

# FIND YOUR HEALTHY

## SPROUTS<sup>®</sup> FARMERS MARKET

3 lbs

pure goodness<sup>®</sup> sweet • seedless • easy peel

**HALOS<sup>®</sup>  
SEEDLESS  
MANDARINS**

3 LB. BAG

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value

GREAT PRICES  
— ON THE —  
**FRESHEST  
PRODUCE**

ORGANIC • ORGANIC • ORGANIC ORGANIC • ORGANIC • ORGANIC ORGANIC • ORGANIC • ORGANIC



LARGE 11 OZ.  
PACKAGE

Organic  
Blueberries

**\$5** ea.



Organic  
Red or Green  
Seedless Grapes

**\$2<sup>98</sup>** lb.



8 OZ.

Organic  
Cranberries

**2 for \$5**



LINE DRIVE  
SAVINGS

All Items

Bob's Red Mill  
All Items

**20% off**  
regular retail



Fresh Baked  
Apple or Pumpkin Pie  
8 in.

**2 for \$12**



Sprouts  
Bulk Coffee  
Select varieties

**\$10<sup>99</sup>** lb.





# ORGANIC PROTEINS

- ✓ Raised organically on certified organic land
- ✓ Fed certified organic feed
- ✓ No antibiotics or added growth hormones\*



**Sprouts Organic Whole Chicken**  
No hormones or steroids added, ever!

**\$3.49**  
lb.



**Wild-Caught Raw USA Gulf Shrimp**  
Select varieties, frozen, 16-32 oz.



**All-Natural Grass-Fed 85% Lean or Grain-Fed 93% Lean Ground Beef**  
Grass-fed sold in a 2 lb. package and Grain-fed sold in a 1 lb. package

**\$7.49**  
lb.



**Premium Angus Boneless Beef Ribeye Steak**

**\$18.99**  
lb.



**Premium Angus Boneless Beef Rump Roast**

**\$5.99**  
lb.



**Sprouts All-Natural Pork Ribs Baby Back or St. Louis Style**  
No added hormones or steroids! Previously frozen

**\$4.99**  
lb.



**Dark or Milk Chocolate Almonds**

**\$6.99**  
lb.



**Pecan Halves**

**\$9.99**  
lb.





Sprouts  
Organic Frozen Vegetables  
Select varieties, 16 oz.

**3 for \$8**



Ice Cream For Bears  
Grass-Fed French Ice Cream  
Select varieties, 14 fl. oz.

**\$6.99**  
ed.



Sprouts  
Organic Spices  
Select varieties, 0.15-3.92 oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Ancient Nutrition  
All Items

**LINE DRIVE  
SAVINGS**  
All Items  
**20% off**  
regular retail



Everyday  
low price  
Sprouts Dinner Rolls  
White or Hawaiian, 12 ct.  
**\$7.49**  
ed.



Brioche Petite Rolls  
12 pk.  
**\$4.99**  
ed.



USDA  
ORGANIC  
Sprouts  
Organic Artisan Bread  
Select varieties, 14 oz.  
**\$4.99**  
ed.



Hissho Sweet Potato  
Crunch Roll  
6.7 oz.  
**\$7.49**  
ed.



La Terra Fina  
Mini Quiche  
Select varieties, 6 oz.  
**2 for \$10**



Everyday  
low price  
Maple Walnut  
Crunch Salad  
Made with no  
antibiotics, ever turkey  
**\$9.99**  
lb.



# GATHERING MUST-HAVES

SPROUTS-STYLE

Discover and save on better-for-you recipe essentials, fresh produce & more!



ALWAYS FRESH NEVER FROZEN

Thick-Sliced Smoked Bacon  
Old-fashioned, hickory

**\$4<sup>99</sup>** lb.



6 oz.

Blueberries or Raspberries

**2 \$5** for



Sprouts Stuffing  
Select varieties, 10 oz.

**\$3<sup>99</sup>** ea.



USDA ORGANIC

Organic Fuyu or Hachiya Persimmons

**2 \$3** for



Sprouts Crackers  
Select varieties, 4.4-16 oz.

**2 \$6** for



Sprouts Olives, Tapenade, Peppers or Pickles  
Select varieties and sizes

**2 \$7** for





Bulk  
Organic Spices or Rubs  
Select varieties

**10%** off  
regular retail



Sprouts  
Organic Turkey Gravy  
17.6 oz.

**2 for \$7**



Sprouts Organic  
Cranberry Sauce  
or Organic Pumpkin  
Select varieties, 14 or 15 oz.

**2 for \$5**



Sprouts  
Canned Vegetables or  
Organic Canned Beans  
Select varieties, 14.5-15.5 oz.

**3 for \$5**



Sprouts  
Kitchen Essentials  
Select varieties and sizes

**20%** off  
regular retail



Sprouts  
Gluten Free  
Rosemary & Sage Stuffing  
12 oz.

**\$6.99**  
ed.



Sprouts  
Cornbread Mix  
12 oz.

**2 for \$5**



Sprouts  
Traditional Apple Cider  
64 fl. oz.

**\$5.99**  
ed.



Urban Pie Pizza Co.  
Frozen Roman Style Pinza  
Select varieties, 13-15.75 oz.

**\$9.99**  
ed.



Beecher's  
Frozen Entrées  
Select varieties, 18-21 oz.

**\$12.99**  
ed.



**PRE-ORDER  
TODAY!**

Limited quantity meats,  
meals\* and party trays!

\*Please allow two hours for reheating.

**PRE-ORDER**

# UNCORK THE CHEER

Delicious, perfectly paired wines  
selected by our sommelier.

**SPROUTS-STYLE**



**LAUREL & BAY**  
Sonoma Coast  
Pinot Noir



**LIFTED**  
Santa Maria Valley  
Chardonnay



**MUDDLE + SPEAR**  
Espresso Martini

**SWEET  
BUZZY SIPS  
TO END YOUR  
FEAST!**





Blueberries

LARGE 18 OZ. PACKAGE!

\$5.99 ea.



Navel Oranges

4 lbs. for \$5



Large Pomegranates

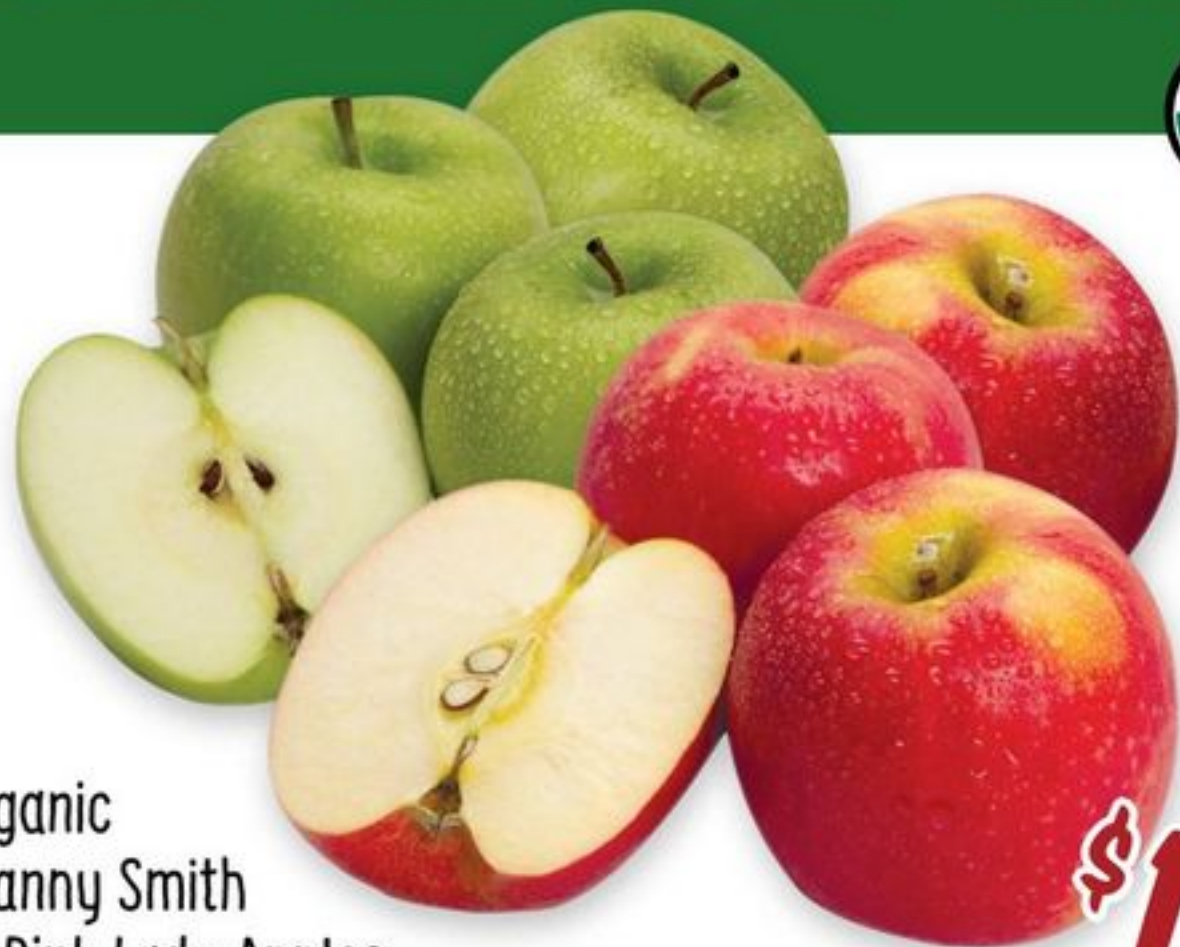
2 for \$5



Holiday Red Grapes

\$2.48 lb.

ORGANIC • ORGANIC • ORGANIC • ORGANIC



Organic  
Granny Smith  
or Pink Lady Apples

\$1.88 lb.



ORGANIC • ORGANIC • ORGANIC • ORGANIC



Organic  
Large Hass Avocados

2 for \$4



ORGANIC • ORGANIC • ORGANIC • ORGANIC



Organic  
Asparagus

\$3.98 lb.



ORGANIC • ORGANIC • ORGANIC • ORGANIC



Organic  
Red Mangos

3 for \$5





# MARINATED MEATS AND SEAFOOD

## SPROUTS-STYLE

### UNCORK THE CHEER

Find the perfect holiday wine pairing

[SHOP SIPS](#)

Exclusive, chef-created recipes full of flavor

#### Premium Quality Meats



##### KOREAN BBQ

- Chicken wings
- Beef or chicken skewers
- Beef steak

#### Responsibly Sourced Seafood



##### CITRUS LEMON

- Salmon



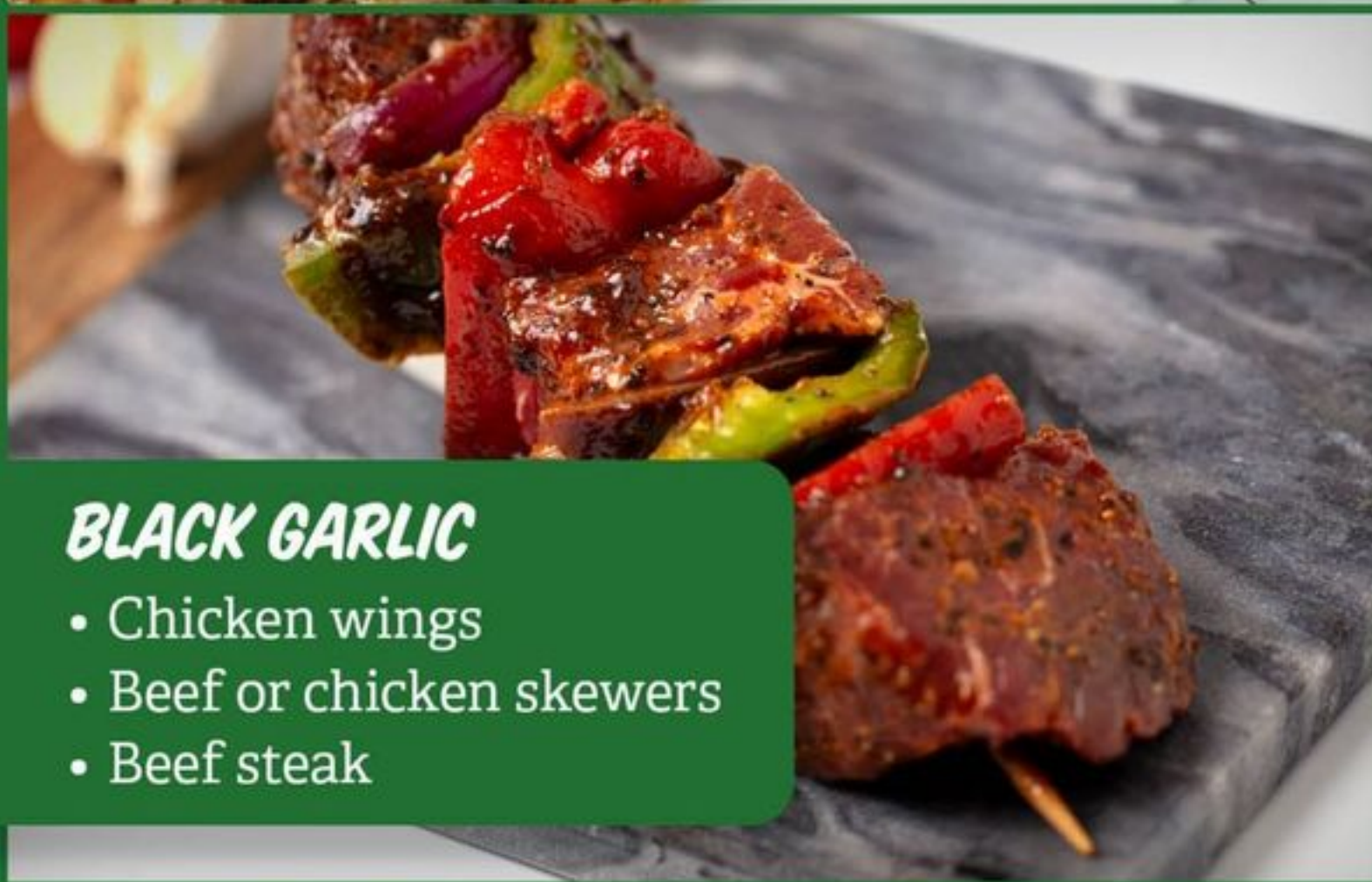
##### CILANTRO LIME

- Chicken wings
- Beef or chicken skewers



##### CILANTRO LIME

- Salmon



##### BLACK GARLIC

- Chicken wings
- Beef or chicken skewers
- Beef steak



##### BLACK GARLIC

- Shrimp
- Barramundi





**Sprouts  
Marinated Chicken Wings**

Prepared fresh in-store daily, select varieties

**\$4.99**  
lb.

Available in the service case

NO ANTIBIOTICS  
EVER



**Sprouts  
Boneless Skinless  
Chicken Breasts**

No added hormones or steroids!

Everyday  
low price  
**\$3.99**  
lb.

Value pack

NO ANTIBIOTICS  
EVER



**All-Natural  
100% Grass-Fed  
Lamb Shoulder Chops**

No added hormones or steroids!

**\$9.99**  
lb.

NO ANTIBIOTICS  
EVER



**Sprouts  
No Sugar Uncured  
Spiral Sliced  
Gourmet Ham**

No added hormones or  
steroids! Natural juices,  
just heat and serve

**\$3.99**  
lb.  
While  
supplies last

NO ANTIBIOTICS  
EVER



**Swaggerty's Farm**  
All Items

**\$4.99**  
ea.

GF

LINE DRIVE  
SAVINGS

All Items



**Sprouts  
All-Natural  
Frozen Whole Turkey**

No hormones\*,  
artificial ingredients or  
preservatives added  
\*per federal regulations

**\$1.99**  
lb.  
While  
supplies last

NO ANTIBIOTICS  
EVER



**Wild North Atlantic  
Raw Lobster Tails**

Previously frozen, 3.75 oz.

**BUY 1 GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value

WILD  
CAUGHT  
FAVORITES



**Colossal  
Phosphate-Free  
Cooked Shrimp**

16/20 ct. Farm-raised,  
previously frozen

**\$9.99**  
lb.  
Also available  
in a 2 lb. bag



Wild, Natural & Sustainable

**Wild Alaska  
Sockeye Salmon Fillets**

Responsibly sourced and  
high in omega-3 fatty acids,  
previously frozen

**\$13.99**  
lb.

WILD  
CAUGHT  
FAVORITES



**Wild Large  
Snow Crab Legs & Claws**  
Fully cooked, frozen

**\$9.99**  
lb.

WILD  
CAUGHT  
FAVORITES



# NEW FOR YOU DESTINATION

We forage far and wide for the newest, most innovative items because the future of food starts here.

★ NEW FOR YOU!

LOOK FOR THE NEW FOR YOU SIGN IN-STORE!



Items pictured in image are from previous months and may not still be in-store.

Discover Sprouts Brand festive favorites with no artificial colors or flavors—here for a limited time!

LEARN MORE



## EXPLORE THE NEWEST REGENERATIVE ORGANIC CERTIFIED® FOODS



Regenerative Organic Certified®

patagonia PROVISIONS®

PEAK STATE

Sol SIMPLE. FROM SOL TO SOUL™

recoup

STARWALKER ORGANIC FARMS

When you purchase Regenerative Organic Certified®, you're supporting brands making a positive impact on plants, people and the planet.







Pacific Foods  
Organic Broth  
Select varieties, 32 oz.

**2 for \$6**



Kettle & Fire  
Bone Broth  
Select varieties, 32 oz.

**\$8.99**  
ea.



Lundberg Rice  
Select varieties, 32 oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Nutpods  
Alternative Dairy-Free  
Creamers or Half & Half  
Select varieties, 25.4 or 32 fl. oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Dr. Bronner's  
Organic Magic All-One  
Chocolate Bars  
Select varieties, 2.93-3 oz.

**2 for \$6**



Muir Glen  
Organic Tomatoes  
Select varieties, 14.5-15 oz.

**2 for \$5**



Sprouts  
Kettle Chips,  
Cheese Curlys or Puffs  
Select varieties, 5-6 oz.

**2 for \$5**



Yogi  
Boxed Tea  
Select varieties, 16 ct.

**2 for \$8**



# BUY BULK & SAVE!

Everyday staples, unique finds, incredible value!

## NUTTY, NUTRIENT-PACKED SNACKIN'

Whole Cashews,  
Raw Almonds or  
Walnut Halves & Pieces  
Select varieties

**\$5.99**  
lb.



### SHOP EVERYTHING YOU NEED IN QUANTITIES YOU LOVE!



Sprouts  
Mini Chocolate Bars  
Select varieties, 4.44 oz.

**\$3.99**  
ea.



Dried Turkish Apricots

**\$5.99**  
lb.



Sprouts Organic  
Gluten Free Granola  
Select varieties, 12 oz.

USDA  
ORGANIC  
Everyday  
low price  
**\$5.99**  
ea.



Dark or Milk Chocolate  
Peanut Clusters

**\$6.99**  
lb.



USDA  
ORGANIC  
Organic  
Pumpkin Seed Kernels  
Raw, roasted salted or unsalted

**\$6.99**  
lb.



Packaged  
Bulk Baking Essentials  
Select varieties, 8-48 oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value





Cymbiotika  
Supplements

Select varieties, 0.17-20.3 fl. oz.

**20%**  
off

regular retail



Natural Vitality  
All Items

All Items  
**20%**  
off

LINE DRIVE  
SAVINGS

# PURE & HONEST BODY CARE

Shop from a variety  
of clean, better-for-you  
body care essentials.



Oregon's Wild Harvest  
All Items

All Items  
**15%**  
off

regular retail

LINE DRIVE  
SAVINGS



Jung Kwan Jang  
Ginseng Liquid Sticks  
Select varieties, 3.38 fl. oz.

All Items  
**20%**  
off

regular retail



Acure  
All Items

All Items  
**15%**  
off

regular retail

LINE DRIVE  
SAVINGS



New Chapter  
Multivitamins or  
Supplements

Select varieties, 24-120 count

All Items  
**15%**  
off

regular retail



Rainbow Light  
Supplements

Select varieties, 30-120 count

All Items  
**20%**  
off

regular retail



Alaffia  
Everyday Shea or  
Everyday Coconut  
All Items

All Items  
**15%**  
off

regular retail

LINE DRIVE  
SAVINGS

PRICES VALID MONTH NOVEMBER 13-19, 2024

# AT ANY OF OUR MEMPHIS AREA LOCATIONS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.  
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.



Burt's Bees  
Facial Care or  
Cosmetics

Select varieties and sizes

All Items  
**20%**  
off

regular retail



# BOOST THE CHEER WITH SPROUTS BRAND

Shop unique, seasonal finds for your brightest holiday moments.

[SHOP NOW](#)

## LIMITED-TIME ONLY TREATS

[SHOP NOW](#)



## HOLIDAY SIDES

[SHOP NOW](#)

## BAKING MUST-HAVES

[SHOP NOW](#)



## FESTIVE SIPS & MIXES

[SHOP NOW](#)

## SEASONAL HOME & BODY CARE

[SHOP NOW](#)



SEE YOU NEXT WEEK!