## 

"Shopping Locally"

Local Special of the Week

**CAMPBELLS** 

Chicken Noodle, Tomato, Cream of Mushroom, Vegetable

**FAMILY** PACK AUSTRALIAN

35.23kg LB.

3.26kg

**BAKESTONE BROTHERS** 

White or Whole Wheat Pk of 6.....

ENGLISH

Pk of 6 .....

FAMILY PACK **CHEERIOS** CEREAL

**WESTERN FAMILY TOMATO** KETCHUP

PRIMO **ASSORTED PASTA SAUCE** 

**ORIGINAL PACIFIC KRAFT EVAPORATED** DINNER MILK

**TIM HORTONS ASSORTED** COFFEE

**PUDDING SNACKS** 

**HUNTS** 

20

FAMILY E PACK

13.18kg LB

ESS SKINLESS smaller @ 9.98lb/22.00kg

19.73kg LB

FREYBE Z **RINELAND** 

**8./8**EA

SAUSAGE RINGS

D. / DEA

FREYBE S Pepper or Cervelat 125g

4.90<sub>EA</sub>

DAIRYLAND ORGANIC OR PROTEIN ENRICHED

MILK 1.89L

**ACTIVIA** 

**ASSORTED YOGURT** 650g

3.98

**ARMSTRONG** 

SHREDDED **CHEESE** Assorted - 500g

**ARMSTRONG MELTS** 

**CHEESE SLICES** 

450g

**MINUTE MAID** 

**ORANGE JUICE** 

ISLAND FARMS

**ICE CREAM** 4L Pail

& VEGETABLES

**GREEN ONIONS** 

0

**AVOCADOS** 

**MESH ONIONS** 3 lb Bag

**BARTLETT PEARS** 

4.36kg

**RUSSET POTATOES** 

GROCERY SPECIALS

**CHUNKY** SOUP Assorted 515ml

CAMBELL'S

**SCARPONES ASSORTED TOMATOES** 

796ml 2.48

**OLD DUTCH POTATO** CHIPS 200-235g

HIDDEN VALLEY **RANCH DRESSING** 

> 473ml 3.68

**QUAKER INSTANT** OATMEAL

232-344g

SAN PELLAGRINO **SPARKLING WATER** 

Flavoured - 6pk

SUN RYPE BLUE LABEL **APPLE** 

**JUICE** 1L

.98

**AURORA STRAINED TOMATOES** 

660ml

5 lb Bag

**PUREX BATHROOM** 

TISSUE

12Triple Roll

TIDE LIQUID

**LAUNDRY DETERGENT** 1.24L

MONDAY, NOV. 11 TO SUNDAY, NOV. 17, 2024 • WE RESERVE THE RIGHT TO LIMIT QUANTITIES

**EVERY THURSDAY IS SENIORS DAY! 5% OFF YOUR PURCHASE** 

EXCLUDING TOBACCO AND ADVERTISED SPECIALS. PLEASE SHOW YOUR PHARMACARE CARD AT CHECKOUT.

