

**PRICE  
DROP!**



**SALE  
SAVE \$2.99**

**CANADA  
FARMER'S MARKET™  
RUSSET POTATOES  
PRODUCT OF CANADA  
10 LB BAG  
20601020001\_EA**

**\$6**

**PRICE  
DROP!**



**SALE  
SAVE \$1.24**

**IÖGO NANO YOGURT  
SELECTED VARIETIES  
6X93 ML  
20609687001\_EA/21219007\_EA**

**3.25**

**PRICE  
DROP!**



**KASHI CEREAL  
SELECTED VARIETIES  
340-460 G  
20591675\_EA/20594319\_EA**

**\$5**

**PRICE  
DROP!**



**SALE  
SAVE \$1**

**PC® OR BLUE MENU® ENTRÉES  
OR BOWLS  
SELECTED VARIETIES FROZEN  
212-365 G  
20312253001\_EA/20839096\_EA**

**3.50**

**PRICE  
DROP!**



**BEN'S BISTRO EXPRESS  
SELECTED VARIETIES  
240/250 G  
21404827\_EA/21404840\_EA**

**\$3**

\*Offer valid in-store at participating locations between October 21 - November 27, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

Scan to see  
our complete  
digital flyer



**Independent**  
Your Independent Grocer



**CHICKEN LEGS**  
BACK ATTACHED, FAMILY SIZE  
6.59/KG  
20153925\_KG

**2<sup>99</sup>**  
LB

**CANADA BEEF SHORT RIBS KOREAN STYLE**  
CUT FROM CANADA AA GRADE  
BEEF OR HIGHER  
19.82/KG  
20810383\_KG/20810384\_KG



CUT BY OUR BUTCHERS

**SAVE \$6<sup>LB</sup>**  
**8<sup>99</sup>**  
LB



**PORK LOIN COMBINATION CHOPS**  
SIRLOIN, CENTRE AND RIB PORTION  
BONE-IN  
5.49/KG  
21618256\_KG

**2<sup>49</sup>**  
LB

5 LB



**CHINESE MANDARINS**  
PRODUCT OF CHINA  
5 LB  
20088143001\_EA

**6<sup>88</sup>**



**FRESH ATLANTIC SALMON FILLETS**  
FAMILY SIZE  
30.84/KG  
FRESH SEAFOOD ITEMS  
SUBJECT TO AVAILABILITY  
21085873\_KG

**13<sup>99</sup>**  
LB

**SAVE \$4<sup>LB</sup>**



**CANADA FARMER'S MARKET<sup>™</sup> MINI CUCUMBERS**  
PRODUCT OF CANADA  
6'S  
20737570001\_EA

**\$3**



**KICKING HORSE ORGANIC WHOLE BEAN COFFEE**  
SELECTED VARIETIES  
454 G  
20322468001\_EA  
20322468006\_EA

**12<sup>99</sup>**

**SAVE \$2**



**NO NAME<sup>®</sup> CHEESE BARS 700 G OR PC<sup>®</sup> SHREDS 620 G**  
SELECTED VARIETIES  
20975773\_EA/21060177\_EA

**8<sup>49</sup>**



**LACTANTIA BUTTER**  
SELECTED VARIETIES  
454 G  
20296112005\_EA/20639926\_EA

**4<sup>99</sup>**



**D'ITALIANO BREAD OR BUNS**  
SELECTED VARIETIES  
20038335\_EA  
21450797\_EA  
20627103\_EA

**2/6<sup>50</sup>**  
LESS THAN 2  
**\$3.79 EA.**

**WHEN YOU BUY 2 SAVE \$1<sup>08</sup>**



**JAMIESON VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
20299993\_EA  
20303216001\_EA

**50%**

**SAVE UP TO**



**PUREX BATHROOM TISSUE 12 DOUBLE ROLLS, SPONGETOWELS PAPER TOWELS 6 ROLLS, SCOTTIES FACIAL TISSUE 6'S**  
SELECTED VARIETIES  
21186225\_EA/21189812\_EA

**6<sup>99</sup>**

# Black Friday

DON'T MISS OUR HOT DEALS!

FLYER OFFERS AVAILABLE NOV 21 TO NOV 27



**BRITA**  
DENALI WHITE PITCHER  
OR 3-PACK FILTER  
SELECTED VARIETIES  
20094145\_EA/21524887\_EA

GET 5,000<sup>+</sup> = \$5 Value  
**LIMIT 4**  
AFTER LIMIT \$25 EA.

**\$20**



**Energizer**  
AAA 4 OR AAA 8  
21103981\_EA/21184803\_EA

12 50% LONGER LASTING PLUS LONG LIFE  
10 50% LONGER LASTING PLUS LONG LIFE

**LIMIT 4**  
AFTER LIMIT \$7 EA.

**\$5<sup>+</sup>**

ENERGIZER BATTERIES  
AAA 8 OR AAA 4  
21103981\_EA/21184803\_EA  
CUSTOMER IS RESPONSIBLE FOR THE PAYMENT OF ANY APPLICABLE DEPOSIT OR PRODUCT/PACKAGING RECYCLING FEE THAT MAY APPLY.



**FARMER'S MARKET<sup>™</sup>**  
BAG APPLES  
PRODUCT OF WESTERN PROVINCES, CANADA FANCY GRADE 5 LB  
20630646001\_EA/21195877001\_EA

Members save \$2

Optimum Members-Only Price \$8  
Non-members \$10



**PC<sup>®</sup> OR BLUE MENU<sup>®</sup> FISH**  
SELECTED VARIETIES FROZEN 550-680 G  
20324259001\_EA/20324259002\_EA

Members save \$6

Optimum Members-Only Price \$10<sup>99</sup>  
Non-members \$16<sup>99</sup>



**FERRERO CORE HOLIDAY BUNDLE**  
SELECTED VARIETIES 119-200 G  
20098034\_EA

Members save \$3

Optimum Members-Only Price \$6<sup>99</sup>  
Non-members \$9<sup>99</sup>



**NO NAME<sup>®</sup> NUTS 100 G, CHERRIES MARASCHINO 375 ML, VEGETABLE SHORTENING 454 G, LARD 454 G, GRAHAM CRUMBS 400 G OR ARTIFICIAL VANILLA EXTRACT**  
20050959\_EA/20171622\_EA

GET 3,000<sup>+</sup> = \$3 Value for every \$10<sup>+</sup> spent on



**PC<sup>®</sup> ROAST AND GROUND COFFEE**  
SELECTED VARIETIES 800-930 G  
21393374\_EA/21592427\_EA

GET 3,000<sup>+</sup> = \$3 Value

**SALE SAVE \$2**

**14<sup>99</sup>**



**RUFFLES POTATO CHIPS OR DORITOS FLAVOURED TORTILLA CHIPS**  
SELECTED VARIETIES 180-280 G  
21369118\_EA/21241053\_EA

GET 3,000<sup>+</sup> = \$3 Value when you buy 3



**ACTIVIA YOGURT 650 G OR MINUTE MAID LEMONADE 1.54 L**  
SELECTED VARIETIES  
20325132003\_EA/21434119\_EA

**SAVE UP TO \$1<sup>50</sup>**

**3<sup>99</sup>**



**BEN & JERRY'S 473 ML OR MAGNUM BARS 4'S**  
SELECTED VARIETIES FROZEN  
20950739\_EA/21428213\_EA

**4<sup>99</sup>**



**BAKED IN-STORE COOKIES**  
SELECTED VARIETIES 18'S  
21454952\_EA

**\$7**



**PC<sup>®</sup> PODS 12'S OR STARBUCKS NESPRESSO COMPATIBLE CAPSULES 10'S**  
SELECTED VARIETIES  
20585365\_EA/21549729\_EA

**SAVE UP TO \$2**

**6<sup>99</sup>**



**TOBLERONE CHOCOLATE**  
SELECTED VARIETIES 360 G  
20986903\_EA/20986959\_EA

**9<sup>99</sup>**



**KETTLE POTATO CHIPS**  
SELECTED VARIETIES 156/198 G  
21520652\_EA/21520654\_EA

**2<sup>99</sup>**



**CAMPBELL'S READY TO SERVE 515 ML OR HABITANT SOUP 900 ML**  
SELECTED VARIETIES  
20297246001\_EA/20299690002\_EA

**SAVE UP TO 67<sup>¢</sup>**

**1<sup>99</sup>**



**COTTONELLE BATHROOM TISSUE**  
SELECTED VARIETIES 18=72 ROLLS  
21594687\_EA/21594688\_EA

**SAVE \$7**

**14<sup>99</sup>**



**ENSURE REGULAR OR BOOST ORIGINAL READY TO DRINK SHAKES**  
SELECTED VARIETIES AND SIZES  
20304767002\_C06/20319843\_C06

**SAVE \$2**

**12<sup>99</sup>**



**TIDE LIQUID 2.04 L OR PODS 18/23/31'S LAUNDRY DETERGENT, DOWNY FABRIC SOFTENER 1.89-2.63 L, DOWNY OR GAIN SCENT BOOSTERS 379 G OR BOUNCE DRYER SHEETS 120-200'S**  
SELECTED VARIETIES  
21550428\_EA/21593782\_EA

**10<sup>99</sup>**

**Independent** CUSTOMER RELATIONS 1-800-296-2332. VISIT [yourindependentgrocer.ca](http://yourindependentgrocer.ca) FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2024 Loblaw's Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank is a licensee of marks. PC Optimum<sup>™</sup> program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simpli Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaw's Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements.

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**OUTDOOR/SEASONAL:** For your local store's hours and for a list of your Independent Grocer locations that DO NOT participate in this flyer, visit [www.yourindependentgrocer.ca](http://www.yourindependentgrocer.ca) or call Customer Relations at 1-800-296-2332.

**Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. ©2024 Loblaw's Inc. **COLLECT AND SAVE PROGRAM:** While supplies last, receive one stamp for every \$20 spent before applicable taxes in a single transaction. Exclusions apply. Cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferable. See in store for paper stamp card or PC Optimum<sup>™</sup> App to opt into program and receive digital stamp card. A mix of digital and paper stamps collected are not accepted as a complete set. Completed stamp cards can be redeemed up until February 20th, 2025, after which point they expire. All sales are final. Cookware is under warranty for a 2 year period from date of purchase. Exceptions to warranty and replacements apply. For full warranty information, product replacement process, FAQ's and complete offer details, please visit [pcoptimum.ca/collectandsave](http://pcoptimum.ca/collectandsave).



WB WW WY BACK

# Produce



**POMEGRANATE**  
PRODUCT OF U.S.A. \$2 EACH  
OR **SWEET POTATOES** PRODUCT  
OF CANADA \$2 LB 4.41/KG  
20134767001\_EA/20127708001\_KG

**\$2**  
EA  
/LB



**CANADA**  
**PC\* ORGANICS WHOLE  
CREMINI OR WHITE  
MUSHROOMS**  
PRODUCT OF CANADA  
227 G  
21021565\_EA/21021499\_EA



**2/\$6**  
LESS THAN 2  
\$3.49 EA.



**PINEAPPLE**  
PRODUCT OF COSTA RICA  
EACH  
20119813001\_EA

**\$5**

**PKG  
OF 6**



**AVOCADO BAG**  
PRODUCT OF MEXICO  
6'S  
20142232001\_EA

**\$5**



**PC\* ADORA GRAPES OR  
EXTRA LARGE GREEN OR  
RED SEEDLESS GRAPES**  
PRODUCT OF U.S.A.,  
NO. 1 GRADE  
8.82/KG  
20711275001\_KG/20425775001\_KG

**\$4**  
LB



**BOLTHOUSE FARMS  
SMOOTHIES OR JUICE**  
PRODUCT OF U.S.A.,  
SELECTED  
VARIETIES  
946 ML  
20301788\_EA  
20325816\_EA

**2/\$12**  
LESS THAN 2  
\$7 EA.



**PC\* CHOPPED OR  
PREMIUM SALAD  
KITS**  
PRODUCT OF  
U.S.A.,  
SELECTED  
VARIETIES  
253-369 G  
21334801\_EA  
21378038\_EA

**2/\$11**  
LESS THAN 2  
\$6 EA.



**SATSUMA MANDARINS**  
PRODUCT OF U.S.A.  
8.82/KG  
20925159001\_KG

**\$4**  
LB



**WEST  
GREENHOUSE TOMATOES  
ON THE VINE**  
PRODUCT OF  
WESTERN PROVINCES  
4.41/KG  
20026703001\_KG

**\$2**  
LB



**CORED PINEAPPLE**  
MADE IN-STORE DAILY  
595 G  
21016085\_EA

**\$7**

# Butcher

**CUT BY OUR  
BUTCHERS**



**WEST  
EYE OF ROUND ROAST**  
CUT FROM CANADA  
AA GRADE WESTERN  
BEEF OR HIGHER  
22.02/KG  
20836734\_KG

**9.99**  
LB



**SPLIT CHICKEN  
WINGS**  
FAMILY SIZE  
12.10/KG  
20761916\_KG

**5.49**  
LB

**CUT BY OUR  
BUTCHERS**



**BEEF STIR FRY STRIPS**  
CUT FROM CANADA AA GRADE  
BEEF OR HIGHER  
250 G  
21588067\_EA

**\$7**



**EXTRA LEAN GROUND  
BEEF**  
FAMILY SIZE  
17.62/KG  
20805639\_KG

**7.99**  
LB



**PC\* FREE FROM\* SAUSAGES**  
SELECTED VARIETIES  
500 G  
20119782\_EA/20562167\_EA

**\$7**

**PKG  
OF 8**



**PC\* CHICKEN  
DRUMSTICKS 8'S OR  
THIGHS BONE-IN 6'S**  
AIR CHILLED  
21341035\_EA  
21341042\_EA

**\$12**

**HALAL**



**SUFRA\* HALAL  
LEAN GROUND BEEF**  
454 G  
21397283\_EA

**8.99**



**PC\* NATURALLY  
SMOKED BACON**  
SELECTED  
VARIETIES  
375-500 G  
20152629\_EA/21525048\_EA

**\$7**



**PC\* MOZZARELLA  
CHEESE STICKS  
OR SPRING ROLLS**  
SELECTED  
VARIETIES,  
FROZEN  
454/574 G  
20698096\_EA  
21116020\_EA

**\$10**



**PC\* PUB RECIPE\*  
OR GLUTEN-FREE  
CHICKEN**  
SELECTED VARIETIES  
FROZEN  
600/700 G  
21201320\_EA/21201321\_EA

**\$8**

# Seafood

Fresh seafood items subject to availability.



**COD FILLETS**  
PREVIOUSLY  
FROZEN  
29.74/KG  
21210093\_KG

**13.49**  
LB



**PC\* HOT SMOKED  
CANDIED OR SPICY  
SALMON STRIPS**  
READY-TO-EAT  
150 G  
20976930\_EA  
20977683\_EA

**9.99**



**PC\* PACIFIC LARGE  
WHITE SHRIMP**  
RAW ZIPPERBACK\*  
31-40 PER LB  
FROZEN  
400 G  
20788888\_EA

**8.49**



**PC\* SHRIMP  
APPETIZERS**  
SELECTED  
VARIETIES,  
FROZEN  
294-454 G  
20135874\_EA  
20978921\_EA

**\$10**

# Bakery

**BAKED  
IN-STORE**



**BAGUETTE**  
WHITE OR WHOLE WHEAT  
255 G  
21529211\_EA

**1<sup>50</sup>**



**LA ROCCA CAKE SLICE** 137-187 G OR  
**CHARLOTTE'S PARFAIT** 133-145 G  
SELECTED VARIETIES  
21496254\_EA/21496255\_EA

**\$4**

**BAKED  
IN-STORE**



**KIMBERLEY'S CUPCAKES**  
SELECTED VARIETIES  
6'S  
21595212\_EA

**\$5**



**BULK ROLLS**  
SELECTED VARIETIES  
20076950\_EA

**8/\$4**  
LESS THAN 8  
79¢ EA.



**ACE BAKERY BISTRO LOAF**  
WHITE OR SOURDOUGH  
595 G  
21616092\_EA/21616156\_EA

**4<sup>49</sup>**



**PC® OR BLUE MENU®  
ENGLISH MUFFINS**  
SELECTED VARIETIES  
6'S  
20810728\_EA/21015902\_EA

**2<sup>69</sup>**



**KING'S  
HAWAIIAN ROLLS**  
SELECTED VARIETIES  
AND SIZES  
21475970\_EA/21489831\_EA

**3<sup>99</sup>**



**PC® FLATBREAD** 220/300 G OR  
**SURAJ® NAAN** 5'S  
SELECTED VARIETIES  
20910044\_EA/21051353\_EA

**\$3**

## Great to go

Great to go items plus applicable taxes.

### BUY ANY ONE

**FROM OUR CHEF™  
SOUP**  
SELECTED VARIETIES  
700 ML  
21560588\_EA



### GET 25% OFF ONE

**FROM OUR CHEF™  
PIE OR QUICHE**  
SELECTED VARIETIES  
150-600 G  
21579901\_EA



## The Deli



**OKA**  
SELECTED  
VARIETIES  
190 G  
20920756\_EA/20921279\_EA

**8<sup>99</sup>**



**BABY BEL G'S,  
LAUGHING COW  
12'S OR CHEESE  
DIPPERS**  
SELECTED  
VARIETIES  
20319107\_EA/20574332\_EA

**5<sup>49</sup>**



**GCV CHICKEN  
FAVORITES**  
SELECTED  
VARIETIES  
(TENDERS, FRIED  
CHICKEN OR  
BONELESS BITES),  
SERVED HOT OR  
CHILLED  
320-700 G  
20137058\_EA/20992187\_EA

**\$16**

**SUB SANDWICH**  
IN-STORE PREPARED  
BEEF, HAM, TURKEY  
OR ASSORTED  
331/364 G  
21623682\_EA

**\$7**



**MASTRO TRIOS**  
SELECTED  
VARIETIES  
150/250 G  
21064064\_EA/21554465\_EA

**\$10**



**PC® NATURAL  
CHOICE™  
TURKEY SERVICE  
CASE MEATS**  
SELECTED  
VARIETIES  
20059548\_KG

**3<sup>49</sup>**  
/100 G



**12" TAKE AND  
BAKE PIZZA**  
SELECTED  
VARIETIES  
510-739 G  
21456393\_EA  
21456401\_EA

**\$9-10**  
2,000 Value  
when you buy 2



**ZIGGY'S® PASTA**  
SELECTED  
VARIETIES  
350/360 G  
21521168\_EA/21521170\_EA

**\$5**



**YVES VEGGIE  
GROUND MEAT  
OR SAUSAGES**  
SELECTED  
VARIETIES  
156-380 G  
20507159\_EA  
20596775\_EA

**2/\$12**  
LESS THAN 2  
\$6.50 EA.



**PC® TOPPED  
HUMMUS**  
280 G OR  
**LA PANZELLA**  
170 G  
SELECTED  
VARIETIES  
20811384\_EA  
21348433\_EA

**2/\$8**  
LESS THAN 2  
\$4.49 EA.

## Floral



**PREMIUM  
GIFTING  
BOUQUET**  
SELECTED  
VARIETIES  
21436381\_EA/21436382\_EA

**\$35**



**INTERMEDIATE  
ROSE BUNCH**  
9 STEM  
21593444\_EA

**\$10**



**ROSEMARY  
4 INCH**  
21354963\_EA

**\$12**



**POINSETTIA IN  
UPGRADED TIN**  
8 INCH  
20287881\_EA

**\$24**

# Baked Instore Goodies



**BAKED IN-STORE**  
**MINI BRAIDED STRUDELS OR MAPLE PECAN DANISH**  
 SELECTED VARIETIES  
 4'S  
 21464137\_EA/21464199\_EA

**4<sup>49</sup>**



**BAKED IN-STORE**  
**TURNOVERS**  
 SELECTED VARIETIES  
 4'S  
 214659196\_EA

**4<sup>49</sup>**



**BAKED IN-STORE**  
**CINNAMON BUNS, DANISH OR CREAM CHEESE ICED**  
 10'S  
 21467583\_EA

**\$6**



**BAKED IN-STORE**  
**PLAIN CROISSANTS**  
 6'S  
 21030153\_EA

**\$4**



**BAKED IN-STORE**  
**MINI DANISH**  
 ASSORTED VARIETIES  
 8'S  
 214763209\_EA

**4<sup>49</sup>**



**BAKED IN-STORE**  
**MINI COOKIES**  
 SELECTED VARIETIES  
 24'S  
 21596672\_EA

**\$5**

## It's Party Season

Please allow 24 to 48 hours in advance



**CLASSIC TEA SANDWICH PLATTER**  
 AN ASSORTMENT OF FINGER-SIZED SANDWICHES MADE WITH WHITE AND WHOLE WHEAT BREAD INCLUDING HAM AND CHEESE, TUNA, AND EGG SALAD  
 SERVES 6-8  
 21558137\_EA

**\$20**



**WRAP STARS, PINWHEELS OR GAME NIGHT PLATTER SMALL**  
 ROLL UP TO THE PARTY WITH A TRAY OF WRAPS, PINWHEELS OR ASSORTED DELI MEAT ON FRESH SUB BUNS  
 SERVES 8-10  
 21557919\_EA/21558135\_EA

**\$25**



**ALL WRAPPED UP, DELUXE VEGETARIAN OR GAME NIGHT LARGE PLATTER**  
 A WRAPPED AND READY-TO-EAT ARRAY OF FRESH TORTILLAS, INCLUDING CHICKEN CAESAR, CRISPY CHICKEN LOUISIANA HOT, SWEET CHILI CHICKEN, AND TURKEY AVOCADO BACON, PERFECTLY PAIRED WITH MIXED OLIVES  
 SERVES 10-12  
 21557920\_EA/21558136\_EA

**\$55**



**THE ENTERTAINER**  
 A MUST-HAVE FOR ANY PARTY, IT OFFERS GUESTS A SELECTION OF OUR FAVORITE SANDWICHES INCLUDING ITALIAN CLASSIC, CHICKEN BRIE FIG, BOCCONCINI ROASTED TOMATO ON FRESH BAKED BAGUETTE, HAND ROLLED TORTILLA WRAPS WITH CHICKEN CAESAR, TURKEY AVOCADO BACON, AND CRISPY CHICKEN LOUISIANA HOT. FRESHLY PREPARED SUBS MADE WITH ROAST BEEF, ASSORTED, HAM AND CHEESE, PERFECTLY PAIRED WITH MIXED OLIVES  
 SERVES 8-10  
 21558213\_EA

**\$60**



**GOURMET SANDWICH PLATTER**  
 AN ASSORTMENT OF ARTISAN SANDWICHES INCLUDING ITALIAN CLASSIC, ROAST BEEF GOUDA, TURKEY BACON CLUB, CHICKEN BRIE FIG, HAM AND CHEESE ON FRESHLY BAKED BAGUETTE, PERFECTLY PAIRED WITH MIXED OLIVES  
 SERVES 12-14  
 21558211\_EA

**\$65**



**CHARCUTERIE BOARD**  
 SELECTED VARIETIES  
 211-433 G  
 21405538\_EA  
 21405571\_EA

**\$12-15**

GET \$2.50 Value



**WING N TENDERS PLATTER**  
 20 CHICKEN WINGS BREADED OR UNBREADED, SAUCE OF YOUR CHOICE, 12 CHICKEN TENDERS PAIRED WITH CARROTS AND CELERY  
 21559272\_EA

**\$45**



**CHICKEN WINGS PLATTER**  
 FLAVORFUL CHICKEN WINGS BREADED AND UN-BREADED, AVAILABLE PLAIN OR WITH YOUR CHOICE OF SAUCE, PAIRED WITH CELERY AND CARROTS SERVED CHILLED (INCLUDES 40 PIECES)  
 SERVES 8-10  
 21558990\_EA

**\$45**



**CHICKEN FAVOURITES LARGE**  
 A SELECTION OF OUR FAVORITE CHICKEN BITES; 30 FLAVORFUL CHICKEN WINGS, BREADED AND UN-BREADED, 12 CLASSIC AND CRUNCHY CHICKEN STRIPS, 20 JUICY BREADED BONELESS CHICKEN BITES, PAIRED WITH CELERY AND CARROTS SERVED CHILLED (INCLUDES 62 PIECES)  
 21559159\_EA

**\$75**

# You get, we give.

When you get participating products\* marked in aisle, a portion of proceeds from every purchase will be donated to help feed one million kids.

In support of



**children's  
charity**



\*In conjunction with our partners, a maximum of \$600,000 will be collectively donated to President's Choice Children's Charity from purchases of participating products made at Loblaws, Zehrs, Valu-Mart, Your Independent Grocer, Atlantic Superstore, Dominion and Provigo stores between November 14 - 27, 2024.



YOPLAIT TUBE 8X56 G OR  
MINIGO YOGURT 6X60 G  
SELECTED VARIETIES  
21547595\_EA/21619318\_EA

**3<sup>69</sup>**



NESTLÉ CHOCOLATE  
TABLETS  
SELECTED VARIETIES  
90-120 G  
20640580\_EA/21247054\_EA

**2/\$5**  
LESS THAN 2  
\$2.99 EA.



SIGGI'S  
SELECTED VARIETIES  
4X100 G  
21589925\_EA/21590027\_EA

**3<sup>99</sup>**



SIGGI'S SKYR YOGURT  
SELECTED VARIETIES  
650/750 G  
21353874\_EA/21353892\_EA

**6<sup>99</sup>**



AMOOZA CHEESE SNACKS  
SELECTED VARIETIES  
228 G  
21403514\_EA/21536895\_EA

**5<sup>99</sup>**



CRACKER BARREL  
NATURAL CHEESE SLICES  
SELECTED VARIETIES  
220/240 G  
21290684\_EA/21290682\_EA

**5<sup>99</sup>**

# Festive cheer



OUTDOOR HOLIDAY ARRANGEMENT  
SELECTED VARIETIES  
21349738\_EA

**\$40**

HOLIDAY WREATH WITH BOW  
SELECTED VARIETIES  
24 INCH  
21349757\_EA



**\$35**



GREENERY LANTERN  
21215675\_EA

**\$35**

4 INCH CONIFER  
21638836\_EA



**\$9**



6 INCH POINSETTIA  
20036549\_EA

**\$11**

# Holiday treats



HOLIDAY JU JUBE MIX  
CHERRY AND LIME FLAVOUR  
21626754\_KG

**\$2** /100 G



HOLIDAY JUBES  
21626733\_KG

**\$2** /100 G



CHOCOLATE PRESENTS  
21626536\_KG

**\$3** /100 G



PEPPERMINT PRETZELS  
150 G  
21626664\_EA

**\$14**



WHITE PEPPERMINT CARMELS  
70 G  
21626645\_EA

**\$14**



HOLIDAY JELLY BEANS  
21626742\_KG

**1.50** /100 G

RED AND GREEN JELLY WREATHS OR HOLIDAY JELLY MIX  
21626586\_KG/21626537\_KG



**\$2** /100 G



HOLIDAY JUMBO GUMS  
21626520\_KG

**\$2** /100 G



# Grocery



FRANK'S RED HOT OR THICK SAUCE 354 ML, FRENCH'S KETCHUP 750 ML/1 L OR MUSTARD 325 ML OR STUBB'S BBQ SAUCE 450 ML SELECTED VARIETIES  
20187632001\_EA/20835951\_EA



DOVE BAR SOAP 6X106 G, BODY WASH 532-695 ML OR HAIR CARE PRODUCTS 97-750 ML SELECTED VARIETIES  
20319039001\_EA/21221317\_EA



TYLENOL OR TYLENOL KIDS SELECTED VARIETIES AND SIZES 60-150'S  
20129494001\_EA/20310804002\_EA



NO NAME® ALL-PURPOSE FLOUR SELECTED VARIETIES 10 KG  
20022248\_EA



NESTLÉ CONFECTIONERY FROZEN DESSERT 1.5 L OR BARS 4-10'S OR DRUMSTICK 4'S SELECTED VARIETIES FROZEN  
20322085001\_EA/20322380001\_EA



NO NAME® NATURALLY IMPERFECT™ FRUIT SELECTED VARIETIES FROZEN 2 KG  
21033168\_EA/21480144\_EA

**11.99**

**5.49**

**15.99**



GALLO EXTRA VIRGIN OLIVE OIL 1 L  
20105368\_EA



PC® OR BLUE MENU® ENTRÉES SELECTED VARIETIES FROZEN 212.27 KG  
20134930\_EA 21178593\_EA



AYLMER TOMATOES ORIGINAL OR ACCENTS SELECTED VARIETIES 540/796 ML  
21206804\_EA/21207587\_EA



TERRY'S ORANGE CHOCOLATE 145-157 G OR TOFFIFEE CHOCOLATE 246 G  
21194228\_EA/21541146\_EA

**17.99**

**14.99**

**1.99**

**5.99**



OLD EL PASO DINNER KITS 264-510 G OR SALSA 650 ML SELECTED VARIETIES  
20305182001\_EA/20795534\_EA



PRIMO PASTA SAUCE 680 ML OR UNICO PASTA 700/750 G SELECTED VARIETIES  
20731317003\_EA 20794827\_EA



GREEN GIANT VEGETABLES SELECTED VARIETIES FROZEN 400-750 G  
21022302\_EA/21022355\_EA



KRAFT SALAD DRESSING SELECTED VARIETIES 425 ML  
21584146\_EA/21584850\_EA

**\$5**

**2/\$5**  
LESS THAN 2 \$2.99 EA.

**3.49**



CHEEMO PEROGIES SELECTED VARIETIES FROZEN 745-907 G  
20527159\_EA/20527369\_EA



CHAPMAN'S SUPER PREMIUM PLUS ICE CREAM SELECTED VARIETIES FROZEN 500 ML  
21511147\_EA/21511200\_EA



KELLOGG'S EGGO WAFFLES 8'S OR PILLSBURY TOASTER STRUDEL 326 G OR SCRAMBLES 204 G SELECTED VARIETIES FROZEN  
20172664001\_EA 20302779\_EA



NO NAME® TOMATO, CREAM OF MUSHROOM, CHICKEN NOODLE OR VEGETABLE SOUP SELECTED VARIETIES 284 ML  
20302431\_EA 20618885\_EA

**3.99**

**3.99**

**2/\$7**  
LESS THAN 2 \$7.99 EA.

**89¢**



MOTT'S CLAMATO JUICE 1.89 L OR OCEAN SPRAY 100% JUICE BLEND OR COCKTAIL 1.77 L-1.89 L SELECTED VARIETIES  
20300066008\_EA 21575320\_EA



PC® NATURAL SPRING WATER 24X500 ML  
20137898\_C24



PURE LIFE WATER 24X500 ML  
20060696\_C24



ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS, TIGER TOWELS PAPER TOWELS 3=6 ROLLS OR FACIAL TISSUE 6'S SELECTED VARIETIES  
21363770\_EA/21484702\_EA

**3.99**

**\$3**

**4.99**

**8.99**

# For your pet

click here to shop our full assortment



Members save \$2

Optimum

Members-Only Price

9<sup>99</sup>

Non-members

11<sup>99</sup>

PEDIGREE DENTASTIX TREATS FOR DOGS SELECTED VARIETIES 100-1.9 KG 21081180\_EA



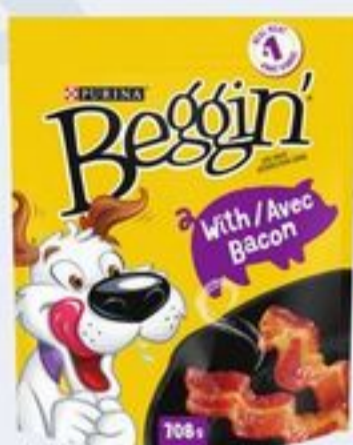
IAMS DOG FOOD SELECTED VARIETIES 6.12/6.8 KG 20646724002\_EA

31<sup>99</sup>



CESAR DOG FOOD SELECTED VARIETIES 24'S 21359656\_EA

35<sup>99</sup>



BEGGIN'S STRIPS DOG TREATS SELECTED VARIETIES 708/850 G 21101589\_EA

10<sup>99</sup>



PURINA ONE DOG FOOD SELECTED VARIETIES 1.72/1.81 KG 20912587\_EA

13<sup>99</sup>



MILK-BONE SOFT & CHEWY TREATS FOR DOGS SELECTED VARIETIES 708 G 21047843\_EA

11<sup>99</sup>



TEMPTATIONS CAT TREATS 160/180 G, PURRRR-ÉE 48 G, SPOONS 40 G OR MEATY BITES 43 G SELECTED VARIETIES 20298151005\_EA/21479803\_EA

3<sup>29</sup>



FANCY FEAST CAT FOOD SELECTED VARIETIES 12'S 20307537\_EA

13<sup>99</sup>



FRISKIES CAT FOOD SELECTED VARIETIES 7.26/7.5 KG 20912590\_C01

21<sup>99</sup>



TIDY CATS LIGHT WEIGHT LITTER SELECTED VARIETIES 5.44 KG 21217951\_C01

23<sup>99</sup>

## Don't leave any points behind at the pump!



Earn 10<sup>pts</sup> per litre

Add your phone number to your account on the PC Optimum™ app. Enter your phone number on the pump keypad before entering your payment card.



Earn 10<sup>pts</sup> per litre

Insert your PC Optimum™ card into the card reader before entering your payment card.



Earn at least 3<sup>pts</sup> in points

Pay with your PC® Mastercard® and earn points on fuel.\*

\* Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional 10 points per litre of premium gasoline (Octane 91, 93) at Esso™ stations. Should fuel prices fall below \$1.1, resulting total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit [pcfinancial.com/pcfinancial-staff/pcfinancial-mastercard](http://pcfinancial.com/pcfinancial-staff/pcfinancial-mastercard). PC®, PC Financial®, and President's Choice Financial® are trademarks of Lloyds Bank Ltd. used under license. Mastercard® is a registered trademark, and the circle design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited. Imperial Oil, Esso, Esso.

## LAVAZZA

ICONIC CRAFTSMANSHIP. ARTFULLY BLENDED.



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LAVAZZA QUALITÀ ROSSA K-Cup® pods 30's 21589798\_EA

\$18<sup>99</sup>



LAVAZZA QUALITÀ ORO K-Cup® pods 30's 21589700\_EA

\$18<sup>99</sup>

## McCafé



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McCafé® K-Cup® Pods 30's - 21240975\_EA

\$20<sup>99</sup>



McCafé® K-Cup® Pods 48's - 21238592\_EA

\$29<sup>99</sup>



Kicking Horse® Coffee K-Cup® Pods 10's 21628567\_EA

\$12<sup>99</sup>

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## Folgers

LOVED BY MILLIONS. TASTE WHY.



Folgers® Coffee 816 g selected varieties 21478183\_EA

13<sup>99</sup>



Folgers® K-Cup® Coffee Pods 30's selected varieties 20811386\_EA

17<sup>99</sup>



Folgers® K-Cup® Coffee Pods 12's selected varieties 20565705\_EA

7<sup>99</sup>



Folgers® 1850™ Coffee 340 g selected varieties 21196305\_EA

9<sup>99</sup>

WYIG ONLINE 5

## Winter FAVOURITES

ROUGEMONT 2 L 20185265003\_EA less than 2 \$4.49 ea. 2/\$7



OASIS JUICE SELECTED VARIETIES 8x200 mL 20944313\_EA

\$5.49 EA

ARIZONA DEL MONTE 960 mL 20894117004\_EA 21581272\_EA

\$2.99 EA

ASSORTED FLAVOURS

# Globally inspired flavours

click here to  
shop our full  
assortment



**YELLOW DRAGONFRUIT**  
PRODUCT OF COLOMBIA  
EACH  
20626393001\_EA

**4.99**



**HAMI MELON**  
PRODUCT OF U.S.A.  
4.41/KG  
21051297001\_KG

**\$2 LB**



**BRITANNIA BOURBON  
CREAM BISCUITS**  
390 G  
20574619\_EA

Members  
save  
**\$1**

Optimum™  
Members-Only Price™  
**2.99**

Non-members  
**3.99**



**SURAJ® NAAN**  
SELECTED VARIETIES  
10'S  
20343319\_EA

**\$5**



**FRESH ASC TILAPIA FILLETS**  
22.02/KG  
FRESH SEAFOOD ITEMS SUBJECT  
TO AVAILABILITY  
20897812\_KG

**9.99 LB**



**PC® MINI VEGETABLE SAMOSAS**  
FROZEN  
345 G  
20581030\_EA

**\$7**



**PC® WORLD OF FLAVOURS™  
JERK CHICKEN LEGS**  
AIR CHILLED  
13.23/KG  
21454286\_KG

**\$6 LB**



**T&T® BAKERY TROPICAL  
SNACK CAKES**  
SELECTED VARIETIES  
180 G  
20826539\_EA

**1.50**



**NONGSHIM SHRIMP  
CRACKERS**  
SELECTED VARIETIES  
200/400 G  
20418200\_EA

**4.99**



**FLYING GOOSE BRAND  
SRIRACHA SAUCE**  
730 ML  
21459017\_EA

**4.99**



**THAI KITCHEN  
COCONUT MILK**  
SELECTED VARIETIES  
400 ML  
20661711\_EA

**2.29**



**PAN YELLOW OR  
WHITE FLOUR**  
1 KG  
20945695\_EA  
20945705\_EA

**3.49**



**LA COSTEÑA  
REFRIED BEANS**  
SELECTED VARIETIES  
546 ML  
20054076001\_EA  
20054076002\_EA

**2.99**



**TILDA RICE**  
SELECTED VARIETIES  
4 LB  
20013920\_EA  
20436365\_EA

**9.99**

**ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS:** EDSON'S YIG 4431 4TH AVENUE, EDSON, AB, JOLY'S YIG 251 POWDER DRIVE, FORT MCMURRAY, AB, SINNOTT'S YIG 3 CLEARVIEW MARKET WAY, RED DEER, AB, PEARSON'S YIG 925 ST. ALBERT TRAIL, ST. ALBERT, AB, ELDOHO'S YIG 1792 A 9TH AVENUE, FERNIE, BC, PETER'S YIG 1835 GORDON DR., KELOWNA, BC, LONSDALE CITY MARKET, 1650 LONSDALE AVENUE, NORTH SIDE, BC, NIELSEN'S YIG 18765 FRASER HIGHWAY, SURREY, BC, MILLER'S YIG 7190 KERR ST., VANCOUVER, BCPARK ROYAL CITY MARKET YIG, 845 PARK ROYAL NORTH, VANCOUVER, BC, NIEL'S YIG REGINA 1341 BROADWAY AVE., REGINA, SK, MICHAEL'S YIG 2815 WANUSKEWIN RD., SASKATOON, SK YIG 335 HORNER CRES., SASKATOON, SK

# Wine, spirits & beer

limited time offer November 21 - 27

click here to shop our full assortment



CAVIT ROSCATO  
BIANCO OR ROSÉ  
750 ML  
20882693\_EA

**11<sup>99</sup>**



COPPER MOON  
MALBEC, PINOT GRIGIO, CABERNET  
SAUVIGNON OR SAUVIGNON BLANC  
4 L  
20966352/20951506\_EA

Members save \$4

Optimum  
Members-Only Price™  
**35<sup>99</sup>**  
Non-members  
**39<sup>99</sup>**



CROWN ROYAL  
RYE  
1.14 L  
20132802\_EA

**35<sup>49</sup>**



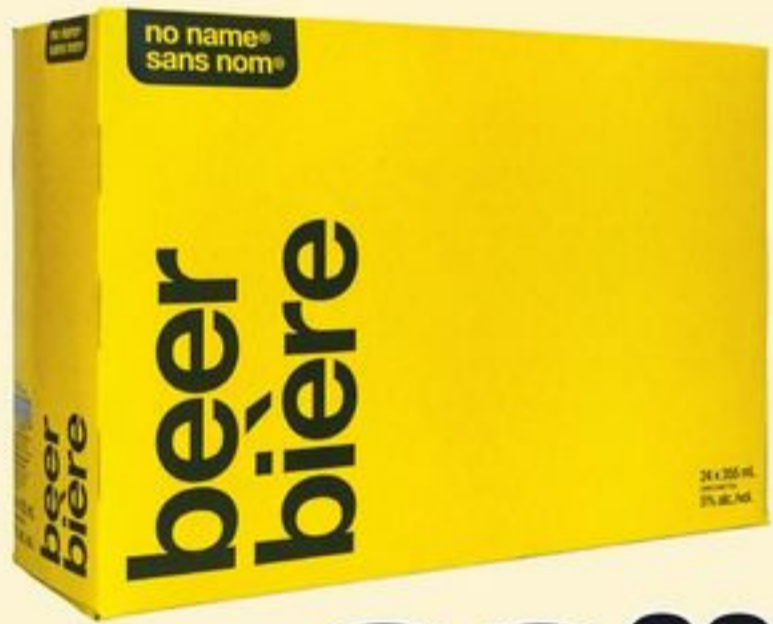
TRULY HARD SELTZER  
TROPICAL MIX PACK  
12X355 ML  
21332509\_C12

**27<sup>49</sup>**



POLAR ICE  
VODKA  
1.75 L  
21107358\_EA

Members save \$4  
Optimum  
Members-Only Price™  
**46<sup>99</sup>**  
Non-members  
**50<sup>99</sup>**



NO NAME®  
BEER OR LIGHT BEER  
24X355 ML  
21345294\_C24

**29<sup>99</sup>**



CAPTAIN MORGAN  
SPICED RUM  
1.75 L  
20130479\_EA

**\$52**



ORIGINAL 16  
CANADIAN PALE ALE,  
COPPER ALE, PRAIRIE  
WHITE OR ULTRA BEER  
15X355 ML  
20695343\_C15

**29<sup>99</sup>**

Only at the following Your Independent Grocer location (unless otherwise stated) : Michael's YIG – 2815 Wanuskewin Road, Saskatoon, SK

We reserve the right to limit quantities. Prices do not include tax or deposit and may be subject to change without notice. No rainchecks or substitutions. See in-store or [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.



**Shop & earn more**  
**November 21<sup>st</sup> to 28<sup>th</sup>**

Excludes gaming hardware, software and accessories, prescription drugs and optical.  
 \*Open your PC Optimum™ app or visit proptimum.ca to get the offer.

**8**  
 days only  
 Nov 21-28th

Optimum  
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**15,000** pts  
 for every \$50 spent on  
 small appliances, home, baby,  
 health & beauty and pharmacy.

APP EXCLUSIVE OFFER

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**\$15**  
 value!

**Effective November 21 to 27**



**HUGGIES ECONO PACK DIAPERS**  
 SELECTED VARIETIES  
 SIZE N-3, 50-200'S  
 2155591 EA/2155540 EA

**34<sup>99</sup>**



**MILLIE MOON CLUB SIZE DIAPERS**  
 SELECTED VARIETIES  
 SIZE 1-6, 50-100'S  
 2157453 EA/2157461 EA

**24<sup>99</sup>**



**PAMPERS SWADDLERS**  
 ULTRA VALUE PACK  
 DIAPERS  
 SELECTED VARIETIES  
 SIZE 3-6, 120-192'S  
 2155839 EA

**43<sup>99</sup>**



**PAMPERS EASY UPS**  
 GIANT PACK TRAINING PANTS  
 SELECTED VARIETIES  
 60-120'S  
 2168755 EA/2168797 EA

**36<sup>99</sup>**



**PC 12X BABY WIPES**  
 UNSCENTED  
 1200'S  
 2133245 EA

**\$20**



**BABY GOURMET ORGANIC FRUIT OR**  
**VEGETABLE BABY FOOD POUCHES**  
 SELECTED VARIETIES  
 128 ML  
 2036374/2036383 EA

**1<sup>79</sup>**



**GERBER ORGANIC CEREAL**  
 SELECTED VARIETIES  
 300 G  
 2115701 EA

**2/\$10**  
 LESS THAN 2  
 \$5.99 EA.



**HUGGIES, HELLO BELLO OR**  
**PAMPERS 3X BABY WIPES**  
 SELECTED VARIETIES  
 112-216'S  
 2032901 EA/2032912 EA

**7<sup>99</sup>**



**PAMPERS ECONO**  
**PACK DIAPERS**  
 SELECTED VARIETIES  
 SIZE N-3,  
 50-200'S  
 2155591 EA/2155574 EA

**34<sup>99</sup>**



**PAMPERS PURE**  
 SUPER BIG PACK  
 DIAPERS  
 SELECTED VARIETIES  
 SIZE N-6,  
 92-120'S  
 2124395 EA/2124404 EA

**24<sup>99</sup>**



**CERAVE**  
 BABY NEEDS  
 SELECTED VARIETIES  
 2433175 EA/2433184 EA

**20%**



**SUDOCREM OR**  
 PENATEN BABY NEEDS  
 SELECTED VARIETIES  
 20800281 EA/2075283 EA

**20%**



# Shop & earn more

## November 21<sup>st</sup> to 28<sup>th</sup>

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Nov 21-28th

Optimum  
Earn  
**15,000 pts**  
for every \$50 spent on  
small appliances, home, baby,  
health & beauty and pharmacy.

APP EXCLUSIVE OFFER\*

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**\$15**  
value!

### Effective November 21 to 27



ENFAGROW A+ INFANT  
NUTRITIONAL SUPPLEMENT  
SELECTED VARIETIES  
907 G  
2102311 EA/2102311 EA

**29<sup>99</sup>**



SIMILAC PRO-ADVANCE  
STEP 1 OR 2 OR COMFORT  
HMO POWDER FORMULA  
SELECTED VARIETIES  
570/584 G  
2103175 EA/2103175 EA

**38<sup>99</sup>**



ENFAMIL NEUROPRO  
READY TO FEED INFANT  
FORMULA  
16X237 ML  
2152056 601

**68<sup>49</sup>**



ENFAMIL A+ NEUROPRO BABY  
FORMULA POWDER REFILLS  
SELECTED VARIETIES  
6-12 MONTHS, 530 G  
2153075 EA

**58<sup>99</sup>**



ENFAMIL A+ READY-TO-FEED  
BABY FORMULA STAGE 1 & 2  
SELECTED VARIETIES  
16X237 ML  
2170375 601/2170375 601

**59<sup>99</sup>**



SIMILAC STAGE 1 & 2  
READY TO FEED BABY FORMULA  
SELECTED VARIETIES  
16X235 ML  
2113151 601/2113151 601

**60<sup>97</sup>**



LOVE CHILD  
ORGANIC POUCHES  
SELECTED VARIETIES  
90/120 ML  
211155 EA/211155 EA

**1<sup>79</sup>**



CEREBELLY ORGANIC  
BABY PUREE POUCHES  
120 ML  
210222 EA/210222 EA

**2<sup>99</sup>**



BABY GOURMET  
ORGANIC PUFFIES OR  
FRUIT & VEGGIE  
BITES BABY SNACKS  
28-60 G/518 G OR  
EARTH'S BEST BARS 116 G  
SELECTED VARIETIES  
28-60 G  
211271 EA/211271 EA

**3<sup>79</sup>**



PC ORGANICS BABY  
SNACKS OR ENTRÉES  
SELECTED VARIETIES  
42-115 G  
2043331 EA/2078433401 EA

**2<sup>79</sup>**



LOVE CHILD ORGANIC  
OATY CHOMPS OR  
SEAFRIENDS  
BABY SNACKS  
SELECTED VARIETIES  
100-140 G  
2294537 EA/2146329 EA

**3<sup>79</sup>**



SIMPLY GOURMET  
CRUNCHERS OR  
PUFFIES SNACKS  
SELECTED VARIETIES  
92 G  
2157331 EA/21573406 EA

**2<sup>29</sup>**



8 days only  
Nov 21-28th

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# Shop & earn more November 21<sup>st</sup> to 28<sup>th</sup>

Optimum  
Earn  
**15,000** pts  
for every \$50 spent on  
small appliances, home, baby,  
health & beauty and pharmacy.

**\$15**  
value!

Excludes gaming hardware, software and accessories, prescription drugs and optical.  
\*Open your PC Optimum™ app or visit proptimum.ca to get the offer.

## Effective November 21 to 27

**DOVE INTENSE**  
750 ML OF THERAPY  
100-400 ML HAIR CARE  
SELECTED VARIETIES  
201102011 EA  
201103002 EA

GET **4,000** pts  
when you buy 2  
-\$4 Value

**11.99**

**NATIVE HAIR CARE**  
SELECTED VARIETIES  
177087 ML  
205621 EA  
205628 EA

**\$11**

**MARC ANTHONY OR MONDAY HAIR CARE**  
SELECTED VARIETIES AND SIZES  
200-675-880 ML  
205645 EA 205624 EA

**\$9**

**AVEENO LOTION**  
SELECTED VARIETIES AND SIZES  
592 ML  
201020204 EA 20556253 EA

**SALE**  
SAVE UP TO  
**25%**

**AVEENO FACE CLEANSERS, MOISTURIZERS OR TREATMENTS**  
SELECTED VARIETIES AND SIZES  
20001 EA  
2055331 EA

**SAVE UP TO 30%**

**3.89 - 27.99**

**CETAPHIL CLEANSERS, MOISTURIZERS OR TREATMENTS**  
SELECTED VARIETIES AND SIZES  
201021 EA  
204321301 EA

**SALE**  
SAVE UP TO  
**20%**

**NATIVE BODY WASH**  
SELECTED VARIETIES  
592 ML  
20435041 EA 20435051 EA

**11.49**

**IVORY BAR SOAP 10X90 G OR BODY WASH 521 ML**  
SELECTED VARIETIES  
20478702 EA 2048804001 EA

**4.49**

**METHOD FOAMING OR GEL HAND WASH PUMPS**  
SELECTED VARIETIES  
300/354 ML  
2043211004 EA 2043651001 EA

**4.49**

**AXE BODY SPRAY 118 G, DEODORANT 78/85 G, BODY WASH OR HAIR CARE 478 ML**  
SELECTED VARIETIES  
204752 EA 2043061 EA

GET **3,000** pts  
when you buy 2  
-\$3 Value

**7.99**

**EVERY MAN JACK BODY WASH 500 ML OR DEODORANT 78/85 G**  
SELECTED VARIETIES  
204791 EA 204804 EA

**7.99**

**SCHICK HYDRO, INTUITION OR XTREME 3 RAZORS**  
SELECTED VARIETIES  
1-8'S  
204224004 EA 204295 EA

**8 VALUE - ÉCONO**

**9.99**

**LISTERINE CLASSIC L OR KIDS 500 ML MOUTHWASH**  
SELECTED VARIETIES  
2048438001 EA 21091201 EA

**6.99**

**CREST 3D WHITE OR PRO-HEALTH TOOTH PASTE, SCOPE PRO HEALTH OR KIDS RINSE 500 ML OR ORAL-B MANUAL TOOTHBRUSH OR FLOSS**  
SELECTED VARIETIES AND SIZES  
2052351 EA 2150672 EA

**5.49**

**COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTH PASTE 70-100 ML, KIDS MANUAL TOOTHBRUSH, HELLO TOOTH PASTE 82-98 ML OR COLGATE PERIOGARD TOOTH PASTE**  
SELECTED VARIETIES AND SIZES  
2117027 EA 2155925 EA

**6.49**



# Shop & earn more November 21<sup>st</sup> to 28<sup>th</sup>

Excludes gaming hardware, software and accessories, prescription drugs and optical.  
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8 days only  
Nov 21-28th

APP EXCLUSIVE OFFER\*

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Earn **15,000 pts**  
for every \$50 spent on  
small appliances, home, baby,  
health & beauty and pharmacy.

**\$15**  
value!

## Effective November 21 to 27



ADVIL, BUCKLEY'S, NEOCITRAN OR  
ROBITUSSIN COUGH, COLD OR  
SINUS GELS, CAPLETS OR LIQUIDS  
SELECTED VARIETIES AND SIZES  
20161161\_EA, 2016242162\_EA

**11<sup>99</sup>**



LIL CRITTERS, FIRST RESPONSE  
OR VITAFUSION VITAMINS OR  
SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
2025274\_EA, 20253011\_EA

**SALE**  
SAVE UP TO  
**20%**



ALWAYS PADS 26-62'S OR  
LINERS 116-216'S OR  
TAMPAX TAMPONS 68-50'S  
SELECTED VARIETIES  
20363435\_EA, 2037374545\_EA

**2/\$26**  
LESS THAN 2  
\$13.99 EA.



ONE A DAY ADULT MULTIVITAMINS  
OR FLINTSTONE'S CHILDREN'S VITAMINS  
SELECTED VARIETIES AND SIZES  
21294571\_EA, 2121515315\_EA

GET **3,000\*** **-\$3**  
Value



PERFECT SPORTS  
SUPPLEMENTS  
SELECTED  
VARIETIES  
AND SIZES  
2063372\_EA, 2021551764\_EA

**SALE**  
SAVE UP TO  
**15%**



U BY KOTEX 2X PADS,  
LINERS OR TAMPONS  
SELECTED VARIETIES  
AND SIZES  
2021229'S  
2024225\_EA, 20212302\_EA

**9<sup>99</sup>**



LIFE BRAND PADS  
OR UNDERWEAR  
12-39'S OR  
GUARDS 52'S  
SELECTED VARIETIES  
202185\_EA

**12<sup>99</sup>**



VASELINE  
HAND AND BODY LOTION  
SELECTED VARIETIES  
AND SIZES  
2053044004\_EA, 2053044004\_EA

**5<sup>99</sup>**



OLD SPICE BODY  
WASH 475-687 ML  
OR BAR SOAP  
4.83X 90 G  
SELECTED  
VARIETIES  
2025551\_EA, 202215551\_EA

**SALE**  
SAVE UP TO  
**20%**



SENSODYNE OR  
PRONAMEL TOOTHPASTE  
75-100 ML, POLIDENT  
DENTURE TABLETS 40'S  
OR POLIGRIP DENTURE  
ADHESIVE 40 G  
SELECTED VARIETIES  
200017001\_EA, 20705004\_EA

**5<sup>99</sup>**



PC SPORTS  
SUPPLEMENTS  
SELECTED VARIETIES  
AND SIZES  
20555552\_EA, 2121313001\_EA

**SALE**  
SAVE UP TO  
**15%**



LIFE BRAND 5 mL  
COUGH & COLD  
RELIEF TABLETS,  
CAPLETS, LIQUIDS,  
SALINE MISTS,  
SOLUTIONS OR  
NASAL STRIPS  
SELECTED VARIETIES  
AND SIZES  
21225710\_EA, 21225742\_EA

**SALE**  
SAVE UP TO  
**25%**



LIFE BRAND PAIN MANAGEMENT  
PRODUCTS  
SELECTED VARIETIES  
AND SIZES  
21134351\_EA, 212457651\_EA

**SALE**  
SAVE UP TO  
**25%**



QUALITY • VALUE • FLAVOUR



**Gold Label**  
EST. 1935

Gold Label Delicatessen Originals • selected varieties 375-400 g • 21611398\_EA  
Gold Label Delicatessen Originals • selected varieties 175 g • 21599861\_EA  
Gold Label Smoke House Pepperoni • selected varieties 225 g • 21507918\_EA

**EASY!**

**CONVENIENT!**

**DELICIOUS!**

Olivieri Filled Pasta or Gnocchi selected varieties 500 - 700 g 21021889\_EA/20915884\_EA **\$11**  
Olivieri Gnocchi selected varieties 280 - 350 g 21022065\_EA **2/\$11** LESS THAN 2 \$6.79 EA.  
Olivieri Filled Pasta selected varieties 250 - 350 g 20915882\_EA **2/\$11** LESS THAN 2 \$6.79 EA.  
Olivieri Sauces selected varieties 160 g / 300 mL 20114412\_EA **2/\$11** LESS THAN 2 \$6.79 EA.



# Fall into FLAVOUR

**Wonder** Casa Mendosa

LESS THAN 2 \$4.49 EA.

**2/750**

GET 2,000 Value when you buy 2

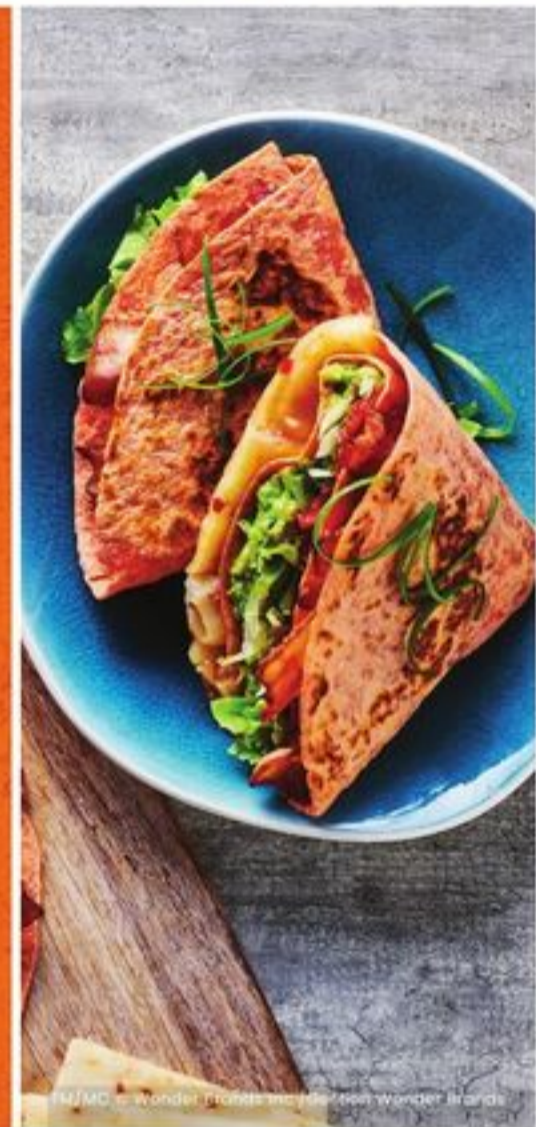


Wonder Large Whole Wheat Wraps 10's 20276307\_EA

Wonder Large White Wraps 10's 20318788\_EA

Casa Mendosa Large Spinach Tortillas 6's 20996876\_EA

Casa Mendosa Large Tomato Salsa Tortillas 6's 21566562\_EA



**NEW! GLOBAL CRAVINGS**



Crave Frozen Meals 200 - 340 g Selected varieties 21085515\_EA/21604021\_EA

LESS THAN 2 \$8.49 EA.

**2/\$11**

**A NEW WAY TO EGG**

Crave Scramble Kits 57 - 85 g Selected varieties 21566900001\_EA

**\$3.99**



**A NEW KD EXPERIENCE**

**NEW**



Kraft Dinner Deluxe Frozen Meals Selected varieties 340 g 21085515\_EA/21553329\_EA

LESS THAN 2 \$6.49 EA.

**2/\$11**

IT'S NOT JUST PASTA. IT'S **ITALPASTA**



LESS THAN 2 \$2.99 EA.

**2/\$5**

Italpasta Pasta 900 g selected varieties 20081342061\_EA

Visit [www.italpasta.com](http://www.italpasta.com) for product information, recipe inspiration, and zero food waste tips.

**TASTE THE DIFFERENCE**

ITALY'S #1 BRAND OF TOMATOES



**4.99**

Mutti Strained Tomatoes 680 mL selected varieties 2028490861\_EA

**8.99**

Mutti Pasta Sauce 680 mL selected varieties 21541182\_EA

**2/\$7**

Mutti Tomato Paste 156 mL 20314088\_EA

**MUTTI** ONE FAMILY, ONE PASSION. TOMATOES.

\*Canada Ltd. - All Italy Super - Super - Small Sell. Source of the top brands by value sales in the Tomato Products category - Progress PR 2021 - 2022



**TAKE A SHOT ON GREAT TASTE**

Best **Coke** Ever?



LESS THAN 2 \$7.49 EA.

**2/\$13\***

COCA-COLA® beverages selected varieties 8x300 mL 21181171\_C08

**\$7.99\***

COCA-COLA® beverages selected varieties 6x237 mL 20048388001\_C06



LESS THAN 2 \$7.49 EA.

**2/\$13\***

AHA™ SPARKLING WATER beverages selected varieties 12x355 mL 21240794\_C12



LESS THAN 2 \$3.49 EA.

**2/\$6\***

Glaceau smartwater® beverages selected varieties 1 L 20154181\_EA



LESS THAN 2 \$3.99 EA.

**2/6.50\***

Monster Energy® beverages selected varieties 473 mL 20938249\_EA

November 21st - November 27th 2024  
\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.  
†This product may not be suitable for everyone. Please read the label for instructions.  
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**\$6<sup>99</sup>**

Liberté Greek® selected varieties 650-750 g  
20704361002\_EA



**2/\$8**  
LESS THAN 2 \$4.99 EA.

Liberté Greek® selected varieties 4x100 g  
20801752003\_EA



**LIBERTÉ**

**\$7<sup>49</sup>**

Yoplait® Source® selected varieties 16x100 g  
20317317001\_EA  
20317317002\_EA



**4/\$5**  
LESS THAN 4 \$1.59 EA.

Yoplait® YOP selected varieties 200 ml  
21478178\_EA  
21477986\_EA



**Yoplait**

**Pillsbury**

**\$3<sup>49</sup>**

Pillsbury™ Refrigerated Dough selected varieties 454-496 g  
20301101005\_EA  
21477773\_EA



**2/\$4**  
LESS THAN 2 \$2.59 EA.

Pillsbury™ Crescents selected varieties 200-227 g  
21505340\_EA



**2/\$8**  
LESS THAN 2 \$4.99 EA.

Pillsbury™ Limited Edition Refrigerated Dough selected varieties 454-496 g  
21477607\_EA  
21082090\_EA



**\$2<sup>99</sup>**

Pillsbury™ Breads selected varieties 340-400 g  
20317832003\_EA



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since 1893

**NEVER, EVER BLAND**



Adjustable Refillable Grinder 70 g  
21464746\_EA **\$4<sup>49</sup>**

Sea Salt Fine 500 g  
20026128001\_EA **\$5<sup>49</sup>**

Extra Coarse Sea Salt Refill 255 g  
21464744\_EA **\$5<sup>99</sup>**

**Our butchers cut quality meat in your store every day!**

**pork loin schnitzel**  
21588065\_EA

**lean beef meatballs plain**  
21587897\_EA

**beef stir fry strips**  
cut from Canada AA grade beef or higher  
21588067\_EA

**pork stir fry strips**  
21588095\_EA

**chicken stir fry strips**  
21588091\_EA

**NEW**

**Campbell's CHUNKY SPICY**

**1<sup>99</sup>**

Campbell's® Ready to Serve Soups selected varieties 515 mL  
21479030\_EA



**4<sup>49</sup>**

Pace® Chunky Salsa selected varieties 642 mL  
20307531001\_EA



**1<sup>99</sup>**

Campbell's® Chunky® Soup selected varieties 515 mL  
21480447\_EA



**2/\$8**  
LESS THAN 2 \$4.49 EA.

Prego® Pasta Sauce selected varieties 645 mL  
20325820001\_EA



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**YOUR CHOICE MAKES A DIFFERENCE!**

**GOLD SEAL**  
WILD SOCKEYE SALMON  
21186814\_EA **\$4<sup>99</sup>**

**GOLD SEAL**  
WILD MACKEREL  
21083426\_EA **2/\$7**  
LESS THAN 2 \$3.50 EA.

**MILLIONAIRES**  
Sardines, selected varieties 106 g  
20549485002\_EA **2/\$5<sup>50</sup>**  
LESS THAN 2 \$3.00 EA.

**Ocean's**  
SOLID WHITE TUNA  
21005158\_EA **\$2<sup>99</sup>**

Certified B Corporation  
CleanHub  
oceanbrands.com

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Lindt LINDOR Cornets 600 g  
20215793001\_EA/20215793002\_EA **\$19.99**



Lindt LINDOR Boxes 156 g  
20821386\_EA  
20821554\_EA **11.99**



Lindt LINDOR Bags 150 g  
21235132\_EA/20905452\_EA **\$7.99**



Lindt LINDOR Mini Balls Bags 100 g  
20137209\_EA  
20023311001\_EA **\$3.99**

LINDT Teddy Milk 100 g  
20425424\_EA  
21541816\_EA **\$7.99**



**HERSHEY'S**

**CELEBRATE THE SEASON**

POT OF GOLD CHOCOLATE  
selected varieties  
243-245 g  
21647694\_EA/21645433\_EA **6.99**



REESE'S, HERSHEY'S KISSES,  
HERSHEY'S COOKIES 'N' CREME  
Advent Calendars  
(208 - 212 g)  
21460078\_EA/21191980\_EA **10.99**



Hershey Festive Moments  
(297 g)  
21612855\_EA **13.99**

HERSHEY'S KISSES CHOCOLATE 180 g,  
HERSHEY'S SKOR MINIATURES 161 g,  
REESE'S NUTCRACKER 161 g or HERSHEY'S  
EGGIES LIGHTS 200 g  
21093217\_EA/21093220\_EA **4.29**



HERSHEY'S NUGGETS  
Assorted  
(244 g)  
21613021\_EA **13.99**

