

FEAST ON SAVINGS *Stock Up*

St. Helens
Beef
Shoulder Roast
USDA, Boneless
\$5.69
lb

80% Lean
Ground Beef
Valupak
\$5.19
lb

Pazazz
Apples
Crisp
\$1.69
lb



Chobani
Hints Less Sugar
or Greek Yogurt
5.3 oz cup,
Selected Varieties

2/\$3



Marie Callender's
Dinner Bowls
11-13 oz pkg,
Selected Varieties

2/\$7



Stone Ridge Creamery
Ice Cream
48 oz ctn,
Selected Varieties

2/\$9



General Mills Cereal
8.9 oz Cheerios, 10.5 oz Lucky Charms,
10.6 oz Cheerios Veggie, 10.7 oz Trix,
10.8 oz Honey Nut Cheerios,
11.6 oz Cinnamon Toast Waffle Toast Crunch
or 12 oz Cinnamon Toast Crunch

\$4.99



Rice-a-Roni or
Pasta-Roni
4.3-7.2 oz pkg,
Selected Varieties

2/\$4



Hunt's or Ro•tel
Tomatoes or
Tomato Sauce
14.5-15 oz can, 10 oz can, Selected Varieties

2/\$4



Duncan Hines
Cake Mix
15.2-15.25 oz Cake,
Selected Varieties

\$1.99

Duncan Hines
Brownie Mix
18-18.3 oz Brownie,
Selected Varieties

\$1.79

ALWAYS GUARANTEED *fresh!*



Boneless
Pork Sirloin Roast
Fresh

\$3.19
lb

Sweet
Clementines
3 lb bag

\$7.99
ea



Great Savings **ACROSS THE STORE**



Howers IGA
Supermarket

Serving Haines For 70 Years Locally Owned and Operated
A Five Star IGA Retailer

Shop at Home • Support Your Community

OUR STORE HOURS:

8:30 a.m. - 7:30 p.m. Monday thru Saturday,
and 11:00 a.m. - 6:00 p.m. Sunday

No Sales to Dealers. Food Stamps Gladly Accepted.

All Items May Not Be Available In All Stores. • Not responsible for typographical errors

PRICES EFFECTIVE NOVEMBER 6 - NOVEMBER 12, 2024

MKT
U.S. Postage
PAID
Permit No. 14
Haines, AK 99827
POSTAL CUSTOMERS
Haines, AK
99827

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THE FINEST *meat selections*



St. Helens BEEF
Beef
T-Bone Steak
Valupak

\$12⁹⁹
lb



St. Helens BEEF
Beef
Shoulder Steak
USDA, Boneless, Valupak

\$6¹⁹
lb



Boneless Pork
Sirloin Chops
Fresh Pork, Valupak

\$3⁶⁹
lb



Cloverdale
Sliced Bacon
16 oz pkg, Selected Varieties

\$6⁹⁹



Johnsonville
Smoked Sausage
or Bratwurst
12-14 oz pkg, Selected Varieties

\$5²⁹



Foster Farms
Breaded Chicken
Tenders or Nuggets
20-24 oz bag, Selected Varieties

\$8⁷⁹



Perdue
Air Fryer Wings
22 oz pkg, Selected Varieties

\$9⁹⁹



Aidell's
Chicken Sausage
12 oz pkg, Selected Varieties

\$6²⁹



Gallo Sliced
Pepperoni or Salami
7 oz pkg, Selected Varieties

\$4⁷⁹



Yangtze
Chinese BBQ Pork
\$8⁴⁹
lb



Land O Frost
Bistro Favorites
Lunchmeat
6-8 oz pkg,
Selected Varieties
\$5⁶⁹



Claussen
Pickles
20-32 oz jar,
Selected Varieties
\$4⁴⁹



Arctic Shores
Cooked Shrimp
16 oz pkg, 61-70 ct
\$7⁹⁹



Arctic Shores
Small Raw Shrimp
16 oz pkg, 51-60
\$6⁹⁹



Arctic Shores
Mahi Mahi Fillets
12 oz pkg, Frozen
\$9⁹⁹

FROZEN *specials*



IGA
Whipped Topping
8 oz tub,
Selected Varieties
\$1⁹⁹



Kellogg's Eggo
French Toaster
Sticks, Pancakes
or Waffles
8.4-14.8 oz pkg,
Selected Varieties
\$3⁴⁹



13-16.95 oz pkg,
Selected Varieties
Banquet Mega
Meals or Bowls
2/\$8



42 oz pkg,
Selected Varieties
Birds Eye Voilà!
Family Size
Skillet Meal
\$8⁹⁹



28-40 oz pkg,
Selected Varieties
Stouffer's
Family Size Entrées
\$10⁹⁹



10-10.8 oz pkg,
Selected Varieties
Birds Eye
Steamfresh or
Premium Vegetables
2/\$6



16 oz pkg
IGA
Garlic Bread Loaf
2/\$6



12 oz bag
Essential Everyday
Chopped Onions
2/\$4



35-37 oz pkg,
Selected Varieties
Mrs. Smith's
Fruit Pies
\$6⁹⁹



16.9-36.8 oz pkg,
Selected Varieties
Nestlé Drumstick
Sundae Cones
\$8⁹⁹

DAIRY *specials*



Essential Everyday
Crescent or
Cinnamon Rolls
8-12.4 oz pkg,
Selected Varieties
\$3³⁹



Essential Everyday
Pie Crust
2 ct pkg
\$3⁹⁹



8 oz pkg
Crystal Farms
Cream Cheese
2/\$6



16 oz cntr
Knudsen
Hampshire
Sour Cream
\$2⁹⁹



45 oz tub,
Selected Varieties
Country Crock
Spread
\$8⁹⁹



16 oz ctn,
Selected Varieties
Knudsen
Cottage Cheese
\$2⁹⁹



12 oz pkg,
Selected Varieties
Essential Everyday
Singles
\$3⁴⁹



16 oz pkg,
Selected Varieties
Essential Everyday
Jumbo Biscuits
2/\$6



64 oz ctn,
Selected Varieties
Lactaid 100%
Lactose Free Milk
\$6⁴⁹



128 oz btl,
Selected Varieties
SunnyD
Citrus Punch
6⁹⁹

GROCERY

Kraft Mac & Cheese Dinner
5 pk/7.25 oz boxes
\$7.49

Wish-Bone Dressing
15 oz btl, Selected Varieties
2/\$6

Hunt's Pasta Sauce
24 oz can, Selected Varieties
\$1.99



Essential Everyday Cherry Pie Filling or Topping
21 oz can
\$3.99

Essential Everyday 100% Pure Pumpkin
15 oz can
2/\$5

IGA Purified Drinking Water
24 pk/5 ltr btl
\$10.99

Kool-Aid Jammers
10 ct pkg, Selected Varieties
\$3.99

Essential Everyday Tortilla Chips
10-12 oz bag, Selected Varieties
2/\$6

Essential Everyday Blueberry Pie Filling or Topping
21 oz can
\$4.49

Essential Everyday Apple Pie Filling or Topping
21 oz can
\$3.49

Hunt's Manwich Sloppy Joe Sauce
15-16 oz can, Selected Varieties
\$1.79

Progresso Vegetable Classics or Protein Soup
18.5-19 oz can, Selected Varieties
2/\$7

Dennison's Chili
15 oz can, Selected Varieties
2/\$5

Chef Boyardee Pasta
7.5 oz microwaveable cup or 14.5-15 oz can, Selected Varieties
\$1.89

Ben's Ready or Long Grain & Wild Rice
8.5-8.8 oz pkg, Selected Varieties
\$2.99

IGA Vegetables
14.5-15.25 oz can, Selected Varieties
\$1.39

Essential Everyday Walnuts
6 oz pkg, Selected Varieties
\$2.99

Essential Everyday Yams
15 oz can
\$1.99

Essential Everyday Mustard
12 oz btl, Selected Varieties
\$1.79

Hunt's Ketchup
20 oz btl
\$1.99

Essential Everyday Specialty Potatoes
4.5-4.7 oz box, Selected Varieties
2/\$3

Pam Cooking Spray
5-6 oz can, Selected Varieties
\$3.99

IGA Pineapple
20 oz can, Selected Varieties
\$2.39

IGA Pickle Spears or Stuffed Olives
24 oz Pickle or 10 oz Olives
2/\$6

Essential Everyday Pecans
6 oz pkg, Selected Varieties
\$5.99

IGA Coconut Flakes
14 oz bag
\$3.29

Campbell's Chicken Noodle or Tomato Soup
10.75 oz can
\$1.79

Wesson Cooking Oil
40 oz btl, Selected Varieties
\$5.99

Essential Everyday Kosher Baby Dills
16 oz jar
2/\$5

Hunt's Snack Pack Pudding or Gel Snacks
4 ct pkg, Selected Varieties
\$1.79

JIF Peanut Butter
20 oz jar, Selected Varieties
\$6.99

Essential Everyday Mayonnaise or Whipped Dressing
20-22 oz btl, Selected Varieties
\$5.49

Essential Everyday Almond Bark
20-24 oz pkg, Selected Varieties
\$5.79

Essential Everyday Almonds
2 oz bag, Selected Varieties
\$1.79

IGA Graham Crackers
14.4 oz pkg, Selected Varieties
\$3.99

Kellogg's Town House Crackers
9.2-13.8 oz pkg, Selected Varieties
\$4.99

Orville Redenbacher's Microwave Popcorn
6-12 ct box, Selected Varieties
\$3.99

Nabisco Newtons
9.2-10.75 oz pkg, Selected Varieties
\$4.79

Mott's Apple Sauce
6 ct pkg, Selected Varieties
\$3.49

Hostess Donettes Mini Donuts
9.5-10.75 oz bag, Selected Varieties
2/\$5

Essential Everyday Deluxe Mixed Nuts
8.75 oz can
\$6.99

IGA Gravy Mixes
.75-1.25 oz pkg, Selected Varieties
79¢

Essential Everyday Dry Roasted Peanuts
16 oz jar, Selected Varieties
2/\$6

Essential Everyday Marshmallows
10-10.5 oz bag, Selected Varieties
\$1.69

Juicy Juice 100% Juice
64 oz btl, Selected Varieties
\$5.99

Seattle's Best Coffee
12 oz bag or 10 ct box K-Cups, Selected Varieties
\$7.39

Pearl Milling Company Pancake Mix
32 oz box, Selected Varieties
\$3.99

Pearl Milling Company Syrup
24 oz btl, Selected Varieties
\$4.29

IGA French Fried Onions
6 oz pkg
\$3.99

IGA Cranberry Sauce
14 oz can, Whole or Jellied
\$2.39

Savings down every aisle!

McCormick

McCormick Whole or Ground Cloves
.62 oz Whole Cloves or .9 oz Ground Cloves
\$5.99

McCormick Rubbed Sage
5 oz
\$4.99

McCormick Cream of Tartar or Pure Extracts
1.5 oz Cream of Tartar or 1-2 oz Extracts Pure, Selected Varieties
\$3.99

McCormick Oregano Leaves or Poultry Seasoning
.75 oz Oregano or .65 oz Poultry
\$3.49

McCormick Pure Vanilla
1 oz
\$3.99

McCormick Ground Cinnamon, Imitation Extracts or Parsley Flakes
2.37 oz Cinnamon, 1-2 oz Extracts or .25-5 oz Parsley
\$2.99

McCormick Food Coloring, Ground Nutmeg
1.5 oz Food Coloring, 1.1 oz Ground Nutmeg
\$4.99

McCormick Pure Vanilla Extract
2 oz
\$7.49

HOUSEHOLD GOODS

Essential Everyday Premium Laundry Detergent
100 oz btl, Selected Varieties
\$13.99

Mr. Clean Clean Freak, Liquid Cleaners or Magic Eraser
16-41 oz btl or 3 ct, Selected Varieties
\$6.79

Dawn Liquid Dish Soaps
16 oz btl, Selected Varieties
\$5.99

IGA Aluminum Foil
75 sq ft roll
\$4.49

Essential Everyday Parchment Paper
45 sq. ft. roll
\$3.49

Ziploc Storage
14-24 ct box, Selected Varieties
\$3.99

Ziploc Storage or Freezer Slider Bags
10-20 ct box, Selected Varieties
\$3.29

Essential Everyday Sandwich or Snack Bags
90-100 ct box, Selected Varieties
\$2.99

Wild Harvest Napkins
250 ct pkg
\$3.49

HEALTH & BEAUTY

Crest Complete Toothpaste or Glide Floss
Toothpaste or 1 ct Floss, Selected Varieties
\$4.99

Equaline Cold & Flu Relief
24 ct pkg, Selected Varieties
\$4.99

Equaline Cold & Flu Relief
12 oz btl, Selected Varieties
\$7.99

Ricola Natural Throat Drops
34-45 ct bag, Selected Varieties
\$5.99

Equaline Cotton Swabs
375 ct pkg
\$2.99

Degree Invisible Deodorant
2.6-3 oz pkg, Selected Varieties
\$4.99

Essential Everyday Cat Food
5.5 oz can, Selected Varieties
89¢

PET



FRESH produce!

Sweet Onions

99¢ lb

Fresh Cauliflower

\$2.29 lb

8 oz Shredded, 12 oz Garden or 14 oz Cole Slaw Shredded Lettuce, Garden Salad or Cole Slaw

2/\$4



Pomegranates
2/\$8



Beefsteak Tomatoes
\$2.39 lb



1 lb bag
Baby Cut Carrots
\$1.79



5 lb bag
Yellow Potatoes
2/\$9

DELI

Available at participating stores.

Deli Fresh, Selected Varieties
**Kretschmar
Oven Roasted
Turkey Breast**

\$9.49 lb

**Kretschmar
Pepper Jack Cheese**
Sliced Fresh in our Deli

\$4.49 lb

**Kaukauna Spreadable
Cheese Cups**
6.5 oz pkg, Selected Varieties

\$4.49

**Raspberry
Parfait**
Deli Fresh

\$2.99 lb

BAKERY

Available at participating stores.

Bakery Fresh
**Roasted
Garlic Loaf**

\$5.49

**Clyde's
Fritters**
6 ct pkg, Selected Varieties

\$5.99

**Cyrus O'Leary's
Mini Cream Pies**
4 inch, Selected Varieties

\$3.49

**Double Layer
Dessert Cakes**
8 inch, Selected Varieties

\$12.49

Candles, Ornamental Figurines, Decorations and More!



Candles

\$11.99 to \$14.99

Tablecloths

\$7.99

Turkey Roasting Pan

\$29.99

Oil n Vinegar Bottle

\$4.99

Handi Foil King Roaster

\$7.99

ALASKAN LIQUOR STORE

Located Across Main Street

750 ml
**Courvoiser
vsop
Cognac**

\$49.99

1.5 Liter
**Lindeman's
Shiraz**

\$14.99

750 ml
**Jim Beam
Black**

\$22.99

750 ml
**Sheffield Cellars
Very Dry Sherry**

\$11.49

750 ml
**DK Watermelon
Pucker**

\$10.99