

Here to help make *saving* easier

**HOTSALE!**  
MVP

**29¢** <sup>LB</sup> \*

10 Lbs. or Larger  
Grade A - Select Varieties  
**FROZEN TURKEY**

**LIMIT 1**  
W/O MVP Card \$2.79 LB

**\$35 MINIMUM GROCERY PURCHASE REQUIRED\***



**YOU SAVE \$2.50 LB**

\* \$35 purchase must exclude the Turkey, Tobacco, Beer & Wine, Lottery, Gift Cards, Postage Stamps or Services.

**HOTSALE!**  
MVP

**1.79** <sup>LB</sup>

Limit 2  
W/O MVP Card \$4.49 LB

**ST. LOUIS STYLE PORK RIBS**

**HOTSALE!**  
MVP

**4.99** <sup>LB</sup>

W/O MVP Card \$6.99 LB

**Ground Fresh Daily 93% LEAN FRESH GROUND BEEF**

**HOTSALE!**  
MVP

**7.99** <sup>EA</sup>

W/O MVP Card \$12.99 EA

16-20 Ct. 16 Oz. Bag Frozen  
**FOOD LION RAW SHRIMP**

**HOTSALE!**  
MVP

**4.49** <sup>EA</sup>

W/O MVP Card Regular Retail

16 Oz. Pkg. Select Varieties  
**SMITHFIELD BACON**

**MVP**

**BOGO deals**

**HOTSALE!**  
MVP

**BOGO FREE**

W/O MVP Card \$3.99 EA  
Single Item Half Price

4 Ct. **CINNAMON ROLL DONUTS**  
IN THE BAKERY

**HOTSALE!**  
MVP

**BOGO FREE**

W/O MVP Card \$9.99 EA  
Single Item Half Price

10 Ct. K-Cups or 12 Oz. Bag Select Varieties  
**STARBUCKS COFFEE**

**MVP DIGITAL COUPONS**  
load on app • web • in-store kiosk

**HOT SALE!** **1.49** <sup>LB</sup>

W/O MVP Card \$1.99 LB

**MVP Coupon -50¢ OFF LB**

**99¢** <sup>LB</sup>

MVP WITH STORE COUPON SAVINGS LIMIT 1

Large **GREEN SEEDLESS GRAPES**

**HOTSALE!**  
MVP

**99¢** <sup>LB</sup>

W/O MVP Card \$1.49 LB

Tote Bag **GALA OR MACINTOSH APPLES**

**HOTSALE!**  
MVP

**49¢** <sup>LB</sup>

W/O MVP Card 79¢ LB

**GREEN CABBAGE**

6.4-13 Oz. Select Varieties  
**FRESH EXPRESS SALAD KITS**

**HOTSALE!**  
MVP

**2/\$6**

W/O MVP Card \$4.29 EA

**HOTSALE!**  
MVP

**BOGO FREE**

W/O MVP Card Regular Retail  
Single Item Half Price

12 Pack 12 Oz. Cans Select Varieties  
**COKE OR COKE FLAVORED PRODUCTS**  
LIMIT 4 FREE

12-16 Oz. Select Varieties  
**HIDDEN VALLEY SALAD DRESSING**

**HOT SALE!** **3.99** <sup>EA</sup>

W/O MVP Card \$4.59 EA

**MVP Coupon -50¢ OFF!**

**3.49** <sup>EA</sup>

MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

16 Oz. **RESER'S AMERICAN CLASSIC SALADS IN THE DELI**

**HOTSALE!**  
MVP

**3.49** <sup>EA</sup>

W/O MVP Card \$4.49 EA

750 mL. Select Varieties  
**JOSH CELLARS WINE**

**PRICED LOW EVERY DAY**

**11.99** <sup>EA</sup>

24 Pack - 12 Oz. Cans Select Varieties  
**BUD, MILLER OR COORS**

**HOTSALE!**  
MVP

**21.99** <sup>EA</sup>

11-13.7 Oz. Select Varieties  
**KELLOGG'S CLUB OR TOWN HOUSE CRACKERS**  
LIMIT 4 FREE

**HOTSALE!**  
MVP

**BOGO FREE**

W/O MVP Card \$5.99 EA  
Single Item Half Price

3-3.9 Oz. Select Varieties  
**JELL-O INSTANT PUDDING MIX OR GELATIN**

**PRICED LOW EVERY DAY**

**2/\$3**

W/O MVP Card Regular Retail

4.10-5.7 Oz. Select Varieties  
**KNORR PASTA OR RICE SIDES**

**PRICED LOW EVERY DAY**

**4/\$5**

W/O MVP Card \$1.58 EA

16 Oz. Select Varieties  
**FOOD LION CHUNK OR SHREDDED CHEESE**

**HOTSALE!**  
MVP

**2/\$6**

W/O MVP Card Regular Retail

52 Oz. Select Varieties  
**SIMPLY ORANGE JUICE**

**HOTSALE!**  
MVP

**2/\$6**

W/O MVP Card \$4.49 EA

9-15.5 Oz. Select Varieties  
**TOSTITOS TORTILLA CHIPS OR SALSA**  
LIMIT 4 FREE

**HOTSALE!**  
MVP

**BOGO FREE**

W/O MVP Card Regular Retail  
Single Item Half Price

12-16 Oz. Select Varieties  
**MUELLER'S PASTA**

**PRICED LOW EVERY DAY**

**2/\$3**

W/O MVP Card \$1.88 EA

8.5-8.8 Oz. Select Varieties  
**BEN'S READY RICE**

**HOTSALE!**  
MVP

**2/\$4**

W/O MVP Card \$3.09 EA

10 or 14.5 Oz. Select Varieties  
**ROTEL OR HUNT'S TOMATOES**

**HOTSALE!**  
MVP

**4/\$5**

W/O MVP Card Regular Retail

14.5-15 Oz. Select Varieties  
**MARGARET HOLMES CANNED VEGETABLES**

**HOTSALE!**  
MVP

**1.38** <sup>EA</sup>

W/O MVP Card \$1.88 EA

11-20.5 Oz. Select Varieties  
**THOMAS' ENGLISH MUFFINS OR D'ITALIANO BREAD**

**HOTSALE!**  
MVP

**BOGO FREE**

W/O MVP Card Regular Retail  
Single Item Half Price

19-32 Oz. Select Varieties  
**ORE-IDA FROZEN POTATOES**

**HOTSALE!**  
MVP

**3.99** <sup>EA</sup>

W/O MVP Card \$4.99 EA

28-40 Oz. Select Varieties  
**STOUFFER'S FAMILY SIZE DINNERS**

**HOTSALE!**  
MVP

**6.99** <sup>EA</sup>

W/O MVP Card \$12.19 EA

**Mrs. Paul's FISH STICKS**

**HOTSALE!**  
MVP

**4.99** <sup>EA</sup>

W/O MVP Card \$5.99 EA

18-24.6 Oz. Select Varieties  
**MRS. PAUL'S FROZEN SEAFOOD**

**Scott**

**HOTSALE!**  
MVP

**9.99** <sup>EA</sup>

W/O MVP Card Regular Retail

12 Rolls Bath Tissue or 8 Double Rolls Paper Towels Select Varieties  
**SCOTT**

**Mtn Dew**

**HOTSALE!**  
MVP

**4/\$12**

Limit 8  
W/O MVP Card Regular Retail

6 Pack 16-16.9 Oz. Bottles Select Varieties  
**PEPSI PRODUCTS**



# Fill the table

with everyone's favorites



**HOTSALE!**  
MVP  
**99¢**  
LB  
10 Lbs. or Larger  
All Natural, Gluten  
& Hormone Free  
**FROZEN  
BUTTERBALL  
TURKEY**  
LIMIT 2  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**179**  
LB  
W/O MVP Card Regular Retail



**FROZEN  
TURKEY BREAST**

**HOTSALE!**  
MVP  
**849**  
LB  
W/O MVP Card Regular Retail



**BONE-IN BEEF FLANKEN  
STYLE OR SHORT RIBS**



**HOTSALE!**  
MVP  
**599**  
LB  
W/O MVP Card Regular Retail



**BEEF SIRLOIN TIP ROAST**

**HOTSALE!**  
MVP  
**279**  
LB  
W/O MVP Card Regular Retail



**BUTTERBALL  
FROZEN COOKED  
SMOKED TURKEY**  
WHILE SUPPLIES LAST!

**HOTSALE!**  
MVP  
**699**  
LB  
W/O MVP Card Regular Retail



**BONELESS STEW BEEF**



**HOTSALE!**  
MVP  
**599**  
EA  
W/O MVP Card Regular Retail



22 Oz. Pkg.  
All Varieties  
**HATFIELD SEASONED  
PORK LOIN FILET**

**HOTSALE!**  
MVP  
**599**  
LB  
W/O MVP Card Regular Retail



Semi-Boneless  
**LEG OF LAMB**

**HOTSALE!**  
MVP  
**1199**  
EA  
W/O MVP Card Regular Retail

3 Lb. - Select Varieties  
**BUTTERBALL  
SEASONED  
BONELESS  
TURKEY BREAST**  
WHILE SUPPLIES LAST!



**HOTSALE!**  
MVP  
**249**  
EA  
W/O MVP Card Regular Retail



20-24 Oz. Pkg.  
Select Varieties  
**RESER'S MAIN STREET  
BISTRO SIGNATURE SIDES**

*100% fresh or  
double your money back*

See [foodlion.com](http://foodlion.com) for details



**HOTSALE!**  
MVP  
**2/\$7**  
W/O MVP Card Regular Retail

12-14 Oz. Pkg.  
Select Varieties  
**HILLSHIRE  
FARM  
SMOKED  
SAUSAGE**



**HOTSALE!**  
MVP  
**599**  
EA  
W/O MVP Card Regular Retail

16 Oz. Pkg.  
Select Varieties  
**OSCAR  
MAYER  
DELI FRESH  
LUNCH  
MEAT**



**HOTSALE!**  
MVP  
**2/\$6**  
W/O MVP Card Regular Retail

12 Oz. Select Varieties  
**JOHNSON-  
VILLE  
BREAKFAST  
SAUSAGE  
LINKS OR  
PATTIES**



**HOTSALE!**  
MVP  
**2/\$7**  
W/O MVP Card Regular Retail

12-14 Oz. Pkg.  
Frozen  
**HILLSHIRE  
FARM  
COCKTAIL  
SMOKIES**



**HOTSALE!**  
MVP  
**599**  
EA  
W/O MVP Card Regular Retail

20-26 Oz. Pkg.  
Frozen  
**ROSINA  
MEATBALLS**

## SUSTAINABLE SEAFOOD



**HOTSALE!**  
MVP  
**999**  
EA  
W/O MVP Card Regular Retail

16 Oz. Pkg.  
**FAMILY PACK  
SALMON  
FILLETS**



**HOTSALE!**  
MVP  
**599**  
EA  
W/O MVP Card Regular Retail

3 Oz. Pkg.  
**NATURE'S  
PROMISE  
ORGANIC  
COLD  
SMOKED  
ATLANTIC  
SALMON**



**HOTSALE!**  
MVP  
**999**  
EA  
W/O MVP Card Regular Retail

22 Oz. - Frozen  
**SHRIMP  
RING**



**HOTSALE!**  
MVP  
**1499**  
EA  
W/O MVP Card Regular Retail

20-30 Ct. Bag  
Frozen  
**FOOD LION  
SEA  
SCALLOPS**



**HOTSALE!**  
MVP  
**449**  
EA  
W/O MVP Card Regular Retail

12 Oz. Bag - Frozen  
Select Varieties  
**FOOD LION  
FLOUNDER  
FILLETS**



# DELICIOUS BOGOs of the week!



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$4.99 EA  
Single Item Half Price

8-10 Oz.  
**RANA FILLED PASTA**



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$4.49 EA  
Single Item Half Price

5-7.2 Oz.  
Select Varieties  
**SNACK FACTORY PRETZEL CRISPS**



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$3.99 EA  
Single Item Half Price

8 Ct.  
**MINI CROISSANTS**

Save on easy meal solutions!  
Available in our Deli & Bakery



**HOTSALE!**  
MVP  
**7.99**  
EA  
W/O MVP Card \$10.99 EA

28 Oz. Family Size  
**PANERA ORIGINAL MAC & CHEESE**



**HOTSALE!**  
MVP  
**7.99**  
EA  
W/O MVP Card \$9.99 EA

32 Oz. Family Size  
**PANERA SOUP**



**HOTSALE!**  
MVP  
**7.99**  
EA  
W/O MVP Card \$12.99 EA

30 Oz. Family Size  
**BLOUNT'S FAMILY KITCHEN CHICKEN POT PIE**

Yay, Friday is National Bundt Cake Day!



**HOTSALE!**  
MVP  
**12.99**  
EA  
W/O MVP Card \$14.99 EA

**FOOD LION ICED BUNDT CAKES**



**HOTSALE!**  
MVP  
**5.99**  
LB  
W/O MVP Card \$6.99 LB

Freshly Sliced  
**FOOD LION AMERICAN OR PEPPER JACK CHEESE**



**HOTSALE!**  
MVP  
**5.99**  
EA  
W/O MVP Card \$6.99 EA

5.3 Oz.  
**KAAMPS ESTATE APPLE PIE GOUDA CHEESE WEDGE**  
WHILE SUPPLIES LAST!



**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card \$3.99 EA

5 Oz. Cups  
Select Varieties  
**BELGIOIOSO PARMESAN CHEESE**



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$3.49 EA  
Single Item Half Price

**NATURE'S PROMISE FRENCH BAGUETTE**



**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$5.49 EA

12 Ct.  
**MINI MUFFINS**

## Our BRANDS

FOOD LION

Nature's Promise

Always Worthy

CHA-CHING

COMPANION

taste of Inspirations

CAREone

## DOUBLE MONEY BACK GUARANTEE See foodlion.com for details

Choose our brand of thanksgiving dinner essentials and save more.

12 Oz.  
**FOOD LION SWEET HAWAIIAN ROLLS**  
IN THE BAKERY



**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card \$3.99 EA



**1.19**  
EA

16 Oz. Select Varieties  
**FOOD LION LONG GRAIN RICE**

.87 Oz.  
**FOOD LION GRAVY MIX**



**HOTSALE!**  
MVP  
**69¢**  
EA  
W/O MVP Card 98¢ EA

32 Oz. Select Varieties  
**FOOD LION BROTH**



**HOTSALE!**  
MVP  
**1.39**  
EA  
W/O MVP Card \$1.69 EA

12-16 Oz. Select Varieties  
**FOOD LION PASTA**



**PRICED LOW EVERY DAY**  
**99¢**  
EA

14 Oz. Select Varieties  
**FOOD LION CRANBERRY SAUCE**



**HOTSALE!**  
MVP  
**2/\$3**  
W/O MVP Card \$1.78 EA

40 Oz. Select Varieties  
**FOOD LION CUT YAMS**



**HOTSALE!**  
MVP  
**1.99**  
EA  
W/O MVP Card \$2.39 EA



serving suggestion

# SAVE \$25

when you buy \$100 on any of these participating gift cards with \$25 minimum grocery purchase\*



OFFER VALID NOVEMBER 13 - 26, 2024

Subject to availability. See gift cards for details, terms, conditions and (if applicable) fees. All trademarks are property of their respective owners. Product may not be available in all states. The gift cards featured are not sponsors or otherwise affiliated with this company.

\*Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services.

Limit 1 offer per transaction.



# DEALS FOR DOLLARS

MVP



**Cracker Barrel**  
RICH & BOLD CUBES  
EXTRA SHARP YELLOW

**Cracker Barrel**  
BITES  
EXTRA SHARP YELLOW  
& EXTRA SHARP WHITE

**HOTSALE!**  
MVP

**\$1** EA

1.5-2 Oz. Select Varieties  
**CRACKER BARREL BITES OR CUBES**

W/O MVP Card \$1.69 EA

**Breakstone's**  
PINEAPPLE COTTAGE DOUBLES  
SMALL CUBE

**HOTSALE!**  
MVP

**\$1** EA

4.7 Oz. Select Varieties  
**BREAKSTONE'S COTTAGE DOUBLES**

W/O MVP Card 2/\$3

15 Oz. Select Varieties  
**LUCK'S BEANS**

**HOTSALE!**  
MVP

**\$1** EA

W/O MVP Card \$1.38 EA

**LUCK'S**  
Pinto Beans  
Seasoned with Pork

14.5 Oz. Select Varieties  
**DEL MONTE TOMATOES**

**HOTSALE!**  
MVP

**\$1** EA

W/O MVP Card \$1.38 EA

**Del Monte**  
Quality  
**Diced**  
TOMATOES  
Zesty Chili Style

1.25 Oz. Select Varieties  
**MCCORMICK CHILI SEASONING MIX**

**HOTSALE!**  
MVP

**\$1** EA

W/O MVP Card \$1.79 EA

**McCormick**  
**CHILI**  
ORIGINAL

5.7-6.9 Oz. Select Varieties  
**ZATARAIN'S RICE**

**HOTSALE!**  
MVP

**\$1** EA

W/O MVP Card \$1.79 EA

**ZATARAIN'S**  
A NEW BREAKFAST TRADITION  
**YELLOW RICE**

6 Pack Select Varieties  
**WHITE HOUSE APPLE SAUCE**

**HOTSALE!**  
MVP

**\$2** EA

W/O MVP Card \$3.48 EA

**White House**  
Original

16-24 Oz. Select Varieties  
**RAGU PASTA SAUCE**

**HOTSALE!**  
MVP

**\$2** EA

W/O MVP Card \$2.89 EA

**RAGU**  
Old World Style  
TRADITIONAL

32 Oz. Select Varieties  
**SWANSON BROTH**

**HOTSALE!**  
MVP

**\$2** EA

W/O MVP Card \$3.29 EA

**SWANSON**  
**CHICKEN**  
BROTH

8-13.9 Oz. Select Varieties  
**PILLSBURY CRESCENTS OR CINNAMON ROLLS**

**HOTSALE!**  
MVP

**\$3** EA

W/O MVP Card \$3.99 EA

**Pillsbury**  
Original  
**Cinnamon Rolls**  
**Crescents**

16-32 Oz. Select Varieties  
**MAOLA HEAVY WHIPPING CREAM OR HALF & HALF**

**HOTSALE!**  
MVP

**\$3** EA

W/O MVP Card \$3.99 EA

**Maola**  
HALF & HALF  
HEAVY WHIPPING CREAM

70 Sq. Ft. Press 'n Seal or 200 Sq. Ft. Cling Wrap Select Varieties  
**GLAD**

**HOTSALE!**  
MVP

**\$3** EA

W/O MVP Card Regular Retail

**GLAD**  
**CLING'N SEAL**  
**PRESS'N SEAL**

22 Oz. Select Varieties  
**NATURE'S OWN PERFECTLY CRAFTED BREAD**

**HOTSALE!**  
MVP

**\$3** EA

W/O MVP Card \$3.89 EA

**Nature's Own**  
PERFECTLY CRAFTED

24-32 Oz. Select Varieties  
**PEARL MILLING COMPANY PANCAKE MIX OR SYRUP**

**HOTSALE!**  
MVP

**\$3** EA

W/O MVP Card Regular Retail

**Pearl Milling Company**  
Original  
**Buttermilk COMPLETE**

10.6 Oz. Select Varieties  
**THE SPICE TAILOR SAUCE KIT**

**HOTSALE!**  
MVP

**\$3** EA

W/O MVP Card Regular Retail

**THE SPICE TAILOR**  
original tikka masala  
curry sauce kit

5.1 Oz. Select Varieties  
**LINDT TRUFFLE BAG**

**HOTSALE!**  
MVP

**\$4** EA

W/O MVP Card \$4.89 EA

**Lindt**  
LINDOR

22-30 Oz. Bag Select Varieties  
**MALT O MEAL CEREAL**

**HOTSALE!**  
MVP

**\$4** EA

W/O MVP Card \$5.99 EA

**Malt O Meal**  
**FRUITY DYNOBITES**  
CEREAL

8-11 Oz. Select Varieties  
**TGI FRIDAYS SNACKS**

**HOTSALE!**  
MVP

**\$4** EA

W/O MVP Card \$4.99 EA

**TGI FRIDAYS**  
CHICKEN

9-10 Oz. Select Varieties  
**AMY'S FROZEN MEALS**

**HOTSALE!**  
MVP

**\$4** EA

W/O MVP Card \$5.99 EA

**AMY'S**  
BOWLS  
BROCCOLI & CHEDDAR BAKE

10-13 Oz. Select Varieties  
**BERTOLLI PASTA SIDES OR P.F. CHANG'S SIDES**

**HOTSALE!**  
MVP

**\$4** EA

W/O MVP Card Regular Retail

**P.F. CHANG'S**  
NEW COOL  
**SESAME GREEN BEANS**

**BERTOLLI**  
**PASTA SIDES**  
FOUR CHEESE RAVIOLI

22-24 Oz. Select Varieties  
**PREGO PASTA SAUCE**

**MVP PRICED LOW EVERY DAY**

**2.39** EA

W/O MVP Card \$3.29 EA

**Prego**  
Traditional

8.25-10.5 Oz. Select Varieties  
**LITTLE DEBBIE BAGGED MINI DONUTS**

**HOTSALE!**  
MVP

**2/\$5**

W/O MVP Card \$2.79 EA

**Little Debbie**  
Mini Powdered  
**Donuts**

16.2-20.35 Oz. Select Varieties  
**WHITE LILY CAKE MIX**

**HOTSALE!**  
MVP

**2.99** EA

W/O MVP Card \$3.69 EA

**White Lily**  
LEMON CLAF  
HOMEMADE SOUTHERN CLASSICS  
**LEMON POUND CAKE MIX**

14 Oz. Select Varieties  
**EAGLE BRAND SWEETENED CONDENSED MILK**

**HOTSALE!**  
MVP

**2/\$5**

W/O MVP Card \$3.48 EA

**Eagle Brand**  
Sweetened  
Condensed  
Milk

16 Oz. Select Varieties  
**MEZZETTA PEPPERS**

**MVP PRICED LOW EVERY DAY**

**2.99** EA

W/O MVP Card \$3.68 EA

**Mezzetta**  
SLICED TAMED  
JALAPENO PEPPERS

3.63-4 Oz. Select Varieties  
**SOUTHERN RECIPE SMALL BATCH PORK RINDS**

**HOTSALE!**  
MVP

**2.99** EA

W/O MVP Card \$3.99 EA

**Southern Recipe**  
SEA SALT & CRACKED BLACK PEPPER  
FLAVORED  
**PORK RINDS**

16 Oz. Select Varieties  
**HOLLAND HOUSE WHITE COOKING WINE**

**HOTSALE!**  
MVP

**3.99** EA

W/O MVP Card \$4.49 EA

**Holland House**  
WHITE COOKING WINE

8.4-12.5 Oz. Select Varieties  
**OLD EL PASO TACO OR FAJITA DINNER KIT**

**HOTSALE!**  
MVP

**2/\$6**

W/O MVP Card \$3.99 EA

**Old El Paso**  
**KIT**  
FAJITA

4 Pack Select Varieties  
**DOLE FRUIT BOWLS**

**MVP PRICED LOW EVERY DAY**

**2/\$6**

W/O MVP Card \$3.69 EA

**Dole**  
IN 100% JUICE  
YELLOW EATING  
**DICED PEACHES**

8 Oz. Select Varieties  
**FOOD LION WATER CHESTNUTS**

**HOTSALE!**  
MVP

**99¢** EA

W/O MVP Card Regular Retail

**Food Lion**  
**Water Chestnuts**

25 Oz. Select Varieties  
**BLUE DIAMOND ALMONDS**

**HOTSALE!**  
MVP

**9.99** EA

W/O MVP Card \$12.49 EA

**Blue Diamond**  
Low Sodium  
**Lightly Salted**

16 Oz. Select Varieties  
**DUKE'S MAYONNAISE**

**HOTSALE!**  
MVP

**3.99** EA

W/O MVP Card \$4.59 EA

**Duke's**  
REAL  
**MAYONNAISE**  
SMOOTH & CREAMY



# Let the *holiday baking* begin

15.25 Oz. Select Varieties  
**DUNCAN HINES CAKE MIX**

**HOTSALE!**  
MVP  
**1.00**  
EA  
W/O MVP Card \$1.69 EA



5.1 Oz. - Select Varieties  
**BETTY CROCKER 6 CELL DECORS ALL HOLIDAYS**

**HOTSALE!**  
MVP  
**5.39**  
EA  
W/O MVP Card \$6.69 EA



14-17 Oz. Select Varieties  
**BETTY CROCKER COOKIE MIX POUCH**

**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card \$2.79 EA



**Nestlé TOLL HOUSE SEMI-SWEET MORSELS**

**HOTSALE!**  
MVP  
**3.99**  
EA  
10-12 Oz. Select Varieties  
**NESTLÉ TOLL HOUSE MORSELS**  
W/O MVP Card \$4.99 EA

10 Oz. Select Varieties  
**FISHER CHEF'S NATURAL WALNUTS**

**HOTSALE!**  
MVP  
**5.59**  
EA  
W/O MVP Card \$7.29 EA



14-16 Oz. Select Varieties  
**DUNCAN HINES FROSTING**

**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$2.48 EA



## BEVERAGE CENTER

2 Liter Select Varieties  
**PEPSI PRODUCTS**

**PRICED LOW EVERY DAY**  
**2/\$4**



46 Oz. Select Varieties  
**V8 VEGETABLE OR V-FUSION JUICE**

**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card Regular Retail



9.6 Oz. Can Select Varieties  
**FOLGERS COFFEE**

**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$6.49 EA



**HOTSALE!**  
MVP  
**3/\$12**  
W/O MVP Card Regular Retail

6 Pack 16-16.9 Oz. Bottles Select Varieties  
**COKE PRODUCTS**

**HOTSALE!**  
MVP  
**4.49**  
EA  
W/O MVP Card \$5.39 EA

6 Pack - 10 Oz. Bottles  
**MINUTE MAID APPLE OR ORANGE JUICE**

15.5-16 Oz. Select Varieties  
**MONSTER**

**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$3.18 EA



**HOTSALE!**  
MVP  
**4.49**  
EA  
W/O MVP Card \$6.99 EA

24 Pack .5 Liter Bottles  
**DEER PARK SPRING WATER**



1.5 Liter Select Varieties  
**RIUNITE OR LIBERTY CREEK WINE**

**HOTSALE!**  
**8.99**  
EA



750 mL Select Varieties  
**CHATEAU STE. MICHELLE OR COOK'S WINE**

**HOTSALE!**  
**9.99**  
EA



750 mL Select Varieties  
**VALLATE WINE**

**PRICED LOW EVERY DAY**  
**11.99**  
EA



750 mL Select Varieties  
**MEIOMI WINE**

**PRICED LOW EVERY DAY**  
**20.99**  
EA



12 Pack - 12 Oz. Cans  
**WHITE CLAW HARD SELTZER OR TRULY SELTZER**

8 Pack - 12 Oz. Cans  
**HIGH NOON OR NUTRL**  
Select Varieties

**HOTSALE!**  
**16.99**  
EA

**HOTSALE!**  
**17.99**  
EA

12 Pack 12 Oz. Bottles or Cans Select Varieties  
**SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM**

**HOTSALE!**  
**21.99**  
EA

24 Pack - 12 Oz. Bottles or Cans  
**MICHELOB ULTRA**

18 Pack - 12 Oz. Bottles or Cans  
**CORONA OR HEINEKEN**  
Select Varieties

**HOTSALE!**  
**10.99**  
EA

12 Pack - 12 Oz. Bottles or Cans Select Varieties  
**MILLER HIGH LIFE, PABST OR BUSCH LIGHT**

**HOTSALE!**  
**9.99**  
EA

6 Pack - 12 Oz. Bottles  
**DEVILS BACKBONE OR STARR HILL**

6 Pack - 12 Oz. Cans  
**THREE NOTCH'D**  
Select Varieties

**HOTSALE!**  
**17.99**  
EA

12 Pack - 12 Oz. Cans Select Varieties  
**TWISTED TEA, SIMPLY SPIKED OR CAYMAN JACK**

Beer and Wine may not be available in all locations. Check your store for availability.



# DAIRY

GET YOUR DAILY DOSE OF CREAMY GOODNESS



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card Regular Retail

13.2-14.1 Oz.  
PILLSBURY  
PIE CRUSTS  
OR JUS-ROL  
PUFF PASTRY



**HOTSALE!**  
MVP  
**4.49**  
EA  
16 Oz.  
Select Varieties  
CHALLENGE OR  
DANISH CREAMERY  
BUTTER QUARTERS  
W/O MVP Card \$6.29 EA



**HOTSALE!**  
MVP  
**5/\$5**  
W/O MVP Card 2/\$3

4.5-5.3 Oz.  
Select Varieties  
CHOBANI  
GREEK OR  
ZERO SUGAR  
YOGURT



**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$5.99 EA

2 Pack  
PHILADELPHIA  
CREAM  
CHEESE BARS

14-16.5 Oz.  
Select Varieties  
Pull-A-Parts or Roll  
PILLSBURY  
READY TO BAKE  
COOKIES

**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card \$4.29 EA



**PRICED LOW EVERY DAY**  
MVP  
**7.99**  
EA  
W/O MVP Card \$9.79 EA

32 Oz.  
Select Varieties  
KRAFT  
VELVEETA  
CHEESE



**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$3.09 EA



32 Oz.  
Select Varieties  
INTERNATIONAL  
DELIGHT  
CREAMER

**HOTSALE!**  
MVP  
**3.79**  
EA  
W/O MVP Card \$4.89 EA



# BREAKFAST

10.5-11 Oz.  
Select Varieties  
GENERAL MILLS  
HONEY NUT  
CHEERIOS OR  
LUCKY CHARMS  
CEREAL

**HOTSALE!**  
MVP  
**2/\$6**  
W/O MVP Card Regular Retail



9-12.6 Oz.  
Select Varieties  
KELLOGG'S  
RICE KRISPIES OR  
CRISPIX CEREAL

**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card Regular Retail



16.8 Oz.  
JAMBA  
FRUIT SNACKS

**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card \$6.99 EA



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card \$6.49 EA

10.58 Oz.  
Select Varieties  
KIND  
BREAKFAST BARS

# FROZEN

STOCK UP ON BUDGET FRIENDLY TIMESAVERS



**PRICED LOW EVERY DAY**  
MVP  
**1.99**  
EA  
W/O MVP Card \$2.18 EA

8 Oz.  
Select Varieties  
COOL WHIP



**HOTSALE!**  
MVP  
**2/\$7**  
12 Oz.  
PILLSBURY  
DEEP DISH  
PIE CRUSTS  
W/O MVP Card \$4.99 EA



**PRICED LOW EVERY DAY**  
MVP  
**2.79**  
EA

48 Oz.  
Select Varieties  
FOOD LION  
ICE CREAM

21 Oz.  
Select Varieties  
BIRDS EYE  
VOILA! DINNERS

**HOTSALE!**  
MVP  
**4.49**  
EA  
W/O MVP Card \$6.59 EA



24 Oz.  
BIBIGO MINI  
WONTONS

**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$7.99 EA  
Single Item Half Price



64 Oz.  
Select Varieties  
ALMOND  
BREEZE  
ALMONDMILK

**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card \$3.59 EA

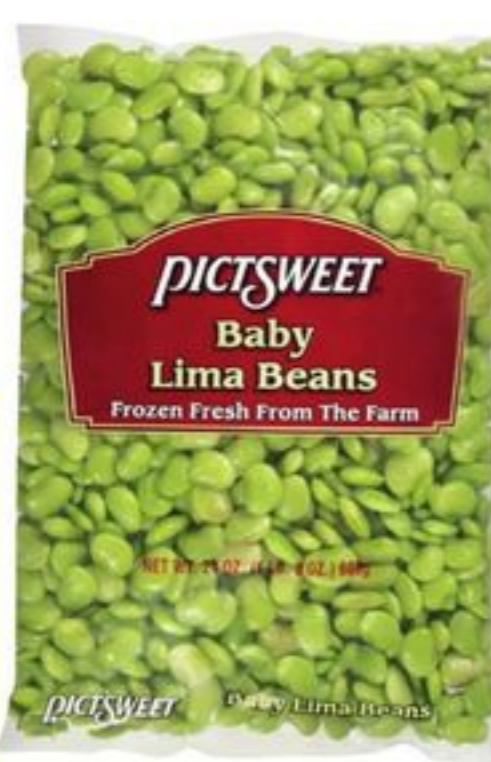


**HOTSALE!**  
MVP  
**5.99**  
EA  
W/O MVP Card Regular Retail

10-12 Ct. K-Cups  
Select Varieties  
KRUPSY KREME  
OR MCCAFE  
COFFEE

22-24 Oz.  
Select Varieties  
PICTSWEET  
FROZEN  
VEGETABLES

**HOTSALE!**  
MVP  
**2/\$6**  
W/O MVP Card \$3.99 EA



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card \$4.69 EA

13.35-16 Oz.  
Select Varieties  
STATE FAIR  
CORN DOGS

100 Ct.  
Select Varieties  
TOTINO'S  
PIZZA ROLLS

**HOTSALE!**  
MVP  
**9.99**  
EA  
W/O MVP Card \$10.99 EA



12 Ct. Single Serve Cups  
or 12 Oz. Bag  
Select Varieties  
FOOD LION  
COFFEE

**HOTSALE!**  
MVP  
**4.49**  
EA  
W/O MVP Card Regular Retail



10-15 Oz.  
Select Varieties  
SISTER SCHUBERT'S  
DINNER  
YEAST ROLLS

**HOTSALE!**  
MVP  
**2/\$7**  
W/O MVP Card \$4.49 EA



18 Oz.  
Select Varieties  
LA CHOY  
FROZEN MEALS

**HOTSALE!**  
MVP  
**4.49**  
EA  
W/O MVP Card \$6.79 EA



**MVP DIGITAL COUPON**  
load on app • web • in-store kiosk



13-17 Oz.  
Select Varieties  
OLD EL PASO  
BITES

**HOT SALE!** **8.99**  
EA  
W/O MVP Card \$9.99 EA  
MVP Coupon **-1.00** OFF!  
**7.99**  
EA  
W/MFR. DISCOUNT SAVINGS  
LIMIT!



**HOTSALE!**  
MVP  
**2/\$6**  
W/O MVP Card \$3.99 EA

16-20 Ct.  
Select Varieties  
CELESTIAL TEA



# HOUSE & HOME

BE READY FOR THE HOLIDAY SEASON

1 Ct.  
CHEF SELECT  
BASTER  
WITH BRUSH



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card \$4.99 EA



**HOTSALE!**

MVP

**3.49**  
EA

37.5-50 Sq. Ft. Heavy Duty  
or 75 Sq. Ft. Regular  
Select Varieties  
**FOOD LION  
ALUMINUM FOIL**  
W/O MVP Card \$3.99 EA



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$7.49 EA  
Single Item Half Price

2 Ct. Select Varieties  
**RUBBERMAID  
TAKEALONGS  
CONTAINERS**

2 Ct. Select Varieties  
**HANDI-FOIL  
UTILITY PANS  
WITH LIDS**



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card \$5.99 EA



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card Regular Retail

12 Ct. Wet or 16 Ct. Dry  
Select Varieties  
**FOOD LION  
FLOOR REFILLS**

32 Oz. Select Varieties  
**FOOD LION  
GLASS CLEANER  
OR CLEANER  
WITH BLEACH**

**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card Regular Retail



20-40 Ct. Select Varieties  
**FOOD LION  
PLATES  
OR BOWLS**

**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card \$2.99 EA



19 Oz. Select Varieties  
**LYSOL  
DISINFECTANT  
SPRAY**



**HOTSALE!**  
MVP  
**6.99**  
EA  
W/O MVP Card \$7.99 EA

2 Pk. Oils or  
6.2 Oz. Air  
Select Varieties  
**GLADE**

**HOTSALE!**  
MVP  
**5.79**  
EA  
W/O MVP Card Regular Retail



16 Oz. Select Varieties  
**JET DRY  
17-27 Ct. Tabs**

**HOTSALE!**  
MVP  
**7.49**  
EA  
W/O MVP Card Regular Retail



## MVP DIGITAL COUPONS



3 Pack Flats  
Select Varieties  
**KLEENEX  
FACIAL TISSUES**

**HOT SALE!** **4.99**  
EA  
W/O MVP Card \$6.49 EA  
MVP Coupon **-1.00** OFF!  
**3.99**  
EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1



12 Mega Rolls  
Select Varieties  
**COTTONELLE**

**HOT SALE!** **12.99**  
EA  
W/O MVP Card Regular Retail  
MVP Coupon **-2.00** OFF!  
**10.99**  
EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1



44 Oz. Select Varieties  
**DOWNY FABRIC  
SOFTENER**

**PRICED LOW EVERY DAY!** **4.99**  
EA  
W/O MVP Card \$6.19 EA  
MVP Coupon **-1.00** OFF!  
**3.99**  
EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1



24 Oz. Select Varieties  
**DOWNY UNSTOPABLES  
154 Oz. GAIN LAUNDRY  
DETERGENT**

**15.99**  
EA  
MVP Coupon **-3.00** OFF!  
**12.99**  
EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

# HEALTH & BABY

SAVINGS TO FEEL GOOD ABOUT



**HOTSALE!**

MVP

**6.49**  
EA

7-8 Oz. - Select Varieties  
**NOT YOUR MOTHER'S  
SHAMPOO,  
CONDITIONER OR  
DRY SHAMPOO**  
W/O MVP Card Regular Retail

18 Oz. Select Varieties  
**AVEENO  
BODY WASH**



**HOTSALE!**  
MVP  
**8.99**  
EA  
W/O MVP Card \$9.99 EA

35 Oz. Select Varieties  
**IVORY  
BODY WASH**



**HOTSALE!**  
MVP  
**5.99**  
EA  
W/O MVP Card \$7.89 EA

28-45 Ct. Select Varieties  
**EMERGEN-C  
GUMMIES OR  
DRINK MIX**



**HOTSALE!**  
MVP  
**12.99**  
EA  
W/O MVP Card \$13.99 EA



48 Ct. Select Varieties  
**NYQUIL OR  
DAYQUIL  
LIQUICAPS**

**HOT SALE!** **17.99**  
EA  
W/O MVP Card \$21.99 EA  
MVP Coupon **-2.00** OFF!  
**15.99**  
EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

1 Oz. - Select Varieties  
**BEECH-NUT  
YOGURT MELTIES**



**HOTSALE!**  
MVP  
**2/\$6**  
W/O MVP Card \$3.59 EA

4.2 Oz. Select Varieties  
**PLUM ORGANICS  
NUTRITION BARS**



**HOTSALE!**  
MVP  
**3.79**  
EA  
W/O MVP Card \$4.29 EA

**HOTSALE!**  
MVP  
**2.19**  
EA  
W/O MVP Card \$2.79 EA



56-64 Ct. Select Varieties  
**HUGGIES  
WIPES**



2.4-5.4 Oz. Select Varieties  
**CREST  
TOOTHPASTE**

**HOT SALE!** **3.99**  
EA  
W/O MVP Card Regular Retail  
MVP Coupon **-2.00** OFF!  
**1.99**  
EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1



84-148 Ct. Select Varieties  
**PAMPERS  
SWADDLERS  
ENORMOUS  
VALUE DIAPERS**

**HOT SALE!** **44.89**  
EA  
W/O MVP Card \$47.69 EA  
MVP Coupon **-5.00** OFF!  
**39.89**  
EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

# PET

24 Oz. Select Varieties and Sizes  
**MILK-BONE  
DOG BISCUITS**



**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card \$4.49 EA

6-7 Lb. Bag Select Varieties  
**IAMS  
HEALTHY  
DIGESTION  
DRY DOG FOOD**



**HOTSALE!**  
MVP  
**17.99**  
EA  
W/O MVP Card \$19.99 EA

3.15 Lb. Select Varieties  
**PURINA  
CAT CHOW**



**HOTSALE!**  
MVP  
**6.29**  
EA  
W/O MVP Card \$6.99 EA

5 Lb. Bag Select Varieties  
**BLUE BUFFALO  
TASTEFULS  
DRY CAT FOOD**



**HOTSALE!**  
MVP  
**20.99**  
EA  
W/O MVP Card \$21.99 EA



# You can count on us to keep *prices low* on fresh produce

Get what's best in season and your everyday fresh essentials, along with our 100% fresh guarantee or double your money back!



**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card Regular Retail  
Pint  
**BLUEBERRIES**



**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card Regular Retail  
6 Oz. Pkg.  
**BLACKBERRIES**



**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card Regular Retail  
**CANTALOUPE**

2 Lb. Pkg.  
**FOOD LION  
BABY CUT  
CARROTS**

**HOTSALE!**  
MVP  
**1.89**  
EA  
W/O MVP Card Regular Retail

**HOTSALE!**  
MVP  
**2.89**  
EA  
W/O MVP Card Regular Retail  
4 Ct. Tray Pack  
**FOOD LION RUSSET  
OR SWEET POTATOES**

12 Oz. Pkg.  
**PICKLING  
CUCUMBERS**

**HOTSALE!**  
MVP  
**1.99**  
EA  
W/O MVP Card Regular Retail

**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card Regular Retail  
10.5-12 Oz.  
**ANGEL SWEET OR  
WILD WONDER TOMATOES**

8 Oz. Pkg.  
**FOOD LION  
WHITE SLICED  
MUSHROOMS**

**HOTSALE!**  
MVP  
**1.89**  
EA  
W/O MVP Card Regular Retail

## Harvest *fall* flavors

**HOTSALE!**  
MVP  
**99¢**  
LB  
W/O MVP Card Regular Retail  
Spaghetti, Acorn,  
Buttercup or Butternut  
**HARD SQUASH**

16 Oz.  
Select Varieties  
**SAM'S  
FRESH SALSA**

**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card Regular Retail

**HARVEST  
BOUQUET**  
While Supplies Last!

**10.99**  
EA

## ORGANIC

2 Lb. Bags  
**NATURE'S  
PROMISE  
ORGANIC  
GRANNY  
SMITH APPLES**

**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card Regular Retail

16 Oz.  
**NATURE'S PROMISE  
ORGANIC  
CELERY HEARTS**

**HOTSALE!**  
MVP  
**3.29**  
EA  
W/O MVP Card Regular Retail



Text CountOnUs to MVPMPV (687687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply.)  
Find us online: [foodlion.com](http://foodlion.com) | [f](#) | [t](#)

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card. We reserve the right to limit quantities and correct typographical errors. Prices and availability may vary by store. Rain checks unavailable on alcohol and tobacco products.



Prices in this ad good at stores conveniently located in these cities:

## Cape Charles, Exmore, Oak Hall, Onley

W/O MVP Card Regular Retail  
We accept competitor's coupons, exceptions may apply, see store associate for details. Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores. Sale Begins Wednesday at 8 am in 24 Hour Stores.