

**CHALO!**  
FRESH CO

Flyer in effect November 14-20, 2024  
Prices in effect in Western Canada

ZONE 2

# 77 THE BIG EVENT



SAVE UP TO \$6<sup>22</sup>  
**977**

Janes Pub Style Chicken Strips, Nuggets or Burgers Frozen 1.1 kg  
Janes Ultimates Boneless Chicken Fillets or Bites Frozen 710-720 g  
reg 13.99-15.99



SAVE \$6<sup>22</sup>/lb  
**977**  
/lb

Ocean Jewel Atlantic Salmon Fillet Previously Frozen 35.25/kg  
reg 15.99/lb  
WHILE SUPPLIES LAST



Red Seedless Grapes 907 g  
Product of USA No. 1 Grade

**477**



Romaine Hearts 3 pk  
Product of USA or Mexico

**377**



Nelson Milkshakes 310 mL reg 1.97

SAVE \$120  
**77c**



Mr. Noodles Instant Noodles 85 g  
reg 49c

SAVE 70c  
**3/77c**



I Can't Believe It's Not Butter! 427 g  
Carnation Evaporated Milk 354 mL  
reg 2.99-3.47

SAVE UP TO \$170  
**177**



Wholesome Jasmine Rice or Wholesome Premium Sushi Rice 7 kg  
reg 18.97-19.97

SAVE UP TO \$720  
**1277**

GET UP TO **1,500 PTS**  
WHEN YOU LOAD THIS OFFER  
NOVEMBER 7 - 20, 2024

That's like \$15 toward your groceries

SPEND \$75+  
1<sup>st</sup> Shop GET 500 PTS  
2<sup>nd</sup> Shop GET 500 PTS

Bonus 500 PTS after 2<sup>nd</sup> shop



DOWNLOAD THE FRESHCO APP

LOAD THIS OFFER AND GET 500 PTS ON 2 TRANSACTIONS OF \$75+ AND GET A 500 PTS BONUS FOR USING BOTH OFFERS.

\*See Back page for full terms & conditions. Card must be registered and offer must be loaded, eligible \$75+ transactions must occur on 2 separate days.

**VARIETY. VALUE. VAH!**

**Green Giant Frozen Vegetables 750 g**  
Green Giant Valley Selections Frozen Vegetables 400-500 g  
reg. 4.69-4.79

**SAVE UP TO \$1.02**  
**3<sup>77</sup>**

**Ruffles 180-200 g**  
Frito-Lay Cannisters 102-145 g  
reg. 3.25-4.49

**SAVE UP TO \$1.72**  
**2<sup>77</sup>**

**Maxwell House Instant Coffee 150 g**  
Tetley Orange Pekoe Tea Bags 72 pk  
reg. 5.99

**SAVE \$2.22**  
**3<sup>77</sup>**

**Robin Hood Flour 5 kg**  
reg. 12.99

**SAVE \$5.22**  
**7<sup>77</sup>**

**Webber Naturals Vitamins 20-360 pk**  
Selected Varieties

**20% OFF**

**Persil Detergent 4.43 L**  
reg. 21.97

**SAVE \$3.20**  
**18<sup>77</sup>**

**Pampers Super Pack Diapers 44-96 pk**  
Selected Varieties  
reg. 34.49

**SAVE \$9.72**  
**24<sup>77</sup>**

**FIND LOADS OF ITEMS, ALL LOCKED & LOW**

**compliments ALL-PURPOSE FLOUR**  
PASTHE TOURT USAGES

**LOCKED & LOW**  
**\$3**

Compliments Flour 2.5 kg

**NEW! NOUVEAU PLANTERS**  
Smooth Creams

**LOCKED & LOW**  
**\$5**

Planters Peanut Butter 1 kg

**compliments Bathroom Tissue**  
12-24 Rolls or Facial Tissues 6 pk

**LOCKED & LOW**  
**\$6**

**compliments Deli Meat 400 g**

**LOCKED & LOW**  
**7<sup>88</sup>**

**BEST BUY VALEUR PLUS**  
BREADED CHICKEN STRIPS  
LAHIERES DE POULET PANIEES

**LOCKED & LOW**  
**\$10**

Best Buy Breaded Chicken Strips, Nuggets or Burgers Frozen 1.4 kg

**Scene 1000 PTS = \$10 OF FREE GROCERIES**

**Quaker Chewy or Dippys Granola Bars 120-156 g**  
reg. 2.99

**150 PTS** when you buy 4  
that's \$1.50 toward your \$10 groceries

**SAVE \$1.22**  
**1<sup>77</sup>**

**Pepsi Soft Drinks 6x710 mL**  
reg. 5.49

**100 PTS** when you buy 2  
that's \$1 toward your \$10 groceries

**SAVE \$3.22**  
**2<sup>77</sup>**

**Catelli Garden Select Pasta Sauce 600-640 mL**  
reg. 2.69

**300 PTS** when you buy 4  
that's \$3 toward your \$10 groceries

**SAVE \$2**  
**1<sup>77</sup>**

**Danone Activia Yogurt 8 pk**  
Two Good Yogurt 625 g  
reg. 4.77

**100 PTS** when you buy 3  
that's \$1 toward your \$10 groceries

**SAVE \$1**  
**3<sup>77</sup>**

**Hungry-Man Dinners 360-455 g**  
Hungry-Man XL Bowls 368-397 g  
reg. 5.99

**250 PTS** when you buy 4  
that's \$2.50 toward your \$10 groceries

**SAVE \$2.22**  
**3<sup>77</sup>**

**Pine-Sol 1.41 L**  
Clorox Bleach 2.4 L  
reg. 5.99

**100 PTS** when you buy 2  
that's \$1 toward your \$10 groceries

**SAVE \$2.72**  
**3<sup>77</sup>**

**Scene DIGITAL EXCLUSIVE**  
NOV 14-20, 2024  
terms and conditions apply

DOWNLOAD THE FRESHCO APP

**20% back in PTS**  
Load this offer and get 20 pts for every dollar spent on Yellow Onions or Russet Potatoes 10 lb 4.54 kg

**20% OFF**  
Load this offer and get 20% off on Kellogg's Eggo Waffles 270-280 g

\*Offer valid November 7-20, 2024. Offer must be loaded to registered Scene+ Card prior to transaction. Minimum \$75 spend must be made in a single transaction. Limit 111 000 Points attainment per transaction, and two (2) total attainments on two (2) separate transactions. 500 points bonus to be awarded within 4 weeks of the end of the offer period and qualifying purchases must be made on different days. Offer excludes taxes, rental fees, event tickets, third party sellers, pre-paid cards, postal products and services, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery games, food banks, deposits, environmental charges, fuel and other goods and services which are non-deductible or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated. Offers valid Thursday, November 14, 2024 to Wednesday, November 20, 2024. Prices in effect while supplies last. We reserve the right to limit quantities. All price savings shown in this flyer are measured against our lowest regular retail prices offered at our stores in the applicable trade area. Guarantee does not apply to banners owned, operated or franchised by Sobeys Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lowest prices", "low prices" and other similar statements in our ads is as compared to the full-service banners operated by Sobeys Capital Incorporated. See in-store or FreshCo.com for full details of our Guarantees. All Guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, health and medical products and any products which may not be discounted by law. Limitation 1. **LOWEST PRICE GUARANTEE**. Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will call you that item for 14 days from the discount competitor's current advertised price or their flyer. Price matching will be done for the following banners: Ontario No Frills, Food Basics, Real Canadian Superstore, and Wal-Mart British Columbia, Alberta, Saskatchewan, and Manitoba. No Frills, Real Canadian Superstore, Wal-Mart Canadian Superstore. Price match locations are subject to change based on regional circumstances. Does not apply to customer SPECIAL FRESH GUARANTEE. Subject to Limitations. 2. Price to be an eligible product from our stores, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **IN-STOCK GUARANTEE**. Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in that store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICES IN EFFECT IN WESTERN CANADA**.

This flyer is printed with vegetable based inks. Please recycle where facilities exist.

Cantaloupe  
Product of USA  
No. 1 Grade

**3<sup>97</sup>**



**100 PTS**  
when you buy 2  
That's like \$1 toward your groceries

**3<sup>47</sup>**

Mini Seedless Cucumbers 6 pk  
Product of Canada  
Canada No. 1  
Grape Tomatoes Pint  
Product of Canada,  
USA or Mexico



Red Mangoes  
Product of Brazil

**1<sup>77</sup>**



Raspberries 170 g  
Product of USA  
or Mexico  
Pomegranate  
Product of USA

**3<sup>47</sup>**



Sweet Potatoes  
Product of USA  
No. 1 Grade  
3.24/kg

**1<sup>47</sup>**



Red Onions 3 lb  
Product of Canada  
Canada No. 1  
1.36 kg

**3<sup>97</sup>**



Compliments Oranges 3 lb  
Product of South Africa  
Gala Apples 3 lb  
Product of BC, Canada Fancy  
1.36 kg

**3<sup>97</sup>**



Sweet Bell Peppers 4 pk  
Product of Canada or Mexico

**50 PTS**  
when you buy 1

**4<sup>97</sup>**



Compliments Baby Spinach or Spring Mix 312 g  
Product of USA

**50 PTS**  
when you buy 1

**5<sup>97</sup>**



Value Pack

Chris Brothers Bologna  
1.5 kg  
reg 11.00



**100 PTS**  
when you buy 2  
That's like \$1 toward your groceries

SAVE \$3<sup>03</sup>

**7<sup>97</sup>**



Fresh Halal Beef Sirloin Tip Steak  
380 g  
Cut from Canada  
AA Beef or Higher  
reg 9.00

SAVE \$1

**\$8**

PREFERRED ANGUS



Green Ocean Wild Argentinian Raw Shrimp Frozen 300 g  
reg 8.99



SAVE \$2<sup>02</sup>

**6<sup>97</sup>**



Compliments Lean Ground Pork  
454 g reg 4.97

SAVE \$1

**3<sup>97</sup>**



MEMBERS SAVE \$1

**4<sup>97</sup>**

Wong Wing Entrées  
Frozen 400-680 g  
reg 7.99



Compliments Pulled Pork 900 g  
Garlic & Herb Pork Loin Roast 800 g reg 12.00

SAVE \$2

**\$10**



Best Buy Ribette in BBQ Sauce, Lemon Herb Chicken Breast or Boneless Pork Chops Frozen  
684-912 g

**\$10**



Villaggio Bread 510-540 g  
Dempster's Tortillas 272-340 g  
reg 3.89

SAVE 92¢

**2<sup>97</sup>**



Tasty Selections Bundt Cake 500 g  
Best Buy Cookies 390 g  
Compliments Sliced Pound Cake 344-400 g  
reg 5.00-6.00

SAVE \$1

**\$5**



Piller's Salami 125 g  
reg 4.99

SAVE \$1<sup>52</sup>

**3<sup>47</sup>**



Fontaine Santé Hummus 227-260 g  
Lantana Hummus 283 g reg 4.49-4.99

SAVE \$1<sup>52</sup>

**3<sup>47</sup>**



Scene GET 750 PTS FOR EVERY \$100 SPENT IN ULTIMATE DINING GIFT CARDS!

Offer valid during November 14 - 20, 2024. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.



**SAVE \$1.55**

**3.44**

Nestlé Parlour Frozen Dessert 1.5 L or Novelties 12 pk reg 4.99

100 PTS when you buy 2 That's \$1 toward your groceries

**SAVE UP TO \$1**

**3.97**

Oasis Juice 60 Clusters  
Del Monte Juice 1.6 L  
Oasis Hydra Fruit Orange Beverage 1.5 L reg 4.47-4.97

**BUY 2 OR MORE**

**3.97 ea**

OR BUY 1 at \$4.97 Philadelphia Cream Cheese 227-250 g

**100 PTS** when you buy 2 That's \$1 toward your groceries

**SAVE \$1.00**

**4.97**

Armstrong Natural Cheese Slices 220-240 g reg 6.47

**1.44**

Heinz Beans or Pasta 398 mL reg 1.67

**2.75**

Ben's Original Bistro Express Basmati Rice 250 g or Tasty Bite 285 g

**SAVE \$1.02**

**3.97**

Old El Paso Taco Kits 250-510 g reg 4.99

**SAVE \$1.22**

**5.97**

Nescafé Gold Instant Coffee 90-100 g, Sweet & Creamy 18 pk or Taster's Choice 100 g reg 7.99-8.29

**100 PTS** when you buy 2 That's \$1 toward your groceries

**SAVE \$1.02**

**6.97**

Dr. Oetker Giuseppe Stuffed Crust Pizza 685-771 g reg 8.49

**100 PTS** when you buy 2 That's \$1 toward your groceries

**SAVE \$1.02**

**2.67**

Cheemo Perogies 815-907 g reg 3.99

**SAVE \$4.02**

**19.97**

McCafé or Tim Hortons Single Serve K-Cups 30 pk or Ground Coffee 875-930 g reg 23.99

**SAVE UP TO \$2.52**

**4.27**

Christie Family Cookies or Crackers 345-520 g reg 5.29-6.79

**200 PTS** when you buy 2 That's \$2 toward your groceries

**SAVE UP TO \$2.32**

**5.97**

Perrier Sparkling Water 8x330 mL  
Sanpellegrino Natural Sparkling Drink 6x330 mL reg 7.99-8.29

**SAVE \$1.02**

**2.47**

Dare Ultimate Cookies 290-300 g reg 3.99

**100 PTS** when you buy 2 That's \$1 toward your groceries

**SAVE \$1.02**

**2.97**

Leclerc Célébration Cookies 240-350 g reg 3.99

**SAVE \$1.02**

**2.97**

Nature Valley Sweet & Salty, Fibre 1 Bars or Premium Fruit Snacks 125-226 g reg 3.99

**SAVE \$2.02**

**3.47**

General Mills Cereal Selected Varieties 297-430 g reg 5.49

**SAVE \$1.02**

**2.47**

Palmolive Dish Soap 591-828 mL reg 3.69

**SAVE \$3.02**

**8.97**

Bounty Paper Towels 4-6 Rolls reg 11.99

**SAVE \$1.02**

**2.97**

Speed Stick Deodorant or Antiperspirant 45-85 g reg 4.49

**SAVE \$4.02**

**5.97**

Colgate PerioGard Toothpaste 70 mL or Toothbrush Twin Pack or Colgate Total Mouthwash 1 L Selected Varieties reg 7.69-9.99

**DOUBLE FRESH GUARANTEED**

**WE'LL REPLACE YOUR ITEM + REFUND YOUR MONEY\***  
\*See online and in-store for more details.



**SAVE \$4.02**  
**10.97**

Al Safa Halal Chicken  
or Beef Seekh Kebab Frozen 345 g  
reg. 14.99



**SAVE 50¢**  
**3.47**

Bestropics  
Coconut Water 1 L  
reg. 3.97



**SAVE \$1.10**  
**6.47**

Rehmat-e-Shereen  
Rasmalai 500 g  
reg. 7.97



**SAVE 50¢**  
**5.47**

Nanak Paneer 341 g  
reg. 5.97



**SAVE \$2.52**  
**9.47**

Kebab Factory  
Beef Burgers Frozen 678 g  
reg. 9.99-11.99



**SAVE \$1**  
**8.97**

Kebab Factory Boneless  
Tandoori Chicken  
Frozen 650 g  
reg. 9.97



**SAVE 50¢**  
**3.97**

Salem Foods  
Roasted Eggplant  
650 g  
reg. 4.47



**MEMBERS SAVE \$1**  
**8.47**  
9.47 without  
Saver's  
Card

Dawn Plain Bulk Parathas  
2400 g reg. 10.97



**1.97**  
2.27 without  
Saver's  
Card

Frooti Mango Juice 1 L  
reg. 2.97



**1.67**

Candyious Gummy 180 g  
Selected Varieties  
reg. 1.77



**SAVE \$1.50**  
**6.27**

Nanak Corn  
Kebabs 454 g  
reg. 7.77



**1.27**

Salem Foods  
Moroccan Sardines 120 g  
Selected Varieties  
reg. 1.47



**SAVE 80¢**  
**3.97**

Almarai Guava or Mango  
Juices 235 mL 6 pk  
reg. 4.77



**SAVE \$1.20**  
**3.27**

Deep Mango Pulp  
850 g  
reg. 4.47



**SAVE \$3**  
**6.97**

Teja Cookies 1.13-1.134 kg  
Selected Varieties  
reg. 7.27-9.97



**47¢**

Sunfeast Yippee!  
Masala Noodles 70 g  
reg. 57¢



**SAVE \$1**  
**3.27**

Mother's Magic Tandoori  
Paneer Pizza 260 g  
reg. 4.27



**SAVE \$1.50**  
**4.97**

Mother's Magic  
Burger Patties 320-400 g  
Selected Varieties  
reg. 6.27



**SAVE \$1.50**  
**1.97**

Puck Thickened Creamy  
Product 160 g or  
ETI Popkek Mini Cakes 144 g  
Selected Varieties  
reg. 2.27-2.47

# FLORAL DEALS!



**24<sup>97</sup>** ↓

Winter Planter  
8.5"



**5<sup>97</sup>** ↓

White Pine  
2 lb Bunch

**9<sup>97</sup>** ↓

Holiday Shrub  
1 G



**22<sup>97</sup>** ↓

Holiday Wreath  
18"



Western Red Cedar  
1.5 lb Bunch

**5<sup>97</sup>** ↓



Noble Fir Tips  
1.5 lb Bunch

**5<sup>97</sup>** ↓

COLOUR AND SELECTION MAY VARY - AVAILABLE AT MOST LOCATIONS - WHILE SUPPLIES LAST  
NOT AVAILABLE AT THUNDER BAY LOCATION

**value size**

**Big format  
Big value**

**11.99** ↓

Nature Valley or Fibre 1 Granola Bars or Fruit Snacks  
Selected Varieties 637 g-1.28 kg

100 PTS when you buy 1  
That's \$1 toward your groceries like

**15.97** ↓

Powerade Variety Team Pack  
24x591 mL or Red Bull Energy Drink 8x250 mL  
reg 17.99-20.99

SAVE UP TO \$5.02

**12.97** ↓

Quaker Chewy, Yogurt or Dips Granola Bars Club Pack  
935 g-1.05 kg  
reg 13.99-15.99

40 VALUE PACK ECONOMIQUE

**4.97** ↓

Frito-Lay Value Size  
Potato Chips, Tortilla Chips, Snacks or Popcorn 275-480 g  
reg 5.29

100 PTS when you buy 1  
That's \$1 toward your groceries like

SAVE UP TO \$3.02

200 PTS when you buy 2  
That's \$2 toward your groceries like

**9.97** ↓

Yop Yogurt Drinks 12 pk  
reg 11.97

SAVE \$2

**4.97** ↓

Cheemo Perogies  
2 kg reg 6.49

100 PTS when you buy 2  
That's \$1 toward your groceries like

**9.97** ↓

Nutella Hazelnut Spread  
1 kg reg 10.99

75 PTS when you buy 1  
That's \$1 toward your groceries like

**8.88** ↓

Häagen-Dazs Ice Cream  
946 mL reg 11.99

SAVE \$3.11

**\$10** ↓

Compliments Salsa 1.89 L

**14.97** ↓

Gain Liquid Laundry Detergent 4.55 L  
Gain Flings! 42 pk  
reg 15.99-19.99

SAVE \$5.02

# ENTERTAINING DEALS!



**\$4**

Compliments Orange Juice Not From Concentrate 1.54 L reg 4.47



**2.27**

Compliments Sour Cream 500 mL reg 2.47



SAVE \$1.52  
**4.47**

Compliments Peanuts 700 g reg 5.99



**2.99**

Compliments Tortilla Chips 240-280 g

100 PTS when you buy 2 That's \$1 toward your groceries



500 PTS when you buy 2 That's \$5 toward your groceries

Compliments De-Alcoholized Beer 12x355 mL reg 8.99



100 PTS when you buy 2 That's \$1 toward your groceries

Compliments Cranberry Cocktail 1.89 L reg 2.99



SAVE 12%  
**2.47**

Compliments Lasagna 375-500 g reg 3.19



Compliments Grated Parmesan Cheese 250 g reg 6.69

**6.47**



SAVE \$1.02  
**2.97**

Compliments Whipped Topping 1 L reg 3.99



SAVE \$1.02  
**3.47**

Compliments Pastry Dough 454 g reg 4.49



# HEALTH & BABY BARGAINS

**SAVE UP TO \$7.52**  
**26<sup>97</sup>**

Pampers Easy Ups 56-66 pk or Ninjamas Diapers 34-44 pk reg 33.49-34.49

**SAVE \$1.02**  
**3<sup>47</sup>**

Pampers Baby Wipes 56-72 pk reg 4.49

**SAVE \$8.80**  
**24<sup>97</sup>**

Huggies Giga Pack Diapers 32-88 pk reg 33.77

**SAVE \$1.02**  
**5<sup>97</sup>**

Degree Antiperspirant Spray 107 g reg 6.99

**SAVE \$4.90**  
**14<sup>47</sup>**

Pampers Jumbo Pack Diapers 19-32 pk Selected Varieties reg 18.77

**SAVE \$2.82**  
**1<sup>97</sup>**

Speed Stick Deodorant 45-70 g Selected Varieties reg 4.49

**SAVE \$1**  
**6<sup>47</sup>**

Dove Deodorant or Antiperspirant 76-85 g Selected Varieties reg 7.47

**SAVE \$1.22**  
**7<sup>47</sup>**

Secret, Old Spice or Gillette Deodorant or Antiperspirant 68-122 g Selected Varieties reg 8.29-8.69

**SAVE \$1.20**  
**3<sup>47</sup>**

Colgate Total Toothpaste 70-120 mL or Extra Clean Toothbrush 1 pk or Softsoap Hand Soap Pump 332 mL reg 3.99-5.49

**SAVE \$1.02**  
**9<sup>97</sup>**

U by Kotex Pads 22-36 pk or Tampons 30-32 pk Selected Varieties reg 11.49-11.79

**SAVE \$1.52**  
**9<sup>47</sup>**

U by Kotex Liners 80-129 pk Selected Varieties reg 10.99

**SAVE \$1.20**  
**6<sup>47</sup>**

Poise Pads or Pantliners 16-54 pk Selected Varieties reg 7.99-8.49

**SAVE \$0.60**  
**3<sup>97</sup>**

Dove Bar Soap 2 pk reg 4.47

## Scene 1000 PTS = \$10 OF FREE GROCERIES

**500 PTS** when you buy 2 that's \$5 toward your groceries

**SAVE \$5.50**  
**28<sup>97</sup>**

Huggies Pull-Ups 48-74 pk or Goodnites Youth Pants 28-44 pk Selected Varieties reg 34.47

**400 PTS** when you buy 2 that's \$4 toward your groceries

**SAVE \$2.02**  
**19<sup>97</sup>**

Huggies Baby Wipes 560-704 pk reg 21.99

**100 PTS** when you buy 2 that's \$1 toward your groceries

**SAVE \$1.02**  
**9<sup>97</sup>**

Head & Shoulders Shampoo or Conditioner 400-613 mL reg 10.99

**100 PTS** when you buy 2 that's \$1 toward your groceries

**SAVE \$1.30**  
**7<sup>97</sup>**

Pantene Shampoo or Conditioner 237-530 mL reg 9.49-10.99

# FLAVOURS OF THE WORLD

Etnico Chicken Gizzards,  
Liver or Hearts  
Frozen 11.00/kg

**4.99**  
/lb



SAVE \$3.02  
**14.97**

Al Safa Halal  
Chicken Tenderz  
Frozen 1 kg  
reg 17.99



**97¢**  
/lb

Green or Red Cabbage  
Product of Canada, Canada No. 1  
2.14/kg



SAVE UP TO \$2.02  
**5.97**

Shahir Halal  
Deli Meat  
60-200 g  
reg 6.19-7.99



SAVE \$1  
**\$11**

Etnico Stew  
Goat, Mutton  
or Lamb  
Frozen 500-630 g  
reg 12.00



SAVE \$1.02  
**3.47**

Greek House Potatoes  
500 g or Rice Pilaf 454 g  
reg 4.49



SAVE \$3  
**16.97**

Fino Fine Foods  
Kebapi Sausages  
1 kg  
reg 19.97



SAVE \$4.32  
**7.97**

Fino Fine Foods Fire  
Roasted Peppers 1.5 L  
reg 12.29



SAVE \$1.02  
**7.97**

Diana Marinated  
Artichoke Hearts 1 L  
reg 8.99



SAVE \$2.32  
**4.97**

Diem Ajvar Mild  
720 mL  
reg 7.29



SAVE \$2.02  
**3.47**

Mom's Best Taralli  
250 g  
reg 5.49

WHILE SUPPLIES LAST, PRODUCT SELECTION MAY VARY BY LOCATION.

# EURO DEALS!



SAVE \$1.02  
**3.97**

Lov Sunflower Seeds  
200 g  
reg 4.99



Borjomi Carbonated  
Natural Mineral Water  
750 mL  
reg 3.69

SAVE 92¢  
**2.77**



**1.67**  
Brio Soda  
355 mL  
reg 1.99



25 PTS  
when you buy 2

SAVE \$1.02  
**3.47**

Lovaré Tea 30 g  
reg 4.49



SAVE \$1.02  
**2.97**

Franzeluta Gingerbread  
Cookies with Plum 400 g  
reg 4.29



SAVE \$1.02  
**3.97**

PeachTree Valley  
Sliced Peaches 850 mL  
reg 4.99



SAVE 52¢  
**1.27**

Street Soup 50 g  
reg 1.79



50 PTS  
when you buy 2

SAVE \$1.02  
**4.47**

Dandar Buckwheat 900 g  
reg 5.49



50 PTS  
when you buy 2

SAVE \$1.02  
**1.47**

S&F Cream Crackers 200 g  
reg 2.49



SAVE \$1.02  
**2.97**

Wolski Sauerkraut 796 mL  
reg 4.29



SAVE \$1.08  
**4.47**

Kühne Sauerkraut with  
Wine 720 mL  
reg 5.97



SAVE \$1  
**4.97**

Kühne Gourmet  
Selection Gherkins 500 mL  
reg 5.97



SAVE 80¢  
**3.97**

Kühne Gourmet  
Selection Onions 500 mL  
reg 4.77



**2.47**

Wolski Riga Premium  
Sprats in Oil 160 g  
reg 2.79



50 PTS  
when you buy 1

SAVE 82¢  
**2.97**

Alfa Medium Phyllo Pastry  
450 g  
reg 3.79



50 PTS  
when you buy 1

SAVE \$2.02  
**7.97**

Alfa Rollitos 750 g  
reg 9.99

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# EURO DEALS!



50 PTS  
when you buy 2

SAVE \$2.52

**15.97**

Red Gold Salmon Caviar  
100 g  
reg 18.49



50 PTS  
when you buy 2

SAVE \$3.02

**11.97**

Red Gold Steelhead  
Salmon Caviar 100 g  
reg 14.99



**15.97**

Baltic Gifts Frozen  
Herring Fillets  
1 kg



SAVE \$2.02

**5.97**

Vici Pancakes 500 g  
reg 7.99



100 PTS  
when you buy 1

That's \$1 toward your  
groceries

SAVE \$5.02

**24.97**

Red Gold Steelhead  
Salmon Frozen Caviar  
200 g  
WHILE SUPPLIES LAST  
reg 29.99



SAVE \$6.02

**59.97**

E.C. Phillips Frozen Chum or  
Coho Salmon Caviar 500 g  
reg 65.99  
WHILE SUPPLIES LAST



SAVE \$2.00

**8.47**

Tutto Calabria Hot Chili  
Spread Sauce 285 mL  
reg 8.99



200 PTS  
when you buy 2

That's \$2 toward your  
groceries

SAVE \$5.01

**27.97**

Red Gold Frozen Pink  
Salmon Caviar 200 g  
WHILE SUPPLIES LAST  
reg 32.99



SAVE \$2.02

**4.47**

Aurora Antipasto 500 mL  
reg 6.49



**1.27**

Aurora Bouillon Cubes 66 g  
reg 1.69



**1.47**

Aurora Sea Salt 1 kg  
reg 1.79



SAVE \$6.52

**10.97**

Tutto Calabria Hot Honey  
180 g or Nduja Spread  
170 mL  
reg 11.99-12.49



500 PTS  
when you buy 3

That's \$5 toward your  
groceries

SAVE \$0.00

**4.97**

Aunty's Pudding 2 pk  
reg 5.47



SAVE \$0.00

**7.47**

Tutto Calabria Hot Chili  
Peppers 280 mL  
reg 8.29

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# SWEET EURO DEALS!



SAVE \$1.02  
**247**

Roshen Jelly Candy 200 g  
reg 3.49

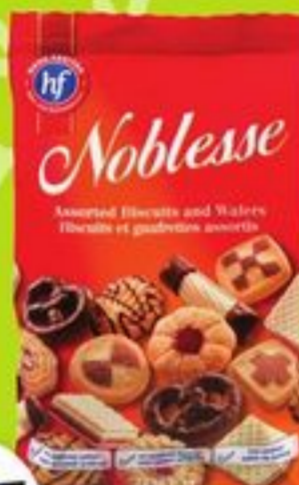
SAVE \$1.02  
**447**

Roshen Caramel or  
Jelly Candy 378 g  
reg 5.49



SAVE 12%  
**497**

Roshen Toffee Candy 325 g  
reg 5.69



**397**

Hans Freitag Assorted  
Biscuits and Wafers 300 g



SAVE \$1.02  
**697**

Imperial Mini Fruit Candies  
750 g reg 7.99



SAVE 82%  
**197**

Imperial Wafer Rolls 160 g  
reg 2.79



40 PTS  
when you buy 2  
**147**

Happy Swing Wafers 150 g  
reg 1.79



**117**

Roshen Milk Baked  
Do Kavi Cookies 185 g  
reg 1.49



**197**

Roshen Wafers  
Sandwich Cookies 142 g



SAVE 52%  
**297**

Tre Marie Wafers 140 g  
reg 3.49



**297**

Loacker Wafers 175 g  
WHILE SUPPLIES LAST



**397**

Reko Pizzelle Cookies  
200 g



**197**

Marco Polo  
Chocolate Covered  
Gingerbread with Plum  
Flavoured Filling 150 g



**547**

Marco Polo Mixed Biscuits  
220 g



SAVE 50%  
**397**

Balconi Mix Max 330-350 g  
reg 4.47

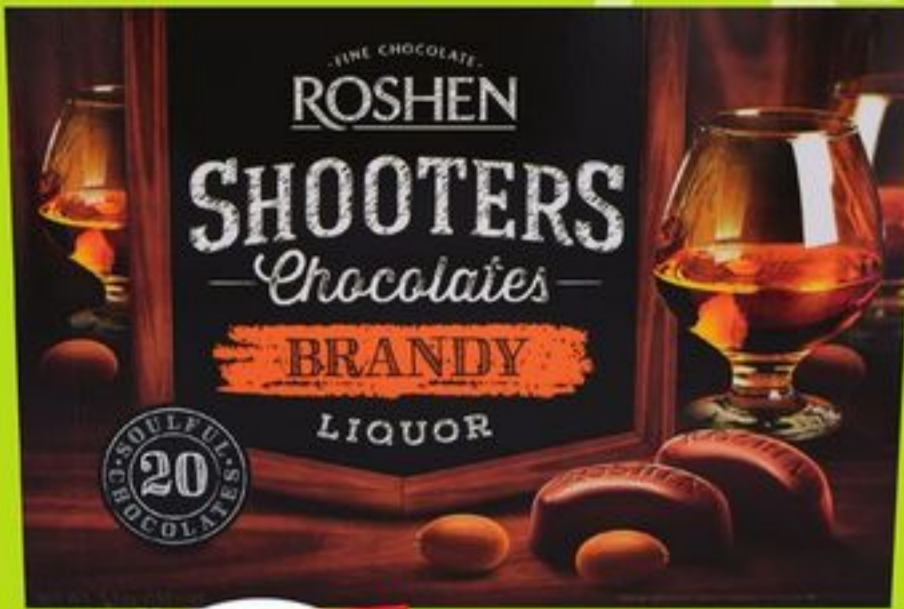


**267**

Balconi Trancetto  
Cocoa Cakes 280 g  
reg 2.97

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# SWEET EURO DEALS!



SAVE \$1.32

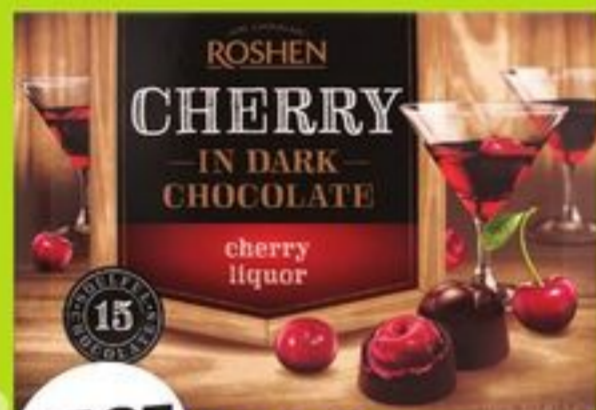
**4.47**

Roshen Shooters  
Chocolates 150 g  
reg 5.79



**13.97**

Ametist Plus Native  
Ukraine Candies  
450-500 g



**5.97**  
Roshen Chocolate Cherries  
155 g



**4.97**  
Allessia Torrone  
150 g Selected



**6.97**  
Roshen Dark Assorted  
Chocolates 145 g



**9.97**  
Roshen Strila Podilska  
Chocolate Box 200 g



**11.97**  
Roshen Chocolateria  
194 g



**5.97**  
Highland Speciality  
Shortbread  
300 g



**6.47**  
Old Excellent Brandy Beans  
250 g



**9.97**  
Old Excellent Chocolate  
Brandy Beans 400 g



**14.47**  
Heller & Strauss Tutti Frutti  
Candy Jar 966 g



**4.97**  
Guinness Truffle Bar 90 g or  
Rowntree's Jelly Tots Candy  
115 g



**6.47**  
Elizabeth Shaw Dessert  
Mint Flutes 105 g



**11.97**  
Mrs Tilly's Cream Fudge  
300 g



**9.97**  
Traditional Marzipan  
Stollen Cake or Marco Polo  
Cocktail Mix 500 g



**4.97**  
Maitre Truffout Truffles  
200 g

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# PAWS UP FOR SAVINGS



200 PTS when you buy 2  
That's \$2 toward your groceries

SAVE \$2.52

5.97

Temptations Tubs  
454 g reg 8.49

100 PTS when you buy 1  
That's \$1 toward your groceries

SAVE UP TO \$2.02

9.97

Pedigree Dentastix  
504-608 g  
reg 11.49-11.99



100 PTS when you buy 5  
That's \$1 toward your groceries

1.47

Cesar Wet Dog Food  
100 g



Whiskas Dry Cat Food  
2 kg reg 10.79

SAVE \$1.82  
8.97



SAVE \$1.32  
4.47

Milk-Bone Biscuits 750-900 g  
Farmer's Medley 280-340 g  
Dog Treats 283-340 g  
reg 4.79-5.79



SAVE 82¢  
1.97

Milk-Bone Soft & Chewy 113 g  
reg 2.79

Get 500 PTS

When you spend \$25 on the below participating Purina Items

That's like \$5 toward your groceries



Purina Tidy Cats Cat Litter  
2.72 kg  
reg 13.99

100 PTS when you buy 1  
That's \$1 toward your groceries

SAVE \$2.02  
11.97



Purina One SmartBlend Dry Dog Food  
1.81 kg  
reg 11.69

SAVE \$1.72  
9.97



SAVE \$1.03  
8.97

Purina Beggin' Strips 708 g  
Purina Dentalife Chews 507-595 g  
reg 9.49-11.97



OR BUY 1 at \$2.99  
Purina One SmartBlend Cans 368 g

BUY MORE SAVE MORE  
BUY 2 OR MORE  
2.25 ea



Purina Friskies Chef Blend  
1.42-1.5 kg  
reg 6.99

SAVE \$1.02  
5.97



SAVE \$2.01  
3/\$6

Purina Friskies Party Mix 170 g  
Fancy Feast Savoury Purée 40 g reg 2.99



Purina One SmartBlend Cat Food 1.8 kg  
reg 14.99

SAVE \$2.02  
12.97



Purina Friskies Lil'Soups 34 g  
Fancy Feast Petites 79.4 g



BUY MORE SAVE MORE  
BUY 5 OR MORE  
4.50 ea

OR BUY 1 at 99¢  
Purina Friskies Wet Cat Food 156 g or  
Fancy Feast Wet Cat Food 85 g

# KraftHeinz

# GET \$10 OFF

## When you buy 5 or more

Only with:



**PARTICIPATING PRODUCTS:** Philadelphia Cream Cheese Product 227-250 g, Philadelphia Cream Cheese Dips 227-340 g, Classico Pasta Sauce 218-650 mL, Maxwell House Roast & Ground Coffee 864-900 g, Maxwell House Single Serve Pods 30 pk, Maxwell House Instant Coffee 150 g, Nabob Roast & Ground Coffee 340-930 g, Kraft Cheez Whiz Cheese Spread 450 g, Kraft Peanut Butter 500 g, 750 g-1 kg, Smart Ones® Entrées 255-283 g, Breakfast Bagel Bites® 198 g, Crave Frozen Entrées 200-340 g, Kraft Dinner Deluxe Frozen Meals 340 g, Pure J.L. Kraft Dressing & Marinade 355 mL, Kraft Dinner Macaroni & Cheese 12 pk, Kraft Dinner Macaroni & Cheese 4 pk cups, Heinz Ketchup 750 mL-1 L, Kraft Miracle Whip Spread 650-890 mL, Renée's Gourmet Dressing and Dip 350-355 mL, Nabob Single Serve Pods 30 pk



# Stay on top of your family's wellness this fall.

Make appointments for

- flu shots
- COVID immunizations
- shingles immunizations
- other immunizations  
with the 360Health scheduler.



[Book today](#)



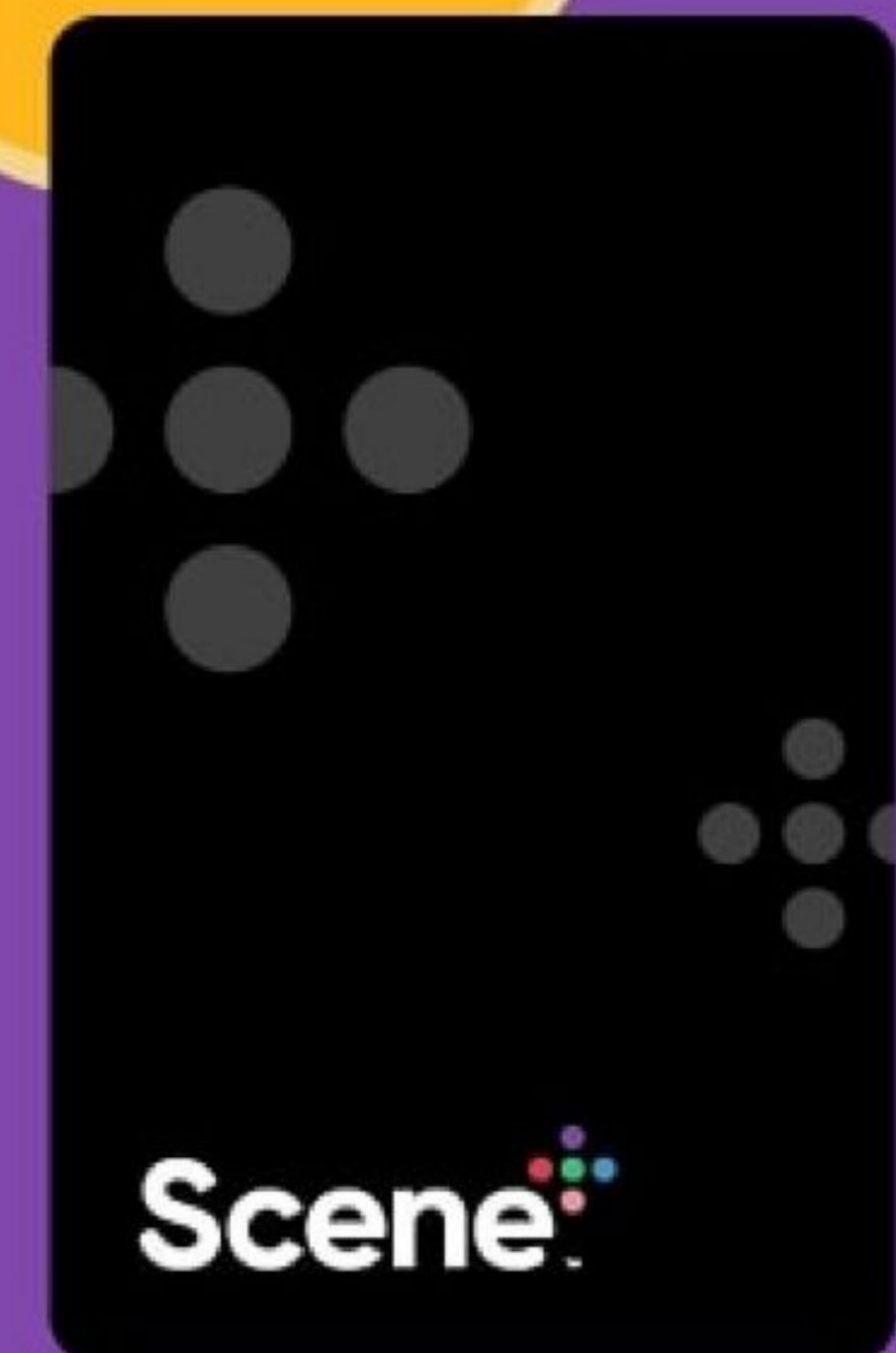
# GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa\* Card**.

**APPLY NOW**

**GET 2  
SCENE+ PTS  
ON EVERY  
\$1 SPENT<sup>2</sup>**

**1000 pts  
= \$10 in  
groceries<sup>1</sup>**



<sup>1</sup>1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.  
<sup>2</sup>Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.  
See full list of participating merchants across Canada at [scotiabank.com/participatingstores](https://scotiabank.com/participatingstores).  
\*Visa Int. / licensed user.

'TIS THE SEASON



For Mastro  
and San Daniele



100 PTS  
when you buy 1

9<sup>97</sup>

Mastro® Baby  
Genoa 600g  
Selected Varieties



100 PTS  
when you buy 2

3<sup>97</sup>

Mastro® Sliced Meats  
125-150g or San Daniele®  
Sliced Prosciutto 100g  
Selected Varieties



100 PTS  
when you buy 1

6<sup>97</sup>

Mastro® Salametti  
Chub 300g or Charcuterie  
Products 150-250g  
Selected Varieties

# KraftHeinz

# GET \$10 OFF

## When you buy 5 or more

Only with:



**PARTICIPATING PRODUCTS:** Philadelphia Cream Cheese Product 227 – 250 g, Philadelphia Cream Cheese Dips 227 – 340g, Classico Pasta Sauce 218 – 650 mL, Maxwell House Roast & Ground Coffee 864 – 900 g, Maxwell House Single Serve Pods 30 ct, Maxwell House Instant Coffee 150 g, Nabob Roast & Ground Coffee 340 – 930 g, Cheez Whiz Cheese Spread 450 g, Kraft Peanut Butter 500g, 750 g – 1 Kg, Smart Ones® Entrées 255 – 283 g, Breakfast Bagel Bites® 198 g, CRAVE Frozen Entrées 200 – 340 g, Kraft Dinner Deluxe Frozen Meals 340 g, Pure J.L. KRAFT Dressing & Marinade 355 mL, Kraft Dinner Macaroni & Cheese 12 pack, Kraft Dinner Macaroni & Cheese 4 pack cups, Heinz Ketchup 750ml – 1 L, Miracle Whip Spread 650 – 890 mL, Renée's Gourmet Dressing and Dip 350 – 355 mL, Nabob Single Serve Pods 30 pack