

Serving you since

1929

The COUNTDOWN
TO 100 begins!



CELEBRATING

95

YEARS!

Join us at all 5
Askew's Locations for

DAILY RANDOM PRIZES!

SUNDAY NOV. 3rd
to SATURDAY
NOV. 30th 2024!

Hellmann's
MAYONNAISE
Asst. Var.,
650 - 890 mL



4⁹⁸

Campbell's
CHUNKY SOUP
Asst. Var.,
515 mL



2/4⁹⁸

Fresh
WHOLE CHICKEN
3 Per Bag
6.57/kg



2⁹⁸
lb.

Lactantia
SALTED BUTTER
454 g



5⁹⁸

Chinese
MANDARIN ORANGES
4 lb Box



6⁹⁸
ea.

GROCERY

Everything you need

Primo
PASTA SAUCE
Asst. Var.,
680 mL



3/4⁹⁸

Western Family
**MUSHROOMS
PIECES &
STEMS**
284 mL



98¢

Campbell's
CHUNKY SOUP

Asst. Var., 515 mL

2/4⁹⁸



Bick's
DILL PICKLES
SPECIALTY VARIETIES
Asst. Var.,
1 L



4⁴⁸

Knorr
SIDEKICKS
Asst. Var.
120 - 167 g



2/2⁹⁸

Kraft
KRAFT DINNER
SPECIALTY VARIETIES
Asst. Var.,
156 - 200 g



2/2⁹⁸

Hellmann's
MAYONNAISE
Asst. Var., 650 - 890 mL

4⁹⁸

Clover Leaf
WHITE TUNA
Asst. Var.,
170 g



2⁹⁸

Hidden Valley
**RANCH
DRESSING**
Asst. Var.,
473 mL



3⁹⁸

Western Family
SMOKED OYSTERS
85 g



1⁴⁸

VH
**COOKING & GRILLING
SAUCE**
Asst. Var.,
341 - 355 mL



3⁹⁸

French's
MUSTARD
Asst. Var.,
325 - 550 mL



2⁹⁸

Western Family
CANOLA OIL
946 mL



3⁴⁸

Western Family
REFRIED BEANS
398 mL



1³⁸

Western Family
SALSA
Asst. Var.,
650 mL



3⁴⁸

Everything you need **GROCERY**



Kellogg's
CEREAL
JUMBO PACKS
Asst. Var., 850 g-1.2 kg

8⁹⁸



MINI-WHEATS!
VERY HIGH FIBRE
MADE WITH 100% WHOLE GRAIN
ORIGINAL
1.2 kg

Kellogg's
NUTRI-GRAIN
CEREAL BARS
Asst. Var.
295 g

2⁹⁸



NUTRI-GRAIN
WHOLE GRAIN (GRAINS LISTED)
STRAWBERRY FRAISES
140 CALORIES
295 g e. 8 BARS / BARRES

Smucker's
PURE FRUIT JAM
Sel. Var.
500 mL

4⁹⁸



SMUCKER'S
PURE
Strawberry Jam
Confiture de fraises

Jif
PEANUT BUTTER
Asst. Var.
1 kg

5⁴⁸



Jif
Creamy
Crèmeux

Quaker
RICE CAKES &
CRISPY MINIS
Asst. Var.
90 - 199 g

3⁴⁸



CRISPY minis
CHEDDAR

Nabob
COFFEE
Asst. Var.,
340 g

6⁹⁸



NABOB
COFFEE CO.
ESTD 1896
1896 tradition
MEDIUM MOYENNE
340 g

Del Monte
FRUIT
Asst. Var.
398 mL

2⁴⁸



Del Monte
Quality
FRUIT COCKTAIL

San Pellegrino
ITALIAN SPARKLING
BEVERAGES
Asst. Var.
6 x 330 mL

6⁹⁸ + dep



SANPELLEGRINO
ITALIAN SPARKLING DRINKS
Naturali
LIMONATA

Western Family
JUICE
ORANGE, APPLE
Asst. Var., 1 L

1⁴⁸ + dep



western family
UNSWEETENED
PURE
APPLE JUICE
with vitamin C added
100% JUICE
NOT FROM CONCENTRATE
CANADA CHOICE
1 L
NO ARTIFICIAL
COLOURS OR FLAVOURS
EXCELLENT SOURCE
OF VITAMIN C

Leclerc
CELEBRATION
COOKIES
Asst. Var.
240 g

3⁹⁸



Leclerc
CELEBRATION
MILK CHOCOLATE

Snack Pack
PUDDING PACKS
Asst. Var.,
4 pk

1⁹⁸



Snack Pack
Chocolate • Chocolat
EASY TO USE
FACILE À GŪTER

Christie Premium
PLUS CRACKERS
Asst. Var.
450 - 481 g

4⁶⁸



CHRISTIE
PREMIUM PLUS
UNSALTED TOPS
CRACKERS

Voortman
WAFER COOKIES
Asst. Var.,
300 g

2/4⁹⁸



VOORTMAN
FAKERY
Chocolata
Wafers
CHOCOLATE
WAFER COOKIES

Nestle's
CHOCOLATE BARS
Asst. Var.,
40 - 60 g

3/3⁹⁸



Nestle's
KitKat

Orville Redenbacher
MICROWAVE POPCORN
Asst. Var.,
420 - 516 g

3⁹⁸



Orville Redenbacher
BUTTERY
6 MINS

GROCERY

Everything you need

Cesar
DOG FOOD
Sel. Var.,
100 g



3/4⁹⁸

Whiskas
**PERFECT PORTION
CAT FOOD**
Sel. Var.,
75 g



3/3⁹⁸

Meow Mix
**DRY
CAT FOOD**
Sel. Var., 1.42 kg
6⁹⁸



Tide
**LIQUID LAUNDRY
DETERGENT HE**
1.24 L



9⁹⁸

Fleecy
**FABRIC SOFTENER
LIQUID OR SHEETS**
Asst. Var.,
1.36 L or 80 pk



5⁹⁸

Sponge Towels
ULTRA PRO DOUBLE ROLL
12 Rolls



14⁹⁸



Purex
**BATHROOM
TISSUE**
Triple Roll
12 Rolls

11⁹⁸



OGX
**SHAMPOO &
CONDITIONER**
Asst. Var.,
385 mL

7⁹⁸



Sensodyne
TOOTHPASTE
Sel. Var.,
75 - 100 mL

5⁴⁸



Askew's PHARMACY at Uptown

- + Prescription Services
- + Compliance Packaging
- + Private Medication Reviews
- + Injections
- + Free Prescription Delivery
- + Health and Medication information
- + Custom Orders welcome
- + A wide selection of front store OTC products



The staff at Askew's Uptown Pharmacy want to work with you to improve and maintain your good health.

Call us at 250-832-7655

Open 9 am - 6 pm Monday to Saturday.
Closed Sundays and Statutory Holidays.

Iberogast
SOLUTION
100 mL

28⁴⁹



Ocuvite
ADULT 50+
50 Soft Gels

18⁶⁹



Absorbine
Jr. LINIMENT
Asst. Var.,
60 - 120 mL

5⁹⁹



Everything you need **GROCERY**

Ocean Spray
CRAISINS
Asst. Var.,
142 - 170 g



2/4⁹⁸

Roger's
GRANULATED SUGAR
2 kg



2⁹⁸

Western Family
ALL PURPOSE FLOUR
10 kg

8⁹⁸



Pacific
EVAPORATED MILK
Asst. Var.,
354 mL



3/4⁹⁸

Roger's or Lantic
SUGAR
Golden Yellow, Demerara,
Icing, Old Fashioned Brown
1 kg



2⁴⁸

Quaker
OATS
Asst. Var.,
709 g - 1 kg



3⁹⁸

Natural Bakery
CANADIAN RYE BREAD
500 g



2⁹⁸

Dempster's
ENGLISH MUFFINS
Asst. Var.
6 pk



3⁴⁸

Dempster's
BREAD
WHOLE GRAIN &
SIGNATURE
Asst. Var., 500 - 600 g

3⁹⁸



Fresh Baked In-Store
RAISIN BRAN MUFFINS
6 pk

7⁵⁸



*The appearance of fresh baked product may vary between stores.

Fresh Baked In-Store
SOURDOUGH ROUND LOAF

3⁵⁸ ea.



Fresh Baked In-Store
SOURDOUGH BUNS
6 pk

4²⁸



BAKERY
Prepared with love

MEAT *Carefully sourced*

Fresh
WHOLE CHICKEN
3 Per Bag
6.57/kg



2⁹⁸
lb.

Fresh
BEEF SIRLOIN STEAKS
Top or Bottom
Boneless, Value Pack
22.00/kg



9⁹⁸
lb.



**BEEF SIRLOIN
TIP ROASTS**

Boneless, Grade AA
2 Pack, 17.59/kg

7⁹⁸
lb.

Fresh
**EXTRA LEAN
GROUND BEEF**
Value Pack
14.29/kg



6⁴⁸
lb.

Fresh
PORK LOIN CHOPS
Center Cut, Boneless
Value Pack
10.98/kg



4⁹⁸
lb.

Fresh
CHICKEN THIGHS
Bone In, Skinless
Value Pack
9.88/kg



4⁴⁸
lb.



Fresh
PORK LOIN
Whole, Boneless
8.33/kg

3⁷⁸
lb.

Askew's Own
**CHORIZO PORK
SAUSAGES**

21.56/kg



9⁷⁸
lb.



Harvest
SLICED BACON
Asst. Var.,
500 g



11⁹⁸
ea.

Grimm's
SLICED MEAT
Asst. Var.,
175 g



4⁸⁸
ea.

Grimm's
TOPPERS
Asst. Var.,
175 g



5⁴⁸
ea.

Reser's
POTATOES
Asst. Var.,
482 - 567 g



6⁸⁸
ea.

Olivieri
FILLED PASTA
Asst. Var.,
600 - 700 g



9⁸⁸
ea.

Harvest
**FINE GARLIC
RING**
500 g



7⁹⁸
ea.

Grimm's
SIZZLIN' SMOKIES
Asst. Var.,
450 g



7⁵⁸
ea.

Maple Lodge
CAJUN CHICKEN



1⁹⁷
/100 g

Maple Lodge
CHICKEN
Cooked or Smoked



1⁹⁷
/100 g

DELI

Prepared with love

Maple Lodge
CHICKEN
Oven Roasted or BBQ



3⁷⁷
/100 g



Castello Cheese
AGED COLLECTION
*Asst. Var.,
200 g*



7⁶⁷
ea.

Fresh
SABLEFISH FILLETS
Skin On



2⁹⁸
/100 g

Frozen
**SILVERBRITE
SALMON FILLETS**



1⁹⁸
/100 g

Frozen
**TORTILLA OR COCONUT
CRUSTED TILAPIA**



3¹⁸
/100 g

SEAFOOD

Healthy & delicious

Frozen
**HIGH LINER
FISH**
*Asst. Var.,
500 - 700 g*



10⁸⁸
ea.

Dutch Boy
PICKLED HERRING
*Asst. Var.,
250 g*



5⁹⁸
ea.

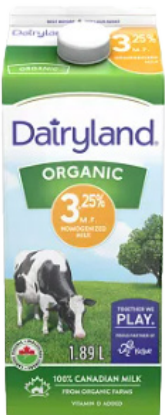


fish FRIDAY
**SOCKEYE SALMON FILLETS
REFRESHED**

DAIRY

From basics to deluxe

Dairyland
ORGANIC MILK
Asst. Var.,
1.89 L Carton



Dairyland
ORGANIC 10% CREAM
946 mL



4⁴⁸
+ dep

3⁹⁸



Armstrong

CHEESE

Asst. Var., 400 g

548

Siggi's
ICELANDIC SKYR YOGURT
Asst. Var.,
650 - 750 g



5⁴⁸

Lactantia
SALTED BUTTER
454 g



5⁹⁸

Earth's Own
DAIRY FREE BEVERAGE
Asst. Var.,
1.75 - 1.89 L



3⁴⁸
+ dep



Armstrong
CHEESE SHREDS
Asst. Var., 450 - 500 g

798



Simply
ORANGE JUICE
Asst. Var.,
1.54 L



4⁴⁸
+ dep

Becel
MARGARINE
Asst. Var.,
637 - 850 g



6⁴⁸

Dairyland
LACTOSE FREE 10% CREAM
946 mL



3⁶⁸

Silk
DAIRY FREE CREAMER
Asst. Var.,
890 mL



4⁴⁸

Kraft
SINGLES CHEESE SLICES
Asst. Var.,
825 g



7⁹⁸

Kraft
CHEEZ WHIZ
900 g



7⁹⁸

Yoplait
YOGURT TUBES
Asst. Var.,
8 pk



2⁹⁸

Danone
ACTIVIA YOGURT
Asst. Var.,
650 g



3⁴⁸

FROZEN

Most practical

Western Family
HOMESTYLE LASAGNA
Asst. Var.
850 - 907 g

4⁹⁸



Western Family
VEGETABLES
Asst. Var.
750 g

2²⁸



McCain
FRIES
SUPERFRIES, EXTRA CRISPY, WEDGES, TASTI TATERS
Asst. Var., 454 - 800 g
2⁹⁸



Western Family
FRUIT
Asst. Var.
400 - 600 g

4⁴⁸



Michelina's
ENTREES
Asst. Var.
255 - 284 g

2/2⁹⁸



Chapman's
SUPER PREMIUM ICE CREAM
Asst. Var.
500 mL

3⁹⁸



Minute Maid
ORANGE JUICE CONCENTRATE
Asst. Var.,
295 mL

3/4⁹⁸



Old Dutch
POTATO CHIPS & RIDGIES
Asst. Var.,
200 - 235 g
2/6⁹⁸

Pepsi, 7-Up, Schweppe's
POP
Asst. Var.
12 x 355 mL

7⁴⁸
+ dep



Everything you need

GROCERY

Lay's
POTATO CHIPS
Asst. Var., 235 g
2/6⁹⁸

Miss Vickie's
POTATO CHIPS
Asst. Var.
200 g

2/8⁹⁸



Old Dutch
PRETZELS
Asst. Var.
240 - 400 g

3⁹⁸



Old Dutch
CHEESE PLEESERS & CRUNCHYS
Asst. Var.
265 - 290 g

3⁹⁸



Coke, Sprite, Canada Dry
POP
Asst. Var.
2 L

2⁶⁸
+ dep



Doritos
TORTILLA CHIPS
Asst. Var.,
235 g

4²⁸



WELLNESS

Living life to the fullest

Healthology
LUNG-FX FORMULA
90 V Cap



32⁹⁸

Helps to relieve excess mucus and clear lungs

NutraSea
OMEGA-3
Asst. Var.,
200 mL



31⁹⁸

Clean, light taste which is easy to absorb

Purica
**EXTRA STRENGTH
RECOVERY**
180 V Caps



33⁹⁸

Reduces back, hip, knee, neck, muscle & soft tissue pain

Elderberry Grove Farm
**ORGANIC ELDERBERRY
SYRUP**
250 mL



26⁹⁸

A local juice that is good for you and good for the planet

Back to Earth
GODDESS SPRAY
Asst. Var.,
120 mL



12⁹⁸

All natural sensuous body spray

Green Beaver
KIDS TOOTHPASTE
Asst. Var.,
110 g



7⁹⁸

Natural toothpaste for kids that is safe to swallow

Aura Cacia
**SWEET ALMOND
OIL**
118 mL



6⁹⁸

Nourishing moisturizer for your skin

Ener-C
**MULTI-VITAMIN
DRINK MIX**
Asst. Var.,
30 Packets



16⁹⁸

Vitamins and minerals for immunity, hydration, travel and everyday activities

Sun Force
RESPIRACTIN
237 mL



15⁹⁸

A delicious herbal tonic that supports the airways while soothing throat

Prairie Naturals
**SPORT PROTEIN
POWDER**
Asst.-Var., 454 g
27⁹⁸



High protein, low carb formula with digestive enzymes. Various flavours available.

** Not all products available at all locations.*

Images courtesy of the Salmon Arm Museum at R.J. Haney Heritage Village.



55. Court House, Salmon Arm



ASKEW'S LOOKS BACK

The **Municipal Hall** was designed by Kamloops architect E.T. Brown and built by well-known Salmon Arm contractor William Reader in **1928**. Prominently placed on the corner of Shuswap and Hudson Streets, it was Salmon Arm's **first constructed** government building.

Nature's Path
**ORGANIC CEREAL
ECO PACKS**
Asst. Var., 650 - 907 g
7⁹⁸

Stash
TEA
Asst. Var.
18 - 20 pk

3⁹⁸



NATURALLY
Good!

OneCoffee
ORGANIC COFFEE PODS
100% Compostable
Asst. Var.
132 g

7⁴⁸



Annie's
**HOMEGROWN PASTA
DINNERS**
Asst. Var.
149 - 170 g

1⁹⁸



Pacific
ORGANIC SOUP
Asst. Var.,
946 mL - 1 L

4⁹⁸



Blue Monkey
**SPARKLING
JUICE**
Asst. Var.,
4 x 250 mL

3⁶⁸ + dep



Rise
**ORGANIC
KOMBUCHA**
Asst. Var.,
414 mL

2⁹⁸ + dep



Perfect Chef
**ORGANIC
PASTA SAUCE**
Asst. Var.,
740 mL

6⁶⁸



Zevia
**ZERO SUGAR
NATURAL SODAS**
Asst. Var., 6 x 355 mL
5⁴⁸ + dep



Applesnax
**ORGANIC
APPLE SAUCE**
620 mL

3⁴⁸



Melts
**ORGANIC PLANT
BUTTER**
4 Sticks
454 g

4⁶⁸



Raincoast
**GLOBAL WILD
SKIPJACK TUNA**
Asst. Var.,
142 g

3⁴⁸



Raincoast
**TRADING WILD
PINK SALMON**
Asst. Var.,
160 g

4²⁸



Eco-Max
**DISHWASHING
LIQUID**
Plant - Based
Asst. Var.,
740 mL

3⁹⁸



Eco-Max
**LAUNDRY
LIQUID**
Plant - Based
Asst. Var.,
3 L

12⁹⁸



PRODUCE

Seasonal goodness & more

Chinese
**MANDARIN
ORANGES**
4 lb Box



6⁹⁸
ea.

California Grown
LEMONS



68^c
ea.

California Grown
**RED OR GREEN
SEEDLESS GRAPES**

6.57/kg

2⁹⁸
/lb.



California Grown
POMEGRANATES
Pom Wonderful
2⁹⁸
ea.



Kids Club Item!

BANANA

Mexico Grown
LIMES



38^c
ea.

BC Grown
CARROTS
5 lb Bag



3⁹⁸
ea.

Mexico Grown
ZUCCHINI
Fancy Grade
2.16/kg



98^c
/lb



Askew's

SA Downtown: 250-832-2064
SA Uptown: 250-832-7622
Armstrong: 250-546-3039
Enderby: 250-838-6064
Sicamous: 250-836-4899

To reduce our environmental impact our flyer is printed on unbleached recycled fibres using soy-based inks.



@askewsfoods | askewsfoods.com
We reserve the right to limit quantities.



Askew's

URNS 95 THIS YEAR!
PROUDLY SERVING YOU SINCE 1929
The countdown to 100 begins!

ALL STORES OPEN DAILY - FOR HOURS VISIT **ASKEWSFOODS.COM**