

EFFECTIVE FROM THURSDAY NOVEMBER 14<sup>TH</sup> TO WEDNESDAY NOVEMBER 20<sup>TH</sup>, 2024.

# Longo's

CUT FROM CANADA AAA  
**AGED 21 DAYS**

Cut from Canada  
AAA Grade Striploin  
Grilling Steak  
33.05/kg

OVER  
**25% OFF**  
**\$14.99/LB**  
**SAVE \$6/LB**



Del Monte  
Quality  
**HONEYGLOW**  
PINEAPPLE



**3<sup>99</sup>**  
Fresh Honeyglow  
Pineapple  
Product of Costa Rica



THANK YOU REWARDS  
**MEMBER PRICING**

Longo's Soup or Chili  
700mL tub  
Individual \$6.99  
selected varieties

**2 FOR \$12**

**SAVE UP TO \$4.98 ON 2**

NON-MEMBER \$7.99



Longo's Natural  
Spring Water  
24x500mL bottles

**1<sup>99</sup>**

**SAVE \$1.50**

NON-MEMBER \$3.49



**WOW** Leger

\*Longo's ranked first for overall experience among food retailers in Ontario. 2024 WOW Report.

**YOU VOTED US THE #1 GROCERY STORE IN ONTARIO.\* THANKS A WHOLE BUNCH!**

**TRUE NORTH SEAFOOD COMPANY** **BAP CERTIFIED**

Fresh Canadian  
Boned Atlantic  
Salmon Side  
26.43/kg

**11<sup>99</sup>**  
/LB

**SAVE \$5/LB**

**FRESH DELI CUT**

Frico Mild Gouda  
Cheese or Monsieur  
Gustav Medium or  
Smoked Gouda Cheese

**40% OFF**

**FROM \$1.98/100G**

**HOT DEAL**

**2 FOR \$4**

**SAVE \$1.38 ON 2**

Barilla Pasta  
410g pkg  
Individual \$2.29  
selected varieties

**2<sup>99</sup>**  
/LB

Fresh Stem and Leaf  
Clementines  
Product of Spain  
6.59/kg

Kellogg's or  
Kashi Cereal  
306-510g pkg  
selected varieties

**4<sup>49</sup>**

**SAVE \$2.50**

Activia Yogurt  
8x100g pkg or  
International Delight  
Coffee Creamer  
946mL bottle  
selected varieties

**4<sup>49</sup>**

**SAVE UP TO \$2.50**

Campbell's Ready to  
Serve or Chunky Soup  
515mL can  
Individual \$2.49  
selected varieties

**2 FOR \$4**

**SAVE UP TO \$3.98 ON 2**

Nestlé Drumstick 4-6 pack,  
Confectionary Novelties  
4-5 pack, Del Monte Fruit  
Bars 10 pack or Nestlé  
Real Dairy Ice Cream  
1.5L tub  
selected varieties

**5<sup>49</sup>**

**SAVE UP TO \$3.50**

**FRESH WEEKLY SAVINGS VISIT LONGOS.COM FOR 100s MORE!**

LOCAL

Maple Leaf Prime Raised Without Antibiotics Whole Chicken 6.59/kg

**2<sup>99</sup>** /LB  
SAVE \$2/LB



**3 FOR \$5** Fresh Ataulfo Mangoes Product of Peru



**8<sup>99</sup>** Marina Del Rey Frozen Argentinian Shrimp 300g pkg selected varieties  
SAVE \$4



**5<sup>99</sup>** Kraft Peanut Butter 750g-1kg tub selected varieties  
SAVE \$2.50



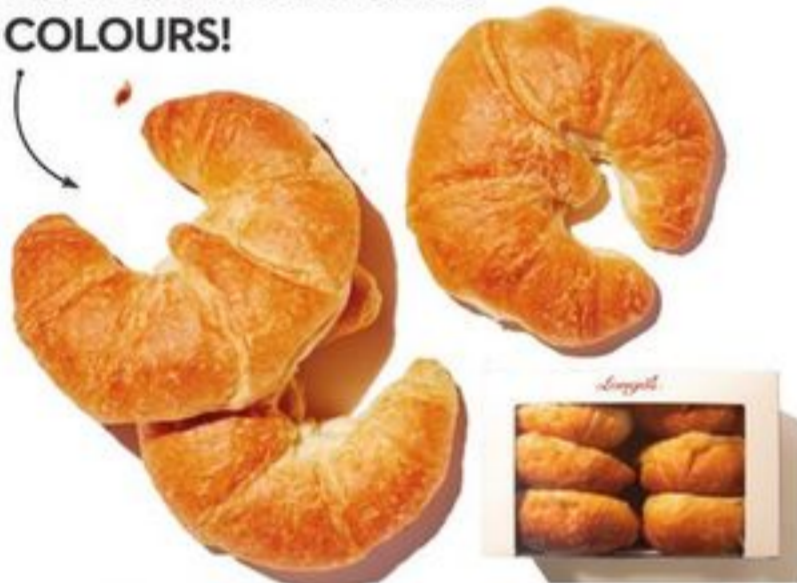
Fresh Raspberries Product of Mexico 6oz pkg  
**2<sup>99</sup>**

LOCAL



Fresh Seedless Cucumbers Product of Ontario  
**2 FOR \$4**

NO ARTIFICIAL FLAVOURS OR COLOURS!



**4<sup>99</sup>** Longo's All Butter Croissants 6 pack  
EARN 200 POINTS



**2 FOR \$14** Coca-Cola Beverages 12x355mL cans Individual \$7.49 selected varieties  
SAVE UP TO \$3.98 ON 2

Longo's A2 Milk 946mL bottle, Longo's Mozzarella Ball 340g pkg or Longo's Dips 454g tub selected varieties

**4<sup>99</sup>** SAVE UP TO \$2.50



Gallo Extra Virgin Olive Oil 1L bottle

**13<sup>99</sup>** SAVE \$4



**3<sup>99</sup>** Gray Ridge Large White Eggs 12 pack



**5<sup>99</sup>** Longo's Essentials Country Churned Butter 454g pkg

**1<sup>99</sup>**

Longo's Essentials Bread 675g pkg



**6<sup>09</sup>**

Beatrice Milk 2%, 1% or skim 4L bag



**WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.**

Longo's

For online flyer, store hours and store locations, visit us at Longos.com or call 1-800-9-Longos

f X @LongosMarkets

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

CORP



**WEEKLY DEALS. FRESH SAVINGS. EFFECTIVE FROM THURSDAY NOVEMBER 14<sup>TH</sup> TO WEDNESDAY NOVEMBER 20<sup>TH</sup>, 2024.**



Fresh Pomegranate  
Product of U.S.A.

**3<sup>99</sup>**

Fresh POM Arils  
Product of U.S.A.  
227g pkg

**5<sup>99</sup>**



LOCAL



Maple Leaf Prime Raised Without  
Antibiotics Split Chicken Wings  
15.41/kg

**6<sup>99</sup>**  
/LB  
SAVE \$1/LB



Grindavik, Iceland

**17<sup>99</sup>**  
/LB  
SAVE \$1/LB

Fresh Wild Caught  
Cod Fillet  
Product of Iceland  
39.66/kg



**2<sup>99</sup>**  
/LB  
Fresh Abate Pears  
Product of Italy  
6.59/kg



Fresh Fuyu Fruit  
Product of Spain

**3 FOR \$5** CASE  
\$9.99

LOCAL



**7<sup>49</sup>**  
SAVE \$1  
Maple Leaf Prime Ground  
Turkey or Raised Without  
Antibiotics Ground Chicken  
454g pkg



**5<sup>99</sup>**  
SAVE \$1

Fresh Canadian  
Atlantic Salmon Portion  
113g  
SKINLESS



**5<sup>99</sup>**  
/LB  
Fresh Chestnuts  
Product of Italy  
13.21/kg



**3<sup>99</sup>**  
Natural One Juice  
900mL bottle  
selected varieties

LOCAL



**14<sup>99</sup>**  
/LB  
SAVE \$2/LB  
Yorkshire Valley Farms  
Fresh Organic Boneless,  
Skinless Chicken Breasts  
33.05/kg

Longo's  
Frozen Smoked  
Coho Salmon  
200g pkg  
**11<sup>99</sup>**  
SAVE \$1



HERE FOR A LIMITED TIME!

Longo's Nut Mixes  
800g-1.1kg tub  
selected varieties

**14<sup>99</sup>**  
SAVE \$2



Piccola 2 Spike  
Orchid 3" Pot  
assorted varieties  
and colours

**14<sup>99</sup>**  
SAVE \$5



duBreton Organic  
Pork Sausages  
400g pkg

**6<sup>99</sup>**  
SAVE \$2



Longo's Frozen Cod  
Loins or Haddock  
Portions  
340g pkg  
selected varieties

**9<sup>99</sup>**  
SAVE \$3



Fresh fish is subject to availability.

WEEKLY DEALS. FRESH SAVINGS. EFFECTIVE FROM THURSDAY NOVEMBER 14<sup>TH</sup> TO WEDNESDAY NOVEMBER 20<sup>TH</sup>, 2024.

## SMALL BITES DONE RIGHT.

TAHINI FILLED  
FALAFEL BITES



Longo's Boxed  
Appetizers  
300-500g pkg  
Individual \$11.99  
selected varieties

**2 FOR \$22**  
SAVE \$1.98 ON 2



**LOW  
PRICE  
LOCKDOWN**

Longo's Shareable  
Meals  
800g-1kg pkg  
selected varieties

**19<sup>99</sup>**

## READY TO MAKE FAMILY SIZE SALAD.

MADE FRESH IN  
OUR KITCHEN!

Longo's Family  
Size Salad  
770-955g pkg  
selected varieties

**17<sup>99</sup>**

THANK YOU  
EARN  
150 POINTS

## FRENCH BRIE

Longo's  
Imported  
French Double  
Cream Brie

**3<sup>99</sup>**  
/100G

SAVE 50¢/100G



FROM  
**6<sup>99</sup>**

SAVE \$1

Fromager d'Affinois  
Le Petit Fromager  
or Excellence Triple  
Cream Cheese  
125-150g pkg

**11<sup>99</sup>**

SAVE \$1

Saint André  
Mini Cheese  
200g pkg

## NEW SPANISH IMPORTS

FROM  
**8<sup>99</sup>**

SAVE \$1



Casa Flores Meseta or 3  
pack Tapas Party Cheese  
150g pkg



Casa Flores Spanish  
Serrano Ham, Chorizo  
or Tapas Trio  
80-120g pkg

FROM  
**4<sup>99</sup>**

SAVE \$1



**Buy MORE SAVE MORE**

Regularly priced  
selected products  
350g pkg  
or larger size

**20% OFF**

EXTRA, JARISBERG, OKA, GUSTAY, AGROPUR Grand Cheddar.

Fantino & Mondello  
Sliced Salami, Pepperoni,  
Diced Pancetta  
or Salametti  
Individual \$6.99  
selected varieties

**2 FOR \$12**

SAVE UP TO \$4 ON 2

FRESH  
DELI  
SERVED

**20% OFF**

San Daniele Silver  
Prosciutto, Mortadella  
or Mastro Genoa Salami  
selected varieties

**CAKE OF THE MONTH**

8" Pistachio Cranberry  
Shortbread Cake

**29<sup>99</sup>**

THANK YOU  
EARN  
300 POINTS

LOCAL  
HERE FOR  
A LIMITED  
TIME!

**9<sup>97</sup>**

Longo's Cranberry  
Butterscotch Coffee Cake  
900g pkg

THANK YOU  
EARN  
200 POINTS

NEW  
HERE FOR A LIMITED TIME!

**5<sup>99</sup>**

Tradition Ste Julie Fudge  
180g pkg  
selected varieties

THANK YOU  
EARN  
100 POINTS

LOCAL

**4<sup>99</sup>**

Quinn's Baking Co.  
Swiss Rolls  
6 pack, 402g pkg  
selected varieties

SAVE \$1

BAKED IN-STORE

Longo's  
Olive Bread  
600g pkg

**4<sup>99</sup>**

SAVE \$1

Longo's Mini  
Brioche Buns  
480g pkg

**4<sup>49</sup>**

SAVE \$1

Silver Hills  
Sprouted Bagels  
400g pkg  
selected varieties

**6<sup>99</sup>**

SAVE \$1

**5<sup>99</sup>**

Baxter's Butter Tarts  
480-510g pkg  
selected varieties

SAVE \$1.50

WEEKLY DEALS. FRESH SAVINGS. EFFECTIVE FROM THURSDAY NOVEMBER 14<sup>TH</sup> TO WEDNESDAY NOVEMBER 20<sup>TH</sup>, 2024.



# THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



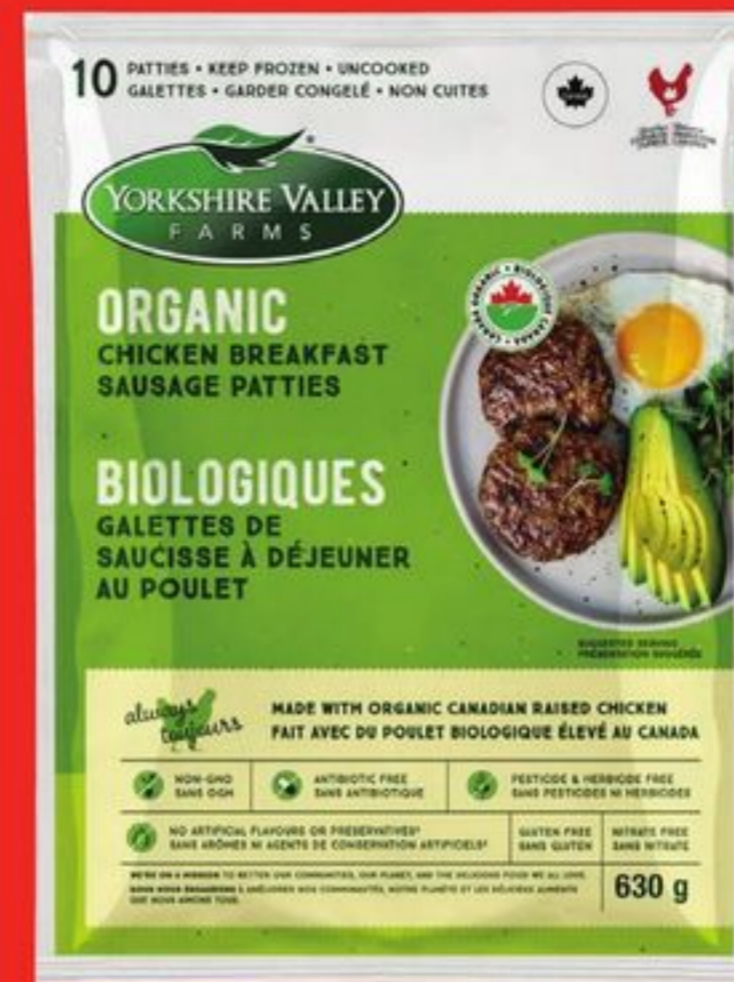
**NOT A MEMBER?  
NOT A PROBLEM!**  
Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit [Longos.com/thank-you-rewards](http://Longos.com/thank-you-rewards)



Yorkshire Valley Farms  
Frozen Organic  
Breakfast Patties  
630g pkg  
selected varieties

**9<sup>99</sup>**  
SAVE \$5

NON-MEMBER  
**14<sup>99</sup>**



Natalie's Natural  
Lemonade  
1.65L bottle  
selected varieties

**5<sup>99</sup>**

NON-MEMBER  
**7<sup>99</sup>**



**IN-STORE  
SAMPLE  
November  
16<sup>th</sup> & 17<sup>th</sup>**

Longo's Frozen Bacon  
Wrapped Scallops  
340g pkg

**12<sup>99</sup>**  
SAVE \$2

NON-MEMBER  
**14<sup>99</sup>**



Balderson Havarti  
or Gouda  
Aged or Smoked  
170-200g pkg

**6<sup>99</sup>**  
SAVE \$1.59

NON-MEMBER  
**8<sup>49</sup>**



Longo's Sliced Fruit Tray  
1.7kg pkg

**18<sup>99</sup>**  
SAVE \$1

NON-MEMBER  
**19<sup>99</sup>**



Ghost Pepper Sushi  
Volcano Roll  
271g pkg or  
Chicken Crunch  
278g pkg  
selected varieties

**\$10**  
SAVE \$1

NON-MEMBER  
**\$11**



Kimbo Nespresso Pods  
10ct  
selected varieties

**2<sup>99</sup>**  
SAVE \$2

NON-MEMBER  
**4<sup>99</sup>**



Planet Bean Organic  
Fairtrade Coffee  
Beans or Ground  
340g pkg  
selected varieties

**12<sup>99</sup>**  
SAVE \$5

NON-MEMBER  
**17<sup>99</sup>**



# SWISS RACLETTE

IN-STORE DEMONSTRATION AND SAMPLING WITH LONGO'S CHEESE MASTERS



Raclette is the quintessential cheese for sharing and gathering with family and friends.

Whatever type of grill is used to heat the cheese, the principle is the same: melt Raclette and pour on top of your favourite foods and enjoy. Sample Swiss Raclette on the following days for a taste of ooey-goey cheesy goodness!

## FRIDAY NOVEMBER 22<sup>ND</sup>

Markham  
York Mills  
Aurora  
Guelph

## SATURDAY NOVEMBER 23<sup>RD</sup>

Leaside  
Southeast Oakville  
Richmond Hill  
Brooklin

## SUNDAY NOVEMBER 24<sup>TH</sup>

Weston Rd  
Bathurst  
Applewood  
Green Lane

## ALL OTHER STORES SATURDAY NOVEMBER 23<sup>RD</sup>



**13<sup>99</sup>** Emmi Swiss Raclette  
Cheese Slices  
200g pkg  
selected varieties  
**SAVE \$1**

Swiss Raclette Cheese

**5<sup>49</sup>**  
/100G  
**SAVE \$1/100G**

**10AM-3PM**

Tete de Moine  
Swiss Cheese

**6<sup>99</sup>**  
/100G  
**SAVE \$1.50/100G**



# GROCERY

## GUACAMOLE!

MADE FRESH IN-STORE DAILY!

Smashed Avocado or  
Traditional Guacamole  
225g pkg

**6<sup>99</sup>**

or Mix and Match

**2<sup>OR</sup> \$12**

SAVE UP TO \$1.98 ON 2

BUY ANY 2 SMASHED AVOCADO  
OR TRADITIONAL GUACAMOLE  
AND GET A FREE BAG OF  
LONGO'S TORTILLA CHIPS  
WHEN YOU SCAN YOUR  
THANK YOU REWARDS CARD!



Longo's Yellow Corn or  
Blue Corn & Flax Seed  
Tortilla Chips  
400g pkg



SMASHED  
AVOCADO!

TRADITIONAL  
GUACAMOLE!



**2<sup>99</sup>** Pepperidge Farm  
Goldfish Crackers  
180-200g pkg  
selected varieties  
SAVE \$1.30

## CELEBRATE THE MOMENT



Ferrero Rocher  
118-200g pkg  
selected varieties

**8<sup>99</sup>**  
SAVE UP TO \$3

Mazola Corn or  
Canola Oil  
1.18L bottle

**5<sup>99</sup>**

SAVE UP TO \$4



Lay's XXL  
Potato Chips  
220-235g pkg  
Individual \$4.49  
selected varieties

**2<sup>OR</sup> \$8**

SAVE UP TO \$1.98 ON 2

Kashi Whole Grain  
175-200g pkg,  
Special K Nourish Bars  
165g pkg or  
Rice Krispies  
Homestyle Treats  
198g pkg  
Individual \$3.99  
selected varieties

**2<sup>OR</sup> \$7**

SAVE UP TO \$1.50 ON 2



Bertolli Pasta Sauce  
415-630mL jar  
selected varieties

**4<sup>49</sup>**

SAVE \$2



**6<sup>99</sup>** Rio Mare Tuna  
3x65g or 3x80g pkg  
selected varieties

SAVE UP TO \$2

Dempster's White or  
Whole Wheat Bread  
675g pkg,  
Dempster's Hot Dog  
or Hamburger Buns  
6-8 pack, Dempster's  
English Muffins 6 pack,  
Dempster's Tortilla's 7" or  
Hostess Snack Cakes 6ct  
Individual \$3.49  
selected varieties

**2<sup>OR</sup> \$6**

SAVE UP TO \$2.58 ON 2



Made Good  
Granola Bars  
5 pack  
selected varieties

**2<sup>99</sup>**

SAVE \$2.50



Mitchell's Soup Mixes  
325-400g pkg  
selected varieties

**7<sup>99</sup>**

SAVE \$2



Tea Squared  
Boxed Tea  
15ct or  
Tea Squared  
Loose Leaf Tea  
80g pkg  
selected varieties

**7<sup>99</sup>**

SAVE \$1



Dutchman's  
Gold Honey  
1kg jar  
selected varieties

**14<sup>99</sup>**

SAVE \$3



Nature Clean  
Dish Soap  
1.5L bottle  
selected varieties

**6<sup>99</sup>**

SAVE \$1



Tidy Cats Litter  
2.72kg jug  
selected varieties

**12<sup>99</sup>**

SAVE AT LEAST \$1



# DAIRY AND FROZEN



**MAPLE LEAF**

Natural bacon.  
Naturally delicious.

**2 FOR \$12**  
SAVE \$3.98 ON 2

Maple Leaf Bacon, Ready Crisp Bacon or Fully Cooked Smoked Sausage  
65-375g pkg  
Individual \$6.99  
selected varieties

Carbon ZERO  
MADE BY CARBON NEUTRAL COMPANY



**ORGANIC CHICKEN POT PIE**  
YORKSHIRE VALLEY FARMS  
PÂTÉ AU POULET BIOLOGIQUE

NON-GMO GRAIN FED  
NO/NOUS AUCUN OGM  
SANS OGM  
RAISED WITHOUT  
ANTIBIOTICS  
ÉLEVÉ SANS L'USAGE  
D'ANTIBIOTIQUES

PESTICIDE AND  
HERBICIDE FREE  
SANS PESTICIDES  
ET SANS HERBICIDES

NO ANIMAL  
BY-PRODUCTS  
SANS SOUS-PRODUITS  
ANIMAUX

KEEP FROZEN  
GARDER CONGELÉ

225 g

**6.99**  
SAVE \$1.50

Yorkshire Valley Farms  
Organic Chicken Pot Pie  
225g pkg



**ORGANIC CHICKEN BITES**  
YORKSHIRE VALLEY FARMS  
PÂTÉ AU POULET BIOLOGIQUE

NON-GMO GRAIN FED  
NO/NOUS AUCUN OGM  
SANS OGM  
RAISED WITHOUT  
ANTIBIOTICS  
ÉLEVÉ SANS L'USAGE  
D'ANTIBIOTIQUES

PESTICIDE AND  
HERBICIDE FREE  
SANS PESTICIDES  
ET SANS HERBICIDES

NO ANIMAL  
BY-PRODUCTS  
SANS SOUS-PRODUITS  
ANIMAUX

KEEP FROZEN  
GARDER CONGELÉ

225 g

**15.99**  
SAVE UP TO \$4

Yorkshire Valley Farms  
Chicken Breast Fillets  
or Bites  
454-480g pkg  
selected varieties



**Minute Maid**  
zero sugar  
zéro sucre

**3.49**  
SAVE \$1.50

Minute Maid  
Zero Sugar Drinks  
1.54L bottle  
selected varieties



**Silk**  
PLANT-BASED YOGURT  
Almond  
Amandes

**5.49**  
SAVE UP TO \$2

Silk Plant-Based Yogourt  
500-650g tub  
selected varieties



**SCHNEIDERS**  
Breakfast Bites  
Bouchées déjeuner

**12%**

EGG WITH BACON & CHEDDAR  
ŒUF AVEC BACON ET CHEDDAR

**SCHNEIDERS**  
Breakfast Sandwiches  
Sandwiches déjeuner

**17%**

SAUSAGE & EGG  
SAUCISSE ET ŒUF

**6.99**  
SAVE \$1

Schneiders Breakfast  
Sandwiches  
204-288g pkg or  
Schneiders Breakfast Bites  
224g pkg  
selected varieties



**CHAPMAN'S**  
Sorbet  
Mango

**CHAPMAN'S**  
Yogourt  
Cappuccino

**5.99**  
SAVE UP TO \$1.50

Chapman's Frozen  
Yogourt or Sorbet  
2L tub  
selected varieties



**CRACKER BARREL**  
NATURAL CHEESE SLICES  
200-240g pkg  
selected varieties

**5.99**  
SAVE 50¢

**Black Diamond**  
TACOS & NACHOS

**6.99**  
SAVE \$1

Black Diamond  
Cheese Bar or Shreds  
300-400g pkg  
selected varieties

**Enjoy!**  
PLANT-BASED  
8 PROTEIN  
ALMOND

**3.99**  
SAVE \$1

Enjoy! Plant-Based  
Beverage  
1.75L carton or  
Lactantia Cream  
473mL-1L carton  
selected varieties



**CHEEMO**  
Perogies

**2 FOR \$6**  
SAVE \$2.98 ON 2

Cheemo Perogies  
815-907g pkg  
Individual \$3.49  
selected varieties



**Beyond Beef Ground**  
340g pkg,  
**Beyond Meat**  
Italian Sausage  
400g pkg or  
**Beyond Steak**  
Sear'd Tips  
226g pkg  
selected varieties

**7.99**  
SAVE UP TO \$2



**JUST**  
Egg

**6.99**  
SAVE \$1.50

Just Egg Frozen Plant-  
Based Folded Egg  
4x56.75g pkg  
selected varieties



**Cucina Mini**  
Arancini  
Risotto Balls

**6.99**  
SAVE \$2

Cucina Mini  
Arancini Risotto Balls  
500g pkg  
selected varieties



# LONGO'S MUST-HAVES



HERE FOR A LIMITED TIME!

**4<sup>99</sup>** Longo's Ice Cream Sandwiches  
4x130mL pkg  
selected varieties  
**SAVE \$1**

**GINGERBREAD**  
VANILLA ICE CREAM SANDWICH  
4 x 130 mL



Longo's Pepperoni Slices  
250g pkg  
selected varieties  
**6<sup>99</sup>**  
**SAVE \$1**

**3<sup>49</sup>** Longo's Pizza Sauce  
350mL jar  
selected varieties  
**SAVE 50¢**

Longo's Popcorn  
190-220g pkg  
Individual \$3.49  
selected varieties  
**2<sup>OR</sup> FOR \$6**  
**SAVE UP TO 98¢ ON 2**

**CARAMEL CHEDDAR**  
**MOVIE THEATRE BUTTER FLAVOUR**

**2<sup>99</sup>** Longo's Pizza Dough  
700g pkg  
selected varieties  
**SAVE 50¢**

**6<sup>49</sup>** Longo's Cheese Bar or Shreds  
320-400g pkg  
selected varieties  
**SAVE 50¢**

Longo's Organic Kombucha  
340ml bottle  
selected varieties  
**2<sup>99</sup>**  
**SAVE 50¢**

HERE FOR A LIMITED TIME!

**10<sup>97</sup>** Longo's Ground Coffee  
Gingerbread or Chocolate Peppermint  
300g pkg  
**EARN 150 POINTS**

BUY ONE GET ONE  
**FREE**  
**SAVE \$2.99**  
Longo's Spice Blend or Stir-Fry Seasoning  
90-120g pkg  
selected varieties

PRICES ON THIS PAGE EFFECTIVE FROM THURSDAY NOVEMBER 14<sup>TH</sup> TO WEDNESDAY NOVEMBER 20<sup>TH</sup>, 2024.



Building affordable housing and strong communities.

A portion of each featured product sold from November 14<sup>th</sup> to November 20<sup>th</sup> will be donated directly to Habitat for Humanity.



50¢ FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



LOCAL

Longo's Mini Seedless Cucumbers  
Product of Ontario  
6 pack

**3<sup>99</sup>**

50¢ FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



Pfenning's Organic Carrots  
2lb bag

**3<sup>99</sup>**

\$2 FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



LOCAL

Longo's Loaf Cake  
325-450g pkg  
selected varieties

**6<sup>99</sup>**

25¢ FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



LOCAL

**6<sup>99</sup>** Hayter's Farm Fresh Turkey Burgers  
450g pkg

SAVE \$1

25¢ FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



LOCAL

**5<sup>99</sup>** Hayter's Farm Fresh Turkey Sausages  
375g pkg

SAVE \$1

\$1 FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



LOCAL

Donini Peanut Butter or Cookies & Crème Caramel Corn Crunch  
250g pkg

**9<sup>97</sup>**

50¢ FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



Flow Water  
1L tetra

**1<sup>99</sup>**

SAVE \$1

25¢ FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



Glad Garbage Bags  
20-40ct  
selected varieties

**10<sup>99</sup>**

SAVE \$1

25¢ FROM EACH SALE WILL BE DONATED TO HABITAT FOR HUMANITY.



Ben's Original Bistro Rice Express Rice  
240-250g pkg  
selected varieties

**3<sup>49</sup>**

SAVE UP TO \$1.50

# LOW PRICE LOCKDOWN

**3<sup>99</sup>**  
**Gray Ridge Large White Eggs**  
 12 pack



**1<sup>99</sup>**  
**Longo's Essentials Bread**  
 675g pkg



**5<sup>99</sup>**  
**Longo's Essentials Country Churned Butter**  
 454g pkg



**6<sup>09</sup>**  
**Beatrice Milk**  
 2%, 1% or skim  
 4L bag

**3<sup>29</sup>**  
**Redpath Sugar**  
 2kg pkg



**5<sup>99</sup>**  
**Wild Wonders Gourmet Medley Tomatoes**  
 Product of Ontario or Mexico, 681g pkg



**3<sup>99</sup>**  
**Oikos or Liberté Greek Yogurt**  
 4x100g pkg



**2 FOR \$4**  
**Longo's Pasta**  
 450g pkg  
 Individual \$2.29



**6<sup>99</sup>**  
**Longo's Honeycrisp Apples**  
 Product of Ontario  
 3lb bag



**3<sup>99</sup>**  
**Longo's Russet Potatoes**  
 10lb bag  
 Product of Canada



**2<sup>99</sup>** /100G  
**Longo's Curato Parmigiano Reggiano DOP Cheese**  
 Average weight 1kg  
 Aged 24 months



**12<sup>99</sup>**  
**Longo's Traditional Meat Lasagna or Vegetable Lasagna**  
 2.27kg pkg



**\$5.00/** serving  
**19<sup>99</sup>**  
**Longo's Oven-Ready Meals**  
 900g-1kg pkg  
 Serves up to 4



**LOCAL**  
**2<sup>49</sup>** /LB  
**Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters**  
 Value pack • 5.49/kg



**9<sup>99</sup>**  
**Lactantia PürFiltre Organic Milk 2%, 1% or Organic Meadow Organic Milk**  
 2%, 1% or skim, 4L bag



**9<sup>99</sup>**  
**French Emmental Cheese**  
 Average weight 400g



**2 FOR \$8**  
**Miss Vickie's Chips**  
 200g pkg  
 Individual \$4.49  
 selected varieties



**21<sup>99</sup>**  
**Tide Liquid Laundry Detergent**  
 3.9L jug, 100 loads



**19<sup>99</sup>**  
**Cashmere Bath Tissue**  
 24=72 rolls



**21<sup>99</sup>**  
**Bounty Select-A-Size Paper Towel**  
 6=18 rolls

**WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.**

PRICES ON THIS PAGE EFFECTIVE FROM THURSDAY NOVEMBER 14<sup>TH</sup> TO WEDNESDAY NOVEMBER 20<sup>TH</sup>, 2024.

# FALL BAKING



"Check out Longos.com for great baking recipe ideas like Pear Chip Blondies, and many more tasty treats."

Shane  
Bakery Manager Brooklin



Robin Hood or  
Five Roses Flour  
5kg pkg  
selected varieties

**9.99**

SAVE AT LEAST \$3



Redpath Special Fine  
Granulated Sugar  
2kg bag

**3.29**



Longo's  
Butter Sticks  
454g pkg  
selected varieties

**7.99**

SAVE 50¢



**2.19** Carnation  
Evaporated Milk  
354mL can  
selected varieties

SAVE UP TO 60¢



**5.99** Enjoy Life Baking Chips  
255-283g pkg  
selected varieties

SAVE AT LEAST \$1



**3.99** Eagle Brand  
Condensed Milk  
300mL can  
selected varieties

SAVE AT LEAST 50¢



**4.49** Philadelphia  
Cream Cheese  
227-250g pkg  
selected varieties

SAVE \$1

Betty Crocker Frosting or  
SuperMoist Cake Mixes  
340-450g pkg  
selected varieties

**2.49**

SAVE UP TO \$1.50



Quaker Oat Four  
700g pkg or  
Baking Mixes  
900g pkg  
selected varieties

**4.99**

SAVE UP TO \$2





# MOVEMBER® WHATEVER YOU GROW WILL SAVE A BRO.

This is the 14<sup>th</sup> year that Longo's Team Members are putting their razors down and supporting the cause, and they "moustache" you for help. Since 2011, Longo's has collected and donated over \$280,000 for Movember. Please help us in supporting the cause by purchasing one of the items below during the month of November. The Longo's Family Charitable Foundation will match donations made, up to a maximum of \$10,000.

## THE EPIC COOKIE

Longo's Epic Cookie  
127g

**2<sup>99</sup>**



50¢ FROM EACH SALE WILL BE DONATED TO MOVEMBER.

A DELICIOUS MIX OF CRANBERRIES, PUMPKIN SEEDS, ALMONDS, WALNUTS AND PECANS.

**\$9** Longo's  
Movember Mix  
375g pkg



50¢ FROM EACH SALE WILL BE DONATED TO MOVEMBER.



25¢ FROM EACH SALE WILL BE DONATED TO MOVEMBER.

**2<sup>99</sup>** Longo's Candy  
200g pkg  
selected varieties



**4<sup>99</sup>** Fresh Kumato Tomatoes  
454g pkg  
Product of Mexico

50¢ FROM EACH SALE WILL BE DONATED TO MOVEMBER.



## SAVE ON THE BRANDS YOU LOVE AT LONGO'S

GT's Kombucha  
480mL bottle  
selected varieties

**3<sup>99</sup>**  
SAVE \$1



Bob's Red Mill  
Pancake Mix  
680g pkg  
selected varieties

**5<sup>99</sup>**  
SAVE \$1.50



Righteous Gelato  
473mL tub  
selected varieties

**7<sup>99</sup>**  
SAVE \$1



**5<sup>99</sup>** Mary's Organic  
Crackers  
120-184g pkg  
selected varieties  
SAVE AT LEAST \$1

# WINTER GARDEN CENTRE

ALL OUR WINTER URNS ARE HAND-CRAFTED WITH ONLY LOCALLY SOURCED GREENS

NEW LOOK!

Fraser Fir Tabletop Tree with Stand

34<sup>99</sup>



NEW

22" Decorated Wreath

29<sup>99</sup>



NEW LOOK!

NEW

24" Winter Window Box Outdoor Urn Birch Design

59<sup>99</sup>



39<sup>99</sup>

22" Golden Forest Wreath



NEW

24" Forest Swag

24<sup>99</sup>



NEW

Boxwood Wreath

39<sup>99</sup>



9<sup>99</sup>

Outdoor Winter Boughs assorted varieties



22" Evergreen Swag

14<sup>99</sup>



This fall  
**ADD LOCAL  
 TO YOUR LIST.**  
 Longo's.



**MEET THE FARMER**  
 Nature Fresh Farms

**LOCATION**  
 Leamington, Ontario.

**WHY THEY ARE OUR PARTNER**  
 Since 1999, our family-owned company has focused on delivering the freshest, most flavorful greenhouse-clean produce that's better for the planet and your family. Products like Hiiros Tomatoes, grown from the finest seeds offering a rich umami flavor with a distinguishing level of sweetness, are just one example of our stewardship.



Longo's Hiiros Cherry Tomatoes on the Vine or Medley Cherry Tomatoes on the Vine  
 341g pkg  
 Product of Ontario

**4<sup>99</sup>**  
**SAVE \$1**



# SHRIMPTASTIC!

Longo's Frozen  
Butterfly Garlic  
Herb Marinated Shrimp  
340g pkg

**8<sup>99</sup>**  
SAVE \$4



Longo's Frozen  
Tempura Shrimp  
500g pkg or  
Frozen Beer Batter  
Tempura Shrimp  
454g pkg

**10<sup>99</sup>**  
SAVE \$2



**ORGANIC**

Longo's Frozen Organic  
Raw Easy Peel Black  
Tiger Shrimp  
340g pkg  
21-25ct

**11<sup>99</sup>**  
SAVE \$3



Longo's Frozen  
Cooked Pacific  
White Shrimp Ring  
737g pkg

**18<sup>99</sup>**  
SAVE \$2



Longo's Frozen Raw Easy  
Peel Black Tiger Shrimp  
454g pkg  
13-15ct

**19<sup>99</sup>**  
SAVE \$4



Longo's Frozen Cooked  
Black Tiger Shrimp  
454g pkg  
16-20ct

**19<sup>99</sup>**  
SAVE \$3



IFC Frozen  
Snow Crab Clusters  
454g pkg

**14<sup>99</sup>**  
SAVE \$4



**NEW**



**12<sup>99</sup>**  
SAVE \$3  
IFC Frozen Shrimp  
or Marinated  
Shrimp Skewers  
6-8ct, 230g pkg



**11<sup>99</sup>**  
SAVE \$3  
IFC Frozen  
Mahi-Mahi Portions  
454g pkg



Frozen Bulk White  
Shrimp Skewers  
31-40ct  
**8<sup>99</sup> OR \$10<sup>99</sup>**  
SAVE \$5.92 ON 8

Ocean Jewel  
Breaded Calamari Rings  
500g pkg

**8<sup>99</sup>**  
SAVE \$2



**7<sup>99</sup>**  
SAVE \$2  
Ocean Jewel  
Freshly Cooked  
Shrimp with Sauce  
280g pkg



**9<sup>99</sup>**  
SAVE AT LEAST \$1  
Toppits Frozen Gluten  
Free Fish or Shrimp  
340-400g pkg  
selected varieties



# SAVE ON THE BRANDS YOU LOVE AT LONGO'S

**NEW**



Goldfish Crisps  
177g pkg  
selected varieties

**3.99**

SAVE \$1



EARN  
100 POINTS



**2.29**

Campbell's broth  
250-900mL tetra  
selected varieties

SAVE UP TO \$1.20



Campbell's Chicken  
Noodle, Cream of  
Mushroom, Tomato or  
Vegetable Soup  
284mL can

**1.69**

SAVE AT LEAST 30¢



**3.49**

Habitant Soup  
796mL can  
selected varieties

SAVE 50¢

**Campbell's**®/MD



Campbell's  
Condensed Soup  
284mL can  
selected varieties

**2.29**

SAVE AT LEAST 50¢



Kettle Brand Chips  
198g pkg  
selected varieties

**3.49**

SAVE \$1



Franco Gravy  
284mL can  
selected varieties

**1.79**

SAVE UP TO 50¢

**SAVE ON THE BRANDS YOU LOVE AT LONGO'S**

**Brandt**  
Family Owned Since 1958

Brandt Kolbassa Chubs  
250g pkg  
selected varieties  
**5<sup>99</sup>**  
SAVE \$1

Brandt Sliced Kolbassa  
Mild or Spicy  
175g pkg  
**4<sup>99</sup>**  
SAVE \$1

**KALTBACH**

Kaltbach Cave Aged Cheese  
FROM  
**6<sup>49</sup>**  
/100G  
SAVE AT LEAST  
70¢/100G

**Stock up on some favourites**

For both pre-dinner eats...

**4<sup>99</sup>** /100G  
SAVE AT LEAST 50¢/100G

Oak Manor British Cheese  
selected varieties

Subject to availability.

Emma Parmigiano Reggiano  
Average weight 500g

**4<sup>99</sup>** /100G  
SAVE \$1/100G

Emma Grapeseed Oil  
1L bottle

**10<sup>49</sup>**  
SAVE \$1.50



**4<sup>99</sup>** /100G  
SAVE 50¢/100G

Auricchio Provolone  
Cheese

Milano S Cookies  
200g pkg  
selected varieties

**1<sup>69</sup>**  
SAVE UP TO 80¢

and post-dinner treats...



# SAVE ON THE BRANDS YOU LOVE AT LONGO'S

## BLACK FRIDAY

**20% OFF**

**\$25 Nintendo & Kobo  
or \$50 Nintendo,  
H&M & Indigo  
gift cards**



Offer valid November 21 - 27

Subject to availability. While supplies last. See gift cards for details, terms, conditions and (if applicable) fees. All trademarks are property of their respective owners. The gift cards featured are not sponsors or otherwise affiliated with this company. © Nintendo

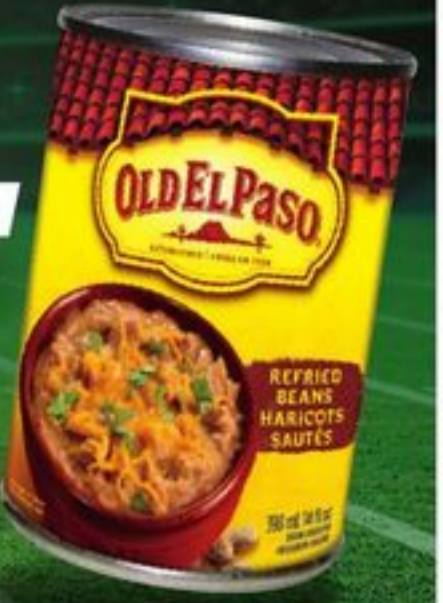
**Buy 2 Old El Paso™  
Dinner Kits**



Old El Paso  
Dinner Kits  
250-400g pkg  
selected varieties  
**3.99**  
SAVE UP  
TO \$2.50



Get 1  
**FREE**  
Beans 398 mL



**FALL SAVINGS  
FOR EVERYONE!**

Nature Valley Chewy  
Granola Bars 190-226g pkg,  
Fibre 1 Bars  
125-175g pkg or  
Mott's Fruitations  
or Betty Crocker  
Fruit Snacks 226g pkg  
or Pillsbury Pizza Pops  
380g pkg  
Individual \$3.99  
selected varieties



**2 FOR \$7**  
SAVE UP TO \$3 ON 2

**2.99**  
SAVE UP TO \$1.50

**99¢**  
SAVE 50¢

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**#ONLY IN  
CANADA**

**BUY \$25 TO GET A  
\$10 GIFT CARD**

Minimum purchase of \$25 pre-tax on participating Kruger Products\*\*



**5.99**  
SAVE \$3  
Bonterra Paper Product  
Sponge Towels 2=4 or  
Cashmere 8=16



**14.99**  
SAVE \$5  
Cashmere 12=48 or 24=48,  
Sponge Towels 6=12 or  
Scotties 12 Pack

**BUY**

any combination of participating  
Kruger Products® totaling \$25  
pre-tax on the same receipt.



**SNAP**

a picture of your receipt  
and upload within 7 days to  
OnlyInCanada.ca



**GET**

a \$10  
Gift Card\*



Valid: October 1<sup>st</sup> to December 31, 2024 at participating retailers. Limit of three (3) Gift Cards per household. Limit of one (1) Gift Card per receipt.

\*Valid on purchases Oct 1/24 to Dec 31/24. Submit receipt within 7 days from date of purchase to receive \$10 gift card on purchase of \$25 of participating Scotties, Cashmere, Purex, Sponge Towels and Bonterra products (excludes Premium) on one receipt. Limit 1 Gift Card per receipt. Not valid in combination with other offers. Terms and conditions at www.onlyincanada.ca. Limit 3 Gift Cards per household. Offer valid in only Canada. ©Registered trademarks of Kruger Products Inc. © Scotties is a registered trademark of Kimberly-Clark Worldwide Inc., used under license. \*\*Products claimed as being made in Canada have been made with domestic and imported materials.

**Fall Refresh:  
Upgrade Your Cleaning Routine!**



Lysol Disinfecting Wipes  
75-84ct  
selected varieties

**5.79**

SAVE UP TO \$2.70



Finish All In 1 or Quantum  
Dishwasher Detergent  
30-55ct  
selected varieties

**16.99**

SAVE AT LEAST \$1



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