



SALE
SAVE \$3⁵⁰LB

5⁴⁹
LB

CHICKEN BREASTS OR THIGHS
BONELESS SKINLESS
FAMILY SIZE
12.10/KG
20028450_KG/20162170_KG



SALE
SAVE \$1⁵⁰LB

4⁹⁹
LB

LEAN GROUND BEEF
FAMILY SIZE
11.00/KG
20805731_KG



SALE
SAVE \$1⁹⁹LB

\$4
LB

PORK BACK RIBS
CRYOVAC PACKAGE
2'S
8.82/KG
20769496_KG



SALE
SAVE \$1⁹⁹

\$7

SEAQUEST® COLOSSAL
PACIFIC WHITE SHRIMP
RAW ZIPPERBACK®
16-20 PER LB FROZEN
300 G
21043887_EA



WHEN YOU BUY 3
SAVE 99¢

3/1⁹⁸
LESS THAN 3
99¢ EA.

LARGE LEMONS
PRODUCT OF
SOUTH AFRICA
20028593001_EA

NOVEMBER

**HIT
OF THE
MONTH**



**PC® KETTLE COOKED
POTATO CHIPS**
SELECTED VARIETIES
200 G
21422931_EA/21576276_EA



HERSHEY'S CHOCOLATE POUCHES
SELECTED VARIETIES
180-230 G
20303970004_EA/20545259_EA



**PILLER'S KOLBASSA 250-375 G OR
QUATTROCENTO PARM WEDGE 200 G**
SELECTED VARIETIES
20308469_EA/21599680_EA



D'ITALIANO GUSTO BAGELS
SELECTED VARIETIES
6'S
21576835_EA/21577075_EA

See in-store for retails.

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.

**Must be a registered PC Optimum™ member to get this offer.

Valid from November 1 - 30, 2024. While quantities last. See in-store for details.



Scan to see our complete digital flyer

DOLLAR DEALS

\$1



CHEEMO PEROGIES
FROZEN
330 G
21597974_EA



NELSON MILKSHAKES
SELECTED VARIETIES
310 ML
21040942_EA/21040956_EA



AVOCADO
PRODUCT OF MEXICO
EACH
21097012001_EA

\$2



PALMOLIVE DISH DETERGENT
SELECTED VARIETIES
591/628 ML
20861400_EA/21004368_EA



PC® TEA OR LEMONADE
SELECTED VARIETIES
1.54 L
21430684_EA/21506771_EA



\$2 PER POUND



GREENHOUSE TOMATOES ON THE VINE
PRODUCT OF U.S.A., MEXICO OR CANADA OR **GREEN ZUCCHINI**
PRODUCT OF U.S.A. OR MEXICO
4.41/KG
20026703001_KG/20426596001_KG

\$3



CLASSICO SAUCE
SELECTED VARIETIES
600/650 ML
21618217_EA/21618218_EA

MADEGOOD GRANOLA, MORNINGS BARS, SOFT BAKED COOKIES OR SQUARES
SELECTED VARIETIES
110-150 G
20927046_EA/21107622_EA



\$5

PUREX BATHROOM TISSUE
8-16 ROLLS OR **SCOTTIES FACIAL TISSUE** 6'S
SELECTED VARIETIES
20318667_EA/21346570_EA



\$4



PINT

DR. OETKER PIZZA
320-410 G OR **PC® THIN & CRISPY, LOADS OF OR FLATBREAD PIZZA** 330-455 G
SELECTED VARIETIES, FROZEN
20296100001_EA/21013452_EA



Independent™

Your Independent Grocer



BASSE MIX NUTS
SELECTED VARIETIES
415- 600 G
21158597_EA
21158613_EA

Members save \$2

Optimum Members-Only Price

\$5

Non-members **\$7**



NO NAME® SPICES
SELECTED VARIETIES
15-250 G
20617758_EA
20618086_EA

GET 500⁰⁰ = 50^c Value

2⁹⁹



KRAFT DINNER ORIGINAL
SELECTED VARIETIES
200 G
21549526_EA

WHEN YOU BUY 3 **SAVE 97^c**

3/\$5
LESS THAN 3 \$1.99 EA.



SEKKA PREMIUM MEDIUM GRAIN RICE
6.8 KG
21596886_EA

SALE
SAVE \$6

13⁹⁹



PC® PUB RECIPE™ OR GLUTEN-FREE CHICKEN
SELECTED VARIETIES,
FROZEN
600/700 G
21201320_EA
21201321_EA

SALE
SAVE \$2

\$6



PC® SMOKED SALMON
SELECTED VARIETIES
FROZEN
125/150 G
20055009_EA
21047088_EA

SAVE
UP TO \$2

9⁹⁹



PC® OR NO NAME® CHEESE SHREDS
SELECTED VARIETIES
250-320 G
21060207_EA
21082799_EA

\$5



OIKOS GREEK YOGURT
650/750 G OR
PC® ORANGE JUICE 2.5 L
SELECTED VARIETIES
21305945_EA
21531644_EA

5⁹⁹



BREYERS CREAMERY STYLE
1.66 L OR **CHAPMAN'S PREMIUM ICE CREAM,**
FROZEN YOGURT, SORBET 2 L OR SUPER NOVELTIES 6-20'S
SELECTED VARIETIES
FROZEN
20111532_EA/20323573001_EA

5⁹⁹



CAVENDISH FRIES OR HASHBROWNS
SELECTED VARIETIES
FROZEN
800 G
21602936_EA/21604103_EA

WHEN YOU BUY 2
SAVE 98^c

2/\$5
LESS THAN 2 \$2.99 EA.



NESTLÉ QUALITY STREET TIN
650 G
21548444_EA

19⁹⁹



BECEL MARGARINE
SELECTED VARIETIES
637/850 G
20297818002_EA
20297818003_EA

6⁹⁹



CATELLI PASTA
SELECTED VARIETIES
325-500 G
20009507901_EA
20315642002_EA

WHEN YOU BUY 2
SAVE 98^c

2/\$5
LESS THAN 2 \$2.99 EA.



CLOVER LEAF WHITE TUNA
SELECTED VARIETIES
170 G
20167571_EA/20326358001_EA

SALE
SAVE \$1

2⁹⁹



HUMPTY DUMPTY OR OLD DUTCH CHEESE FLAVOURED SNACKS OR PARTY MIXES OR OLD DUTCH POTATO CHIPS
SELECTED VARIETIES
200 -290 G
21367546_EA
21445100_EA

GET 1,000⁰⁰ = \$1 Value when you buy 2

WHEN YOU BUY 2
SAVE 98^c

2/\$8
LESS THAN 2 \$4.49 EA.



SPONGETOWELS PAPER TOWELS
SELECTED VARIETIES
6 ROLLS
21188612_EA

SALE
SAVE \$4⁹⁹

\$7



PC® YARD WASTE
5'S
20429980_EA

GET 1,500⁰⁰ = \$150 Value when you buy 2

WHEN YOU BUY 2
SAVE 98^c

2/\$8
LESS THAN 2 \$4.99 EA.



ANY SIZE DOWNY OR GAIN FABRIC SOFTENER, BOUNCE, DOWNY OR GAIN DRYER SHEETS, DOWNY, GAIN OR IVORY BEADS OR DOWNY RINSE
21550157_EA/21550209_EA

GET 15,000⁰⁰ = \$15 Value for every '30' spent on

CUSTOMER RELATIONS 1-800-296-2332. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank is a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. ** Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner.



WB WW WY BACK



DIGITAL COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

**CLICK FOR THESE
COUPONS AND MORE**



5,000 points

When you spend \$30 or more on fresh fruits or vegetables

Ends on November 27th, 2024



8,000 points

When you spend \$50 or more on fresh poultry or pork

Ends on November 27th, 2024



3,000 points

PC® BBQ rotisserie chicken, fully cooked 900 g-1 kg

Ends on November 27th, 2024



1,000 points

When you buy 2 PC® The Decadent® chocolate chip cookie selected varieties 280/300 g

Ends on November 27th, 2024



3,000 points

PC® BBQ pork back ribs
Somkin Stampede™ frozen 680 g

Ends on November 27th, 2024



1,500 points

Farmer's Market™ muffins selected varieties 6's

Ends on November 27th, 2024



\$1 off

Pringles Mingles 155 g or potato chips 148-203 g

Ends on November 27th, 2024



1,000 points

no name® canola or vegetable oil 3 L

Ends on November 27th, 2024



\$1.25 off

Q-Tips cotton swabs 500's

Ends on November 27th, 2024

Produce



WEST FARMER'S MARKET[™] MINI CARROTS
PRODUCT OF WESTERN PROVINCES, CANADA NO. 1 GRADE
1 LB
20696621_EA

2⁵⁰



PLANTAIN
PRODUCT OF COLOMBIA, HONDURAS OR GUATEMALA
3.31/KG
2011192601_KG/20111926003_KG

1⁵⁰ LB



PC[®] SWEET CARNIVAL GRAPES
PRODUCT OF U.S.A., NO. 1 GRADE
13.23/KG
21336795001_KG

\$6 LB



ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S
20067289001_EA

\$5



FARMER'S MARKET[™] GREENHOUSE PEPPERS
PRODUCT OF CANADA OR MEXICO
3'S
20085851001_EA

\$5



ORGANIC RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
6 OZ
20056190001_EA

\$6



WEST LEEKS
PRODUCT OF WESTERN PROVINCE
EACH
20090117001_EA

\$6



CHINESE MANDARINS
PRODUCT OF CHINA
5 LB
20088143001_EA

8⁸⁸



MANN'S SNAP OR SNOW PEAS
PRODUCT OF U.S.A.
170/227 G
20712967_EA
20712998_EA

2/\$9
LESS THAN 2 \$5 EA.



FRESH GUACAMOLE 320 G OR PICO DE GALLO SALSA 220 G
MADE FRESH IN-STORE
21525868_EA/21552223_EA

\$5

Butcher



WEST STRIPLON GRILLING STEAK
FAMILY SIZE CUT FROM CANADA AAA GRADE WESTERN BEEF
41.87/KG
20821010_KG

18⁹⁹ LB



PC[®] BLUE MENU[™] GROUND CHICKEN OR TURKEY
454 G
21100091_EA/21100092_EA

\$7



PC[®] THE ULTIMATE PORK RIB ROAST
FROZEN
1.1 KG
21616767_EA

\$15



BEEF STIR FRY STRIPS
250 G
21588067_EA

\$7



ULTIMATE DINNER OR BREAKFAST SAUSAGE
SELECTED VARIETIES
375/500 G
21378310_EA/21539969_EA

\$6



PC[®] WORLD OF FLAVOURS[™] JERK CHICKEN LEGS
AIR CHILLED
13.21/KG
21454286_KG

5⁹⁹ LB



ZABIHA HALAL BEEF BURGERS
FROZEN
678 G
21551440_EA

\$17



NO NAME[®] BACON
REGULAR OR SALT REDUCED
500 G
20156771_EA/20174909_EA

\$6



PC[®] WINGS
SELECTED VARIETIES, FROZEN
700-907 G
20708932_EA/20708933_EA

\$17



PC[®] BBQ PORK BACK RIBS 680 G OR KOREAN BEEF SHORT RIBS
500 G
SELECTED VARIETIES, FROZEN
20071715_EA
21394197_EA

\$15

Seafood

Fresh seafood items subject to availability.



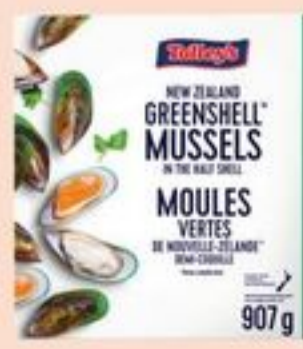
TUNA STEAKS
FROZEN OR PREVIOUSLY FROZEN
29.74/KG
20753134_KG

13⁴⁹ LB



SEAQUEST[®] CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS
SELECTED VARIETIES
READY-TO-EAT
227 G
20749798_EA
20749901_EA

3⁴⁹



TALLEY'S NEW ZEALAND GREENSHELL MUSSELS
FROZEN
907 G
21557953_EA

17⁹⁹



PC[®] PEI MUSSELS IN PROVENCE OR CREAMY WHITE WINE SAUCE
FROZEN
907 G
20838559_EA
20838560_EA

7⁹⁹

Great to go

Great to go items plus applicable taxes.

5,000^{PC}
when you buy 2

\$5
Value

12 PIECE PRE-PACK SAUCED WINGS WITH CELERY AND CARROTS CHILLED
728 G
21532565_EA/21532557_EA

\$15



GREY CUP
SUNDAY
NOVEMBER 17TH

5,000^{PC}

\$5
Value

CHICKEN, FAJITA, GYRO OR SOUVLAKI CHICKEN TACO TRAY
PREPARED IN-STORE
1-1.1 KG
21354582_EA/21624669_EA

\$20



CLASSIC ITALIAN STYLE OR PULLED PORK MINI SLIDER BUNS
PREPARED IN-STORE
12'S
21562105_EA/21595416_EA

\$16

1,000^{PC}
when you buy 2

\$1
Value



FRIED TORTILLA CHIPS
450 G
21534615_EA/21525868_EA

2/\$8
LESS THAN 2
\$5 EA.



RESER'S LARGE SALADS
SELECTED VARIETIES
1.25 KG
20962362_EA/20962368_EA

\$7

Bakery

3,000^{PC}
when you buy 2

\$3
Value



ACE BAKERY BISTRO LOAF OR ARTISAN ROLLS
SELECTED VARIETIES
6-10'S
21596345_EA
21516156_EA

4⁹⁹-6⁹⁹



BAKED IN-STORE
SOURDOUGH OR PUMPERNICKEL BOULE
SELECTED VARIETIES
675 G
20132458_EA/20653517_EA

\$4



BAKED IN-STORE
BULK ROLLS
SELECTED VARIETIES
20076950_EA

8/\$4
LESS THAN 8
70c EA.



8 INCH PIES
SELECTED VARIETIES
635-750 G
21297475_EA

\$6



D'ITALIANO BREAD OR BUNS
SELECTED VARIETIES AND SIZES
20627103_EA
20038335_EA
21450797_EA

2/6⁵⁰
LESS THAN 2
\$3.79 EA.



SILVER HILLS SPROUTED BREAD
SELECTED SIZES AND VARIETIES OR LA FOURNEE DORÉE Brioche Sliced Brioche
Bread 500 G
20978205_EA/21047070_EA

5⁹⁹

The Deli



SCHNEIDERS PEPPERETTES
250-375 G
20976110_EA
21433636_EA



Members \$4
7⁹⁹
Non-members
11⁹⁹



ZIGGY'S SERVICE CASE HAM
SELECTED VARIETIES
20313480_KG

1⁹⁹
/100 G



BALDERSTON CHEDDAR
SELECTED VARIETIES
250/280 G
20415944_EA
21495455_EA

1,000^{PC}
\$1
Value
7⁹⁹



PC DOUBLE CREAM BRIE
SELECTED VARIETIES
170-200 G
20787327_EA

6⁹⁹



PC DIPS OR NAAN DIPPERS
SELECTED VARIETIES
200-227 G
20584097_EA/21092033_EA



2/\$7
LESS THAN 2
\$4 EA.



SNACK FACTORY PRETZEL CRISPS
SELECTED VARIETIES
200 G
20948904_EA/20948940_EA

500^{PC}
50^C
Value
\$6

Floral



SIGNATURE GIFTING BOUQUET
21436377_EA/21436378_EA

\$25



CARNATION BUNCH ASSORTED VARIETIES
21087795_EA

3/\$21
LESS THAN 3
\$9 EA.



6 INCH POINSETTIA
20036549_EA

\$11



AMARYLLIS GARDEN SELECTED VARIETIES
21340765_EA

\$24

DOLLAR DEALS

Everything for \$5 or less.

\$1



PC® BLUE MENU® OR FREE & CLEAR SPARKLING WATER
SELECTED VARIETIES
1 L
20320832004_EA
20162061007_EA



NO NAME® INSTANT NOODLE SOUP CUPS
SELECTED VARIETIES
65 G
20301246001_EA
20301246002_EA



BABY BELLIES OR LITTLE BELLIES BABY SNACKS
SELECTED VARIETIES
8/12 G
21539335_EA/21539350_EA



NO NAME® RICE CRACKERS
SELECTED VARIETIES
100 G
20297188002_EA/20297188003_EA

\$2



RED MANGO
PRODUCT OF BRAZIL
EACH
20059635001_EA



ONTARIO GREENHOUSE BEEFSTEAK TOMATOES
PRODUCT OF ONTARIO
4.41/KG
20426141001_KG

\$2 PER POUND



NO NAME® ENGLISH MUFFINS
WHITE OR WHOLE WHEAT
6'S
21297780_EA/21297819_EA



BAGEL BITES PIZZA SNACKS
SELECTED VARIETIES
FROZEN
198 G
20213483001_EA



I CAN'T BELIEVE IT'S NOT BUTTER! MARGARINE
SELECTED VARIETIES
427 G
20061949001_EA



BABY GOURMET PUFFIES OR CRUNCHERS
SELECTED VARIETIES
32 G
21597336_EA/21597406_EA



BUSH'S BAKED BEANS
SELECTED VARIETIES
398 ML
20101518001_EA
21480587_EA

DOLLAR DEAL\$

Everything for \$5 or less.

2/\$3
LESS THAN 2
1.75 EA.



RAVINE CANNED MUSHROOM PIECES AND STEMS
284 ML
21298248_EA

2/\$3
LESS THAN 2
1.79 EA.



NO NAME® CANNED VEGETABLES
SELECTED VARIETIES
341/398 ML
20303822_EA/20323322_EA

\$3



DARE BEAR PAWS COOKIES
SELECTED VARIETIES
168-240 G
21080779_EA/21080791_EA



QUAKER CRISPY MINIS OR LARGE RICE CAKES
SELECTED VARIETIES
90-173 G
20850854_EA/20850958_EA



KNORR BOUILLON CUBES
SELECTED VARIETIES
39-63 G
20297436001_EA/20297436002_EA



HARIBO GUMMY CANDY
SELECTED VARIETIES
170-175 G
21519578_EA/21519517_EA



BEN'S BISTRO EXPRESS
SELECTED VARIETIES
240/250 G
21404827_EA/21404840_EA



PC® APPLEREET™ APPLE SAUCES
SELECTED VARIETIES
6X100 ML
20309701001_EA/20309701002_EA



QUAKER DIPPES OR CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
21359366_EA/20847582_EA

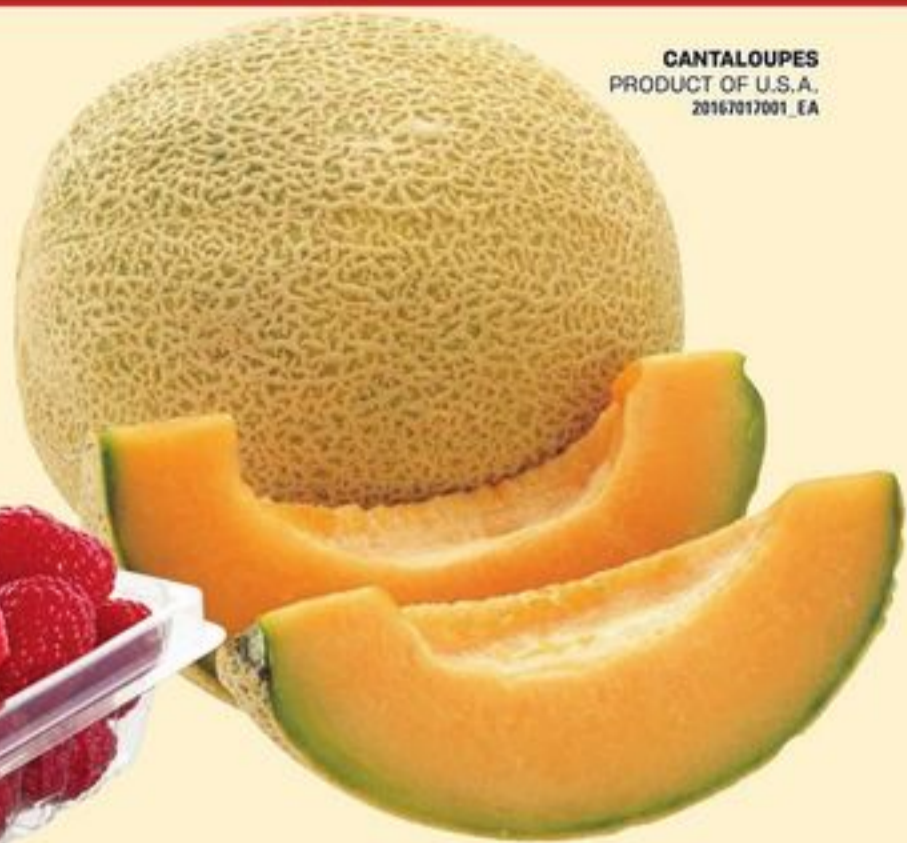
DOLLAR DEAL\$

Everything for \$5 or less.

\$4



RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
170 G
20128938001_EA



CANTALOUPE
PRODUCT OF U.S.A.
20167017001_EA



NO NAME® CANNED FRUIT
SELECTED VARIETIES
796 ML
20618071_EA
20618824_EA



PILLSBURY TOASTER STRUDEL 326 G
OR **SCRAMBLES** 204 G
SELECTED VARIETIES FROZEN
20172664001_EA
21474507_EA



PC® THE DECADENT® CHOCOLATE CHIP COOKIE
SELECTED VARIETIES
280/300 G
20612257_EA
20612260_EA



VH SAUCES
SELECTED VARIETIES
341/355 ML
20308726001_EA
20309693001_EA



FRANK'S RED HOT OR THICK SAUCE
SELECTED VARIETIES
354 ML
20187632001_EA
21584993_EA



HUNGRY-MAN ENTRÉES
SELECTED VARIETIES
FROZEN
360-455 G
20296014003_EA/20296014004_EA



HEINZ KETCHUP
SELECTED VARIETIES
375 ML
20128881_EA/21626173_EA



KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES
FROZEN
8'S
20302779_EA



Q-TIPS
500'S
20323077001_EA

DOLLAR DEALS

Everything for \$5 or less.

3/\$5
LESS THAN 2
1.99 EA.



**PC® BLUE MENU®
CANNED TOMATOES**
SELECTED VARIETIES
796 ML
20034188_EA/20328587_EA

2/\$5
LESS THAN 2
2.99 EA.



BARILLA PASTA
SELECTED VARIETIES
340/410 G
21404912_EA/21515800_EA

2/\$5
LESS THAN 2
2.99 EA.



**GERBER SNACKS
OR ENTRÉES**
SELECTED
VARIETIES
42-187 G
20304618003_EA
20304618007_EA

2/\$5
LESS THAN 2
2.99 EA.



STAGG CHILI
SELECTED VARIETIES
398 ML
20091906_EA/20300125001_EA

2/\$5
LESS THAN 2
2.50 EA.



FRISKIES CAT TREATS
SELECTED VARIETIES
170 G
20606841_EA

\$5



**KIMBERLEY'S
CUPCAKES**
SELECTED VARIETIES
315-318 G
21595235_EA/21595272_EA



**FARMER'S MARKET®
BUTTER CROISSANTS
OR CROISSANT BUNS**
SELECTED VARIETIES
270/300 G
20975943_EA/21577824_EA



PC® ASIAN ENTRÉES OR SOUPS 300 G,
GNOCCHI OR RISOTTO 350-400 G
SELECTED VARIETIES FROZEN
21546625_EA/21565868_EA



**PC® COOKIE
DOUGH BITES**
SELECTED VARIETIES
FROZEN
6'S
21506998_EA



BEN & JERRY'S 473 ML OR
MAGNUM BARS 4'S SELECTED
VARIETIES FROZEN
20950739_EA/21428403_EA



**SCHNEIDERS BREAKFAST
SANDWICHES** 204-288 G
OR **EGG BITES** 224 G
SELECTED VARIETIES FROZEN
21623187_EA/21623288_EA



CHEEZ-IT SNAP'D OR
TOWN HOUSE CRACKERS
SELECTED VARIETIES
260-391 G
21107393_EA/21451181_EA



**PC® SKINLESS BONELESS OR
PC® BLUE MENU® NO SALT
ADDED SOCKEYE SALMON**
170 G
20548676_EA



**HELLMANN'S
MAYONNAISE**
SELECTED VARIETIES
340/445 ML
2008233001_EA/21591067_EA



BLACK DIAMOND COMBOS
SELECTED VARIETIES
129 G
21208641_EA/21208897_EA



**MINI SEEDLESS
WATERMELONS**
PRODUCT OF
MEXICO OR U.S.A.
20145379001_EA

**LIMIT 4
AFTER LIMIT
\$7 EA.**



**ENERGIZER
BATTERIES**
AAB OR AAA4
21103981_EA/21104803_EA
CUSTOMER IS RESPONSIBLE FOR
THE PAYMENT OF ANY APPLICABLE
MUNICIPAL AND/OR PROVINCIAL
DEPOSIT OR PRODUCT/PACKAGING
RECYCLING FEE THAT MAY APPLY.

You get, we give.

When you get participating products* marked in aisle, a portion of proceeds from every purchase will be donated to help feed one million kids.

In support of



**children's
charity**



*In conjunction with our partners, a maximum of \$600,000 will be collectively donated to President's Choice Children's Charity from purchases of participating products made at Loblaws, Zehrs, Valu-Mart, Your Independent Grocer, Atlantic Superstore, Dominion and Provigo stores between November 14 - 27, 2024.



YOPLAIT TUBE 8X56 G OR
MINIGO YOGURT 6X60 G
SELECTED VARIETIES
21547595_EA/21619318_EA

3⁶⁹



NESTLÉ CHOCOLATE
TABLETS
SELECTED VARIETIES
90-120 G
20640580_EA/21247054_EA

2/\$5
LESS THAN 2
\$2.99 EA.



SIGGI'S
SELECTED VARIETIES
4X100 G
21589925_EA/21590027_EA

3⁹⁹



SIGGI'S SKYR YOGURT
SELECTED VARIETIES
650/750 G
21353874_EA/21353892_EA

6⁹⁹



AMOOZA CHEESE SNACKS
SELECTED VARIETIES
228 G
21403514_EA/21536895_EA


5⁹⁹



CRACKER BARREL
NATURAL CHEESE SLICES
SELECTED VARIETIES
220/240 G
21290684_EA/21290682_EA

5⁹⁹

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APP EXCLUSIVE OFFER
Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Must Try

3,000 **\$3 Value**



\$10

PC® NORTHERN SPANISH-STYLE BASQUE CHEESECAKE
FROZEN
600 G
21609491_EA

APP EXCLUSIVE OFFER
Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Must Try

3,000 **\$3 Value**



\$15

PC® HOLIDAY FEAST TURKEY (AND FIXINS) PIE
FROZEN
800 G
21613959_EA

PC® GLUTEN-FREE FLATBREAD
SELECTED VARIETIES
FROZEN
342/374 G
21395070_EA/21395544_EA

\$9



PC® AHI TUNA TATAKI
FROZEN
130 G
21616769_EA

\$13



PC® THAI BASIL SHRIMP SPRING ROLLS
FROZEN
294 G
20950440_EA

\$11



PC® PORK SAUSAGE ROLLS
FROZEN
500 G
21538572_EA

\$10



PC® HALLOOM CHEESE STICKS
FROZEN
300 G
21393377_EA

\$15



PC® FRENCH ONION SOUP SOUP STRAWS
FROZEN
240 G
21612011_EA

\$9



PC® SALSA CON QUESO
CHEESE DIP
SELECTED VARIETIES
400 ML
21629531_EA

3⁹⁹



new

PC® ORGANICS BALSAMIC OR CAESAR DRESSING
350 ML
21609744_EA
21609630_EA

5⁹⁹



PC® SEAFOOD SAUCE
SELECTED VARIETIES
250 ML
20023348001_EA
20023348002_EA

3⁴⁹



PC® SCALLOPED CRACKERS
SELECTED VARIETIES
185 G
20603888002_EA
20603888003_EA

2/\$5
LESS THAN 2 \$2.99 EA.



PC® M'AQUA COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES
6X355 ML
21590669_C06/21590813_C06

4⁵⁰



new

PC® FRIZZAN-TÉ SPARKLING TEA BEVERAGE
POMEGRANATE HIBISCUS WHITE TEA OR PEACH GINGER GREEN TEA FLAVOUR
750 ML
21597914_EA/21597948_EA

7⁵⁰



PC® DEALCOHOLIZED WINE
SELECTED VARIETIES
750 ML
21045800_EA
21403389_EA

7⁵⁰



PC® OR BLUE MENU® COCKTAILS
SELECTED VARIETIES
1.89 L
20501279_EA
20506849003_EA

3⁵⁰



PC® MINI CANS
SELECTED VARIETIES
6X222 ML
21094861_C06
21094147_C06

2/\$6
LESS THAN 2 \$3.49 EA.



PC® CRAFT BREWED 0.5% LOW-ALCOHOL BEER
SELECTED VARIETIES
4X355 ML
21589335_C04
21589408_C04

\$6



Festive cheer



HOLIDAY WREATH WITH BOW
SELECTED VARIETIES
24 INCH
21349757_EA

\$35



PC® LARGE OUTDOOR ARRANGEMENT WITH PINE & BERRIES
EACH
21215675_EA

\$40



Set the mood, hang some cheer and enjoy the scents of the season.



GREENERY LANTERN
EACH
21215675_EA

\$35



4 INCH CONIFER
EACH
21638036_EA

\$9



POINSETTIA IN UPGRADED TIN
8 INCH
EACH
20287881_EA

\$24

Holiday Treats For Less



ENTERTAINER CAROUSEL
450 G
20907779_EA

\$12



NUTS CAROUSEL
450 G
20907921_EA

\$12



PC® RAW ALMONDS
400 G
21408053_EA

\$8



PC® RAW CASHEWS
680 G
21404971_EA

\$16



ROYAL NUTS CALIFORNIA WALNUTS
240 G
20771610_EA

\$12



PARTY PEANUTS CAROUSEL
625 G
21107309_EA

\$12



ROYAL NUTS PECANS
250 G
21192386_EA

\$12



FARMER'S MARKET™ HAZELNUTS
175 G
21519996_EA

\$8

Game day



12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
510-739 G
21456463_EA/21456464_EA

\$9-10

WINGS N' TENDERS PLATTER
20 CHICKEN WINGS BREADED OR UNBREADED, SAUCE OF YOUR CHOICE,
12 CHICKEN TENDERS PAIRED WITH CARROTS AND CELERY
PLEASE ORDER THROUGH THE DELI DEPARTMENT OR PC EXPRESS, ALLOW 24 HOURS IN ADVANCED
21559247_EA

\$45



PARTY PLATTER
SELECTED VARIETIES
696 G-1.15 KG
21217521_EA
21217522_EA

\$25



SANDWICH OR WRAP PLATTERS
SELECTED VARIETIES AND SIZES
PREPARED IN-STORE
1.2-3.4 KG PLEASE ORDER THROUGH THE DELI DEPARTMENT OR PC EXPRESS, ALLOW 24 HOURS IN ADVANCED
21557919_EA/21558135_EA

\$25-65



LARGE PREMIUM SALADS
SELECTED VARIETIES
330 G
20113593_EA
21594141_EA

\$10



LARGE VEGETABLE OR FRUIT PLATTER
PREPARED FRESH IN-STORE DAILY
1.58-2.2 KG
20081718_EA
20121599_EA

\$24-25



DELI CHARCUTERIE BOARD
SELECTED VARIETIES
211-433 G
21405538_EA
21405571_EA

\$12-15



PC* VEGETABLE SPRING ROLLS 574 G
OR **MOZZARELLA STICKS** 454 G FROZEN
2116020_EA/20698036_EA

\$10



PC* CHICKEN SAUSAGE ROLLS
FROZEN
500 G
21439588_EA

\$12



SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
454 G
20979191_EA

12⁹⁹



MAPLE LEAF TOP DOGS OR SCHNEIDERS RED HOTS WIENERS
SELECTED VARIETIES
375 G
20602429_EA
21093477_EA

5⁹⁹



CAMPBELL'S CHILI
SELECTED VARIETIES
425 ML
20318367002_EA

3⁴⁹



FRANK'S RED HOT OR THICK SAUCE
SELECTED VARIETIES
354 ML
20187632001_EA
20023348001_EA

\$4



PC* DRY ROASTED PEANUTS
SELECTED VARIETIES
700 G
20957990001_EA
20957990003_EA

6⁹⁹



NO NAME® POTATO CHIPS
SELECTED VARIETIES
200 G
21302793_EA
21302821_EA

1⁹⁹



PC* TORTILLA CHIPS
SELECTED VARIETIES
320-350 G
20302765_EA
20305180_EA

2/\$5
LESS THAN 2 \$2.99 EA.



PC* DE-ALCOHOLIZED BEER
SELECTED VARIETIES
12X355 ML
20121729_C12
20325253_C12

\$9



GATORADE OR POWERADE SPORTS DRINK
SELECTED VARIETIES
24X591 ML
20854130_C24
20298835002_C2_EA

23⁴⁹



MOTT'S CLAMATO JUICE
1.89 L OR OCEAN SPRAY
100% JUICE BLEND OR COCKTAIL
1.77-1.89 L
SELECTED VARIETIES
2030006608_EA
21575320_EA

3⁹⁹

Grocery



CHRISTIE RITZ, WHEAT THINS OR TRISCUIT CRACKERS SELECTED VARIETIES 175-454 G 21030905_EA/21547034_EA

2/7⁵⁰
LESS THAN 2 \$4.29 EA.

LINDT LINDOR CORNET SELECTED VARIETIES 600 G 20215793001_EA 20215793002_EA

Members save \$6
Optimum
Members-Only Price
16⁹⁹
Non-members
22⁹⁹

FRISKIES CAT FOOD SELECTED VARIETIES 1.4-1.5 KG 20912515_EA

Members save \$2
Optimum
Members-Only Price
6⁹⁹
Non-members
8⁹⁹



KRAFT PEANUT BUTTER 750 G-1 KG OR HAZELNUT SPREAD 725 G SELECTED VARIETIES 20039581001_EA 21285418_EA

2/12⁵⁰
LESS THAN 2 \$7.79 EA.

KELLOGG'S JUMBO CEREAL SELECTED VARIETIES 825 G-1.3 KG 20072706_EA 20815737_EA

9⁹⁹

iÖGO YOGURT 2 KG, OIKOS GREEK YOGURT 12X100 G SELECTED VARIETIES 20636092_EA 21396062_EA

11⁹⁹



INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM SELECTED VARIETIES 396-946 ML 20895480002_EA 20895480003_EA

5⁹⁹

DAIRYLAND SOUR CREAM SELECTED VARIETIES 500 ML 20275966001_EA

3⁴⁹

PC BUTTER QUARTERS SELECTED VARIETIES 454 G 20313456001_EA 20313456002_EA

6⁹⁹

HELUVA GOOD! FRENCH ONION DIP SELECTED VARIETIES 680 G 20312788001_EA



PC BELGIAN CHOCOLATE BISCUIT COLLECTION 500 G 20967791_EA

13⁹⁹

PEPPERIDGE FARM GOLDFISH CRACKERS SELECTED VARIETIES 156-227/6X28 G 20320900_EA/21575295_EA

2/\$7
LESS THAN 2 \$2.99 EA.

PC INSTANT COFFEE 100 G OR HOT CHOCOLATE 350-500 G SELECTED VARIETIES 21499826_EA/21549129_EA

4⁹⁹

CHRISTIE COOKIES SELECTED VARIETIES 170-303 G 21358407_EA 21361512_EA

2/\$8
LESS THAN 2 \$4.99 EA.



MAXWELL HOUSE GROUND COFFEE 631-900 G, KCUP PODS 30'S OR CRANK WHOLE BEAN COFFEE 340 G SELECTED VARIETIES 21410099_EA/21606882_EA

9⁹⁹

VEGA ONE ALL-IN-ONE SHAKE SELECTED VARIETIES 827-876 G 20575566002_EA 20645554_EA

59⁹⁹

DAIYA PLANT BASED PIZZA OR FLATBREAD SELECTED VARIETIES 327-550 G 21457730_EA/21538958_EA

9⁹⁹

KOZY SHACK RICE PUDDING SELECTED VARIETIES 452-678 G 20323829001_EA 20325154001_EA

3⁹⁹



TIDE LAUNDRY DETERGENT 3.9 L, TIDE POWER PODS 45'S, TIDE PODS OR GAIN FLINGS 76'S OR FINISH DISHWASHER TABS 51-67'S SELECTED VARIETIES 21579839_EA 21574749_EA

20⁹⁹

GLAD INDOOR BAGS SELECTED VARIETIES 12-48'S 21184516_EA 21613985_EA

7⁹⁹

DAWN XL JUGS SELECTED VARIETIES 2.21-2.64 L 21439098_EA 21430600_EA

9⁹⁹

WHISKAS CAT FOOD SELECTED VARIETIES 12'S 20945383_EA

16⁹⁹

For your baby

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GERBER BABY FOOD
JARS 159-162 ML OR
ORGANIC BABY FOOD
POUCHES 99 G/128 ML
SELECTED VARIETIES
21024943_EA/21466955_EA

4/\$7
LESS THAN 4
\$2.29 EA.



GERBER INFANT CEREAL
227 G OR SNACKS
28-150 G OR AMARA
ORGANIC INFANT
SMOOTHIE MELTS 23 G
SELECTED VARIETIES
20358339007_EA/21426240_EA



2/\$9
LESS THAN 2
\$5.49 EA.



PEDIASURE COMPLETE
4X235 ML OR
INFANT'S PEDIALYTE
SOLUTION 1 L OR FREEZER
POPS 16X62.5 ML
SELECTED VARIETIES
20322414001_EA/21416403_EA

9.99



ENFAMIL A+
BABY FORMULA
POWDER REFILL
SELECTED
VARIETIES
992 G
20435527002_EA
20435527003_EA

54.99



SIMILAC
PRO-ADVANCE
STEP 1 OR 2
POWDER FORMULA
837/859 G
21436985_EA/21437126_EA

54.97



GOOD START
PLUS POWDER OR
READY TO FEED
INFANT FORMULA
SELECTED
VARIETIES
942-1020 G
21599587_EA

56.99



LUVS ECONO
PACK DIAPERS
SELECTED
VARIETIES
SIZE 3-7,
88-168'S
21589113_EA
21589010_EA

29.99



PAMPERS ECONO
PACK DIAPERS
SELECTED
VARIETIES
SIZE N-8,
58-180'S
21551643_EA
21551645_EA

32.99



PAMPERS OR
HUGGIES
9/10X WIPES
21371309_EA

19.99



NINJAMAS OR HUGGIES
GOODNITES
NIGHTTIME
UNDERWEAR
SELECTED
VARIETIES
28-44'S
20963933_EA
21308932_EA

26.99



DIAPER GENIE
SYSTEMS
AND REFILLS
SELECTED
VARIETIES
3'S OR 84'S
21549766_EA

20%



HUGGIES SKIN
ESSENTIALS
SELECTED
VARIETIES
SIZE N-6,
36-84'S
21601202_EA

24.99



HUGGIES OR
PAMPERS 1X WIPES
SELECTED VARIETIES
20557596_EA/20708133_EA

2.99



HONEST BABY NEEDS
SELECTED VARIETIES
21305337_EA/21303553_EA

20%



JOHNSON'S BABY NEEDS
SELECTED VARIETIES
800 ML
21112271_EA/21113293_EA

8.99

For your family



PANTENE OR L'ORÉAL HAIR EXPERTISE HAIR PRODUCTS SELECTED VARIETIES AND SIZES 60-591 ML 21080545_EA/21424214_EA

7⁴⁹



MARC ANTHONY OR JOHN FRIEDA HAIR CARE SELECTED VARIETIES AND SIZES 20298861001_EA/20310284001_EA

\$9



OGX, AVEENO OR MAUI HAIR CARE SELECTED SIZES AND VARIETIES 172-340 G/100-385 ML 20312551004_EA/21009283_EA

\$9



AVEENO FACE, LOTION, BODY WASH BABY, SUN OR HAIR 20102023001_EA/20300171_EA

SALE SAVE UP TO 20%



VASELINE BODY LOTION 400-600 ML OR SIMPLE WIPES OR CLEANSERS SELECTED VARIETIES AND SIZES 21085011_EA/21333057_EA

6⁹⁹



CUREL OR JERGENS LOTION 480/620 ML, BIORÉ CLEANSERS, SCRUBS, MASKS OR STRIPS 50-200 ML, 4-8'S, 110/130 G SELECTED VARIETIES 20743224_EA/20856268_EA

Members save **\$2**
Optimum Members-Only Price **7⁹⁹**
Non-members **9⁹⁹**



ST. IVES BODY WASH SELECTED VARIETIES 650 ML 21360961_EA

5⁴⁹



IRISH SPRING BAR SOAP 6X104 G OR BODY WASH 591 ML OR SOFTSOAP BODY WASH 591 ML SELECTED VARIETIES 21219375_EA/21436477_EA

4⁹⁹



DOVE BODY WASH 325/400 ML, BAR SOAP 3X106 G OR DEODORANT 45/74 G SELECTED VARIETIES 20302753001_EA/21511804_EA

5⁴⁹



DEGREE DEODORANT SELECTED VARIETIES 48-85 G 20296452006_EA/21425467_EA

2⁴⁹



LADY OR MEN'S SPEED STICK PREMIUM DEODORANT SELECTED VARIETIES 45-85 G 20348223001_EA/20847071_EA

2⁹⁹



GILLETTE OR VENUS DISPOSABLE RAZORS SELECTED VARIETIES 1-8'S 20179414001_EA/20984907_EA

9⁹⁹



LISTERINE ULTRA CLEAN OR TOTAL CARE MOUTHWASH SELECTED VARIETIES 1 L 20701283_EA/21088044_EA

8⁴⁹



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE OR POLIDENT TABLETS 84-96'S SELECTED VARIETIES AND SIZES 20437569002_EA/21471656_EA

6⁹⁹



COLGATE OPTIC WHITE OR SENSITIVE PRO-RELIEF TOOTHPASTE 70-133 ML, KIDS MANUAL TOOTHBRUSH, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES AND SIZES 21177027_EA/21353925_EA

6⁴⁹

For your family

4,000* for every \$15 spent on

\$4 Value

BENYLIN
EXTRA STRENGTH

TYLENOL
COLD

Cough & Chest Congestion

FAST RELIEF in:
Cough with Phlegm
Chest Congestion
Minor Bronchial Irritation
Sore Throat
Pain

14⁹⁹

TYLENOL, BENYLIN OR ZARBEES COUGH, COLD AND FLU SELECTED VARIETIES AND SIZES
20129494001_EA/20296733001_EA

SALE
SAVE UP TO

20%

D DROPS LIQUID VITAMIN D
DROPS 1.7-7.5 ML OR **IRON KIDS CHILDREN'S VITAMINS** 60-200'S SELECTED VARIETIES
20034059_EA/20431749001_EA

ENSURE
PLUS CALORIE

GLUCERNA

READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
20180283003_EA 20309848002_EA

13⁹⁹

SALE
SAVE UP TO

20%

SIX STAR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20301019001_EA/20301019004_EA

SALE
SAVE UP TO

20%

PEPTO BISMOL, RESTORALAX OR RESTORAFIBRE
DIGESTIVE HEALTH CHEWS 24-90'S, LIQUIDS 350/480 ML OR POWDERS 119-765 G SELECTED VARIETIES
2031979002_EA 21380900_EA

U BY KOTEX
PADS, LINERS OR TAMPONS
SELECTED VARIETIES AND SIZES
21103636_EA/21291969_EA

SALE
SAVE UP TO

20%

TENA UNDERWEAR OR PADS
SELECTED VARIETIES AND SIZES
20957897_EA

18⁹⁹

For All Your Hair Care Needs

\$5

Pantene hair care selected varieties and sizes
21431190_EA/21431192_EA

\$4

Herbal Essences or Aussie hair care selected varieties and sizes
21167237_EA/21247099_EA

\$8

Pantene Nutrient Blends hair care selected varieties and sizes
21245064_EA/21243351_EA

© 2024 P&G

\$8

DOVE Bond Strength Mask Intensive Repair 260 mL
21572745_EA

\$8

DOVE Hair Therapy Gorgeous Shampoo & Conditioner 400 mL
21572900_EA/21572946_EA

\$12

Shea Moisture Coconut & Hibiscus Curl & Shine Shampoo & Conditioner 384 mL
21433370_EA/21433359_EA

\$13

NEXXUS Therapex Shampoo & Humectress Conditioner 400 mL
21174153_EA/21174154_EA

Ricola **MAX**

MADE WITH SWISS ALPINE HERBS
AVEC DES HERBES ALPINES SUISSES

EXTRA STRENGTH
EXTRA FORT

HELPS RELIEVE ALLERGIAS, CONGESTION

ICY MENTHOL MENTHOL BLAZE

Ricola

MADE WITH SWISS ALPINE HERBS
AVEC DES HERBES ALPINES SUISSES

MENTHOL CENTRES
CENTRES MENTHOL

RELIEVES COUGHS SOULAGE LA TOUX

HONEY LEMON REAL EXTRA

RICOLA'S MAX THROAT RELIEF
COOL NEW LOOK, SAME ICY RELIEF

1,500* **\$150 Value** **6⁹⁹**

Ricola lozenge family bags selected varieties
34145's
21484232_EA/21477125_EA

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President's Choice

Food
Optimum
Financial
Health
Express

Clean it like you mean it



GAIN LAUNDRY DETERGENT 4.55L/42.5'S, **GAIN OR DOWNY FABRIC SOFTENER** 2.4-3.29 L, **BEADS** 515 G, **DOWNY OR TIDE RINSE** 48 OZ OR **BOUNCE SHEETS** 240'S
SELECTED VARIETIES
21405174_EA/21549954_EA

14⁹⁹



CLOROX BLEACH 2.4 L OR **PINESOL CLEANER** 1.41 L
SELECTED VARIETIES
21283179_EA/20298679001_EA

4⁴⁹



PUREX 4.08-4.43 L, **PERSIL** 2.21 L OR **SUNLIGHT** 4 L **LAUNDRY DETERGENT**, **SNUGGLE FABRIC SOFTENER** 2.8-3.41 L OR **SHEETS** 200'S
SELECTED VARIETIES
20083525001_EA/20952139_EA

12⁹⁹



LYSOL WIPES 75-84'S, **LYSOL DISINFECTANT SPRAY** 350 G OR **TOILET BOWL CLEANER** 946 ML
SELECTED VARIETIES
21449826_EA/21449829_EA

2/13
LESS THAN 2 \$7.99 EA.



TRU EARTH LAUNDRY STRIPS 64'S
21554580_EA

19⁹⁹



CASCADE DISHWASHER TABS 90-110'S, **PLATINUM PLUS** 67'S OR **PLATINUM PLUS** 51'S
SELECTED VARIETIES
21012172_EA/21518479_EA

22⁹⁹



LYSOL LAUNDRY DISINFECTANT 1.2 L OR **RESOLVE IN WASH POWDER OR SPRAYS** 625 G/650 ML
SELECTED VARIETIES
21487308_EA/21218190_EA

7⁹⁹



ZIPLOC VALUE PACKS SELECTED VARIETIES 10-180'S
20316804002_EA/20869345_EA

7⁹⁹



PC PLANET FIRST DISH DETERGENT SELECTED VARIETIES 740 ML
21549800_EA/21549817_EA

2⁹⁹



METHOD DISH SOAP 532 ML, **CLEANERS** 828 ML OR **ALLEN'S VINEGAR CLEANERS** 950 ML
SELECTED VARIETIES
21027302_EA/21518335_EA

4⁹⁹



GLAD OUTDOOR BAGS SELECTED VARIETIES 10-40'S
20166439001_EA/21165477_EA

11⁹⁹



SCOTCH-BRITE SPONGES, SCOURS OR DISH WANDS EACH OR **WEIMAN CLEANERS** 355-710 ML
SELECTED VARIETIES
20251891_EA/20976696_EA

4⁴⁹



SWIFFER DUSTERS 6-10'S OR **DRY OR WET CLOTHS** 12-32'S
SELECTED VARIETIES
20028650_EA/20974371_EA

11⁹⁹



FLEECY FABRIC SOFTENER 1.36 L OR **SHEETS** 80'S
SELECTED VARIETIES
21311876_EA/20311072001_EA

4⁹⁹



ALLEN'S CLEANING VINEGAR SELECTED VARIETIES 2.5 L
20977116_EA/21166038_EA

3⁹⁹



OXICLEAN POWDER 1.28-1.36 KG, **AIR WICK SCENTED OIL REFILLS** TWIN PACK 2/20 ML OR **ESSENTIAL MIST KITS** SELECTED VARIETIES
21495649_EA/20432579_EA

10⁴⁹



VILEDA OSKAR BROOM OR SUPER TWIST MOP SELECTED VARIETIES EACH
20001949_EA/20856312_EA

12⁹⁹



FEBREZE AIR 250 G, **CAR CLIPS** 1'S OR **SMALL SPACES** 1'S
SELECTED VARIETIES
21005017_EA/21219476_EA

2/\$7
LESS THAN 2 \$3.99 EA.

Saputo

SAPUTO CHEESE BRINGS EVERYONE TOGETHER FOR THE HOLIDAY SEASON!



In 2016 Milk category, based on the 2015 Thanksgiving Canadian Shopping Survey.

8⁹⁹
MOZZARELLISMA CHEESE BLOCK 500 G
SAPUTO
20107017001_EA

6⁴⁹
LACTOSE FREE CHEESE BLOCK 320-400 G
PRESIDENT'S CHOICE
21333360_EA

10⁹⁹
LACTOSE FREE MILK 4 L
SELECTED VARIETIES
DAIRYLAND
20039684_EA

2/\$10 LESS THAN 2 \$5.49 EA.
CHEESE SLICES 210 G
PRESIDENT'S CHOICE
21405953_EA

MAKE GREAT PIZZA

5⁴⁹
SAPUTO FETA
SELECTED VARIETIES
170-200 g
20572975_EA

5⁴⁹
WOOLWICH GOAT LOGS
SELECTED VARIETIES
113 g
20718333_EA

6⁹⁹
PILLER'S PEPPERONI TOPPINOS
SELECTED VARIETIES
175-250 g
20042333_EA

6⁹⁹
PILLER'S CHARCUTERIE
SELECTED VARIETIES
125 g
21533532_EA

5⁹⁹
SAPUTO BOCCONCINI & FRESH MOZZARELLA
190-200 g
21051214_EA

QUALITY • VALUE • FLAVOUR

delicatessen ORIGINALS 400g **\$8⁹⁹**

delicatessen ORIGINALS 175g **\$4⁹⁹**

SMOKE HOUSE 225g **\$6⁹⁹**

Gold Label
EST. 1935

Gold Label Delicatessen Originals • selected varieties 375-400 g • 21611398_EA
Gold Label Delicatessen Originals • selected varieties 175 g • 21599861_EA
Gold Label Smoke House Pepperoni • selected varieties 225 g • 21507918_EA

BAKES LIKE MORE

Tre Stelle

Original 21316018_EA **LESS THAN 2 \$4.99 EA.**
2/\$8⁵⁰

1,750⁰⁰ when you buy 2 **\$175 Value**

Herbs & Spices 21177228_EA
Lactose-Free 21002993_EA
Sun-Ripened Tomato 21530362_EA

Our butchers cut quality meat in your store every day!

pork loin schnitzel 21588065_EA

lean beef meatballs plain 21587897_EA

beef stir fry strips cut from Canada-AA grade beef or higher 21588067_EA

pork stir fry strips 21588095_EA

chicken stir fry strips 21588091_EA

IT'S THE SEASON FOR Dazzling Delights

PC[®] Candy Ice Cream 15 L or Mini Bars 6x55 mL 20810224_EA/20911591_EA **5⁹⁹** Selected Varieties

PC[®] Cookie Dough Ice Cream Bites 6 x 30 mL 21545109_EA **\$5** Selected Varieties

Cool Whip Dessert Topping 1 L 20030369001_EA **4⁹⁹** Selected Varieties

PC[®] Homestyle Butter pie crusts frozen 330 g 20310282_EA **\$6** Selected Varieties

PC[®] Frozen Fruit 300 - 600 g 20312227_EA **2/\$10** Selected Varieties

Cool Whip Raspberry Swirl Torte

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ADD SOME FLAVOUR TO YOUR HOME COOKING

\$5⁹⁹
Nando's Peri Peri Sauce 250 mL
Selected Varieties
21004222_EA

\$5⁹⁹
Nando's Perinaise 450 mL
Selected Varieties
21366089_EA

\$3⁴⁹
Tabasco Pepper Sauce 57 mL
Selected Varieties
20037570_EA

\$8⁴⁹
Maille Mustard 500 mL
Selected Varieties
20032602001_EA

\$10⁹⁹
Rao's Sauce 660 mL
Selected Varieties
20086654001_EA

\$1⁹⁹
Delverde Pasta 250-450 g
Selected Varieties
20317975007_EA

1-800-4-FOODS

GENERAL ADMISSION

FREE ^{**}
MOVIE

Plus

You could **WIN** ^{1 of 50}
\$500
CINEPLEX GIFT CARDS

\$5⁹⁹

General Mills™
Family Size Cereal
selected varieties
516-725 g



21103499_EA/21103495_EA



LESS THAN 2 \$3.99 EA.
2/6⁵⁰

Betty Crocker™ Fruit
Snacks 128-141 g, Nature
Valley™ Granola Bars
128-230 g
selected varieties



20318474002_EA
20315520002_EA

†† NO PURCHASE NECESSARY FOR CONTEST. CONTEST ENDS JANUARY 1, 2025. SEE PARTICIPATING GENERAL MILLS PRODUCTS FOR DETAILS.

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\$7⁴⁹ Yoplait® Source®
selected varieties
16x100 g

20317317001_EA
20317317002_EA



\$6⁹⁹ Liberté Greek®
selected varieties
650-750 g

20704361002_EA



LESS THAN 2 \$5.69 EA.
2/\$9 Liberté Greek®
selected varieties
4X100 mL

20604024001_EA



\$12⁹⁹ Yoplait® YOP®
Drinkable Yogurt
selected varieties
12x200 mL

21550408_EA
21481820_EA



LESS THAN 2 \$4.99 EA.
2/\$8 Pillsbury™
Seasonal Cookies
selected varieties
260 g

21305885_EA
21403187_EA



\$3⁶⁹ Yoplait® Tubes®
selected varieties
8x56 g

21547595_EA
21547587_EA

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Made Easy.



\$14

FROZEN PATTIES
OR SAUSAGES
1.2 - 1.4 kg
20799699_EA



\$14

FROZEN SOUVLAKI
CHICKEN OR PORK
600 - 900 g
20044820_EA



\$8

ASSORTED
JUMBO SAUSAGES
500 - 675 g
21289731_EA



\$16⁹⁹

SOUVLAKI CHICKEN BREAST
KABOBS
VALUE PACK
480 - 640 g
21041735_EA

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**PROTEIN
PACKED
MEALS
WITH
BEYOND.**

Cooks and grills
like meat.

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BEYOND STEAK®

21590909_EA - 226 g

\$6



24 g OF PROTEIN*

*Per 100 g serving



BEYOND BURGER®

21193815_EA - 226 g

\$6



BEYOND BREAKFAST SAUSAGE®

21399630_EA - 235 g

\$6



BEYOND CHICKEN TENDERS

21527730_EA - 226 g

\$6



BEYOND BEEF®

21220674_EA - 340 g

\$6



BEYOND SAUSAGE®

Mild Italian: 21300113_EA - 400 g

\$6



BEYOND SAUSAGE®

Hot Italian: 21300103_EA - 400 g

\$6



BEYOND BURGER®

21378994_EA - 678 g

\$18

*Than the average leading brands of Hot/Mild Italian Sausage

RICOLA'S MAX THROAT RELIEF
COOL NEW LOOK, SAME ICY RELIEF

RICOLA LOZENGE FAMILY BAGS
SELECTED VARIETIES
34/45'S
21484232_EA/21477125_EA

6⁹⁹ **1,500⁰⁰** **\$150 Value**

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FOR ALL OF LIFE'S UPS AND DOWNS

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VALUE SIZE
Jamieson
Melatonin
10 mg

A RESTFUL NIGHT

PICK ME FOR

Jamieson
Magnesium
100 mg

RELAXATION

PICK ME FOR

Jamieson
B12
1000 mcg

NATURAL ENERGY

SAVE UP TO
30% OFF
Jamieson herbal or mineral
supplements
selected varieties

21040287_EA/20311899_EA/21293008_EA

Jamieson
HERE FOR YOUR HEALTH



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2/\$14

7UP® Soft Drink 12x355 mL, selected varieties 21622972_C12 or SCHWEPPE'S® Ginger Ale 12x355 mL, selected varieties 20326184005_C12



LESS THAN 2 \$4.99 EA.
2/\$8

PEPSI® Soft Drink 6x222 mL, selected varieties 20857560004_C06 or 6x222 mL, selected varieties 21189960_C06



LESS THAN 2 \$7.49 EA.
2/\$13

bubly™ sparkling water beverage selected varieties 12x355 mL 21549114_C12



LESS THAN 2 \$1.99 EA.

2/\$3

MONTELLIER® SPARKLING WATER selected varieties 1L 20662284_EA



LESS THAN 2 \$7.49 EA.

2/\$13

MONTELLIER® selected varieties 10x355 mL 21096722_C10



LESS THAN 2 \$7.49 EA.

2/\$13

GATORADE™ ZERO Sports Drink selected varieties 6x591 mL 21585260_C06 or GATORADE™ Powder Sticks selected varieties 10x3 g 21603385_EA



ROCKSTAR ENERGY DRINK

LESS THAN 2 \$3.79 EA.

2/\$6

ROCKSTAR® Energy Drink selected varieties 473 mL 21617864_EA 21617780_EA



This product may not be suitable for everyone. Read the label and follow directions for use.



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Twinings Tea Selected Varieties Pack of 18/20 20308033001_EA

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