



WESTERN FOODS

YOUR COMMUNITY FOOD STORE

SINCE 1974 OUR FAMILY RUN BUSINESS HAS SERVED THE WESTERN COMMUNITY.

MORE GREAT SPECIALS IN-STORE!

THURSDAYS ARE SENIORS DAYS SAVE 10% ON MOST ITEMS

EVERGREEN CENTRE, 6660 SOOKE RD 250-642-4134

www.westernfoods.com



We reserve the right to limit quantities. Products may not be exactly as shown. See store for details.

PRICES IN EFFECT NOVEMBER 20 TO NOVEMBER 26, 2024

Open 7:00am - 9:00pm daily | Deli Hot Foods 9am-8pm | Closed Christmas Day | Holiday Hours may differ

PRODUCE

BC Spartan Apples 2.18/kg **99¢/lb**

BC Baby Peeled Carrots 1lb **2/3⁰⁰**

Washington Shallots 6.59/kg **2⁹⁹/lb**

California Clementine Mandarins 2lbs **4⁹⁹ ea**

Costa Rica Pineapples **3⁹⁹ ea**

Washington Russet Potatoes 10lbs **4⁴⁹ ea**

California Fresh Express Caesar Kits **2/9⁰⁰**

Vancouver Island Red Beets 5lbs **3⁴⁹ ea**

California Green Leaf Lettuce **1⁹⁹ ea**

BC Organic Ambrosia Apples 3lbs **4⁷⁹ ea**

Mexico Organic Long English Cucumbers **2/6⁰⁰**

Vancouver Island Red Cabbage 1.96/kg **89¢/lb**

MEAT

AAA Beef Outside Round Roast 11.00/kg **4⁹⁸/lb**

Made in Store Maui Ribs 31.49/kg **14²⁸/lb**

Fresh Island Farmhouse Chicken Breasts Boneless, Skinless 18.49/kg **8³⁸/lb**

Made in Store Sausages Assorted 12.08/kg **5⁴⁸/lb**

Janes Frozen Chicken Assorted 600-700g **11⁹⁹ ea**

Campfire Bacon 375g **4⁹⁹ ea**

Burns Wieners 375g **4³⁹ ea**

SEAFOOD

Fresh Wild Rock Fish 100g **2⁴⁹**

Crab Cakes 100g **2⁸⁹**

Aqua Star Shrimp Cooked or Raw, 340g **11⁴⁹ ea**

FROZEN

Eggo Waffles 280g **3²⁹ ea**

Pillsbury Toaster Strudels 204-326g **3²⁹ ea**

McCain Potato Patties 1.3kg **6⁴⁹ ea**

Green Giant Valley Select Vegetables 400g **2/7⁰⁰**

GROCERY

Hershey's Single Chocolate Bars Various Weights **5/5⁰⁰**

Carr's Table Water Crackers 125g **2⁹⁹ ea**

Montellier Sparkling Water 1L **4/5⁰⁰ +dep**

Hot Kid Rice Crisps 100g **2/5⁰⁰**

Kikkoman Soy Sauce or Teriyaki Sauce 591ml **6⁹⁹ ea**

Bonne Maman Jam 250ml **5⁹⁹ ea**

Pepsi Cola 1L **2/4⁰⁰ +dep**

Adams Natural Peanut Butter 500g **4⁴⁹ ea**

Gerolsteiner Sparkling Mineral Water 750ml **2/6⁰⁰ +dep**

Monster Energy Drinks 4x473ml **10⁹⁹ +dep**

Old Dutch Crunch Potato Chips 200g **2/7⁰⁰**

Stove Top Stuffing 120g **2/4⁰⁰**

Jet Puffed Marshmallows 400g **2/6⁰⁰**

Kellogg's Holiday Rice Krispies 340g **4⁴⁹ ea**

Cheez-It Snack Crackers 200g **2/6⁰⁰**

Clover Leaf Light Tuna Chunk or Flaked 170g **2/4⁰⁰**

Kraft Peanut Butter 1kg **6⁹⁹ ea**

Rogers Fine White Sugar 4kg **5⁹⁹ ea**

Campbell's Chunky Chili 425ml **2/7⁰⁰**

Foothills Cup Cake Ice Cream Cones 21s **3⁴⁹ ea**

Kraft Real Mayonnaise 890ml **5⁹⁹ ea**

McCormick's Hollandaise Sauce 56g **2/4⁰⁰**

Butterfinger Chocolate Bars 54g **4/5⁰⁰**

Dare Bear Paw Cookies 240g **2⁹⁹ ea**

Uncle Luke's Grade A Maple Syrup 375ml **7⁹⁹ ea**

Tropic Isle Coconut Milk 400ml **2/4⁰⁰**

Harvest Acres Pure Pumpkin 796ml **5⁴⁹ ea**

Tropic Isle Fruit Cocktail 398ml **2/3⁰⁰**

Smartfood Popcorn 150g **2/8⁰⁰**

Nabob Fine Grind Coffee Medium Roast 930g **16⁹⁹ ea**

M+M Pouch Pack Candy 155-200g **4⁹⁹ ea**

Monster Energy 473ml **2/6⁰⁰ +dep**

Hawkins Cheezies 210g **2/7⁰⁰**

NATURAL

Clif Bars 68g **1⁸⁹ ea**

Everland Organic Apple Juice 3.78L **15⁹⁹ +dep**

Los Beans Ground Coffee 907g **14⁹⁹ ea**

Pacific Foods Soup 1L **5⁹⁹ ea**

Farming Karma Mocktails 4x285ml **6⁹⁹ +dep**

Manitoba Harvest Organic Hemp Hearts 200g **8⁹⁹ ea**

Everland Trail Mix 150g **3⁹⁹ ea**

Caboo Bath Tissue 12 Roll **9⁹⁹ ea**

NATURAL FROZEN

Little Northern Bake House Bread Various Weights **5⁹⁹ ea**

GLUTEN FREE

Everland Gluten Free Oats 1kg **6⁴⁹ ea**

DELI

Maple Lodge Chicken Breast Regular, Smoked or Cajun **1⁹⁹ /100g**

Soups Etc. Soup 700ml **7⁹⁹ ea**

Mayflower Sausage Rolls **2/3⁰⁰**

Fresh Fried Chicken Wings **2/3⁰⁰**

BAKERY

Made in Store Raisin Bread **2⁹⁹ ea**

Made in Store Cheese Panini 6s **3⁹⁹ ea**

Butter Tart Squares **6⁸⁹ ea**

Apple Crumble 680g **6⁹⁹ ea**

DAIRY

Armstrong Cheddar Cheese 600g **9⁹⁹ ea**

Cracker Barrel Shredded Cheese 320g **5⁹⁹ ea**

Island Farms Chocolate Milk 750ml **1⁹⁹ ea**

Philadelphia Cream Cheese 227-250g **3⁹⁹ ea**