



WESTERN FOODS

6660 Sooke Road
Open 7 Days a Week 7:00am to 9:00pm
We reserve the right to limit quantities.
Items may not be exactly as shown
WESTERNFOODS.COM • 250.642.4134

YOUR
COMMUNITY
FOOD STORE



GROCERY

Bubly Sparkling Water
12/355ml



5⁹⁹ +dep

Kraft Miracle Whip Salad Dressing
890ml



5⁹⁹

Heinz Ketchup
1L



4⁹⁹

Unico Pasta
900g



2/6⁰⁰

Rogers White Sugar
2kg



3⁴⁹

Sunshine Valley Liquid Honey Bears
375g



4⁹⁹

Kraft Dinner Macaroni and Cheese
200g



5/5⁰⁰

Dad's Root Beer or Cream Soda
355ml



4/5⁰⁰ +dep

Buttercup White or 100% Whole Wheat Bread
570g



2³⁹

Old Dutch	Arriba or Restaurant Tortilla Chips	235g-290g	2/7⁰⁰
Peace	Tea	695ml	2/3⁰⁰ +dep
Last Mountain	Berry Spread	454g	6⁷⁹
Unico	Tomatoes	796ml	2/4⁰⁰

Baker's	Semi Sweet Baking Chocolate	170g-205g	4⁹⁹
Kellogg's	Raisin Bran Cereal	625g	6⁴⁹
Roger's	Icing Sugar	1kg	2⁹⁹
Unico	Pitted or Sliced Black Olives	200ml	2/4⁰⁰

Huy Fong	Sriracha Chili Sauce	714ml	6⁹⁹
Snap'd	Snack Crackers	213g	2/7⁰⁰
Unico	Whole Sun Dried Tomatoes	210ml	4²⁹
Texana	Long Grain Jasmine Rice	907g	3⁴⁹


Glaceau	Vitamin Water	591ml	2/4⁰⁰ +dep
Unico	Marinated Artichokes	170ml	2²⁹
Smartfood	Popcorn	150g	2/8⁰⁰
Smoky	Bay N/A Wine	750ml	7⁹⁹ +dep

McVities	Digestive or Hob Nob Cookies	300g	3⁶⁹
Kellogg's	Special K Cereal	Various Sizes	5⁴⁹
Realemon or Realme	Juicers	125ml	99¢
Green Giant	Canned Vegetables	341ml-398ml	3/5⁰⁰

Stagg	Chili	425g	2/7⁰⁰
Unico	Capers	125ml	2⁶⁹
Purex	Triple Roll Ultra Bathroom Tissue	8roll	8⁹⁹
Bonterra	Mega Facial Tissue	3's	6⁹⁹

NATURAL FROZEN

Little Northern
Bakehouse Hot Dog or Sandwich Buns
260-320g



4⁹⁹

GLUTEN FREE

Pamela's
Pancake & Baking Mix
1.81kg



24⁹⁹

Mexico
Green Limes
Ea



39¢ /lb

PRODUCE

Imported
Striploin
35.49kg



16⁰⁹ /lb

BUY ONE GET ONE FREE

MEAT


Kraft
Singles Cheese Slices
410g



3⁹⁹

DAIRY

Kind
Bars
40g



1⁶⁹

NATURAL & ORGANIC

Sensible Portions
Veggie Cups
141g




3²⁹

Vancouver
Island Kabocha Squash
1.96KG



89¢ /lb

BC
Rutabaga
1.74KG



79¢ /lb

Pork
Butt Steak
10.98kg



4⁹⁸ /lb

Pork
Butt Roast
9.89kg



4⁴⁹ /lb

Island Farms	Chocolate Milk	2L	5²⁹
Island Gold	Jumbo Free Run Eggs	12's	5⁹⁹
Island Farms	Table Cream	1L	4⁵⁹

Pukka
Herbal Tea
20's



6⁴⁹

Daiya
Cheeze Crumbles
170g



4⁹⁹

BAKERY

Made in Store
Garlic Cheese Focaccia
Ea



3⁸⁹

Washington
Jumbo Red Onion
2.40kg

1⁰⁹ /lb

Vancouver
Island Savoy Cabbage
2.84kg

1²⁹ /lb


Fresh
Farmhouse Drumsticks
6.58kg

2⁹⁸ /lb

Campfire
Bacon
375g

4⁹⁹

Bassili's
Single Serve Entrees
300g



3⁹⁹

Knudsen
Just Cranberry, Blueberry, Pomegranate or Cherry
946ml



10⁹⁹ +dep

Everland Organic
Maple Syrup
1L



22⁹⁹ +dep

Made in Store Ea
Assorted Cookie Sandwiches

2/2²⁹

MADE IN STORE 6'S
Beef Dip Buns

3⁸⁹

Dessert Cups
142g

3⁰⁹

BC
Bunched Radishes
Ea

89¢

South America
Plantain Bananas
3.28kg

1⁴⁹ /lb

Assorted
Belmont Burgers
852g

15⁴⁹

Compliments
Wieners
450g

3⁹⁹

FROZEN

Eggo
Thick and Fluffy Waffles
330g

3⁶⁹

Freemum
Crackers
120g



3⁹⁹

Flow
Water
500ml



1⁶⁹ +dep

DELI

Grimm's
Regular or Garlic Roast Beef
100g



3⁴⁹

BC Organic
Russet Potatoes
5lbs

4⁹⁹

BC Organic
McIntosh Apples
3lbs

3⁹⁹

SEAFOOD

Sockeye Salmon Fillets
100g

3¹⁹

Fresh Oysters
8 Oz tub ea

9⁴⁹

Meatman's
Gourmet Sausage Rolls
560g

6⁹⁹

Freemum
Crackers
120g

3⁹⁹

Flow
Water
500ml

1⁶⁹ +dep

Grimm's Regular or Honey Garlic Pepperoni Stick
Ea

99¢

Mayflower Pockets
Ea

2/6⁰⁰

Fresh Fried Chicken Legs
Ea

2/4⁰⁰

MORE Great specials in-store!
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PRICES IN EFFECT NOVEMBER 13 - NOVEMBER 19, 2024

THURSDAYS ARE Senior's Days - SAVE 10% ON MOST ITEMS