

# BIG HOLIDAY DEALS!

SAVE UP TO 64%

**1.88** LB

**AMBROSIA APPLES**

product of Ontario,  
Canada fancy grade  
pommes  
1.94/lb  
3027454901\_00



Foodland  
ONTARIO

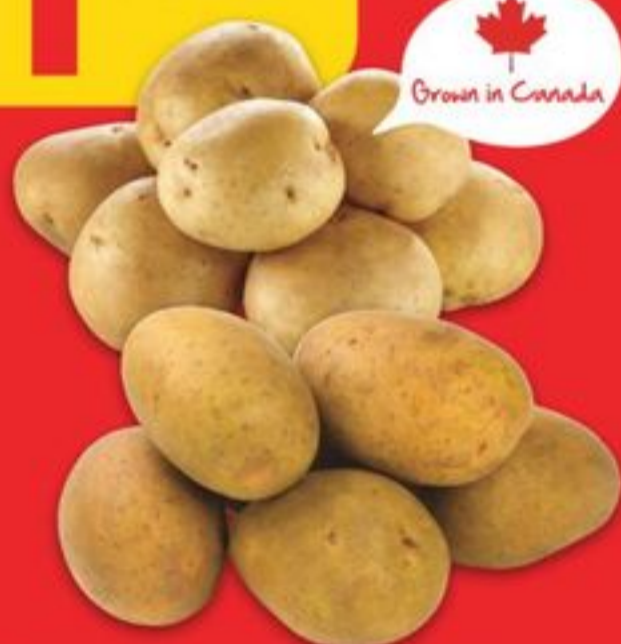


SAVE UP TO 64%

**1.77**

**10 LB BAG**

**RUSSET or YELLOW POTATOES**  
product of Canada,  
Canada no. 1 grade  
pommes de terre Russet ou jaunes  
3060117001\_0A/3060102001\_0A



SAVE 33%

**1.99**

**60Z CLAMSHELL**

**BLACKBERRIES**  
product of Mexico or U.S.A.,  
mûres  
30051013001\_0A



SAVE 33%

**3.99**

**312 G**

**PC® BABY SPINACH or SPRING MIX**  
product of U.S.A.,  
petites épinards ou  
mélange printanier  
21204301\_0A/21204304\_0A



# BIG HOLIDAY DEALS!

**NOFRILLS**

FLYER PRICES EFFECTIVE THURSDAY, NOVEMBER 28 TO WEDNESDAY, DECEMBER 4, 2024.



**ONLY 1.97 LB**

**WHOLE CHICKEN**  
poulet entier  
6.34/kg  
20499970.60

WHILE QUANTITIES LAST



**SAVE 37%**

**3.77**

**SCHNEIDERS BACON**  
selected varieties, 375 g  
boîtes  
20773671.6A



**SAVE 28%**

**\$5**

**PC PUB RECIPE™ CHICKEN NUGGETS, STRIPS AND BURGERS**  
selected varieties, frozen, 700 g  
pâpilles ou lamelles ou burgers de poulet  
21301321.6A



**SAVE 54%**

**2.87 LB**

**PORK TENDERLOIN**  
fresh, cryovac package  
filet de porc  
6.33/kg  
20320970.60

**SAVE 26%**

**1.25**

**UNICO BEANS or TOMATOES**  
selected varieties  
540/796 mL  
légumineuses ou tomates  
20112467001.6A/20314629001.6A



**SAVE 22%**

**3.47**

**RISTORANTE or CASA DI MAMA PIZZA**  
selected varieties, frozen  
320-410 g  
pizzas  
20294100001.6A/20294404001.6A



**SAVE UP TO 40%**

**\$3**

**PC® VEGETABLES**  
400-750 g or  
**PREMIUM VEGETABLES**  
350-500 g  
selected varieties, frozen  
légumes  
202189113.6A/21184674.6A



**SAVE 20%**

**\$4**

**FARMER'S MARKET BUTTER CROISSANT or LOAF CAKES**  
selected varieties  
200-400 g  
gâteaux quatre-quarts  
20973943.6A/21489754.6A



APP EXCLUSIVE OFFER  
1,000 Value

\$1 Value

**ONLY 6.99**

APP EXCLUSIVE OFFER  
1,000 Value

\$1 Value

**NO NAME® CANOLA or VEGETABLE OIL**  
3 L  
huile de canola ou végétale  
20208660.6A/201023290.6A



**SAVE 25%**

**2.99**

**DORITOS TORTILLA CHIPS**  
selected varieties  
210-280 g  
croustilles de tortilla  
21267118.6A



**SAVE UP TO 50%**

**\$4**

**PC® CHOCOLATE COVERED FRUIT AND NUT** 340/400 g,  
**MERCI CHOCOLATE KISSES** 200 g or  
**HERSHEY'S KISSES** 180 g  
selected varieties  
Fruits ou noix enrobés de chocolat ou chocolat  
20000354.6A/21054210.6A  
WHILE QUANTITIES LAST



**SAVE 31%**

**12.99**

**TILDA BASMATI RICE**  
riz basmati  
20112478.6A



**PRICE DROP**

**4.77**

**ARMSTRONG or PC® SHREDDED CHEESE**  
250-320 g or **ARMSTRONG CHEESE** 400 g  
selected varieties  
fromage râpé ou fromage  
21286240.6A/21286749.6A



**PRICE DROP**

**4.99**

**LACTANTIA BUTTER**  
selected varieties  
454 g  
beurre  
20639926.6A



FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY:

nofrills.ca

AVAILABLE AT: LUCIANO & SARRA'S - ACTON, BOB & TINA'S - AMHERSTBURG, JUSTIN & STACEY'S - ANGLIS, ANGLIS MARK'S - ARNOLD, RYAN'S - ATHERTON, TONY & JILL'S - BANCROFT, CHRIS - BARRIE, NICK'S - BARRIE, RYAN'S - BEAMSVILLE, JOE'S - BELLEVILLE, REALTY'S - BRADFORD, RUTHY'S - BRANTFORD, WALKER'S - BRANTFORD, CHRIS & ANGELA'S - BRANTFORD, BRANTLEY'S - BRANTFORD, MICHAEL'S - BURLINGTON, DAVID & DEBRA'S - CAMBRIDGE, EDDIE & LINDA'S - CAMBRIDGE, FISHER'S - CAMPELLFORD, DANIEL'S - CASSIDIAN, FOR & KEITH'S - CHESTER, DAVID'S - COLLINGWOOD, JAMES & JUNE'S - CONNELL, DUFFY - CO. BUNNA, TONY'S - ELSBETH LAKE, ROBERT'S - ESTATE, DEBRA & KERRY'S - FORT PETER, BALDWIN'S - GANANOCQUA, MIKE & GRACE'S - GLENDON, DAVID & NATALIE'S - GRAND BOND, DOONICK'S - GUYTON, SHANNON & RICHARD'S - GUELPH, BOB'S - HARRISVILLE, CHRIS & JANE'S - HAMILTON, FRANK'S - HAMILTON, DONORIO'S - HAMILTON, KERRY & CINDY'S - HAMILTON, TONY'S - HAMILTON, JOHN'S - INVERESS, DITERMAN'S - KINGSTON, ANDREW & EMILY'S - KINGSTON, SANVA'S - KINGSTON, DEBRA & LAURA'S - KITCHENER, BRIAN & JENNIFER'S - LONDON, DARRYL & TRACY'S - LONDON, GARY'S - LONDON, MASH'S - LONDON, PHIL'S - LONDON, BOB & BRACHA'S - LONDON, ROBERT & TRACY'S - LONDON, BRIAN & BECKY'S - MIDLAND, PAUL'S - MIDLAND, PETER'S - MOORE FOREST, JAMES & JACQUELYNNE'S - NAPANEE, CHRIS & SARAH'S - NIPISSAN, WACELAY'S - NEW HAMBURG, PHILIPPE'S - NIPECAVILLE, BOB'S - NIMBERG, ERIC, ALAN & NICOLELLE'S - NORTH BAY, JEFF & TANYA'S - NORTH BAY, JIM & LES ANNIE'S - ORANGEVILLE, JASON'S - ORSOLA, CONNOR & KENNEDY'S - OTTAWA, DAVID'S - OTTAWA, DEAN & WENDY'S - OWEN SOUND, JAY'S - PARIS, STACEY & TROY'S - PERRY SOUND, STEVEN & JULIE'S - PIMBERN, CHRIS & NICKY'S - PITHERSBOROUGH, DAVID'S - PETERSBOROUGH, DAVID'S - PICTON, BRANDON'S - PORT COLBORNE, MIKE'S - PORT DUFFER, CHRIS & TANYA'S - RAINBOW, KYLE'S - SARNIA, BRADY & MARY'S - SAULT STE MARIE, JIMMY & STEPH'S - SHELBOURNE, BLAKE'S - ST CATHARINES, MARK'S - ST CATHARINES, BRANDON & WENDY'S - STITTVILLE, CRAIG & KEE - STIRLING, BRANDON & ADRIAN'S - STURGEON FALLS, STEVE'S - SUTTON WEST, CAYLE'S - THURBY, RYAN & CATHY'S - THIRNING, MARK & SARAH'S - WALLACEBURG, ERIC'S - WATERDOWN, PHIL & MALLORY'S - WATERLOO, GILBERT'S - WELLS, TONY & KATHY'S - WINDSOR, SCOTT'S - WOODSTOCK

# MULTI BUY? TRY SINGLE BUY.



ONE FOR

179

**KNORR  
SIDEKICKS**  
selected varieties  
120-162 g  
plats d'accompagnement  
20321430011\_EA



ONE FOR

\$3

**MIO, CRYSTAL  
LIGHT or  
KOOL-AID  
DRINK MIXES**  
selected varieties  
48 mL/24-56 g  
mélanges à boisson  
20663423\_EA/2074949001\_EA

**LAY'S POTATO  
CHIPS 177-235 g or  
POPPABLES 130 g**  
selected varieties  
croustilles ou grignotines  
21241032\_EA



ONE FOR

379

**GENERAL  
MILLS CEREAL**  
selected varieties  
297-430 g  
céréales  
21104047\_EA/21104055\_EA



ONE FOR

399

**BIG**  
**HOLIDAY**  
**DEALS!**

**249**

**CHRISTIE**  
**COOKIES**

selected varieties  
223-303 g  
biscuits

21358407\_EA/21361508\_EA



**MAKE SURE**  
**TO FOLLOW**  
**OUR FACEBOOK**  
**AND INSTAGRAM**  
**CHANNELS FOR**  
**BIG DEALS**  
**THIS HOLIDAY**  
**SEASON!**

# BIG HOLIDAY DEALS!

**PINEAPPLE**  
product of Costa Rica  
onions  
30160992001 SA

**1.99**



**325 G**

**3.99**

**ASPARAGUS**  
product of Peru or Mexico, no. 1 grade or  
**CAULIFLOWER**  
product of U.S.A. or Mexico,  
no. 1 grade  
asperges ou chou-fleur  
3018179001 SA/30133377001 SA



**2.99**

**PINT**

**BLUEBERRIES**  
product of Peru, no. 1 grade  
Moulin  
30088137001 SA



**1.69**

**ENGLISH CUCUMBERS**  
product of Ontario,  
Canada no. 1 grade  
cucumbers anglais  
30090132001 SA

**1.99**

**BROCCOLI CROWNS**  
product of Mexico or U.S.A.  
no. 1 grade  
courgettes de brocoli  
31131340001 SA



**2.99**  
LB

**TOMATOES ON THE VINE**  
product of U.S.A.,  
Mexico or Canada  
tomates sur vigne  
6.39/kg  
30076102001 SA



**2.99**

**3 LB BAG**

**FARMER'S MARKET CARROTS or YELLOW ONIONS**  
product of Ontario,  
Canada no. 1 grade or  
carottes ou oignons jaunes  
30000127001 SA/3011194001 SA



**2.99**

**CANTALOUPE**  
product of U.S.A. or Guatemala,  
no. 1 grade  
melon  
3000010001 SA



**3.99**  
LB

**RED & GREEN SEEDLESS GRAPES**  
product of U.S.A., no. 1 grade  
raisins rouges et verts  
no. 1 grade  
3000010001 SA



**3.99**

**PKG OF 5 OR 6**

**AVOCADOS**  
product of Mexico  
avocat  
3000010001 SA



**3.99**

**PKG OF 4**

**RED & GREEN PEPPERS**  
product of U.S.A. or Mexico  
no. 1 grade  
poivrons rouges et verts  
3000010001 SA



**2.49**

**ICEBERG LETTUCE**  
product of U.S.A. or Mexico,  
no. 1 grade  
salade iceberg  
30133320001 SA



**2.99**

**CELERY**  
product of Mexico or U.S.A., no. 1 grade  
no. 1 grade  
no. 1 grade  
3000010001 SA



**8.99**

**RED MANGOES**  
product of Brazil  
no. 1 grade  
no. 1 grade  
WHILE STOCKS LAST

**APPROX. 9 LB CASE**



**\$7**

**6" POINSETTIAS**  
product of U.S.A. or Mexico  
no. 1 grade  
no. 1 grade  
3000010001 SA



**3.99**

**454 G**

**PC® WHOLE WHITE & CREAMI MUSHROOMS**  
product of Ontario  
champignons blancs  
no. 1 grade  
no. 1 grade  
3000010001 SA



**\$4**

**FARMER'S MARKET LEMONS**  
product of Spain or Turkey or U.S.A., no. 1 grade  
Canada no. 1 grade  
no. 1 grade  
no. 1 grade  
3000010001 SA



**2 LB BAG**

**3 LB BAG**

**4.99**

**3 LB BAG**

**FARMER'S MARKET NAVEL ORANGES**  
product of South Africa  
oranges navel  
3000010001 SA



**4.99**

**2 LB BAG**

**FARMER'S MARKET MANDARINS**  
product of Spain or Mexico  
mandarines  
3000010001 SA



# BIG HOLIDAY DEALS!



**\$12**

**PC® CHICKEN BREAST, SPLIT CHICKEN WINGS or BREAST CUTLETS**  
fresh, up to 720 g  
portions de poulet ou ailes de poulet séparées ou escalopes de poulet  
21494306 EA

**BONELESS BEEF STEW**  
cubes de bœuf déossé  
22,02/kg  
30257943, RD

**9.99**  
LB



**9.99**

**MAPLE LEAF or SCHNEIDERS HAM**  
selected varieties  
400/700 g  
jambon  
21094578 EA/21094483 EA



**MARCANGELO SAUSAGE, BREAKFAST SAUSAGE or PATTIES** 1,2/1,4 kg or **PC® FREE FROM® LEAN GROUND LAMB** 454 g  
selected varieties  
saucisses ou galettes ou agneau haché maigre  
20799538 EA/21232008 EA

**10.99**

**2.99**

**SMOKED STEELHEAD SALMON**, pre-diced, 50 g  
**GO SHRIMP RAW**, **COOKED**, \$1.70 per lb or 160 g  
**YELLOWFIN TUNA STEAKS**, 92 g, or **SEAQUEST FLAVOURED ALASKA POLLOCK**  
ready to eat, 227 g, selected varieties  
saumon fumé, filets de crevettes crues ou cuites ou dorées de thon allongés ou saumon d'Alaska  
20722642 EA/21208011 EA  
**WHILE QUANTITIES LAST**



**5.99**

**SEAQUEST® RAW SHELL ON SHRIMP or COOKED PEELLED SHRIMP**  
frozen, 34-43 per lb  
300 g  
crevettes  
21064882 EA



**12.49**

**MARCANGELO ROAST or BACON WRAPPED CHICKEN**  
selected varieties  
370-800 g  
cuisse ou poulet brossé de bacon  
21148333 EA



**4.49**

**PILLER'S SLICED DELI MEAT** 150/200 g or **PC® TOPPED HUMMUS** 280 g  
selected varieties  
charcuteries tranchées ou hummus garni  
21094382 EA/20812322 EA



**4.99**

**SAPUTO CHEESE**  
selected varieties  
125-200 g  
fromages  
20272713 EA/21218214 EA



**\$10**

**NO NAME® APPETIZERS**  
selected varieties, frozen  
154-800 g  
hors-d'œuvre  
21424323 EA



**2.99**

**D'ITALIANO BREAD BUNS** 600-675 g or **BUNS** 4/8's  
selected varieties  
pain ou petits pains  
20032323 EA/20639949 EA



**\$3**

**COUNTRY HARVEST BREAD BAGELS** 600/650 g or **BAGELS** 4's  
selected varieties  
pain ou bagels  
21172097 EA/21176442 EA



**4.50**

**PC® MINI MUFFINS**  
selected varieties  
12's  
mini-muffins  
21488229 EA



**3.99**

**MARCANGELO MORTADELLA**  
selected varieties  
175 g  
mortadelle  
21281212 EA



**5.99**

**MARCANGELO SLICED DELI MEAT** 100 g or **PEPPERONI** 175 g  
selected varieties  
charcuteries tranchées ou pepperoni  
20942322 EA



**MARCANGELO ANTIPASTO or EUROPEAN DISCOVERY SLICED DELI MEAT**  
selected varieties, 175/200 g  
antipasto ou charcuteries tranchées  
21204349 EA/21212142 EA  
**WHILE QUANTITIES LAST**



**\$11**

# BIG HOLIDAY DEALS!



SAVE 40%

2.49

ONLY 3.33



DANONE ACTIVIA TUBS 450 g, OIKOS 4%, TWO GOOD 4% or DANINO KIDS DRINKABLE YOGURT 4% selected varieties yogurt

30225133063 SA/21330790 SA

BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT selected varieties 410 g produit de fromage fondu 3125244 SA

ONLY \$4



PC® THIN CRUST PIZZA selected varieties, frozen 330-397 g pizza 3071479 SA



NEILSON TRUTASTE MILK 4 L, LACTOSE FREE 2 L or PROTEIN MILK 1.89 L selected varieties milk

3014877 SA/21048962 SA

ONLY 5.99

\$3

NATURE VALLEY GRANOLA BARS, MOTT'S or BETTY CROCKER FRUIT SNACKS selected varieties 120-230 g

bonnes grande ou collections aux fruits 3021323602 SA/3018474007 SA



5.99

NESCAFÉ GOLD SWEET & CREAMY INSTANT COFFEE selected varieties 90-251 g

café instantané 2107446 SA/21062071 SA



6.99

BECEL MARGARINE selected varieties 437/850 g

margarine 3027514002 SA



.35

MR. NOODLES INSTANT NOODLES selected varieties 85 g

3021323602 SA



\$1

NO NAME® TUNA selected varieties 175 g

3021323602 SA



4.50

CLOVER LEAF SOCKEYE SALMON 375 g

3021323602 SA



.79

PC® SOFT DRINKS selected varieties 2 L

bonnes grande 3021323602 SA



2.99

RUFFLES POTATO CHIPS selected varieties 150-200 g

3021323602 SA



1.25

ALLEN'S or MINUTE MAID FRUIT COCKTAILS selected varieties, 1 L

3021323602 SA



2.49

DARE COOKIES selected varieties 148-243 g

3021323602 SA



4.99

JAMIESON VITAMINS C + D selected varieties 75-240 g

3021323602 SA



2.99

CARNARY SWEET CANDY CANE CHOCOLATE BALLS IN NET 200 g

selected varieties, please see notes on back of chocolate 3021323602 SA



3.99

LINDY MINI CHOCOLATE BALL 100 g, LINDY BEAR MULTI DARE REALFRUIT CANDY 220 g

selected varieties, chocolate or Vanilla 3021323602 SA



4.99

CADBURY MINI EGGS 200 g or OLD EXCELLENT BEANitos BEANS 200 g

selected varieties, 200-240 g chocolate or chocolate or Vanilla 3021323602 SA



12.99

NESTLE KITKAT CABIN 200 g, FAVOURITE BAG 275 g or ELMER'S BOXED CHOCOLATE 140 g

selected varieties, chocolate 3021323602 SA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

**NOVEMBER**

**HIT  
OF THE  
MONTH**



**PC® Kettle Cooked Potato Chips**

Selected varieties, 200 g  
Limit: 6, over limit retail \$2.50



**D'Italiano Gusto! Bagels**

Selected varieties, 6's  
Limit: 6, over limit retail \$4.49



**Granarolo Quattrocento Parmesan Style  
Wedge, 200 g or Piller's Kolbassa 250-375 g**

Selected varieties  
Limit: 6, over limit retail \$6.00



**Hershey's Chocolate Pouches**

Selected varieties, 180-230 g

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. \*Must be a registered PC Optimum™ member to get this offer. Valid from November 1st - 30th, 2024.



# STOCK UP DEALS



# 4.99

## WINDSOR CLEAN & PROTECT WATER SOFTENER

18.1 kg  
adoucisseur d'eau  
21104810\_EA

# BIG HOLIDAY DEALS!



SAVE UP TO 27%

ONLY 5.99



HEALTHY CHOICE SIMPLY 255-283 g or HEALTHY CHOICE GOURMET STEAMERS 269-306 g selected varieties, frozen plats cuisinés surgelés 2017438 EA/2140439 EA

\$4

PC<sup>®</sup> WOOD FIRED PIZZA selected varieties, frozen 351-413 g pizza 2140332 EA



ONLY 3.33



SAVE 20%

2.69

PILLSBURY PIZZA POPS selected varieties, frozen 4's pizza 2143396 EA

YOPLAIT SOURCE 630 g, 4% PROTEIN or MINIGO 6% PROTEIN or TUBES 8's selected varieties yogurt 2129131801 EA/21347393 EA

3.50

NO NAME<sup>®</sup> CANNED FRUIT selected varieties 796 mL, 28 fl oz 2041823 EA



\$6

PC<sup>®</sup> ORANGE JUICE selected varieties, refrigerated 2.5 L, 84 fl oz 2110448 EA



3.99

OCEAN SPRAY CRANBERRY COCKTAIL 1.89 L or 100% CRANBERRY JUICE 1.27 L selected varieties 2140332 EA/2140439 EA



2.99

PRINGLES PARTY STACK POTATO CHIPS 194/203 g or MINGLES 153 g selected varieties 2121081 EA/2121082 EA



3.99

MISS VICKIE'S KETTLE COOKED POTATO CHIPS 190/200 g or CHEETOS SNACKS 170/285 g selected varieties 2133895 EA/2133896 EA



\$2

NO NAME<sup>®</sup> OLIVES selected varieties 273 mL, 9.5 fl oz 2041823 EA



2.99

FERRERO ROCHER CHOCOLATE BAR selected varieties 90 g, 3.15 oz 2110448 EA/2110449 EA



20.99

GATORADE SPORT DRINK selected varieties 24x591 mL, 20.0 fl oz 2133895 EA



249 CHRISTIE CRISPERS<sup>®</sup> or BITS & BITES CRACKERS selected varieties 143 g craquelins 2133895 EA/2133896 EA



MAYNARD'S CANDY selected varieties 150/154 g 2134234 EA/21343405 EA

\$2



CHRISTIE COOKIES selected varieties 285-530 g biscuits 2133895 EA/21341903 EA

5.49

# BIG HOLIDAY DEALS!



**HÄAGEN-DAZS ICE CREAM** 400-450 mL or **NOVELTIES** 3/4 L  
selected varieties, frozen crème glacée ou friandises glacées  
3030279901, EA/3133347, EA

**ONLY 5.49**



**ONLY \$3**



**PC® HERBAL TEA**  
selected varieties  
20's  
flavone  
30627612001, EA/3110379, EA

**BLACK DIAMOND CHEESTRINGS STICKS** 16 1/2 oz  
selected varieties  
fromage  
30743641, EA/20966474, EA



**SAVE UP TO 27% 5.79**



**MUTTI PASSATA** 480 mL  
**CATELLI GLUTEN-FREE PASTA** 340 g, or **CATELLI LASAGNA** 250/375 g  
selected varieties  
sauce pour pâtes ou pâtes ou pâtes à lasagne  
302849001, EA/20754233, EA

**ONLY 2.99**

**\$1**

**COLGATE TOOTHPASTE** 32-91 mL or **MANUAL TOOTHBRUSH** 1 ea.  
selected varieties  
dentifrice ou brosse à dents manuelle  
3030279901, EA/3133347, EA



**3.99**

**GLADE SMALL JAR CANDLE**  
selected varieties  
petites bougies en pot  
3030279901, EA/3133347, EA



**4.49**

**ZIPLOC STORAGE BAGS**  
selected varieties  
15-20 L  
sacs de rangement  
30671011, EA/3071041, EA



**11.49**

**GLAD GARBAGE BAGS**  
selected varieties  
30-40 L  
sacs à ordures  
3116477, EA



**13.88**

**ARM & HAMMER LAUNDRY DETERGENT**  
4.02 L  
détergent à lessive  
3110737, EA



**15.99**

**TIDE PODS 37/43/52'S LAUNDRY DETERGENT, DOWNY or GAIN FABRIC SOFTENER 4.14 L or SCENT BOOSTERS 400 g**  
selected varieties  
détergent à lessive ou assouplissant textile ou rehausseur de parfum  
3130661, EA/3130661, EA



**1.99**

**PEDIGREE WET DOG FOOD**  
selected varieties  
375 g  
nourriture humide pour chiens  
3119642, EA



**9.99**

**PEDIGREE DENTASTIX MARROBONE** 300-400 g  
**MARROBONE** 1.7 kg  
selected varieties  
gâterie pour chiens  
3107136, EA/3107136, EA



**24.99**

**PEDIGREE DOG FOOD**  
selected varieties  
6.41/8 kg  
nourriture pour chiens  
3067092, EA



## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn\* **1,200 pts**

for every \$5\* spent on Humpty Dumpty snacks 250-290 g or Old Dutch Restaurant tortilla 275/290 g or potato chips 235 g  
selected varieties  
collations ou croustilles  
21367510\_EA/21445100\_EA

**\$1.20**  
value



# BIG HOLIDAY DEALS!

NEILSON 5/10% 1L or 18/35% 473 mL CREAM  
selected varieties  
CRME  
30122608\_EA/20274831\_EA

**3.19**



**4.99**

ROBIN HOOD or FIVE ROSES FLOUR  
selected varieties  
2.5 kg  
3002447901\_EA/20029447001\_EA

LANTIC SUGAR  
selected varieties  
1 kg  
3002442205\_EA/20164994\_EA

**2.79**



PHILADELPHIA CREAM CHEESE PRODUCT  
227/250 g  
selected varieties  
produit de fromagerie à la crème  
20441247\_EA/2004472410\_EA

**3.99**

**3.49**

CRISCO SHORTENING or TENDERFLAKE LARD  
selected varieties  
454 g  
shortening ou saindoux  
20027493\_EA/21473300\_EA



**3.99**

TENDERFLAKE PIE SHELL  
selected varieties, frozen  
255-397 g  
croûtes à torte  
2002040001\_EA



**4.49**

E. D. SMITH PIE FILLING  
selected varieties  
540/796 mL  
garniture pour tarte  
20297733001\_EA/20297733004\_EA



**1.89**

BETTY CROCKER SUPERMOIST CAKE MIX FROSTINGS  
375/404 g or 340/450 g  
selected varieties  
mélange à gâteau ou glacages  
20043641002\_EA/21347937\_EA



**2.50**

NO NAME MARSHMALLOWS  
selected varieties  
400 g  
guimauves  
20304472001\_EA/20304472002\_EA



**3.99**

NO NAME HONEY GRAHAM WAFERS  
400 g  
biscuits graham  
20060315\_EA



**3.49**

EAGLE BRAND SWEETENED CONDENSED MILK  
selected varieties  
300 mL  
lait condensé sucré  
20020114\_EA



**4.99**

PAM COOKING SPRAY  
selected varieties  
341/170 g  
pulvérisateur à cuisson  
2017040001\_EA



**\$5**

NO NAME BAKING POWDER  
400 g  
poudre à pâte  
20020114\_EA



**7.99**

FRY'S COCOA POWDER  
454 g  
poudre de cacao  
20020114\_EA



## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn\* **3,000 pts**

**\$3** value

for every \$10\* spent on Fleischmann's yeast 34-450 g, Canada cornstarch 454 g/1 kg, baking powder 340 g or bread booster 100 g, levure ou fécule de maïs ou poudre à pâte ou bonifiant de pain  
20006692\_EA/21351074\_EA



**\$3** value

Earn\* **3,000 pts**

for every \$10\* spent on Hershey's Chipits 200-270 g, brisures de chocolat  
21452844\_EA/21452924\_EA



**1000s OF LOWERED PRICES EVERY DAY!**

**PRICE DROP**

**HERBAL ESSENCES HAIR CARE**  
selected varieties  
346 mL  
soins capillaires



**PRICE DROP**

**2.99**

**TRESEMME HAIR CARE**  
selected varieties  
198-311 g/168-828 mL  
soins capillaires



**PRICE DROP**

**5.99**

**BETTER AS A MEMBER**

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn\* **3,000 pts**

**\$3**  
value

for every \$15\* spent on Aveeno or Johnson & Johnson baby needs  
Aveeno 166-532 mL, 105/311 g or Johnson & Johnson 50-800 mL, 623 g baby needs

selected varieties  
produits pour bébé

30137402002 EA/30325043001 EA



**PRICE DROP**

**3.49**

**CREST PRO-HEALTH or COMPLETE TOOTHPASTE**  
selected varieties  
100-130 mL  
dentifrice

31041420 EA/3104014 EA



**PRICE DROP**

**4.79**

**SENSODYNE or PRONAMEL TOOTHPASTE**  
75/100 mL or POLIGRIP 40 g  
selected varieties  
dentifrice

30901170601 EA/30714075 EA

**DOVE MEN+ CARE DEODORANT**  
selected varieties  
76/83 g  
déodorant



**PRICE DROP**

**6.49**



**PRICE DROP**

**3.99**

**Q-TIPS**  
500's  
coton-tige

3032307701 EA

**NIVEA BODY WASH 300 mL, DEODORANT ROLL-ON 50 mL, or ANTIPERSPIRANT 51/52 g**  
selected varieties  
nettoyant pour le corps ou déodorant à bille ou antiperspirant



**PRICE DROP**

**3.99**

3032413004 EA/31114099 EA

**IVORY BAR SOAP 10x90 g or BODY WASH 431 mL**  
selected varieties  
pain de savon ou nettoyant pour le corps



**PRICE DROP**

**4.49**

30341047002 EA/3060340001 EA

**BABY GOURMET ORGANIC FRUIT or VEGETABLE BABY FOOD POUCHES**  
selected varieties, 128 mL  
sachets de fruits ou légumes biologiques pour bébé



**PRICE DROP**

**1.79**

3034074001 EA/31340792 EA

**GERBER SNACKS or ENTREES**  
selected varieties  
43-187 g  
collations ou plats cuisinés



**PRICE DROP**

**1.99**

3034418002 EA/3034418007 EA

**HUGGIES PULL UPS or GOODNITES CLUB PACK TRAINING PANTS**  
selected varieties  
28-74's  
collèges d'entraînement



**PRICE DROP**

**26.99**

3093337 EA/31376006 EA

**ALWAYS or TAMPAX 1X PADS, LINERS or TAMPONS**  
selected varieties  
10-72's  
serviettes ou protège-coton ou tampons



**PRICE DROP**

**4.79**

314496 EA/31432007 EA

**VASELINE LOTION**  
selected varieties  
400 mL  
lotion



**PRICE DROP**

**6.99**

3108311 EA/3108310 EA

**BOOST HIGH PROTEIN HYPERPROTEINE**  
15 g  
16 g  
0.5 g  
1 g



**PRICE DROP**

**12.99**

3093337 EA/31376006 EA

**BOOST HIGH PROTEIN or CARB SMART MEAL REPLACEMENT SHAKES**  
selected varieties  
4x237 mL  
boissons de substitut de repas

**ALWAYS \$**

**PC® distilled water**  
4 L  
eau distillée

**1.25**



**Life Brand® mouthwash**  
selected varieties  
1 L  
rinçage-bouche

**\$4**

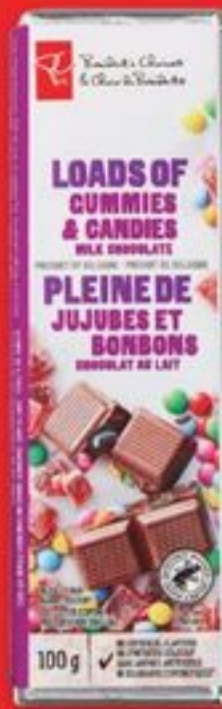


# BIG HOLIDAY DEALS!

**PC<sup>®</sup> CHOCOLATE GIFT BOX**  
207 g  
boîte-cadeau de chocolat  
21119030, EA

**WHILE QUANTITIES LAST**

**5<sup>99</sup>**



**PC<sup>®</sup> CHOCOLATE TABLET**  
selected varieties  
90/100 g  
barre de chocolat  
21439636, EA/21429884, EA

**\$3**



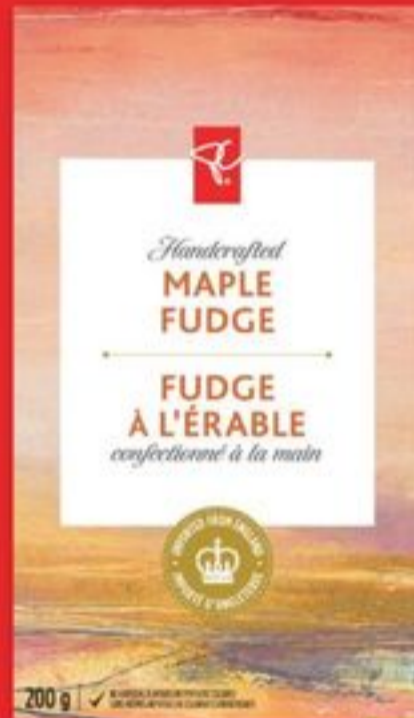
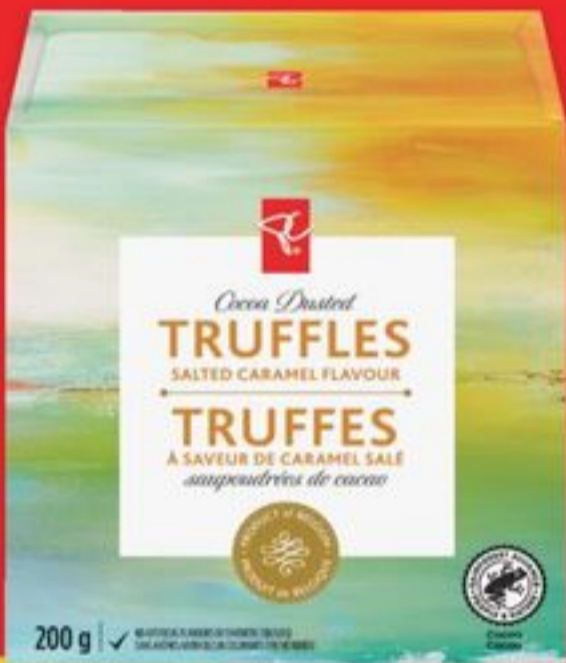
**3<sup>99</sup>**

**PC<sup>®</sup> HOT CHOCOLATE BOMBS**  
90 g  
bombes pour chocolat chaud  
21287279, EA

**WHILE QUANTITIES LAST**

**PC<sup>®</sup> SUISSE BAR**  
selected varieties  
100 g  
barres  
21409237, EA

**\$2**



**2<sup>99</sup>**

**PC<sup>®</sup> DUSTED TRUFFLES**  
selected varieties  
200 g  
truffes  
21294180, EA

**PC<sup>®</sup> GOURMET FUDGE**  
selected varieties  
200 g  
fudge gourmet  
21291518, EA

**3<sup>99</sup>**



**6<sup>99</sup>**

**PC<sup>®</sup> GOLD BAR**  
selected varieties  
300 g  
barres  
20287295, EA/20298217, EA

**400 G**

**PC<sup>®</sup> SUISSE BAR**  
selected varieties  
barres  
20079863, EA

**6<sup>99</sup>**

# LOW PRICES ON KITCHEN MUST-HAVES.



**\$5**

**EVERYDAY ESSENTIALS™  
2-PIECE 12" PIZZA PAN  
AND CRISPER**  
20647480 EA



**\$5**

**EVERYDAY ESSENTIALS™  
LOAF PAN SET**  
2 piece  
20647078 EA



**\$5**

**EVERYDAY ESSENTIALS™  
JUMBO MUFFIN  
PAN**  
20692734 EA



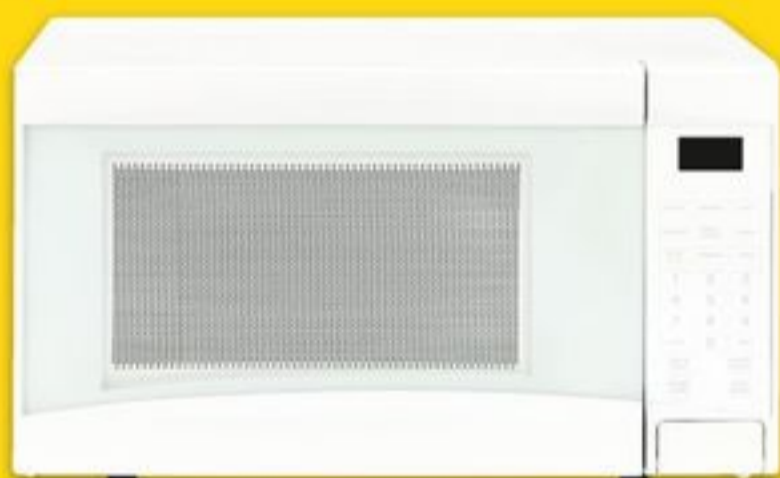
**\$17**

**EVERYDAY ESSENTIALS™  
STAINLESS  
STEEL STOCK  
POT**  
16 quart  
20733440 EA



**\$24**

**EVERYDAY ESSENTIALS™  
NON-STICK SKILLETS**  
SET OF 3  
21243884 EA



**\$85**

**EVERYDAY ESSENTIALS™  
MICROWAVE**  
black or white  
0.7 cubic feet  
20834401 EA/20834402 EA

**\$2**



**EVERYDAY ESSENTIALS™  
NYLON LADLE**  
21213840 EA

**\$4**



**EVERYDAY ESSENTIALS™  
GARLIC PRESS**  
21213640 EA

**\$15**



**EVERYDAY ESSENTIALS™  
COFFEE GRINDER**  
20054993 EA

**EVERYDAY ESSENTIALS™  
NYLON TURNER**  
21214127 EA



**EVERYDAY ESSENTIALS™  
POTATO MASHER**  
21214379 EA



**EVERYDAY ESSENTIALS™  
HAND BLENDER**  
20164241 EA



**EVERYDAY ESSENTIALS™  
SPICE SHAKER**  
21142834 EA



**EVERYDAY ESSENTIALS™  
LEMON JUICER**  
21416917 EA



**EVERYDAY ESSENTIALS™  
RICE COOKER**  
20053721 EA

# PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



## DRINK UP FESTIVE DEALS

Get a top up on low prices. We've got tons of holiday refreshers to complement your meals.

**\$17**



**PC® ROAST AND GROUND COFFEE**  
selected varieties  
800-930 g  
21692427\_EA



**\$5**

**PC® or BLUE MENU® SPARKLING WATER**  
selected varieties  
12x355 mL  
eau pétillante  
20668034002\_C01



**\$5**

**PC® SOFT DRINKS**  
selected varieties  
12x355 mL  
boissons gazeuses  
20218887001\_C12



**3<sup>99</sup>**

**PC® 100% CRANBERRY JUICE BLEND**  
1.89 L  
mélange de jus de canneberge  
20320042002\_EA



**\$6**

**PC® ORANGE JUICE**  
selected varieties  
refrigerated  
2.5 L  
jus d'orange  
21631644\_EA



**\$4**

**PC® DECADENT® HOT CHOCOLATE MIX**  
460 g  
mélange à chocolat chaud  
21549129\_EA



**\$8**

**PC® DE-ALCOHOLIZED BEER**  
selected varieties  
12x355 mL  
bière sans alcool  
20121729\_C12



# PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



**\$10**

**PC® BASQUE CHEESECAKE**  
frozen, 600 g  
gâteau au fromage basque  
21609491\_EA

## SUGAR, SPICE, AND PRICED NICE

Chase the sugar highs, without the high price tags. Make our sweet treats your sweet holiday escape.



**5.99**

**PC® THE WORLD'S BEST ALL-BUTTER SCOTTISH SHORTBREADS**  
200 g  
Sablé écossais pur beurre  
20129504\_EA



**\$8**

**PC® CRUSTASTIC SUGAR CRAVE PIE BAR**  
430 g  
tarte rectangulaire  
21609501\_EA



**\$8**

**PC® CRUSTASTIC JOLLYBERRY GINGERBREAD PIE BAR**  
430 g  
tarte rectangulaire  
21609492\_EA



**3.49**

**PC® THE DECADENT® CHOCOLATE CHIP COOKIE**  
selected varieties  
280/300 g  
biscuits  
20612251\_EA/20612257\_EA



**\$10**

**PC® CHEESECAKE**  
selected varieties, frozen  
600 g  
gâteau au fromage  
20147627\_EA/20318102\_EA



**\$6**

**PC® HOMESTYLE BUTTER PIE CRUSTS**  
frozen  
350 g  
croustes à tarte  
21610882\_EA

**PC Optimum™ members can save up to 35% on home and auto insurance\***



**GET A QUOTE**

\*Conditions apply. Subject to change. For full details see [www.pcinsurance.ca](http://www.pcinsurance.ca).

# THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.

**no name™ mobile**

## Save 50%\* on a SIM card

Limited time Black Friday savings for PC Optimum™ members.



exclusively at  **NOFRILLS**

\*Offer valid Nov. 28 - Dec. 4. Subject to change. Conditions apply. Visit [nonamemobile.ca](http://nonamemobile.ca) for full details.  
\*\*Must be a registered PC Optimum™ member to get this offer.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).