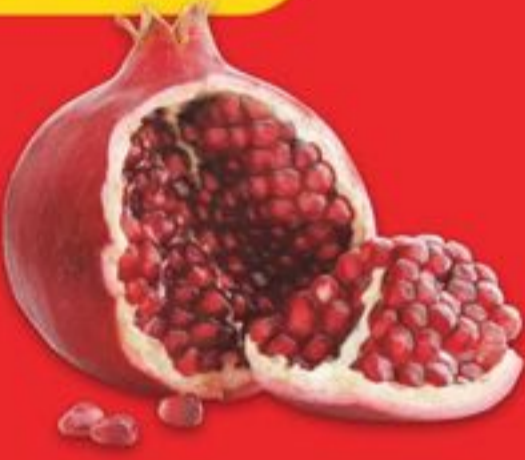


BIG HOLIDAY DEALS!

SAVE 50%

.88

POMEGRANATES
product of U.S.A.
grenade
20134797001 EA



SAVE 65%

2.77

10 LB BAG

FARMER'S MARKET™ YELLOW ONIONS
product of Ontario
Canada no. 1 grade
oignons jaunes
20600991001 EA



Foodland ONTARIO



SAVE 33%

1.99

PC® COLESLAW 397 g or GARDEN SALAD 340 g
product of U.S.A.
salade de chou ou jardinière
21904348 EA/21904304 EA

APP EXCLUSIVE OFFER
1,000 ^{PC} \$1 Value



SAVE 25%

2.99

PKG OF 4

GREEN or RED SWEET PEPPERS
product of Mexico or U.S.A.
poivrons
20612388001 EA/20612322001 EA



BIG HOLIDAY DEALS!

NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, NOVEMBER 21 TO WEDNESDAY, NOVEMBER 27, 2024.



WOW!
6.99
LB



SAVE 44%
3.88

JOHNSONVILLE DINNER SAUSAGES, BREAKFAST SAUSAGES or ROUNDS or ITALIAN GRINDS
selected varieties
250-500 g
sauceses ou rondelles ou viande hachée
2003844 SA

T-BONE or WING STEAK
cut from ungraded beef
biftek d'os ou biftek de côte d'oyon
15.41/kg
2147704 SA
WHILE QUANTITIES LAST



SAVE 25%
4.49

FARMER'S MARKET MUFFINS
selected varieties
6's
muffins
2128334 SA/2128337 SA
WHILE QUANTITIES LAST



SAVE 38%
4.97

MAPLE LEAF PRIME EXTRA LEAN GROUND CHICKEN or MINCED TURKEY
454 g
dinde ou poulet haché extra-maigre
2070463 SA

SAVE 40%
1.77

I CAN'T BELIEVE IT'S NOT BUTTER! MARGARINE
427 g
margarine
3004149001 SA



SAVE 28%
2.49

CAVENDISH QUICK CRISP PREMIUM or PATTIES
selected varieties, frozen, 400-750 g
frites ou galettes de pommes de terre
2134477 SA



SAVE 24%
2.27

LECLERC CELEBRATION COOKIES
selected varieties
240 g
biscuits
3083279001 SA



ONLY 5.49

GENERAL MILLS FAMILY SIZE CEREAL
selected varieties
475-778 g
céréales
21102495 SA/21103493 SA



ONLY 8.99

KNORR CHICKEN BOUILLON MIX
1 kg
mélange pour bouillon de poulet
2012407 SA



SAVE UP TO 43%
12.99

ROYALE BATHROOM TISSUE or ROYALE TIGER TOWELS
selected varieties
papier hygiénique ou serviette-tout
2124610 SA/214610 SA



SAVE UP TO 37%
9.99

FINISH AUTO DISH 30-157 or ADDITIVES TIDE LIQUID 146 or PODS 17/25/18 or LAUNDRY DETERGENT, DOWNY FABRIC SOFTENER 1.89-2.63, DOWNY or GAIN SCENT BOOSTERS 379 or BOUNCE DRYER SHEETS 130/200
selected varieties
essences de détergent pour lave-vaisselle ou additifs ou détergent ou assouplissant ou réchauffeurs de pelures de feuilles
212001 SA/212011 SA



FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY:

nofrills.ca

AVAILABLE AT: RIC'S - AJAX, STEVE & AMANDA'S - AJAX, ADIC'S - BRAMPTON, DAVE'S - BRAMPTON, FAREZIN'S - BRAMPTON, HECTOR & ALICIA'S - BRAMPTON, RAMAN'S - BRAMPTON, ROCKY'S - BRAMPTON, SARANGAN'S - BRAMPTON, RYAN'S - EAST YORK, COSSIMO'S - ETOBICOKE, EMILIANO & ANNA'S - ETOBICOKE, JASON'S - ETOBICOKE, JEFF, BOSE & HEBB'S - ETOBICOKE, STEVE'S - ETOBICOKE, DAVE & ANNETTE'S - MARKHAM, PETER & SUZIE'S - MARKHAM, BOB'S - MARKHAM, VANSPALL'S - MARKHAM, JOHN'S - MILTON, ASHLEY'S - MISSISSAUGA, DANIEL'S - MISSISSAUGA, DANIEL'S - MISSISSAUGA, WARE'S - MISSISSAUGA, SARANGAN'S - MISSISSAUGA, TOM & MICHELLE'S - MISSISSAUGA, VITO'S - MISSISSAUGA, YAMA'S - MISSISSAUGA, JOHNS' - NEWMARKET, RAJANO & SHYRONNE'S - NORTH YORK, CARLO'S - NORTH YORK, DURANTE'S - NORTH YORK, JOHN & DANIELLE'S - NORTH YORK, JOHN'S - NORTH YORK, LIONETTO'S - NORTH YORK, LUSO'S - NORTH YORK, RICHARD & BUTY'S - NORTH YORK, STELAN'S - OSHAWA, MIKE'S - OSHAWA, MADON'S - OSHAWA, SACOSTA'S - PICKERING, ENZO'S - RICHMOND HILL, JIM'S - RICHMOND HILL, BOB'S - RICHMOND HILL, ADRIAN'S - SCARBOROUGH, ALU'S - SCARBOROUGH, DAVE & CHARLOTTE'S - SCARBOROUGH, DAVE'S - SCARBOROUGH, NADIA'S - SCARBOROUGH, NICK'S - SCARBOROUGH, ROD & JOE'S - SCARBOROUGH, STEPHEN'S - SCARBOROUGH, VI & TU LIND'S - SCARBOROUGH, VITO'S - SCARBOROUGH, MICHAEL'S - STONEYVILLE, ALU'S - TORONTO, ANDREW & SHIRLEY'S - TORONTO, ANTHONY'S - TORONTO, BARRON'S - TORONTO, JIM & MARIA'S - TORONTO, LUCIANO'S - TORONTO, MIKE'S - TORONTO, ROCCO'S - TORONTO, SAM & NANCY'S - TORONTO, ANTHONY'S - VAUGHAN, DINO'S - VAUGHAN, VINCE & FRANCA'S - VAUGHAN, CONEY'S - WHITE, LIZ'S - WHITE, GARY - WHITE, MIKE'S - WOODBRIIDGE

BIG HOLIDAY DEALS!



\$1

ALLEN'S FRUIT COCKTAIL, 1 L or OASIS JUICE, DEL MONTE NECTAR or ARIZONA ICED TEA 950 mL

selected varieties
cocktail de fruit ou jus ou nectar ou thé glacé

20307434001 SA/20944117004 SA



\$1

GREEN GIANT VEGETABLES

selected varieties

341/250 mL

legumes

2501175 SA



\$1

MICHELINA'S ENTRÉES

selected varieties, frozen

150-284 g

plats cuisinés

21206414 SA



\$1

TITAN ALUMINUM FOIL or WAX PAPER 25 ft

papier d'aluminium ou papier cire

2000019 SA/21400422 SA



\$1

BODY ARMOR SPORTS DRINK

selected varieties

473 mL

boisson électrolytique

21582806 SA/21582195 SA

BIG
HOLIDAY
DEALS!

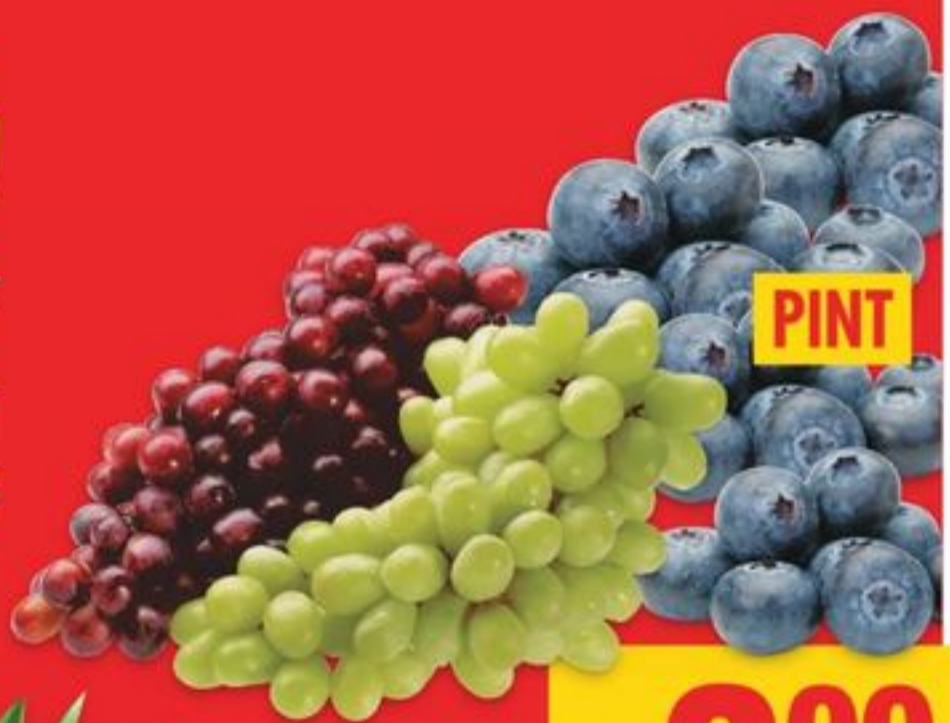
SAVE 23%

229

CAMPBELL'S
CHUNKY SOUP 515 mL or
PEPPERIDGE FARM
GOLDFISH CRACKERS
156-227 g
selected varieties
soupe ou craquelins
20300320_EA/21480447_EA



BIG HOLIDAY DEALS!



PINT

3.99
LB/EA

RED or GREEN SEEDLESS GRAPES 8.80/kg product of U.S.A., no. 1 grade or BLUEBERRIES each product of Peru, no. 1 grade raisins verts ou rouges sans pépins ou bleuets 20423773001, KG/20139199001, KG/20080137001, EA



6 OZ CLAMSHELL

2.99



PINEAPPLE product of Costa Rica or BLACKBERRIES product of U.S.A. or Mexico onzas ou mètres 20118958001, EA/20080137001, EA



CASE

8.99

PC® KAKI PERSIMMONS product of Spain 2131928001, EA

1.69

ENGLISH CUCUMBERS product of Ontario, Canada no. 1 grade concombres anglais 20070123001, EA



3.99

AVOCADOS product of Mexico or FARMER'S MARKET™ LEMONS product of South Africa or Spain mandarins ou citrons 20142223001, EA/207993313001, EA



PKG OF 5 OR 6

2 LB BAG

GROWN IN CANADA

10 LB BAG

4.99

BEETS or FARMER'S MARKET™ CARROTS product of Canada, Canada no. 1 grade betteraves ou carottes 2112122001, EA/20400730001, EA

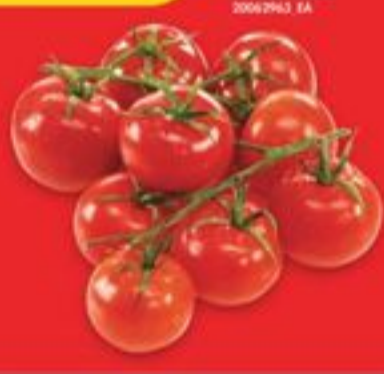


APP EXCLUSIVE OFFER
1,000 Value

1.99

454 G

COCKTAIL TOMATOES product of Canada or Mexico tomates cocktail 20062963, EA



2.49

ICEBERG LETTUCE product of U.S.A. or Mexico, no. 1 grade laitue iceberg 20133224001, EA



4.99
EA

4 LB BAG

FARMER'S MARKET™ ROYAL GALA or MCINTOSH APPLES product of Ontario, Canada fancy grade pommes 20713221001, EA/2076799001, EA



.99

KIWI product of New Zealand or RED MANGOES product of Brazil fruit ex mangues rouges 2012000001, EA/2012000001, EA



1.99
LB

PAPAYA product of Mexico 4.20/kg 2017700001, KG



GROWN IN CANADA

3.99

PC® LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES product of Canada, Canada no. 1 grade or WHOLE WHITE or CREAMINI MUSHROOMS product of Canada mini-pommes de terre entières ou champignons entiers ou blancs entiers 20142223001, EA/213223001, EA



454 G

680 G

5.99
LB

CHESTNUTS product of Italy 13.21/kg 2003000001, KG



2.99

FARMER'S MARKET™ GRAPE TOMATOES product of Canada, Mexico or U.S.A. or FARMER'S MARKET™ MINI CUCUMBERS product of Canada, Canada no. 1 grade tomates raisins ou mini-concombres 2131928001, EA/20139199001, EA



PKG OF 6

283 G

GROWN IN CANADA

\$5

15 LB BAG

NO NAME™ NATURALLY IMPERFECT™ POTATOES product of Canada, Canada no. 2 grade pommes de terre imparfaites 20142223001, EA



PRODUCED HERE

4.99

3 L

PC® APPLE CIDER product of Canada cidre de pommes 20000001, EA



5.99

681 G

PC® VARIETY TOMATOES product of Canada or Mexico tomates 2003000001, EA



BIG HOLIDAY DEALS!



\$12

LEAN GROUND BEEF
7 1/2 lb
boeuf haché
21418300 EA

CLUB SIZE



3.99
LB

PORK COMBO CHOP
bone-in, fresh
côtelettes de porc
5.80/kg
30483470 EA

LOU'S ENTRÉES 375/400 g
or **LIL JUAN'S CHICKEN TINGA** or **BEEF BIRRIA** 300/400 g
selected varieties
plats cuisinés
30079077 EA

7.99

5.88

SEAQUEST® FROZEN FISH FILLETS
selected varieties
400 g
Filets de poisson surgelés
20133370 EA



6.88

MARINA DEL REY WILD ARGENTINIAN RAW SHRIMP
20-30 per lb., 300 g or
SEAQUEST® SMALL SCALLOPS 400 g
crevettes crues ou pétoncles de baie
20997199 EA



7.99

REA ITALIAN SAUSAGE
selected varieties
720 g
saucisses italiennes
21440713 EA



3.50

ZIGGY'S® SLICED MEAT
selected varieties
173/200 g
tranches de viande
21390719 EA/21390481 EA



5.99

SCHNEIDERS JUICY JUMBOS
or **SMOKED SAUSAGES** 375-430 g
or **SCHNEIDERS BOLOGNA** 375/500 g
selected varieties
saucisses à hot dog ou saucisses
fumées de bolognaise ou bolognaise
2099017 EA



\$6

PC® DOUBLE CREAM BRIE or **CAMEMBERT**
selected varieties
142/200 g
brie double crème
ou camembert
20790401 EA/20791007 EA



\$20

SUFRA® HALAL CHICKEN BREAST
or **MAPLE LEAF PRIME CHICKEN BREAST**
selected varieties
714 g
poitrine de poulet halal
ou poitrine de poulet
21380111 EA/21380097 EA



3.99

SABRA HUMMUS
selected varieties
252 g
houmous
2099019 EA



3.49

VACHON SNACK CAKES
selected varieties
232/236 g
petits gâteaux
2099019 EA



3.99

SUNMAID CINNAMON RAISIN BREAD
430 g
pain croustille et raisins
2099019 EA



4.50

FARMER'S MARKET® MINI DOUGHNUTS
selected varieties
400 g
mini doughnuts
2099019 EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn*
5,000 pts

when you spend \$10* on D'Italiano bread 400/675 g or buns 6/8", Wonder bread 675 g or buns 8", or Casa Mendosa 7 or 10 inch tortillas 340-640 g selected varieties pain ou petit pains ou tortillas

20038335_EA/20179156_EA/20274296_EA/20297455_EA/20318788_EA/20626949_EA

\$5
value



BIG HOLIDAY DEALS!

NEILSON 5/10% 1 L
or 18/35% 473 mL CREAM
selected varieties
crème
30123609 EA/30774431 EA

ONLY 3¹⁹



SAVE UP TO 28%

4⁹⁹

MCCAIN CAKES 510 g or NESTLÉ DRUMSTICKS or NOVELTIES 4-10" or CONFECTIONARY FROZEN DESSERT 1.5 L
selected varieties, frozen
gâteaux ou friandises ou dessert glacé
3018123002 EA/30134757003 EA

SAVE 33%

5⁹⁹

HIGH LINER FAMILY FAVOURITES FISH or SHRIMP
selected varieties, frozen
330-700 g
poisson ou crustacés
3019833001 EA/3017299901 EA

2⁴⁹

GAY LEA SOUR CREAM
selected varieties
425/500 mL
crème sure
3017530001 EA



4⁹⁹

PC® TEA 4% or RED ROSE ORANGE PEKOE TEA 7%
selected varieties
4%
314024K EA/3139421 EA



17⁹⁹

TIM HORTONS ROAST AND GROUND COFFEE
875/930 g or PODS 30"
selected varieties
café torréfié et moulu ou capsules
30073767 EA/31194403 EA



1²⁹

CAMPBELL'S CONDENSED SOUP
selected varieties
284 mL
soupe condensée
3017530002 EA



1⁶⁹

KNORR or LIPTON SOUP MIX
selected varieties
40-144 g
mélange à soupe
3017514001 EA/3018130001 EA



4⁹⁹

GIUSEPPE THIN or RISING CRUST PIZZA
selected varieties, frozen
439-783 g
pizza
31706261 EA



3⁴⁹

PURE LIFE NATURAL SPRING WATER
34x500 mL
eau
30060961 C24



3⁷⁹

MOTT'S CLAMATO or GARDEN COCKTAIL
selected varieties
1.89 L
les de sauce/les de cocktail de légumes
3018371002 EA/3018930002 EA



3⁹⁹

COCA-COLA or PEPSI SOFT DRINKS
selected varieties
6x12/1.26 L
boissons gazeuses
3018040002 C06/3013741000 C06



4⁹⁹

DOVE DEODORANT 45-74 g, HAIR CARE BAR SOAP 3x106 g or BODY WASH 325/400 mL
selected varieties
déodorant ou soins capillaires ou pain de savon ou nettoyant pour le corps
3018040001 EA/31373001 EA



4⁴⁹

WINDEX GLASS CLEANER 745-950 mL, SCRUBBING BUBBLES 710-950 mL/547/623 g, FANTASTIK 450 mL or FAMILY GUARD 946 mL/496 g
selected varieties
nettoyant pour vitres ou nettoyants
3013332001 EA/3013333001 EA



9⁹⁹

OXI CLEAN STAIN REMOVER
selected varieties
1.28/1.26 L
déodorant
30433379 EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points.

Earn* **3,000** pts

for every \$10* spent on Tropicana, Pure Leaf or Starbucks refrigerated items

selected varieties, 1.18-1.75 L
articles réfrigérés
31442136 EA/31333330 EA

\$3 value



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

NOFRILLS

CUSTOMER RELATIONS 1-866-98-SMILE (76453)

nofrills.ca



Be your own boss
and make money
from home



NOVEMBER

**HIT
OF THE
MONTH**



PC® Kettle Cooked Potato Chips

Selected varieties, 200 g
Limit: 6, over limit retail \$2.50



D'Italiano Gusto! Bagels

Selected varieties, 6's
Limit: 6, over limit retail \$4.49



Granarolo Quattrocento Parmesan Style Wedge, 200 g or Piller's Kolbassa 250-375 g

Selected varieties
Limit: 6, over limit retail \$6.00



Hershey's Chocolate Pouches

Selected varieties, 180-230 g

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from November 1st - 30th, 2024.

BIG HOLIDAY DEALS!



ONLY 4.29

CRACKER BARREL NATURAL CHEESE SLICES
selected varieties
200-240 g
tranches de fromage naturel
219/2015 SA



SAVE 43% 4.49

HELUVA GOOD! FRENCH ONION DIP
680 g
trémouille
202178901 SA



YOPLAIT CREAMY or SOURCE 0% NO SUGAR ADDED YOP or YOP 0% YOGURT
selected varieties
yogourt
2021731701 SA/2147694 SA

ONLY 6.49

1.99

PC® PASTA
selected varieties
454 g
pâtes
219/219 SA



\$2

DARE CRACKERS
selected varieties
100-225 g
craquelins
2017308 SA/2120864 SA



2.49

CHRISTIE COOKIES
selected varieties
234-300 g
biscuits
2120407 SA/2130138 SA



6.99

TWININGS TEA or STARBUCKS NESPRESSO CAPSULES
selected varieties
selon les capsules de café
202014001 SA/2111070 SA



\$3

MINUTE MAID ZERO SUGAR DRINKS
selected varieties
1.5 L
boissons sans sucre
219/219 SA



2.99

OASIS JUICE, ARIZONA ICED TEA DRINK BOXES or ALLEN'S APPLE or CRANBERRY COCKTAIL
selected varieties
selon les boissons à rafraîchir
2017308 SA/2020407 SA



2.99

DOLE FRUIT BOWLS or FRUIT 'N GEL SNACKS
selected varieties
boîte de fruits ou collations
2020407 SA/2020407 SA



17.99

TERRA DELYSSA EXTRA VIRGIN OLIVE OIL
1 L
huile d'olive extra vierge
2017301 SA



1.49

CESAR WET DOG FOOD
selected varieties
100 g
nourriture humide pour chiens
2020407 SA



2.49

DAWN LIQUID DISH DETERGENT
selected varieties
473/473 mL
savon liquide à vaisselle
2140007 SA/2140007 SA



2.99

COLGATE PREMIUM TOOTHPASTE 75-120 mL or MANUAL TOOTHBRUSH
selected varieties
dentifrice ou brosse à dents
219/219 SA/219/219 SA



3.49

FEBREZE AIR, MR. CLEAN ALL PURPOSE CLEANER or MAGIC ERASER
selected varieties
produit nettoyant ou nettoyant
2140007 SA/2140007 SA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **3,000 pts**

for every \$10* spent on Clover Leaf or Brunswick products
all sizes and varieties
produits
20218117001 SA/213187578 SA/213192145 SA

\$3 value



BIG HOLIDAY DEALS!



SAVE 34%
349

NORDICA COTTAGE CHEESE
selected varieties
450/500 g, 4x113 g
fromage cottage
30119C8001 EA



ONLY 399

DANONE ACTIVIA 8% or TWO GOOD TUBS 625 g YOGURT
selected varieties
yogourt
3032538400 EA/25477313 EA



QUALITY BASMATI RICE
2.43 kg
riz basmati
30787290 EA

SAVE 42%
799

.79

NO NAME® CREAM OF MUSHROOM, TOMATO, VEGETABLE or CHICKEN NOODLE SOUP
selected varieties
284 mL
soupe
301249901 EA

399

KRAFT CHEEZ WHIZ
selected varieties
430 g
fromage soufflé
301249901 EA

499

TIM HORTONS HOT CHOCOLATE
selected varieties
300 g
chocolat chaud
30077878 EA

\$13

PC LASAGNAS or MAC & CHEESE
selected varieties, frozen, club size
273.57 kg
lasagne ou macaroni au fromage
301249901 EA

379

SILK BEVERAGES
selected varieties
1.89 L
boisson
301249901 EA

499

FRITO LAY VALUE SIZE POTATO CHIPS, TORTILLA CHIPS, SNACKS or POPCORN
selected varieties
275-480 g
craquelins ou granules de maïs soufflés
301249901 EA

599

SAPUTO MOZZARELLISSIMA
selected varieties
200 g
mozzarella
301249901 EA

\$12

NATURE VALLEY FIBRE 1 BARS, BETTY CROCKER or MOTT'S FRUIT SNACKS
club size, selected varieties
437 g/1.54 kg
barres au collant ou fruits
301249901 EA

599

BUBLY or MONTELLIER SPARKLING WATER
selected varieties
10/12x333 mL
eau pétillante
301249901 EA

599

SOFTSOAP LIQUID HAND SOAP REFILL
selected varieties
1.47 L
réplissage de savon liquide pour les mains
31367194 EA

599

HELLMANN'S REAL MAYO
selected varieties
710/890 mL
mayonnaise
301249901 EA/31367194 EA

\$9

NO NAME® CAT LITTER
selected varieties
13 kg
litière pour chats
301249901 EA

599

REESE'S STOCKING STUFFERS
143/226 g
KINDER UOVO
100 g
CHRISTMAS MULTI BAGGED CHOCOLATE
144 g
selected varieties
bonbons au chocolat
3040017 EA/31367194 EA
WHOLE QUANTITIES LAST

899

KINDER BUENO ADVENT CALENDAR
147 g
TOFFIFEE
400 g
craquelins de Toffifee ou bonbons
31367194 EA/31367194 EA
WHOLE QUANTITIES LAST

949

TOBLERONE BAR IMPRESS BOX
300 g
craquelins végétariens
boîtes de chocolats au lait
301249901 EA
WHOLE QUANTITIES LAST

1099

LINDT or REESE'S ADVENT CALENDAR
selected varieties
138/273 g
craquelins de Toffifee
31367194 EA
WHOLE QUANTITIES LAST

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **1,000** pts

\$1 value

for every \$5* spent on Kellogg's Pringles all sizes and varieties croustilles
21003823_EA/21003833_EA

Earn* **3,000** pts

\$3 value

for every \$10* spent on Kellogg's family size cereal selected varieties 480-650 g céréales
21430748_EA/21430755_EA

1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

BREYERS CLASSIC FROZEN DESSERT 1.66 L
CHAPMAN'S COLLECTION NOVELTIES 8's or **LOLLY NOVELTIES** 28's
selected varieties, frozen crême glacée ou dessert glacé ou friandises glacées
30301309002 EA/20222737001 EA

PRICE DROP

3.99



PRICE DROP

5.50

DANONE OIKOS TUBS 650/750 g or **ACTIVIA DRINKS** 8's **YOGURT**
selected varieties
contenants de yogourt ou yogourt à boire
21006434 EA/21108439 EA



PRICE DROP

6.99

TASTIEZ 400 g or **MCCAIN PIZZA POCKETS** 600 g
selected varieties, frozen macaroni au fromage ou pizza
21047933 EA/21344489 EA

PC GOAT CHEESE LOGS
selected varieties
140 g
bûchettes de chèvre
20000544 EA

PRICE DROP

4.49



PC SPLENDIDO PARMIGIANO REGGIANO, GRANA PADANO or PECORINO ROMANO
250 g
fromage
21051031 EA/21052434 EA

PRICE DROP

9.99



PRICE DROP

9.99
LB

CANADIAN STEELHEAD TROUT
filets steelhead
22.02/kg
21449440 KG

J.L. KRAFT PURE DRESSINGS
selected varieties
355 mL
 vinaigrette
21381455 EA/21381492 EA

PRICE DROP

3.99



PRICE DROP

\$3

KELLOGG'S RICE KRISPIES 176/198 g,
POP TARTS 394 g,
SPECIAL K 125 g or
NUTRI-GRAIN BARS 295 g
selected varieties
barres
20126347001 EA/2021294001 EA



PRICE DROP

6.99

PC CHOCOLATE GOLD BAR 300 g or
LINDOR CHOCOLATE BAG
150 g
selected varieties
barre de chocolat ou
sac de chocolat
20307295 EA/21390291 EA

MASTRO GENOA SALAMI CHUB
selected varieties
600 g
saucisson de salami de Gènes
20181136 EA

PRICE DROP

10.99



STAGG CHILI
selected varieties
425 g
chili
20091904 EA

PRICE DROP

2.69



PRICE DROP

7.49

PC ORGANICS DARK CHOCOLATE
70% or 85%
300 g
chocolat noir biologique
21306789 EA/21306800 EA



PRICE DROP

15.99

GAIN LIQUID or FLINGS LAUNDRY DETERGENT 4.55 L
selected varieties
détergent à lessive
20999027 EA/21400174 EA

MULTI BUY? TRY SINGLE BUY.



ONE FOR
.90

FRISKIES 156 g or
FANCY FEAST 85 g
WET CAT FOOD
selected varieties
nourriture humide
pour chats
20302296001, EA/20319657005, EA



ONE FOR
269

**YOPLAIT
TUBES**
selected varieties
8's
yogourt
21547571, EA/21547595, EA



ONE FOR
\$3

**CLASSICO
SAUCE**
selected varieties
410/600 mL
sauce
21618217, EA

DEALS ON BABY ESSENTIALS



32⁹⁹

PAMPERS ECONO PACK DIAPERS
size N-8, selected varieties
58-180's
couches
2133645 EA



34⁹⁹

HUGGIES ECONO PACK DIAPERS
size N-6, selected varieties
68-168's
couches
2146433 EA



7⁹⁹

PAMPERS or HUGGIES 3X BABY WIPES
selected varieties
112-216's
lingettes pour bébé
2053804 EA



19⁹⁹

HUGGIES 9/10X BABY WIPES
selected varieties
336-704's
lingettes pour bébé
2140199 EA

Optimum
2,000

\$2
Value



\$1

BABY BELLIES or LITTLE BELLIES BABY SNACKS
selected varieties
8/12 g
collations pour bébé
2139333 EA/2139330 EA



9⁹⁹

PEDIASURE COMPLETE
selected varieties
4x235 mL
supplément nutritif
20322414001 EA
20322414002 EA



29⁹⁹

ENFAGROW A+ TODDLER NUTRITIONAL SUPPLEMENT
selected varieties
907 g
pour tout-petit
21407921 EA/21407971 EA

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn*
10,000 pts

\$10
value

when you spend \$50* or more on baby diapers, wipes, formula, food, needs or accessories

all varieties and sizes
couches ou lingettes ou préparation pour nourrisson ou aliments ou articles ou accessoires
20916020_C01/21370843_EA/21397406_EA



EAST ASIAN FLAVOURS AT LOW PRICES

1.99

DRAGON FRUIT
product of Vietnam or
GRANADILLA
product of Colombia
pitaya ou grenadille
3018239001 SA
3094623001 SA



1.49
LB

JAPANESE SWEET YAM
product of U.S.A.
3.28/kg
igames douces japonaises
3032492301 KG



1.99
LB

**BABY BOK CHOY, YU CHOY,
SHANGHAI BOK CHOY, GAI LON**
or **BABY NAPA CABBAGE**
product of Canada, U.S.A. or Mexico
4.39/kg
pak-choi ou chou cantonnais ou brocoli chinois ou chou napa
30082279001 KG/21024088001 KG/30005404001 KG



8.88
LB

BEEF RIB FINGER MEAT
boneless, cryovac
19.58/kg
viande de bœuf intercostale
30142139 KG



**ANCHOR'S
BAY COOKED
CLAM MEAT** or
MUSSEL MEAT
frozen
340 g
choir de palourde ou
moule cuite
30791470 SA/30792347 SA

4.88



**SEAQUEST®
WHOLE
TILAPIA** 1.26 kg or
**WHOLE
POMPANO**
800 g
frozen
tilapia entier ou pompano
entier
21391947 SA/21392084 SA

8.99



**PRICE
DROP**

PRICE DROP

3.29

**T&T® 3-MINUTE
RAMEN NOODLES**
selected varieties
504 g
nouilles ramen
31447347 SA



PRICE DROP

1.29

**NONGSHIM
INSTANT
NOODLE CUPS**
75 g
contenants de nouilles
instantanées
30032441005 SA



PRICE DROP

4.99

**O'FOOD
GOCHUJANG**
215 mL
gochujang
21423142 SA



PRICE DROP

4.99

**ROOSTER®
SUSHI RICE**
2.27 kg
riz à sushi
21343484 SA



PRICE DROP

1.29

**T&T® READY TO
EAT ORGANIC
CHESTNUT**
100 g
châtaigne biologique
30472813 SA



PRICE DROP

1.49

**FOCO
COCONUT
JUICE**
520 mL
jus de noix de coco
20180413 SA



PRICE DROP

2.99

**LEE KUM KEE
PREMIUM SOY
SAUCE**
500 mL
sauce soya
20036520 SA



AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 01 NFO

PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



SNACK HARD SPEND LIGHT

Feeling snackish? Congrats, you've made our 'nice list' and earned great deals on popular snacks.

\$3



PC® MINI POPPADOMS
selected varieties
113 g
mini poppadoms
21005321_EA

2.49



PC® SWISS STICKS
selected varieties
100 g
bâtonnets suisses
20538543002_EA

1.75



**PC® KETTLE COOKED
POTATO CHIPS**
selected varieties, 200 g
croustilles
Limit 6, over limit retail \$2.50
21422931_EA

2.99



**PC® SCALLOPED
CRACKERS**
selected varieties
185 g
craquelins
20603888002_EA

\$5



**PC® DRY ROASTED
PEANUTS**
selected varieties
700 g
arachides grillées
20057990003_EA

\$5



**PC® DELUXE MIXED
NUTS**
selected varieties
200 g
noix mélangées de luxe
21054980_EA

\$5



PC® CASHEWS
selected varieties
200 g
noix de cajou
21054943_EA

PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



\$6

PC® BRUSSELSLAW SALAD KIT
253 g
salade de chou de Bruxelles
21626132_EA

REFRESHING HOLIDAY PRICES

Holiday food comas are totally a thing. Take a break from heartier meals with fresh eats at low prices.



349

PC® DIPS
selected varieties
227 g
trempettes
20584097_EA



\$6

PC® NAAN DIPPERS
400 g
bouchées de pain Naan
20999700_EA



\$5

PC® PARADISE CRUNCH PEPPERS
454 g
poivrons Croc'paradis
21534092_EA



\$5

PC® BRIOCHE LOAF CHOCOLATE CHIP
400 g
pain brioche aux
brisures de chocolat
21607172_EA



\$6

PC® DOUBLE CREAM BRIE
200 g
brie double crème
20787327_EA



\$15

PC® THE ULTIMATE PORK RIB ROAST
1.1 kg
rôti de côtes de porc
21616767_EA

PC Optimum™ members can save up to 35% on home and auto insurance*



Save up to 35%


GET A QUOTE

*Conditions apply. Subject to change. For full details see www.pcinsurance.ca.

BLACK FRIDAY

DEALS STRAIGHT TO YOUR INBOX



Bell | ROGERS. |  plus | fido

THE MOBILE SHOP.
NOW THAT'S REWARDING.

SIGN UP

THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

†Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.