



**SALE**  
**SAVE 66%**

**CHICKEN DRUMSTICKS OR THIGHS**  
FAMILY SIZE  
4.39/KG  
**PILONS OU HAUTS DE CUISSE DE POULET**  
20004494\_KG/20058163\_KG

**1<sup>99</sup>**  
LB

**CUT BY OUR BUTCHERS**



**SALE**  
**SAVE \$5<sup>50</sup>LB**

**SIRLOIN TIP ROAST**  
CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER  
13.21/KG  
**RÔTI DE POINTE DE SURLONGE**  
20812306\_KG

**5<sup>99</sup>**  
LB



**SALE**  
**SAVE \$1<sup>99</sup>LB**

**PORK BACK RIBS**  
CRYOVAC PACKAGE  
2'S  
8.82/KG  
**CÔTES DE DOS DE PORC**  
20769496\_KG

**\$4**  
LB



**SALE**  
**SAVE \$2**

**PC® PACIFIC LARGE WHITE SHRIMP**  
RAW OR COOKED PEELED  
31-40 PER LB FROZEN  
400 G  
**GROSSES CREVETTES BLANCHES PC®**  
20789931\_EA/20791381\_EA

**7<sup>99</sup>**



**WHEN YOU BUY 3**  
**SAVE 99¢**

**3/1<sup>98</sup>**  
LESS THAN 3  
99¢ EA.

**LARGE LEMONS**  
PRODUCT OF SOUTH AFRICA  
**GROS CITRONS**  
20028593001\_EA



PRICE  
DROP!



\$3

**BEN'S BISTRO EXPRESS**  
SELECTED VARIETIES  
240/250 G  
**BISTRO EXPRESS BEN'S**  
21404827\_EA/21404840\_EA

PRICE  
DROP!



SALE  
SAVE \$1

3<sup>50</sup>

**PC® OR BLUE MENU® ENTRÉES**  
**OR BOWLS**  
SELECTED VARIETIES  
FROZEN  
212-365 G  
**PLATS CUISINÉS OU BOLS**  
**PC™ OU MENU BLEU™**  
20312253001\_EA/20839096\_EA

PRICE  
DROP!



SALE  
SAVE \$2

\$4

**PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
6X710 ML  
**BOISSONS GAZEUSES PEPSI**  
20310546002\_C06/20310546005\_C06

PRICE  
DROP!



\$5

**KASHI CEREAL**  
SELECTED VARIETIES  
340-460 G  
**CÉRÉALES KASHI**  
20591675\_EA/20594319\_EA

\*Offer valid in-store at participating locations between October 31 - November 27, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.





Scan to see our complete digital flyer

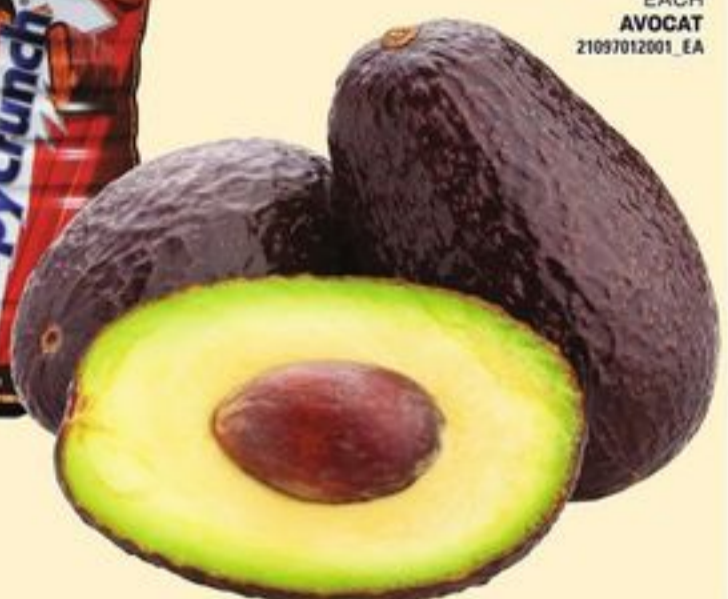
# DOLLAR DEALS

**\$1**



**NELSON MILKSHAKES**  
SELECTED VARIETIES  
310 ML  
**LAITS FRAPPÉS**  
**NEILSON**  
21040942\_EA/21040956\_EA

**CHEEMO PEROGIES**  
FROZEN  
330 G  
**PEROGIES CHEEMO**  
21597974\_EA



**AVOCADO**  
PRODUCT OF MEXICO  
EACH  
**AVOCAT**  
21097012001\_EA

**\$2**



**PC® TEA OR LEMONADE**  
SELECTED VARIETIES  
1.54 L  
**THÉ OU LIMONADE PC™**  
21430684\_EA/21506771\_EA

**PALMOLIVE DISH**  
DETERGENT  
SELECTED VARIETIES  
591/828 ML  
**DÉTÉRGENT À**  
**VAISSELLE PALMOLIVE**  
20861400\_EA/21004368\_EA



**\$2 PER POUND**

**GREENHOUSE TOMATOES ON THE VINE**  
PRODUCT OF ONTARIO OR  
**GREEN ZUCCHINI** PRODUCT OF U.S.A. OR MEXICO  
4.41/KG  
**TOMATES DE SERRE SUR VIGNE OU**  
**COURGETTE VERTE**  
20626703001\_KG/20426596001\_KG

**\$3**



**CLASSICO SAUCE**  
SELECTED VARIETIES  
600/650 ML  
**SAUCE CLASSICO**  
21618217\_EA/21618218\_EA



**BLUEBERRIES**  
PRODUCT OF PERU  
NO. 1 GRADE  
PINT  
**BLEUETS**  
20080137001\_EA



**PINT**

**MADEGOOD GRANOLA, MORNINGS BARS, SOFT BAKED**  
**COOKIES OR SQUARES** SELECTED VARIETIES  
110-150 G  
**BARRES GRANOLA, MORNINGS, BISCUITS TENDRES OU**  
**CARRÉS MADEGOOD**  
20927046\_EA/21107622\_EA

**\$5**

**CASHMERE BATHROOM**  
TISSUE 8-16 ROLLS OR  
**SCOTTIES FACIAL TISSUE**  
6'S SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE**  
**CASHMERE OU MOUCHOIRS**  
**SCOTTIES**  
20318667\_EA/21204742\_EA



**\$4**

**DR. OETKER PIZZA**  
320-410 G OR PC® THIN  
& CRISPY, LOADS OF OR  
**FLATBREAD PIZZA**  
330-455 G SELECTED  
VARIETIES, FROZEN  
**PIZZA DR. OETKER OU PIZZA**  
**MINCE ET CROUSTILLANTE,**  
**PLEINE DE OU PAIN PLAT PC™**  
20296100001\_EA/21013452\_EA







**Members save \$2**

**Optimum Members-Only Price \$5**

**Non-members \$7**

**BASSE MIX NUTS**  
SELECTED VARIETIES  
415-600 G  
**MÉLANGE DE NOIX BASSÉ**  
21158597\_EA/21158613\_EA



**NO NAME® SPICES**  
SELECTED VARIETIES  
15-250 G  
**ÉPICES SANS NOM®**  
20617758\_EA  
20618086\_EA

**GET 500¢ = 50¢ Value**

**2.99**



**SALE SAVE \$6**

**SEKKA PREMIUM MEDIUM GRAIN RICE**  
6.8 KG  
**RIZ À GRAIN MOYEN DE QUALITÉ SUPÉRIEURE SEKKA**  
21596886\_EA

**13.99**



**OIKOS GREEK YOGURT**  
650/750 G OR  
**PC® ORANGE JUICE 2.5 L**  
SELECTED VARIETIES  
**YOGOURT GREC OIKOS OU JUS D'ORANGE PC™**  
21305945\_EA/21531644\_EA

**5.99**



**PC® PUB RECIPE® OR GLUTEN-FREE CHICKEN**  
SELECTED VARIETIES  
FROZEN  
600/700 G  
**POULET PC™ RECETTE DU PUB™ OU SANS GLUTEN**  
21201320\_EA/21201321\_EA

**SALE SAVE \$2**

**\$6**



**PC® SMOKED SALMON**  
SELECTED VARIETIES  
FROZEN  
125/150 G  
**SAUMON FUMÉ PC™**  
20055009\_EA/21047088\_EA

**SAVE UP TO \$3**

**8.99**



**BLACK DIAMOND CHEESE BARS**  
400 G, SHREDS  
300-320 G OR PC® CHEESE SHREDS 250-320 G  
SELECTED VARIETIES  
**BARRES DE FROMAGE, FROMAGE RÂPÉ BLACK DIAMOND OU FROMAGE RÂPÉ PC™**  
21279221\_EA/21060207\_EA

**\$5**



**BREYERS CREAMERY STYLE**  
1.66 L OR CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT, SORBET 2 L OR SUPER NOVELTIES 6-20'S  
SELECTED VARIETIES FROZEN  
**CRÈME GLACÉE STYLE CRÈMERIE BREYERS OU PREMIUM, YOGOURT GLACÉ OU SORBET OU FRIANDISES GLACÉES SUPER CHAPMAN'S**  
20111532\_EA/20323573001\_EA

**5.99**



**BECEL MARGARINE**  
SELECTED VARIETIES  
637/850 G  
**MARGARINE BECEL**  
20297818002\_EA/20297818003\_EA

**6.99**



**CAVENDISH FRIES OR HASHBROWNS**  
SELECTED VARIETIES  
FROZEN  
800 G  
**FRITES OU POMMES DE TERRE RISSLÉES CAVENDISH**  
21602936\_EA/21604103\_EA

**WHEN YOU BUY 2 SAVE 98¢**

**2/\$5**  
LESS THAN 2 \$2.99 EA.



**NESTLÉ QUALITY STREET TZN**  
650 G  
**BOÎTE QUALITY STREET NESTLÉ**  
21548444\_EA

**19.99**



**HUMPTY DUMPTY OR OLD DUTCH CHEESE FLAVOURED SNACKS OR PARTY MIXES OR OLD DUTCH POTATO CHIPS**  
SELECTED VARIETIES  
200-290 G  
**GRIGNOTINES À SAVEUR DE FROMAGE, MÉLANGE FIESTA HUMPTY DUMPTY OU OLD DUTCH OU CROUSTILLES OLD DUTCH**  
21367546\_EA/21445100\_EA

**WHEN YOU BUY 2 SAVE 98¢**

**2/\$8**  
LESS THAN 2 \$4.49 EA.



**CATELLI PASTA**  
SELECTED VARIETIES  
325-500 G  
**PÂTES CATELLI**  
20009507901\_EA  
20315642002\_EA

**WHEN YOU BUY 2 SAVE 98¢**

**2/\$5**  
LESS THAN 2 \$2.99 EA.



**CLOVER LEAF WHITE TUNA**  
SELECTED VARIETIES  
170 G  
**THON BLANC CLOVER LEAF**  
20167571\_EA/20326358001\_EA

**SALE SAVE \$1**

**2.99**



**KRAFT DINNER ORIGINAL**  
SELECTED VARIETIES  
200 G  
**ORIGINAL KRAFT DINNER**  
21549526\_EA

**WHEN YOU BUY 3 SAVE 97¢**

**3/\$5**  
LESS THAN 3 \$1.99 EA.



**PC® 100% JUICE OR BLENDS**  
SELECTED VARIETIES  
1 L  
**JUS À 100% OU MÉLANGE PC™**  
20501952\_EA  
21080947\_EA

**SALE SAVE \$1**

**99¢**



**SPONGETOWELS PAPER TOWELS**  
SELECTED VARIETIES  
6 ROLLS  
**ESSUIE-TOUT SPONGETOWELS**  
21189812\_EA

**SALE SAVE \$4.99**

**\$7**



**ANY SIZE DOWNY OR GAIN FABRIC SOFTENER, BOUNCE, DOWNY OR GAIN DRYER SHEETS, DOWNY, GAIN OR IVORY BEADS OR DOWNY RINSE**

**WHEN YOU BUY 2 SAVE 98¢**

**2/\$8**  
LESS THAN 2 \$4.49 EA.

CUSTOMER RELATIONS 1-866-541-6315. VISIT [yourindependentgrocer.ca](http://yourindependentgrocer.ca) FOR STORE HOURS.

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**YIG BACK**







# DIGITAL COUPONS

UP TO  
**\$50**  
IN TOTAL  
VALUE

**More offers. More points.**

**CLICK FOR THESE  
COUPONS AND MORE**



**5,000 points**

When you spend \$30 or more on fresh fruits or vegetables

Ends on November 27th, 2024



**8,000 points**

When you spend \$50 or more on fresh poultry or pork

Ends on November 27th, 2024



**3,000 points**

PC® BBQ rotisserie chicken, fully cooked 900 g-1 kg

Ends on November 27th, 2024



**1,000 points**

When you buy 2 PC® The Decadent® chocolate chip cookie selected varieties 280/300 g

Ends on November 27th, 2024



**3,000 points**

PC® BBQ pork back ribs  
Somkin Stampede™ frozen 680 g

Ends on November 27th, 2024



**1,500 points**

Farmer's Market™ muffins selected varieties 6's

Ends on November 27th, 2024



**\$1 off**

Pringles Mingles 155 g or potato chips 148-203 g

Ends on November 27th, 2024



**1,000 points**

no name® canola or vegetable oil 3 L

Ends on November 27th, 2024



**\$1.25 off**

Q-Tips cotton swabs 500's

Ends on November 27th, 2024



# Produce



**If it's not fresh, it's free.\***



**PLANTAIN**  
PRODUCT OF COLOMBIA,  
HONDURAS OR GUATEMALA  
2.20/KG  
**BANANE PLANTAIN**  
20111926001\_KG

**\$1**  
LB



**PC® GREENHOUSE STRAWBERRIES**  
PRODUCT OF ONTARIO 340 G OR  
**ORGANICS BLUEBERRIES** 9.8 OZ  
PRODUCT OF PERU  
**FRAISES DE SERRE PC™** OU  
**BLEUETS PC™ BIOLOGIQUE**  
21027142001\_EA/21179969001\_EA

**\$7**



**ONTARIO FARMER'S MARKET® MINI CARROTS**  
PRODUCT OF ONTARIO,  
CANADA NO. 1 GRADE  
2 LB  
**CAROTTES MINIATURES DÉLICIES DU MARCHÉ™**  
20031454001\_KG

**4.50**



**FARMER'S MARKET® GREENHOUSE PEPPERS**  
PRODUCT OF CANADA OR MEXICO  
3'S  
**POIVRONS DE SERRE DÉLICIES DU MARCHÉ™**  
20085851001\_EA

**\$6**



**ORGANIC RASPBERRIES** 6 OZ,  
PRODUCT OF MEXICO  
OR U.S.A. \$5 EACH OR  
**PC® SWEET CARNIVAL GRAPES** PRODUCT OF U.S.A., NO. 1 GRADE \$5 LB 11.02/KG  
**FRAMBOISES BIOLOGIQUES OU RAISINS SWEET CARNIVAL PC™**  
20056190001\_EA  
21336795001\_KG

**\$5**  
EA.  
/LB



**ONTARIO LEEKS**  
PRODUCT OF ONTARIO  
EACH  
**POTREAUX**  
2009017001\_EA

**\$5**



**CLEMENTINES STEM AND LEAF** PRODUCT OF SPAIN OR PLUMCOT PRODUCT OF U.S.A., NO. 1 GRADE 8.82/KG  
**CLÉMENTINES AVEC TIGES ET FEUILLES OU PRUCOT**  
20613483001\_KG  
20176879001\_KG

**\$4**  
LB



**CANADA PC® LIVE LETTUCE BOSTON**  
PRODUCT OF CANADA  
EACH  
**LAITUE VIVANTE BOSTON PC™**  
21212489\_EA

**\$3**



**GREENHOUSE ORGANIC COLD-PRESSED JUICE OR BREAKFAST SHAKES** SELECTED VARIETIES PRODUCT OF CANADA  
**300 ML JUS PRESSÉ À FROID OU BOISSONS FRAPPÉES POUR DÉJEUNER BIOLOGIQUES GREENHOUSE**  
21107322\_EA  
21372814\_EA

**2/\$13**  
LESS THAN 2 \$7 EA.



**FRESH GUACAMOLE** 320 G OR **PICO DE GALLO SALSA** 220 G  
MADE FRESH IN-STORE  
**GUACAMOLE FRAÎCHE OU SALSA PICO DE GALLO**  
21525868\_EA/21552223\_EA

**\$5**

\*Fresh Promise: Applicable to eligible fresh produce items purchased at your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# Butcher



**LEAN GROUND BEEF FAMILY SIZE**  
15.41/KG  
**BOEUF HACHÉ MAIGRE**  
20874394\_KG

**6.99**  
LB



**PC® WHOLE CHICKEN AIR CHILLED**  
7.69/KG  
**POULET ENTIER PC™**  
20089413\_KG

**3.49**  
LB



**PC® THE ULTIMATE PORK RIB ROAST FROZEN**  
1.1 KG  
**RÔTI DE CÔTES DE PORC L'IMBATTABLE PC™**  
21616767\_EA

**\$15**



**ONTARIO STRIPLON GRILLING STEAK**  
CUT FROM CERTIFIED ONTARIO CORN FED CANADA AA GRADE BEEF OR HIGHER 37.46/KG  
**BIFTECK DE CONTRE-FILET À GRILLER**  
20798457\_KG

**16.99**  
LB



**ULTIMATE DINNER OR BREAKFAST SAUSAGE**  
SELECTED VARIETIES 375/500 G  
**SAUCISSES À REPAS OU DÉJEUNER ULTIMATE**  
21378310\_EA/21539969\_EA

**\$6**



**PC® WORLD OF FLAVOURS™ JERK CHICKEN LEGS AIR CHILLED**  
13.21/KG  
**CUISSES DE POULET À LA JERK PC™**  
**SAVEURS DU MONDE™**  
21454286\_KG

**5.99**  
LB



**ZABIHA HALAL BEEF BURGERS**  
FROZEN 678 G  
**BURGERS DE BOEUF HALAL ZABIHA**  
21551440\_EA

**\$17**



**NO NAME® BACON**  
REGULAR OR SALT REDUCED 500 G  
**BACON SANS NOM®**  
20156771\_EA/20174909\_EA

**\$6**



**PC® WINGS**  
SELECTED VARIETIES, FROZEN 700-907 G  
**AILES PC™**  
20708932\_EA/20708933\_EA

**\$17**



**PC® BBQ PORK BACK RIBS**  
680 G OR **KOREAN BEEF SHORT RIBS** 500 G  
SELECTED VARIETIES, FROZEN  
**CÔTES DE DOS DE PORC BARBECUE OU HAUTS-DE-CÔTE DE BOEUF À LA COREENNE PC™**  
20071715\_EA  
21394197\_EA

**\$15**

# Seafood

Fresh seafood items subject to availability.



**FRESH ATLANTIC SALMON PORTIONS**  
SELECTED VARIETIES 113 G  
**FILETS DE SAUMON DE L'ATLANTIQUE FRAIS**  
21018787\_EA

**3.99**



**SEA SCALLOPS**  
PREVIOUSLY FROZEN 25-35 PER LB 48.48/KG  
**PÉTONCLES GÉANTS**  
21446559\_KG

**21.99**  
LB



**TALLEY'S NEW ZEALAND GREENSHELL MUSSELS**  
FROZEN 907 G  
**MOULES VERTES DE LA NOUVELLE-ZÉLANDE TALLEY'S**  
21557953\_EA

**17.99**



**PC® PEI MUSSELS IN PROVENCE OR CREAMY WHITE WINE SAUCE** FROZEN 907 G  
**MOULES DE L'Î.-P.-É. EN SAUCE PROVENCE OU CRÈMEUSE AU VIN BLANC PC™**  
20838550\_EA  
20838560\_EA

**7.99**



# Great to go

Great to go items plus applicable taxes.

**5,000<sup>PC</sup>**  
when you buy 2

**\$5 Value**

**12 PIECE PRE-PACK SAUCED WINGS WITH CELERY AND CARROTS CHILLED**  
728 G  
**12 MORCEAUX D'AILES PRÉEMBALLÉS AVEC SAUCE AVEC CÉLÉRI ET CAROTTES**  
21532565\_EA 21532557\_EA

**\$15**



**5,000<sup>PC</sup>**

**\$5 Value**

**CHICKEN, FAJITA, GYRO OR SOUVLAKI CHICKEN TACO TRAY**  
PREPARED IN-STORE  
1-1.1 KG  
**PLATEAU DE TACOS AU POULET, FAJITA, GYRO OU POULET SOUVLAKI**  
21354582\_EA/21624669\_EA

**\$20**



**CLASSIC ITALIAN STYLE OR PULLED PORK MINI SLIDER BUNS**  
PREPARED IN-STORE  
12'S  
**MINI-BURGERS STYLE ITALIEN CLASSIQUE OU PORC EFFILOCHÉ**  
21562105\_EA/21595416\_EA

**\$16**

**1,000<sup>PC</sup>**  
when you buy 2

**\$1 Value**



**FRIED TORTILLA CHIPS**  
450 G  
**CROUSTILLES DE TORTILLA FRITES**  
21534615\_EA/21525868\_EA

**2/\$8**  
LESS THAN 2 \$5 EA.



**LARGE PREPACKAGED SALAD**  
SELECTED VARIETIES  
850/908 G  
**SALADE PRÉEMBALLÉE GRAND FORMAT**  
21544599\_EA/21544612\_EA

**\$7**

## Bakery

**3,000<sup>PC</sup>**  
when you buy 2

**\$3 Value**



**ACE BAKERY BISTROT LOAF OR ARTISAN ROLLS** SELECTED VARIETIES  
6-10'S  
**MICHE BISTROT** OU PETITS PAINS ARTISAN BOULANGERIE  
ACE  
21596345\_EA  
21616156\_EA

**4<sup>99</sup>-6<sup>99</sup>**



**BAKED IN-STORE**  
**SOURDOUGH OR PUMPERNICKEL BOULE**  
SELECTED VARIETIES  
675 G  
**PAIN AU LEVAIN** OU BOULE DE PUMPERNICKEL  
20132458\_EA/20653517\_EA

**\$4**



**BAKED IN-STORE**  
**BULK ROLLS** SELECTED VARIETIES  
**PETITS PAINS** EN VRAC  
20076950\_EA

**8/\$4**  
LESS THAN 8 79c EA.



**8 INCH PIES** SELECTED VARIETIES  
635-750 G  
**TARTE DE 8 PO**  
21297475\_EA

**\$6**



**D'ITALIANO BREAD OR BUNS** SELECTED VARIETIES AND SIZES  
**PAIN OU PETITS PAINS D'ITALIANO**  
20587369\_EA  
20038335\_EA  
21450797\_EA

**2/6<sup>50</sup>**  
LESS THAN 2 \$3.79 EA.



**SILVER HILLS SPROUTED BREAD** SELECTED SIZES AND VARIETIES OR  
**LA FOURNÉE D'ORÉE Brioche SLICED**  
BREAD 500 G  
**PAIN DE GRAINS GERMÉS SILVER HILLS** OU PAIN TRANCHÉ Brioche  
LA FOURNÉE D'ORÉE  
20978205\_EA/21047070\_EA

**5<sup>49</sup>**

## The Deli



**SCHNEIDERS PEPPERETTES**  
SCHNEIDERS PEPPERETTES  
250-375 G  
20976110\_EA  
21433636\_EA

**Members Save \$4.50**

**Optimum Members-Only Price**  
**7<sup>99</sup>**  
Non-members **12<sup>49</sup>**



**ZIGGY'S SERVICE CASE HAM** SELECTED VARIETIES  
**JAMBON ZIGGY'S DU COMPTOIR DE SERVICE**  
20313480\_KG

**1<sup>99</sup>** /100 G



**BALDERSTON CHEDDAR** 250/280 G OR **GOUDA** 170/200 G  
SELECTED VARIETIES  
**CHEDDAR OU GOUDA BALDERSTON**  
20415944\_EA/21495455\_EA

**1,000<sup>PC</sup>**

**\$1 Value**

**7<sup>99</sup>**



**PC® DOUBLE CREAM/CRÈME BRIE** SELECTED VARIETIES  
170-200 G  
**BRIE DOUBLE CRÈME PC™**  
20787327\_EA

**6<sup>99</sup>**



**PC® DIPS OR NAAN DIPPERS** SELECTED VARIETIES  
200-227 G  
**TREMPETTES** OU BOUCHÉES  
**NAAN PC™**  
20584097\_EA/21092033\_EA

**500<sup>PC</sup>**

**50<sup>c</sup> Value**

**2/\$7**  
LESS THAN 2 \$4 EA.



**SNACK FACTORY PRETZEL CRISPS** SELECTED VARIETIES  
200 G  
**PRETZEL CRISPS**  
SNACK FACTORY  
20948904\_EA/20948940\_EA

**\$6**

## Floral



**SIGNATURE GIFTING BOUQUET**  
BOUQUET-CADEAU SIGNATURE  
21436377\_EA/21436378\_EA

**\$25**



**INTERMEDIATE ROSE BUNCH**  
BOUQUET DE ROSES INTERMÉDIAIRE  
21586298\_EA

**\$10**



**6 INCH POINSETTIA**  
POINSETTIA 6 POUÇES  
21312895\_EA/20036549\_EA

**\$11**



**AMARYLLIS GARDEN** SELECTED VARIETIES  
**JARDIN D'AMARYLLIS**  
21340765\_EA

**\$20**



# DOLLAR DEALS

Everything for \$5 or less.

\$1

**PC® BLUE MENU®  
OR FREE & CLEAR  
SPARKLING WATER**  
SELECTED VARIETIES  
1 L  
20320832004\_EA  
20162061007\_EA



**NO NAME®  
INSTANT NOODLE  
SOUP CUPS**  
SELECTED  
VARIETIES  
65 G  
20301246001\_EA  
20301246002\_EA



**BABY BELLIES OR LITTLE BELLIES  
BABY SNACKS**  
SELECTED VARIETIES  
8/12 G  
21539335\_EA/21539350\_EA



**NO NAME® RICE CRACKERS**  
SELECTED VARIETIES  
100 G  
20297188002\_EA/20297188003\_EA

\$2



**NAVEL ORANGES**  
PRODUCT OF SOUTH AFRICA  
4.41/KG  
204260787001\_KG

**SWEET POTATOES**  
PRODUCT OF CANADA  
4.41/KG  
20127708001\_KG



**ONTARIO  
GREENHOUSE  
BEEFSTEAK TOMATOES**  
PRODUCT OF ONTARIO  
4.41/KG  
20426141001\_KG

**NO NAME® ENGLISH  
MUFFINS**  
WHITE OR WHOLE WHEAT  
6'S  
21297780\_EA/21297819\_EA



**BAGEL BITES  
PIZZA SNACKS**  
SELECTED  
VARIETIES  
FROZEN  
198 G  
20213483001\_EA



**I CAN'T BELIEVE  
IT'S NOT BUTTER!  
MARGARINE**  
SELECTED VARIETIES  
427 G  
20061549001\_EA



**BABY GOURMET PUFFIES OR CRUNCHERS**  
SELECTED VARIETIES  
32 G  
21597336\_EA/21597406\_EA



**BUSH'S BAKED BEANS**  
SELECTED VARIETIES  
398 ML  
20101518001\_EA/21480587\_EA



# DOLLAR DEAL\$

Everything for \$5 or less.

**2/\$3**  
LESS THAN 2  
1.75 EA.



**RAVINE CANNED MUSHROOM PIECES AND STEMS**  
284 ML  
21298248\_EA

**2/\$3**  
LESS THAN 2  
1.79 EA.



**NO NAME® CANNED VEGETABLES**  
SELECTED VARIETIES  
341/398 ML  
20303822\_EA/20323322\_EA

**\$3**



**DARE BEAR PAWS COOKIES**  
SELECTED VARIETIES  
168-240 G  
21080779\_EA/21080791\_EA



**QUAKER CRISPY MINIS OR LARGE RICE CAKES**  
SELECTED VARIETIES  
90-173 G  
20850854\_EA/20850958\_EA



**KNORR BOUILLON CUBES**  
SELECTED VARIETIES  
39-63 G  
20297436001\_EA/20297436002\_EA



**HARIBO GUMMY CANDY**  
SELECTED VARIETIES  
170-175 G  
21519578\_EA/21519517\_EA



**BEN'S BISTRO EXPRESS**  
SELECTED VARIETIES  
240/250 G  
21404827\_EA/21404840\_EA



**PC® APPLE TREE™ APPLE SAUCES**  
SELECTED VARIETIES  
6X100 ML  
20309701001\_EA/20309701002\_EA



**QUAKER DIPPES OR CHEWY GRANOLA BARS**  
SELECTED VARIETIES  
120-156 G  
21359366\_EA/20847582\_EA



# DOLLAR DEAL\$

Everything for \$5 or less.

\$4

CANTALOUPE,  
PRODUCT OF U.S.A.  
EACH OR  
RASPBERRIES  
PRODUCT OF  
MEXICO OR U.S.A.  
170 G  
20128938001\_EA  
20167017001\_EA



**NO NAME®  
CANNED FRUIT**  
SELECTED VARIETIES  
796 ML  
20618071\_EA  
20618824\_EA



**PILLSBURY TOASTER  
STRUDEL 326 G OR  
SCRAMBLES 204 G**  
SELECTED VARIETIES  
FROZEN  
20172664001\_EA  
21474507\_EA



**PC® THE DECADENT®  
CHOCOLATE CHIP COOKIE**  
SELECTED VARIETIES  
280/300 G  
20612257\_EA  
20612260\_EA



**VH SAUCES**  
SELECTED VARIETIES  
341/355 ML  
20308726001\_EA  
20309693001\_EA



**FRANK'S RED HOT OR  
THICK SAUCE**  
SELECTED VARIETIES  
354 ML  
20187632001\_EA  
21584993\_EA



**HUNGRY-MAN ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
360-455 G  
20296014003\_EA  
20296014004\_EA



**HEINZ KETCHUP**  
SELECTED VARIETIES  
375 ML  
20128881\_EA/21626173\_EA



**KELLOGG'S  
EGGO WAFFLES**  
SELECTED VARIETIES  
FROZEN  
8'S  
20302779\_EA



**Q-TIPS  
500'S**  
20323077001\_EA



# DOLLAR DEALS

Everything for \$5 or less.

**3/\$5**  
LESS THAN 2  
1.99 EA.



**PC® BLUE MENU®  
CANNED TOMATOES**  
SELECTED VARIETIES  
796 ML  
20034188\_EA/20328587\_EA

**2/\$5**  
LESS THAN 2  
2.99 EA.



**BARILLA PASTA**  
SELECTED VARIETIES  
340/410 G  
21404912\_EA/21515800\_EA

**2/\$5**  
LESS THAN 2  
2.99 EA.



**GERBER SNACKS  
OR ENTRÉES**  
SELECTED  
VARIETIES  
42-187 G  
20304618003\_EA  
20304618007\_EA

**2/\$5**  
LESS THAN 2  
2.99 EA.



**STAGG CHILI**  
SELECTED VARIETIES  
398 ML  
20091906\_EA/20300125001\_EA

**2/\$5**  
LESS THAN 2  
2.50 EA.



**FRISKIES CAT TREATS**  
SELECTED VARIETIES  
170 G  
20606841\_EA

**\$5**



**FARMER'S MARKET®  
BUTTER CROISSANTS OR  
CROISSANT BUNS**  
SELECTED VARIETIES  
270/300 G  
20975943\_EA/21577824\_EA



**KIMBERLEY'S CUPCAKES**  
SELECTED VARIETIES  
315-318 G  
21595235\_EA/21595272\_EA



**PC® ASIAN ENTRÉES OR SOUPS 300 G,  
GNOCCHI OR RISOTTO 350-400 G**  
SELECTED VARIETIES FROZEN  
21544625\_EA/21565868\_EA



**PC® COOKIE  
DOUGH BITES**  
SELECTED VARIETIES  
FROZEN  
6'S  
21506998\_EA



**BEN & JERRY'S 473 ML OR MAGNUM  
BARS 4'S SELECTED VARIETIES**  
FROZEN  
20950739\_EA/21428403\_EA



**SCHNEIDERS BREAKFAST SANDWICHES**  
204-288 G OR EGG BITES 224 G  
SELECTED VARIETIES FROZEN  
21623187\_EA/21623288\_EA



**CHEEZ-IT SNAP'D OR  
TOWN HOUSE CRACKERS**  
SELECTED VARIETIES  
260-391 G  
21107393\_EA/21451181\_EA



**PC® SKINLESS BONELESS OR  
PC® BLUE MENU® NO SALT ADDED  
SOCKEYE SALMON**  
170 G  
20548676\_EA



**HELLMANN'S  
MAYONNAISE**  
SELECTED VARIETIES  
340/445 ML  
20008233001\_EA/21591867\_EA



**BLACK DIAMOND  
COMBOS**  
SELECTED VARIETIES  
129 G  
21208641\_EA/21208897\_EA



**MINI SEEDLESS  
WATERMELONS**  
PRODUCT OF  
MEXICO OR U.S.A.  
20145379001\_EA



**JUMBO  
CAULIFLOWER**  
PRODUCT OF  
U.S.A. OR MEXICO  
NO. 1 GRADE  
201353770001\_EA



**ENERGIZER  
BATTERIES**  
AAA OR AAA4  
21103981\_EA/21184803\_EA  
CUSTOMER IS RESPONSIBLE FOR  
THE PAYMENT OF ANY APPLICABLE  
MUNICIPAL AND/OR PROVINCIAL  
DEPOSIT OR PRODUCT/PACKAGING  
RECYCLING FEE THAT MAY APPLY.



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In support of



**children's  
charity**



\*In conjunction with our partners, a maximum of \$600,000 will be collectively donated to President's Choice Children's Charity from purchases of participating products made at Loblaws, Zehrs, Valu-Mart, Your Independent Grocer, Atlantic Superstore, Dominion and Provigo stores between November 14 - 27, 2024.



YOPLAIT TUBE 8X56 G OR  
MINIGO YOGURT 6X60 G  
SELECTED VARIETIES  
21547595\_EA/21619318\_EA

**3<sup>69</sup>**



NESTLÉ CHOCOLATE  
TABLETS  
SELECTED VARIETIES  
90-120 G  
20640580\_EA/21247054\_EA

**2/\$5**  
LESS THAN 2  
\$2.99 EA.



SIGGI'S  
SELECTED VARIETIES  
4X100 G  
21589925\_EA/21590027\_EA

**3<sup>99</sup>**



SIGGI'S SKYR YOGURT  
SELECTED VARIETIES  
650/750 G  
21353874\_EA/21353892\_EA

**6<sup>99</sup>**



AMOOZA 228 G OR  
CRACKER BARREL  
CHEESE SNACKS 168 G  
SELECTED VARIETIES  
21290676\_EA/21403514\_EA

**5<sup>99</sup>**




CRACKER BARREL  
NATURAL CHEESE SLICES  
SELECTED VARIETIES  
220/240 G  
21290684\_EA/21290682\_EA

**5<sup>99</sup>**



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**Must Try**

**3,000** **\$3 Value**



**PC® NORTHERN SPANISH-STYLE BASQUE CHEESECAKE**  
FROZEN  
600 G  
21609491\_EA

**\$10**

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**Must Try**

**3,000** **\$3 Value**



**PC® HOLIDAY FEAST TURKEY (AND FIXINS) PIE**  
FROZEN  
800 G  
21613959\_EA

**\$15**

**PC® GLUTEN-FREE FLATBREAD**  
SELECTED VARIETIES  
FROZEN  
342/374 G  
21395070\_EA/21395544\_EA



**\$9**

**PC® AHI TUNA TATAKI**  
FROZEN  
130 G  
21616769\_EA



**\$13**

**PC® THAI BASIL SHRIMP SPRING ROLLS**  
FROZEN  
294 G  
20950440\_EA



**\$11**

**PC® PORK SAUSAGE ROLLS**  
FROZEN  
500 G  
21538572\_EA



**\$10**

**PC® HALLOOM CHEESE STICKS**  
FROZEN  
300 G  
21393377\_EA



**\$15**

**PC® FRENCH ONION SOUP SOUP STRAWS**  
FROZEN  
240 G  
21612011\_EA



**\$9**

**PC® SALSA CON QUESO**  
CHEESE DIP  
SELECTED VARIETIES  
400 ML  
21629531\_EA



**3.99**

**new**

**PC® ORGANICS BALSAMIC OR CAESAR DRESSING**  
350 ML  
21609744\_EA  
21609630\_EA



**5.99**

**PC® SEAFOOD SAUCE**  
SELECTED VARIETIES  
250 ML  
20023348001\_EA  
20023348002\_EA



**3.49**

**PC® SCALLOPED CRACKERS**  
SELECTED VARIETIES  
185 G  
20603888002\_EA  
20603888003\_EA



**2/\$5**  
LESS THAN 2 \$2.99 EA.

**PC® M'AQUA COCKTAIL FLAVOURED SPARKLING WATER**  
SELECTED VARIETIES  
6X355 ML  
21590669\_C06/21590813\_C06



**4.50**

**new**

**PC® FRIZZAN-TÉ SPARKLING TEA BEVERAGE**  
POMEGRANATE HIBISCUS WHITE TEA OR PEACH GINGER GREEN TEA FLAVOUR  
750 ML  
21597914\_EA/21597948\_EA



**7.50**

**PC® DEALCOHOLIZED WINE**  
SELECTED VARIETIES  
750 ML  
21045800\_EA  
21403389\_EA



**7.50**

**PC® OR BLUE MENU® COCKTAILS**  
SELECTED VARIETIES  
1.89 L  
20501279\_EA  
20506849003\_EA



**3.50**

**PC® MINI CANS**  
SELECTED VARIETIES  
6X222 ML  
21094861\_C06  
21094147\_C06



**2/\$6**  
LESS THAN 2 \$3.49 EA.

**PC® CRAFT BREWED 0.5% LOW-ALCOHOL BEER**  
SELECTED VARIETIES  
4X355 ML  
21589335\_C04  
21589408\_C04



**\$6**



# Festive cheer



PC® LARGE OUTDOOR ARRANGEMENT WITH PINE & BERRIES EACH 20144803\_EA

**\$40**



GRINCHMAS TREE EACH 20938473\_EA

**\$22**



Set the mood, hang some cheer and enjoy the scents of the season.



AMARYLLIS GARDEN SELECTED VARIETIES EACH 21340765\_EA

**\$20**



PREMIUM HOLIDAY BOUQUET EACH 21340765\_EA

**\$35**



POINSETTIA IN UPGRADED TIN 8 INCH EACH 20287881\_EA

**\$24**

# Holiday Treats For Less



ENTERTAINER CAROUSEL 450 G 20907779\_EA

**\$12**



NUTS CAROUSEL 450 G 20907921\_EA

**\$12**



PC® RAW ALMONDS 400 G 21408053\_EA

**\$8**



PC® RAW CASHEWS 680 G 21404971\_EA

**\$16**



ROYAL NUTS CALIFORNIA WALNUTS 240 G 20771610\_EA

**\$12**



PARTY PEANUTS CAROUSEL 625 G 21107309\_EA

**\$12**



ROYAL NUTS PECANS 250 G 21192386\_EA

**\$12**



FARMER'S MARKET™ HAZELNUTS 175 G 21519996\_EA

**\$8**



# Game day



**12" TAKE AND BAKE PIZZA**  
SELECTED VARIETIES  
510-739 G  
21456393\_EA/21456401\_EA

**\$9-10**

**WINGS N' TENDERS PLATTER**  
20 CHICKEN WINGS BREADED OR UNBREADED, SAUCE OF YOUR CHOICE.  
12 CHICKEN TENDERS PAIRED WITH CARROTS AND CELERY  
PLEASE ORDER THROUGH THE DELI DEPARTMENT OR PC EXPRESS, ALLOW 24 HOURS IN ADVANCED  
21558990\_EA

**\$45**



**PARTY PLATTER**  
SELECTED VARIETIES  
696 G-1.15 KG  
21217521\_EA  
21217522\_EA

**\$25**



**SANDWICH OR WRAP PLATTERS**  
SELECTED VARIETIES AND SIZES  
PREPARED IN-STORE  
1.2-3.4 KG PLEASE ORDER THROUGH THE DELI DEPARTMENT OR PC EXPRESS, ALLOW 24 HOURS IN ADVANCED  
21557919\_EA/21558135\_EA

**\$25-65**



**LARGE PREMIUM SALADS**  
SELECTED VARIETIES  
330 G  
20113593\_EA  
21594141\_EA

**\$10**



**LARGE VEGETABLE OR FRUIT PLATTER**  
PREPARED FRESH IN-STORE DAILY  
1.58-2.2 KG  
20081718\_EA  
20121599\_EA

**\$24-25**



**DELI CHARCUTERIE BOARD**  
SELECTED VARIETIES  
211-433 G  
21405538\_EA  
21405571\_EA

**\$12-15**



**PC VEGETABLE SPRING ROLLS** 574 G  
OR **MOZZARELLA STICKS** 454 G FROZEN  
21116020\_EA/20698036\_EA

**\$10**



**PC CHICKEN SAUSAGE ROLLS**  
FROZEN  
500 G  
21439588\_EA

**\$12**



**SEAQUEST SHRIMP RING WITH MILD COCKTAIL SAUCE**  
FROZEN  
454 G  
20979191\_EA

**12<sup>99</sup>**



**MAPLE LEAF TOP DOGS OR SCHNEIDERS RED HOTS WIENERS**  
SELECTED VARIETIES  
375 G  
20602429\_EA  
21093477\_EA

**5<sup>99</sup>**



**CAMPBELL'S CHILI**  
SELECTED VARIETIES  
425 ML  
20318367002\_EA

**3<sup>49</sup>**



**FRANK'S RED HOT OR THICK SAUCE**  
SELECTED VARIETIES  
354 ML  
20187632001\_EA  
20023348001\_EA

**\$4**



**PC DRY ROASTED PEANUTS**  
SELECTED VARIETIES  
700 G  
20957990001\_EA  
20957990003\_EA

**6<sup>99</sup>**



**NO NAME POTATO CHIPS**  
SELECTED VARIETIES  
200 G  
21302793\_EA  
21302821\_EA

**1<sup>99</sup>**



**PC TORTILLA CHIPS**  
SELECTED VARIETIES  
320-350 G  
20302765\_EA  
20305180\_EA

**2/\$5**  
LESS THAN 2 \$2.99 EA.



**PC DE-ALCOHOLIZED BEER**  
SELECTED VARIETIES  
12X355 ML  
20121729\_C12  
20325253\_C12

**\$8**



**GATORADE OR POWERADE SPORTS DRINK**  
SELECTED VARIETIES  
24X591 ML  
20854130\_C24  
20298835002\_C2\_EA

**23<sup>49</sup>**



**MOTT'S CLAMATO JUICE**  
1.89 L OR OCEAN SPRAY  
100% JUICE BLEND OR COCKTAIL  
1.77-1.89 L  
SELECTED VARIETIES  
2030006608\_EA  
21575320\_EA

**3<sup>99</sup>**



# Grocery



CHRISTIE RITZ, WHEAT THINS OR TRISCUIT CRACKERS SELECTED VARIETIES 175-454 G 21030905\_EA/21547034\_EA

**2/7<sup>50</sup>**  
LESS THAN 2 \$4.29 EA.

LINDT LINDOR CORNET SELECTED VARIETIES 600 G 20215793001\_EA 20215793002\_EA

Members save \$6  
Optimum  
Members-Only Price  
**16<sup>99</sup>**  
Non-members  
**22<sup>99</sup>**

FRISKIES CAT FOOD SELECTED VARIETIES 1.4-1.5 KG 20912515\_EA

Members save \$2  
Optimum  
Members-Only Price  
**6<sup>99</sup>**  
Non-members  
**8<sup>99</sup>**



KRAFT PEANUT BUTTER 750 G-1 KG OR HAZELNUT SPREAD 725 G SELECTED VARIETIES 20039581001\_EA 21285418\_EA

**2/12<sup>50</sup>**  
LESS THAN 2 \$7.79 EA.

KELLOGG'S JUMBO CEREAL SELECTED VARIETIES 825 G-1.3 KG 20072706\_EA 20815737\_EA

**9<sup>99</sup>**

iÖGO YOGURT 2 KG, OIKOS GREEK YOGURT 12X100 G SELECTED VARIETIES 20636092\_EA 21396062\_EA

**11<sup>99</sup>**



INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM SELECTED VARIETIES 396-946 ML 20895480002\_EA 20895480003\_EA

**5<sup>99</sup>**

GAY LEA SOUR CREAM SELECTED VARIETIES 500 ML 20317536001\_EA

**3<sup>49</sup>**

PC® BUTTER QTRS SELECTED VARIETIES 454 G 20313456001\_EA 20313456002\_EA

**6<sup>99</sup>**

HELUVA GOOD! FRENCH ONION DIP SELECTED VARIETIES 680 G 20312788001\_EA

**4<sup>99</sup>**



PC® BELGIAN CHOCOLATE BISCUIT COLLECTION 500 G 20967791\_EA

**13<sup>99</sup>**

PEPPERIDGE FARM GOLDFISH CRACKERS SELECTED VARIETIES 156-227/6X28 G 20320900\_EA/21575295\_EA

**2/\$7**  
LESS THAN 2 \$2.99 EA.

PC® INSTANT COFFEE 100 G OR HOT CHOCOLATE 350-500 G SELECTED VARIETIES 21499826\_EA/21549129\_EA

**4<sup>99</sup>**

CHRISTIE COOKIES SELECTED VARIETIES 170-303 G 21358407\_EA 21361512\_EA

**2/\$8**  
LESS THAN 2 \$4.99 EA.



MAXWELL HOUSE GROUND COFFEE 631-900 G, KCUP PODS 30'S OR CRANK WHOLE BEAN COFFEE 340 G SELECTED VARIETIES 21410099\_EA/21606882\_EA

**9<sup>99</sup>**

VEGA ONE® ALL-IN-ONE SHAKE SELECTED VARIETIES 827-876 G 20575566002\_EA 20645554\_EA

**59<sup>99</sup>**

DAIYA PLANT BASED PIZZA OR FLATBREAD SELECTED VARIETIES 327-550 G 21457730\_EA/21538958\_EA

**9<sup>99</sup>**

KOZY SHACK RICE PUDDING SELECTED VARIETIES 452-678 G 20323829001\_EA 20325154001\_EA

**3<sup>99</sup>**



TIDE LAUNDRY DETERGENT 3.9 L, TIDE POWER PODS 45'S, TIDE PODS OR GAIN FLINGS 76'S OR FINISH DISHWASHER TABS 51-67'S SELECTED VARIETIES 21579839\_EA 21574749\_EA

**20<sup>99</sup>**

GLAD INDOOR BAGS SELECTED VARIETIES 12-48'S 21164516\_EA 21613985\_EA

**7<sup>99</sup>**

DAWN XL JUGS SELECTED VARIETIES 2.21-2.64 L 21439098\_EA 21430600\_EA

**9<sup>99</sup>**

WHISKAS CAT FOOD SELECTED VARIETIES 12'S 20945383\_EA

**16<sup>99</sup>**



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GERBER BABY FOOD  
JARS 159-162 ML OR  
ORGANIC BABY FOOD  
POUCHES 99 G/128 ML  
SELECTED VARIETIES  
21024943\_EA/21466955\_EA

**4/\$7**  
LESS THAN 4  
\$2.29 EA.



GERBER INFANT CEREAL  
227 G OR SNACKS  
28-150 G OR AMARA  
ORGANIC INFANT  
SMOOTHIE MELTS 23 G  
SELECTED VARIETIES  
20358339007\_EA/21426240\_EA

**2/\$9**  
LESS THAN 2  
\$5.49 EA.



PEDIASURE COMPLETE  
4X235 ML OR  
INFANT'S PEDIALYTE  
SOLUTION 1 L OR FREEZER  
POPS 16X62.5 ML  
SELECTED VARIETIES  
20322414001\_EA/21416403\_EA

**9<sup>99</sup>**



ENFAMIL A+  
BABY FORMULA  
POWDER REFILL  
SELECTED  
VARIETIES  
992 G  
20435527002\_EA  
20435527003\_EA

**54<sup>99</sup>**



SIMILAC  
PRO-ADVANCE  
STEP 1 OR 2  
POWDER FORMULA  
837/859 G  
21436985\_EA/21437126\_EA

**54<sup>97</sup>**



GOOD START  
PLUS POWDER OR  
READY TO FEED  
INFANT FORMULA  
SELECTED  
VARIETIES  
942-1020 G  
21599587\_EA

**56<sup>99</sup>**



LUVS ECONO  
PACK DIAPERS  
SELECTED  
VARIETIES  
SIZE 3-7,  
88-168'S  
21589113\_EA  
21589010\_EA

**29<sup>99</sup>**



PAMPERS ECONO  
PACK DIAPERS  
SELECTED  
VARIETIES  
SIZE N-8,  
58-180'S  
21551643\_EA  
21551645\_EA

**32<sup>99</sup>**



PAMPERS OR  
HUGGIES  
9/10X WIPES  
21371309\_EA

**19<sup>99</sup>**



NINJAMAS OR HUGGIES  
GOODNITES  
NIGHTTIME  
UNDERWEAR  
SELECTED  
VARIETIES  
28-44'S  
20963933\_EA  
21308932\_EA

**26<sup>99</sup>**



DIAPER GENIE  
SYSTEMS  
AND REFILLS  
SELECTED  
VARIETIES  
3'S OR 84'S  
21549766\_EA

**20%**



HUGGIES SKIN  
ESSENTIALS  
SELECTED  
VARIETIES  
SIZE N-6,  
36-84'S  
21601202\_EA

**24<sup>99</sup>**



HUGGIES OR  
PAMPERS 1X WIPES  
SELECTED VARIETIES  
20557596\_EA/20708133\_EA

**2<sup>99</sup>**



HONEST BABY NEEDS  
SELECTED VARIETIES  
21305337\_EA/21303553\_EA

**20%**



JOHNSON'S BABY NEEDS  
SELECTED VARIETIES  
800 ML  
21112271\_EA/21113293\_EA

**8<sup>99</sup>**



# For your family



PANTENE OR L'ORÉAL HAIR EXPERTISE HAIR PRODUCTS SELECTED VARIETIES AND SIZES 60-591 ML 21080545\_EA/21424214\_EA

**7<sup>49</sup>**



MARC ANTHONY OR JOHN FRIEDA HAIR CARE SELECTED VARIETIES AND SIZES 20298861001\_EA/20310284001\_EA

**\$9**



OGX, AVEENO OR MAUI HAIR CARE SELECTED SIZES AND VARIETIES 172-340 G/100-385 ML 20312551004\_EA/21009283\_EA

**\$9**

**5,000<sup>+</sup>** when you buy 2 **\$5 Value**



AVEENO FACE, LOTION, BODY WASH BABY, SUN OR HAIR 20102023001\_EA/20300171\_EA

**SALE SAVE UP TO 20%**



VASELINE BODY LOTION 400-600 ML OR SIMPLE WIPES OR CLEANSERS SELECTED VARIETIES AND SIZES 21085011\_EA/21333057\_EA

**6<sup>99</sup>**



CUREL OR JERGENS LOTION 480/620 ML, BIORÉ CLEANSERS, SCRUBS, MASKS OR STRIPS 50-200 ML, 4-8'S, 110/130 G SELECTED VARIETIES 20743224\_EA/20856268\_EA

Members save **\$2**  
**7<sup>99</sup>**  
Non-members **9<sup>99</sup>**

**1,500<sup>+</sup>** when you buy 2 **\$1.50 Value**



ST. IVES BODY WASH SELECTED VARIETIES 650 ML 21360961\_EA

**5<sup>49</sup>**



IRISH SPRING BAR SOAP 6X104 G OR BODY WASH 591 ML OR SOFTSOAP BODY WASH 591 ML SELECTED VARIETIES 21219375\_EA/21436477\_EA

**4<sup>99</sup>**



DOVE BODY WASH 325/400 ML, BAR SOAP 3X106 G OR DEODORANT 45/74 G SELECTED VARIETIES 20302753001\_EA/21511804\_EA

**5<sup>49</sup>**



DEGREE DEODORANT SELECTED VARIETIES 48-85 G 20296452006\_EA/21425467\_EA

**2<sup>49</sup>**



LADY OR MEN'S SPEED STICK PREMIUM DEODORANT SELECTED VARIETIES 45-85 G 20348223001\_EA/20847071\_EA

**2<sup>99</sup>**



GILLETTE OR VENUS DISPOSABLE RAZORS SELECTED VARIETIES 1-8'S 20179414001\_EA/20984907\_EA

**9<sup>99</sup>**



LISTERINE ULTRA CLEAN OR TOTAL CARE MOUTHWASH SELECTED VARIETIES 1 L 20701283\_EA/21088044\_EA

**8<sup>49</sup>**



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE OR POLIDENT TABLETS 84-96'S SELECTED VARIETIES AND SIZES 20437569002\_EA/21471656\_EA

**6<sup>99</sup>**



COLGATE OPTIC WHITE OR SENSITIVE PRO-RELIEF TOOTHPASTE 70-133 ML, KIDS MANUAL TOOTHBRUSH, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES AND SIZES 21177027\_EA/21353925\_EA

**6<sup>49</sup>**



# For your family

**4,000\*** for every \$15 spent on

**\$4 Value**

**BENYLIN**  
EXTRA STRENGTH

**TYLENOL COLD**  
Extra Strength

**Cough & Chest Congestion**

FAST RELIEF in:  
Cough with Phlegm  
Chest Congestion  
Minor Bronchial Irritation  
Sore Throat  
Pain

**14<sup>99</sup>**

TYLENOL, BENYLIN OR ZARBEES COUGH, COLD AND FLU SELECTED VARIETIES AND SIZES  
20129494001\_EA/20296733001\_EA

**SALE**  
**SAVE UP TO**

**20%**

**D DROPS LIQUID VITAMIN D**  
DROPS 1.7-7.5 ML OR  
**IRON KIDS CHILDREN'S VITAMINS** 60-200'S  
SELECTED VARIETIES  
20034059\_EA/20431749001\_EA

**ENSURE PLUS CALORIE**  
OR **GLUCERNA**  
READY TO DRINK SHAKES  
SELECTED VARIETIES  
AND SIZES  
20180283003\_EA 20309848002\_EA

**13<sup>99</sup>**

**SALE**  
**SAVE UP TO**

**20%**

**SIX STAR SUPPLEMENTS**  
SELECTED VARIETIES  
AND SIZES  
20301019001\_EA/20301019004\_EA

**PEPTO BISMOL,**  
**RESTORALAX** OR  
**RESTORAFIBRE**  
DIGESTIVE HEALTH  
CHEWS 24-90'S,  
LIQUIDS 350/480 ML  
OR POWDERS 119-765 G  
SELECTED VARIETIES  
20319797002\_EA  
21380900\_EA

**SALE**  
**SAVE UP TO**

**20%**

**U BY KOTEX**  
PADS, LINERS  
OR TAMPONS  
SELECTED  
VARIETIES  
AND SIZES  
21103636\_EA/21291969\_EA

**20%**

**TENA**  
**SENSITIVE CARE**

**SALE**  
**SAVE UP TO**

**20%**

**TENA UNDERWEAR**  
OR PADS  
SELECTED  
VARIETIES  
AND SIZES  
20957897\_EA

**18<sup>99</sup>**

## For All Your Hair Care Needs

**\$5**

**Pantene** hair care  
selected varieties and sizes  
21431190\_EA/21431192\_EA

**\$4**

**Herbal Essences**  
or **Aussie** hair care  
selected varieties and sizes  
21167237\_EA/21247099\_EA

**\$8**

**Pantene**  
Nutrient Blends hair care  
selected varieties and sizes  
21245064\_EA/21243351\_EA

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**Dove**

**\$8**

**DOVE**  
Bond Strength Mask  
Intensive Repair 260 mL  
21572745\_EA

**\$8**

**DOVE**  
Hair Therapy Gorgeous  
Shampoo & Conditioner  
400 mL  
21572900\_EA/21572946\_EA

**\$12**

**Shea Moisture**  
Coconut & Hibiscus  
Curl & Shine  
Shampoo & Conditioner  
384 mL  
21433370\_EA/21433359\_EA

**\$13**

**NEXXUS**  
Therapex Shampoo &  
Humectress Conditioner  
400 mL  
21174153\_EA/21174154\_EA

**Ricola** **MAX**  
MADE WITH SWISS ALPINE HERBS  
AVEC DES HERBES ALPINES SUISSES

**EXTRA STRENGTH**  
EXTRA FORT

**Ricola**  
MADE WITH SWISS ALPINE HERBS  
AVEC DES HERBES ALPINES SUISSES

**MENTHOL CENTRES**  
CENTRES MENTHOL

RELIEVES COUGHS + SOULAGE LA TOUX

**RICOLA'S MAX THROAT RELIEF**  
COOL NEW LOOK, SAME ICY RELIEF

**1,500\*** **\$150 Value** **5<sup>99</sup>**

Ricola lozenge family bags  
selected varieties  
34145's  
21484232\_EA/21477125\_EA

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# Clean it like you mean it



**GAIN LAUNDRY DETERGENT** 4.55L/42.5'S, **GAIN OR DOWNY FABRIC SOFTENER** 2.4-3.29 L, **BEADS** 515 G, **DOWNY OR TIDE RINSE** 48 OZ OR **BOUNCE SHEETS** 240'S **SELECTED VARIETIES** 21405174\_EA/21549954\_EA

**14<sup>99</sup>**



**CLOROX BLEACH** 2.4 L OR **PINESOL CLEANER** 1.41 L **SELECTED VARIETIES** 21283179\_EA/20298679001\_EA

**4<sup>49</sup>**



**PUREX** 4.08-4.43 L, **PERSIL** 2.21 L OR **SUNLIGHT** 4 L **LAUNDRY DETERGENT, SNUGGLE FABRIC SOFTENER** 2.8-3.41 L OR **SHEETS** 200'S **SELECTED VARIETIES** 20083525001\_EA/20952139\_EA

**12<sup>99</sup>**



**LYSOL WIPES** 75-84'S, **LYSOL DISINFECTANT SPRAY** 350 G OR **TOILET BOWL CLEANER** 946 ML **SELECTED VARIETIES** 21449826\_EA/21449829\_EA

**2/13**  
LESS THAN 2 \$7.99 EA.



**TRU EARTH LAUNDRY STRIPS** 64'S 21554580\_EA

**19<sup>99</sup>**



**CASCADE DISHWASHER TABS** 90-110'S, **PLATINUM PLUS** 67'S OR **PLATINUM PLUS** 51'S **SELECTED VARIETIES** 21012172\_EA/21518479\_EA

**22<sup>99</sup>**



**LYSOL LAUNDRY DISINFECTANT** 1.2 L OR **RESOLVE IN WASH POWDER OR SPRAYS** 625 G/650 ML **SELECTED VARIETIES** 21487308\_EA/21218190\_EA

**7<sup>99</sup>**



**ZIPLOC VALUE PACKS** **SELECTED VARIETIES** 10-180'S 20316804002\_EA/20869345\_EA

**7<sup>99</sup>**



**PC® PLANET FIRST™ DISH DETERGENT** **SELECTED VARIETIES** 740 ML 21549800\_EA/21549817\_EA

**2<sup>99</sup>**



**METHOD DISH SOAP** 532 ML, **CLEANERS** 828 ML OR **ALLEN'S VINEGAR CLEANERS** 950 ML **SELECTED VARIETIES** 21027302\_EA/21518335\_EA

**4<sup>99</sup>**



**GLAD OUTDOOR BAGS** **SELECTED VARIETIES** 10-40'S 20166439001\_EA/21165477\_EA

**11<sup>99</sup>**



**SCOTCH-BRITE SPONGES, SCOURS OR DISH WANDS** **EACH OR WEIMAN CLEANERS** 355-710 ML **SELECTED VARIETIES** 20251891\_EA/20976696\_EA

**4<sup>49</sup>**



**SWIFFER DUSTERS** 6-10'S OR **DRY OR WET CLOTHS** 12-32'S **SELECTED VARIETIES** 20028650\_EA/20974371\_EA

**11<sup>99</sup>**



**FLEECY FABRIC SOFTENER** 1.36 L OR **SHEETS** 80'S **SELECTED VARIETIES** 21311876\_EA/20311072001\_EA

**4<sup>99</sup>**



**ALLEN'S CLEANING VINEGAR** **SELECTED VARIETIES** 2.5 L 20977116\_EA/21166038\_EA

**3<sup>99</sup>**



**OXICLEAN POWDER** 1.28-1.36 KG, **AIR WICK SCENTED OIL REFILLS** TWIN PACK 2/20 ML OR **ESSENTIAL MIST KITS** **SELECTED VARIETIES** 21495649\_EA/20432579\_EA

**10<sup>49</sup>**



**VILEDA OSKAR BROOM OR SUPER TWIST MOP** **SELECTED VARIETIES** **EACH** 20001949\_EA/20856312\_EA

**12<sup>99</sup>**



**FEBREZE AIR** 250 G, **CAR CLIPS** 1'S OR **SMALL SPACES** 1'S **SELECTED VARIETIES** 21005017\_EA/21219476\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.



**Saputo**

**SAPUTO CHEESE BRINGS EVERYONE TOGETHER FOR THE HOLIDAY SEASON!**

In 200 Milk category, based on the 2023 In-store Milk Cohesion Shopper Study.

**10<sup>99</sup>**  
 MOZZARELLISSMA CHEESE BLOCKS 690-700 G  
**SAPUTO**  
 20107017001\_EA

**6<sup>49</sup>**  
 LACTOSE FREE CHEESE BLOCK 400 G  
**PRESIDENT'S CHOICE**  
 21333360\_EA

**10<sup>49</sup>**  
 LACTOSE FREE MILK 4 L SELECTED VARIETIES  
**NEILSON**  
 20039684\_EA  
 20159579\_EA

**4<sup>49</sup>**  
 LACTOSE FREE MILK & CREAM 1 L SELECTED VARIETIES  
**NEILSON**  
 21007133\_EA  
 20025432002\_EA

**2/\$10 LESS THAN 2 \$5.49 EA.**  
 CHEESE SLICES 210 G  
**PRESIDENT'S CHOICE**  
 21405953\_EA

**6<sup>49</sup>**  
 LACTOSE FREE MILK & PROTEIN BEVERAGE 2 L SELECTED VARIETIES  
**NEILSON**  
 20188053001\_EA  
 21554369\_EA

**MAKE GREAT PIZZA**

**5<sup>49</sup>**  
**SAPUTO**  
 FETA  
 SELECTED VARIETIES  
 170-200 g  
 20572975\_EA

**6<sup>99</sup>**  
**PILLER'S**  
 PEPPERONI TOPPINOS  
 SELECTED VARIETIES  
 175-250 g  
 20042333\_EA

**7<sup>99</sup>**  
**SAPUTO**  
 SHREDS  
 SELECTED VARIETIES  
 140 g  
 21081213\_EA

**5<sup>99</sup>**  
**SAPUTO**  
 BOCCONCINI & FRESH MOZZARELLA  
 190-200 g  
 21051214\_EA

**6<sup>99</sup>**  
**PILLER'S**  
 CHARCUTERIE  
 SELECTED VARIETIES  
 125 g  
 21455310\_EA

**QUALITY • VALUE • FLAVOUR**

**delicatessen ORIGINALS** 400 g **\$8**  
 turkey breast / porcini de dinde / black forest ham / jambon fumé noir

**delicatessen ORIGINALS** 175 g **\$4**  
 Mozzarella Shredded Meat / viande hachée

**SMOKE HOUSE** 225 g **\$6**  
 naturally smoked pepperoni

**SNACK STICK! naturals** 200 g **\$5**  
 original cheddar

**Gold Label**  
 EST. 1935

Gold Label Delicatessen Originals • selected varieties 375-400 g • 21611398\_EA  
 Gold Label Delicatessen Originals • selected varieties 175 g • 21599861\_EA  
 Gold Label Smoke House Pepperoni • selected varieties 225 g • 21507918\_EA  
 Gold Label Snack Stick Naturals • select varieties 200 g • 21635833\_EA

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**Tre Stelle**

Original 21316018\_EA **LESS THAN 2 \$4.99 EA.**  
**2/\$8.50**

**1,750<sup>00</sup>** when you buy 2 **\$175 Value**

**Herbs & Spices** 2117728\_EA  
**Lactose-Free** 21002993\_EA  
**Light** 21316006\_EA  
**Sun-Ripened Tomato** 21530362\_EA

**Our butchers cut quality meat in your store every day!**

**pork loin schnitzel** 21588065\_EA

**lean beef meatballs plain** 21587897\_EA

**beef stir fry strips** cut from Canada-AA grade beef or higher 21588067\_EA

**pork stir fry strips** 21588095\_EA

**chicken stir fry strips** 21588091\_EA

**IT'S THE SEASON FOR Dazzling Delights**

**PC<sup>®</sup> Candy Ice Cream** 15 L or Mini Bars 6x55 mL 20810224\_EA/20911591\_EA **5<sup>99</sup>** Selected Varieties

**PC<sup>®</sup> Cookie Dough Ice Cream Bites** 6 x 30 mL 21545109\_EA **\$5** Selected Varieties

**PC<sup>®</sup> Homestyle Butter pie crusts frozen** 330 g 20310882\_EA **\$6** Selected Varieties

**Cool Whip Dessert Topping** 1 L 20030369001\_EA **4<sup>99</sup>** Selected Varieties

**PC<sup>®</sup> Frozen Fruit** 300 - 600 g 20312227\_EA **LESS THAN 2 \$5.99 EA.**  
**2/\$10** Selected Varieties

**Cool Whip Raspberry Swirl Torte**  
 FIND DELICIOUS RECIPES AT [KRAFTCANADA.CA](http://KRAFTCANADA.CA)

**ADD SOME FLAVOUR TO YOUR HOME COOKING**

**\$5<sup>99</sup>**  
**Nando's Peri Peri Sauce** 250 mL  
 Selected Varieties  
 21004222\_EA

**\$5<sup>99</sup>**  
**Nando's Perinaise** 450 mL  
 Selected Varieties  
 21366089\_EA

**\$3<sup>49</sup>**  
**Tabasco Pepper Sauce** 57 mL  
 Selected Varieties  
 20037570\_EA

**\$8<sup>49</sup>**  
**Maille Mustard** 500 mL  
 Selected Varieties  
 20032602001\_EA

**\$10<sup>99</sup>**  
**Rao's Sauce** 660 mL  
 Selected Varieties  
 20086654001\_EA

**\$1<sup>99</sup>**  
**Delverde Pasta** 250-450 g  
 Selected Varieties  
 20317975007\_EA

**1-800-4-FOODS**  
 I-D Foods Corporation  
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CINEPLEX GIFT CARDS

★ ★ ★  
**\$5<sup>99</sup>**

General Mills™  
Family Size Cereal  
selected varieties  
516-725 g



21103499\_EA/21103495\_EA



LESS THAN 2 \$3.99 EA.  
**2/6<sup>50</sup>**

Betty Crocker™ Fruit  
Snacks 128-141 g, Nature  
Valley™ Granola Bars  
128-230 g  
selected varieties



20318474002\_EA  
20315520002\_EA

†† NO PURCHASE NECESSARY FOR CONTEST. CONTEST ENDS JANUARY 1, 2025. SEE PARTICIPATING GENERAL MILLS PRODUCTS FOR DETAILS.

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**\$7<sup>49</sup>** Yoplait® Source®  
selected varieties  
16x100 g

20317317001\_EA  
20317317002\_EA



**\$6<sup>99</sup>** Liberté Greek®  
selected varieties  
650-750 g

20704361002\_EA



LESS THAN 2 \$5.69 EA.

**2/\$9** Liberté Greek®  
selected varieties  
4x100 mL

20604024001\_EA



**\$12<sup>99</sup>** Yoplait® YOP®  
Drinkable Yogurt  
selected varieties  
12x200 mL

21550408\_EA  
21481820\_EA



LESS THAN 2 \$4.99 EA.

**2/\$8** Pillsbury™  
Seasonal Cookies  
selected varieties  
260 g

21305885\_EA  
21403187\_EA



**\$3<sup>69</sup>** Yoplait® Tubes®  
selected varieties  
8x56 g

21547595\_EA  
21547587\_EA

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Made Easy.



PORK MEATBALLS OR  
SAUSAGES VALUE PACK  
1 kg  
21047660\_EA  
**\$14**



FROZEN PATTIES,  
SAUSAGES OR SOUVLAKI  
600 g - 1.4 kg  
20799699\_EA  
**\$14**



ASSORTED  
JUMBO SAUSAGES  
675 g  
21289731\_EA  
**\$8**



SOUVLAKI CHICKEN BREAST KABOBS  
VALUE PACK  
480 - 640 g  
21041735\_EA  
**\$16<sup>99</sup>**



PORK SIRLOIN ROAST  
SWEET CHILI LIME  
800 g  
21339978\_EA  
**\$11<sup>99</sup>**



MARINATED STRIPS  
CHICKEN OR PORK  
454 g  
21630133\_EA  
**\$8<sup>49</sup>**

BEYOND MEAT  
PROTEIN  
PACKED  
MEALS  
WITH  
BEYOND.  
Cooks and grills  
like meat.

INTRODUCING  
BEYOND STEAK®  
21590909\_EA - 226 g  
**\$6**



24 g OF PROTEIN\*  
\*Per 100 g serving



BEYOND BURGER®  
21193815\_EA - 226 g  
**\$6**



BEYOND BREAKFAST SAUSAGE®  
21399630\_EA - 235 g  
**\$6**



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21527730\_EA - 226 g  
**\$6**



BEYOND BEEF®  
21220674\_EA - 340 g  
**\$6**



BEYOND SAUSAGE®  
Mid Italian: 21300113\_EA - 400 g  
**\$6**



BEYOND SAUSAGE®  
Hot Italian: 21300103\_EA - 400 g  
**\$6**



BEYOND BURGER®  
21378994\_EA - 678 g  
**\$18**

\*Than the average leading brands of Hot/Mid Italian Sausage



RICOLA'S MAX THROAT RELIEF

COOL NEW LOOK, SAME ICY RELIEF

RICOLA LOZENGE FAMILY BAGS  
SELECTED VARIETIES  
34/45'S  
21484232\_EA/21477125\_EA

**5<sup>99</sup>**

1,500\*

\$150  
Value

SLEEP WELL ENERGIZE MORE STRESS LESS  
NATURAL SOLUTIONS  
FOR ALL OF LIFE'S UPS AND DOWNS



A RESTFUL NIGHT



RELAXATION



NATURAL ENERGY

SAVE UP TO  
**30% OFF**  
Jamieson herbal or mineral  
supplements  
selected varieties

21040287\_EA/20311899\_EA/21293008\_EA

Jamieson  
HERE FOR YOUR HEALTH





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LESS THAN 2 \$7.99 EA.  
**2/\$14**

7UP® Soft Drink 12x355 mL, selected varieties 21622972\_C12 or SCHWEPPE'S® Ginger Ale 12x355 mL, selected varieties 20326184005\_C12



LESS THAN 2 \$4.99 EA.  
**2/\$8**

PEPSI® Soft Drink 6x222 mL, selected varieties 20857560004\_C06 or 6x222 mL, selected varieties 21189960\_C06



LESS THAN 2 \$7.49 EA.  
**2/\$13**

bubly™ sparkling water beverage selected varieties 12x355 mL 21549114\_C12



LESS THAN 2 \$1.99 EA.

**2/\$3**

MONTELLIER® SPARKLING WATER selected varieties 1L 20662284\_EA



LESS THAN 2 \$7.49 EA.

**2/\$13**

MONTELLIER® selected varieties 10x355 mL 21096722\_C10



**ROCKSTAR ENERGY DRINK**

LESS THAN 2 \$3.79 EA.

**2/\$6**

ROCKSTAR® Energy Drink selected varieties 473 mL 21617864\_EA 21617780\_EA



This product may not be suitable for everyone. Read the label and follow directions for use.

LESS THAN 2 \$7.49 EA.  
**2/\$13**

GATORADE® ZERO Sports Drink selected varieties 6x591 mL 21585260\_C06 or GATORADE® Powder Sticks selected varieties 10x3 g 21603385\_EA



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STARBUCKS® ICED COFFEE 1.42 L, STARBUCKS® ICED ESPRESSO BEVERAGE OR COLD BREW BEVERAGE 1.18 L. SELECTED VARIETIES 21630594\_EA



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from **4.99**

Twinnings Tea Selected Varieties Pack of 18/20 20308033001\_EA

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