



*Limited Thyme Sale*

**Thursday, November 7 starting at 10am**

All Varieties of

**Stuffed Chicken Breast**

**\$5.79** **Sale**  
LB

While supplies last

THE  
*Freshest Gatherings*  
START WITH US

# Let us do the cooking

Reserve your fully cooked  
Thanksgiving Meal for 6 today

**SHOP NOW**

*Reserve at the deli counter*

Turkey  
Holiday Meal  
**\$109<sup>99</sup>**  
Serves 6 people



**FRESH THYME MARKET**

**MY THYME 99¢ SATURDAY ONLY**

**4.99** Farm Promise Uncured Bacon Applewood or Hardwood

**1.99 LB** California Jumbo Red, Green or Black Seedless Grapes

**3.99** 80% Lean Grass-Fed and Finished Ground Beef

**3.99** Hass Avocados

**1.99 LB** Michigan Grown Honeycrisp Apples

**2.99** Sweet Golden Pineapples

**3.99** Organic Blueberries, Raspberries or Blackberries

**2/5** Jessie's Organic Salads

**2/5** Fresh Red, Yellow or Orange Bell Peppers

**2.99 LB** Fresh Tender Asparagus

**3.99** Pure Flavor Grape Tomatoes

**2.99 LB** All-Natural Boneless Skinless Chicken Breast or Tenders

**BOGO** Farm Promise Sea Salt Butt Roasts, Loin Filets or Tenderloins

**BOGO** Large 41/50 ct EZ Peel Raw Shrimp

**6.99 LB** Wild-Caught Large Peel Raw Shrimp or Fresh Atlantic Salmon Fillets

**4.99** Helpful Hens Pasture-Raised Large Brown Eggs

**3/5** Perfect Bar Organic Protein Bars or Snacks

**2/5** Red's Frozen Burritos

**2.99** Farmer's Market Organic Pumpkin, Butternut Squash or Sweet Potato Puree

**2/8** Boulder Canyon Party Size Potato Chips

**4.99** Quinn Filled Pretzel Nuggets

**BUY TWO GET ONE FREE** Bubly Sparkling Water

**BUY ONE GET ONE FREE** Fresh Thyme Essential Oils

**3.99** Pretzella Burger or Sausage Buns

**3.99** Companion Artisan Breads

**2/5** Fresh Thyme Shredded Cheese

**BUY ONE GET ONE 50% OFF** Kevin's Natural Fresh Entrees

**OPEN HOUSE HOLIDAY GATHERING NOV 9th 11AM-2PM**

**RESERVE YOUR FRESH ANATOMIC FREE TURKEY TODAY!**



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START WITH US

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## For Fresh Snacking



Braga  
Veggie Tray with Dip  
20 oz  
40 oz.....9.99

**5.99**



Fresh Thyme  
Cantaloupe, Watermelon,  
or Pineapple Chunks  
20 oz  
*quantities less than 3 are 5.99*

**3/\$12**



Fresh Thyme  
Melon Medley Chunks or  
Mixed Fruit Bowl  
20 oz  
*quantities less than 3 are 5.99*

**3/\$12**



Mary Ruth's Organics  
entire line on sale



Boar's Head  
Maple Glazed  
Honey Ham  
**8.99LB**



Boar's Head  
Flame-Grilled Chicken Breast  
Boar's Head  
Pepper Jack Cheese... **10.99LB**



ENTIRE LINE ON SALE  
Charlotte's Web  
CBD Items on Sale  
20% OFF



Fresh Thyme  
Bar Soap  
2.8-3.5 oz **2/5**



Nordic Naturals  
Select Items  
20% OFF



ENTIRE LINE ON SALE  
Thayers  
25% OFF



Fall Sunbeam  
Bouquet  
**9.99**



Dozen Roses  
**9.99**



Force of Nature  
Grass-Fed Beef or  
Venison Patties  
10 oz  
**BUY TWO  
GET ONE  
FREE**



Hatfield Recipe  
Essential Sausage  
or Farm Promise  
Ground Pork  
16 oz  
meat or match  
**BUY TWO  
GET ONE  
FREE**



Frick's  
Quarter Sliced Oven  
Roasted Turkey  
24 oz  
**8.99**



Sea Cuisine  
Marinated Salmon  
or Tilapia Entrees  
9-10.5 oz  
**7.99**



Starbucks  
Iced Coffee or  
Cold Brew  
60-68 oz  
**4.99**



Siggi's  
Plant-Based Yogurt  
5.3 oz  
**2/3**



Daring  
Frozen Chicken Pieces  
9 oz  
**6.49**



Lundberg  
Organic Rice  
32 oz  
**20% OFF**



Justin's  
Organic Peanut  
Butter Cups  
1.8 oz  
**2/4**



Poppi  
Prebiotic Pop  
12 oz  
**2/4**



Ghirardelli  
Chocolate  
Hot Cocoa  
12 oz  
**5.99**



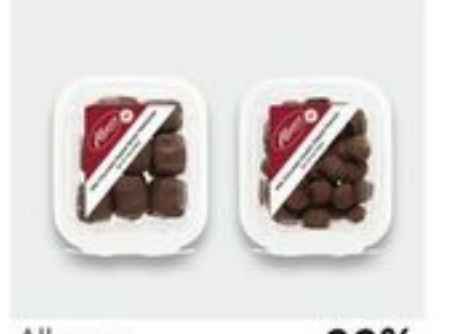
Enjoy Life  
Baking Morsels  
9-10 oz  
**5.99**



Made With  
Nut or Dried Fruit Tub  
6.5-8 oz  
**4.99**



Tru Fru  
Frozen Novelties  
8 oz  
**6.99**



Albanese  
Chocolate Tubs  
7-10 oz  
**33% OFF**



California Traditions  
Wine  
select varieties, 750 ml  
**4.99**

*Holiday*  
**SKI PASS**  
7 RAD DEALS for 7 WEEKS!

**SKI RUN #1!**  
**Free first pound of bulk coffee\***  
**with purchase of \$60**

\*excludes organic

Redeemable on the  
Fresh Thyme app

MY THYME  
the fresh way

Not a member?  
Join today!



Prices valid 11/06/24-11/12/24 at our Iowa locations

We reserve the right to limit quantities. All sale items are while supplies last and subject to availability. We reserve the right to correct printing errors. Not all items available in all stores. Maps and Coupons purchases are subject to local state laws. MY and KY available in Iowa & Oregon liquor stores business only. \*No. above of \$50.00 or all items and \$200.00 of more can be purchased in any one time.

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THE  
*Freshest Gatherings*  
START WITH US

# Celebrate Friendsgiving

Gather this season with  
good food and  
flavorful memories

[SHOP NOW](#)



**Make your holiday unforgettable!**



Alia's  
Gluten-Free Stuffing  
10 oz

**5.49**



Fresh Thyme Organic  
Crispy Onions  
6 oz

**2/56**



Fresh Thyme Organic  
Vegetables  
15 oz

**1.69**



Fresh Thyme  
Organic Broth  
32 oz

**2/54**



Fresh Thyme  
Gluten-Free Pasta  
8-12 oz

**2/56**



Kitchen Basics  
Stock  
32 oz

**2/56**



Imagine  
Organic Gravy  
13.5 oz

**2/56**



Fresh Thyme  
Organic Cream of  
Mushroom Soup  
10.5 oz

**1.79**



Kikkoman  
Panko Style Coating  
6 oz

**3.99**



Primal Kitchen  
Dairy Gravy  
12 oz

**7.99**



Edward & Sons  
Organic Potatoes  
3.5 oz

**2/55**



Fresh Thyme  
Charcuterie Essentials  
board not included

**29.99**



Wholly Wholesome  
Organic 9" Pie Shells  
2 pk

**5.99**



Cape Cod  
Frozen Cranberries  
16 oz

**4.49**



Truwhip Whipped Topping  
or Vegan Whip  
9-10 oz

**2/55**



Dandies  
Vegan Marshmallows  
10 oz

**3.99**



Fresh Thyme  
Organic Coconut Milk  
13.5 oz

**2/55**



Farmer's Market  
Organic Pumpkin,  
Butternut Squash or  
Sweet Potato Puree  
15 oz

**2.99**



Enjoy Life  
Baking Morsels  
9-10 oz

**5.99**



Bob's Red Mill  
Almond Flour  
16 oz

**10.99**



Waterloo  
Spiced Apple or  
Pomegranate Acai  
Sparkling Water  
8 pk, 12 oz

**2/58**

quantities less than 2 are regular retail



Poppi  
Prebiotic Soda  
4 pk, 12 oz

**6.99**



Die Sai  
Non-Alcoholic Mocktails  
select varieties, 4 pk

**13.99**



Three Spirits  
Non-Alcoholic Drinks  
16.9 oz

**22.99**



THE  
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**Make your holiday  
Organic!**





LA MARCA  
PROSECCO  
OR PROSECCO  
ROSE  
750 ml  
\$14.99



JOSH CELLARS  
CABERNET  
SAUVIGNON  
750 ml  
\$13.99



TOST NON-  
ALCOHOLIC  
SPARKLING  
BEVERAGE  
select varieties,  
750 ml  
\$6.99



CALIFORNIA  
TRADITIONS  
select varieties, 750 ml  
\$4.99



OYSTER BAY  
SAUVIGNON  
BLANC  
750 ml  
\$13.99



NO SUGAR  
ADDED  
AVALINE  
VEGAN & 100%  
ORGANIC  
GRAPES  
select varieties,  
750 ml  
\$18.99



JOSH CELLARS  
CHARDONNAY  
750 ml  
\$12.99



MARK WEST  
PINOT NOIR  
750 ml  
\$10.99



MEIOMI PINOT  
NOIR  
750 ml  
\$19.99



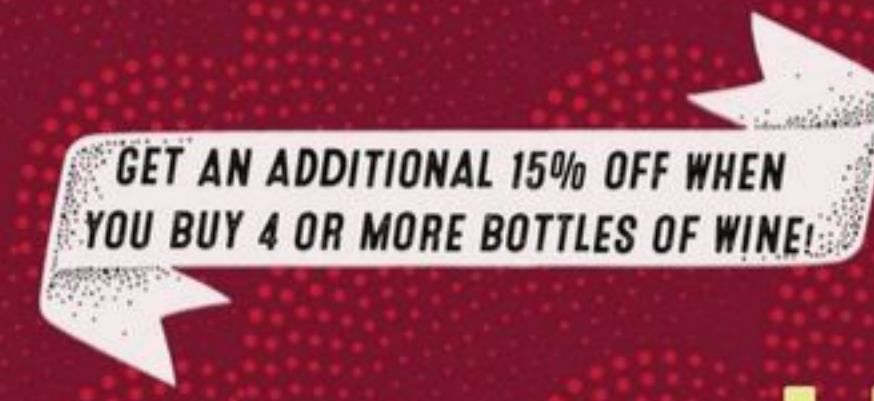
BUZZKILL  
ALCOHOL  
REMOVED  
WINE  
select varieties,  
4 pk, 250 ml  
\$16.99



RITUAL ZERO  
PROOF GIN,  
TEQUILA OR  
WHISKEY  
25.4 oz  
\$28.99



WHITEHAVEN  
SAUVIGNON  
BLANC  
750 ml  
\$20.99



GET AN ADDITIONAL 15% OFF WHEN  
YOU BUY 4 OR MORE BOTTLES OF WINE!

THE  
*Freshest Gatherings*  
START WITH US

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PRICES VALID  
10/30/24-12/3/24

**Holiday worthy pours!**



PERONI  
6 pk, 12 oz  
\$9.99



NEW BELGIUM  
select varieties, 6 pk, 12 oz  
\$9.99



CARBLISS COCKTAILS  
select varieties, 4 pk, 12 oz  
\$10.99



STELLA ARTOIS  
select varieties, 6 pk, 12 oz  
\$9.99



SIERRA NEVADA  
select varieties, 6 pk, 12 oz  
\$9.99



CORONA OR MODELO  
select varieties, 6 pk, 12 oz  
\$8.99



GUINNESS DRAUGHT OR  
N/A ZERO  
4 pk, 14.9 oz  
\$8.99



WHITE CLAW HARD SELTZER  
select varieties, 12 pk, 12 oz  
\$17.99



ATHLETIC BREWING  
NON-ALCOHOLIC BEER  
select varieties, 6 pk, 12 oz  
\$9.99



MOCKTAIL  
select varieties, 4 pk, 6.8 oz  
\$10.99

LOCAL

WE ♥ LOCAL BEER

THE  
*Freshest Gatherings*  
START WITH US  
\*\*\*

PRICES VALID  
10/30/24-12/3/24

**Holiday worthy pours!**



THE  
*Freshest Gatherings*  
START WITH US

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**Make your holiday  
Plant-Based!**



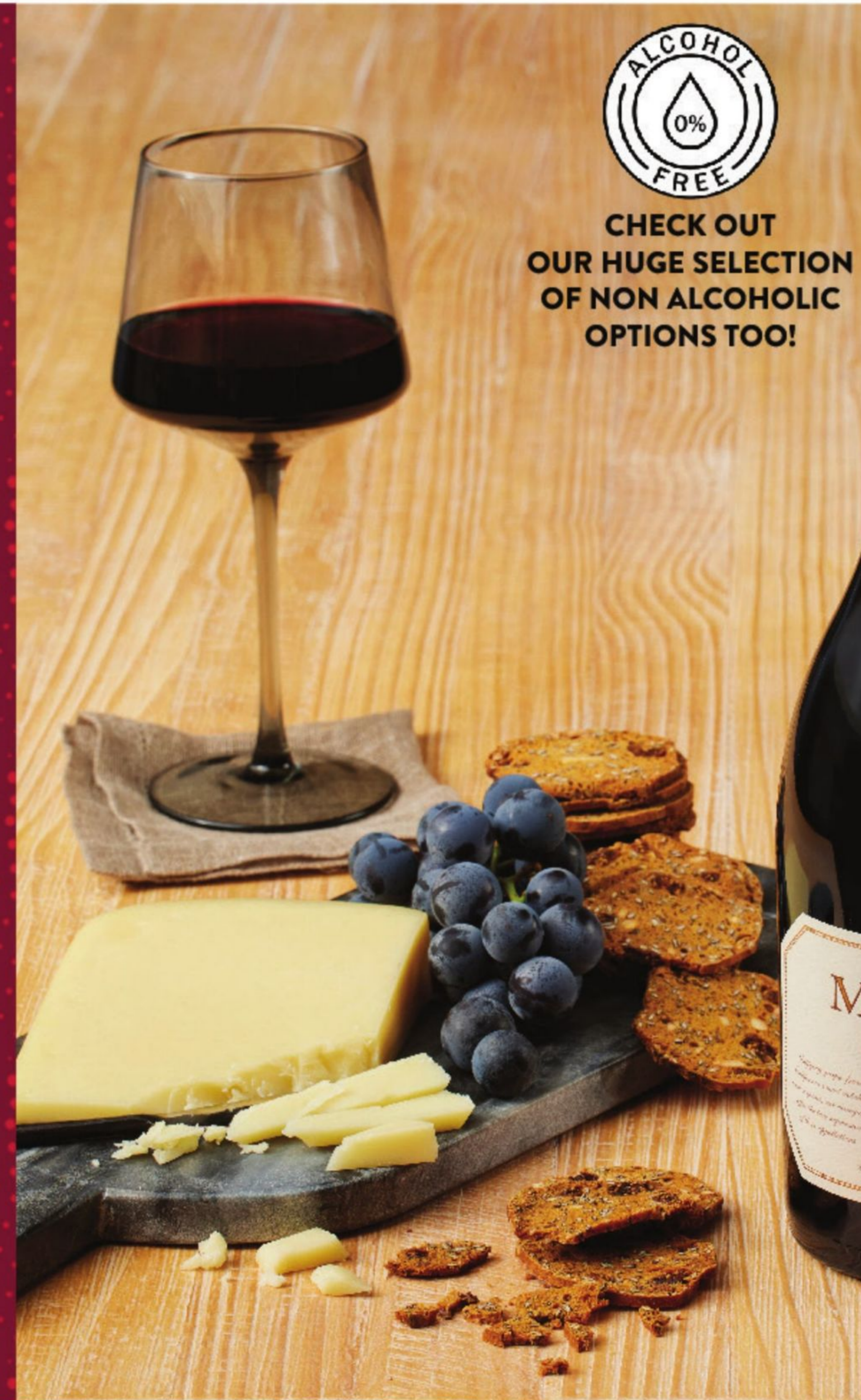
THE  
*Freshest Gatherings*

*with*

# wine & cheese

## Pinot Noir & Gruyère

With its nutty flavor and smooth texture, this cheese complements the cherry notes of the wine, making for a mild and slightly tart tang.





**GLUTEN FREE**

THE  
*Freshest Gatherings*  
START WITH US

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**Make your holiday  
Gluten-Free!**

TRY THIS ESSENTIAL OIL  
RECIPE TODAY!!

# Giving Thanks

BUY ONE  
GET ONE  
FREE

ADD THE DIRECTED AMOUNT OF DROPS  
TO YOUR DIFFUSER FOR A SCENTPLOSION



# Grab & Give



Grab a tag  
in store  
to donate

Your donation will go to a local food  
pantry. Together we can support our  
community and help end hunger.

[SHOP NOW](#)

