

Host your *thanksgiving* with our *best deals*

**HOTSALE!**  
**33¢**  
LB  
Bulk or Tote Bag  
SWEET POTATOES

**HOTSALE!**  
**2/\$3**  
12 Oz. Bag  
CRANBERRIES

**HOTSALE!**  
**2.99**  
LB  
3 Lb. Bag  
MANDARINS

**HOTSALE!**  
**47¢**  
LB  
10 Lbs. or Larger  
Grade A - Select Varieties  
FROZEN TURKEY  
**LIMIT 1**  
W/O MVP Card \$2.79 LB  
\$35 MINIMUM GROCERY PURCHASE REQUIRED\*  
\*\$35 purchase must exclude the Turkey, Tobacco, Beer & Wine, Lottery, Gift Cards, Postage Stamps or Services.

**HOTSALE!**  
**1.79**  
EA  
Whole  
GOLDEN PINEAPPLE

**HOTSALE!**  
**1.59**  
EA  
FOOD LION PORTION HAM

**Smithfield**  
**HOTSALE!**  
**1.79**  
EA  
SMITHFIELD PORTION HAM

**HOTSALE!**  
**4.99**  
LB  
Ground Fresh Daily  
93% LEAN FRESH GROUND BEEF

**HOTSALE!**  
**BOGO FREE**  
12 Oz. Homestyle Glazed Donuts in the Bakery

**HOTSALE!**  
**2/\$7**  
Limit 4  
JIMMY DEAN BREAKFAST SAUSAGE OR BACON

**HOTSALE!**  
**5.99**  
EA  
3 Oz. COLD WATER LOBSTER TAIL

**HOTSALE!**  
**3.79**  
EA  
2 Lb. FOOD LION DELI SALADS IN THE DELI

**HOTSALE!**  
**10.99**  
EA  
1.5 Liter Select Varieties BAREFOOT WINE

**HOTSALE!**  
**BOGO FREE**  
12 Pack 12 Oz. Cans Select Varieties PEPSI PRODUCTS

**HOTSALE!**  
**BOGO FREE**  
6-16.5 Oz. TASTYKAKE BAGGED DONUTS OR SNACK CAKES

**HOTSALE!**  
**BOGO FREE**  
7.5-15 Oz. Select Varieties NABISCO RITZ OR SNACK CRACKERS

**HOTSALE!**  
**2/\$6**  
7.75-9.5 Oz. Select Varieties LITZ POTATO OR ZAPP'S KETTLE CHIPS

**HOTSALE!**  
**25.99**  
EA  
24 Pack - 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA

**HOTSALE!**  
**5.99**  
EA  
25.6-38 Oz. Select Varieties MARIE CALLENDER'S DESSERT PIES

**HOTSALE!**  
**2/\$4**  
32 Oz. Select Varieties SWANSON BROTH

**HOTSALE!**  
**4/\$5**  
4-4.1 Oz. Select Varieties IDAHOAN INSTANT POTATOES

**HOTSALE!**  
**2/\$7**  
10-15 Oz. Select Varieties SISTER SCHUBERT'S DINNER YEAST ROLLS

**HOTSALE!**  
**3/\$12**  
Limit 6  
6 Pack 16-16.9 Oz. Bottles Select Varieties COKE PRODUCTS

**HOTSALE!**  
**1.00**  
EA  
15.25 Oz. Select Varieties DUNCAN HINES CAKE MIX

**HOTSALE!**  
**2/\$5**  
18.5-19 Oz. Select Varieties PROGRESSO SOUP

**HOTSALE!**  
**5/\$5**  
14.5-15.25 Oz. Select Varieties DEL MONTE CANNED VEGETABLES

**HOTSALE!**  
**3/\$5**  
6-8 Oz. Select Varieties FOOD LION CHUNK OR SHREDDED CHEESE

**HOTSALE!**  
**2/\$5**  
46 Oz. - Select Varieties TROPICANA PREMIUM ORANGE JUICE OR PUNCHES

**MVP DIGITAL COUPONS** load on app • web • in-store kiosk

**HOT SALE!** **4.99**  
10-12 Oz. K-Cups Select Varieties GREEN MOUNTAIN OR DONUT SHOP COFFEE  
MVP Coupon -1.00

**PREVIEW!** **2/\$6**  
14-15 Oz. Select Varieties KRAFT SALAD DRESSING  
MVP Coupon -1.00

**HOT SALE!** **4.99**  
24-30 Oz. Select Varieties HELLMANN'S MAYONNAISE  
MVP Coupon -1.00

**HOT SALE!** **2/\$7**  
46 Oz. Select Varieties TURKEY HILL ICE CREAM OR BARBIE FROZEN DAIRY DESSERT  
MVP Coupon -1.00

**HOT SALE!** **14.99**  
8 Mega XL or 12 Mega Charmin or 12 Mega Bounty Select Varieties  
MVP Coupon -1.00

# Here to save you more with exclusive *rewards*

Activate Your Offers

Check Your Progress



## You can also *donate your rewards* to help our neighbors!

Donate Now



\*For each \$1 in Shop & Earn rewards you donate, Food Lion will donate \$1 to Food Lion Feeds Charitable Foundation. The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.



Here with *savings*  
however you *slice* it

100%  
FRESH  
OR DOUBLE YOUR  
MONEY BACK



**HOTSALE!**  
MVP  
**98¢**  
LB  
10 Lbs. or Larger  
All Natural, Gluten  
& Hormone Free  
**FROZEN  
BUTTERBALL  
TURKEY**  
Limit 2  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**2.49**  
LB  
W/O MVP Card Regular Retail  
**FOOD LION  
SPIRAL HAM**



Select Varieties  
**SMITHFIELD  
SPIRAL HAM**  
**HOTSALE!**  
MVP  
**2.79**  
LB  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**1.79**  
LB  
W/O MVP Card Regular Retail  
**FROZEN TURKEY BREAST**



**HOTSALE!**  
MVP  
**3.99**  
LB  
W/O MVP Card Regular Retail  
**FRESH TURKEY  
BREAST**



**HOTSALE!**  
MVP  
**5.99**  
LB  
W/O MVP Card Regular Retail  
Semi-Boneless  
**LEG OF LAMB**



**HOTSALE!**  
MVP  
**5.99**  
LB  
W/O MVP Card Regular Retail  
**BEEF SHOULDER OR  
BOTTOM ROUND ROAST**



**HOTSALE!**  
MVP  
**6.99**  
LB  
W/O MVP Card Regular Retail  
Beef  
**CUBED STEAK**



**HOTSALE!**  
MVP  
**8.99**  
LB  
W/O MVP Card Regular Retail  
**BONELESS BEEF SIRLOIN  
OR SIRLOIN STRIP STEAK**



10-16 Oz. Pkg. - Select Varieties  
**LAND O'FROST  
PREMIUM LUNCHEAT**  
**HOTSALE!**  
MVP  
**5.79**  
EA  
W/O MVP Card Regular Retail



12 Oz. Pkg. - Select Varieties  
**HOLMES SMOKEHOUSE  
SAUSAGE**  
**HOTSALE!**  
MVP  
**2/\$7**  
W/O MVP Card Regular Retail



2.52 Oz. Pkg. - Select Varieties  
**OSCAR MAYER  
FULLY COOKED BACON**  
**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card Regular Retail



24 Oz. Pkg. - Frozen - Select Varieties  
**PILGRIM'S CHICKEN NUGGETS**  
**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card Regular Retail



20-24 Oz. Pkg. - Select Varieties  
**BOB EVANS SIDE DISHES**  
**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card Regular Retail

**SUSTAINABLE SEAFOOD**



7 Oz. Pkg. - Select Varieties  
**SEAFOOD DIPS  
OR SPREADS**  
**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card Regular Retail



10 Oz. Pkg. - Select Varieties  
**MARINATED SALMON**  
**HOTSALE!**  
MVP  
**8.99**  
EA  
W/O MVP Card Regular Retail



40 Oz. Pkg. - Frozen  
**FOOD LION SWAI**  
**HOTSALE!**  
MVP  
**10.99**  
EA  
W/O MVP Card Regular Retail



14 Oz. - Frozen  
**SHRIMP RING**  
**HOTSALE!**  
MVP  
**8.99**  
EA  
W/O MVP Card Regular Retail



26-30 Cl. - 16 Oz. Bag - Frozen  
**FOOD LION  
RAW SHRIMP**  
**HOTSALE!**  
MVP  
**7.99**  
EA  
W/O MVP Card Regular Retail

# Give the gift of *meals* this holiday

Buy a holiday box or make a cash donation to help local families.



**GIVE HOPE**

**FOOD LION  
FEEDS**

**FEEDING  
AMERICA**

# DELicious BOGOs of the week!



**HOTSALE!**  
**BOGO FREE**  
6 Oz. EMMI LE GRUYÈRE SWITZERLAND MILD CHEESE  
W/O MVP Card \$7.99 EA  
Single Item Half Price



**HOTSALE!**  
**BOGO FREE**  
7 Oz. - Select Varieties TILLAMOOK CHEDDARS  
W/O MVP Card \$7.99 EA  
Single Item Half Price



**HOTSALE!**  
**BOGO FREE**  
4 Ct. TURNOVERS  
W/O MVP Card \$4.49 EA  
Single Item Half Price



**HOTSALE!**  
**6.99**  
12  
W/O MVP Card \$7.99 EA



**HOTSALE!**  
**2.99**  
12 Oz. FOOD LION SWEET HAWAIIAN ROLLS  
W/O MVP Card \$3.99 EA



**HOTSALE!**  
**4.49**  
4 Ct. FOOD LION CINNAMON BUNS  
W/O MVP Card \$4.99 EA



**HOTSALE!**  
**5.99**  
4 Oz. VERONI ITALIAN MEATS  
W/O MVP Card \$6.79 EA



**HOTSALE!**  
**5.99**  
24 Oz. CRÈME OR POUND CAKES  
W/O MVP Card \$6.99 EA



**HOTSALE!**  
**4.99**  
Excluding Pecan 8 INCH PUMPKIN, APPLE OR SWEET POTATO PIES  
W/O MVP Card \$5.99 EA

**Feed the family for \$10**

Look for this sticker on participating deli items.

**MEAL DEAL**

CHOOSE YOUR ENTREE & CHOOSE 2 SIDES

Fried chicken available M-F, 11am-1pm & 4pm-7pm  
Sat-Sun, 11am-7pm

Rotisserie available every day 11am-7pm



# OUR BRANDS

Buy a participating product from our family of brands & get a select our brands product for **FREE** when you use your personal MVP Card.

Switch to Our Brands and save. **FOOD LION** *Nature's Promise* *Taste of Inspirations*

BUY ONE OF THESE	BUY ONE OF THESE	BUY ONE OF THESE	BUY ONE OF THESE
 <p>10 Oz. Pkg. FOOD LION GRAPE TOMATOES PRICED LOW EVERY DAY <b>2.29</b> EA</p>	 <p>14 Oz. TASTE OF INSPIRATIONS SALAMI OR PEPPERONI IN THE DELI <b>HOTSALE!</b> <b>6.29</b> EA W/O MVP Card \$6.99 EA</p>	 <p>64 Oz. NATURE'S PROMISE ORGANIC LEMONADE <b>2.89</b> EA</p>	 <p>32 Oz. NATURE'S PROMISE ORGANIC PANCAKE MIX <b>HOTSALE!</b> <b>4.99</b> EA W/O MVP Card \$5.49 EA</p>
<p><b>&amp; GET THIS FREE</b></p>  <p>Bunch SPINACH W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>	<p><b>&amp; GET THIS FREE</b></p>  <p>8 Oz. TASTE OF INSPIRATIONS CHEESE CUBES IN THE DELI W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>	<p><b>&amp; GET THIS FREE</b></p>  <p>7.5 Oz. NATURE'S PROMISE ORGANIC CEREAL BARS W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>	<p><b>&amp; GET THIS FREE</b></p>  <p>8.5 Oz. NATURE'S PROMISE ORGANIC MAPLE SYRUP W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>
<p><b>&amp; GET THIS FREE</b></p>  <p>90.95.3 Oz. Original or FOOD LION NON-DAIRY COFFEE CREAMER W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>			

*Give the gift of meals this holiday*

Buy and donate a box at checkout to be provided to your local food bank.



**FOOD LION FEEDS**

**FEEDING AMERICA**

From November 6 - December 10, 2024, Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint; funds raised could go to support Feeding America® programs that benefit local families.

[foodlion.com/feeds](http://foodlion.com/feeds)



# *Last chance to* **EARN \$20**

**SPEND \$50  
6 TIMES\***

**TRACK YOUR  
RECEIPT**

**RECEIVE  
\$20 COUPON**

**OCTOBER 16<sup>TH</sup> - NOVEMBER 26<sup>TH</sup>**

**GET DETAILS**



# Fill everyone's plate for less

40 Oz. Select Varieties  
**BRUCE'S CUT YAMS**  
**HOTSALE!**  
**2<sup>89</sup>**  
EA  
W/O MVP Card \$3.39 EA

14 Oz. Select Varieties  
**OCEAN SPRAY CRANBERRY SAUCE**  
**HOTSALE!**  
**1<sup>89</sup>**  
EA  
W/O MVP Card \$2.58 EA

17 Oz. Select Varieties  
**TONY CHACHERE'S INJECTABLES**  
**HOTSALE!**  
**4<sup>49</sup>**  
EA  
W/O MVP Card \$4.99 EA

15-25 20 Oz. Select Varieties  
**DOLE PINEAPPLE**  
**PRICED LOW EVERY DAY**  
**2/\$4**  
W/O MVP Card Regular Retail

13-15 Oz. Select Varieties  
**4C BREAD CRUMBS**  
**HOTSALE!**  
**2/\$4**  
W/O MVP Card \$2.49 EA

12-20 Oz. - Select Varieties  
**WONDER DINNER ROLLS OR CLASSIC WHITE ROUND TOP BREAD**  
**HOTSALE!**  
**2/\$6**  
W/O MVP Card \$3.49 EA

10-10.5 Oz. Select Varieties  
**FOOD LION MINI MARSHMALLOWS**  
**HOTSALE!**  
**99¢**  
EA  
W/O MVP Card \$1.49 EA

14-16 Oz. Select Varieties  
**PEPPERIDGE FARM BREAKFAST SWIRL BREAD**  
**PRICED LOW EVERY DAY**  
**3<sup>49</sup>**  
EA  
W/O MVP Card \$3.89 EA

12 Oz. Select Varieties  
**BETTER THAN GRAVY**  
**HOTSALE!**  
**BOGO FREE**  
W/O MVP Card \$4.49 EA  
Single Item Half Price

6 Oz. Select Varieties  
**KRAFT STOVE TOP STUFFING**  
**HOTSALE!**  
**2/\$4**  
W/O MVP Card \$3.09 EA

16 Oz. Select Varieties  
**FOOD LION LONG GRAIN RICE**  
**1<sup>19</sup>**  
EA

18-2 2 Oz. Select Varieties  
**LIPTON RECIPE SECRETS SOUP & DIP MIXES**  
**PRICED LOW EVERY DAY**  
**1<sup>79</sup>**  
EA  
W/O MVP Card \$2.19 EA

24 Oz. Select Varieties  
**MT. OLIVE PICKLES**  
**HOTSALE!**  
**2/\$5**  
W/O MVP Card \$2.99 EA

6 Oz. Select Varieties  
**FRENCH'S FRIED ONIONS**  
**HOTSALE!**  
**3<sup>49</sup>**  
EA  
W/O MVP Card \$4.39 EA

18-24 Ct. Select Varieties  
**LUZIANNE TEA BAGS**  
**HOTSALE!**  
**1<sup>79</sup>**  
EA  
W/O MVP Card \$2.79 EA

16.9 Oz. **FILIPPO BERIO EXTRA VIRGIN OLIVE OIL**  
**HOTSALE!**  
**6<sup>99</sup>**  
EA  
W/O MVP Card \$7.79 EA

75-137 Oz. Select Varieties  
**MCCORMICK GRAVY MIX**  
**HOTSALE!**  
**4/\$5**  
W/O MVP Card \$1.79 EA

15 Oz. Select Varieties  
**CLASSICO PASTA SAUCE**  
**HOTSALE!**  
**2/\$6**  
W/O MVP Card Regular Retail

5 Oz. Select Varieties  
**TABASCO SAUCE**  
**HOTSALE!**  
**2<sup>99</sup>**  
EA  
W/O MVP Card \$4.19 EA

12-14 Oz. Select Varieties  
**FRENCH'S MUSTARD**  
**HOTSALE!**  
**2/\$3**  
W/O MVP Card \$2.48 EA

12-16 Oz. Select Varieties  
**RONZONI PASTA**  
**HOTSALE!**  
**1<sup>69</sup>**  
EA  
W/O MVP Card \$1.99 EA

40 Oz. Select Varieties  
**JIF PEANUT BUTTER**  
**HOTSALE!**  
**6<sup>99</sup>**  
EA  
W/O MVP Card \$8.99 EA

**MVP DIGITAL COUPON**  
load on app • web • in-store kiosk

**PRICED LOW EVERY DAY 2/\$3**  
W/O MVP Card \$3.99 EA

**MVP Coupon -50¢**  
10.5 Oz. Select Varieties  
**CAMPBELL'S CREAM OF CHICKEN OR MUSHROOM SOUP**  
**2/\$2.50**  
W/O MVP Card \$3.99 EA

**SNACK TIME**

10-68-275 Oz. Select Varieties  
**NABISCO FAMILY SIZE OREO OR CHIPS AHOY! COOKIES**  
**HOTSALE!**  
**3<sup>99</sup>**  
EA  
W/O MVP Card Regular Retail

10-10.5 Oz. Select Varieties  
**MATT'S BAKERY SOFT-BAKED COOKIES**  
**HOTSALE!**  
**2/\$6**  
W/O MVP Card \$3.39 EA

6.7-8.1 Oz. Select Varieties  
**SKINNY POP GLUTEN FREE POPCORN SHARING SIZE**  
**HOTSALE!**  
**4<sup>49</sup>**  
EA  
W/O MVP Card \$5.19 EA

12 Oz. **FOOD LION VANILLA WAFERS**  
**2<sup>79</sup>**  
EA

Zero Sugar Vanilla  
**HOTSALE!**  
**2<sup>99</sup>**  
EA  
W/O MVP Card Regular Retail

21-113 Oz. Select Varieties  
**VOORTMAN ZERO SUGAR COOKIES OR WAFERS**  
**HOTSALE!**  
**2<sup>99</sup>**  
EA  
W/O MVP Card Regular Retail

2.75-6 Oz. Select Varieties  
**WERTHER'S ORIGINAL HARD CANDY**  
**PRICED LOW EVERY DAY**  
**2<sup>79</sup>**  
EA  
W/O MVP Card \$3.43 EA

5-9.25 Oz. Select Varieties  
**WISE CHEEZ DOODLES OR POPCORN**  
**HOTSALE!**  
**BOGO FREE**  
W/O MVP Card \$4.79 EA  
Single Item Half Price



# *Turkey* day tips & tricks

Get Tips



**BUY 5 OR MORE** **MVP** **SAVE \$1 ON EACH ITEM**  
Mix & match on participating items!

**12-16 Oz. Pkg. Select Varieties**  
OSCAR MAYER SLICED BACON  
W/O MVP Card Regular Retail  
**4.49** EA  
MIX & MATCH 5 OR MORE -1.00  
WHEN YOU BUY 5 OR MORE

**19-32 Oz. Select Varieties**  
ORE-IDA FROZEN POTATOES  
W/O MVP Card Regular Retail  
**2.99** EA  
MIX & MATCH 5 OR MORE -1.00  
WHEN YOU BUY 5 OR MORE

**7.5-8 Oz. Select Varieties**  
PHILADELPHIA SOFT CREAM CHEESE  
W/O MVP Card \$5.49 EA  
**3.49** EA  
MIX & MATCH 5 OR MORE -1.00

**9.4-14 Oz. Select Varieties**  
KRAFT DELUXE OR VELVETA SHELLS & CHEESE  
W/O MVP Card \$3.69 EA  
**2.00** EA  
MIX & MATCH 5 OR MORE -1.00

**9.4-14 Oz. Select Varieties**  
KRAFT MIRACLE WHIP  
W/O MVP Card \$5.99 EA  
**4.39** EA  
MIX & MATCH 5 OR MORE -1.00

**231-28.4 Oz. Can Select Varieties**  
KRAFT MAXWELL HOUSE COFFEE  
W/O MVP Card \$12.29 EA  
**8.99** EA  
MIX & MATCH 5 OR MORE -1.00

**BEVERAGE CENTER**

**2 Liter Select Varieties**  
CLASSIC OR FLAVORED COKE PRODUCTS  
**2/\$4**  
W/O MVP Card Regular Retail

**11 Oz. Select Varieties**  
CLEARLY CANADIAN SPARKLING WATER  
**2/\$4**  
W/O MVP Card 2/\$5

**12 Oz. Can Select Varieties**  
RED BULL ENERGY DRINK  
**2.69** EA  
W/O MVP Card \$2.99 EA

**64 Oz. Select Varieties**  
OCEAN SPRAY JUICE COCKTAIL  
**2/\$6**  
W/O MVP Card \$4.29 EA

**10 Pack 6 Oz. Pouches Select Varieties**  
CAPRI SUN JUICE DRINKS  
**2/\$6**  
W/O MVP Card \$3.69 EA

**25.4 Oz. or 4 Pack 8.4 Oz. Bottles Select Varieties**  
WELCH'S SPARKLING JUICE  
**3.49** EA  
W/O MVP Card Regular Retail

**8 Pack - 12 Oz. Cans Select Varieties**  
BUBLY SPARKLING WATER  
**3.99** EA  
W/O MVP Card \$6.19 EA

**750 ml. Select Varieties**  
CHATEAU STE. MICHELLE OR ARAVAIL WINE  
**11.99** EA

**750 ml. Select Varieties**  
JOSH CELLARS WINE  
**14.99** EA

**3 Liter Select Varieties**  
BOTA BOX WINE  
**18.99** EA

**WINE DOWN WITH A GLASS**

**12 Pack - 12 Oz. Cans**  
TWISTED TEA, SIMPLY SPIKED OR CAYMAN JACK  
**14.99** EA

**12 Pack - 12-19 Oz. Bottles or Cans**  
MIKE'S HARD LEMONADE  
Select Varieties

**30 Pack - 12 Oz. Cans**  
BUD, MILLER OR COORS  
**24.99** EA

**30 Pack - 12 Oz. Cans**  
NATURAL LIGHT, BUSCH LIGHT OR KEYSTONE LIGHT  
**21.99** EA

**12 Pack 11.2-12 Oz. Bottles or Cans**  
CORONA, MODELO OR STELLA ARTOIS  
**16.99** EA

**12 Pack 12 Oz. Bottles or Cans**  
Select Varieties  
BLUE MOON LIGHT, SIERRA NEVADA OR KONA  
**16.99** EA

**6 Pack - 12 Oz. Cans**  
ATHLETIC  
6 Pack - 11.2-12 Oz. Bottles  
HEINEKEN OR STELLA ARTOIS  
Select Varieties  
**9.99** EA

Beer and Wine may not be available in all locations. Check your store for availability.

Your recipes  
deserve Fisher Nuts

GET RECIPE



Fisher®  
recipe nuts



Apples to  
*get excited*  
about

CLIP COUPON



# DAIRY

6-8 Oz. Select Varieties  
**CRACKER BARREL**  
CHEESE BARS,  
STICKS OR CUBES

**HOTSALE!**  
2/\$6

W/O MVP Card Regular Retail

**HOTSALE!**  
MVP  
16 Oz. - Select Varieties  
**LAND O LAKES**  
BUTTER QUARTERS  
LIMIT 2 FREE  
W/O MVP Card \$7.99 EA  
Single Item Half Price

**HOTSALE!**  
MVP  
4 Pack Select Varieties  
**DANNON**  
LIGHT & FIT  
OR **OIKOS** TRIPLE  
ZERO YOGURT

**3.99**  
EA

W/O MVP Card Regular Retail

**HOTSALE!**  
MVP  
8 Oz. Brick Select Varieties  
**PHILADELPHIA**  
CREAM CHEESE

**2/\$5**

W/O MVP Card \$4.29 EA

**HOTSALE!**  
MVP  
8-13.9 Oz. Select Varieties  
**PILLSBURY**  
CRESCENTS OR  
CINNAMON ROLLS

**2/\$6**

W/O MVP Card \$3.99 EA

**HOTSALE!**  
MVP  
52 Oz. Select Varieties  
**GOLD PEAK**  
ICED TEA

**2/\$4**

W/O MVP Card \$3.09 EA

**HOTSALE!**  
MVP  
16 Oz. Select Varieties  
**DAISY**  
SOUR CREAM

**2/\$5**

W/O MVP Card \$3.29 EA

**HOTSALE!**  
MVP  
45 Oz. Tub Select Varieties  
**COUNTRY CROCK**  
SPREAD

**4.99**  
EA

W/O MVP Card \$7.39 EA

# FROZEN

35-37 Oz. Select Varieties  
**MRS. SMITH'S**  
PIES

**HOTSALE!**  
MVP  
**5.49**  
EA

W/O MVP Card \$6.49 EA

**HOTSALE!**  
MVP  
8 Oz. Select Varieties  
**FOOD LION**  
WHIPPED TOPPING

**99¢**  
EA

W/O MVP Card \$1.19 EA

22-24 Oz. Select Varieties  
**PICTSWEET**  
FROZEN  
VEGETABLES

**HOTSALE!**  
MVP  
**2/\$6**

W/O MVP Card \$3.99 EA

**HOTSALE!**  
MVP  
25 Oz. **BRIDGFORD**  
**PARKERHOUSE**  
ROLLS

**2/\$6**

W/O MVP Card \$3.49 EA

**HOTSALE!**  
MVP  
30 Oz. **STOUFFER'S**  
FAMILY SIZE  
MEALS

**9.99**  
EA

W/O MVP Card \$11.99 EA

**MVP DIGITAL COUPONS**  
load on app - web - in-store kiosk

**HOT SALE!**  
MVP  
12-20.4 Oz. Select Varieties  
**JIMMY DEAN**  
DELIGHTS

**6.99**  
EA

W/O MVP Card \$8.99 EA

MVP Coupon -1.00 OFF

**5.99**  
EA

W/O MVP Card \$4.29 EA

**HOTSALE!**  
MVP  
7-10 Oz. Select Varieties  
**GREEN GIANT**  
BOXED  
VEGETABLES

**5.99**  
EA

W/O MVP Card \$5.99 EA

MVP Coupon -1.00 OFF

**HOTSALE!**  
MVP  
17.65-27.51 Oz. Select Varieties  
Excludes Gluten Free  
**FRESCHETTA**  
PIZZA

**4.99**  
EA

W/O MVP Card \$5.99 EA

MVP Coupon -1.00 OFF

**HOTSALE!**  
MVP  
24 Oz. Pkg. - Frozen  
Select Varieties  
**JUST BARE**  
CHICKEN

**1.00**  
EA

W/O MVP Card \$1.99 EA

**HOTSALE!**  
MVP  
28.6-35 Oz. Select Varieties  
**MARY B'S**  
BISCUITS

**3.49**  
EA

W/O MVP Card \$4.29 EA

**HOTSALE!**  
MVP  
32 Oz. K-Cups  
or 12 Oz. Bag  
Select Varieties  
**STARBUCKS**  
COFFEE

**7.99**  
EA

W/O MVP Card Regular Retail

**HOTSALE!**  
MVP  
32 Oz. K-Cups  
Select Varieties  
**EIGHT O'CLOCK**  
COFFEE

**15.99**  
EA

W/O MVP Card \$21.99 EA

**HOTSALE!**  
MVP  
22-24 Oz. Select Varieties  
**HERSHEY'S**  
SYRUP

**2/\$6**

W/O MVP Card \$4.98 EA

# BREAKFAST

12-14 Oz. Select Varieties  
**GENERAL MILLS**  
CHEX CEREAL

**HOTSALE!**  
MVP  
**2/\$6**

W/O MVP Card \$4.99 EA

10.3-12.6 Oz. Select Varieties  
**QUAKER**  
CAP'N CRUNCH  
CEREAL

**HOTSALE!**  
MVP  
**2/\$6**

W/O MVP Card \$4.99 EA

32-50 Oz. Select Varieties  
**NESTLE**  
COFFEE MATE  
CREAMER  
OR ICED COFFEE

**HOTSALE!**  
MVP  
**2/\$7**

W/O MVP Card Regular Retail

6.2-8.94 Oz. Select Varieties  
**NATURE VALLEY**  
GRANOLA OR  
GENERAL MILLS  
TREATS BARS

**HOTSALE!**  
MVP  
**2/\$6**

W/O MVP Card Regular Retail

**NEW!**  
7 Oz. Select Varieties  
**DAVE'S KILLER**  
BREAD ORGANIC  
SNACK BARS

**HOTSALE!**  
MVP  
**4.99**  
EA

W/O MVP Card \$5.99 EA

10 Oz. K-Cups  
or 12 Oz. Bag  
Select Varieties  
**STARBUCKS**  
COFFEE

**HOTSALE!**  
MVP  
**7.99**  
EA

W/O MVP Card Regular Retail

32 Oz. K-Cups  
Select Varieties  
**EIGHT O'CLOCK**  
COFFEE

**HOTSALE!**  
MVP  
**15.99**  
EA

W/O MVP Card \$21.99 EA

22-24 Oz. Select Varieties  
**HERSHEY'S**  
SYRUP

**HOTSALE!**  
MVP  
**2/\$6**

W/O MVP Card \$4.98 EA

# BRAGG®

EST. 1912

# \$1 OFF

Any ONE (1) select  
Bragg Product

CLIP COUPON



# TASTE THE SPRING WATER DIFFERENCE

SUSTAINABLY SOURCED SPRING WATER



SHOP COLLECTION

# HOUSE & HOME

<p>1 Ct. SMART LIVING FLANNEL PLAID TABLECOVER WHILE SUPPLIES LAST!</p> <p><b>HOTSALE!</b></p> <p><b>3.99</b> EA</p> <p>W/O MVP Card \$4.99 EA</p>	<p>50 Ct. Select Varieties FOOD LION PARTY CUPS</p> <p><b>HOTSALE!</b></p> <p><b>3.99</b> EA</p> <p>W/O MVP Card \$4.79 EA</p>	<p><b>HOTSALE!</b></p> <p><b>2/\$6</b></p> <p>18-48 Ct. Select Varieties DIXIE PLATES</p> <p>W/O MVP Card \$4.29 EA</p>	<p><b>HOTSALE!</b></p> <p><b>BOGO FREE</b></p> <p>24 Ct. - Select Varieties FOOD LION PREMIUM DINNERWARE</p> <p>W/O MVP Card \$1.99 EA Single Item Half Price</p>
<p>2 Ct. HANDI-FOIL COOK AND CARRY ROASTERS/ BAKERS/ BAKERS WITH LIDS</p> <p><b>HOTSALE!</b></p> <p><b>4.99</b> EA</p> <p>W/O MVP Card \$5.99 EA</p>	<p>20 Lb. Select Varieties PITBOSS HARDWOOD PELLETS</p> <p><b>HOTSALE!</b></p> <p><b>9.99</b> EA</p> <p>W/O MVP Card \$11.99 EA</p>	<p>1 Ct. CHEF SELECT INSTANT READ THERMOMETER</p> <p><b>HOTSALE!</b></p> <p><b>4.99</b> EA</p> <p>W/O MVP Card \$5.99 EA</p>	<p><b>HOTSALE!</b></p> <p><b>3.49</b> EA</p> <p>37.5-50 Sq. Ft. Heavy Duty or 75 Sq. Ft. Regular Select Varieties FOOD LION ALUMINUM FOIL</p> <p>W/O MVP Card \$3.99 EA</p>
<p><b>PRICED LOW EVERY DAY!</b></p> <p><b>9.99</b> EA</p> <p>2 Ct. Select Varieties FEBREZE</p> <p>W/O MVP Card \$12.29 EA</p>	<p><b>HOTSALE!</b></p> <p><b>3.69</b> EA</p> <p>3.4 Oz. Select Varieties GLADE CANDLES</p> <p>W/O MVP Card \$4.99 EA</p>	<p><b>HOTSALE!</b></p> <p><b>2/\$5</b></p> <p>40-100 Ct. Select Varieties VANITY FAIR NAPKINS</p> <p>W/O MVP Card Regular Retail</p>	<p><b>HOTSALE!</b></p> <p><b>3.79</b> EA</p> <p>3 Pk. Flat or 4 Pk. Cubes Select Varieties FOOD LION FACIAL TISSUE</p> <p>W/O MVP Card Regular Retail</p>
<p><b>MVP DIGITAL COUPON</b> load on app • web • in-store kiosk</p> <p><b>PRICED LOW EVERY DAY!</b></p> <p><b>2.99</b> EA</p> <p>MVP Coupon -50¢ OFF!</p> <p><b>2.49</b> EA</p> <p>14-18 Oz. Select Varieties DAWN</p> <p>W/O MVP Card \$3.00 EA</p>	<p><b>HOTSALE!</b></p> <p><b>5.49</b> EA</p> <p>11-18 Ct. Select Varieties CASCADE</p> <p>W/O MVP Card \$7.79 EA</p>	<p><b>HOTSALE!</b></p> <p><b>3.49</b> EA</p> <p>12-25 Ct. Select Varieties HEFTY SLIDER BAGS</p> <p>W/O MVP Card \$4.99 EA</p>	<p><b>HOTSALE!</b></p> <p><b>7.99</b> EA</p> <p>8 Super Mega or 12 Mega Rolls ANGEL SOFT 6 Double Rolls SPARKLE Select Varieties</p> <p>W/O MVP Card Regular Retail</p>

# HEALTH & BABY

<p>12 Oz. Select Varieties HASK SHAMPOO OR CONDITIONER</p> <p><b>HOTSALE!</b></p> <p><b>4.99</b> EA</p> <p>W/O MVP Card \$6.29 EA</p>	<p>12 Oz. Select Varieties DOVE MEN'S 2IN1 SHAMPOO AND CONDITIONER</p> <p><b>HOTSALE!</b></p> <p><b>4.99</b> EA</p> <p>W/O MVP Card \$5.99 EA</p>	<p><b>MVP DIGITAL COUPONS</b> load on app • web • in-store kiosk</p> <p><b>HOT SALE!</b></p> <p><b>7.99</b> EA</p> <p>12-16 Oz. Select Varieties PEPTO BISMOL LIQUID</p> <p>MVP Coupon -1.00 OFF!</p> <p><b>6.99</b> EA</p> <p>W/O MVP Card \$8.99 EA</p>	<p><b>HOT SALE!</b></p> <p><b>8.49</b> EA</p> <p>8 Oz. Select Varieties NYQUIL OR DAYQUIL COLD &amp; FLU</p> <p>MVP Coupon -1.00 OFF!</p> <p><b>7.49</b> EA</p> <p>W/O MVP Card \$8.49 EA</p>
<p>1 Oz. Select Varieties GERBER GRADUATES YOGURT MELTS!</p> <p><b>HOTSALE!</b></p> <p><b>2/\$6</b></p> <p>W/O MVP Card \$3.99 EA</p>	<p>11-22 Ct. - Select Sizes PAMPERS TRAINING PANTS OR NINJAMAS NIGHTTIME UNDERWEAR</p> <p><b>HOTSALE!</b></p> <p><b>10.69</b> EA</p> <p>W/O MVP Card \$11.99 EA</p>	<p><b>HOT SALE!</b></p> <p><b>6.79</b> EA</p> <p>168-192 Ct. Select Varieties HUGGIES BABY WIPES REFILL</p> <p>MVP Coupon -1.00 OFF!</p> <p><b>5.79</b> EA</p> <p>W/O MVP Card \$7.79 EA</p>	<p><b>HOT SALE!</b></p> <p><b>28.39</b> EA</p> <p>34-84 Ct. Select Sizes HUGGIES LITTLE MOVERS GIGA PACK DIAPERS</p> <p>MVP Coupon -1.50 OFF!</p> <p><b>26.89</b> EA</p> <p>W/O MVP Card \$29.89 EA</p>

# PET

<p>13.2 Oz. Select Varieties PEDIGREE CHOICE CUTS WET DOG FOOD</p> <p><b>HOTSALE!</b></p> <p><b>1.79</b> EA</p> <p>W/O MVP Card \$1.99 EA</p>	<p>22.5 Oz. Bag Select Varieties PUP-PERONI DOG TREATS</p> <p><b>HOTSALE!</b></p> <p><b>9.99</b> EA</p> <p>W/O MVP Card \$12.49 EA</p>	<p>2.1 Oz. Select Varieties FRISKIES PARTY MIX CAT TREATS</p> <p><b>HOTSALE!</b></p> <p><b>2/\$3</b></p> <p>W/O MVP Card \$1.49 EA</p>	<p><b>HOTSALE!</b></p> <p><b>7.99</b> EA</p> <p>33 Oz. Select Varieties MEOW MIX TENDER FAVORITES VARIETY PACK</p> <p>W/O MVP Card \$9.99 EA</p>
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# \$1 OFF Lipton Black Specialty Teas

CLIP COUPON



## SAVE \$1 OFF ONE (1) AMERICAN GREETINGS CARD OR GIFT WRAP 3.99 OR MORE

OFFER VALID: 11/7/24 - 11/28/24 VISIT THE GREETING CARD DEPARTMENT TODAY.

CLIP COUPON

american greetings



# Keeping *prices low* on guaranteed freshness!

Count on us for affordable organic must-haves and your everyday favorites  
all in one place. Our produce is guaranteed 100% fresh or double your money back!



**HOTSALE!**  
MVP  
**2.99**  
EA  
5 Lb. Bag  
FOOD LION  
RUSSET POTATOES  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**1.49**  
EA  
Bunch  
CELERY  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**2.99**  
EA  
3 Lb. Bag  
FOOD LION  
YELLOW ONIONS  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**1.29**  
EA  
Bulk or Tote Bag  
ZUCCHINI OR  
YELLOW SQUASH  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**5.49**  
EA  
32 Oz. Bag  
FOOD LION  
GREEN BEANS  
W/O MVP Card Regular Retail



**PRICED LOW EVERY DAY!**  
**1.99**  
EA  
Large  
GREEN  
SEEDLESS GRAPES



**HOTSALE!**  
MVP  
**99¢**  
EA  
1 Lb. Bag  
FOOD LION  
BABY CUT  
CARROTS  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**3.49**  
EA  
3 Lb. Bag  
ROME, GRANNY SMITH  
OR MCINTOSH APPLES  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**2/\$4**  
EA  
POMEGRANATES  
W/O MVP Card Regular Retail

**ORGANIC**

**HOTSALE!**  
MVP  
**2.69**  
EA  
1 Lb. Bag  
NATURE'S PROMISE  
ORGANIC LEMONS  
USDA ORGANIC

**HOTSALE!**  
MVP  
**2/\$4**  
EA  
5 Oz. Select Varieties  
NATURE'S PROMISE  
ORGANIC HERBS  
USDA ORGANIC

make your holiday  
*warm  
and cozy*

Red or Variety  
6 INCH  
POINSETTIAS  
White Supplies Last!  
**5.99**  
EA

4 INCH  
ELLWOODII TREE  
White Supplies Last!  
**4.99**  
EA

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