

BIG HOLIDAY DEALS!

ONLY
4.99

5 LB BOX

CLEMENTINES
product of Morocco or Spain
clementines
30182346001 EA



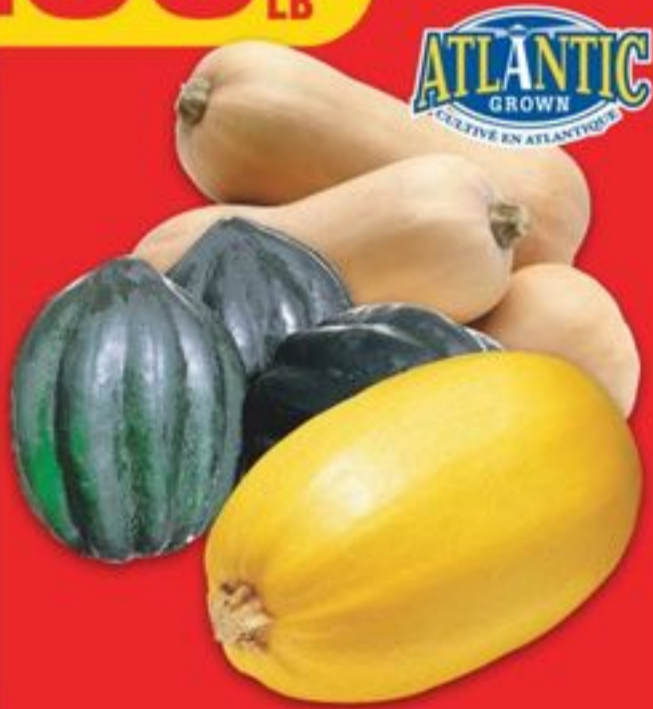
SAVE 22%
1.55

BROCCOLI CROWNS
product of Mexico, U.S.A. or
Canada, each
couronnes de brocoli
31121340001 EA



SAVE UP TO 55%
.88 LB

**ACORN, BUTTERCUP,
BUTTERNUT or
SPAGHETTI SQUASH**
product of Atlantic Provinces
courge
1.94/kg
30071343001 80



SAVE 28%
4.99

3 L

PC® APPLE CIDER
produced in Canada
cidre de pommes
30000001 EA



BIG HOLIDAY DEALS!

NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, NOVEMBER 21 TO WEDNESDAY, NOVEMBER 27, 2024.



WOW!

8.88
LB

T-BONE or WING STEAK
cut from ungraded beef
biftek d'aloyau ou
biftek de côte d'aloyau
19.58/kg
21821577_R3

SAVE 43%

3.97



JOHNSONVILLE DINNER SAUSAGES, BREAKFAST SAUSAGES or ROUNDS or ITALIAN GRINDS
selected varieties, 250-500 g
saucisses ou rondines ou viande hachée
2011428_SA



SAVE 25%

4.49

FARMER'S MARKET MUFFINS
selected varieties
6's
muffins
21283256_SA/21283258_SA



WHOLE CHICKEN
fresh
poulet entier
5.49/kg
2072906_R3

SAVE 44%

2.49
LB

ONLY
5.49

GENERAL MILLS FAMILY SIZE CEREAL
selected varieties
475-778 g
céréales
21103492_SA/21103493_SA



SAVE 42%

1.88

I CAN'T BELIEVE IT'S NOT BUTTER! MARGARINE
427 g
margarine
2066194901_SA



SAVE UP TO 43%

2.27

LECLERC CELEBRATION COOKIES
selected varieties
240 g
biscuits
2085379701_SA



SAVE 28%

2.49

CAVENDISH QUICK CRISP PREMIUM or PATTIES
selected varieties, frozen, 400-750 g
frites ou galettes de pommes de terre
21184077_SA



SAVE UP TO 43%

12.99

ROYALE BATHROOM TISSUE or TIGER TOWELS
selected varieties
papier hygiénique ou essuie-tout
21278232_SA/21284704_SA



SAVE 37%

9.99

FINISH AUTO DISH ADDITIVES 30-55's or 946 mL, **TIDE LIQUID** 1.86 L or **PODS** 31/23/18's, **LAUNDRY DETERGENT**, **DOWNY FABRIC SOFTENER** 1.89-2.63 L, **DOWNY or GAIN SCENT BOOSTERS** 379 g or **BOUNCE DRYER SHEETS** 120/200's
selected varieties
complément de détergent pour lave-vaisselle ou additifs ou détergent ou assouplissant ou rehausseurs de parfum ou feuilles
21345522_SA/21393792_SA



BIG HOLIDAY DEALS!



\$1

ALLEN'S FRUIT COCKTAIL 1 L or **OASIS JUICE**, **DEL MONTE NECTAR** or **ARIZONA ICED TEA** 950 mL selected varieties cocktail de fruit ou jus de nectar ou thé glacé 30336/23005 SA/20894117004 SA



\$1

GREEN GIANT VEGETABLES selected varieties 341/298 mL légumes 21031179 SA/21021234 SA



\$1

MICHELINA'S ENTRÉES selected varieties, frozen 156-284 g plats cuisinés 2128614 SA/21286174 SA



\$1

TITAN ALUMINUM FOIL or **WAX PAPER** 25 ft papier d'aluminium ou papier cire 2009340 SA/21408422 SA



\$1

BODY ARMOR SPORTS DRINK selected varieties 473 mL boisson déshydratante 21582806 SA

BIG HOLIDAY DEALS!

SAVE UP TO 34%

229

**CAMPBELL'S
CHUNKY SOUP** 515 mL or
**PEPPERIDGE FARM
GOLDFISH CRACKERS**

156-200 g
selected varieties
soupe ou craquelins
20300320_EA/21480447_EA



BIG HOLIDAY DEALS!



3.99
LB

GREEN or RED SEEDLESS GRAPES
product of U.S.A., no. 1 grade
raisins verts ou rouges sans pépins
8.80/kg
30425773001 EA/301319199001 EO



6 OZ CLAMHELL

PINEAPPLE
product of Costa Rica or
RASPBERRIES
product of Mexico or U.S.A.,
no. 1 grade
ananas ou framboises
301460970001 EA/301318790001 EA

3.99



2.99
LB

TOMATOES ON THE VINE
product of Canada, Mexico or U.S.A.
tomates sur vigne
6.59/kg
30028703001 EO



CAULIFLOWER
product of Mexico or U.S.A.,
no. 1 grade
chou-fleur
301333770001 EA

4.99

3.99

AVOCADOS
product of Mexico or
CANTALOUPE
product of U.S.A. or Guatemala,
no. 1 grade
avocat ou cantaloups
30142233001 EA/30187017001 EA



PKG OF 5

2.99

POMEGRANATE
product of U.S.A.
grade
30134767001 EA



1.29

RED MANGO
product of Brazil
mangue
mangue rouge
30059633001 EA



4.99

4 LB BAG

FARMER'S MARKET ROYA GALA - MCINTOSH APPLES
product of Alberta, PEV, Ontario,
Canada honey grade
300799001 EA/30131011001 EA



3.99

GROWN IN CANADA

680 G

PC LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES
product of Canada,
Canada no. 1 grade
mini-pommes de terre variées
301479901 EA/3013799001 EA



\$4

2 LB BAG

FARMER'S MARKET LEMONS
product of South Africa or Spain
citrons
30190210001 EA



4.99

PKG OF 4

FARMER'S MARKET SWEET PEPPERS
product of Mexico
piments
301370001 EA



3.99

LILYDALE TURKEY BREAKFAST SAUSAGES
selected varieties
373 g
saucisses de dinde à déjeuner
30137001 EA



5.99

SCHNEIDERS JUICY JUMBOS - SMOKED SAUSAGES
373-430 g
saucisses à hot dog au goût fumé
3013011 EA



9.99
LB

TOP BLADE STEAK
sélectionné
steak de bœuf de grade
33.00/kg
300284001 EA



2.99

WONDER BREAD 500-675 g or BUNS 85 selected varieties pain ou petits pains 300799001 EA/30131011001 EA



3.50

ZIGGY'S SLICED MEAT selected varieties 373/300 g jambon fumé 30137001 EA/301370001 EA



4.50

FARMER'S MARKET LOAF CAKES selected varieties 344 290 g 30137001 EA/301370001 EA



5.99

SEAQUEST FROZEN FISH FILLETS selected varieties, 400 g 30137001 EA/301370001 EA



BIG HOLIDAY DEALS!



SAVE 37%
4.99

**HELUVA GOOD!
FRENCH ONION DIP**
680 g
trempelette
3031379801 SA



**ONLY
4.49**

PC FROZEN FRUIT
selected varieties
300-600 g
fruits surgelés
30313227 SA/3137941 SA



**HÄAGEN-DAZS
ICE CREAM** 400-450 ml or
NOVELTIES 3/4 l
selected varieties, frozen
crème glacée ou friandises glacées
3030299001 SA/31313347 SA



**ONLY
5.49**

1.69

**KNORR or LIPTON
SOUP MIX**
selected varieties
80-160 g
mélange à soupe
3029973 SA/30308188001 SA



1.99

PC PASTA
selected varieties
454 g
pâtes
312001378 SA



\$13

**PC LASAGNAS
or MAC & CHEESE**
Club Size,
selected varieties, frozen
2/2.27 kg
lasagne ou macaroni au fromage
30134930 SA/31118393 SA



\$3

**MONSTER or RED BULL
ENERGY DRINKS**
selected varieties
between 473 ml and 250 ml
boissons énergisantes
3079346 SA/30928247 SA



**ORGANIC
3.49**

**PC ORGANICS
APPLE JUICE**
1.36 l
jus de pomme
31200313 SA



\$4

**EXCEL GUM
MULTIPACK** 75/77 g
or **KINDER
CHOCOLATE** 60-143 g
selected varieties
gomme au chocolat
30791031 SA/31423038 SA



9.99

**OXI CLEAN
STAIN REMOVER**
1.38/1.36 kg
déodorant
30433079 SA



10.99

**ROYALE FACIAL
TISSUE**
12x100 sheets
mouchoirs
30790290 SA



17.99

**TERRA DELYSSA
EXTRA VIRGIN
OLIVE OIL**
1 l
huile d'olive extra vierge
30791941 SA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn*
3,000 pts

for every \$10* spent on
Kellogg's family size cereal

selected varieties
480-650 g
31430738 SA

\$3
value



1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

CHAPMAN'S YUKON 6's or PREMIUM ICE CREAM 2L
selected varieties, frozen
crème glacée



PRICE DROP

4.99

DANONE OIKOS TUBS 650/750 g or ACTIVIA DRINKS 8's YOGURT
selected varieties
contenants de yogourt ou yogourt à boire



PRICE DROP

5.50

PRICE DROP

6.99

TASTIEZ 400 g or MCCAIN PIZZA POCKETS 600 g
selected varieties, frozen
pizza

PC® GOAT CHEESE LOGS
selected varieties
140 g
bâtonnets de chèvre



PRICE DROP

4.49

PC® SPLENDIDO™ PARMIGIANO REGGIANO or GRANA PADANO
250 g
fromage



PRICE DROP

9.99

CHRIS BROTHERS PEPPERONI STICKS
selected varieties
230 g
bâtonnets de pepperoni



PRICE DROP

4.99

MARINA DEL REY WILD ARGENTINIAN RAW SHRIMP
20-30 per lb., 300 g or
SEAQUEST® COLOSSAL RAW WHITE SHRIMP
16-20 per lb., 300 g, frozen
crevettes crues d'Argentine sauvages
ou crevettes blanches crues colossales



PRICE DROP

7.99

NO ARTIFICIAL FLAVOURS OR COLOURS



PRICE DROP

\$3

KELLOGG'S RICE KRISPIES POP TARTS 204 g, SPECIAL K or NUTRI-GRAIN 293 g BARS
selected varieties
barres

J.L. KRAFT PURE DRESSINGS
selected varieties
255 mL
 vinaigrette

PRICE DROP

3.99



PRICE DROP

6.99

PC® CHOCOLATE GOLD BAR 300 g or LINDT LINDOR CHOCOLATE BAG 130 g
selected varieties
barres de chocolat ou sacs de chocolat



PRICE DROP

2.69

STAGG CHILI
selected varieties
425 g
chili



PRICE DROP

8.99

PC® ORGANICS DARK CHOCOLATE
70% or 85%
300 g
chocolat noir biologique



PRICE DROP

15.99

GAIN LIQUID 4.53 L or FLINGS 4Z LAUNDRY DETERGENT
selected varieties
détergent à lessive

BIG HOLIDAY DEALS!



PC® FROZEN VEGETABLES
selected varieties
400-750 g
Épaves surgelées
30129634 SA/30119115 SA

SAVE 20%
\$3



ONLY
4.99

CHAPMAN'S SUPER NOVELTIES
selected varieties, frozen
8-200 g
friandises glacées
3007328001 SA/30111532 SA



HIGH LINER FAMILY FAVOURITES FISH or SHRIMP
selected varieties, frozen
300-700 g
poisson ou crevettes
3029836001 SA/3012299004 SA

SAVE UP TO 45%
\$6

3.49

SCOTSBURN SOUR CREAM
selected varieties
500 mL
crème sure
3121060 SA



4.99

GIUSEPPE THIN or RISING CRUST PIZZA
selected varieties, frozen
439-785 g
pizza
3119681 SA



6.99

TWININGS TEA 50's or STARBUCKS NESPRESSO CAPSULES
10's selected varieties
10's selected varieties
31111078 SA/31143811 SA



\$2

DARE CRACKERS
selected varieties
100-225 g
craquelins
30173270 SA/3120844 SA



\$12

NATURE VALLEY FIBRE 1 BARS, BETTY CROCKER or MOTT'S FRUIT SNACKS
4-6's selected varieties
437 g-1.26 kg
barres de collations aux fruits
31418302 SA/31418317 SA



17.99

TIM HORTONS ROAST AND GROUND COFFEE 875/930 g or PODS 30's
selected varieties
café torréfié et moulu ou capsules
30073270 SA/31143811 SA



2.99

OASIS JUICE, ARIZONA ICED TEA DRINK BOXES or ALLEN'S APPLE or CRANBERRY COCKTAIL 1.89 L
selected varieties
jus ou the glacé ou cocktail
3011314003 SA/31189196 SA



.79

NO NAME® CREAM OF MUSHROOM, TOMATO, VEGETABLE or CHICKEN NOODLE SOUP
284 mL
soupe
30418883 SA



1.29

CAMPBELL'S CONDENSED SOUP
selected varieties
284 mL
soupe
3027348002 SA



3.99

COCA-COLA or PEPSI SOFT DRINKS
selected varieties
4x750 mL
boissons gazeuses
3012104001 CM/30112743002 CM



1.79

AYLMER ACCENTS TOMATOES
selected varieties
540 mL
tomates
31307187 SA



\$2

OCEAN SPRAY CRANBERRY SAUCE
selected varieties
248 mL
sauce aux canneberges
3002787003 SA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.



NOVEMBER

**HIT
OF THE
MONTH**



PC® Kettle Cooked Potato Chips

Selected varieties, 200 g
Limit: 6, over limit retail \$2.50



D'Italiano Gusto! Bagels

Selected varieties, 6's
Limit: 6, over limit retail \$4.49



**Granarolo Quattrocento Parmesan Style
Wedge, 200 g or Piller's Kolbassa 250-375 g**

Selected varieties
Limit: 6, over limit retail \$6.00



Hershey's Chocolate Pouches

Selected varieties, 180-230 g

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from November 1st - 30th, 2024.

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **10,000 pts**

\$10
value

when you spend \$50* or more on baby diapers, wipes, formula, food, needs or accessories

all varieties and sizes
couches ou lingettes de préparation pour nourisson ou aliments ou articles ou accessoires
20147213 EA/20158339607 EA/20159163 EA/21342731 EA



PRICE DROP
32⁹⁹

PAMPERS ECONO PACK DIAPERS
size N-8, selected varieties
58-160's
couches
21321448 EA



PRICE DROP
34⁹⁹

HUGGIES ECONO PACK DIAPERS
size N-8, selected varieties
68-168's
couches
21426432 EA



PRICE DROP
26⁹⁹

HUGGIES PULL UPS or GOODNITES CLUB PACK TRAINING PANTS
selected varieties
28-74's
couches ou culottes d'entraînement
21371197 EA/21371646 EA



PRICE DROP
3⁹⁹

NIVEA BODY WASH
300 mL, DEODORANT ROLL-ON ANTIPERSPIRANT
selected varieties
antiseptique pour le corps ou déodorant ou antitranspiration
21371646 EA



PRICE DROP
4⁴⁹

IVORY BAR SOAP
100g/3.5oz or 421g/15oz
selected varieties
pour le corps ou pour le visage
21371646 EA



PRICE DROP
6⁴⁹

DOVE MEN+ CARE DEODORANT
selected varieties
75/83 g
déodorant
21371646 EA



PRICE DROP
2⁹⁹

HERBAL ESSENCES HAIR CARE
selected varieties
200 mL
soins capillaires
21371646 EA



PRICE DROP
5⁹⁹

TRESEMME HAIR CARE
selected varieties
199.23/7.02 or 423 mL
soins capillaires
21371646 EA



PRICE DROP
3⁴⁹

CREST PRO-HEALTH COMPLETE TOOTHPASTE
selected varieties
200/120 mL
dentifrice
21371646 EA



PRICE DROP
4⁷⁹

SENSODYNE BASE TOOTHPASTE
75/100 mL
POLIGRIP 40 g
selected varieties
dentifrice ou dentifrice pour profonds dentures
21371646 EA



PRICE DROP
1⁷⁹

BABY GOURMET ORGANIC FRUIT & VEGETABLE BABY FOOD POUCHES
selected varieties
128 mL
aliments ou snacks
21371646 EA



PRICE DROP
1⁹⁹

GERBERS SNACKS - ENTRÉES
selected varieties
43/52 g
collations ou plats salés
21371646 EA



PRICE DROP
9⁹⁹

PEDIASURE COMPLETE
selected varieties
422/141 mL
complément nutritif pour nourisson ou nourisson
21371646 EA



PRICE DROP
29⁹⁹

ENFAGROW A+ TODDLER NUTRITIONAL SUPPLEMENT
selected varieties
90/2 g
complément nutritif
21371646 EA



PRICE DROP
3⁹⁹

Q-TIPS
300's
soins hygiène
21371646 EA



PRICE DROP
4⁷⁹

ALWAYS - TAMPAX TX PADS, LINERS - TAMPONS
selected varieties
10/72's
serviettes ou padding-étanche ou tampons
21371646 EA



PRICE DROP
6⁹⁹

VASELINE LOTION & HAND CREAM
selected varieties
400 mL
soins de la peau à mains
21371646 EA



PRICE DROP
12⁹⁹

BOOST HIGH PROTEIN MEAL REPLACEMENT SHAKES
selected varieties
4x137 mL
boissons de substitution de repas
21371646 EA



Set low prices on select items.

PC® DISTILLED WATER
4 L
eau distillée
20797191 EA

ALWAYS
1²⁵



LIFE BRAND® MOUTHWASH
selected varieties
1 L
rince-bouche
21301386 EA
21301406 EA

ALWAYS
\$4

PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



SNACK HARD SPEND LIGHT

Feeling snackish? Congrats, you've made our 'nice list' and earned great deals on popular snacks.

\$3



PC® MINI POPPADOMS
selected varieties
113 g
mini poppadoms
21606321_EA



2.29

PC® SWISS STICKS
selected varieties
100 g
bâtonnets suisses
20538543002_EA



1.75

**PC® KETTLE COOKED
POTATO CHIPS**
selected varieties, 200 g
croustilles
Limit 6, over limit retail \$2.50
21422931_EA



2.99

**PC® SCALLOPED
CRACKERS**
selected varieties
185 g
craquelins
20603888002_EA



\$5

**PC® DRY ROASTED
PEANUTS**
selected varieties
700 g
arachides grillées
20067990003_EA



\$5

**PC® DELUXE MIXED
NUTS**
selected varieties
200 g
noix mélangées de luxe
21054980_EA



\$5

PC® CASHEWS
selected varieties
200 g
noix de cajou
21054943_EA

PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



\$6

PC® BRUSSELSLAW SALAD KIT
253 g
salade de chou de Bruxelles
21626132_EA

REFRESHING HOLIDAY PRICES

Holiday food comas are totally a thing. Take a break from heartier meals with fresh eats at low prices.



349

PC® DIPS
selected varieties
227 g
trempettes
20584097_EA



\$6

PC® NAAN DIPPERS
400 g
bouchées de pain Naan
20999700_EA



\$5

PC® PARADISE CRUNCH PEPPERS
454 g
poivrons Croc'paradis
21534092_EA



\$5

PC® BRIOCHE LOAF CHOCOLATE CHIP
400 g
pain brioche aux
brisures de chocolat
21607172_EA



\$6

PC® DOUBLE CREAM BRIE
200 g
brie double crème
20787327_EA



\$15

PC® THE ULTIMATE PORK RIB ROAST
1.1 kg
rôti de côtes de porc
21616767_EA

PC Optimum™ members can save up to 35% on home and auto insurance*



GET A QUOTE

*Conditions apply. Subject to change. For full details see www.pcinsurance.ca.

BLACK FRIDAY

DEALS STRAIGHT TO YOUR INBOX



Bell | ROGERS. |  plus | fido

THE MOBILE SHOP.
NOW THAT'S REWARDING.

SIGN UP

THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

†Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.