

COUNTDOWN TO THANKSGIVING

Make humanely raised turkey your holiday centerpiece with the best selection—including local, organic, heirloom, and more. Options starting at \$1.99/lb.

TURKEYS

While supplies last.

Starting at:
\$1.99
lb

RESERVE YOUR *Thanksgiving* ~FEAST~

Holiday your way with humanely raised meats, ready-to-heat sides, desserts, and more.

Place your order now through November 24, 10pm at catering.newseasonsmarket.com



Really BIG DEALS

20% off

ALL SMOKED AND PICKLED SEAFOOD

Exclusions apply.

20% off

BULK FOODS

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

50% off

ROMA VICOLO PIZZA

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

DAVE'S KILLER BREAD
**ORGANIC BREAD
OR ENGLISH MUFFINS**

Selected Varieties
13.2-27oz

PNW
LOCAL



\$4.99 ea

SAVE \$2ea

**ORGANIC
HONEYCRISP
APPLES**

Extra crisp and sweet! From Allview Orchards in Wenatchee, WA.

PNW
LOCAL



\$2.99 lb

SAVE \$1lb

TONY'S CHOCOLONELY
CHOCOLATE BAR

Selected Varieties
6.35oz



\$3.99 ea

SAVE \$3ea

WHAT WE'RE loving

The top picks and seasonal favorites we can't get enough of lately.

NEW SEASONS BROCCOLI CHOP SALAD

A light and lemony salad featuring a mix of shaved broccoli, kale, green cabbage, and sweet hot peppers.

\$10⁹⁹
lb
SAVE \$1lb



NEW SEASONS PIZZA

Made fresh from scratch using top-notch ingredients with dough from Bowery Bakeries. 18in

Starting at:
\$18⁹⁹
ea
FEATURED



JOSIE'S ORGANICS CAESAR SALAD KIT

Perfect for a quick and easy meal. From Braga Fresh in Salinas, CA.

\$4⁹⁹
ea
SAVE \$1ea



NEW SEASONS PARMESAN CHICKEN BREASTS

Made in-house with Mary's chicken and ready to bake or fry for a quick and tasty meal.

\$9⁹⁹
lb
SAVE \$2lb



MEAT & SEAFOOD

NEW SEASONS ALL STIR-FRY BLENDS

Choose from humanely raised beef, chicken, or pork in a variety of gluten-free marinades. Flavor options may vary by location.

Starting at:
\$7⁹⁹
lb
SAVE \$1lb



NEW SEASONS WILD-CAUGHT SALMON CAKES

Made in-house with wild-caught salmon, veggies, and seasonings. Ready to pan-fry or bake.

\$3⁹⁹
ea
SAVE \$1ea



NEW SEASONS COUNTRY SAGE PORK BREAKFAST SAUSAGE

Made using humanely raised chicken with no added sulfites or antibiotics ever.

\$6⁴⁹
lb
SAVE 50¢lb



COUNTRY NATURAL BEEF NEW YORK STEAKS

USDA Choice, humanely raised beef with no added hormones and no antibiotics ever.

\$16⁹⁹
lb
SAVE \$4lb



FLORAL

DISBUD MUMS

Big, beautiful, and perfect for fall decorating. 5-stem bunch

\$7⁹⁹
ea
SAVE \$2ea



PRODUCE

ORGANIC CELERY

Crisp, flavorful, and perfect for appetizers or holiday stuffing. From Braga Fresh in Salinas, CA.

\$1⁷⁹
lb
SAVE \$1lb



ORGANICGIRL SELECT SALAD BLENDS

Choose from 50/50!, Baby Spring Mix, Super Greens!, or Spinach. Grown in Salinas, CA. 1lb pkg

\$6⁹⁹
ea
SAVE \$1ea



ORGANIC YAMS AND SWEET POTATOES

Delicious baked, steamed, or roasted. From A. V. Thomas Produce in Livingston, CA.

\$2⁴⁹
lb
SAVE 50¢lb



BAKERY & CHEESE

SCHWARTZ BROTHERS BAKERY MUFFINS

We're loving the seasonal Pumpkin Cream Cheese muffins topped with a rosette of cream cheese and pumpkin seeds.
4ct



\$7⁹⁹
ea

SAVE \$1ea

JOYFULL BAKERY PARMESAN CRISPS

These crunchy, cheesy crisps are great as a snack or added to a salad.
3oz



\$6⁹⁹
ea

SAVE \$1ea

NEW SEASONS FRIED CHICKEN

Fully cooked and extra crispy bone-in chicken thighs and drumsticks. Ready to enjoy hot or cold.



\$12⁹⁹
lb

FEATURED

AZEH'S KITCHEN SPICY QUINOA AND CORN SALAD

Made with white quinoa, corn, black beans, arugula, and bell pepper in a tangy, spicy dressing.



\$12⁹⁹
lb

FEATURED

THE ORIGINAL CAKERIE TIRAMISU BAR CAKE

Espresso-infused sponge cake layered with creamy mascarpone, coffee liqueur, and topped with whipped cream.



\$15⁹⁹
ea

SAVE \$1ea

MITICA THE DRUNKEN GOAT

This classic wine-washed goat cheese is beautiful on a charcuterie board.



\$19⁹⁹
lb

SAVE \$3lb

OLYMPIA PROVISIONS MORTADELLA CLASSICA

A classic Italian Mortadella with black peppercorns, warm baking spices, and hand-cut fatback. Sliced to order.



\$15⁹⁹
lb

SAVE \$2lb

ORIGAMI CATERING TUNA SALMON FUTOMAKI ROLL

Featuring black-pepper Ahi tuna, Coho salmon, wasabi cream, red tobiko, chili flakes, and black sesame seeds.



\$12⁹⁹
ea

SAVE \$1ea

BEER & WINE

Mix & Match
Every day

10%
off

6 bottles
of wine

20%
off

12 bottles
of wine
or more

*Offer available in-store only.

SOVERAIN CABERNET SAUVIGNON OR CHARDONNAY

Enjoy the bright and citrusy Sauvignon Blanc or the bold Cabernet Sauvignon with notes of blackberry, cherry, and spice. A portion of proceeds goes to Meals on Wheels People.
750ml



\$11⁹⁹
ea

SAVE UP TO \$4ea

LINDEMANS LAMBIC GIFT BOX

Indulge yourself or brighten someone's day with this gift set, featuring an assortment of classic Belgian fruit lambic beers and an elegantly etched glass to enjoy them.
4pk/8.45oz



\$19⁹⁹
ea

SAVE \$2ea

UNDERWOOD WINE SELECT WINES

Underwood wines set the bar for great quality Northwest wines at an everyday price. Choose from Pinot Noir, Pinot Gris, or Rosé.
750ml



\$13⁹⁹
ea

SAVE \$9ea

TERMINAL GRAVITY FESTIVALE

A classic winter ale boasting a nutty, complex malt character, dry hop profile, and a deep ruby body—with notes of toffee and spice.
6pk/12oz



\$11⁹⁹
ea

SAVE \$4ea

SAVE TIME,
ORDER ONLINE!

Use code
THANKFUL15 for
\$15 off \$75+
online for delivery
or free pickup.*
shop.newseasonsmarket.com

Powered by
instacart
*Terms apply. Free pickup on orders of \$35+.

GET 25% OFF!
Neighbor Rewards members opted into email or text get 25% off coffee and tea!*

Join or sign up by Thursday at newseasonsmarket.com/rewards to get this special member offer on Friday.

*excludes beverage bar purchases.



WELLNESS

HEALTHFORCE SUPERFOODS WHOLE FOOD SUPPLEMENTS

Stock up and save on your go-to formulas, including greens products.



25% off

NORDIC NATURALS VITAMINS AND SUPPLEMENTS

Save 25% on all of your favorites, including fish oils and gummy vitamins.



25% off

MEGAFOOD ADVANCED MULTIVITAMINS

A nutrient-rich once-daily formula to help support healthy aging.

60tab

\$24.99 ea

SAVE UP TO \$9ea



NOW FOODS C-500 WITH ROSE HIPS

Each dose provides 500mg of vitamin C, enhanced with rose hips—a natural, plant-based source of this essential nutrient.

100tab

\$6.99 ea

SAVE \$3ea



BLOOM OREGANO OIL

Pure oil of oregano in 100% vegetarian liquid caps.

60vc

\$14.99 ea

SAVE \$6ea



SIMPLY TERA'S WHEY PROTEIN POWDERS

Save on select varieties, including grass-fed and organic.

12oz

\$19.99 ea

SAVE \$8ea



MICKELBERRY GARDENS ELDERBERRY HONEY TONIC

PNW LOCAL

Delicious elderberry extract in a base of local honey and apple cider vinegar. Save on 8oz too.

4oz

\$10.99 ea

SAVE \$4ea



INESSENTS CBD INFUSED BATH SOAKS

PNW LOCAL

Relax and unwind with CBD-infused bath salts. Many scents to choose from.

4oz

\$6.99 ea

SAVE \$3ea



ANDALOU NATURALS INSTANT CLARITY CLAY MASK POD

Helps to clear away impurities, minimize clogged pores, and stimulate circulation for a clean, clear complexion. Save on select facial masks this week.

.28oz

\$2.79 ea

SAVE \$1.20ea



CRYSTAL MINERAL DEODORANT ROLL-ONS

The original mineral salt deodorant. Save on a variety of scents.

2.25oz

\$3.99 ea

SAVE \$2ea



GROCERY

ALDEN'S ORGANIC ICE CREAM

Selected Varieties

1.5qt

PNW LOCAL

\$8.99 ea

SAVE \$1ea



SCHÄR PUFF PASTRY OR CROISSANT

Assorted Varieties

20% off



AGAINST THE GRAIN GOURMET GLUTEN-FREE BAGUETTES

15oz

\$7.99 ea

SAVE \$2ea



DOROT GARDENS FROZEN GARLIC AND HERBS

Selected Varieties

2.5oz

\$2.99 ea

SAVE \$1ea



NEW COAST FORAGING CO. FROZEN VEGETABLES

Assorted Varieties

16oz

2 for \$6

SAVE 99¢ea



APPLEGATE FROZEN BREADED CHICKEN

Selected Varieties

8oz

\$7.99 ea

SAVE \$2ea



DARING FOODS PLANT-BASED BOWLS

Assorted Varieties

9oz

\$6.99 ea

SAVE \$2ea



AYO FROZEN MEALS

Assorted Varieties

8-10oz

\$5.99 ea

SAVE \$1ea



GROCERY

R.W. KNUDSEN FAMILY CIDER & SPICE
32oz



\$4⁹⁹
ea
SAVE \$1ea

ODYSSEY SPARKLING MUSHROOM ELIXIR
Assorted Varieties
12oz



2 for \$6
SAVE 99¢ea

ARDOR ORGANIC SPARKLING WATER
Assorted Varieties
12oz



\$2⁹⁹
ea
SAVE 70¢ea

C2O ORGANIC COCONUT WATER
16.9oz



2 for \$5
SAVE 99¢ea

BUDDHA TEAS TEA
Selected Varieties



20% off

TAZO TEA
Selected Varieties
16-20ct

PNW LOCAL



\$3⁹⁹
ea
SAVE \$1.50ea

FEVER-TREE PREMIUM DRINK MIXER
Selected Varieties
16.9oz



2 for \$6
SAVE \$1.99ea

NEW SEASONS NORTHWEST BLEND APPLE JUICE
Made with NW-grown apples by Hood River Juice Co. in Hood River, OR.
1gal



\$6⁹⁹
ea
EVERYDAY VALUE

G.H. CRETORS POPCORN
Assorted Varieties
6.5-8oz



\$4⁹⁹
ea
SAVE \$2.50ea

GARDEN OF EATING TORTILLA CHIPS
Assorted Varieties
5.5oz



\$2⁹⁹
ea
SAVE \$2ea

JACKSON'S SWEET POTATO CHIPS
Selected Varieties
5oz



\$3⁹⁹
ea
SAVE \$1ea

PAMELA'S PRODUCTS GLUTEN-FREE PRODUCTS
Selected Varieties



20% off

Better Bulk

The bulk section is always a must-visit, especially with our selection of nuts and fruit from Equal Exchange. Not only is the quality unmatched, but their sourcing model empowers small-scale farmers and helps redistribute wealth within their communities.

EQUAL EXCHANGE BULK NUTS AND DRIED FRUIT
Selected Varieties



20% off
DURING OUR BULK SALE

MARICH CONFECTIONERY BULK CHOCOLATES OR CANDIES
Selected Varieties



20% off
DURING OUR BULK SALE

LILY'S SWEETS BAKING CHIPS
Selected Varieties
9oz



\$8⁹⁹
ea
SAVE \$2ea

PORTLAND COFFEE ROASTERS BULK COFFEE
Assorted Varieties

PNW LOCAL



20% off
DURING OUR BULK SALE

THEO CHOCOLATE ORGANIC CHOCOLATE
Selected Varieties
3oz

PNW LOCAL



\$3⁹⁹
ea
SAVE \$1ea

PIPCORN HEIRLOOM SNACKS CORN DIPPERS
9.25oz



\$3⁹⁹
ea
SAVE \$2ea

GROCERY

**MISSION FOODS
BURRITO FLOUR
TORTILLAS**
8ct



\$3.49
ea
SAVE \$1ea

**VIGO
RICE**
Selected Varieties



20%
off

**HEYDAY CANNING
BEANS**
Assorted Varieties
15oz



\$3.99
ea
SAVE \$1ea

**CHOSEN FOODS
COOKING OILS
OR CONDIMENTS**
Selected Varieties



20%
off

**DELALLO
TOMATOES**
Selected Varieties
24-25oz



\$4.99
ea
SAVE \$1ea

**GRAZA
EXTRA VIRGIN
OLIVE OIL**
Sizzle or Drizzle.



20%
off

**BONAFIDE PROVISIONS
ORGANIC
BROTH**
Selected Varieties



25%
off

**CALIFORNIA OLIVE RANCH
VINAIGRETTE
DRESSING**
Assorted Varieties
10oz



\$8.99
ea
SAVE \$2ea

**YAMASA
KATSU OR
RAMEN BROTH**
Assorted Varieties



20%
off

**LAUREL FOODS
HAZELNUT OIL**
8.5oz



\$10.99
ea
SAVE \$3ea

**DIVINA
PEPPERS, OLIVES
OR DOLMAS**
Selected Varieties



20%
off

**DELALLO
SUN DRIED TOMATO
BRUSCHETTA**
10oz



\$5.99
ea
SAVE \$2ea

**BOB'S RED MILL
BAKING MIXES**
Selected Varieties



25%
off

**CUP4CUP
GLUTEN-FREE
FLOUR**
3lb



\$14.99
ea
SAVE \$3ea

**KING ARTHUR BAKING COMPANY
FLOUR**
Selected Varieties



20%
off

**NEW SEASONS
GRANOLA**
Original Nature's
or Mocha Crunch.
10-12oz



\$9.99
ea
FEATURED

**CASCADIAN FARM ORGANIC
CEREAL**
Selected
Varieties
8.6-14.6oz



\$4.99
ea
SAVE \$3ea

**GROUND UP PDX
NUT BUTTER**
Selected Varieties
12oz



\$13.99
ea
SAVE \$2ea

**WHITE LEAF PROVISIONS
BIODYNAMIC
BABY FOOD**
Selected Varieties
3.17oz



2 for \$5
SAVE UP TO 79¢ea

**BETTER LIFE
CLEANING
PRODUCTS**
Selected Varieties



20%
off

GROCERY

Really **BIG DEAL**

50% off

ROMA VICOLO PIZZA

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

ORGANIC VALLEY
REDUCED FAT EGGNOG
1qt



20% off

ZOI
GREEK YOGURT
Assorted Varieties
32oz

PNW LOCAL



\$3.99 ea
SAVE \$2ea

TOFUTTI
DAIRY-FREE PRODUCTS
Selected Varieties



25% off

DE CASA FINE FOODS
ORGANIC SALSA OR DIP
Selected Varieties
14-14.5oz

PNW LOCAL



\$3.99 ea

GALBANI
FRESH MOZZARELLA
Selected Varieties
16oz



\$5.99 ea

IMMACULATE BAKING
BISCUITS OR CRESCENT ROLLS
8ct



\$5.99 ea

LAIRD SUPERFOOD
SUPERFOOD CREAMER
Selected Varieties
1pt



\$4.99 ea

NOOSA
YOGHURT
Assorted Varieties
4.5oz



4 for \$5
SAVE 74¢ea

ORGANIC VALLEY
GRASSMILK
Selected Varieties



20% off

TRULY GRASS FED
BUTTER
Salted or Unsalted.
8oz



\$4.49 ea
SAVE \$2ea

VIOLIFE
DAIRY-FREE AND VEGAN PRODUCTS
Assorted Varieties



30% off

WILD HARVEST
SHREDDED CHEESE
Selected Varieties
6oz



\$4.99 ea
EVERYDAY VALUE

NANCY'S
ORGANIC SOUR CREAM
16oz

PNW LOCAL



\$4.49 ea

NEW SEASONS
FRESH RAVIOLI

Made in small batches by Classic Foods in Portland, OR, using fresh, local ingredients.
16oz



\$8.99 ea

FLORIDA'S NATURAL
JUICE
Assorted Varieties
52oz



\$4.49 ea
SAVE 50¢ea

NAKED
SMOOTHIE
Selected Varieties
15.2oz



2 for \$7

Really **BIG DEAL**

20% off BULK FOODS

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

Weekend Tasting

We're sampling some of our favorite Alpine cheeses—just in time for holiday appetizer prep!
Friday, Saturday & Sunday • 12pm – 6pm