

Sobeys



Verified
2.99
/lb
Verified

AIR-CHILLED

COMPLIMENTS Fresh AIR-CHILLED Whole Chicken, COMPLIMENTS Fresh AIR-CHILLED Chicken Drumsticks Family Size or COMPLIMENTS Fresh AIR-CHILLED Bone-In Thighs Family Size 6.59/kg
Poulet entier COMPLIMENTS REFROIDI À L'AIR frais, pilons de poulet COMPLIMENTS REFROIDIS À L'AIR frais format familial ou hauts de cuisse avec les COMPLIMENTS REFROIDIS À L'AIR frais format familial

Verified Prices
LOWEST PRICE
on featured products or automatically receive the difference in Scene+ points!
Scene+

Prix Vérifiés
PRIX LE PLUS BAS
sur les produits identifiés ou recevez automatiquement la différence en points Scene+!
Scène+



Verified
\$3
Verified

Fresh Atlantic Salmon Portions product of Canada skin on 113 g
Portions de saumon de l'Atlantique frais produit du Canada



Verified
4.99
/lb
Verified

value size **LEAN**

Fresh Lean Ground Beef 5 lb tube 11.00/kg
Boeuf haché maigre frais tube de 5 lb



Verified
2/\$5
Verified

COMPLIMENTS ORGANIC Whole White or Cremini Mushrooms product of Canada 227 g
Champignons blancs ou cremini entiers COMPLIMENTS BIOLOGIQUE produit du Canada



Verified
2.99
Verified

PINT

Blueberry Pint product of Mexico or Peru no 1 grade
Bleuets en chopine produit du Mexique ou du Pérou catégorie n°1



Verified
5.99
Verified

CASHMERE Bathroom Tissue 12=24 or 8=24 roll, SPONGE TOWELS 3-6 pk or SCOTTIES Facial Tissue 6 pk
Papier hygiénique CASHMERE 12=24 ou 8=24 rouleaux, SPONGE TOWELS ou mouchoirs SCOTTIES



Verified
4.99
Verified

BUBLY Sparkling Water 12x355 mL
Eau pétillante BUBLY



Verified
2.99
Verified

OIKOS Greek Yogurt 4 pk
Yogourt grec OIKOS



Verified
4/\$5
Verified

KRAFT Dinner 88-200 g

LOAD YOUR PERSONALIZED OFFERS TODAY

Scene+

- Download the app
- Load your offers to activate them
- Shop and scan your Scene+ card

Scan QR code to download or open the app

Explore a World of Flavour

Earn while you shop at Sobeys

Prices and offers in effect November 2024 - Nova Scotia
Prix et offres en vigueur ces jours novembre 2024 - Nouvelle-Écosse

THU 21 | FRI 22 | SAT 23 | SUN 24 | MON 25 | TUE 26 | WED 27

So many deals
Scan here for our full digital flyer

Scene+ MEMBER PRICING

Swipe your Scene+ Card and Save




MEMBER PRICING

\$6 /lb. 13.23/kg **SAVE 99c** /lb

value size

6.99 without Scene+ Card /lb. 15.41/kg

Fresh Boneless Whole Beef Brisket cryovac cut from Canada AA grade beef while supplies last
 Poitrine de bœuf entière fraîche déssosée sous vide coupe de bœuf Canada AA jusqu'à épuisement des stocks



MEMBER PRICING

725 **SAVE 2.04**

3.29 without Scene+ Card

COMPLIMENTS Pasta Sauce 650 mL or CATELLI Pasta 375-500 g (excludes lasagna)
 Sauce pour pâtes
 COMPLIMENTS ou pâtes CATELLI (sauf lasagne)



MEMBER PRICING

3.33 **SAVE 66c**

3.99 without Scene+ Card

GENERAL MILLS Cereal 297-430 g or QUAKER Cereal 350-510 g selected varieties
 Céréales GENERAL MILLS ou céréales QUAKER certaines variétés

Look for more Member Pricing throughout the flyer and in-store.

Scene

TURN
POINTS
INTO
GROCERIES



That's like **\$5** toward your groceries
500 PTS when you buy 2
value size
14.99
COMPLIMENTS Thick Cut Bacon 1 kg
Bacon tranché épais COMPLIMENTS



400 PTS when you buy 4
2/\$5
QUAKER Crispy Minis 90-100 g
or Rice Cakes 127-199 g
Crispy Minis QUAKER
ou galettes de riz



100 PTS when you buy 1
13.99
NESTLÉ Quality Street 650 g
or After Eight Tin 400 g
while supplies last.
Quality Street NESTLÉ ou
contenant métallique After Eight
jusqu'à épuisement des stocks



500 PTS when you buy 2
That's like **\$5** toward your groceries
\$5
SENSODYNE or Pronamel Toothpaste
selected 75-100 mL
Dentifrice SENSODYNE ou Pro-Email certaines variétés

1000 Points = \$10 of free groceries

Dollar Days!

\$7
/lb

Fresh Boneless Cross Rib Pot Roast or Family Size Simmering Steak cut from Canada AA grade beef while supplies last 15.43/kg. Rôti de côtes croisées pour pot-au-feu frais ou bifteck à mijoter format familial coupe de bœuf Canada AA jusqu'à épuisement des stocks

\$8

ST-HUBERT or SWISS CHALET Frozen Meat Pies or COMPLIMENTS Lasagna, Mac & Cheese or Chili 470 g-1 kg. Pâtes de viandes surgelées ST-HUBERT ou SWISS CHALET ou lasagne, macaroni au fromage ou chili COMPLIMENTS

\$4

LARSEN or MAPLE LEAF Wieners selected 375 g or SCHNEIDERS Breakfast Egg Bites, Individual Meat Pies or Frozen Sausages 224-400 g. Saucisses fumées LARSEN ou MAPLE LEAF certaines variétés ou bouchées d'œufs à déjeuner, pâtés individuelles ou saucissons surgelés SCHNEIDERS

\$2
/lb

Fresh Mussels product of Atlantic Canada 4.41/kg. Moules fraîches produit du Canada atlantique

\$4
/lb

Fresh Boneless Pork Loin Centre or Rib Roast or Combo Chops 8.81/kg. Rôti ou combo de côtelettes de longe de porc déossés frais coupe du centre ou bouts de côte

\$2

Seedless Cucumbers product of Canada, Canada no 1 grade. Concombres sans pépins produit du Canada, catégorie Canada n°1

\$4

Dinner, Tray or Butter Topped Rolls 12 pk 400 g. Petits pains à dîner, en plateau ou garnis de beurre

\$3
/100 g

COMPLIMENTS Roast Beef, Corned Beef, Montreal Smoked Meat or Pastrami selection varies by store. Rosbif, boeuf salé, viande fumée à la montrealaise ou pastrami COMPLIMENTS selection variant selon le magasin

\$2

OH SNAP! Pickles selected 90 mL. Cornichons OH SNAP! certaines variétés

\$7

WONDERFUL Pistachios no shell selected 155-170 g. Pistaches WONDERFUL sans écale

\$1

FANCY FEAST Broths, Petites or Lil' Soups 34-79.4 g. Bouillons FANCY FEAST, Petites ou Lil' Soups

2/\$5

DAWN Dish Soap 431-473 mL. Savon à vaisselle DAWN

2/\$7

QUE PASA Tortilla Chips 286-350 g. Croustilles tortilla QUE PASA

\$3

DEMPSTER'S Holsum White or 100% Whole Wheat Bread 570 g, Xtra Soft Bread 675 g or English Muffins 6 pk. Pain blanc ou à 100% blé entier Holsum DEMPSTER'S, Xtra moelleux ou muffins anglais DEMPSTER'S

\$3

NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit or Gushers selected varieties 120-230 g. Barres granola Croquantes ou Mélange du randonneur VAL NATURE ou fruits ou Gushers BETTY CROCKER certaines variétés

\$3

RUFFLES Potato Chips 180-200 g or FRITO-LAY Mini Canisters 102-145 g. Croustilles RUFFLES ou petits contenants FRITO-LAY

\$3

BEN'S ORIGINAL Bistro Express Rice 240-250 g. Riz Bistro Express BEN'S ORIGINAL

\$4

PHILADELPHIA Cream Cheese selected varieties 227-250 g. Fromage à la crème PHILADELPHIA certaines variétés

\$4

CHRISTIE Family Size Cookies selected 303-530 g or DARE Bear Paws Family Pack 337-480 g or Wagon Wheels 630 g. Biscuits format familial CHRISTIE certaines variétés ou Pattes d'ours DARE paquet familial ou Wagon Wheels

\$4

EAGLE BRAND Condensed Milk 300 mL or COMPLIMENTS Flour 2.5 kg. Lait condensé EAGLE BRAND ou farine COMPLIMENTS

\$5

COMPLIMENTS Salted Butter 454 g. Beurre salé COMPLIMENTS

\$5

COMPLIMENTS Peanut Butter 1 kg or Pure Honey 500 g. Beurre d'arachide COMPLIMENTS ou miel pur

\$6

ARMSTRONG Cheese 400 g, Shreds 300-320 g or SAPUTO Mozzarella 500 g. Fromage ARMSTRONG, râpé ou Mozzarella SAPUTO

\$9

HEINZ Ketchup 1.5 L or KRAFT Miracle Whip 1.5 L. Ketchup HEINZ ou Miracle Whip KRAFT

\$12

NABOB or FOLGERS Roast & Ground Coffee 544-930g. Café torréfié et moulu NABOB ou FOLGERS

\$13

COMPLIMENTS Frozen Fruit 1.5 kg. Fruits surgelés COMPLIMENTS

SPEND \$100 IN H&M, BOSTON PIZZA, HUDSON'S BAY, PLAYSTATION, ROBO OR WAYSFA GIFT CARDS AND GET A BONUS \$15 SOBEYS GIFT CARD Offer valid during November 21-27, 2024. Sorry no rainchecks or price matching. See gift card for details, terms, conditions and (if applicable) fees. Subject to availability.

It is our intention to have every advertised item in stock for all customers, so we reserve the right to limit quantities to reasonable family requirements while supplies last. We regret we are unable to provide large quantities to retail outlets. Occasionally an item may not be available due to unforeseen difficulties. In such cases, we'll issue you a rain check so you may buy the item at the advertised price when it becomes available, or if you prefer, we'll offer you a similar item at a comparable price. Text prevails for product size and type identification. We reserve the right to correct any typographical errors. Advertised prices do not include any applicable taxes or discounts. All dollar locations prices effective from 8am Thursday morning until midnight Wednesday evening. The Sobeys Loyalty Program is available at all participating Sobeys locations within Nova Scotia. No base Sobeys points earned. See weekly offers for current ways to earn Sobeys points. All weekly Sobeys offers include taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, contact products and services. Western Union, Hi2Life, 7am Hardware (hardware products and services in select regions, prescription drugs, non-prescription pharmacy services), liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1000 Sobeys points for \$10 towards your purchase up to a maximum of \$5000 Sobeys points per day. For full Sobeys Terms & Conditions or to redeem your points, visit <https://www.sobey.com/loyalty> Terms and conditions. All offers are subject to change and may be withdrawn without notice. Trademarks of Sobeys Plus Inc. Corporation used under license by Sobeys Capital Incorporated. Please recycle where facilities exist. Printed with vegetable based ink. Nova Scotia. Supplement to The Telegraph Journal, The Daily Guardian & The Chronicle Herald. #SP-021322

Scene+
**DIGITAL
EXCLUSIVE**

LOAD IT TO GET IT!

- 1 Download the Sobeys app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Get up to **1000** PTS

Activate your offers in the **Sobeys app** or at **MyGroceryOffers.ca**

That's like
\$10
toward your
groceries



Get **500** PTS when you buy 2

COMPLIMENTS Aerosol Whip 225 g

Get **500** PTS when you buy 2

COMPLIMENTS Non-Alcoholic Beer 12x355 mL



Download on the
App Store



GET IT ON
Google Play

Offer valid November 21st to November 27th, 2024 at all Sobeys locations in Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

so chilly
Sweeten up your holiday

compliments
CANDY CANE
Ice Cream

5.49 **200 PTS**
when you buy 2

COMPLIMENTS Candy Cane Ice Cream 1.5 L. While supplies last.
Crème glacée à la canne de Noël.
COMPLIMENTS jusqu'à épuisement des stocks.

Panache
MISTLETOE WISH
ICE CREAM - CRÈME GLACÉE
SOUHAITS DES FÊTES

6.49 **200 PTS**
when you buy 2

PANACHE Mistletoe Wish Ice Cream 1 L. while supplies last.
Crème glacée Souhaits des Fêtes PANACHE jusqu'à épuisement des stocks.

CHAPMAN'S
Holiday Moments
Peppermint Twist
Ice Cream 1.5 L.

6.99

CHAPMAN'S Holiday Moments Peppermint Twist Ice Cream 1.5 L. while supplies last.
Crème glacée torsade de menthe poivrée Moments des Fêtes CHAPMAN'S jusqu'à épuisement des stocks.

CHAPMAN'S
Holiday Moments
Peppermint
Ice Cream Sandwich 12 pk.

6.99

CHAPMAN'S Holiday Moments Peppermint Ice Cream Sandwich 12 pk. while supplies last.
Sandwich de crème glacée à la menthe poivrée Moments des Fêtes CHAPMAN'S jusqu'à épuisement des stocks.

CHAPMAN'S
Holiday Moments
Winter Cocoa
Ice Cream Cone 6 pk.

6.99

CHAPMAN'S Holiday Moments Winter Cocoa Ice Cream Cone 6 pk. while supplies last.
Cornet de crème glacée au cacao d'hiver CHAPMAN'S jusqu'à épuisement des stocks.

so-seasonal **5.99** ea

2.49 /lb
Navel Oranges product of USA or South Africa 5.49/kg
Oranges Navel produit des E.-U. ou d'Afrique du Sud

2.99 /lb
Stem & Leaf Clementines product of Spain 6.59/kg
Clémentines avec tige et feuilles produit d'Espagne

5.49 ea
Ready to Eat Mangoes product of Peru
Mangues prêtes à déguster produit du Pérou

7.99 CASE
Sharoni Persimmon product of South Africa or bulk 1.49 ea
Caisse de kakis Sharoni produit d'Afrique du Sud ou en vrac

7.99 CASE
Vanilla Persimmon product of Spain or bulk 1.49 ea
Caisse de kakis vanille produit d'Espagne ou en vrac

2/\$6 **200 PTS**
when you buy 2
Pomegranates product of USA
Grenades produit des E.-U.

Chestnuts product of Italy 454 g
Châtaignes produit de l'Italie

100% fresh GUARANTEE
Guaranteed fresh or your money back

Fruity fresh...

2.99 /lb
From Atlantic Canada du Canada Atlantique
Honeycrisp Apples product of Atlantic Canada, Canada extra fancy grade 6.59/kg
Pommes Honeycrisp produit du Canada atlantique, catégorie Canada extra de fantasia

4.79
Blackberries product of Mexico 170 g
Bleuets produit du Mexique

Veggie love...

2.99 ORGANIC 4.99
Celery product of USA
Céleri produit des E.-U.

3.29 /lb
From Canada du Canada
Hot House Tomatoes product of Canada, Canada no 1 grade 7.25/kg
Tomates de serre produit du Canada, Canada n°1

200 PTS when you buy 3
1.99 ea
Ataulfo Mangoes product of Peru
Mangues Ataulfo produit du Pérou

3.99
Large Cantaloupe product of USA
Gros cantaloup produit des E.-U.

4.49 **100 PTS** when you buy 2
COMPLIMENTS Potatoes product of Canada 5 lb 2.27 kg
Pommes de terre COMPLIMENTS produit du Canada

1.49
Green Onions product of Mexico
Oignons verts produit du Mexique

79¢ ea
Lemons product of USA or Spain
Citrons produit des E.-U. ou d'Espagne

3.99
Honey Pomelos product of China
Pomelos miel produit de Chine

2/\$9
COMPLIMENTS Caesar Salad Kit product of USA 280 g
Ensemble pour salade César
COMPLIMENTS produit des E.-U.

1.99
COMPLIMENTS Baby-Cut Carrots product of USA 340 g
Carottes coupées
COMPLIMENTS produit des E.-U.

BUY 1 GET 2ND 25% OFF
Prepared Daily Fruit and Yogurt Parfait Cups assorted sizes
Coupes de parfait aux fruits et au yogourt préparés chaque jour formats assortis

BUY 2 GET 3RD FREE
Prepared Fresh Daily In-Store Roasters or BBQ Grillers assorted sizes
Barquettes de légumes frais à rôti ou à griller préparées en magasin formats variés

bulk en vrac

11.99
BARD VALLEY Medjool Dates 907 g
Dattes Medjool BARD VALLEY

2/\$5
OCEAN SPRAY Craisins 142-170 g
Craisins OCEAN SPRAY

floral fleurs
Available at most stores, selection may vary by store
Disponibles dans la plupart des magasins, sélection variant selon le magasin

STARTING AT 12.99
Assorted Holiday Ceramics
Assortiment de céramiques des Fêtes

STARTING AT 12.99
Double Spike Phalaenopsis Orchids in ceramic
Orchidées Phalaenopsis à double tige en céramique

STARTING AT \$35 ea when you buy 2 or more
Fresh Holiday Arrangements starting at 39.99 ea
Arrangements de Fêtes frais

5.99 From New Brunswick du Nouveau-Brunswick
Premium Poinsettias featuring The Christmas Mouse
Poinsettias de qualité supérieure avec la souris de Noël

A moment of holiday magic starts with the Grocery Essentials Gift Card
Visit sobeys.com/giftcards for details

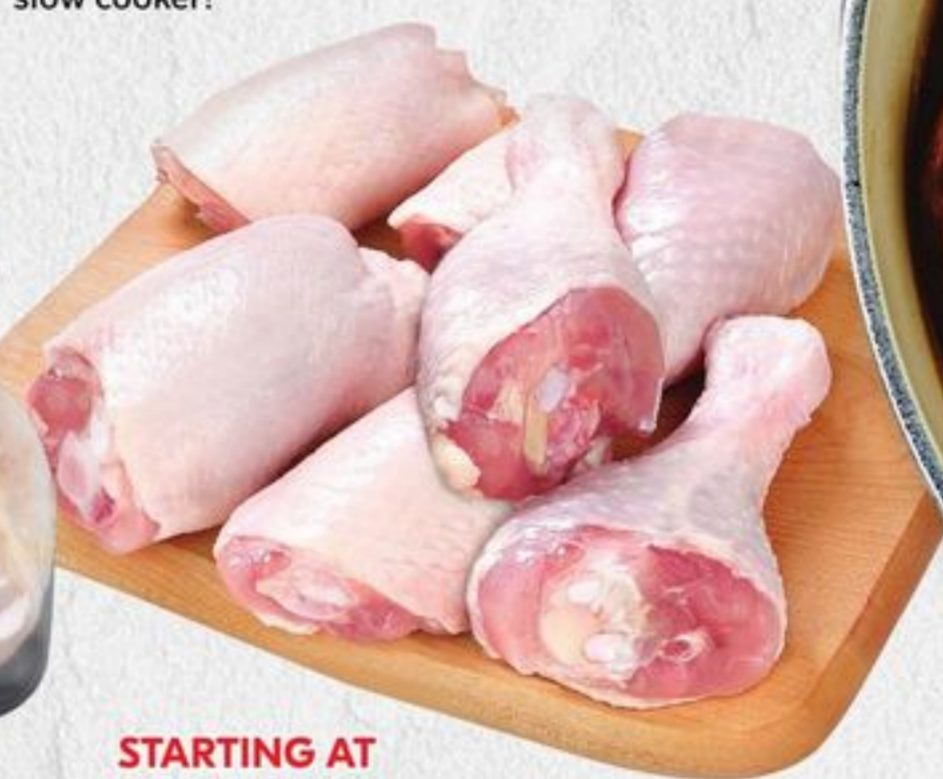
Restrictions apply, see www.sobeys.com/value flyer for details.

Warm up

with comfort foods!



GREAT
for your
slow cooker!



STARTING AT
4.99
/lb

COMPLIMENTS Fresh Raised Without Antibiotics Bone-In Chicken Thighs, Chicken Drumsticks or Whole Chicken 11.00/kg

Fresh Maple Chipotle or BBQ Whiskey Marinated Boneless Pork Loin Centre Chops 11.00/kg

4.99
/lb



MAKE
a flavour
packed stew!

8.99
/lb

Fresh Boneless Beef Stewing Cubes Family Size cut by your meat expert from Canada AA grade beef 19.82/kg



ENJOY
a hearty bowl
of chili!



BUY MORE SAVE MORE

5.50
ea when you buy 2 or more

COMPLIMENTS Lean Ground Pork, Extra Lean Ground Chicken or Extra Lean Mincéd Turkey, LAMB TONIGHT Lean Ground Lamb, JOHNSONVILLE Sausage Meat, NOBLE PREMIUM BISON Lean Ground Bison or FONTAINE Lean Ground Veal 226-454 g starting at 5.99 ea

So tender
STERLING SILVER
HAND-SELECTED AAA BEEF
 Well-marbled • Aged to perfection
 Cut from Canada AAA Beef
 Exclusive to Sobeys

20% off
 All Fresh STERLING SILVER Beef Roasts cut from Canada AAA grade beef
 Rôti de boeuf STERLING SILVER tout frais coupe de boeuf Canada AAA

Get roasting for less!

SCAN TO RULE THE ROAST: Your Ultimate Guide to Roasting at Sobeys.com

Book your roast in advance. Please ask our staff for further details.

TRY WITH
 YELLOWSTONE Seasoning or Rubs 135-160 g
 Assaisonnement ou marinades sèches YELLOWSTONE

14⁹⁹ /lb
 Fresh Boneless Flank Marinating Steaks Family Size cut by your meat expert from Canada AA grade beef 33.05/kg
 Biftecks de flank à mariner frais désossés format familial coupés par votre expert boucher coupe de boeuf Canada AA

8⁹⁹ /lb
 Fresh Boneless Beef Stewing Cubes Family Size cut by your meat expert from Canada AA grade beef 19.82/kg
 Cubes de boeuf à ragoût frais désossés format familial coupés par votre expert boucher coupe de boeuf Canada AA

8⁹⁹ /lb
 Fresh Beef Back Ribs Family Size cut by your meat expert from Canada AA grade beef 19.82/kg
 Côtes de dos de boeuf fraîches format familial coupées par votre expert boucher coupe de boeuf Canada AA

100 PTS when you buy 1 pig
5⁹⁹ /lb
 COMPLIMENTS Fresh AIR-CHILLED Bone-In Chicken Breast Halves Family Size 13.21/kg
 Moitiés de poitrines de poulet avec os
 REFROIDIES À L'AIR Fraîches format familial

9⁹⁹ /lb
 BUTTERBALL Fresh Seasoned Raised Without Antibiotics Boneless Skinless Turkey Breast 22.02/kg
 Poitrine de dinde fraîche assaisonnée désossée sans peau BUTTERBALL élevée sans antibiotiques

150 PTS when you spend \$10+
5⁹⁹ /lb
 Fresh Boneless Pork Loin Centre Sir Fry Strips or Centre Cutlets 13.21/kg
 Lanières à sauter ou côtelettes de longe de porc désossées fraîches coupe de centre

200 PTS when you spend \$20 or more
6⁹⁹ /lb
 Fresh Pork Loin Back Ribs Family Size cryovac 15.41/kg
 Côtes de longe de dos de porc fraîches format familial sous vide

6⁹⁹ /lb
 Fresh Lean Ground Beef Family Size 15.41/kg
 Boeuf haché maigre frais format familial

5⁹⁹ **300 PTS** when you buy 2
 MAPLE LODGE FARMS Chicken Sausage 375-500 g
 Saucisse de poulet MAPLE LODGE

11⁹⁹ /lb
 Seasoned Lamb Chops Greek & Lemon or Herbes de Provence 26.43/kg
 Côtelettes de longe d'agneau citron à la grecque ou aux herbes de Provence

5⁹⁹ /lb
 Frozen Duck grade A 13.21/kg
 Canard surgelé catégorie A

quick & easy rapide et facile

5⁹⁹ **150 PTS** when you buy 2
 BUTTERBALL Turkey Bacon or Rasher 300-375 g
 Bacon de dinde ou Rasher BUTTERBALL

14⁹⁹
 OLYMEL Bologna Waxed Style 1.8 kg
 Bologna genre ciré OLYMEL

8⁹⁹ STARTING AT
 LOU'S Quick-n-Easy Entrées or LIL' JUAN'S Entrées 300-400 g
 Repas Quick & Easy LOU'S ou repas LIL' JUAN'S

12⁹⁹ STARTING AT
 MARCANGELO Chicken or Pork Souvlaki or Bacon Wrapped Beef Medallions 340-640 g
 Souvlaki de poulet ou de porc MARCANGELO ou médaillons de boeuf enrobés de bacon

3⁹⁹ **80 PTS** when you buy 2
 COMPLIMENTS Stuffed Chicken Cutlets 284 g
 Escaloppettes de poulet farcies
 COMPLIMENTS

5⁹⁹ **120 PTS** when you buy 2
 COMPLIMENTS Asian Inspired Entrées 400-500 g
 Repas d'inspiration asiatique
 COMPLIMENTS

11⁹⁹ **120 PTS** when you buy 1
 FRESHSTONE Meal Kits Tex Mex Chicken, Beef Bulgogi or Butter Chicken Entrées with Rice 680 g
 Trousses de repas FRESHSTONE poulet tex-mex, boeuf bulgogi ou poulet au beurre avec riz

12⁹⁹
 SCHNEIDERS Breaded Chicken or Pork Schnitzel 450 g
 Poulet pané ou Schnitzel SCHNEIDERS

GET TO FREE GROCERIES FASTER
 when you scan your Sobeys membership card and pay with your scotiabank® Visa® Card.

100 pts on every \$1 spent
100 pts = \$10 in groceries

©2025 Sobeys. \$10 in groceries. Sobeys points redeemed at any participating Empire location must be redeemed in increments of 100. Terms & Conditions apply. See full list of participating merchants across Canada at Sobeys.com/participatingmerchants. *Tax. Ex. Licensed under the Canadian Beef Grading Agency / Certifié par l'Agence Canadienne de Classement du Bœuf. SBY_2025_P03_ATT_X6_N6_N6

Festive apps

BUY 2 GET 3RD FREE
or equal or lesser value

COMPLIMENTS or PANACHE Meat or Seafood Appetizers or Chicken Wings 250-800 g or PANACHE Bakery Desserts frozen 300-850 g selected Hors-d'œuvre à la viande ou aux fruits de mer ou ailes de poulet COMPLIMENTS ou PANACHE ou desserts de boulangerie surgelés PANACHE certaines variétés

13.99
 Fresh Atlantic Salmon Roasts Stuffed with Imitation Crab and Seafood Stuffing 30.84/kg
 Rôlés de saumon frais de l'Atlantique farcis avec farce de simili-crabe et fruits de mer

7.99
 In-Store Prepared Imitation Crab & Seafood Dip with Bacon & Cheddar Cheese 17.61/kg
 Trempepette simili-crabe et fruits de mer avec bacon et fromage cheddar préparée en magasin

9.99
 INTRODUCING: In-Store Prepared Seafood Boards with Smoked Salmon, Shrimp and Crab-Flavoured Seafood 350-380 g
 Plateaux de fruits de mer avec saumon fumé, crevettes et fruits de mer saveur de crabe préparés en magasin

7.99
 Stuffed Jalapeño Poppers with Imitation Crab and Seafood Stuffing 17.61/kg
 Croquettes de jalapeño farcies avec farce de simili-crabe et fruits de mer

Ready for you seafood.

Get 200 PTS
 When you spend \$25 or more on Ready for You Seafood.
*before taxes

13.99
 Fresh Atlantic Salmon Roasts Stuffed with Imitation Crab and Seafood Stuffing 30.84/kg
 Rôlés de saumon frais de l'Atlantique farcis avec farce de simili-crabe et fruits de mer

7.99
 In-Store Prepared Imitation Crab & Seafood Dip with Bacon & Cheddar Cheese 17.61/kg
 Trempepette simili-crabe et fruits de mer avec bacon et fromage cheddar préparée en magasin

9.99
 INTRODUCING: In-Store Prepared Seafood Boards with Smoked Salmon, Shrimp and Crab-Flavoured Seafood 350-380 g
 Plateaux de fruits de mer avec saumon fumé, crevettes et fruits de mer saveur de crabe préparés en magasin

7.99
 Stuffed Jalapeño Poppers with Imitation Crab and Seafood Stuffing 17.61/kg
 Croquettes de jalapeño farcies avec farce de simili-crabe et fruits de mer

100 PTS
 when you buy 1

10.99

COMPLIMENTS Smoked Sockeye, Steelhead, Atlantic Salmon or Gravlox 140-150 g
 Saumon sockeye, arc-en-ciel, de l'Atlantique ou gravlox COMPLIMENTS

18.99

IFC Atlantic Canada Cooked Snow Crab Clusters or Lobster Claws and Arms 454 g
 Grappes de crabe des neiges cuites du Canada atlantique IFC ou pinces et pattes de homard

9.99

EARLS Restaurant Clam Chowder frozen 550 mL, MIRABEL Cooked Shrimp 71-90 per lb 400 g or HIGH LINER Wild Pacific Salmon Fillets 400 g
 Chaudrée de palourdes EARLS Restaurant surgelée, crevettes cuites MIRABEL 71-90 par lb ou filets de saumon sauvage du Pacifique HIGH LINER

100 PTS
 when you buy 1

\$12

BEST BUY Breaded Popcorn Shrimp or Squid Rings 800 g
 Crevettes popcorn panées ou rondelles de calmars VALEUR PLUS

6.99

MATLAW'S Ocean Scallops or Clam Stuffing 425 g
 Farce de pétoncles de l'Atlantique ou palourdes MATLAW'S

8.99

WATERVIEW MARKET Shrimp with Sauce 454 g
 Crevettes avec sauce WATERVIEW MARKET

deli charcuterie

Scene+ MEMBER PRICE

87¢
 SAVE 70¢

94¢ without Scene+ Card

TRE STELLE Mozzarella 340 g
 Mozzarella TRE STELLE

11.99

COOMBE CASTLE Cheese Bakes 150 g
 Fromages au four COOMBE CASTLE

30% off **200 PTS**
 when you buy 400 g or more

L'EXTRA Brie or Double Cream works out to 3.25/100 g, OKA or OKA L'Artisan works out to 3.89/100 g
 Brie ou double crème L'EXTRA soit 3.25/100 g, OKA ou L'Artisan OKA soit 3.89/100 g

Scene+ MEMBER PRICE

MEMBERS SAVE AN EXTRA

10% off
 with Scene+ Card

10% off without Scene+ Card

COWS CREAMERY Cheddars selected varieties 150-200 g
 Cheddars COWS CREAMERY certaines variétés

5.99
 go when you buy 2 or more

TRE STELLE Feta, Halloumi, Bocconcini 200 g, Grated Parmesan 125 g, Crumbled Feta 150 g, Mascarpone 275 g or Ricotta 475 g 7.49 ea
 Feta, halloumi, bocconcini TRE STELLE, parmesan râpé, morceaux de feta, mascarpone ou ricotta

10.99

MINI BABYBEL 12 pk 240 g or THE LAUGHING COW 24 pk 400 g
 MINI BABYBEL ou LA VACHE QUI RIT

12.49

MAPLE LEAF Natural Selections Family Pack Shaved or Sliced Deli Meats selected 375-400 g
 Viandes de charcuterie paquet familial Natural Selections MAPLE LEAF émincées ou tranchées certaines variétés

100 PTS
 when you buy 2

3.99

LA BELLE BRETAGNE Pâté 150 g
 Pâté LA BELLE BRETAGNE

100 PTS
 when you buy 200 g or more

MAPLE LEAF Natural Selections Deli Meats Viandes de charcuterie Natural Selections MAPLE LEAF

2.99
 /700 g

BRANDT Kolbassa Coil Collier de kolbassa BRANDT

SLICED FRESH

2.29
 /700 g

LARSEN Country Style Salami Salami style fermier LARSEN

50 PTS
 when you buy 1

5.99

SAN DANIELLE Prosciutto selected 100 g Prosciutto SAN DANIELLE certaines variétés

Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more!
www.sobeys.com/getflyer

So easy

Perfect for holiday entertaining



Shop our selection of
60+
Made-to-order trays

Get **1000 PTS**
When you spend \$100

or

Get **2500 PTS**
When you spend \$200 or more

That's like **\$10**
toward your groceries

That's like **\$25**
toward your groceries



Order in-store or online today!

Learn more

Visit www.sobeys.com/entertaining for tray selections and ordering tips

kitchen cuisine

4.29 **100 PTS** when you buy 1

SUMMER FRESH Dips or Hummus regular 200-227 g
Trempepates ou hummus SUMMER FRESH régulier

LIMITED TIME ONLY

18.99

MITCHELL'S Trio Mini Box, Classic, Barley and Pea Flavours 3 pk 665 g
Mini boîte Trio MITCHELL'S saveurs classiques, à l'orge et au pois

100 PTS when you buy 2

6.49

RANA Fresh Pasta 227-300 g
Pâtes fraîches RANA

Cooks in 4 minutes!

LIMITED TIME ONLY

100 PTS when you buy 2

6.49

RANA Fresh Pasta 227-300 g
Pâtes fraîches RANA

Lobster Ravioli available for a limited time!

READY FOR YOU

This week's ready for you meal deals.

BUY 1

Ready for you Whole Assorted Dagwood Sandwich 1.15 kg
Sandwich assorti entier
Dagwood Prêt pour vous

GET 1

HAPPY PLANET Soup 650 mL
Soupe HAPPY PLANET

50% off* regular retail

READY FOR YOU

Get 250 PTS

When you buy a minimum of 250 g

Ready for you Chilled Meals

READY FOR YOU

Get 250 PTS When you buy 2

OR

Get 400 PTS When you buy 3 or more Pizzas

14" Take & Bake Pizza 715-890 g
Pizza à emporter et cuire de 14 po

bakery boulangerie

MIX & MATCH

BUY 4 GET 5TH FREE

Small or Large Pâtisseries each
Petites ou grandes pâtisseries chacune

4.29

COMPLIMENTS Brioche Burger Buns 4 pk 200 g
Pains à burger briochés COMPLIMENTS

BAKED IN STORE

50 PTS when you buy 1

6.29

Gourmet Cheese Buns 6 pk 425 g
Petits pains au fromage gourmet

BAKED IN STORE

4.29

Artisan Breads 375 g
Pains artisanaux

17.99

6" Chocolate or Chocolate Caramel Cheesecakes 850-875 g
Gâteaux au fromage au chocolat ou au chocolat et caramel de 6 po

Mmm chocolate!

Enjoy decadent pleasures in every bite.

Small Bar Cakes
455-575 g
Petits gâteaux en barre

8.99

BAKED IN STORE

100 PTS when you buy 2

5.99

Cookies assorted 10 pk 310 g
Biscuits assortis

BAKED IN STORE

200 PTS when you buy 2

7.99

Brownies 550-585 g

BAKED IN STORE

5.49

All Butter Croissants or Pastries 4 pk 275-400 g
Croissants ou pâtisseries pur beurre

Senior MEMBER

9.99 **SAVE \$1**

10.99 without Senior Card

Boston Cake 740 g
Gâteau Boston

Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more!
www.sobey.com/getflyer

frozen & dairy produits surgelés et laitiers

100 PTS
when you buy 3

3.99

KRAFT Dips 227 g
Trempettes KRAFT

50 PTS
when you buy 1

11.99

YOPLAIT Yop
Yogurt Drink 12 pk
Yogourt à boire Yop
YOPLAIT

2.49

Chocolate Milk 1 L brands vary
by province
Lait au chocolat marques variant
selon la province

MEMBER PRICE

3.99 **SAVE 50c**

4.49 without Scene+ Card

GAY LEA Aerosol Whipped Cream
225 g
Crème fouettée en aérosol GAY LEA

7.49

YOPLAIT Source
Yogurt 16 pk
Yogourt Source
YOPLAIT

value size

9.99

iÖGO Yogurt 2 kg
Yogourt iÖGO

2.99

LACTANTIA Flavoured
Butter 125 g
Beurre aromatisé
LACTANTIA

100 PTS
when you buy 2

5.99

ARMSTRONG Cheese Slices
220-240 g, Sticks 210 g, Swirls
283-340 g or Combos 180 g
Tranches de fromage ARMSTRONG,
bâtonnets, spirales ou combos

50 PTS
when you buy 1

4.49

COMPLIMENTS
Egg Whites 500 g
Blancs d'œufs
COMPLIMENTS

100 PTS
when you buy 2

3.49

COMPLIMENTS
Cream Cheese or
Spread 227-250 g
Fromage à la crème
ou tartina de
COMPLIMENTS

75 PTS
when you buy 4

BUY MORE SAVE MORE

1.99 (so when you buy 2 or more)

PILLSBURY Crescent Rolls or
Wiener Wraps 200-227 g 2.49 ea
Croissants ou pâte pour saucisse
PILLSBURY

100 PTS
when you buy 2

3.99

COMPLIMENTS
Cheese Strings
8 pk, 168 g
Fromage effiloché
COMPLIMENTS

3.99

COMPLIMENTS Frozen Entrée Bowls
300 g
Bols de repas surgelés COMPLIMENTS

4.49

KRAFT Cool Whip
Topping 1 L
Garniture Cool
Whip KRAFT

4.99

MCCAIN Vegetable
Medleys 400 g
Mélanges de légumes
MCCAIN

100 PTS
when you buy 2

4.49

MCCAIN Breakfast
Bowls 200 g
Bols MCCAIN
Déjeuner

2/\$4

GREEN GIANT Simply Steam
Vegetables 198-250 g
Légumes Simply Steam GÉANT VERT

3.99

CAVENDISH FARMS All-Day
Breakfast Hashbrowns 625-650 g
Pommes de terre rissolées All-Day
LES FERMES CAVENDISH

3.99

CAVENDISH FARMS Restaurant
Style Fries 540-750 g
Frites Restaurant Style LES FERMES
CAVENDISH

100 PTS
when you buy 2

3.49

BEST BUY Frozen
Vegetables 750 g
Légumes surgelés
VALEUR PLUS

compliments **Love it. Or it's free.** **100% MONEY-BACK GUARANTEE**

*For details see COMPLIMENTS.ca

100 PTS
when you buy 2

2.99

COMPLIMENTS BALANCE
Non-Hydrogenated Margarine 427 g
Margarine non hydrogénée
COMPLIMENTS ÉQUILIBRE

100 PTS
when you buy 2

4.99

COMPLIMENTS
Tropical Blends 1.75 L
Mélanges tropicaux
COMPLIMENTS

MEMBER PRICE

5.49 **SAVE 50c**

5.99 without Scene+ Card

COMPLIMENTS
Greek Yogurt 650 g
Yogourt grec COMPLIMENTS

150 PTS
when you buy 2

4.49

COMPLIMENTS Artichoke Hearts
398 mL or Asparagus Tips 341 mL
Cœurs d'artichauts COMPLIMENTS
ou pointes d'asperges

100 PTS
when you buy 2

2/\$5

COMPLIMENTS Flakes of Ham,
Turkey or Chicken 156 g
Flocons de bacon, dinde ou poulet
COMPLIMENTS

50 PTS
when you buy 1

5.99

COMPLIMENTS
Cottage Cheese 750 g
Fromage cottage
COMPLIMENTS

100 PTS
when you buy 2

3.29

COMPLIMENTS
Bagels 5 pk
Bagels
COMPLIMENTS

That's like \$4 toward your groceries

4.40 PTS
when you buy 3

5.49

COMPLIMENTS Spices or
Seasonings selected 5-245 g
Épices ou assaisonnements
COMPLIMENTS certaines variétés

100 PTS
when you buy 2

5.49

COMPLIMENTS
Bagged Cereal
400-794 g
Céréales en sachets
COMPLIMENTS

100 PTS
when you buy 2

2.99

COMPLIMENTS
Fruit Cups 4 pk
Bols de fruits
COMPLIMENTS

Scene GET 1000 PTS FOR EVERY \$100 SPENT IN GOOGLE PLAY GIFT CARDS!

Offer valid during November 21 - 27, 2024. Sorry, no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

drinks & snacks boissons et grignotines

200 PTS
when you buy 2

PEPSI Soft Drinks 6x222 mL
Boissons gazeuses PEPSI

2/\$9

DORITOS Tortilla Chips 210-280 g
Croustilles tortilla DORITOS

2/\$8

SMARTFOOD Popcorn 150-220 g, ROLD GOLD Pretzels 235-370 g or HOSTESS Hickory Sticks 275 g
Maïs soufflé SMARTFOOD, bretzels ROLD GOLD, ou julennes à l'hickory HOSTESS

350 PTS
when you buy 2 or more

OLD DUTCH Potato Chips 235 g 4.69 ea
Croustilles OLD DUTCH

7.99 without Scene+ Card

SAN PELLEGRINO, MOMENTI or NATURALI Sparkling Drinks 6x330 mL
Boissons pétillantes Momenti ou Naturali SAN PELLEGRINO ou GATORADE G-FIT

3/9.99

PRINGLES Super Stacks 148-156 g
PRINGLES en contenant format super

100 PTS
when you buy 2

COMPLIMENTS Potato Chips 200 g
Croustilles COMPLIMENTS

8.99

PERRIER Carbonated Natural Spring Water 6x330 mL or 1642 Premium Soda 4x275 mL
Eau de source naturelle gazeifiée PERRIER ou soda de qualité supérieure

6.99

MARTINELLI'S Sparkling Juice 750 mL or BUDIRIM Ginger Beer 4x250 mL
Jus pétillant MARTINELLI'S ou bière de gingembre BUDIRIM

3.99

DUNKAROOS selected varieties 168 g, NATURE VALLEY Muffin Bars or Crunchy Bars selected 132-175 g
DUNKAROOS certaines variétés ou barres muffins ou barres Croquantes VAL NATURE certaines variétés

500 PTS
when you buy 2

QUAKER Club Pack Yogurt or Dipp's Granola Bars 935 g-1.05 kg
Barres granola Yogourt ou Dipp's QUAKER en paquet club

5.99

HANS FREITAG Wafers 300 g, LOACKER Quadratin Wafers 220-250 g or BOULANGERIE Grissol Melba Toast 350-400 g
Gaufrettes HANS FREITAG, gaufrettes Quadratin LOACKER ou Toast Melba BOULANGERIE Grissol

3.99

HERSHEY'S Multi Packs 156-232 g
Emballages multiples HERSHEY'S

11.99

HERSHEY'S Reese, Cookies 'n' Creme or CADBURY Dairy Milk Advent Calendars 200-212 g (while supplies last)
Calendriers de l'Avent, HERSHEY'S REESE'S, Cookies 'N' Creme ou CADBURY Dairy Milk jusqu'à épuisement des stocks

12.99

LINDT Advent Calendars 128 g or MERCI Finest Selection Chocolates 400 g while supplies last
Calendriers de l'Avent LINDT ou chocolats Finest Selection MERCI jusqu'à épuisement des stocks

4.99 **500 PTS**
when you buy 4

WALKERS Pure Butter Shortbread Fingers, Rounds or Highlander 135-150 g
Doigts sablés pur beurre WALKERS, ronds ou Highlanders

3.99

CHRISTIE Ritz Chips or Crispers Family Size 240 g
Chips RITZ ou Crispers format familial CHRISTIE

200 PTS
when you buy 2

11.99

KINDER Maxi or Maxi with Toy 116-150 g while supplies last
KINDER Maxi ou Maxi avec jouet jusqu'à épuisement des stocks

4.49

HERSHEY'S Bagged Chocolate 160-290 g
Chocolat en sachet HERSHEY'S

4.99 **200 PTS**
when you buy 2

BEST BUY Creme Filled Cookies selected varieties 600 g
Biscuits garnis de crème VALEUR PLUS certaines variétés

2.99 **100 PTS**
when you buy 2

PANACHE Classic Water Crackers 125 g
Craquelins à l'eau classiques PANACHE

200 PTS
when you buy 2

12.99

ILLY Roast & Ground Coffee 250 g
Café torréfié et moulu ILLY

200 PTS
when you buy 2

3.99

PURITY Syrups 750 mL
Sirop PURITY

GET A \$15 DIGITAL Tim Card
TO REDISEN AT RESTAURANTS

BUY [image] [image] [image]

UPLOAD [image]

GET A \$15 Digital Tim Card!

TIM HORTONS Original or Candy Cane Hot Chocolate 450-500 g **4.99**

TIM HORTONS K-cups® Pods 10-12 pk **10.99**

TIM HORTONS Fine Grind Coffee 283-300 g **9.99**

TIM HORTONS Instant Coffee 300 g **13.99**

© 6 © Tim Hortons, 2024. K-CUP is a registered trademark of Keurig Green Mountain, Inc. *Trademarks of a third party not related to The TDL Group Corp.

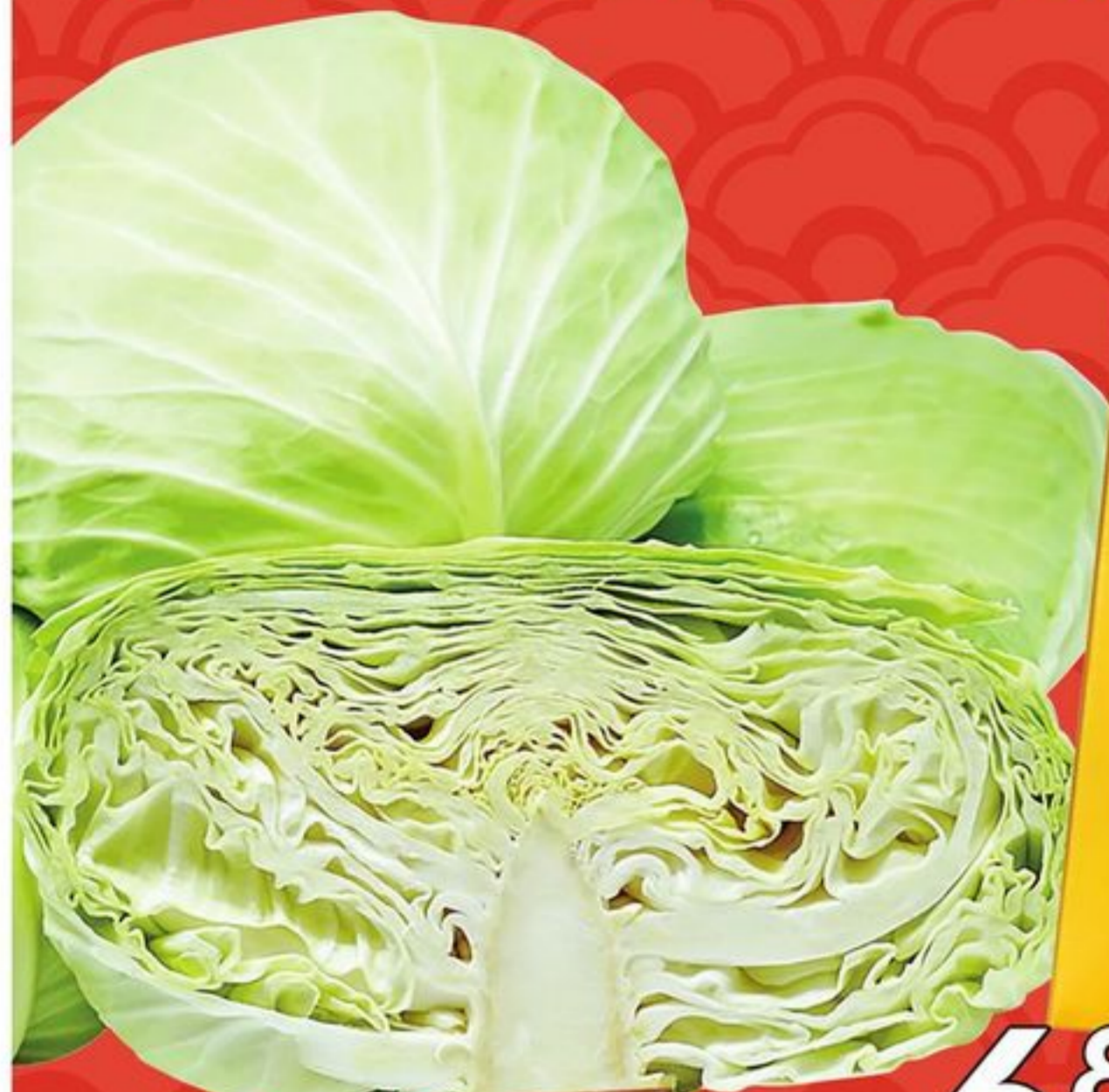
VAN HOUTTE
SAVOUR THE FESTIVE MOMENTS

VAN HOUTTE K-Cup® Pods 10-12 pk or Ground Coffee 300-340 g **10.99**

VAN HOUTTE K-Cup® Pods 30 pk **19.99**

Explore products from around the world!

Shop international foods storewide.



7²⁸
/lb

From Canada

Flat Cabbage
product of Canada
2.82/kg

6⁸⁸

EIGHT TREASURES Whole Raw
Head On Shrimp 40-50 ct per lb.
400 g



17²⁹

KOKUHO Rice
2.26 kg



7⁹⁹

Persimmon Case
product of South Africa



4⁴⁹

ROBINSONS Fruit Squash
selected varieties 1L



6⁴⁹

DAINTY Jasmine Rice
900 g



3⁴⁹

WAGAYA Pink Sushi
Ginger 340 g



5⁴⁹

NONGSHIM Noodles
448-480 g

meal makers alliés-repas

<p>2/\$9</p> <p>KELLOGG'S Cereal selected varieties 210-525 g Céréales KELLOGG'S certaines variétés</p>	<p>4.49 400 PTS when you buy 3</p> <p>PEARL MILLING COMPANY Pancake Mix 905 g or Syrup 710 mL Mélange à crêpes PEARL MILLING COMPANY ou sirop</p>	<p>2.99</p> <p>APPLESNAX Fruit Cups 6 pk Bols de fruits APPLESNAX</p>	<p>2/\$5</p> <p>DOLE Pineapple 398 mL Ananas DOLE</p>
<p>5.49</p> <p>CHRISTIE Honey Maid Baking Crumbs 400 g Chapelure de biscuits P'tite Abeille CHRISTIE</p>	<p>5.99 100 PTS when you buy 2</p> <p>E.D. SMITH Pie Filling selected 540 mL 6.79 ea Garniture à tarte E.D. SMITH certaines variétés</p>	<p>5.99 200 PTS when you buy 2</p> <p>QUAKER Oatmeal Muffin Mix 900 g or Oat Flour 700 g Mélange à muffins au gruau QUAKER ou farine d'avoine</p>	<p>5.69</p> <p>FLEISCHMANN'S Yeast selected 113 g Levure FLEISCHMANN'S certaines variétés</p>
<p>2.99</p> <p>BARILLA Pasta 410 g Pâtes BARILLA</p>	<p>100 PTS when you buy 1</p> <p>COMPLIMENTS Pasta 900 g or Balsamic Vinegar of Modena 500 mL Pâtes COMPLIMENTS ou vinaigre balsamique de Modène</p>	<p>5.49</p> <p>BICK'S Whole Pickles or Baby Dills 1 L Cornichons entiers BICK'S ou petits cornichons à l'aneth</p>	<p>6.49</p> <p>STEFANO Pasta Sauce 405-648 mL or PAM Cooking Sprays 113-170 g Sauce pour pâtes STEFANO ou enduit à cuisson PAM</p>
<p>2/\$7 200 PTS when you buy 4</p> <p>CAMPBELL'S Chunky Soup 515 mL or HABITANT Soup 796 mL Soupe Chunky CAMPBELL'S ou soupe HABITANT</p>	<p>4.99</p> <p>HEREFORD Corned Beef 340 g or COMPLIMENTS Sockeye Salmon 213 g Poitrine de bœuf salé HEREFORD ou saumon sockeye COMPLIMENTS</p>	<p>1.79 100 PTS when you buy 2</p> <p>COMPLIMENTS Onion Soup Mix 57 g or Chicken Noodle Soup Mix 128 g Mélange pour soupe à l'oignon COMPLIMENTS ou mélange pour soupe au poulet et aux nouilles</p>	<p>3.99</p> <p>OLD EL PASO Tortillas 238-334 g or Taco Shells 125-133 g or COMPLIMENTS Salsa 650 mL Tortillas OLD EL PASO ou coquilles à taco ou salsa COMPLIMENTS</p>
<p>3.99 200 PTS when you buy 2</p> <p>COMPLIMENTS Raisin or Grain Breads 600 g Pains aux raisins ou aux grains COMPLIMENTS</p>	<p>3.99</p> <p>DEMPSTER'S or TIA ROSA Tortillas 220-340 g or VACHON Snacks 248-336 g Tortillas DEMPSTER'S ou TIA ROSA ou collations VACHON</p>	<p>7.99</p> <p>DAINTY Rice 900 g selected varieties Riz DAINTY certaines variétés</p>	<p>3.99</p> <p>ALFEZ Meal Kits 150-200 g or Marinades 157 mL selected varieties Trousse repas ALFEZ ou marinades certaines variétés</p>

natural health santé naturelle

<p>3.99</p> <p>EARTH'S OWN Almond Beverage 1.89 L Boisson aux amandes EARTH'S OWN</p>	<p>8.99 30 PTS when you buy 1</p> <p>MARANATHA Almond Butter 340 g Beurre d'amande MARANATHA</p>	<p>8.99</p> <p>MID-DAY Squares 4 pk Carrés MID-DAY</p>	<p>5.99</p> <p>OLYMPIC ORGANIC Greek Yogurt 650 g Yogourt grec BIOLOGIQUE OLYMPIC</p>
<p>2/\$7</p> <p>KETTLE BRAND Potato Chips 156-198 g Croustilles KETTLE BRAND</p>	<p>2.99 50 PTS when you buy 2</p> <p>POPPI Soft Drinks 355 mL Boissons gazeuses POPPI</p>	<p>6.49</p> <p>MARY'S ORGANIC Crackers 155-184 g Craquelins MARY'S ORGANIC</p>	<p>10.99</p> <p>LAKEWOOD Juice 946 mL Jus LAKEWOOD</p>
<p>20% off 200 PTS when you buy 2</p> <p>JAMIESON Vitamins C Chewable 500 mg 120 pk or Vitamin D 1000 mg 100-240 pk Vitamine C en comprimés à croquer ou Vitamine D 1000 UJ JAMIESON</p>	<p>20% off</p> <p>ORGAIN Protein Powder selected 567-920 g Poudre protéinée ORGAIN certaines variétés</p>	<p>100 PTS when you buy 2</p> <p>MEYER'S Dish, Hand Soap or Cleaners 370-473 mL Savon à vaisselle, à mains ou nettoyeurs MEYER'S</p>	<p>1.99</p> <p>KIND Singles 40 g or Caddy 12 pk 21.99 Barres individuelles KIND ou Caddy</p>

RECIPES, STORIES, TIPS & TRICKS and more, all at Sobeys.com

ADD SOME
Panache



That's like
\$5
toward your
groceries

Get **500** PTS

When you spend \$30
or more on select
Panache confectionery
products.*

*before taxes,
while supplies last



PANACHE Butter Cookie & Toasted Marshmallow Flavour Milk Chocolate Bark 400 g



PANACHE Milk Chocolate Pecan Caramel Clusters 330 g

home & pet care

produits ménagers et pour animaux domestiques

13⁹⁹
TIDY Cat Litter 2.72 kg
Litière pour chats TIDY

167 when you buy 4 or more
CESAR Wet Dog Food 100 g 1.99 ea
Nourriture humide pour chiens CESAR

24⁹⁹
PEDIGREE Dry Food 5.4-8 kg or IAMS Cat Dry Food 3.18-4 kg
Nourriture sèche pour chiens PEDIGREE ou nourriture sèche pour chats IAMS

15⁹⁹
WHISKAS Perfect Portions Wet Cat Food 12 pk
Nourriture humide pour chats Perfect Portions WHISKAS

5⁹⁹
FLEECY Dryer Sheets 80 pk or Fabric Softener 1.36 L
Feuilles assouplissantes FLEECY ou assouplissant textile

2⁷⁹
SCOTTIES Supreme 3-ply Facial Tissue Cubes 60 sheets
Mouchoirs 3 épaisseurs en cubes Supreme SCOTTIES 60 feuilles

15⁹⁹ 300 PTS when you buy 2
CHARMIN Bathroom Tissue 12=48 rolls or BOUNTY Paper Towels 4-6 pk
Papier hygiénique CHARMIN 12=48 rouleaux ou essuie-tout BOUNTY

6⁹⁹ BEST BUY VALUEUR PLUS
BEST BUY Napkins 500 pk
Serviettes VALEUR PLUS

6⁹⁹ 100 PTS when you buy 2
AIR WICK Essential Oil Mist Refills or Plug-In 20 mL selected
Recharges d'huile essentielle Essential Mist AIR WICK ou Branchées certaines variétés

5⁷⁹ 75 PTS when you buy 2
WINDEX Windows Cleaner 765-950 mL or SCRUBBING BUBBLES Bathroom Cleaners 946 mL or Foamer 567 g selected
Nettoyant pour fenêtres WINDEX ou nettoyant pour salle de bain SCRUBBING BUBBLES ES ou mousse certaines variétés

8⁹⁹ 200 PTS when you buy 2
COMPLIMENTS Waste Bags 24-30 pk or Recycling Bags 20-30 pk
Sacs à déchets COMPLIMENTS ou sacs de recyclage

4⁹⁹ 25 PTS when you buy 2
ZIPLOC Sandwich or Snack Bags 30 pk, Freezer Bags 10-25 pk, Storage Bags 15-28 pk or Perfect Portion Bags 75 pk
Sacs à sandwich ou collation ZIPLOC, sacs de congélation, sacs de conservation sacs Portion parfaite

health, beauty & baby santé, beauté et bébé

150 PTS when you buy 2
NIVEA Deodorant, Body Wash, Shave or Lip Care 50-500 mL, 51-125 g or 2 pk selected
Déodorant, nettoyant pour le corps, soins de rasage ou pour les lèvres NIVEA certaines variétés

6⁴⁹ 250 PTS when you buy 2
CREST 3D White or Densify Toothpaste, Scope Mouthwash or ORAL-B Toothbrushes 85 mL-1 L or 1-2 pk selected
Dentifrice CREST 3D White ou Densify, rinçage-bouche Scope ou brosses à dents ORAL-B certaines variétés

300 PTS when you buy 2
2/29⁹⁹
NATIVE Deodorant 75 g or Sprays 99 g selected
Déodorant NATIVE ou vaporisateurs certaines variétés

5⁴⁹ 100 PTS when you buy 2
AXE Shampoo or Conditioner or Body Wash 473 mL, or Deodorant 76-113 g selected
Shampooing ou revitalisant ou nettoyant pour le corps AXE ou désodorisant certaines variétés

12⁹⁹
GARNIER Oila Hair Colour 1 pk, U BY KOTEX Pads or Tampons 30-50 pk or SCHICK Intuition Refills 3 pk selected
Couleur capillaire Oila GARNIER, serviettes ou tampons U BY KOTEX ou recharges Intuition SCHICK certaines variétés

3⁹⁹ 150 PTS when you buy 2
CREST Whitening Toothpaste or Kids Rinse 100-500 mL selected
Shampooing ou revitalisant NATIVE ou nettoyant pour le corps certaines variétés

300 PTS when you buy 2
2/23⁹⁹
NATIVE Shampoo or Conditioner 487 mL, or Body Wash 532 mL selected
Shampooing ou revitalisant NATIVE ou nettoyant pour le corps certaines variétés

9⁹⁹
AVEENO Body Lotion selected 532 mL
Lotion pour le corps AVEENO certaines variétés

4⁴⁹ BUY MORE SAVE MORE
LOVE CHILD Oaty Champs or Cookies 100-138 g 5.49 ea
Oaty Champs ou biscuits LOVE CHILD

22⁹⁹
PAMPERS or HUGGIES Baby Wipes 504-704 pk
Lingettes pour bébé PAMPERS ou HUGGIES

59⁹⁹
ENFAMIL A+ 18x237 mL selected varieties
ENFAMIL A+ certaines variétés

12⁹⁹ 200 PTS when you buy 2
Aveeno Baby Care 532 mL
Soins pour bébé AVEENO

pharmacy pharmacie

Only available at pharmacy locations. *Select products only available when a pharmacist is on duty. Seulement disponibles dans les magasins avec pharmacie. *Les produits sélectionnés sont disponibles uniquement quand un pharmacien est de garde.

10% off
CLEARBLUE Pregnancy Tests selected
Tests de grossesse CLEARBLUE certaines variétés

300 PTS when you buy 2
15% off
NERVIVE Nerve Relief 30 pk
Soulagement des douleurs nerveuses NERVIVE

19⁹⁹
POISE Pads or DEPEND Underwear selected
Serviettes POISE ou culottes DEPEND certaines variétés

150 PTS when you buy 2
10% off
Children's TYLENOL, MOTRIN or BENLYN Products selected*
Produits TYLENOL Pour enfants ou MOTRIN ou BENLYN certaines variétés*

150 PTS when you buy 2
15% off
TYLENOL or BENLYN or SINUTAB Cough, Cold or Sinus selected*
TYLENOL ou BENLYN ou SINUTAB Toux, rhume et sinus certaines variétés*

200 PTS when you buy 2
15% off
Children's ADVIL Liquid 24-100 mL, or Tablets 20 pk
ADVIL Pour enfants en sirop ou en comprimés

Get diabetes care that fits your needs.
Ask us if a personalized care plan is right for you.
360Health | Jobey
PHARMACY & WELLNESS

*Due to provincial regulations, products purchased using a prescription filled by a pharmacist may not be eligible for Scene+™ points.



Get diabetes care that fits **your** needs.

With a personalized care plan, our pharmacist can help you:

- Ensure your medications are working
- Understand insulin and injection techniques
- Review glucose monitoring and other technology
- Understand how blood pressure affects your diabetes

Ask our pharmacist if a personalized care plan is right for you.



Canada's Baby Grocery Store



Discover the newest arrival in our store!
Shop our all-in-one baby section today.

Bursting with value! Organic purées.

More Baby offers in store

Sobeys



\$7

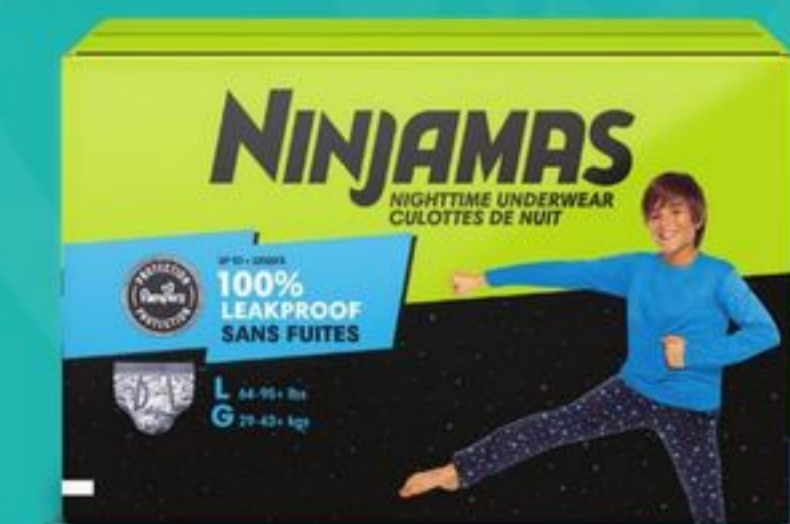
BUY MORE
SAVE MORE

ea when you
buy 5 or more

COMPLIMENTS ORGANIC
Baby Purées 1.79 ea



Pampers



Get 1000 PTS

When you spend \$50
or more on
Pampers products:

*before taxes

up to 100%
Leakproof Protection

Clinically Proven
for Sensitive Skin



so paw-some

Treats for your pet




12⁹⁹
PURINA One Dog Treats 566 g

HUMAN GRADE ORGANIC COOKIEPAL[®]
DOG TREATS

SUPPORTS DIGESTION



6⁹⁹
COOKIE PAL ORGANIC Dog Treats 300 g



9⁹⁹
ea when you buy 2 or more
PURINA Beggin' Dog Snack 665-708 g 12.99 ea



6⁹⁹
BLUE BUFFALO Bits, Sizzlers or Stix 113-170 g

Bring home the paw-fect gift!



10⁹⁹
PEDIGREE Dentastix 504-608 g



3/9⁹⁹
TEMPTATIONS Cat Treats 180 g



Fill their stockings too!

Get **300** PTS
When you spend \$15 or more on ANY MILK-BONE products.*
*before taxes.



5⁴⁹
MILK-BONE Biscuits including dipped, stacked, celebration variety or farmer's medley 280-900 g

 Bring on the happy paws! Stay tuned for new offers weekly!

TAKE HOME THE TASTE OF HOLIDAYS

50 PTS when you buy 2
COCA-COLA Beverages 6x222 mL

400 PTS when you buy 2
AHA Sparkling Water Beverages 12x355 mL

29.99*
MONSTER Energy Beverages* 12x473 mL

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations from November 7th to 13th, 2024. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price. † This product may not be suitable for everyone. Please read the label for instructions. The trademarks that appear are the property of their respective trademark owners.

17 G of PROBIOTICS **200 PTS** when you buy 3
6.99
Oikos 650-750 g or ACTIVIA 12x96-100 g

350 **BUY MORE SAVE MORE**
SILK 1.75-1.89 L
SILK 5.29-6.29 ea

100 PTS when you buy 1
5.99 PEPSI Soft Drinks 8x355 mL

6.49 **BUY MORE SAVE MORE** 80 when you buy 2 or more
MONTELLIER Sparkling Water 10x355 mL 7.49 ea

Kraft PRESENTS Pinterest to Plate

100 PTS when you buy 1
MAXWELL HOUSE or NABOB Single Serve Pods 30 pk **18.99**

100 PTS when you buy 2
NABOB Roast & Ground Coffee or Whole Bean 300-340 g or MAXWELL HOUSE Keel Latte 165 g **8.99**

WATKINS NEW 9.99

Since 1868 TRADE MARK

WATKINS Dye Free Food Colouring Kit 4x8.9 mL Bottles or Vanilla Pure Bean Paste 56 g

7.99
YELLOWSTONE Seasonings and Rubs 1.5-1.65 g

Kraft PRESENTS Pinterest to Plate

6.29 **SAVINGS AT** Each Any variety
HEINZ Ketchup 750 mL-1 L or MIRACLE WHIP or Mayonnaise 650-890 mL

3.99 Each Any variety
CLASSICO Pasta Sauce 218-650 mL

NEW YELLOWSTONE 7.99

YELLOWSTONE Seasonings and Rubs 1.5-1.65 g

Crisp Winter Snacking

3/9.99 PRINGLES Chips selected varieties 148-156 g

2.99 RICE KRISPIES Squares Bars selected varieties 176 g

2.99 CHEEZ-IT Crackers selected varieties 191-200 g

3.99 EGGO Waffles selected varieties 280-330 g

Bring Home the Joy with General Mills

5.99 GENERAL MILLS Cereals selected varieties 475-778 g

2.99 NATURE VALLEY Granola Bars selected varieties 125-210 g or BETTY CROCKER or MOTT'S Fruit Snacks 226 g

6.49 DR. OETKER Ristorante or Casa Di Mama Pizza 320-410 g

7.49 **100 PTS** when you buy 2
DR. OETKER Stuffed Crust Pizza 685-771 g

5.99 NESTLÉ Premium Frozen Dessert or REAL DAIRY Ice Cream 1.5 L, Drumstick or Selected Frozen Novelties 4-10 pk

3.99 KELLOGG'S Eggo Waffles 270-330 g

12.99 **100 PTS** when you buy 1
CORONA Sunbrew Non-Alcoholic Beer 6x330 mL

8.99 **200 PTS** when you buy 2
RED BULL Energy Drink 4x250 mL

5.99 **100 PTS** when you buy 2
OASIS Health Break or Smoothie 1.6 L

2.99 KELLOGG'S Nutri-Grain Bars, Rice Krispies Squares or Pop-Tarts selected varieties 125-384 g

Kraft PRESENTS
Pinterest to Plate
 IMPRESS WITHOUT THE STRESS

PHILADELPHIA Cream Cheese 340 g **6.49**

KRAFT Singles Process Cheese 410 g **4.99**

200 PTS when you buy 2

STOCK UP & SAVE FOR THE HOLIDAYS

Get On Board for Holiday Snacking

CHRISTIE Crackers selected varieties 175-200 g **2.99**

CHRISTIE Cookies selected varieties 210-203 g **3.99**

CADBURY Dairy Milk Chocolate Bars 200 g or SOUR PATCH KIDS Candy 308-315 g **4.99**

CHRISTIE Crispers or Bits & Bites 145 g **2.99**

YOU COULD WIN A **\$25,000 GET-TOGETHER** enter at togetherwithcheese.ca

6.99 LACTANTIA Healthy Attitude or OLIVINA Margarine 550 g or PARKAY Margarine 1.36 kg

12.49 CRACKER BARREL Cheese Block 740 g or Shreds 590 g

2.99 CHRISTIE Crackers selected varieties 175-200 g

3.99 CHRISTIE Cookies selected varieties 210-203 g

4.99 CADBURY Dairy Milk Chocolate Bars 200 g or SOUR PATCH KIDS Candy 308-315 g

2.99 CHRISTIE Crispers or Bits & Bites 145 g

Campbell's
 THIS HOLIDAY SEASON

IT'S ALL ABOUT THE SIDES

Try Campbell's easy-to-make side dish recipes

1.79 CAMPBELL'S Cream of Mushroom Noodle, Cream of Mushroom or Vegetable Soup 284 mL

2/\$5 CAMPBELL'S Condensed Soup selected varieties 284 mL

Knorr

BUY \$20 GET \$10 BACK

BUY \$20 of any Knorr participating products

UPLOAD your receipts to www.knorr.ca/offer

GET \$10 digital gift card

1.79 KNORR Dry Sauces or Gravies 22-44 g selected varieties

2.29 KNORR Sidekicks 112-167 g any variety 2.79 ea

STOCK UP ON BAKING ESSENTIALS

FOR RECIPES VISIT ROBINHOOD.CA

5.99 JIF Peanut Butter selected varieties 1 kg

5.99 SMUCKER'S Jam selected varieties 310-500 mL

McCain

Save BIG with McCain Favourites

4.49 MCCAIN Premium Specialty Fries 454-800 g

7.99 TASTIEZ Bites 400-500 g

100 PTS when you buy 1

\$10 MCCAIN Premium Value Fries 1.9 kg

7.29 Delicious! MCCAIN Pockets 6 pk 540-600 g

4.49 SMUCKER'S Ice Cream Toppings 428 mL

SMUCKER'S Sundae Syrup

4.99 COFFEEMATE Coffee Creamers 828-946 mL

6.99 LIBERTE Greek Yogurt 650-750 g

5.99 OLYMPIC ORGANIC Kid's Drinks 4x190 mL

12.99 COMPLIMENTS LED 60W Light Bulbs 6 pk

4.99 KRAFT Peanut Butter 500 g or Cheez Whiz 450 g

Kraft 100% Parmesan CHEESE

9.99 KRAFT Parmesan selected 250 g

SHAKE ON

PASTA RICE SALAD EGGS

SNACK + PLAY

FOR YOUR NEXT FAMILY GAME NIGHT

50 PTS
when you buy 1

ORVILLE REDENBACHER
Microwave Popcorn 5-8 pk
248-492 g or Gourmet
Popping Corn 850 g

200 PTS
when you buy 2

8⁹⁹

POGO Original 10 pk
or All Beef 8 pk
600-750 g

10⁴⁹

ORVILLE REDENBACHER
10 pk 700-820 g

3⁵⁰
ea when you buy 2 or more

ORVILLE REDENBACHER
Ready-To-Eat Popcorn
116-220 g 4.99 ea



YOU COULD
WIN A NINTENDO SWITCH™ PRIZE PACK

† NO PURCHASE NECESSARY. Open to legal residents of Canada over the age of majority in their province/territory of residence from September 2, 2024 at 12:00:00am ET to December 16, 2024, at 11:59:59pm ET. Visit www.orvillepogo.ca or scan a QR code and fully complete the Contest entry form. Included in your submission, you must enter a valid UPC code from a qualifying Orville Redenbacher® or POGO® product. There are seventy-five (75) Weekly Prizes (each a "Weekly Prize") available to be won during the Contest. Each Weekly Prize includes: One (1) Nintendo Switch™ — OLED Model system, One (1) download code for a digital version of a Nintendo Switch™ game (as determined by Sponsor) and a One (1) year supply of Orville Redenbacher® popcorn. (ARV \$565.00 CAD). Odds of winning a Weekly Prize depend on the number of eligible entries received at the time of the draws. The number of prizes available will decrease as they are revealed and claimed. Mathematical skill-testing question required. Conditions and restrictions apply. To enter or for full contest rules, visit www.orvillepogo.ca. Prize may not be exactly as shown in contest materials. Nintendo is not a sponsor, co-sponsor or administrator of this Contest. Nintendo trademarks are properties of Nintendo.

BUY 1 GET 1
of equal or lesser value
FREE

PURE J. L. KRAFT
Dressings
or Marinades
355 mL
any variety



BUY 1 GET 1
of equal or lesser value
FREE

MIO
Drink Mixes
10 pk any variety



BUY 1 GET 1
of equal or lesser value
FREE

KRAFT DINNER
Gluten Free
or Plant-Based
Macaroni & Cheese
170 g any variety



BUY 1 GET 1
of equal or lesser value
FREE

CRAVE
Frozen Meals
200-340 g
any variety



BUY 1 GET 1
of equal or lesser value
FREE

KRAFT DINNER
Deluxe
Frozen Meals
340 g any variety



See In-Store for Details

Subscribe to Emails from Sobeys to get *more*



Get everything you love about Sobeys like:

- Access to weekly flyers
- Email exclusive offers
- Recipes plus tips & tricks from our experts
- Important updates about your store



Sign up today to get your first email exclusive *offer*

SAVE \$5

on your next purchase of \$40*

*New subscribers only. Terms and conditions apply.

Subscribe now

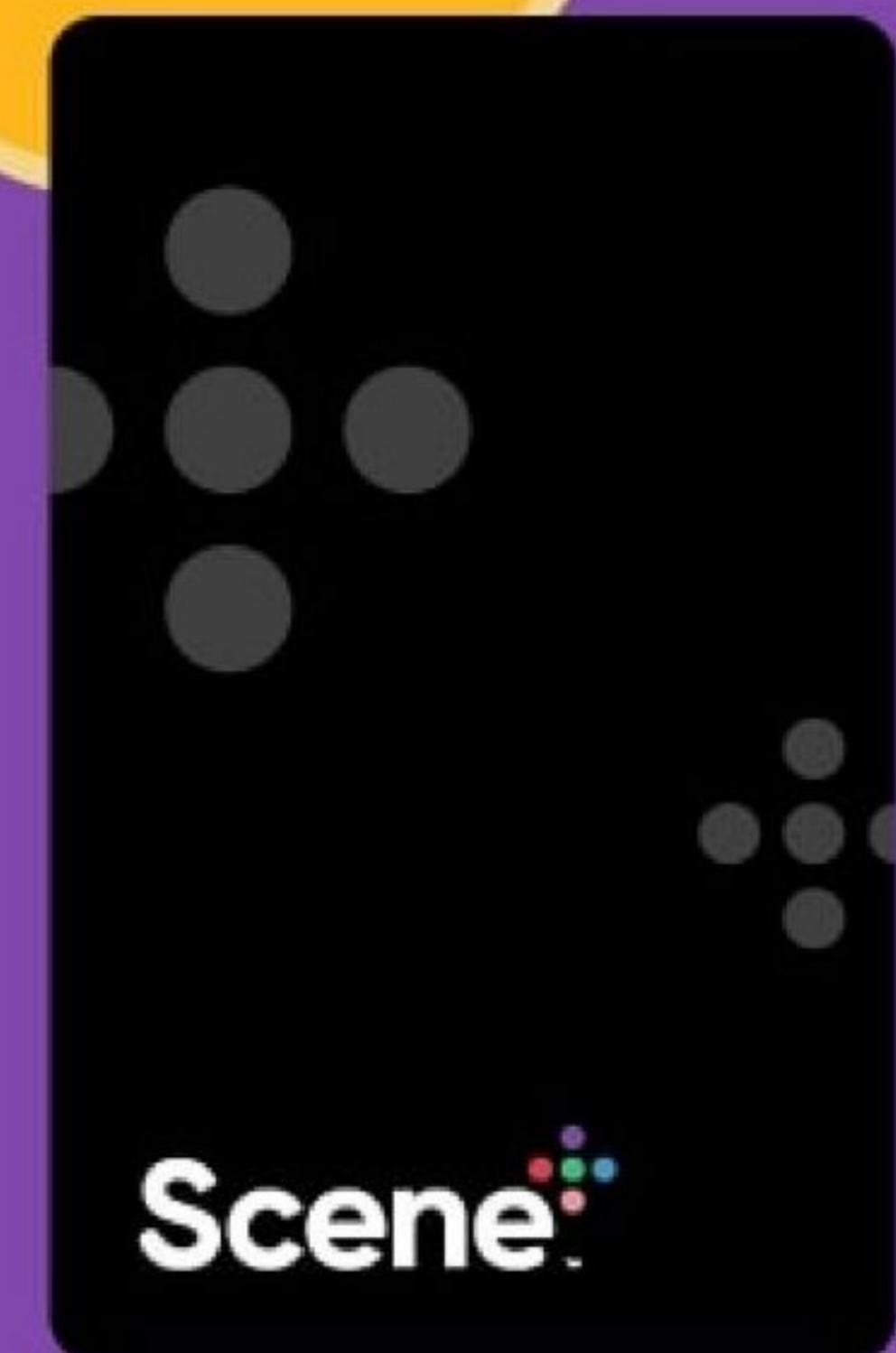
GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa* Card**.

APPLY NOW

**GET 2
SCENE+ PTS
ON EVERY
\$1 SPENT²**

**1000 pts
= \$10 in
groceries¹**



¹1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.
²Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.
See full list of participating merchants across Canada at scotiabank.com/participatingstores.
*Visa Int. / licensed user.