



Scan me or visit
MetroMarket.net/promotions
for holiday hours, this week's
hottest digital deals and more!



99¢ /LB With Card
-50¢ /LB
DIGITAL COUPON OFFER
49¢ /LB

Jennie-O Turkey
Frozen, Grade A, Limit 1 with \$25
Additional Purchase

Fresh Butterball Turkey
\$1.99 /LB
With Card



Fresh Atlantic Salmon Fillets
Farm-Raised or Snow Crab Clusters,
Previously Frozen
\$7.99 /LB
With Card



Oscar Mayer Bacon
Select Varieties,
12-16 oz
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



MIX & MATCH
BUY 2, GET 3
FREE
of Equal or Lesser Value
With Card

Coca-Cola, Pepsi or 7UP
Select Varieties,
12-Pack, 12 fl oz Cans,
Limit 10 Packages



Nabisco Ritz Crackers
8.8-13.7 oz or Nabisco
Snack Crackers, 3.5-8.5 oz
or Club or Town House
Crackers, 7.1-13.8 oz;
Select Varieties
FINAL COST
When You Buy 3
\$1.99 /EA
With Card

When you buy 3 or more in the same transaction with Card.
Quantities less than 3 are up to \$3.99 each with Card.



Campbell's Cream of Mushroom or Chicken Soup
10.5 oz or Del Monte Vegetables, 14.25-15.25 oz
or Kroger Frozen Vegetables, 12 oz;
Select Varieties

10/\$10
With Card



Starbucks Coffee
10-12 oz Bag or K-Cups, 10 ct;
Select Varieties
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Kemps Ice Cream
Select Varieties,
48 fl oz
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card

Signature Black Angus Rib Roast
Bone-In, Limit 2
\$7.99 /LB
With Card



Pom Wonderful Pomegranates or Cranberries,
12 oz
2/\$4
With Card



3/\$5
With Card

Large Pineapple



Doritos
8-10.75 oz or Tostitos, 9-13 oz
or Ruffles, 7.25-8.5 oz
or Fritos, 9.25-10 oz;
Select Varieties
FINAL COST
When You Buy 4
\$1.99 /EA
With Card

When you buy 4 or more in the same transaction with Card. Quantities less than 4 are up to \$5.49 each with Card.



Miller Lite, Coors Light or Bud Light
Select Varieties,
24-Pack, 12 fl oz Cans
\$19.98
With Card



Kendall Jackson, Kim Crawford or Josh Chardonnay
Select Varieties,
750 ml
\$11.97
With Card

WEEKLY DIGITAL DEALS

Use each coupon UP TO 5 TIMES in one transaction*



Kroger Butter
Select Varieties,
16 oz
\$2.99 /EA
With Digital Coupon
Price without digital coupon is up to \$4.49 each with Card.



Sweet Potatoes
Select Varieties
49¢ /LB
With Digital Coupon
Price without digital coupon is up to \$1.49 lb with Card.



Bob Evans Side Dishes
12-24 oz or Bob Evans
Breakfast Sausage Roll,
16 oz; Select Varieties
\$2.99 /EA
With Digital Coupon
Price without digital coupon is up to \$3.99 each with Card.



Simply Orange Juice
52 fl oz or Nestlé
Toll House Morsels, 9-12 oz;
Select Varieties
\$2.99 /EA
Price without digital coupon is up to \$3.99 each with Card.



32 oz Roundy's Cheese
Select Varieties
\$5.99 /EA
With Digital Coupon
Price without digital coupon is up to \$7.99 each with Card.

*While supplies last.

See inside for MORE WEEKLY DIGITAL DEALS!



WEEKEND



FREE-BEE!

FREE Kroger Whipped Topping*



*With digital coupon valid
SAT-SUN 11/23-11/24.

Minimum purchase required.
See coupon for details.

Visit MetroMarket.net/FreeBee
to download coupon.



WEEKLY DIGITAL DEALS



Use each coupon
UP TO 5 TIMES
in one transaction*

Scan me to
download deals



Look for these tags.



Oscar Mayer
Deli Fresh
Lunch Meat
\$3.49
/EA

With Digital Coupon



6-9 oz or Claussen Pickles,
24-32 fl oz; Select Varieties
Price without digital coupon
is up to \$4.49 each with Card.



Private Selection
Cheesecake
Select Varieties,
40 oz, In the Bakery

\$12.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$13.99 each with Card.



Lay's Potato
or Kettle Cooked
Potato Chips
\$1.99
/EA

With Digital Coupon

4.75-8 oz or Kroger Deluxe
Ice Cream, 48 fl oz;
Select Varieties
Price without digital coupon
is up to \$3.49 each with Card.



First of the
season!

California Cuties
Seedless Mandarins
3 lb Bag

\$3.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$5.49 each with Card.



Birds Eye
Frozen Vegetables
9-14.4 oz or Frito-Lay
Mini Canisters,
2.88-5.13 oz;
Select Varieties

\$1.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$2.49 each with Card.



Folgers Coffee
Select Varieties,
22.6-25.9 oz Can

\$6.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$11.99 each with Card.



Hellmann's
Mayonnaise
30 fl oz or
Miracle Whip,
19-30 fl oz;
Select Varieties

\$3.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$5.99 each with Card.



Ore-Ida
Frozen Potatoes
Select Varieties,
18.98-32 oz

\$2.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$4.49 each with Card.



Dial
Body Wash
16 fl oz or Crest
Toothpaste, 3.3-7 oz or
Oral B Floss Picks, 75 ct
or Toothbrush, 1-6 ct;
Select Varieties

\$2.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$4.99 each with Card.



Gold Medal
Flour
5 lb or Smart Way
Sugar, 4 lb;
Select Varieties

\$2.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$4.49 each with Card.



Kroger Ultra
Paper Towels
6 Double Rolls or
Kroger Ultra Bath Tissue,
6 Mega Rolls;
Select Varieties

\$5.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$9.99 each with Card.

*While supplies last.

SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more participating items with Card.



Find even more online!
Scan me to shop all participating items.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for these tags.



2.79 With Card
-1.00

General Mills Cereal
Select Varieties,
8.9-12 oz

\$1.79
/EA*



3.49 With Card
-1.00

Pillsbury Crescents, Cinnamon Rolls or Grands Biscuits
Select Varieties, 8 ct

\$2.49
/EA*



2.99 With Card
-1.00
\$1.99
/EA*
Philadelphia Cream Cheese

8 oz or Heinz Gravy, 12 oz or Sara Lee Artesano Dinner Rolls, 12 ct; Select Varieties



3.99 With Card
-1.00

Thomas' English Muffins
6 ct or I Can't Believe It's Not Butter Spread, 15 oz or Daisy Sour Cream, 24 oz; Select Varieties

\$2.99
/EA*



5.99 With Card
-1.00

Hormel Bacon
12-16 oz or Private Selection Meatballs, 16 oz; Select Varieties

\$4.99
/EA*

6.99 With Card
-1.00
\$5.99
/EA*
Marie Callender's Pie

25-42 oz or Coffee-Mate Creamer, 64 fl oz or Fisher Pecans, 10 oz; Select Varieties



3.99 With Card
-1.00

\$2.99
/EA*

Sara Lee Honey Wheat Bread
20 oz or Polar Seltzer Water, 8-Pack, 12 fl oz Cans or Cape Cod Potato Chips, 6.5-8 oz; Select Varieties



3.49 With Card
-1.00

\$2.49
/EA*

Ocean Spray Cranberry Juice
64 fl oz or Betty Crocker Cookie Mix, 17.5 oz; Select Varieties



4.49 With Card
-1.00

\$3.49
/EA*

Chobani Oatmilk
52 fl oz or Pillsbury Cookie Dough, 16 oz; Select Varieties



8.99 With Card
-1.00

\$7.99
/EA*

Brew Pub Pizza
20-26.82 oz or Pompeian Extra Virgin Olive Oil, 16 fl oz; Select Varieties



4.99 With Card
-1.00

\$3.99
/EA*

Kashi Cereal
9.5-14 oz or Nabisco Family Size Oreo Cookies, 10.68-20 oz; Select Varieties



13.99 With Card
-1.00

\$12.99
/EA*

Bounty Paper Towels
6 Double Rolls or Charmin Bath Tissue, 6 Mega XL Rolls; Select Varieties



Velveeta Shells & Cheese
or Kraft Deluxe Mac & Cheese, 9.4-14 oz or Campbell's V8, 46 fl oz; Select Varieties

3.49 With Card
-1.00

\$2.49 /EA*



Pepperidge Farm Goldfish Crackers
5.9-8 oz or Mott's Applesauce, 6 ct or Nature Valley Bars, 5-12 ct; Select Varieties

2.99 With Card
-1.00

\$1.99 /EA*



5.49 With Card
-1.00
\$4.49 /EA*
Natural Bliss Creamer

32 fl oz or Starbucks Creamer, 28 fl oz or Yoplait Yogurt, 8-Pack, 6 oz; Select Varieties



3.49
-1.00
\$2.49 /EA*

Planters Peanuts
16 oz or Pillsbury Toaster Strudel, 6 ct or Skinny Pop Popcorn, 4.4 oz; Select Varieties

SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more participating items with Card.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags.



2.99 With Card
-1.00
\$1.99 /EA*

Dawn Dish Soap
Select Varieties, 14.6-18 fl oz



5.99 With Card
-1.00
\$4.99 /EA*
Green Mountain McCafé or Donut Shop K-Cups



10 ct or Country Crock Spread, 45 oz; Select Varieties



4.69 With Card
-1.00
\$3.69 /EA*

Johnsonville Smoked Sausage
Select Varieties, 12-14 oz



6.99 With Card
-1.00
\$5.99 /EA*

Private Selection Sliced Pepperoni or Salami Cracker Cuts
Select Varieties, 10-12 oz, In the Deli



8.99 With Card
-1.00
\$7.99 /EA*

Hefty Trash Bags
18-45 ct or Private Selection Maple Syrup, 12 fl oz; Select Varieties

4.99 With Card
-1.00
\$3.99 /EA*
Ghirardelli Baking Chips



10-12 oz or Reynolds Aluminum Foil, 37.5-75 sq ft or Ziploc Storage Bags, 14-24 ct; Select Varieties



7.99 With Card
-1.00
\$6.99 /EA*

Dove Bodywash
20 fl oz or Dove Men's Deodorant, 2.7-3 oz; Select Varieties



6.99 With Card
-1.00
\$5.99 /EA*

Nivea Body Lotion
13.5-16.9 fl oz or Vaseline Lotion, 20.3 fl oz; Select Varieties

4X

FUEL POINTS

ON 100s OF GIFT CARDS WITH DIGITAL COUPON TODAY!*



Visit MetroMarket.net/4Xgiftcard to download coupon | Redeem Every Day 11/13/24–12/3/24

*Limited Time offer. Restrictions apply, see coupon for details.

FAMILY, FRIENDS & GREAT FOOD

Visit MetroMarket.net/Thanksgiving for recipes & more!



\$10.99
/LB

With Card
Butterball Turkey

Frozen, Grade A,
Limit 1 with Additional
\$25 Purchase

BUTTERBALL



Kroger
Hickory Smoked
Spiral Ham
Honey Glazed, Bone-In

\$24.99
/LB
With Card



Brussels Sprouts
16 oz Bag

2/\$5
With Card



Sugardale
Half Ham

\$19.99
/LB
With Card



King's Hawaiian
Rolls
or Fresh Baked Rolls,
12 ct; Select Varieties,
In the Bakery

2/\$7
With Card



French's
Fried Onions
6 oz or Kemps
Half & Half, 1 qt;
Select Varieties

\$3.99
With Card



Apple Lattice or
Pumpkin Pie
or Other Varieties, 8",
In the Bakery

\$4.99
With Card

12.99 With Card
-15%

\$11.04
/EA*

Oglio, Martin's Rake
or Roscato

Select Varieties, 750 ml

*Save 15% When you purchase 4 or more bottles of wine 750 ml with Card. Mix and Match 4 bottles. Offer excludes Bay Bridge wines and all 1.5 Liter, 3 Liter, 4 Liter and 5 Liter sizes and wines with a retail ending in .97.



Bruce's Yams
40 oz or Kroger Aluminum
Foil, 75 sq ft; Select Varieties

2/\$7
With Card



2/\$4
With Card

Ocean Spray
Cranberry Sauce
14 oz or Swanson Broth, 32 oz
or Stove Top Stuffing, 6 oz;
Select Varieties

EARN **4X** FUEL POINTS with digital coupon*
On **FRIDAY** purchases



Scan here or visit
MetroMarket.net/FuelEvent
to download coupon.

*Exclusions apply.
See coupon for details.





Enjoy \$20 OFF* an
annual Boost membership...

[CLICK HERE TO CLIP YOUR DIGITAL COUPON AND ENROLL](#)

*With Digital Coupon. Clip coupon and redeem by Dec 3, 2024. Offer valid for first-time membership enrollments. Restrictions apply, see site for details. Membership starting at \$59/year.



BLACK FRIDAY

DEALS



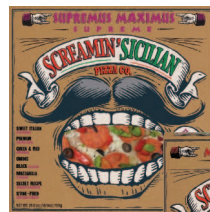
GROCERY ESSENTIALS



Pillsbury Seasonal Cookie Dough

9, 1-14 oz or International Delight or Coffee-Mate Seasonal Creamer, 32 fl oz; Select Varieties

\$3⁹⁹
With Card



Screamin' Sicilian Pizza

Select Varieties, 17.7-25.4 oz



MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

FREE
With Card



Campbell's Condensed Soup 10.5-10.75 oz or Jell-O Family Size Pudding Mix, 2-5.9 oz or Simple Truth Organic Broth, 32 oz; Select Varieties



3/\$5
With Card



Reddi Wip 6.5 oz or Private Selection Entertainment Crackers, 5.3-6 oz or Idahoan Family Size Potatoes, 7.34-8 oz; Select Varieties

2/\$5
With Card



Pepperidge Farm Stuffing

12 oz or Martinelli's Sparkling Cider or Welch's Sparkling Juice, 25.4 fl oz; Select Varieties

2/\$6
With Card



Entenmann's Little Bites, Donuts or Cakes Select Varieties, 6.88-21 oz

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

FREE
With Card



Tide Pods 32-57 ct or Downy Unstopables, 21.1-24 oz or Downy Rinse & Refresh, 48 fl oz; Select Varieties

MIX & MATCH
BUY 2, GET 1
of Equal or Lesser Value

FREE
With Card



Premier Protein Shakes Select Varieties, 12-Pack, 11 fl oz

\$29⁹⁹
With Card



HOLIDAY HOME ESSENTIALS



Bohemian Non-Stick Griddle or Immersion Blender, Select Varieties

\$14⁹⁹
With Card



Dash of That Roasting Pan With Rack Select Varieties

\$9⁹⁹
With Card



Rubbermaid Takealongs Food Storage Select Varieties, 3-4 ct

\$2⁹⁹
With Card



EARN A HOLIDAY SAVINGS BONUS

EXTRA 20% OFF
when you spend \$200 or more with Card.

SHOP: Wed. 11/20 - Tue. 12/3

REDEEM: Thurs. 12/12 - Sun. 12/15

Customers can redeem with Card on Apparel, Shoes, Seasonal, Housewares, Toys and more. Max \$300 savings. Restrictions apply. See store for Details. Limit 1 per customer per transaction.



EARLY BLACK FRIDAY DEALS START NOW! ✨



Hamster Mania or Zuru 5 Surprise Ball
Select Varieties

\$3.99
With Card



Tuscany Candle Advent Calendar
Select Varieties, 12-Piece

\$14.99
With Card



Holiday Home Decorated Wreath
Select Varieties, 22"

\$14.99
With Card



Dash of That Essentials Kitchen Organization Set

\$19.99
With Card

13 ct or Glass Clamp Jar Set, 4 ct; Select Varieties



Isotoner Slippers
Select Varieties

\$11.99
With Card



Chefman Digital Air Fryer
Select Varieties, 6 qt

\$39.99
With Card

Seasonal selection varies by store and is limited to stock on hand.



Kroger Honeycrisp or Cosmic Crisp Apples
3 lb Bag

\$4.99
With Card



Libby's 100% Pure Pumpkin
15 oz

\$2.29
With Card

BRING ON THE HOLIDAY BAKING!

Visit MetroMarket.net/HolidayBaking for more inspiration!



Handi-Foil Pans
Select Varieties, 1-6 ct

SAVE 33%

Tag Reflects Savings With Card



Pillsbury Pie Crusts
2 ct or King Arthur Baking Company Unbleached All-Purpose Flour, 5 lb

\$4.99
With Card



Kroger or Simple Truth Organic Spices
Select Varieties, 0.5-5.5 oz

MIX & MATCH
BUY 2, GET 1
of Equal or Lesser Value
FREE
With Card



Kroger Powdered or Brown Sugar
2 lb or Cool Whip Whipped Topping, 8 oz; Select Varieties

2/\$4
With Card

Goodcook Large Cookie Sheet
17"x11"

\$4.99
With Card

Holiday Meals at Their Easiest

Delicious, heat-and-serve meals and sides to help your celebration come together with less prep.

Availability may vary. See associate for details



\$79.99 /EA

Holiday Ham or Turkey Dinner
Serves 6-8



Ham Dinner Includes:

- 8-10 lb. Fully Cooked Spiral Ham
- 3 lbs. Mashed Potatoes
- 2 lbs. Mashed Sweet Potatoes
- 3 lbs. Green Bean Casserole
- 2 lbs. Creamed Spinach
- 1 lb. Cranberry Orange Relish
- 1 lb. Spinach Artichoke Dip

Turkey Dinner Includes:

- 10-12 lb. Butterball® Turkey
- 3 lbs. Mashed Potatoes
- 2 lbs. Mashed Sweet Potatoes
- 3 lbs. Green Bean Casserole
- 2 lbs. Sage Dressing
- 2 lbs. Turkey Gravy
- 1 lb. Cranberry Orange Relish
- 1 lb. Spinach Artichoke Dip

See Deli Department for ordering.

BOTTLES & BREWS



Corona or Modelo
\$14.99
With Card

12-Pack, 12 fl oz Bottles or Cans or Founders, 15-Pack, 12 fl oz Cans; Select Varieties



Maker's Mark, Baileys or Jameson
Select Varieties, 750 ml
\$27.99
With Card



12.99 With Card
-15%
\$11.04 /EA*
Korbel, Ruffino or Oyster Bay
Select Varieties, 750 ml



New Glarus or Stella Artois
12-Pack, 11.2-12 fl oz Bottles or Cans or Blue Moon, 12-15 Pack, 12 fl oz Bottles or Cans; Select Varieties
\$13.99
With Card

*Save 15% When you purchase 4 or more bottles of wine 750 ml with Card. Mix and Match 4 bottles. Offer excludes Bay Bridge wines and all 1.5 Liter, 3 Liter, 4 Liter and 5 Liter sizes and wines with a retail ending in .97.



Grateful Fresh Flower Collection
\$15 AND UP

Fresh Express Salad Blends
Select Varieties, 5-11 oz

2/\$6
With Card



Granny Smith Apples
\$1.49 /LB
With Card

\$2.99 /EA
With Card
Pint Blueberries or Blackberries, 6 oz



GUARANTEED FRESH

\$5.99 /LB
With Card
85% Lean Ground Round
Sold in a 1 lb Package



Smithfield Marinated Pork Loin Fillets
Select Varieties, 23-27 oz

BUY 1, GET 1
FREE
of Equal or Lesser Value
With Card



Johnsonville Breakfast Sausage
Select Varieties, 9.6-12 oz
MIX & MATCH
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card



Kroger Breakfast Sausage Roll
16 oz
\$2.77
With Card

Lobster Tails
3 oz, \$32 lb Equivalent

2/\$12
With Card



Sea Pak Seafood Appetizers
Select Varieties, 16-25 oz
\$8.99
With Card

DELI & BAKERY

Pine River Cheese Spread
Select Varieties, 16 oz
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card



Pumpkin Pie
\$8.99
With Card

or Apple Lattice Pie, 10"



BOTTLES & BREWS



FINAL COST
When You Buy 2

\$19.49
/EA**

With Card
Busch or
Busch Light
Select Varieties,
30-Pack, 12 fl oz Cans

**When you buy 2 or more in the same transaction With Card. Quantities less than two are \$21.49 each.



White Claw,
Truly or
Twisted Tea
Select Varieties,
12-Pack, 12 fl oz Cans

\$17.99

With Card



8.99 With Card
-15%

\$7.64
/EA*

Andre or Cook's
Select Varieties,
750 ml



Jose Cuervo
or Tito's

\$17.99

With Card

750 ml or
Kessler, 1.75 Liter;
Select Varieties



FINAL COST
When You Buy 2

Miller Lite or
Coors Light
\$10.99
/EA**
With Card

Select Varieties, 9-Pack,
16 fl oz Aluminum Pints

**When you buy 2 or more in the same transaction With Card. Quantities less than two are \$12.99 each.



\$23.99

With Card

Rumchata or
Jack Daniel's

750 ml or Michelob Ultra,
30-Pack, 12 fl oz Cans;
Select Varieties

*Save 15% When you purchase 4 or more bottles of wine 750 ml with Card. Mix and Match 4 bottles. Offer excludes Bay Bridge wines and all 1.5 Liter, 3 Liter, 4 Liter and 5 Liter sizes and wines with a retail ending in .97.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!



Donate today to end holiday hunger.

Your donation helps people in your
community facing food insecurity.

THE KROGER CO.
ZERO
HUNGER
ZERO
WASTE
FOUNDATION

Round up or
donate \$1, \$3, or \$5
at in-store checkout
to support local
communities this
holiday season.

SAVE MORE ON BABY & PET ESSENTIALS

WITH
DIGITAL
COUPONS

Use each coupon **up to 5 times**
in one transaction with Card.

Look for
these tags.



*When you buy participating items in the same transaction with Digital Coupon.
Participating item varieties and sizes may vary by store.



2.49 ^{With Card}
-50¢ ^{Off 1}
DIGITAL COUPON OFFER

\$1.99
/EA*

Huggies Wipes
56-64 ct or
Pampers Wipes,
52-72 ct;
Select Varieties



4/\$6 ^{With Card}
-1.00 ^{Off 4}
DIGITAL COUPON OFFER

4/\$5

Happy Tot
Stage 4
Baby Food Pouch
Select Varieties,
4 oz



4/\$7 ^{With Card}
-1.00 ^{Off 4}
DIGITAL COUPON OFFER

4/\$6

Happy Baby
Stage 2 Baby Food
Select Varieties,
4 oz



5.49 ^{With Card}
-1.00 ^{Off 1}
DIGITAL COUPON OFFER

\$4.49
/EA*

Pedigree Dentastix
Select Varieties,
21-24 ct

28.49 ^{With Card}
-3.00 ^{Off 1}
DIGITAL COUPON OFFER

\$25.49
/EA*

Pampers
Swaddlers
Diapers

44-104 ct or
Huggies Little Movers
or Snugglers Diapers,
42-96 ct; Select Varieties



15.99 ^{With Card}
-2.00 ^{Off 1}
DIGITAL COUPON OFFER

\$13.99
/EA*

Abound Pro
Dry Dog Food
8 lb or Dry Cat Food,
7 lb; Select Varieties



10.79 ^{With Card}
-1.00 ^{Off 1}
DIGITAL COUPON OFFER

\$9.79
/EA*

Milō's Kitchen
Dog Treats
Select Varieties,
8.5-10 oz