

Apple Valley avnf.com Natural Foods

Monday October 28, Through
Sunday December 1, 2024



Katz Pies

8.3 - 12 oz.
Select Varieties

\$5.99 ea.



Namaste Foods Yellow Cake Mix

12 oz.

\$6.89 ea.



If You Care Parchment Bag

2 ct.

\$7.59 ea.



Quantum Zinc Immune Support

100 Capsules

\$9.99 ea.



Endangered Species Baking Chips

10 oz.
Select Varieties

\$5.49 ea.



Earth Balance Buttery Stick

16 oz.

\$3.79 ea.

Double Sided Flyer!

While Supplies Last -- Sorry No Rain Checks
We reserve The Right To Limit Quantities

We reserve the right to correct printing errors.

View our flyers at www.avnf.com

SUPPLEMENTS



Kyolic Blood Sugar Balance

100 Capsules

\$14.99 ea.



Lily of the Desert Stomach Formula

32 oz.

\$13.99 ea.



Prince of Peace Ginseng Extractum

10 Pieces

\$12.59 ea.



Kyolic Original Formula

100 Capsules

\$12.59 ea.



Mommy's Bliss Gripe Water

4 oz.

\$11.59 ea.



Quantum Elderberry-C Syrup

4 oz.

\$14.19 ea.



Lily of the Desert Aloe Vera Juice

32 oz.
Select Varieties

\$5.99 ea.



Mommy's Bliss Multivitamin Iron

1 oz.

\$9.99 ea.



Quantum Elderberry Extract

60 Capsules

\$11.59 ea.

LIVING NATURALLY



If You Care Unbleached Cheesecloth

2 sq yards

\$3.39 ea.



Herbatint Normalizing Shampoo

8.8 oz.

\$10.49 ea.



Sovereign Silver Skin Care Gel

1 oz.

\$12.29 ea.



Auromere Toothpaste

4.2 oz.
Select Varieties

\$6.29 ea.



Herbatint Hair Color

4 oz.
Select Varieties

\$12.99 ea.



Tom's of Maine Deodorant

3.3 oz.
Select Varieties

\$9.69 ea.



Bee & Flower Soap Bar

2.7 oz.
Select Varieties

\$0.99 ea.



Tiger Balm Extra Strength

0.6 oz.

\$5.49 ea.



Woobamboo Toothbrush

1 ct.
Select Varieties

\$3.19 ea.

NATURAL FOODS



**A Vogel
Sea Salt
Herbamare**
8.8 oz.
\$6.99 ea.



**Cafix
Coffee
Substatute**
7 oz.
\$9.49 ea.



**East Wind
Nut Butter
Tahini**
16 oz.
\$9.39 ea.



**Flavorganics
Vanilla
Extract**
2 oz.
\$6.69 ea.



**Ginger People
Ginger**
6.7 oz.
Select Varieties
\$4.79 ea.



**Grillies
Halloumi
Cheese**
8 oz.
\$7.89 ea.



**Miyokos
Cream Cheese**
8 oz.
Select Varieties
\$4.89 ea.



**Dorot
Crushed Garlic
Frozen Cubes**
2.5 oz.
\$2.99 ea.



**Ingrilli
Lemon Juice**
7 oz.
Select Varieties
\$1.79 ea.



**Mori Nu
Tofu**
11 oz.
Select Varieties
\$2.49 ea.



**Newmans Own
Dried Fruit**
8 oz.
Select Varieties
\$5.49 ea.



**Oregon Chai
Tea**
32 oz.
Select Varieties
\$4.69 ea.



**Jack's Quality
Beans**
13 oz.
Select Varieties
\$1.89 ea.



**Tofutti
Better Than
Ricotta**
16 oz.
\$4.99 ea.



**Tofutti
Sour Cream**
12 oz.
\$3.59 ea.



**Food For Life
Bread**
24 oz.
Select Varieties
\$5.89 ea.



**Plantation
Blackstrap
Molasses**
5 oz.
\$6.89 ea.



**Spike
Magic Seasoning**
3 oz.
Select Varieties
\$2.49 ea.



**St Dalfour
Conserve**
10 oz.
Select Varieties
\$3.99 ea.



**Uncle Sam
Cereal**
10 oz.
\$3.99 ea.



**Louisville Vegan
Jerky**
3 oz.
Select Varieties
\$5.99 ea.



**Violife
Just Like
Parmesan**
5.3 oz.
\$5.89 ea.



**Violife
Creamy Chive
Spread**
7.1 oz.
\$5.59 ea.



**Tofurky
Vegetarian
Feast**
3.5 lbs.
\$34.99 ea.

BAKERY



**Wheat
Dinner Rolls**
16 oz.
\$3.19 ea.



**Natural
Sprouted
Dinner Rolls**
16 oz.
\$3.19 ea.



**Apple
Cinnamon
Wheat Sticks**
10 oz.
\$4.39 ea.

BULK



**Butler
Soy Curlys**
\$6.99 /lb.



**Dried
Cranberries**
\$3.99 /lb.



**Pecan
Halves**
\$8.99 /lb.

Apple Valley avnf.com
Natural Foods

View our flyers at www.avnf.com

Berrien Springs

9067 US 31
Berrien Springs, MI 49103
Phone: 269-471-3131

Cadillac

219 N Mitchell St.
Cadillac, MI 49601
Phone: 231-775-6211

La Porte

613 Michigan Ave
La Porte, IN 46350
Phone: 219-362-6019

Battle Creek

5275 Beckley Rd.
Battle Creek, MI 49015
Phone: 269-979-2257

Grand Rapids

6070 Kalamazoo Ave, SE
Kentwood, MI 49508
Phone: 616-554-3205

Holland

3013 West Shore Dr. Suite 70
Holland, MI 49424
Phone: 616-399-8004

Westmont

27 E Chicago Ave
Westmont, IL 60559
Phone: 630-789-2270

While Supplies Last -- Sorry No Rain Checks -- We reserve The Right To Limit Quantities

We reserve the right to correct printing errors.