

food Basics\$

ALWAYS MORE FOR LESS

HOLIDAY MORE FOR LESS



Irresistible

Selection

Life Smart
Mieux
-être

MORE JOLLY ON THE MENU

with delicious brands that you can only find at Food Basics

IRRESISTIBLES
ORANGE JUICE
1.54 L
SELECTED VARIETIES

397
EACH



444
EACH

IRRESISTIBLES ICE CREAM
1.5 L
NOVELTIES
4 - 5'S, FROZEN
SELECTED VARIETIES



399
EACH

IRRESISTIBLES
CROISSANTS
6'S



899
EACH

IRRESISTIBLES
FULLY COOKED MEATBALLS
500 - 680 G, FROZEN
SELECTED VARIETIES



BRUNCH MORE FOR LESS



EGG-ACTLY HOW SANTA LIKES IT



5.99
EACH
IRRESISTIBLES BACON
375 G
SELECTED VARIETIES



5.49
EACH
SELECTION CINNAMON BUNS OR TURNOVERS
510 - 825 G
SELECTED VARIETIES



4.99
/LB
SELECTION SLICED PEAMEAL
11.00/KG
SELECTED VARIETIES



1.99
EACH
SELECTION ENGLISH MUFFINS
6'S
SELECTED VARIETIES



3.97
EACH
IRRESISTIBLES JUICE BLENDS OR SMOOTHIES
1.65 L
SELECTED VARIETIES



5.99
EACH
LIFE SMART NATURALIA FREE RUN EGGS
12'S
SELECTED VARIETIES



2.97
EACH
SELECTION PANCAKE MIX OR SYRUP
710 ML, 905 G
SELECTED VARIETIES



4.49
EACH
SELECTION HOT CHOCOLATE MIX
500 G
SELECTED VARIETIES



5.77
EACH
IRRESISTIBLES YOGOURT
12 - 16'S
SELECTED VARIETIES



4.49
EACH
SELECTION OR LIFE SMART JAM OR SPREAD
250 - 500 ML
SELECTED VARIETIES



5.99
EACH
SELECTION HONEY
375 G,
SELECTED VARIETIES



3.88
EACH
SELECTION CREAM CHEESE PRODUCT
340 G
SELECTED VARIETIES

ENJOY A MERRY OAT-STANDING MORNING



4.44
EACH
SELECTION OR LIFE SMART PEANUT BUTTER
750 G - 1 KG
SELECTED VARIETIES



4.88
EACH
SELECTION CEREAL
555 - 755 G
SELECTED VARIETIES



3.99
EACH
LIFE SMART NATURALIA QUICK STEEL CUT OATS
709 G
SELECTED VARIETIES



4.44
EACH
IRRESISTIBLES FROZEN FRUITS
400 - 600 G
SELECTED VARIETIES



3.49
EACH
LIFE SMART SOY, ALMOND OR OAT BEVERAGES
1.75 - 1.89 L
SELECTED VARIETIES



3.79
EACH
SELECTION FLOUR
2.5 KG
SELECTED VARIETIES



1.77
EACH
SELECTION EVAPORATED MILK
354 ML
SELECTED VARIETIES



2.77
EACH
SELECTION BAKING NUTS
100 G
SELECTED VARIETIES

ENTERTAIN MORE FOR LESS



4⁹⁹
EACH

IRRESISTIBLE SPRING ROLLS
300 G, FROZEN
SELECTED VARIETIES

6⁹⁹
EACH

IRRESISTIBLES SALT & PEPPER CRISPY CALAMARI
340 G, FROZEN
SELECTED VARIETIES

7⁹⁹
EACH

IRRESISTIBLES TEMPURA OR TORPEDO SHRIMP
284 - 340 G, FROZEN
SELECTED VARIETIES

1⁹⁹
EACH

IRRESISTIBLES OYSTERS OR MUSSELS
85 G

TURN HOLIDAY APPS INTO A REEL DELIGHT



7⁹⁹
EACH

IRRESISTIBLES SMOKED SALMON
130 G
SELECTED VARIETIES

2²⁷
EACH

SELECTION CRACKERS
225 - 250 G
SELECTED VARIETIES

2⁹⁹
EACH

SELECTION DONUTS
400 - 552 G
SELECTED VARIETIES

4⁴⁹
EACH

SELECTION LOAF CAKES
400 G
SELECTED VARIETIES

2⁹⁹
EACH

LIFE SMART TORTILLA CHIPS
350 G
SELECTION SALSA
430 ML
SELECTED VARIETIES

1⁹⁹
EACH

SELECTION DELUXE MIXED NUTS
1.13 KG
SELECTED VARIETIES

1⁹⁹
EACH

SELECTION SNACKS OR IRRESISTIBLES POPCORN
220 - 400 G
SELECTED VARIETIES

2⁹⁹
EACH

CHEESE PUFFS SOUFFLES FROMAGE
220 G
WHITE CHEDDAR
CHEDDAR BLANC
220 G

4⁴⁴
EACH

IRRESISTIBLES CARBONATED WATER
6 x 1 L
SELECTED VARIETIES

2⁹⁹
EACH

IRRESISTIBLES EGG NOG
1 L
SELECTED VARIETIES
WHILE QUANTITIES LAST

4⁹⁷
EACH

SELECTION SOFT DRINKS OR FLAVOURED SPARKLING WATER
12 x 355 ML
SELECTED VARIETIES

2⁹⁹
EACH

IRRESISTIBLES CRANBERRY JUICE, COCKTAIL OR SELECTION VEGETABLE COCKTAIL
1.89 L
SELECTED VARIETIES

4⁴⁹
EACH

SELECTION COOKIES
360 - 426 G
SELECTED VARIETIES

7⁹⁹
EACH

IRRESISTIBLE PECAN CLUSTERS
330 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

3⁹⁹
EACH

IRRESISTIBLES CRISPS CRACKERS
150 G
SELECTED VARIETIES

3⁴⁹
EACH

IRRESISTIBLE COOKIES
280 - 350 G
SELECTED VARIETIES

2⁹⁹
EACH

IRRESISTIBLE TRUFFLES
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

6⁹⁹
EACH

IRRESISTIBLE BELGIAN COOKIES
400 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

1⁹⁹
EACH

IRRESISTIBLE GINGERBREAD OR SUGAR COOKIES
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

1²⁵
EACH

SELECTION CANDY CANES
120 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

FEAST MORE FOR LESS



GET A LITTLE SAUCY FOR THE HOLIDAYS



297 EACH
SELECTION PASTA SAUCE
410 - 650 ML

649 EACH
SELECTION PARMESAN CHEESE
250 G.
SELECTED VARIETIES

149 EACH
SELECTION OR LIFE SMART BEANS
540 ML
SELECTED VARIETIES

127 EACH
SELECTION CANNED VEGETABLES
341 - 398 ML
SELECTED VARIETIES

149 EACH
SELECTION GARLIC BREADSTICK
284 G

699 EACH
IRRESISTIBLES FRESH PASTA
SELECTED VARIETIES

249 EACH
SELECTION LASAGNA NOODLES
800 G
SELECTED VARIETIES

249 EACH
IRRESISTIBLES PASSATA
690 ML
SELECTED VARIETIES

99¢
SELECTION SPICES
5.5 - 150 G
SELECTED VARIETIES

257 EACH
IRRESISTIBLES VEGETABLES
500 - 750 G, FROZEN
SELECTED VARIETIES

397 EACH
IRRESISTIBLE PIZZA
340 - 390 G
SELECTED VARIETIES

379 EACH
IRRESISTIBLES SALAD DRESSING
350 ML
SELECTED VARIETIES

899 EACH
IRRESISTIBLES P.E.J. MUSSELS
907 G, FROZEN
SELECTED VARIETIES

999 EACH
SELECTION SHREDDED CHEESE
620 G,
SELECTED VARIETIES

699 EACH
IRRESISTIBLES PEPPERONI STICKS
300 G
SELECTED VARIETIES

444 EACH
IRRESISTIBLES BALSAMIC VINEGAR OR GLAZE
250 - 500 ML
SELECTED VARIETIES

349 EACH
IRRESISTIBLES HUMMUS OR DIPS
200 - 227 G
SELECTED VARIETIES

299 EACH
SELECTION 10" TORTILLAS
450 G
SELECTED VARIETIES

699 EACH
INVITATIONS ALCOHOL-FREE WINE
750 ML
SELECTED VARIETIES

899 EACH
SELECTION NON-ALCOHOLIC BEER
12 x 355 ML
SELECTED VARIETIES

2199 EACH
SELECTION ALUMINUM FOIL
200 M
PLASTIC WRAP
762 M
SELECTED VARIETIES

499 EACH
SELECTION PAPER PLATES OR BOWLS
15 - 30'S
SELECTED VARIETIES

499 EACH
SELECTION PAPER CUPS
50 UN
SELECTED VARIETIES

499 EACH
SELECTION COMPOSTABLE NAPKINS
500 UN

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OR
DELIVERY
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OR DELIVERY**

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HELLO2

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