
20121729_C12
20325253_C12

\$8



GATORADE OR POWERADE SPORTS DRINK
SELECTED VARIETIES
24X591 ML
20854130_C24
20298835002_C2_EA

23.49



MOTT'S CLAMATO JUICE
1.89 L OR OCEAN SPRAY
100% JUICE BLEND OR COCKTAIL
1.77-1.89 L
SELECTED VARIETIES
2030006608_EA
21575320_EA

3.99

Grocery



CHRISTIE RITZ, WHEAT THINS OR TRISCUIT CRACKERS SELECTED VARIETIES 175-454 G 21030905_EA/21547034_EA

2/7⁵⁰
LESS THAN 2 \$4.29 EA.

LINDT LINDOR CORNET SELECTED VARIETIES 600 G 20215793001_EA 20215793002_EA

Members save \$6
Optimum
Members-Only Price
16⁹⁹
Non-members
22⁹⁹

FRISKIES CAT FOOD SELECTED VARIETIES 1.4-1.5 KG 20912515_EA

Members save \$2
Optimum
Members-Only Price
6⁹⁹
Non-members
8⁹⁹



KRAFT PEANUT BUTTER 750 G-1 KG OR HAZELNUT SPREAD 725 G SELECTED VARIETIES 20039581001_EA 21285418_EA

2/12⁵⁰
LESS THAN 2 \$7.79 EA.

KELLOGG'S JUMBO CEREAL SELECTED VARIETIES 825 G-1.3 KG 20072706_EA 20815737_EA

9⁹⁹

iÖGO YOGURT 2 KG, OIKOS GREEK YOGURT 12X100 G SELECTED VARIETIES 20636092_EA 21396062_EA

11⁹⁹



INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM SELECTED VARIETIES 396-946 ML 20895480002_EA 20895480003_EA

5⁹⁹

GAY LEA SOUR CREAM SELECTED VARIETIES 500 ML 20317536001_EA

3⁴⁹

PC® BUTTER QTRS SELECTED VARIETIES 454 G 20313456001_EA 20313456002_EA

6⁹⁹

HELUVA GOOD! FRENCH ONION DIP SELECTED VARIETIES 680 G 20312788001_EA

4⁹⁹



PC® BELGIAN CHOCOLATE BISCUIT COLLECTION 500 G 20967791_EA

13⁹⁹

PEPPERIDGE FARM GOLDFISH CRACKERS SELECTED VARIETIES 156-227/6X28 G 20320900_EA/21575295_EA

2/\$7
LESS THAN 2 \$2.99 EA.

PC® INSTANT COFFEE 100 G OR HOT CHOCOLATE 350-500 G SELECTED VARIETIES 21499826_EA/21549129_EA

4⁹⁹

CHRISTIE COOKIES SELECTED VARIETIES 170-303 G 21358407_EA 21361512_EA

2/\$8
LESS THAN 2 \$4.99 EA.



MAXWELL HOUSE GROUND COFFEE 631-900 G, KCUP PODS 30'S OR CRANK WHOLE BEAN COFFEE 340 G SELECTED VARIETIES 21410099_EA/21606882_EA

9⁹⁹

VEGA ONE® ALL-IN-ONE SHAKE SELECTED VARIETIES 827-876 G 20575566002_EA 20645554_EA

59⁹⁹

DAIYA PLANT BASED PIZZA OR FLATBREAD SELECTED VARIETIES 327-550 G 21457730_EA/21538958_EA

9⁹⁹

KOZY SHACK RICE PUDDING SELECTED VARIETIES 452-678 G 20323829001_EA 20325154001_EA

3⁹⁹



TIDE LAUNDRY DETERGENT 3.9 L, TIDE POWER PODS 45'S, TIDE PODS OR GAIN FLINGS 76'S OR FINISH DISHWASHER TABS 51-67'S SELECTED VARIETIES 21579839_EA 21574749_EA

20⁹⁹

GLAD INDOOR BAGS SELECTED VARIETIES 12-48'S 21164516_EA 21613985_EA

7⁹⁹

DAWN XL JUGS SELECTED VARIETIES 2.21-2.64 L 21439098_EA 21430600_EA

9⁹⁹

WHISKAS CAT FOOD SELECTED VARIETIES 12'S 20945383_EA

16⁹⁹

For your baby

click here to shop our full assortment



GERBER BABY FOOD
JARS 159-162 ML OR
ORGANIC BABY FOOD
POUCHES 99 G/128 ML
SELECTED VARIETIES
21024943_EA/21466955_EA

4/\$7
LESS THAN 4
\$2.29 EA.



GERBER INFANT CEREAL
227 G OR SNACKS
28-150 G OR AMARA
ORGANIC INFANT
SMOOTHIE MELTS 23 G
SELECTED VARIETIES
20358339007_EA/21426240_EA



2/\$9
LESS THAN 2
\$5.49 EA.



PEDIASURE COMPLETE
4X235 ML OR
INFANT'S PEDIALYTE
SOLUTION 1 L OR FREEZER
POPS 16X62.5 ML
SELECTED VARIETIES
20322414001_EA/21416403_EA

9⁹⁹



ENFAMIL A+
BABY FORMULA
POWDER REFILL
SELECTED
VARIETIES
992 G
20435527002_EA
20435527003_EA

54⁹⁹



SIMILAC
PRO-ADVANCE
STEP 1 OR 2
POWDER FORMULA
837/859 G
21436985_EA/21437126_EA

54⁹⁷



GOOD START
PLUS POWDER OR
READY TO FEED
INFANT FORMULA
SELECTED
VARIETIES
942-1020 G
21599587_EA

56⁹⁹



LUVS ECONO
PACK DIAPERS
SELECTED
VARIETIES
SIZE 3-7,
88-168'S
21589113_EA
21589010_EA

29⁹⁹



PAMPERS ECONO
PACK DIAPERS
SELECTED
VARIETIES
SIZE N-8,
58-180'S
21551643_EA
21551645_EA

32⁹⁹



PAMPERS OR
HUGGIES
9/10X WIPES
21371309_EA

19⁹⁹



NINJAMAS OR
HUGGIES
GOODNITES
NIGHTTIME
UNDERWEAR
SELECTED
VARIETIES
28-44'S
20963933_EA
21308932_EA

26⁹⁹



DIAPER GENIE
SYSTEMS
AND REFILLS
SELECTED
VARIETIES
3'S OR 84'S
21549766_EA

20%



HUGGIES SKIN
ESSENTIALS
SELECTED
VARIETIES
SIZE N-6,
36-84'S
21601202_EA

24⁹⁹



HUGGIES OR
PAMPERS 1X WIPES
SELECTED VARIETIES
20557596_EA/20708133_EA

2⁹⁹



HONEST BABY NEEDS
SELECTED VARIETIES
21305337_EA/21303553_EA

20%



JOHNSON'S BABY NEEDS
SELECTED VARIETIES
800 ML
21112271_EA/21113293_EA

8⁹⁹

For your family



PANTENE OR L'ORÉAL HAIR EXPERTISE HAIR PRODUCTS SELECTED VARIETIES AND SIZES 60-591 ML 21080545_EA/21424214_EA

7⁴⁹



MARC ANTHONY OR JOHN FRIEDA HAIR CARE SELECTED VARIETIES AND SIZES 20298861001_EA/20310284001_EA

\$9



OGX, AVEENO OR MAUI HAIR CARE SELECTED SIZES AND VARIETIES 172-340 G/100-385 ML 20312551004_EA/21009283_EA

\$9



AVEENO FACE, LOTION, BODY WASH BABY, SUN OR HAIR 20102023001_EA/20300171_EA

SALE SAVE UP TO 20%



VASELINE BODY LOTION 400-600 ML OR SIMPLE WIPES OR CLEANSERS SELECTED VARIETIES AND SIZES 21085011_EA/21333057_EA

6⁹⁹



CUREL OR JERGENS LOTION 480/620 ML, BIORÉ CLEANSERS, SCRUBS, MASKS OR STRIPS 50-200 ML, 4-8'S, 110/130 G SELECTED VARIETIES 20743224_EA/20856268_EA

Members save **\$2**
Optimum
Members-Only Price **7⁹⁹**
Non-members **9⁹⁹**



ST. IVES BODY WASH SELECTED VARIETIES 650 ML 21360961_EA

5⁴⁹



IRISH SPRING BAR SOAP 6X104 G OR BODY WASH 591 ML OR SOFTSOAP BODY WASH 591 ML SELECTED VARIETIES 21219375_EA/21436477_EA

4⁹⁹



DOVE BODY WASH 325/400 ML, BAR SOAP 3X106 G OR DEODORANT 45/74 G SELECTED VARIETIES 20302753001_EA/21511804_EA

5⁴⁹



DEGREE DEODORANT SELECTED VARIETIES 48-85 G 20296452006_EA/21425467_EA

2⁴⁹



LADY OR MEN'S SPEED STICK PREMIUM DEODORANT SELECTED VARIETIES 45-85 G 20348223001_EA/20847071_EA

2⁹⁹



GILLETTE OR VENUS DISPOSABLE RAZORS SELECTED VARIETIES 1-8'S 20179414001_EA/20984907_EA

9⁹⁹



LISTERINE ULTRA CLEAN OR TOTAL CARE MOUTHWASH SELECTED VARIETIES 1 L 20701283_EA/21088044_EA

8⁴⁹



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE OR POLIDENT TABLETS 84-96'S SELECTED VARIETIES AND SIZES 20437569002_EA/21471656_EA

6⁹⁹



COLGATE OPTIC WHITE OR SENSITIVE PRO-RELIEF TOOTHPASTE 70-133 ML, KIDS MANUAL TOOTHBRUSH, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES AND SIZES 21177027_EA/21353925_EA

6⁴⁹

For your family

4,000* for every \$15 spent on

\$4 Value

BENYLIN
EXTRA STRENGTH

TYLENOL
COLD

Cough & Chest Congestion

FAST RELIEF in:
Cough with Phlegm
Chest Congestion
Minor Bronchial Irritation
Sore Throat
Pain

14⁹⁹

TYLENOL, BENYLIN OR ZARBEES COUGH, COLD AND FLU SELECTED VARIETIES AND SIZES
20129494001_EA/20296733001_EA

SALE
SAVE UP TO

20%

D DROPS LIQUID VITAMIN D
DROPS 1.7-7.5 ML OR **IRON KIDS CHILDREN'S VITAMINS** 60-200'S SELECTED VARIETIES
20034059_EA/20431749001_EA

ENSURE
PLUS CALORIE

GLUCERNA

READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
20180283003_EA 20309848002_EA

13⁹⁹

SALE
SAVE UP TO

20%

SIX STAR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20301019001_EA/20301019004_EA

PEPTO BISMOL
RESTORALAX OR **RESTORAFIBRE**
DIGESTIVE HEALTH CHEWS 24-90'S, LIQUIDS 350/480 ML OR POWDERS 119-765 G SELECTED VARIETIES
2031979002_EA 21380900_EA

SALE
SAVE UP TO

20%

U BY KOTEX PADS, LINERS OR TAMPONS
SELECTED VARIETIES AND SIZES
21103636_EA/21291969_EA

20%

TENA
SENSITIVE CARE

UNDERWEAR OR PADS
SELECTED VARIETIES AND SIZES
20957897_EA

18⁹⁹

For All Your Hair Care Needs

PANTENE
hair care selected varieties and sizes
21431190_EA/21431192_EA

\$5

Herbal Essences or **Aussie** hair care selected varieties and sizes
21167237_EA/21247099_EA

\$4

Pantene Nutrient Blends hair care selected varieties and sizes
21245064_EA/21243351_EA

\$8

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Dove
Bond Strength Mask Intensive Repair 260 mL
21572745_EA

\$8

Dove
Hair Therapy Gorgeous Shampoo & Conditioner 400 mL
21572900_EA/21572946_EA

\$8

Shea Moisture
Coconut & Hibiscus Curl & Shine Shampoo & Conditioner 384 mL
21433370_EA/21433359_EA

\$12

NEXXUS
Therapex Shampoo & Humectress Conditioner 400 mL
21174153_EA/21174154_EA

\$13

Ricola
MAX
EXTRA STRENGTH EXTRA FORT

Ricola
MENTHOL CENTRES CENTRES MENTHOL

RICOLA'S MAX THROAT RELIEF
COOL NEW LOOK, SAME ICY RELIEF

1,500* **\$150 Value** **5⁹⁹**

Ricola lozenge family bags selected varieties 34145's
21484232_EA/21477125_EA

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Optimum
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Clean it like you mean it



GAIN LAUNDRY DETERGENT 4.55L/42.5'S, **GAIN OR DOWNY FABRIC SOFTENER** 2.4-3.29 L, **BEADS** 515 G, **DOWNY OR TIDE RINSE** 48 OZ OR **BOUNCE SHEETS** 240'S
SELECTED VARIETIES
21405174_EA/21549954_EA

14⁹⁹



CLOROX BLEACH 2.4 L OR **PINESOL CLEANER** 1.41 L
SELECTED VARIETIES
21283179_EA/20298679001_EA

4⁴⁹



PUREX 4.08-4.43 L, **PERSIL** 2.21 L OR **SUNLIGHT** 4 L **LAUNDRY DETERGENT**, **SNUGGLE FABRIC SOFTENER** 2.8-3.41 L OR **SHEETS** 200'S
SELECTED VARIETIES
20083525001_EA/20952139_EA

12⁹⁹



LYSOL WIPES 75-84'S, **LYSOL DISINFECTANT SPRAY** 350 G OR **TOILET BOWL CLEANER** 946 ML
SELECTED VARIETIES
21449826_EA/21449829_EA

2/13
LESS THAN 2 \$7.99 EA.



TRU EARTH LAUNDRY STRIPS 64'S
21554580_EA

19⁹⁹



CASCADE DISHWASHER TABS 90-110'S, **PLATINUM PLUS** 51'S
SELECTED VARIETIES
21012172_EA/21518479_EA

22⁹⁹



LYSOL LAUNDRY DISINFECTANT 1.2 L OR **RESOLVE IN WASH POWDER OR SPRAYS** 625 G/650 ML
SELECTED VARIETIES
21487308_EA/21218190_EA

7⁹⁹



ZIPLOC VALUE PACKS SELECTED VARIETIES 10-180'S
20316804002_EA/20869345_EA

7⁹⁹



PC® PLANET FIRST™ DISH DETERGENT SELECTED VARIETIES 740 ML
21549800_EA/21549817_EA

2⁹⁹



METHOD DISH SOAP 532 ML, **CLEANERS** 828 ML OR **ALLEN'S VINEGAR CLEANERS** 950 ML
SELECTED VARIETIES
21027302_EA/21518335_EA

4⁹⁹



GLAD OUTDOOR BAGS SELECTED VARIETIES 10-40'S
20166439001_EA/21165477_EA

11⁹⁹



SCOTCH-BRITE SPONGES, SCOURS OR DISH WANDS EACH OR **WEIMAN CLEANERS** 355-710 ML
SELECTED VARIETIES
20251891_EA/20976696_EA

4⁴⁹



SWIFFER DUSTERS 6-10'S OR **DRY OR WET CLOTHS** 12-32'S
SELECTED VARIETIES
20028650_EA/20974371_EA

11⁹⁹



FLEECY FABRIC SOFTENER 1.36 L OR **SHEETS** 80'S
SELECTED VARIETIES
21311876_EA/20311072001_EA

4⁹⁹



ALLEN'S CLEANING VINEGAR SELECTED VARIETIES 2.5 L
20977116_EA/21166038_EA

3⁹⁹



OXICLEAN POWDER 1.28-1.36 KG, **AIR WICK SCENTED OIL REFILLS TWIN PACK** 2/20 ML OR **ESSENTIAL MIST KITS** SELECTED VARIETIES
21495649_EA/20432579_EA

10⁴⁹



VILEDA OSKAR BROOM OR SUPER TWIST MOP SELECTED VARIETIES EACH
20001949_EA/20856312_EA

12⁹⁹



FEBREZE AIR 250 G, **CAR CLIPS** 1'S OR **SMALL SPACES** 1'S
SELECTED VARIETIES
21005017_EA/21219476_EA

2/\$7
LESS THAN 2 \$3.99 EA.

Saputo

SAPUTO CHEESE BRINGS EVERYONE TOGETHER FOR THE HOLIDAY SEASON!

In 200 Milk category, based on the 2023 In-store Milk Cohesion Shopper Study.

10⁹⁹
 MOZZARELLISSMA CHEESE BLOCKS 690-700 G
 SAPUTO 20107017001_EA

6⁴⁹
 LACTOSE FREE CHEESE BLOCK 400 G
 PRESIDENT'S CHOICE 21333360_EA

10⁴⁹
 LACTOSE FREE MILK 4 L SELECTED VARIETIES
 NELSON 20039684_EA 20159579_EA

4⁴⁹
 LACTOSE FREE MILK & CREAM 1 L SELECTED VARIETIES
 NELSON 21007133_EA 20025432002_EA

2/\$10 LESS THAN 2 \$5.49 EA.
 CHEESE SLICES 210 G PRESIDENT'S CHOICE 21405953_EA

6⁴⁹
 LACTOSE FREE MILK & PROTEIN BEVERAGE 2 L SELECTED VARIETIES
 NELSON 20188053001_EA 21554369_EA

MAKE GREAT PIZZA

5⁴⁹
 SAPUTO FETA SELECTED VARIETIES 170-200 g 20572975_EA

7⁹⁹
 SAPUTO SHREDS SELECTED VARIETIES 140 g 21081213_EA

6⁹⁹
 PILLER'S PEPPERONI TOPPINOS SELECTED VARIETIES 175-250 g 20042333_EA

6⁹⁹
 PILLER'S CHARCUTERIE SELECTED VARIETIES 125 g 21455310_EA

5⁹⁹
 SAPUTO BOCCONCINI & FRESH MOZZARELLA 190-200 g 21051214_EA

QUALITY • VALUE • FLAVOUR

delicatessen ORIGINALS 400 g **\$8**
 turkey breast / porcini au diable / black forest ham / jambon fumé noir

delicatessen ORIGINALS 175 g **\$4**
 Mozzarella / Smoked Meat / Truffle Ham

SNACK STICK! naturals 200 g **\$5**
 ORIGINAL SPICY SAUSAGE

SMOKE HOUSE 225 g **\$6**
 naturally smoked pepperoni

Gold Label
 EST. 1935

Gold Label Delicatessen Originals • selected varieties 375-400 g • 21611398_EA
 Gold Label Delicatessen Originals • selected varieties 175 g • 21599861_EA
 Gold Label Smoke House Pepperoni • selected varieties 225 g • 21507918_EA
 Gold Label Snack Stick Naturals • select varieties 200 g • 21635833_EA

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Original 21316018_EA **LESS THAN 2 \$4.99 EA.**
2/\$8.50

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Lactose-Free 21002993_EA
Light 21316006_EA
Sun-Ripened Tomato 21530362_EA

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pork loin schnitzel 21588065_EA

lean beef meatballs plain 21587897_EA

beef stir fry strips cut from Canada-AA grade beef or higher 21588067_EA

pork stir fry strips 21588095_EA

chicken stir fry strips 21588091_EA

IT'S THE SEASON FOR Dazzling Delights

PC[®] Candy Ice Cream 15 L or Mini Bars 6x55 mL 20810224_EA/20911591_EA **5⁹⁹** Selected Varieties

PC[®] Cookie Dough Ice Cream Bites 6 x 30 mL 21545109_EA **\$5** Selected Varieties

PC[®] Homestyle Butter pie crusts frozen 330 g 20310882_EA **\$6** Selected Varieties

Cool Whip Dessert Topping 1 L 20030369001_EA **4⁹⁹** Selected Varieties

PC[®] Frozen Fruit 300 - 600 g 20312227_EA **LESS THAN 2 \$5.99 EA.**
2/\$10 Selected Varieties

Cool Whip Raspberry Swirl Torte
 FIND DELICIOUS RECIPES AT KRAFTCANADA.CA

ADD SOME FLAVOUR TO YOUR HOME COOKING

\$5⁹⁹
Nando's Peri Peri Sauce 250 mL
 Selected Varieties 21004222_EA

\$5⁹⁹
Nando's Perinaise 450 mL
 Selected Varieties 21366089_EA

\$3⁴⁹
Tabasco Pepper Sauce 57 mL
 Selected Varieties 20037570_EA

\$8⁴⁹
Maille Mustard 500 mL
 Selected Varieties 20032602001_EA

\$10⁹⁹
Rao's Sauce 660 mL
 Selected Varieties 20086654001_EA

\$1⁹⁹
Delverde Pasta 250-450 g
 Selected Varieties 20317975007_EA

i.d. I-D Foods Corporation des aliments i-D

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CINEPLEX GIFT CARDS

★ ★ ★
\$5⁹⁹

General Mills™
Family Size Cereal
selected varieties
516-725 g



21103499_EA/21103495_EA



LESS THAN 2 \$3.99 EA.
2/6⁵⁰

Betty Crocker™ Fruit
Snacks 128-141 g, Nature
Valley™ Granola Bars
128-230 g
selected varieties



20318474002_EA
20315520002_EA

†† NO PURCHASE NECESSARY FOR CONTEST. CONTEST ENDS JANUARY 1, 2025. SEE PARTICIPATING GENERAL MILLS PRODUCTS FOR DETAILS.

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\$7⁴⁹ Yoplait® Source®
selected varieties
16x100 g
20317317001_EA
20317317002_EA



\$6⁹⁹ Liberté Greek®
selected varieties
650-750 g
20704361002_EA



LESS THAN 2 \$5.69 EA.
2/\$9 Liberté Greek®
selected varieties
4x100 mL
20604024001_EA



\$12⁹⁹ Yoplait® YOP®
Drinkable Yogurt
selected varieties
12x200 mL
21550408_EA
21481820_EA



LESS THAN 2 \$4.99 EA.
2/\$8 Pillsbury™
Seasonal Cookies
selected varieties
260 g
21305885_EA
21403187_EA



\$3⁶⁹ Yoplait® Tubes®
selected varieties
8x56 g
21547595_EA
21547587_EA

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Holidays
Made Easy.



PORK MEATBALLS OR
SAUSAGES VALUE PACK
1 kg
21047660_EA
\$14



FROZEN PATTIES,
SAUSAGES OR SOUVLAKI
600 g - 1.4 kg
20799699_EA
\$14



ASSORTED
JUMBO SAUSAGES
675 g
21289731_EA
\$8



SOUVLAKI CHICKEN BREAST KABOBS
VALUE PACK
480 - 640 g
21041735_EA
\$16⁹⁹



PORK SIRLOIN ROAST
SWEET CHILI LIME
800 g
21339978_EA
\$11⁹⁹



MARINATED STRIPS
CHICKEN OR PORK
454 g
21630133_EA
\$8⁴⁹

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**PROTEIN
PACKED
MEALS
WITH
BEYOND.**
Cooks and grills
like meat.

INTRODUCING
BEYOND STEAK®
21590909_EA - 226 g
\$6



24 g OF PROTEIN*

*Per 100 g serving



BEYOND BURGER®
21193815_EA - 226 g
\$6



BEYOND BREAKFAST SAUSAGE®
21399630_EA - 235 g
\$6



BEYOND CHICKEN TENDERS®
21527730_EA - 226 g
\$6



BEYOND BEEF®
21220674_EA - 340 g
\$6



BEYOND SAUSAGE®
Mid Italian: 21300113_EA - 400 g
\$6



BEYOND SAUSAGE®
Hot Italian: 21300103_EA - 400 g
\$6



BEYOND BURGER®
21378994_EA - 678 g
\$18

*Than the average leading brands of Hot/Mid Italian Sausage

RICOLA'S MAX THROAT RELIEF
COOL NEW LOOK, SAME ICY RELIEF

RICOLA LOZENGE FAMILY BAGS
SELECTED VARIETIES
34/45'S
21484232_EA/21477125_EA

5⁹⁹ **1,500⁰⁰** **\$150 Value**

SLEEP WELL ENERGIZE MORE STRESS LESS

NATURAL SOLUTIONS
FOR ALL OF LIFE'S UPS AND DOWNS

PICK ME FOR
A RESTFUL NIGHT
JAMIESON Melatonin
100 mg
100% NATURAL
SLEEP AID

PICK ME FOR
RELAXATION
JAMIESON Magnesium
100 mg
100% NATURAL
MAGNESIUM

PICK ME FOR
NATURAL ENERGY
JAMIESON B12
1000 mcg
100% NATURAL
B12

SAVE UP TO
30% OFF
Jamieson herbal or mineral
supplements
selected varieties

21040287_EA/20311899_EA/21293008_EA

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HERE FOR YOUR HEALTH



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2/\$14

7UP® Soft Drink 12x355 mL, selected varieties 21622972_C12 or SCHWEPPE'S® Ginger Ale 12x355 mL, selected varieties 20326184005_C12



LESS THAN 2 \$4.99 EA.
2/\$8

PEPSI® Soft Drink 6x222 mL, selected varieties 20857560004_C06 or 6x222 mL, selected varieties 21189960_C06



LESS THAN 2 \$7.49 EA.
2/\$13

bubly™ sparkling water beverage selected varieties 12x355 mL 21549114_C12



LESS THAN 2 \$1.99 EA.

2/\$3

MONTELLIER® SPARKLING WATER selected varieties 1L 20662284_EA



LESS THAN 2 \$7.49 EA.

2/\$13

MONTELLIER® selected varieties 10x355 mL 21096722_C10



ROCKSTAR ENERGY DRINK

LESS THAN 2 \$3.79 EA.

2/\$6

ROCKSTAR® Energy Drink selected varieties 473 mL 21617864_EA 21617780_EA



This product may not be suitable for everyone. Read the label and follow directions for use.

LESS THAN 2 \$7.49 EA.
2/\$13

GATORADE® ZERO Sports Drink selected varieties 6x591 mL 21585260_C06 or GATORADE® Powder Sticks selected varieties 10x3 g 21603385_EA



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from **4.99**

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