

# FORTINOS®

PANE *Fresco*

flavoured protein lattes  
21637001\_EA

**5.95**  
medium



**2.49** lb pork loin, rib & sirloin or sirloin chops  
5.49/kg 20822343\_KG



President's Choice  
✓ Air Chilled  
✓ Canadian grown  
✓ Grain fed

**2.99** lb PC® chicken drumsticks or thighs club pack or Mina Halal chicken drumsticks or thighs  
6.59/kg 20167055\_KG/21618064\_KG



Large size!

**10.99** lb fresh rainbow trout fillet  
24.23/kg 20990494\_KG



**2.99** seedless clementines product of South Africa or Morocco  
2 lb bag 21506862001\_EA



**2.49** blueberries product of Peru, no. 1 grade or goldenberries product of Colombia  
170 g 20152465001\_EA/21547475001\_EA



**2.49** PC® Organics cremini or white sliced mushrooms product of Ontario  
227 g 21005382\_EA/21021587\_EA



**3.99** Villagio Marzano tomatoes product of Canada, Canada no. 1 grade  
681 g 20889119001



**9.99** lb veal cutlets bottom round or sirloin tip  
22.02/kg 20844263\_KG

PC® white cooked shrimp 31-40 per lb or High Liner pink salmon frozen  
20791381\_EA/21093881\_EA

**9.99** 400 g



**9.99** lb San Daniele Silver prosciutto  
2.20/100 g 21046654\_KG



**3.99** Sabra hummus all varieties  
283 g 20021596\_EA/21367003\_EA



**6.99** Swiss Chalet or St. Hubert pies frozen or Lou's QNE meals selected varieties  
375-800 g 21047194\_EA/20078077\_EA



**5.99** buffalo mozzarella or Gioiella burrata selected varieties  
125 g 21189924\_EA/21434597\_EA



**2.99** each Country Harvest bread 600 g, PC® Pizza Crust 300 g or PC® flatbread 220-300 g  
21178642\_EA/21178962\_EA



D'Italiano bagels original, sesame or everything  
21577059\_EA/21577153\_EA

**\$3** 540 g





**1.49** each  
Unico pasta 700/900 g or pasta sauce 680 mL selected varieties  
20311358001\_EA/20311358002\_EA



**.88** 284 mL  
Campbell's condensed soup selected varieties  
20176214001\_EA/20176214003\_EA



**1.29** each  
Neilson chocolate milk 750 mL or milkshakes 310 mL selected varieties  
20766719\_EA/21040942\_EA

**4.99** lb 11.00/kg  
milk chocolate covered almonds  
20052339\_KG



**4.99** each  
Tide laundry detergent 1 L, Pods or Flings 12-16's, Downy or Gain fabric softener .946 L-1.31 L, Bounce sheets 40-80's or beads 141 g, selected varieties  
20301481001\_EA/21182552\_EA



**3.99** each  
Eska natural spring water 24x500 mL or PC® or Blue Menu® sparkling water 6/12x355 mL/6x500 mL selected varieties  
200711779\_EA/20668034002\_EA



**11.99** 10 kg  
Robin Hood or Five Roses all purpose flour selected varieties  
20134743\_EA/20251651\_EA



**4.99** 90-165 g  
Nestlé After Eight, Terry's chocolate orange, Nestlé Turtles or M&M's candy selected varieties  
20081044\_EA/21194228\_EA



**3.79** 190-280 g  
Miss Vickie's, Sun Chips, Havoc or Smartfood selected varieties  
20972859\_EA/21240703\_EA



**5.49** 475-778 g  
Cheerios, Cinnamon Toast Crunch, Oatmeal Crisp or Fibre One selected varieties  
21103492\_EA/21103495\_EA



**5.99** each  
Activia 12x100 g or Oikos 650/750 g yogurt selected varieties  
20303412001\_EA/21305945\_EA



**4.99** each  
Dr. Oetker rising or thin crust 439-785 g or Easy Pizzi 200-576 g pizza selected varieties, frozen  
21106361\_EA/21359564\_EA



**6.99** 12x355 mL  
Coke, Pepsi or Canada Dry soft drinks selected varieties  
20318694002\_C12/20322361002\_C12



**2.99** each  
Kraft salad dressing 425 mL, PC® vinaigrette 350 mL, salad topper 100 g or croutons 140 g selected varieties  
20796248002\_EA/21072462\_EA



**12.99** 454 g  
Kicking Horse organic whole bean coffee selected varieties  
20322468001\_EA/20322468006\_EA

Prices effective at Vaughan, Toronto, Etobicoke and Bolton stores only.

Flyer prices effective from Thursday, November 21st, to Wednesday, November 27th, 2024 Visit us at [fortinos.ca](https://fortinos.ca). FOLLOW US ON

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit [pcoptimum.ca](https://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2024 Loblaws Inc. All rights reserved.

this product is printed using vegetable-based inks



PRODUCE • Nature's Bounty arriving fresh daily!



<p><b>149</b> each Ataulfo mango product of Peru or Brazil 20121509001_EA</p>	<p><b>1499</b> 2 kg case Hachiya persimmons product of U.S.A. 21048079_EA</p>	<p><b>299</b> lb 6.59/kg Bosc pears product of Ontario, Canada Extra Fancy grade 20287815001_KG</p>	<p><b>599</b> lb 13.21/kg jumbo chestnuts product of Italy 20061606001_KG</p>	<p><b>2699</b> 2 kg case prickly pear case product of Colombia 20048357001_EA</p>
---	---	---	---	---

<p><b>199</b> lb 4.39/kg cut pumpkin product of Mexico 20615981001_KG</p>	<p><b>199</b> lb 4.39/kg celery root product of Canada 20038258001_KG</p>	<p><b>499</b> each leeks product of Canada 20090117001_EA</p>	<p><b>329</b> each bunched carrots product of U.S.A., no. 1 grade 20047449001_EA</p>	<p><b>299</b> lb 6.59/kg Brussels sprouts product of U.S.A. or Holland, no. 1 grade 20036155001_KG</p>
---	---	---	--	--

<p><b>1099</b> 2x227 g POM Arils club pack, product of U.S.A. 20930813_EA</p>	<p><b>1399</b> 1.4 L Pom Wonderful pomegranate juice 100% product of U.S.A. 20123288_EA</p>	<p><b>699</b> 454 g PC® in shell mixed nuts product of U.S.A. 21313459001_EA</p>	<p><b>599</b> 315-359 g Arte salad blend kits all varieties, product of Canada 21631262_EA/215602001_EA</p>	<p><b>749</b> 3 L PC® apple cider selected varieties, product of Ontario 20000005_EA/20145748_EA</p>
---	---	--	---	--

PICK ORGANIC • Over 150 items available every day!

<p><b>399</b> 242 mL/250 g Mother Raw organic and plant based dressings or dips all varieties, product of Ontario 21406092_EA/21406265_EA</p>	<p><b>699</b> 10 lb bag organic yellow or russet potatoes product of Ontario, Canada no. 1 grade 21026783001_EA/21008749001_EA</p>	<p><b>589</b> 150 g PC® Organics Umami mix mushrooms product of Ontario 21005517_EA</p>	<p><b>399</b> 454 g organic lemons product of South Africa or Mexico 20972626001_EA</p>	<p><b>199</b> lb 4.39/kg organic butternut squash product of Ontario 20051060001_KG</p>
---	--	---	---	---

# RADICCHIO

Radicchio is part of the chicory, bitter greens family. It is used in salads, and can also be grilled which brings out their bitter, peppery taste.



**3.99** lb  
8.80/kg  
Product of Mexico or Canada  
20149993001\_KG

**3.99** lb  
8.80/kg  
Mild and less bitter than other varieties. Delicious with olive oil & salt, or with aioli.  
Product of U.S.A. or Mexico  
21456117001\_KG

**6.99** lb  
15.41/kg  
Cream coloured with splashes of red for those who love Italian bitter greens.  
Product of U.S.A. or Mexico  
20613160001\_KG

# HERBS

Fresh herbs are the quintessential go-to for cooking. Bringing your dish to life, fresh herbs infuse phenomenal flavours into any sauce, stew or pizza.

**2.99**  
each



**BASIL**  
Basil is best used fresh, either torn, chopped or crushed, or infused in olive oil.

21184798\_KG/21184893\_KG



**THYME**  
Thyme adds an earthy flavour to roasted root vegetables, meat & poultry.

21184888\_KG/2091520\_KG



**ROSEMARY**  
The signature flavour for Italian focaccia, pizza and other savoury pastries.

21184843\_KG/20937494\_KG



**CHIVES**  
Fresh, chopped chives flavour soft cheeses, butters, dressings and marinades.

21184809\_KG/20915665\_KG



**MINT**  
Used in both sweet and savoury dishes, notably salads, marinades for lamb and seafood.

21184835\_KG/20915386\_KG

Product of Canada or Mexico



Ontario turkey raised & processed in Amherstberg, Ontario



**4.49** lb Belwood turkey drumsticks  
9.90/kg 21620757\_KG

Belwood split turkey wings  
9.90/kg 21620600\_KG

**12.49** lb Belwood turkey breast scallopini  
27.54/kg 21620776\_KG

**7.49** lb Belwood bone-in turkey breast  
16.51/kg 21620851\_KG



**8.49** lb boneless veal stew  
18.72/kg 20859401\_KG

**6.99** lb lean ground veal  
15.41/kg 20856914\_KG

**3.49** lb pork loin centre-cut chops  
7.69/kg 20822907\_KG

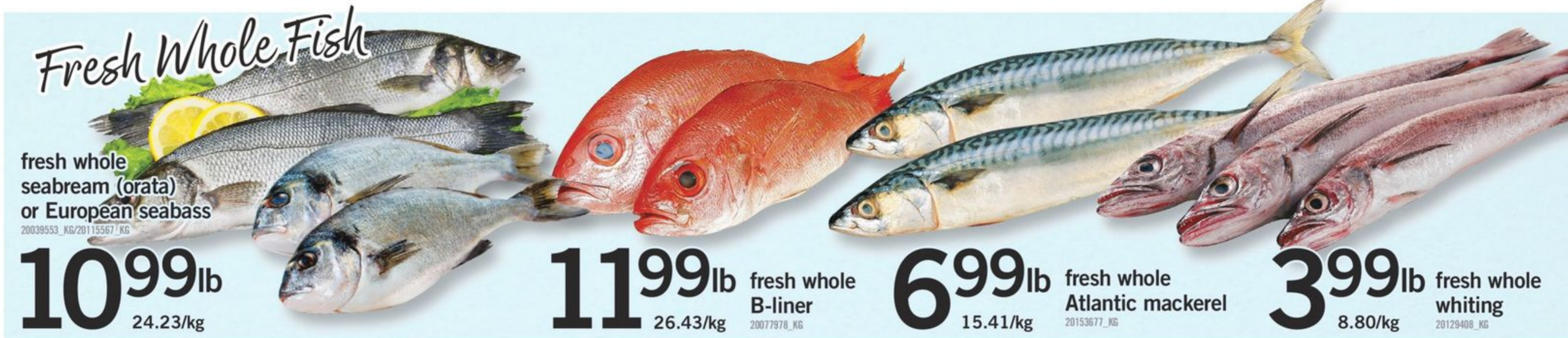
**4.99** lb pork loin fast fry centre-cut chops  
11.00/kg 20823073\_KG

**7.49** Butterball turkey bacon selected varieties  
300/375 g 20016865\_EA

**17.49** 44th Street beef pot roast  
575 g 21417166\_EA

**\$9** PC® French Onion Soup Phyllo Straws frozen  
240 g 21612011\_EA

**7.49** Wong Wing entrées selected varieties, frozen  
400/500 g 20162067\_EA/20506437\_EA



**10.99** lb fresh whole seabream (orata) or European seabass  
24.23/kg 20039553\_KG/20115567\_KG

**11.99** lb fresh whole B-liner  
26.43/kg 20077978\_KG

**6.99** lb fresh whole Atlantic mackerel  
15.41/kg 20153677\_KG

**3.99** lb fresh whole whiting  
8.80/kg 20129408\_KG



**7.49** SeaQuest® cod, sole, tilapia or haddock frozen  
400 g 20036614\_EA/20048346\_EA



**12.99** PC® breaded butterfly or coconut shrimp frozen  
400/454 g 20080117\_EA/20135874\_EA



**10.99** PC® smoked salmon selected varieties, frozen  
150 g 20055009\_EA/20108286\_EA



**\$13** PC® Salmon Tatakis  
130 g 21616709\_EA/21616769\_EA

**PANE Fresco**  
Eating Well Made Easy

Olivieri sauce selected varieties \$7.49 600 mL

**9.49** Olivieri fresh pasta or gnocchi selected varieties 500-700 g 20915948\_EA

**6.99** Reser's Main St. Bistro sides selected varieties 482-680 g 20339446\_EA

**6.99** Vegetable Korma Pie Tarte aux légumes Korma 150/200 g 21179444\_EA/21470637\_EA

**9.49** Soup's On soup selected varieties 925 mL 21190130\_EA

**DELI • Always freshly sliced or shaved your way!**

**9.99 lb** Ziggy's® smoked or cooked chicken breast or Schneiders old fashioned ham 2.20/100 g 20315624\_KG/20311436\_KG

**9.99 lb** Ziggy's® honey maple or Black Forest ham 2.20/100 g 20323392\_KG

**13.99 lb** Venetian Genoa salami selected varieties, deli sliced or shaved 3.08/100 g 20303649\_KG

**7.99** Spanish imported deli meats all varieties 50-100 g 21595054\_EA/21594959\_EA

**18.99 lb** Le Gruyere King cut deli cut 41.87/kg 20725775\_KG

**17.99 lb** Agropur Ile de France brie or Jarlsberg cheese 39.66/kg 21157646\_KG

**6.49** Boursin cheese 150 g 20116794\_EA

**6.99** PC® sliced cheese selected varieties 140-170 g 20216643\_EA

**BAKERY • Baked fresh by Bakers with passion!**

**29.99** LA ROCCA Creative Cakes cheesecake cherry, brownie chocolate or cookies and cream 1.3-1.8 kg 20296109\_EA/20312787\_EA

**29.99** 1/4 slab strawberry shortcake \$44.99 1.3 kg 20592878\_EA/20593060\_EA

**2.99** strawberry shortcake 8" 1 kg 20592878\_EA/20593060\_EA

**2.99** assorted cafe desserts selected varieties each 20592874\_EA

**4.99** baked in store croissants selected varieties 600 g 21527027\_EA/21291173\_EA

**3.79** baked in store Texas hot dog or hamburger buns 8's 20711614\_EA/20711617\_EA

**8.99** baked in store double crust 9" pie harvest apple, blueberry, strawberry rhubarb or apple crumble 1 kg 21340135\_EA

**3.79** D'Italiano bread 600/675 g or buns 6/8's 420 g selected varieties each 20038335\_EA/20673208\_EA



**NEW**

# CONVENIENT MEALS

## Ready To Cook

- Made with Ontario turkey
- Oven Safe Pan



**ONTARIO TURKEY**

**NEW**

**9.99**  
800 g

**meatloaf**  
turkey or traditional

21633962\_EA/21633681\_EA

- Made with Ontario turkey breasts
- Oven Safe Pan
- Raised without the use of antibiotics
- Convenient Pop up timer

**ONTARIO TURKEY**

**19.99**  
800 g

**boneless turkey breast roasts**  
seasoned or sage & onion

21632573\_EA/21634139\_EA



**ONTARIO TURKEY**

**NEW**

**7.49**  
400 g

**turkey meatballs**

21633604\_EA

- Made with Ontario Turkey
- Seasoned with garlic, lemon zest & herbs



**Insiders Report™**

# 100+ new products to discover



**It's here!**

**PICK UP A COPY OR CLICK HERE TO DISCOVER MORE**



**\$7** each  
PC® Candy Cane ice cream 1.5 L or bar 6's selected varieties, frozen  
20810224\_EA/20911591\_EA



**\$4** 1 L  
PC® egg nog selected varieties  
21546818\_EA/21546822\_EA



**550** 6's  
PC® Cookie Dough bites selected varieties, frozen  
21506998\_EA/21545109\_EA



**599** 450 g  
PC® puff pastry  
21288950\_EA



**279** 200 g  
PC® Loads Of™ Flavour chips selected varieties  
20840911001\_EA/20840911002\_EA



**279** 100 g  
PC® butter twists selected varieties  
20538543002\_EA/20538543003\_EA



**299** 185 g  
PC® scalloped crackers selected varieties  
20603888002\_EA/20603888003\_EA



**1299** 500 g  
PC® Belgian chocolate biscuit collection  
20967791\_EA



**1999** 1 kg  
PC® Luxury biscuit tin  
21456468\_EA



**599** 700 g  
PC® roasted peanuts selected varieties  
20057990001\_EA/20057990003\_EA



**1299** 700/908 g  
PC® chocolate covered almonds or raisins selected varieties  
20984524\_EA



**750** 750 mL  
PC® dealcoholized wine selected varieties  
21045800\_EA/21403385\_EA



**449** 6x355 mL  
PC® M'AQUA cocktail flavoured sparkling water selected varieties  
21590669\_C06/21590689\_C06



**349** 20's  
PC® herbal tea selected varieties  
21105270\_EA/21467333\_EA



**\$17** 875-930 g  
PC® whole bean or ground coffee selected varieties  
21393334\_EA/21393573\_EA



**599** 350-500 g  
PC® hot chocolate selected varieties  
21480613\_EA/21549129\_EA



**\$7** 250 g  
PC® candy cane pods or winter blend ground coffee selected varieties  
21543666\_EA/21471877\_EA



# Hosting family or needing to cater your office party?

Look to Pane Fresco. We've got you covered with great food to go. From apps to mains, sides, pastas & pizzas, we have it all and more!

PANE *Fresco*  
by FORTINOS

CATERING MENU  
Winter 2024/2025



*Entertaining Made Easy!*

*That's Eating  
Well Made Easy!*

Visit [pane-fresco.ca](http://pane-fresco.ca)  
or Click Here!

PANE *Fresco*  
by FORTINOS

# DAIRY & FROZEN



**3<sup>99</sup>** Kellogg's Eggo waffles  
8's selected varieties, frozen  
20302779\_EA



**2<sup>79</sup>** Pillsbury refrigerated  
dough selected varieties  
21505340\_EA



**5<sup>49</sup>** Ontario ravioli  
454 g  
20307416001\_EA



**3<sup>99</sup>** iÖGO nanö yogurt  
6x93 mL selected varieties  
20609687001\_EA



**1<sup>79</sup>** no name® spinach  
300 g chopped or whole leaf, frozen  
20611796\_EA



**3<sup>49</sup>** Gay Lea sour cream  
500 mL selected varieties  
20317536001\_EA



**3<sup>79</sup>** Cavendish Farms hashbrown patties  
600 g selected varieties, frozen  
20287397001\_EA



**1,000<sup>00</sup>** JELL-O  
356 g strawberry fraise  
21019795\_EA



**4<sup>49</sup>** Cavendish Farms premium fries  
400-750 g selected varieties, frozen  
20729779\_EA



**5<sup>99</sup>** Ben & Jerry's ice cream  
473 mL selected varieties, frozen  
21428403\_EA



**4<sup>99</sup>** Ristorante or Casa Di Mama frozen pizza  
320-410 g  
20852957\_EA



**6<sup>99</sup>** Sicilian ice cream crepes  
4x110 mL  
21116442\_EA



**6<sup>49</sup>** Häagen-Dazs novelties  
3/4's selected varieties, frozen  
20302298004\_EA



**13<sup>49</sup>** Nostra cheese cannelloni  
each  
21540891\_EA



**7<sup>99</sup>** Black Diamond Cheestrings  
pkg of 12/16 selected varieties  
20763661\_EA

**5<sup>99</sup>** International Delight coffee whitener  
20895480003\_EA



946 mL



**7<sup>99</sup>** Lactantia sticks or lactose free butter  
454 g selected varieties  
20315960\_EA



**27<sup>99</sup>** Mama Yolanda's lasagna  
2.72 kg selected varieties, frozen  
21217142\_EA



**7<sup>49</sup>** Natrel fine-filtered 2% milk  
4 L  
20120856\_EA



**10<sup>99</sup>** iÖGO creamy yogurt pouches  
2 kg selected varieties  
20636092\_EA



**179**  
71 g  
Chef Woo ramen cups  
selected varieties  
21448063\_EA/21448070\_EA



Cadbury 100 g  
chocolate bar  
selected varieties  
20322193001\_EA

**249**  
80-100 g



**399**  
185/200 g  
Christie  
Triscuit crackers  
selected varieties  
21030647\_EA/21032648\_EA



**NEW**

**799**  
each  
Maya Plus  
multigrain 1 L  
or Mazola  
canola, corn  
or vegetable  
oil 1.18 L  
selected varieties  
21406116\_EA/21626515\_EA



**159**  
540 mL  
Primo  
canned beans  
selected varieties  
21187513\_EA/21187516\_EA



Sweet  
Baby Ray's  
BBQ sauce  
selected varieties  
20316609001\_EA/20775516\_EA

**299**  
425 mL



Partake  
non-alcoholic  
beer  
selected  
varieties  
21359004\_C04

**899**  
4x355 mL



Family size

**599**  
374-488 g  
Oreo or Chips  
Ahoy! cookies  
selected varieties  
21014087\_EA/21520747\_EA



**549**  
175/250 g  
Carnation  
hot chocolate  
selected varieties  
21041744\_EA



**329**  
340 g  
No Yolks  
noodles  
selected varieties  
21439286\_EA/21439295\_EA



**299**  
425 mL  
Stagg chili  
selected varieties  
20091906\_EA/20300125004\_EA



Maltesers,  
M&M's or  
Mars chocolate  
stand up pouches  
selected varieties  
21571768\_EA

**579**  
155-193 g



Dare  
Bear Paws  
cookies  
selected varieties  
21081883\_EA

**599**  
337/480 g



Tazo  
concentrate  
21295930\_EA

**699**  
946 mL



Unico tuna  
20113745\_EA

**229**  
198 g



**999**  
1.6 kg  
Dainty rice  
selected varieties  
21284741\_EA/21284743\_EA



Ferrero  
chocolate bags  
selected varieties  
21358719\_EA

**499**  
80/100 g



**249**  
4x99 g  
Snack Pack  
pudding or gels  
selected varieties  
20310707001\_EA/20313115001\_EA

Balzac  
ground or  
whole bean  
coffee  
21189401\_EA/21364302\_EA

**1499**  
300/340 g

Unico  
kalamata olives  
selected varieties  
20324967001\_EA/20324967002\_EA

**399**  
375 mL



# Confectionary



**749**  
100 g  
Lindt  
sweater teddy  
or gold bear  
milk chocolate  
20425424\_EA/21541816\_EA



**1399**  
each  
Kinder  
maxi  
with plush 116 g  
or Christmas maxi  
surprise 150 g  
20697956\_EA/20802923\_EA



**799**  
200 g  
Nestlé  
After Eight  
chocolate  
21383727\_EA/21542944\_EA



**999**  
156/200 g  
Ferrero Rocher  
boxed chocolate  
selected varieties  
20998034\_EA/20981575\_EA



**999**  
244 g  
Ghirardelli  
trio chocolate  
holiday bag  
21541823\_EA



**749**  
142-153 g  
Lindt holiday  
chocolate bag  
selected varieties  
20905452\_EA/21109060\_EA



**999**  
150 g  
Perugina Baci  
boxed chocolate  
selected varieties  
21197947\_EA



**1299**  
360 g  
Toblerone  
festive milk chocolate  
20986959\_EA



**899**  
300 g  
Poppycock  
cashew or original  
popcorn clusters  
2042590001\_EA/2042590002\_EA



**1299**  
700/908 g  
PC® chocolate  
covered almonds  
or raisins  
selected varieties  
20984524\_EA

# Panettone



**1799**  
750 g  
Tre Marie  
Milanese panettone  
20809341\_EA



**1199**  
750 g  
Gioia classic  
panettone  
21550146\_EA



**799**  
800 g  
Milano  
panettone  
fruit cake  
20945356\_EA



**1699**  
700 g  
Bauli  
classic pandoro  
21471790\_EA



**899**  
500 g  
Massimo  
classic pandoro  
21614620\_EA



**1699**  
700 g  
Bauli classic  
panettone  
21471826\_EA



**699**  
750 g  
Massimo  
traditional  
panettone  
21614306\_EA



**1799**  
750 g  
Tre Mari  
pandoro  
classico  
20940751\_EA



**1799**  
800 g  
Gioia classic  
pandoro  
20045077\_EA

# Interesting Finds for the FOODIE



**NEW**

a proud FORTINOS recipe

Oven ready pan!

**9.99** Fortinos meatloaf  
800 g traditional or turkey  
21633681\_EA/21633962\_EA

An easy weeknight dinner made by Fortinos. Comes in an oven proof pan!

These plant-based cream cheese alternatives are Canadian-made, vegan, dairy and wheat free made from cashew milk. A healthy spread alternative.



**11.99** each

Spread'Em truffle & nigella seed 200 g or dill pickle & truffle cashew dip 185 g  
21621546\_EA/21621624\_EA



12 flavours

from **6.99** Toronto Popcorn Company  
each 12 flavours  
21462899\_EA/21462740\_EA

Available in the Bulk Department!

This small family business produces gourmet, handmade popcorn. With small batch production & premium ingredients, TPC has a cult-following, offering traditional & unique flavours.

Taste authentic Asian flavoured ice creams! Matcha green tea and black sesame paste are some of the unique ingredients in these favourites. Less sweet than traditional ice cream flavours, their unusual flavours add to their appeal.



T&T ice cream matcha green tea or black sesame  
21300559\_EA/21297144\_EA

**5.49** each

Famous for honey, Carlise-based Dutchman's Gold also has pure maple syrup, with sap collected from their maple trees. Not just for pancakes, it is delicious wherever you want a luscious, maple flavour!



**10.49** Dutchman's Gold pure maple syrup  
500 mL 21581725\_EA

Find us in Nature's Treasure!

Artisan yogurt made with 100% fresh, whole milk from grass-fed cows that roam local pastures on Vancouver Island and real fruit puree.



**5.99** Tree Island organic yogurt  
350 g natural, coconut lime, Pacific strawberry or Okanagan peach  
21622466\_EA, 21622531\_EA

Find us in Nature's Treasure!

Founded by Alberta Wildland Firefighters who honed their coffee-roasting skills, their organic coffee delivers the perfect balance between bold and easy-drinking. Committed to conservation and environmental stewardship with their buy a bag, plant a tree mission.



**14.99** Canadian Heritage organic whole bean coffee  
340 g selected varieties  
21642718\_EA, 21642499\_EA

# NATURAL HEALTH



**5.99** each  
Jordan's Morning Crisp cereal or granola 325-400 g or Dorset cereal 325-540 g selected varieties  
20184419001\_EA/21522267\_EA



**3.99** 142 g  
PopCorners popped-corn chips selected varieties  
21370205\_EA/21370259\_EA



**3.99** 480 mL  
GT's kombucha selected varieties  
20374106\_EA/20906034003\_EA



case  
**\$18.99** 12x40 g

**1.79** 40 g  
KIND bars selected varieties  
20432550002\_EA/20784073\_EA



**9.99** 360 g  
Blender Bites smoothie cubes selected varieties, frozen  
21535625\_EA/21535627\_EA



**9.99** 236-305 g  
Dript salted maple syrup or hot honey selected varieties  
21592114\_EA/21592127\_EA



**3.99** 120 g  
Prana Granolove squares or granola bars selected varieties  
21517155\_EA/21517171\_EA



**1,000** (MS)  
for every \$5 spent on  
Flow alkaline spring water all varieties & sizes  
21521476\_EA/21033026\_EA



**5.99** 120-184 g  
Mary's Organic crackers selected varieties  
20316727002\_EA/21194340\_EA



**7.99** 450 g  
Yoggu Greek-style plant based yogurt selected varieties  
21528293\_EA/21528302\_EA



**3.49** 330 mL  
Brust cold brew protein coffee selected varieties  
21396467\_EA/21396468\_EA



**8.99** 331-550 g  
Daiya plant based pizza or flatbread selected varieties, frozen  
20826419\_EA/21457730\_EA



**9.99** 335 g  
Carbonaut bagels selected varieties, frozen  
21446961\_EA/21446968\_EA



**10.99** 32 g  
Blume superfood latte selected varieties  
21537308\_C08/21537616\_C08

# HEALTHY SNACKING



**3.99** 300 g  
Neal Brothers tortilla chips selected varieties  
21533054\_EA/21533145\_EA



**3.49** 120/140 g  
Frankie's organic puffs selected varieties  
21285416\_EA/21302941\_EA



**4.99** 125/150 g  
Skinny Pop popcorn selected varieties  
20785418001\_EA/20785418002\_EA



**6.99** 340 g  
Sweet Loren's cookie dough selected varieties  
21530294\_EA



**7.99** 4x330 mL  
Remedy kombucha selected varieties  
21428760\_C04

# BABY



**26<sup>99</sup>** Millie Moon  
diapers size 1-6,  
selected varieties  
54-108's  
21520441\_EA/21520459\_EA



**26<sup>99</sup>** each  
Pampers  
Easy Ups  
56-74's  
or Ninjamas  
34-44's,  
club size  
selected varieties  
21089367\_EA/21308932\_EA



**9<sup>99</sup>** each  
Dove 591 mL  
or Aveeno 354 mL  
baby needs  
selected varieties  
21017298\_EA/21017305\_EA



**59<sup>99</sup>** 16x235 mL  
Similac ready  
to drink formula  
21334696\_C01/21334752\_C01



**38<sup>99</sup>** 550/663 g  
Enfamil  
formula powder  
selected varieties  
20434624\_EA/20435214001\_EA



**2<sup>99</sup>** 35-192 g  
Gerber  
snacks  
or meals  
selected varieties  
20304618008\_EA



**1<sup>99</sup>** each  
Baby Gourmet pouches  
128 mL or Love Child love  
ducks 30 g, selected varieties  
20368074001\_EA/20433609002\_EA



**1<sup>79</sup>** 128 mL  
Gerber  
pouches  
selected varieties  
21024943\_EA/21466955\_EA



**4<sup>99</sup>** each  
Baby Gourmet bars  
or Squoosh 4x90 g  
or cereal 227-228 g  
20625551002\_EA/20649780001\_EA



**1<sup>49</sup>** 8/12 g  
Little Bellies  
baby snacks  
selected varieties  
21295883\_EA/21539324\_EA

# BODY & HEALTH



**4<sup>79</sup>** 75/100 mL  
Sensodyne  
toothpaste  
selected  
varieties  
20301179003\_EA  
20301179006\_EA



**8<sup>99</sup>** each  
Listerine 1 L  
or Method  
refills 828 mL  
selected varieties  
20701283\_EA/21425294\_EA



**9<sup>99</sup>** each  
Dove  
bar soap 6's  
or body  
wash 591 mL  
selected varieties  
21237519\_EA/21518321\_EA



**9<sup>99</sup>** each  
Aveeno  
354 mL,  
Lubriderm  
or Curel  
480 mL lotion  
selected varieties  
20213025001\_EA/20318600\_EA



**6<sup>99</sup>** each  
Secret  
or Old Spice  
deodorant  
73/85 g or  
Head & Shoulders  
hair care 370 mL  
selected varieties  
21078091\_EA/21163481\_EA



**10<sup>99</sup>** each  
Always  
pads, liners  
or Tampax  
tampons  
selected varieties  
and sizes  
21000869\_EA/21178847\_EA



**18<sup>99</sup>** each  
Depends  
or Poise  
12-60's  
or liners  
114-126's  
selected varieties  
20558843005\_EA/21100737\_EA



**14<sup>99</sup>** each  
Ensure  
6x235 mL  
or Glucerna  
6x237 mL  
selected varieties  
20180283003\_EA/20308731008\_C06



**7<sup>99</sup>** each  
Life Brand®  
epsom salts  
unscented 4 kg  
or scented 2 kg  
21257468\_EA/21257474\_EA



**15<sup>99</sup>** each  
Tylenol  
100-150's,  
Voltaren  
100-120 g  
or Pepcid  
AC 25's  
selected varieties  
20040611\_EA/20309364001\_EA

# HOUSEHOLD



**Snuggle**  
fabric softener  
1.47 L/60 WL  
or fabric softener  
sheets 120's  
selected varieties

**6<sup>99</sup>**  
each



**Glad**  
garbage bags  
selected varieties

**8<sup>99</sup>**  
10-52's



**Finish**  
dishwasher tabs  
selected varieties

**17<sup>49</sup>**  
40-55's



**Clorox**  
bleach 2.4 L  
or Pine-Sol  
multi purpose  
cleaner 1.41 L  
selected varieties

**5<sup>99</sup>**  
each



**Royale**  
bathroom tissue  
velour or original

**11<sup>99</sup>**  
12=24



**Palmolive**  
liquid  
dish soap  
selected varieties

**4<sup>49</sup>**  
961 mL



**Ziploc**  
sandwich bags  
or freezer bags  
selected varieties  
and sizes

**5<sup>49</sup>**  
10-90's



**Clorox**  
disinfecting  
wipes

**5<sup>99</sup>**  
75 ct



**Febreze**  
Plug Ins  
2 pack refills

**12<sup>99</sup>**  
52 mL



**Sponge Towels**  
Ultra Pro  
paper towels

**17<sup>99</sup>**  
6=12 rolls

# PET NEEDS



**Purina Beneful**  
IncrediBites  
wet dog food

**1<sup>29</sup>**  
85 g



**Blue Buffalo**  
dog treats  
selected varieties

**6<sup>99</sup>**  
170 g



**Pedigree**  
Dentastix  
dog treats  
selected varieties

**11<sup>99</sup>**  
396-608 g



**Zoë**  
small breed  
dry dog food

**14<sup>99</sup>**  
2 kg



**PC**  
Nutrition First  
dog food  
selected varieties

**28<sup>99</sup>**  
7 kg



**Whiskas**  
Temptations  
cat treats  
selected varieties

**3<sup>79</sup>**  
180 g



**Blue Buffalo**  
Bursts  
cat treats  
selected varieties

**10<sup>99</sup>**  
340 g



**PC**  
Nutrition First  
dry cat food  
selected varieties

**13<sup>99</sup>**  
2 kg



**Blue Buffalo**  
Tasteful  
dry cat food

**20<sup>99</sup>**  
2.2 kg



**no name**  
cat litter  
selected  
varieties

**7<sup>99</sup>**  
7 kg



# Holiday Flowers & Greens

visit [flowersbyfortinos.ca](http://flowersbyfortinos.ca)  
 • Convenient, ready made designs  
 • Locally designed

**\$20-50**

mixed bouquets  
 assorted colours and sizes  
21549450\_EA/ 21549451\_EA

frosty fern  
21169299\_EA

**7<sup>99</sup>**  
 4" pot

Glitz 11"  
 bowl planter  
21512663\_EA

**36<sup>99</sup>**  
 each

amaryllis  
 on birch  
21651500\_EA

**29<sup>99</sup>**  
 each

large North Pole  
 snowflake  
21566771\_EA

**59<sup>99</sup>**  
 each

poinsettia  
 in 4.5" tin  
20801187\_EA

**\$8**  
 each

poinsettia  
 in 7" tin  
 selected varieties  
20126882\_EA

**\$15**  
 each

large poinsettia  
 in 8" tin  
20287881\_EA

**\$30**  
 each

large  
 holiday planter  
21501026\_EA

**\$40**  
 each

premium  
 holiday planter  
21501030\_EA

**\$60**  
 each

jumbo  
 holiday planter  
21501337\_EA

**\$100**  
 each

PC® Christmas  
 trees 6-8 ft  
20038433\_EA

**\$65**  
 each

# Holiday Bulk



**132** /100 g  
5.99/lb  
mini candy canes  
20009343\_KG



**.88** /100 g  
3.99/lb  
holiday jujubes  
21626348\_KG



**.88** /100 g  
3.99/lb  
jumbo gums  
21626458\_KG



**110** /100 g  
4.99/lb  
holiday gummy bears  
21633734\_KG



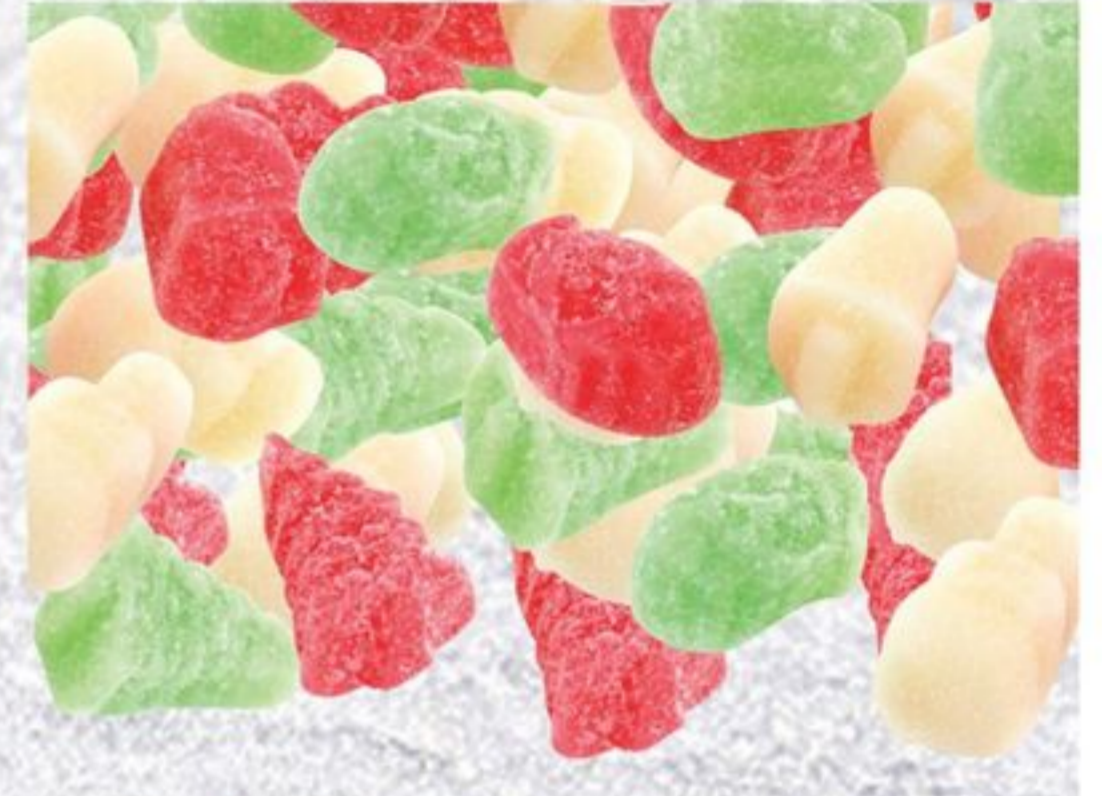
**.88** /100 g  
3.99/lb  
holiday jelly wreaths  
21633652\_KG



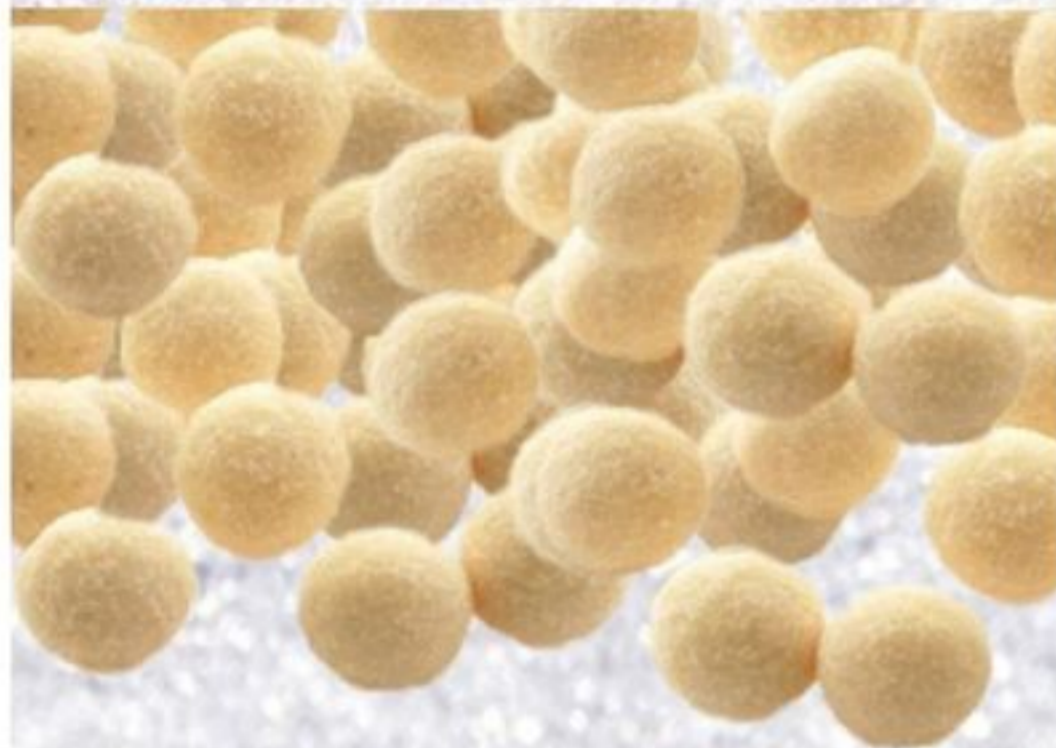
**.88** /100 g  
3.99/lb  
jelly beans  
20986482\_KG



**110** /100 g  
4.99/lb  
holiday reindeer corn  
21424793\_KG



**110** /100 g  
4.99/lb  
holiday jelly mix  
21554254\_KG



**330** /100 g  
14.99/lb  
sugar cookie bites  
21633742\_KG



**308** /100 g  
13.99/lb  
red & green chocolate M&M's  
21555942\_KG



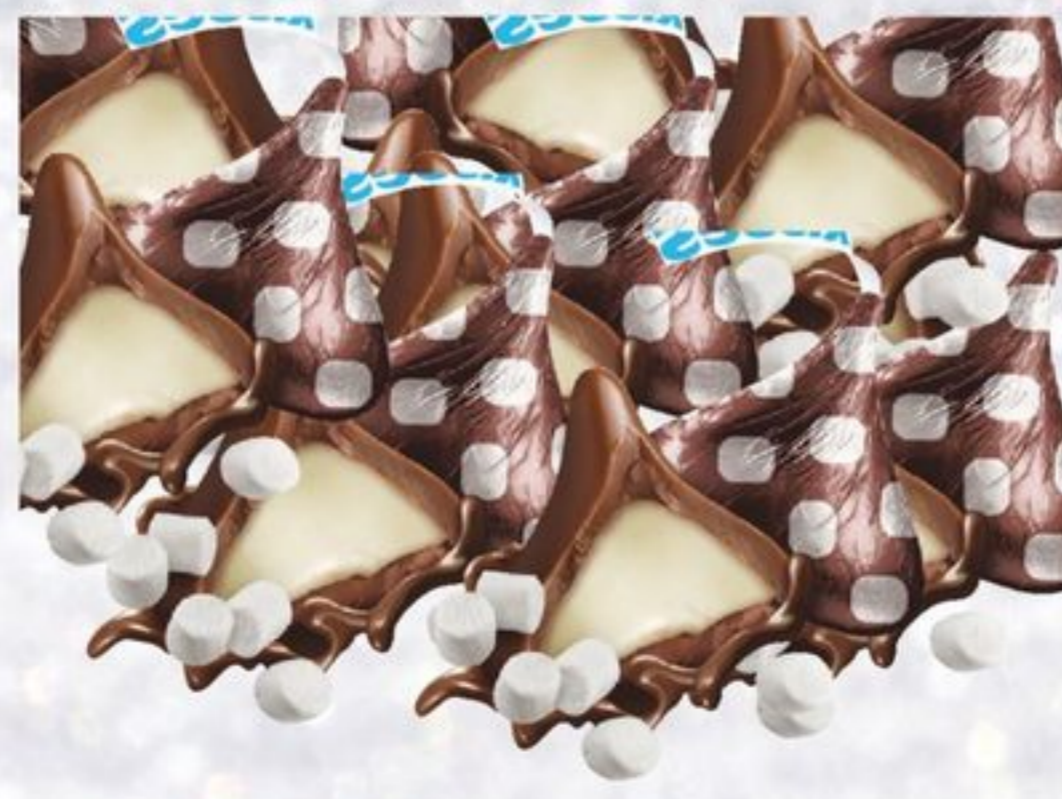
**308** /100 g  
13.99/lb  
red & green peanut M&M's  
21566819\_KG



**220** /100 g  
9.99/lb  
yogurt snowflake pretzels  
21494007\_KG



**220** /100 g  
9.99/lb  
Hershey's Christmas Kisses  
20114668\_KG



**286** /100 g  
12.99/lb  
hot cocoa holiday Kisses  
21554005\_KG



**286** /100 g  
12.99/lb  
Hershey's candy cane Kisses  
20983721\_KG



**110** /100 g  
4.99/lb  
crushed candy canes  
21074089\_KG

# SEAFOOD



**7<sup>99</sup>** Paese Mio anchovies selected varieties  
150 g 21023473\_EA

**5<sup>99</sup>** Anchor's Bay cooked clam meat or mussel meat frozen  
340 g 20791670\_EA

**10<sup>99</sup>** PC® wild sockeye or Atlantic smoked salmon selected varieties, frozen  
150 g 20055009\_EA

**22<sup>99</sup>** IFC Canadian snow crab clusters cooked, frozen  
500 g (1.1 lb) 21615011\_EA

# EASY MEALS

**6<sup>99</sup>** Lou's Kitchen entrées selected varieties, fully cooked  
375/400 g 20507550\_EA

**1<sup>49</sup>** Carl Buddig sliced meat selected varieties  
55 g 20074681\_EA/20973434\_EA

**6<sup>49</sup>** Maple Lodge or Zabiha Halal chicken bacon selected varieties  
375 g 20099204\_EA

**9<sup>49</sup>** PC® Pub Recipe™ breaded chicken selected varieties, frozen  
700 g 21201320\_EA/21201321\_EA

**9<sup>49</sup>** PC® Free From® meat pies selected varieties, frozen  
500 g 21545274\_EA/21545309\_EA

**7<sup>99</sup>** Maple Leaf Ready Crisp bacon  
65 g 20603086\_EA/20164959\_EA

**8<sup>49</sup>** Beyond Chicken tenders  
227 g 21527730\_EA

# COLLECT & SAVE! BIG

Get one stamp for every \$20\* spent. Collect 20 stamps and get 75% off one piece of high quality Swiss Design Cookware!

While Supplies Last!

\$20\* SPENT  
= 1 STAMP

75%  
OFF\* EACH



\*While supplies last, receive one stamp for every \$20 spent before applicable taxes in a single transaction. When you collect and redeem 20 stamps, you'll get 75% off one (1) piece of Kuhn Rikon Cookware. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. 75% will be deducted from the total purchase amount before sales taxes are applied. Cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. For a digital stamp card, PC Optimum™ members can opt into this program and find a stamp card through the App. One card per account. For a paper stamp card and for non-members see in-store to receive your card. A complete set of 20 digital OR paper stamps must be presented to cashier at time of purchase. A mix of digital and paper stamps collected are not accepted as a complete set. Completed stamp cards can be redeemed up until February 20th, 2025, after which point they expire. All sales are final. Cookware is under warranty for a 2 year period from date of purchase. Exceptions to warranty apply. Cookware eligible for a replacement under warranty can be replaced at your store of purchase until February 20th, 2025 or while supplies last, after which point, please contact [loblawpromotions@l-founders.com](mailto:loblawpromotions@l-founders.com) for replacement of product. For full warranty information, FAQ's and complete offer details, please visit [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave).

**Leclerc** 1905

**Nügabar**  
NEW  
SOFT DOUGH WITH FROSTED CRISP RICE AND CASHEWS  
CHOCOLATE & CARAMEL  
MADE WITH REAL MILK CHOCOLATE  
175g 5 BARS

**NOVED PRODUCT OF THE YEAR CANADA**  
Consumer Survey of Product Innovation 2024

**CÉLEBRATION**  
BUTTER COOKIES  
MILK CHOCOLATE  
240g

**GO PURE**  
SOFT BAKED OATMEAL BARS  
CHOCOLATE CHIP  
175g 5 BARS

**GO PURE**  
SOFT BAKED OATMEAL BARS  
BROWNIES  
175g 5 BARS

**\$3.99** Nügabar Bars  
Selected varieties  
175 g - 223 g  
21536596

**\$4.29** Célébration, Cookies  
Selected varieties  
180 g - 350 g  
20853797001, 20965372

**\$3.49** Go Pure Bars  
Selected varieties  
140 g - 175 g  
21575687

**Ronald McDonald House Charities CANADA**  
Keeping Families Close®

**\$1 from every McCafé purchase helps support RMHC® Canada\***

\*For each retail McCafé® coffee product purchased from December 1 to 31, 2024, \$1 will be donated to Ronald McDonald House Charities® Canada, up to a maximum of \$100,000.

**McCafé® French Vanilla Flavoured K-Cup® Pods**  
12ct  
21550166\_EA

**McCafé® Caramel Flavoured K-Cup® Pods**  
12ct  
21583779\_EA

**McCafé® Premium Roast K-Cup® Pods**  
12ct  
21238598\_EA

**\$10.99**

**Real Italian Taste**

**RIO more**

**NEW** **RIO more** **Filodoto**  
Solid Light Tuna in Olive Oil – No Drain, 3 x 65g  
\$6.99

**RIO more** **Insalatissime**  
Insalatissime Light Tuna Salad 1 x 160g  
\$3.99

**NEW** **RIO more** **Insalatissime**  
Insalatissime Light Tuna Salad Twin Pack, 2 x 160g  
\$7.49

**RIO more** **Salmon Fillet**  
Salmon Fillet in Extra Virgin Olive Oil and Water, 1 x 125g  
\$7.99

**Goldfish**  
NEW NOUVEAU  
CRISPS CROUSTILLANTS  
CHEDDAR  
156g-227g  
21575295\_EA; 21472373\_EA; 21547130\_EA

**Goldfish**  
LIMITED EDITION  
elf  
BAKED GRAHAM SNACKS  
156g

**3.49**  
Pepperidge Farm® Goldfish® Crackers, 156g-227g selected varieties

**SNYDERS**  
PIÈCES BOUCHÉES  
240g  
20316052004\_EA; 20316052001\_EA

**3.49**  
Snyder's of Hanover® Pretzels, 240g selected varieties

**KETTLE**  
AIR FRIED Frites à l'air chaud  
156g-198g  
21589837\_EA; 21520692\_EA

**3.99**  
Kettle® Brand Kettle Chips, 156g-198g selected varieties

© 2024 Campbell Company of Canada

PUT  
**EASE**  
INTO YOUR  
SEASON!



**349**

VH™ SAUCES  
341 mL - 355 mL  
20984013\_ML  
20308726001\_ML



We believe doing better  
tastes good.



16.99  
frozen, 700 g



11.49  
frozen, 400 g



15.99  
frozen, 454-480 g

Ontario-raised organic chicken, turkey, and eggs.



NON-GMO  
GRAIN FED



ANTIBIOTIC FREE



PESTICIDE &  
HERBICIDE FREE



NO ANIMAL  
BY-PRODUCTS

AFFORDABLE PRICE  
POWERFUL CLEAN



21169575

20083525001



**\$15.99**  
Purex Laundry  
Detergent  
4.08/4.43L

#1 claim based on Nielsen 3 Channel Market Share period ending December 30, 2023  
© 2024 Henkel Canada Corporation. All rights reserved.

IT'S THE  
SEASON  
PROTECT YOUR  
IMMUNE SYSTEM

Jamieson  
NATURAL SOURCES | SINCE 1922

up to  
**20% OFF**

Select Jamieson™  
products.



21449747  
20303216005

youtheory

up to  
**20% off**

select youtheory  
products



2154629

increase resistance  
to stress and anxiety  
with youtheory's  
Ashwagandha

• 1,000 mg of organic ashwagandha  
per serving, including clinically-  
proven KSM-66®

+try youtheory today



**PRIMO**

**2.49**  
Primo Pasta Sauce  
Selected Varieties (680mL)

**1.49**  
Primo Canned Beans  
Selected Varieties (540mL)

**1.79**  
Primo Tomatoes  
Selected Varieties (796mL)

**2.49**  
Primo Passata  
Imported from Italy (680mL)

**1.29**  
Primo Pasta  
Selected Varieties (454g)

**16.99**  
Primo Extra Virgin  
Olive Oil (1L)

**2.49**  
Primo Pizza Sauce Squeeze  
Selected Varieties (375mL)

**2.99**  
Primo Lasagne (500g)











GIVE A NUTRITIOUS TWIST  
TO SNACK TIME

**SWAP**  
FOR

**\$4.49**  
Oikos®  
4 X 100 g

**\$5.99**  
Oikos®  
750 g

**1.99**  
Oikos®  
190 mL

**\$11.99**  
Oikos®  
1.5 kg



**ACTIVIA**

**1 BILLION ACTIVE PROBIOTICS\***

**.99**  
Activia®  
190 mL

**\$4.49**  
Activia®  
650 g

**\$4.99**  
Activia®  
8 x 100 g

**\$11.99**  
Activia®  
2 kg

\* With more than 10<sup>9</sup> CFU Bifidobacterium lactis per serving, a probiotic that contributes to healthy gut flora.



**NEW CHERRY  
FLAVOUR**

**\$5.99**  
Two Good™  
625 g

**\$4.49**  
Two Good™  
4 x 95 g

**NEW**



**try it  
now**

peppermint mocha

**\$5.99**  
International Delight®  
946 mL



**LACTOSE  
FREE**

**\$4.49**  
Danino® - 6 x 93 mL

**NEW**



Activia® / Danone® / Danino® / Two Good™ used under lic., © 2024 Cie Gervais Danone. Oikos® used under lic., © 2024 Danone US, LLC. International Delight® © 2024 WhiteWave Services, Inc. All rights reserved.



Savings you can feel  
with **CanPrev**



21396636\_EA



Clump free, complete dissolve  
collagen. Simply beautiful.

GreatLakesWellness.ca  
@greatlakeswellness #GreatLakesGreatYou



21598384\_EA/21598415\_EA

# Nature's Finest **PROBIOTIC**

FERMENTED ORGANIC COCONUT MILK



- ✓ Dairy-free
- ✓ Gluten-free
- ✓ Sugar-free
- ✓ Cholesterol-free

21299186\_EA

A Natural Synergy of Live and Active Bacteria  
**4+ Trillion CFU per daily TBSP**

[www.theculturedcoconut.ca](http://www.theculturedcoconut.ca)

Cozy up with creamy,  
collagen-infused  
goodness.

Wild caught  
marine collagen ←



21209728 220g

MCT powder ←



21564946 220g

0g of sugar ←



**even more pre-black friday deals!**

Ends November 28  
Regular Price Only | In-Store + Online

**25%**

**off**

**outerwear, winter accessories, snow boots, sweaters, sleepwear, & adult bottoms.\***

**plus door crusher deals!**

Ends December 1 | Select Styles

**JOE FRESH**

**SAVE NOW**

\*Exclusions apply. While quantities last. Offers cannot be combined. Visit [www.joefresh.com/offerdetails](http://www.joefresh.com/offerdetails) for full details.