

**CHALO!**  
FRESH CO

Flyer in effect November 14-20, 2024  
Prices in effect in Ontario, Excludes Thunder Bay

ZONE 2

# 77 THE BIG EVENT

**JANES ultimates**  
Ready for anything!  
CAJUN BREADED WHOLE FILLETS  
WITH TANGY BARRA SAUCE  
720 g

**JANES**  
Ready for anything!  
NOW FULLY COOKED  
PUB STYLE chicken Strips  
MADE WITH WHITE MEAT

200 PTS when you buy 2  
That's like \$2 toward your like groceries

SAVE UP TO \$6.22  
**977**

Janes Pub Style Chicken Strips, Nuggets or Burgers Frozen 1.1 kg  
Janes Ultimates Boneless Chicken Fillets or Bites Frozen 710-720 g  
reg 13.99-15.99  
Lanieres, pépites, burgers, filets ou bouchées

**377**

Clementines  
3 lb  
Product of Morocco  
1.36 kg  
Clementines

**177**

Compliments  
Carrots or Yellow Onions  
3 lb Bag  
Product of Ontario  
Canada No. 1  
1.36 kg  
Carottes ou oignons

**3/77¢**

Mr. Noodles  
Instant Noodles 85 g  
reg 49¢  
Nouilles

**77¢**

Neilson  
Milkshakes  
310 mL reg 1.99  
Laitis frappés

**777**

Voil Vegetable, Canola, Sunflower or Corn Oil 3 L  
reg 9.79-12.99  
Variété de huiles

**177**

I Can't Believe It's Not Butter!  
427 g or  
Carnation Evaporated Milk 354 mL  
reg 2.49-3.49  
Margarine ou lait évaporé

**877**

TCF Split or Jumbo  
Chicken Wings Frozen 1-1.2 kg  
reg 12.00  
Ailes de poulet

**1677**

Rose Brand Jasmine  
White Scented Rice  
8 kg reg 22.99  
Riz

GET UP TO **1,500 PTS** WHEN YOU LOAD THIS OFFER NOVEMBER 7 - 20, 2024

LOAD THIS OFFER AND GET **500 PTS** ON 2 TRANSACTIONS OF \$75+ AND GET A **500 PTS** BONUS FOR USING BOTH OFFERS.

That's like \$15 toward your groceries

Bonus 500 PTS after 2nd shop

SPEND \$75+  
1st Shop GET 500 PTS  
2nd Shop GET 500 PTS

DOWNLOAD THE FRESHCO APP

**VARIETY. VALUE. VAH!**

**Green Giant Frozen Vegetables 750 g**  
Green Giant Valley Selections Frozen Vegetables 400-500 g  
reg 4.69-4.79  
Légumes surgelés

**SAVE UP TO \$1.02**  
**3<sup>77</sup>**

**Ruffles 180-200 g**  
Frito-Lay Cannisters 102-145 g  
reg 3.25-4.49  
Croustilles

**SAVE UP TO \$1.72**  
**2<sup>77</sup>**

**Maxwell House Instant Coffee 150 g**  
Tetley Orange Pekoe Tea Bags 72 pk  
reg 5.99  
Café instantané, sachets de thé

**SAVE \$2.22**  
**3<sup>77</sup>**

**Five Roses or Robin Hood Flour 5 kg**  
reg 12.99  
Farine

**SAVE \$5.22**  
**7<sup>77</sup>**

**Webber Naturals Vitamins 20-360 pk**  
Selected Varieties Vitamins

**20% OFF**

**Persil Detergent 4.43 L**  
reg 21.99  
Détergent à lessive

**SAVE \$3.22**  
**18<sup>77</sup>**

**Pampers Super Pack Diapers 44-96 pk**  
Selected Varieties reg 34.49  
Couches

**SAVE \$9.72**  
**24<sup>77</sup>**

**Scene<sup>+</sup> 1000 PTS = \$10 OF FREE GROCERIES**

**Quaker Chewy or Dipp's Granola Bars 120-156 g**  
reg 2.99  
Barres granola

**150 PTS** when you buy 4  
that's \$1.50 toward your \$10 groceries

**SAVE \$1.22**  
**1<sup>77</sup>**

**Pepsi Soft Drinks 6x710 mL**  
reg 5.49  
Boissons gazeuses

**100 PTS** when you buy 2  
that's \$1 toward your \$10 groceries

**SAVE \$3.22**  
**2<sup>77</sup>**

**Catelli Garden Select Pasta Sauce 600-640 mL**  
reg 2.69  
Sauce pour pâtes

**300 PTS** when you buy 4  
that's \$3 toward your \$10 groceries

**SAVE \$2**  
**1<sup>77</sup>**

**Danone Activa Yogurt 8 pk**  
Two Good Yogurt 625 g reg 4.99  
Yogourt

**100 PTS** when you buy 3  
that's \$1 toward your \$10 groceries

**SAVE \$2.22**  
**3<sup>77</sup>**

**Hungry-Man Dinners 360-455 g**  
Hungry-Man XL Bowls 368-397 g reg 5.99  
Repas, bols

**250 PTS** when you buy 4  
that's \$2.50 toward your \$10 groceries

**SAVE \$2.22**  
**3<sup>77</sup>**

**Pine-Sol 1.41 L**  
Clorox Bleach 2.4 L reg 5.99  
Nettoyant, eau de Javel

**100 PTS** when you buy 2  
that's \$1 toward your \$10 groceries

**SAVE \$2.22**  
**3<sup>77</sup>**

**Scene<sup>+</sup> DIGITAL EXCLUSIVE**

**NOV 14-20, 2024**  
\*terms and conditions apply

**20% back in PTS**

Load this offer and get 20 pts for every dollar spent on Yellow Onions or Russet Potatoes 10 lb  
4.54 kg  
Oignons ou pommes de terre

**20% OFF**

Load this offer and get 20% off on Kellogg's Eggo Waffles 270-280 g  
Gaufres

**FIND LOADS OF ITEMS, ALL LOCKED & LOW**

**Compliments ALL-PURPOSE FLOUR FINE FLOUR 2.5 kg**  
Farine

**LOCKED & LOW**  
**\$3**

**Planters Peanut Butter 1 kg**  
Beurre d'arachide

**LOCKED & LOW**  
**\$5**

**Compliments Bathroom Tissue 12=24 Rolls or Facial Tissues 6 pk**  
Papier hygiénique ou mouchoirs

**LOCKED & LOW**  
**\$6**

**Compliments Deli Meat 400 g**  
Charcuterie

**LOCKED & LOW**  
**78¢**

**Best Buy Breaded Chicken Strips, Nuggets or Burgers Frozen 1.4 kg**  
Lanères, pépites ou burgers de poulet panés

**LOCKED & LOW**  
**\$10**

This flyer is printed with vegetable based ink. Please recycle when facilities exist.

\*Offer valid November 7-20, 2024. Offer must be loaded to registered Scene+ Card prior to transaction. Minimum \$35 spend must be made in a single transaction. Limit 11100 Points attainment per transaction, and two (2) total attainment on two (2) separate transactions. 300 points bonus to be awarded within 4 weeks of the end of the offer period and qualify purchases must be made at different days. Offer excludes taxes, credit fees, event tickets, gift cards, pre-paid cards, postal products and services, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, phone financing, deposits, environmental charges, fuel and other goods and services which are non-deductible or excluded by law. For Full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademark of Scene Plus Corporation used under license by Sobeys Capital Incorporated. Offer valid Thursday, November 14, 2024 to Wednesday, November 20, 2024. Prices in effect while supplies last. We reserve the right to limit quantities. No purchase necessary. All prices shown in this flyer are measured against our lowest regular retail price offered at our stores in the applicable trade area. Guarantee does not apply to banners owned, operated or franchised by Sobeys Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or [www.sceneplus.ca](https://www.sceneplus.ca) for full details of our guarantees. All guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantee does not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which are not included in our "Lowest Price Guarantee". See in-store or [www.sceneplus.ca](https://www.sceneplus.ca) for full details of our guarantees. All guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantee does not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which are not included in our "Lowest Price Guarantee". Subject to the limitations and excluding products sold by third party vendors within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will tell you that item for 1% less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario, No Frills, Food Basics, Real Canadian Superstore, and the West (British Columbia, Alberta, Saskatchewan, and Manitoba, No Frills, Real Canadian Superstore, West Mart and Save On Foods). Price match limitations are subject to change based on regional circumstances. Limit of 10 items of each price-matched item per customer. **DOUBLE FRESH GUARANTEE:** If you have an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **IN-STOCK GUARANTEE:** Subject to limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in this store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICES IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY**

**Partners in Growth** For every ton of paper used in the printing of this flyer, SJC's Partners in Growth program will contribute to the planting of a tree through Trees for Life Canada. Proudly Canadian **ChaloFreshCo.com**

Red Seedless Grapes  
Product of USA  
No. 1 Grade  
7.69/kg  
Raisins

**349** /lb

**199** /lb

Pomegranate  
Product of USA  
Grenades

Royal Gala or Red Delicious Apples  
Product of Ontario  
Canada Extra Fancy  
3.73/kg  
Variété de pommes

**169** /lb

Good Leaf Salad  
113 g or Micro Greens 50 g  
Product of Ontario  
Salade ou micro-pousses

**299**

Sweet Potatoes  
Product of Ontario  
2.84/kg  
Patates douces

**129** /lb

Broccoli Crowns  
Product of Canada or USA  
5.49/kg  
Brocoli

**249** /lb

Bagged No. 2 Peppers 2.5 lb  
Product of Ontario or Mexico  
Poivrons

**50 PTS** when you buy 1  
**499**

Avocados 5 pk  
Product of Mexico  
Compliments Navel Oranges 3 lb  
Product of South Africa  
Avocat, oranges

**50 PTS** when you buy 1  
**399**

Raspberries 170 g  
Product of USA or Mexico  
Framboises

**100 PTS** when you buy 2 toward your groceries  
**349**

Mini Seedless Cucumbers 6 pk  
Product of Ontario  
Canada No. 1  
Grape Tomatoes Pint  
Product of Ontario  
Concombres, tomates

**50 PTS** when you buy 1  
**299**

Lean Ground Pork 450 g  
Porc haché

**SAVE 50¢**  
**399**

**SAVE \$1**  
**\$8** /lb

Fresh Beef Sirloin Tip Steak or Fresh Halal Beef Sirloin Tip Steak  
Cut from Canada AA Beef or Higher  
Variété de biftecks

Value Pack Fresh Atlantic Salmon Fillets 30.84/kg  
Filets de saumon

**SAVE \$1/lb**  
**1399** /lb

Best Buy Ribettes in BBQ Sauce, Lemon Herb Chicken Breast or Boneless Pork Chops Frozen  
684-912 g  
Escalopes, poitrines de poulet ou côtelettes de porc

**\$10**

MEMBERS SAVE \$1  
**499**

Wong Wing Entrées  
Frozen 400-680 g  
reg 7.49  
Repas

**599** without Member Card

Compliments Pulled Pork 900 g or Garlic & Herb Pork Loin Roast 800 g  
Porc effiloché ou rôti

**SAVE \$2**  
**\$10**

Green Ocean Wild Argentinian Raw Shrimp Frozen 300 g  
Crevettes

**SAVE \$2**  
**699**

Vilaggio Bread 550-675 g  
Dempster's Tortillas 272-340 g  
Pain, tortillas

**SAVE \$1**  
**299**

Tasty Selections Bundt Cake 500 g  
Best Buy Cookies 390 g  
Compliments Sliced Pound Cake 344-400 g  
Gâteaux, biscuits

**SAVE \$1**  
**\$5**

Piller's Salami 125 g  
Salami

**SAVE \$1.10**  
**329**

Fontaine Santé Hummus 227-260 g  
Lantana Hummus 283 g  
Variété de hummus

**SAVE \$1.10**  
**329**

Scene GET 750 PTS FOR EVERY \$100 SPENT IN ULTIMATE DINING GIFT CARDS!

Offer valid during November 14-20, 2024. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

**100 PTS** when you buy 2  
That's \$1 toward your groceries

**SAVE \$1.55**

**3.44**

Nestlé Parlour Frozen Dessert 1.5 L or Novelties 12 pk reg 4.99  
Dessert glacé ou nouveautés

**SAVE UP TO \$1**

**3.99**

Oasis Juice 60 oz  
Del Monte Juice 1.6 L  
Oasis Hydra Fruit Orange Beverage 1.5 L Jus

**OR BUY 1 at \$4.99**  
Philadelphia Cream Cheese 227-250 g Fromage à la crème

**BUY 2 OR MORE**  
**3.99**

**100 PTS** when you buy 2  
That's \$1 toward your groceries

**SAVE \$1.99**

Armstrong Natural Cheese Slices 220-240 g Tranches de fromage

**4.99**

Heinz Beans or Pasta 398 mL Fèves ou pâtes

**1.44**

Ben's Original Basmati Rice 250 g or Tasty Bite 285 g Riz

**2.75**

**SAVE \$0.99**

Old El Paso Taco Kits 250-510 g Ensembles à tacos

**3.99**

**SAVE \$2.28**

Nescafé Gold Instant Coffee 90-100 g Sweet and Creamy 18 pk or Taster's Choice 100 g Café instantané

**5.99**

**100 PTS** when you buy 2  
That's \$1 toward your groceries

**SAVE \$1.99**

Dr. Oetker Giuseppe Stuffed Crust Pizza 685-771 g reg 8.49 Pizza à croûte farcie

**6.99**

**100 PTS** when you buy 2  
That's \$1 toward your groceries

**SAVE \$1.99**

Cheemo Perogies 815-907 g reg 3.99 Perogies

**2.69**

**SAVE \$4**

**19.99**

Tim Hortons or McCafé Single Serve K-Cups 30 pk or Ground Coffee 875-930 g Capsules de café ou café moulu

**SAVE UP TO \$2.50**

Christie Family Cookies or Crackers 345-520 g Biscuits ou craquelins

**4.29**

**200 PTS** when you buy 2  
That's \$2 toward your groceries

**SAVE UP TO \$2.30**

Perrier Sparkling Water 8x330 mL  
Sanpellegrino Naturali Sparkling Drink 6x330 mL  
Eau pétillante, boisson pétillante

**5.99**

**SAVE \$1.58**

Dare Ultimate Cookies 290-300 g Biscuits

**2.49**

**100 PTS** when you buy 2  
That's \$1 toward your groceries

**SAVE \$1**

Leclerc Célébration Cookies 240-350 g Biscuits

**2.99**

**SAVE \$1**

Nature Valley Sweet & Salty, Fibre 1 Bars or Premium Fruit Snacks 125-226 g Barres ou collations aux fruits

**2.99**

**SAVE \$2**

General Mills Cereal Selected Varieties 297-430 g reg 5.49 Céréales

**3.49**

**SAVE \$1.29**

Palmolive Dish Soap 591-828 mL reg 3.69 Savon à vaisselle

**2.49**

**SAVE \$3**

Bounty Paper Towels 4-6 Rolls reg 11.99 Essuie-tout

**8.99**

**SAVE \$3.99**

Speed Stick Deodorant or Antiperspirant 45-85 g Déodorant ou antiodorifique

**2.99**

**SAVE \$4**

Colgate PerioGard Toothpaste 70 mL or Toothbrush Twin Pack or Colgate Total Mouthwash 1 L Selected Varieties Dentifrice, brosse à dents ou rinçage-bouche

**5.99**

**DOUBLE FRESH GUARANTEED**

**WE'LL REPLACE YOUR ITEM + REFUND YOUR MONEY\***

\*See online and in-store for more details.



**SAVE \$2**  
**6.99**

Nanak Gulabjamun  
908 g reg 8.99  
Dessert



**SAVE \$1**  
**7.99**

Nanak Tandoori  
Paneer Poppers  
454 g reg 8.99  
Croquettes

**SAVE 50¢**  
**4.49**

Verka Roasted  
Peanut in Shell  
908 g reg 4.99  
Arachides



Al Safa Halal Chicken  
or Beef Seekh Kebab  
Frozen 345 g  
Brochettes

**SAVE \$4**  
**10.99**



**4.99**

Modhani Dahi Yogurt  
2% or 3.2% 2 kg  
reg 5.99  
Yogourt



**MEMBERS SAVE \$1**  
**8.99**

Nanak Dahi  
Kebabs 600 g  
reg 11.99  
Brochettes



Handi Tandoori  
Plain or Garlic Naan  
1.02-1.28 kg  
Variété de pain

**LOCKED & LOW**  
**\$7**



Kebab Factory  
Beef Burgers Frozen 678 g  
Burgers

**SAVE \$1**  
**8.99**



Kebab Factory Boneless  
Tandoori Chicken  
Frozen 650 g  
Poulet

**9.49**



Candylious Gummies  
180 g  
Selected Varieties  
reg 2.29  
Gélicées

**SAVE 50¢**  
**1.79**



Salem Foods Moroccan  
Sardines 120 g  
Selected Varieties  
reg 1.49  
Sardines

**1.29**



Almarai Guava or Mango Juices  
235 mL 6 pk reg 4.79  
Variété de jus

**SAVE 80¢**  
**3.99**



Sherbon Mango or  
Guava Juice 2 L  
reg 5.49  
Variété de jus

**SAVE \$1.60**  
**3.99**



National  
Vermicelli 150 g  
reg 99¢  
Vermicelles

**79¢**



Salem Foods  
Roasted Eggplant  
650 g reg 4.29  
Aubergine

**SAVE 80¢**  
**3.49**



Ashoka  
Veggie Burger  
Patties 300 g  
reg 5.99  
Galette végétales

**SAVE \$1**  
**4.99**



Apna Taste  
Vegetable  
Spring Rolls 1 kg  
reg 7.99  
Rouleaux de printemps

**SAVE \$1**  
**6.99**



Hunter Bee  
Natural Honey  
1 kg reg 9.99  
Miel

**SAVE \$1**  
**8.99**



EBM Biscuits  
105-178 g  
Selected Varieties  
reg 1.49  
Biscuits

**SAVE 50¢**  
**99¢**



Puck Thickened  
Creamy Product  
160 g or ETI Popkek  
Mini Cakes 144 g  
Selected Varieties  
reg 2.29-2.49  
Produit crémeux ou  
mini-gâteaux

**SAVE \$0.50**  
**1.99**



Al Marwa specializes in fresh halal meat, including delicious marinated and cooked meats. See in-store for specials.



AMAN MEAT SHOP  
See in-store for specials.

# FLORAL DEALS!



**6<sup>99</sup>**

**Large Magnolia**  
4-Stem Bunch  
Magnolia



**7<sup>99</sup>**

**Western Red Cedar**  
1.5 lb Bunch  
Branches de cèdre rouge



**7<sup>99</sup>**

**White Pine**  
2 lb Bunch  
Branches de pin blanc



**7<sup>99</sup>**

**Noble Fir Tips**  
1.5 lb Bunch  
Cimes de sapin noble



**13<sup>99</sup>**

**Traditional Swag**  
18-22"  
Guirlandes



**13<sup>99</sup>**

**Evergreen Swag**  
18-22"  
Guirlandes



**26<sup>99</sup>**

**Holiday Decorative Planters**  
Jardinières décoratives des Fêtes



**27<sup>99</sup>**

**Winter Greens Decorative Arrangement**  
Arrangement décoratif

COLOUR AND SELECTION MAY VARY - AVAILABLE AT MOST LOCATIONS - WHILE SUPPLIES LAST

value size

Big format  
Big value



100 PTS when you buy 1  
That's like \$1 toward your groceries

**11.99**

Nature Valley or Fibre 1 Granola Bars or Fruit Snacks  
Selected Varieties 637 g-1.28 kg  
Barres granola ou collations aux fruits



SAVE UP TO \$5

**15.99**

Powerade Variety Team Pack  
24x591 mL or  
Red Bull Energy Drink 8x250 mL  
Boissons désaltérantes ou boisson énergisante



100 PTS when you buy 1  
That's like \$1 toward your groceries

SAVE UP TO \$3

**12.99**

Quaker Chewy, Yogurt or Dips Granola Bars Club Pack  
935 g-1.05 kg  
Barres granola

200 PTS when you buy 2  
That's like \$2 toward your groceries

**4.99**

Frito-Lay Value Size  
Potato Chips, Tortilla Chips, Snacks or Popcorn 275-480 g  
Originoles



SAVE \$2

**9.99**

Yoplait Yogurt Drinks 12 pk  
Yogourt à boire

100 PTS when you buy 2  
That's like \$1 toward your groceries

SAVE \$1.50

**4.99**

Cheemo Perogies  
2 kg reg 6.49  
Perogies

75 PTS when you buy 1  
That's like \$0.75 toward your groceries

SAVE \$1

**9.99**

Nutella Hazelnut Spread  
1 kg reg 10.99  
Tartinade aux noisettes



SAVE \$3.11

**8.88**

Häagen-Dazs Ice Cream  
946 mL reg 11.99  
Crème glacée

**\$10**

Compliments Salsa  
1.89 L  
Salsa

SAVE \$5

**14.99**

Gain Liquid Laundry Detergent 4.55 L  
Gain Flings! 42 pk  
reg 15.99-19.99  
Détergent à lessive

# ENTERTAINING DEALS!



**\$4** ↓

**Compliments Orange Juice Not From Concentrate**  
1.54 L  
Jus d'orange



**2<sup>29</sup>** ↓

**Compliments Sour Cream** 500 mL  
Crème sure



**SAVE \$1.50**  
**4<sup>49</sup>** ↓

**Compliments Peanuts** 700 g  
Arachides



**100 PTS** when you buy 2  
That's \$1 toward your groceries  
**2<sup>99</sup>** ↓

**Compliments Tortilla Chips**  
240-280 g  
Croustilles tortilla



**500 PTS** when you buy 2  
That's \$5 toward your groceries

**Compliments De-Alcoholized Beer**  
12x355 mL  
reg 8.99  
Bière déalcoolisée



**100 PTS** when you buy 2  
That's \$1 toward your groceries

**Compliments Cranberry Cocktail**  
1.89 L  
reg 2.99  
Cocktail aux canneberges



**2<sup>49</sup>** ↓

**Compliments Lasagna** 375-500 g  
Lasagne



**6<sup>49</sup>** ↓

**Compliments Grated Parmesan Cheese**  
250 g  
Fromage râpé



**SAVE \$1**  
**2<sup>99</sup>** ↓

**Compliments Whipped Topping** 1 L  
reg 3.99  
Garniture fouettée



**SAVE \$1**  
**3<sup>49</sup>** ↓

**Compliments Pastry Dough** 454 g  
reg 4.49  
Pâte à viennoiseries



# HEALTH & BABY BARGAINS

**SAVE UP TO \$7.50**  
**26.99**

Pampers Easy Ups  
56-66 pk or  
Ninjamas  
Diapers  
34-44 pk  
Sous-vêtements d'entraînement ou couches

**SAVE \$1**  
**3.49**

Pampers Baby Wipes  
56-72 pk  
Lingettes pour bébés

**100% LEAKPROOF SANS FUITES**

**44 NIGHTTIME UNDERWEAR COULOTTES DE NUIT**

**SAVE \$8.78**  
**24.99**

Huggies Giga Pack Diapers  
32-88 pk  
Couches

**SAVE \$4.08**  
**14.49**

Pampers Jumbo Pack Diapers 19-32 pk  
Selected Varieties  
Couches

**SAVE \$1**  
**5.99**

Degree Antiperspirant Spray 107 g  
Antisudorifique

**SAVE \$2.98**  
**1.99**

Speed Stick Deodorant  
45-70 g  
Selected Varieties  
Déodorant

**SAVE \$1**  
**6.49**

Dove Deodorant or Antiperspirant  
76-85 g  
Selected Varieties  
Déodorant ou antisudorifique

**SAVE \$1.28**  
**7.49**

Secret, Old Spice or Gillette Deodorant or Antiperspirant  
68-122 g  
Selected Varieties  
Déodorant ou antisudorifique

**SAVE \$2**  
**3.49**

Colgate Total Toothpaste  
70-120 mL or  
Extra Clean Toothbrush  
1 pk or  
Softsoap Hand Soap Pump 332 mL  
Dentifrice ou brosse à dents ou savon pour les mains

**SAVE \$1.99**  
**9.99**

U by Kotex Pads  
22-36 pk or  
Tampons 30-32 pk  
Selected Varieties  
Serviettes ou tampons

**SAVE \$1.58**  
**9.49**

U by Kotex Liners  
80-129 pk  
Selected Varieties  
Protège-dessous

**SAVE \$2**  
**6.49**

Poise Pads or Pantliners  
16-54 pk  
Selected Varieties  
Serviettes ou protège-dessous

**SAVE 50¢**  
**3.99**

Dove Bar Soap 2 pk  
Pains de savon

## Scene 1000 PTS = \$10 OF FREE GROCERIES

**500 PTS** when you buy 2  
That's \$5 toward your groceries

**SAVE \$5.90**  
**28.99**

Huggies Pull-Ups  
48-74 pk or  
Goodnites Youth Pants 28-44 pk  
Selected Varieties  
Sous-vêtements d'entraînement

**400 PTS** when you buy 2  
That's \$4 toward your groceries

**SAVE \$2**  
**19.99**

Huggies Baby Wipes  
560-704 pk  
Lingettes pour bébés

**100 PTS** when you buy 2  
That's \$1 toward your groceries

**SAVE \$1**  
**9.99**

Head & Shoulders Shampoo or Conditioner  
400-613 mL  
Shampooing ou revitalisant

**100 PTS** when you buy 2  
That's \$1 toward your groceries

**SAVE \$3**  
**7.99**

Pantene Shampoo or Conditioner  
237-530 mL  
Shampooing ou revitalisant

# FLAVOURS OF THE WORLD

Etnico Stewing Goat,  
Mutton or Lamb  
Frozen 500-630 g  
Chèvre, mouton ou agneau

SAVE \$1  
**\$11** ↓



SAVE \$3  
**14.99** ↓

Al Safa Halal  
Chicken Tenderz  
Frozen 1 kg  
Bouchées de poulet



**8.99** ↓

Kaki Vanilla Persimmon Case  
Product of Spain  
Plaqueminier



**7.99** /lb ↓

New Zealand Spring Lamb  
Short Cut Lamb Leg  
Frozen 17.61/kg  
Gigot d'agneau



**99¢** ↓

Cilantro or Mint Bunch  
Product of USA or Mexico  
Coriandre ou menthe



SAVE \$2  
**5.99** ↓

Shahir Halal  
Deli Meat  
60-200 g  
Vandres de charcuterie



Shahir Halal  
Deli Meat  
60-200 g  
Vandres de charcuterie



SAVE \$3  
**7.99** ↓

Fino Fine Foods Fire  
Roasted Peppers 1.5 L  
reg. 10.99  
Poivrons rôtis



200 PTS  
when you buy 2  
that's \$2 toward your  
next purchase

SAVE \$1  
**3.49** ↓

Greek House Potatoes  
500 g or Rice Pilaf 454 g  
Pommes de terre ou pilaf



SAVE \$1.50  
**16.99** ↓

Fino Fine Foods  
Kebapi Sausages  
1 kg  
Saucisses



SAVE \$1  
**7.99** ↓

Diana Marinated  
Artichoke Hearts 1 L  
Coeurs d'artichaut



SAVE \$4  
**10.99** ↓

Fortisimo Espresso Coffee Pods  
250 g or Caffè Vivo Espresso  
Coffee Beans 1 kg  
Café



SAVE \$2  
**3.49** ↓

Mom's Best Taralli  
250 g  
Repas

WHILE SUPPLIES LAST, PRODUCT SELECTION MAY VARY BY LOCATION.

# EURO DEALS!



SAVE \$1  
**3.99**

Lov Sunflower Seeds  
200 g  
Graines de tournesol



SAVE 90¢  
**2.79**

Borjomi Carbonated  
Natural Mineral Water  
750 mL  
Eau minérale



**1.69**

Brio Soda  
355 mL  
Soda



25 PTS  
when you buy 2

SAVE \$1  
**3.49**

Lovaré Tea 30 g  
Thé



SAVE \$1.00  
**2.99**

Franzeluta Gingerbread  
Cookies with Plum 400 g  
Biscuits



SAVE \$1  
**3.99**

PeachTree Valley Sliced  
Peaches 850 mL  
Pêches



SAVE 50¢  
**1.29**

Street Soup 50 g  
Soupe



50 PTS  
when you buy 2

SAVE \$1  
**4.49**

Dandar Buckwheat 900 g  
Sarrasin



50 PTS  
when you buy 2

SAVE 80¢  
**1.49**

S&F Cream Crackers 200 g  
Craquelins



SAVE \$1  
**2.99**

Wolski Sauerkraut 796 mL  
Choucroute



SAVE 50¢  
**4.49**

Kühne Sauerkraut with  
Wine 720 mL  
Choucroute



SAVE \$1  
**4.99**

Kühne Gourmet  
Selection Gherkins 500 mL  
Cornichons



SAVE 80¢  
**3.99**

Kühne Gourmet  
Selection Onions  
500 mL  
Oignons



SAVE 50¢  
**2.49**

Wolski Riga Premium  
Sprats in Oil 160 g  
Sprats



50 PTS  
when you buy 1

SAVE 80¢  
**2.99**

Alfa Medium Phyllo Pastry  
450 g  
Pâte phyllo



50 PTS  
when you buy 1

SAVE \$2  
**7.99**

Alfa Rollitos 750 g  
Bouchées

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# EURO DEALS!



50 PTS when you buy 2

SAVE \$2.50

**15.99**

Red Gold Salmon Caviar  
100 g  
Caviar de saumon



50 PTS when you buy 2

SAVE \$3

**11.99**

Red Gold Steelhead Salmon Caviar 100 g  
Caviar de saumon



200 PTS when you buy 2  
That's \$2 toward your groceries

SAVE \$5

**27.99**

Red Gold Frozen Pink Salmon Caviar 200 g  
WHILE SUPPLIES LAST  
Caviar de saumon



**14.99**

Baltic Gifts Frozen Herring Fillets 1 kg  
Filets de hareng



100 PTS when you buy 1  
That's \$1 toward your groceries

SAVE \$5

**24.99**

Red Gold Trout Frozen Caviar 200 g  
WHILE SUPPLIES LAST  
Caviar de truite



SAVE \$3.50

**4.49**

Vici Pancakes 500 g  
Crêpes



SAVE \$6

**59.99**

E.C. Phillips Frozen Chum or Coho Salmon Caviar 500 g  
WHILE SUPPLIES LAST  
Variété de caviar



SAVE \$1

**8.49**

Tutto Calabria Hot Chili Spread Sauce 285 mL  
Sauce



SAVE 80¢

**7.49**

Tutto Calabria Hot Chili Peppers 280 mL  
Piments



SAVE \$2

**4.49**

Aurora Antipastos 500 mL  
Antipastos



**1.29**

Aurora Bouillon Cubes 66 g  
Bouillon



SAVE 50¢

**1.49**

Aurora Sea Salt 1 kg  
Sel



Tutto Calabria Hot Honey 180 g or Nduja Sausage Spread 170 mL  
Tartinade

SAVE \$6.99

**10.99**

500 PTS when you buy 2  
That's \$5 toward your groceries

SAVE 50¢

**4.99**

Aunty's Golden Syrup Steamed Pudding  
Pouding

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# SWEET EURO DEALS!



SAVE \$1  
**249**

Roshen Jelly Candy 200 g  
Friandise

SAVE \$1  
**449**

Roshen Caramel or  
Jelly Candy 378 g  
Friandise



SAVE 70¢

**499**

Roshen Toffee Candy 325 g  
Friandise

**399**

Hans Freitag Assorted  
Biscuits and Wafers 300 g  
Biscuits et gaufrettes



SAVE \$1  
**699**

Imperial Mini Fruit Candies  
750 g  
Friandise



SAVE 50¢  
**199**

Imperial Wafer Rolls 160 g  
Rouleaux de gaufrettes



40¢ off  
when you buy 2

**149**

Happy Swing Wafers 150 g  
Gaufrettes



**119**

Roshen Milk Baked  
Do Kavi Cookies 185 g  
Biscuits



**199**

Roshen Wafers  
Sandwich Cookies 142 g  
Biscuits



SAVE 50¢  
**299**

Tre Marie Wafers 140 g  
Gaufrettes



**299**

Locker Wafers 175 g  
WHILE SUPPLIES LAST  
Gaufrettes



**399**

Reko Pizzelle Cookies  
200 g  
Biscuits



**199**

Marco Polo Gingerbread  
with Plum 150 g  
Pain d'épice



**549**

Marco Polo Mixed Biscuits  
220 g  
Biscuits



SAVE 80¢  
**399**

Balconi Mix Max 330-350 g  
Petits-gâteaux



**269**

Balconi Trancetto  
Cocoa Cakes 280 g  
Petits-gâteaux

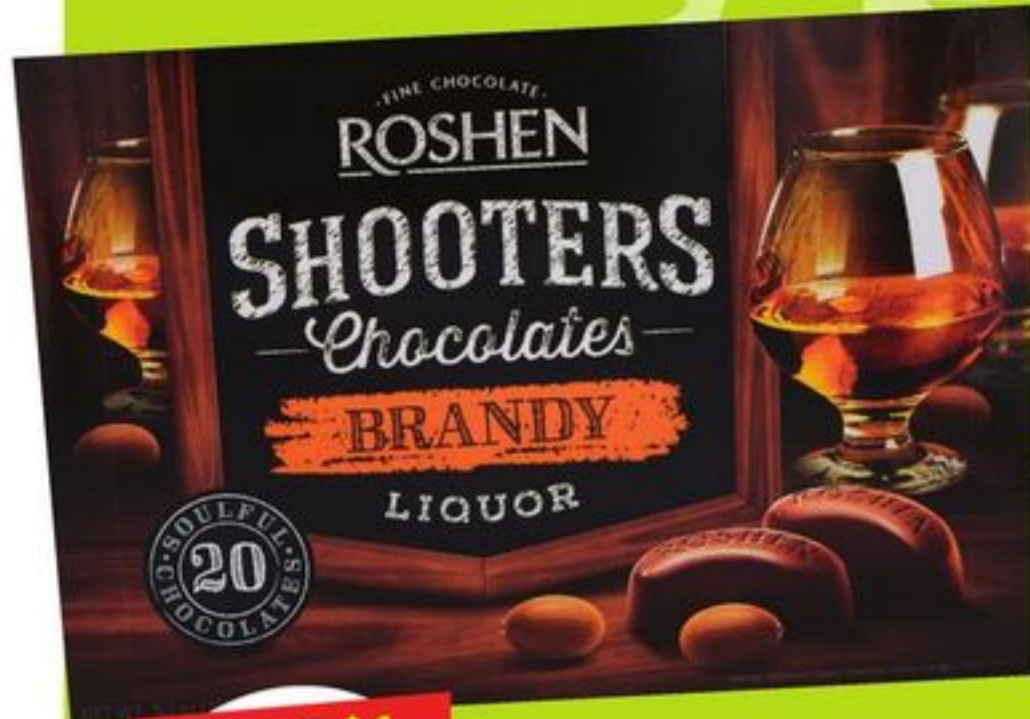
WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# SWEET EURO DEALS!



**13<sup>99</sup>**

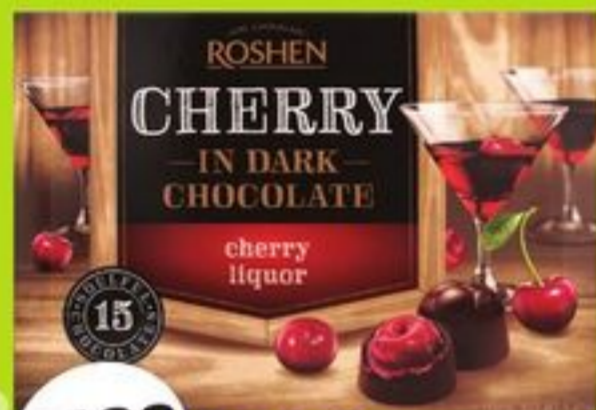
Ametist Plus Native  
Ukraine Candies  
450-500 g  
Friandise



SAVE \$1

**4<sup>49</sup>**

Roshen Shooters  
Chocolates 150 g  
Chocolats



**5<sup>99</sup>**

Roshen Chocolate Cherries  
155 g  
Cerises chocolatées



**4<sup>99</sup>**

Allessia Torrone  
150 g Selected  
Nougat



**6<sup>99</sup>**

Roshen Assorted Dark  
Chocolates 145 g  
Chocolats



**9<sup>99</sup>**

Roshen Strila Podilska  
Chocolate Box 200 g  
Chocolats



**11<sup>99</sup>**

Roshen Chocolateria  
194 g  
Chocolats



**5<sup>99</sup>**

Highland Speciality  
Shortbread 300 g  
Sablé



**6<sup>49</sup>**

Old Excellent  
Brandy Beans 250 g  
Fèves au cognac



**9<sup>99</sup>**

Old Excellent Chocolate  
Brandy Beans 400 g  
Fèves au cognac



**14<sup>49</sup>**

Heller & Strauss Tutti Frutti  
Candy Jar 766 g  
Friandise



**4<sup>99</sup>**

Guinness Truffle Bar 90 g or  
Rowntree's Jelly Tots Candy  
115 g  
Barres ou friandise



**6<sup>49</sup>**

Elizabeth Shaw Dessert  
Mint Flutes 105 g  
Mini-desserts



**11<sup>99</sup>**

Mrs Tilly's Cream Fudge  
300 g  
Fudge



**9<sup>99</sup>**

Traditional Marzipan  
Stollen Cake or Marco Polo  
Cocktail Mix 500 g  
Gâteau ou mélange à cocktail



**4<sup>99</sup>**

Maitre Truffout  
Truffles 200 g  
Truffles

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

# PAWS UP FOR SAVINGS



200 PTS when you buy 2  
That's \$2 toward your groceries

SAVE \$2.50

5.99

Temptations Tubs  
454 g reg 8.49  
Contenants de gâteries

100 PTS when you buy 1  
That's \$1 toward your groceries

SAVE UP TO \$2

9.99

Pedigree Dentastix  
504-608 g  
reg 11.49-11.99  
Gâteries dentaires



100 PTS when you buy 5  
That's \$1 toward your groceries

1.49

Cesar Wet Cat Food  
100 g  
Nourriture humide pour chats



Whiskas Dry Dog Food 2 kg  
reg 9.99  
Nourriture sèche pour chiens

SAVE \$1  
8.99



SAVE \$1.30  
4.49

Milk-Bone Biscuits 750-900 g  
Farmer's Medley 280-340 g  
Dog Treats 283-340 g  
reg 4.79-5.79  
Gâteries pour chiens



SAVE 80¢  
1.99

Milk-Bone Soft & Chewy Dog Treats 113 g  
reg 2.79  
Gâteries pour chiens



Get 500 PTS

When you spend \$25 on the below participating Purina Items

That's like \$5 toward your groceries



Tidy Cats Cat Litter  
2.72 kg  
reg 13.99  
Litière pour chats

100 PTS when you buy 1  
That's \$1 toward your groceries

SAVE \$2  
11.99



Purina One SmartBlend Dry Dog Food  
1.81 kg  
reg 11.69  
Nourriture sèche pour chiens

SAVE \$1.70  
9.99



Purina Beggin' Strips 708 g  
Purina DentalLife Chews 507-595 g  
reg 9.49-12.29  
Gâteries pour chiens

SAVE \$3.30  
8.99

OR BUY 1 at \$2.69  
Purina One SmartBlend Cans 368 g  
Nourriture en conserve

BUY MORE SAVE MORE  
BUY 2 OR MORE  
2.25 ea



Friskies Chef Blend  
1.42-1.5 kg  
reg 6.99  
Nourriture pour chats

SAVE \$1  
5.99



Friskies Party Mix 170 g  
Fancy Feast Savoury Purée 40 g reg 2.99  
Gâteries pour chats

SAVE \$2.07  
3/\$6

Purina One Dog Food  
1.8 kg  
reg 14.99  
Nourriture pour chiens

SAVE \$2  
12.99



Fancy Feast Petites 34 g  
Friskies Lil'Soups 79.4 g  
Nourriture pour chats

99¢



OR BUY 1 at 99¢  
Friskies Wet Cat Food 156 g  
Fancy Feast Wet Cat Food 85 g  
Nourriture humide pour chats

BUY MORE SAVE MORE  
BUY 5 OR MORE  
4.50

KraftHeinz

GET \$10 OFF

When you buy 5 or more



**PARTICIPATING PRODUCTS:** Philadelphia Cream Cheese Product 227-250 g, Philadelphia Cream Cheese Dips 227-340 g, Classico Pasta Sauce 218-650 mL, Maxwell House Roast & Ground Coffee 864-900 g, Maxwell House Single Serve Pods 30 pk, Maxwell House Instant Coffee 150 g, Nabob Roast & Ground Coffee 340-930 g, Kraft Cheez Whiz Cheese Spread 450 g, Kraft Peanut Butter 500 g, 750 g-1 kg, Smart Ones® Entrées 255-283 g, Breakfast Bagel Bites® 198 g, Crave Frozen Entrées 200-340 g, Kraft Dinner Deluxe Frozen Meals 340 g, Pure J.L. Kraft Dressing & Marinade 355 mL, Kraft Dinner Macaroni & Cheese 12 pk, Kraft Dinner Macaroni & Cheese 4 pk cups, Heinz Ketchup 750 mL-1 L, Kraft Miracle Whip Spread 650-890 mL, Renée's Gourmet Dressing and Dip 350-355 mL, Nabob Single Serve Pods 30 pk



# Stay on top of your family's wellness this fall.

Make appointments for

- flu shots
- COVID immunizations
- shingles immunizations
- other immunizations  
with the 360Health scheduler.



[Book today](#)



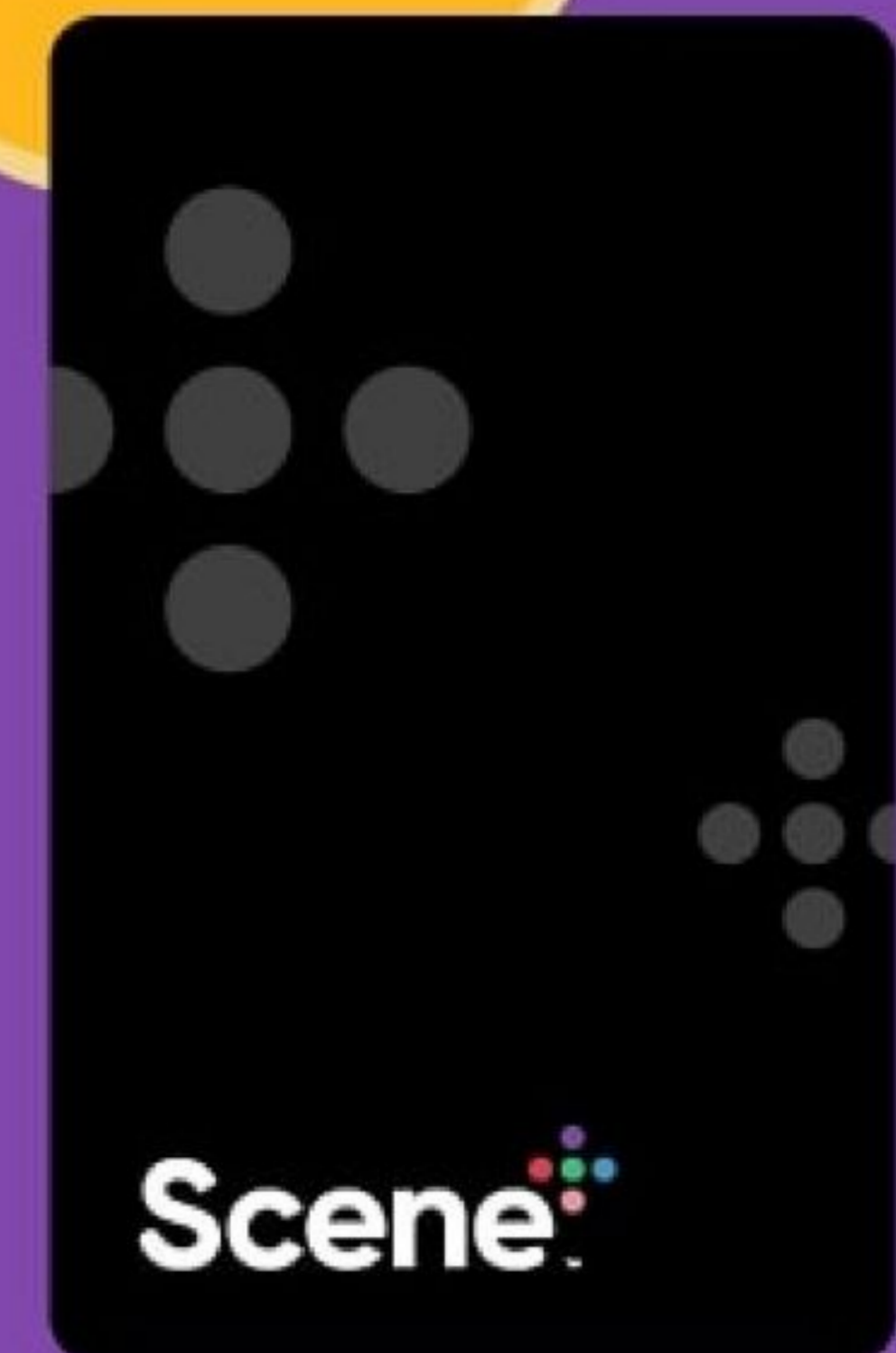
# GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa\* Card**.

**APPLY NOW**

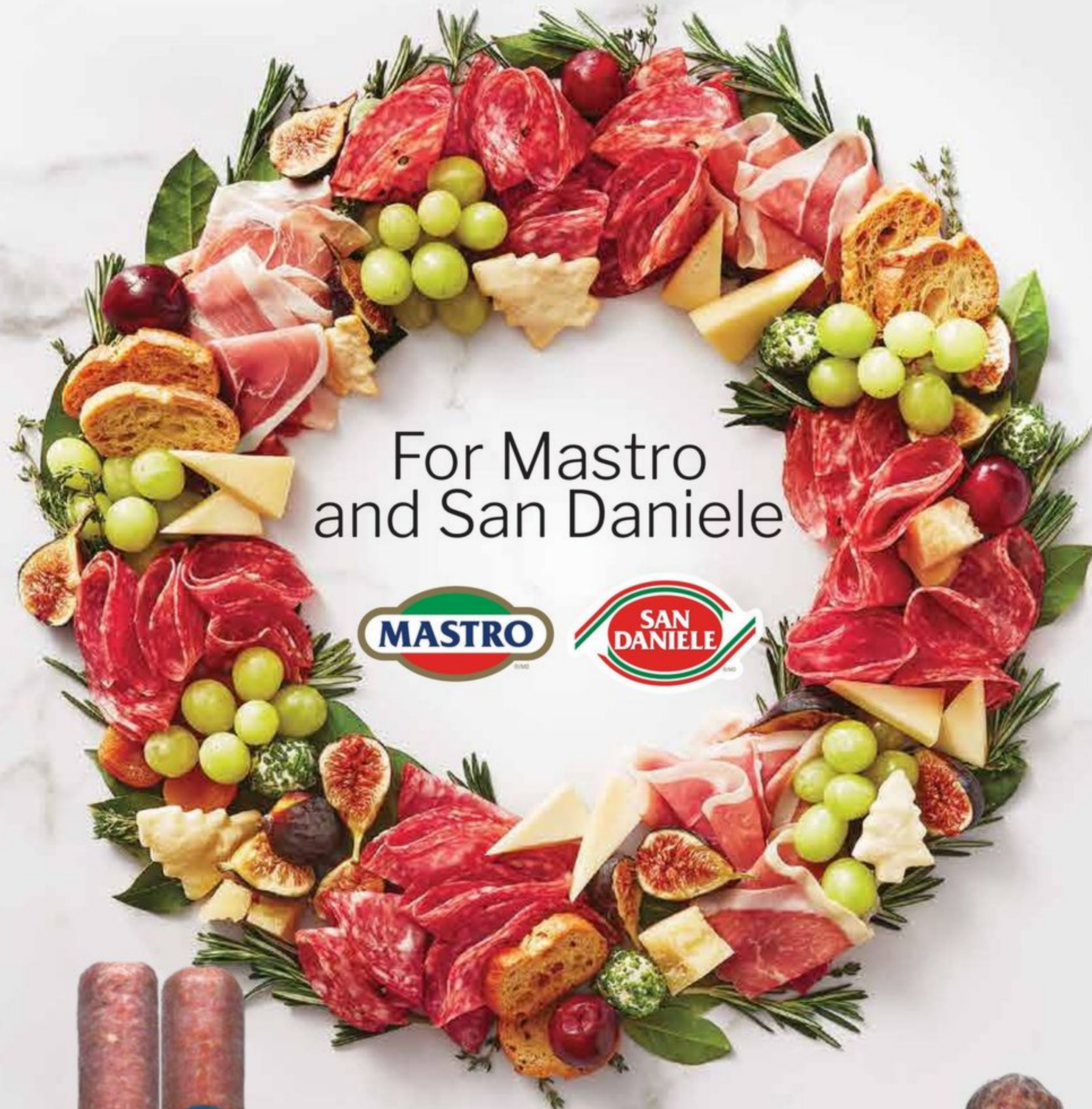
**GET 2  
SCENE+ PTS  
ON EVERY  
\$1 SPENT<sup>2</sup>**

**1000 pts  
= \$10 in  
groceries<sup>1</sup>**



<sup>1</sup>1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.  
<sup>2</sup>Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.  
See full list of participating merchants across Canada at [scotiabank.com/participatingstores](https://scotiabank.com/participatingstores).  
\*Visa Int. / licensed user.

'TIS THE SEASON



For Mastro  
and San Daniele



100 PTS  
when you buy 1

9<sup>99</sup>

Mastro® Baby  
Genoa 600g  
Selected Varieties



100 PTS  
when you buy 2

3<sup>99</sup>

Mastro® Sliced Meats  
125-150g or San Daniele®  
Sliced Prosciutto 100g  
Selected Varieties



100 PTS  
when you buy 1

6<sup>99</sup>

Mastro® Salametti  
Chub 300g or Charcuterie  
Products 150-250g  
Selected Varieties

KraftHeinz

GET \$10 OFF

When you buy 5 or more

Only with:



**PARTICIPATING PRODUCTS:** Philadelphia Cream Cheese Product 227 – 250 g, Philadelphia Cream Cheese Dips 227 – 340g, Classico Pasta Sauce 218 – 650 mL, Maxwell House Roast & Ground Coffee 864 – 900 g, Maxwell House Single Serve Pods 30 ct, Maxwell House Instant Coffee 150 g, Nabob Roast & Ground Coffee 340 – 930 g, Cheez Whiz Cheese Spread 450 g, Kraft Peanut Butter 500g, 750 g – 1 Kg, Smart Ones® Entrées 255 – 283 g, Breakfast Bagel Bites® 198 g, CRAVE Frozen Entrées 200 – 340 g, Kraft Dinner Deluxe Frozen Meals 340 g, Pure J.L. KRAFT Dressing & Marinade 355 mL, Kraft Dinner Macaroni & Cheese 12 pack, Kraft Dinner Macaroni & Cheese 4 pack cups, Heinz Ketchup 750ml – 1 L, Miracle Whip Spread 650 – 890 mL, Renée's Gourmet Dressing and Dip 350 – 355 mL, Nabob Single Serve Pods 30 pack