

SEABRA'S MARKET

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|------------|-------------|-------------|-------------|-------------|--------------|-------------|---------------|
| Sale Dates | Fri. Nov. 1 | Sat. Nov. 2 | Sun. Nov. 3 | Mon. Nov. 4 | Tues. Nov. 5 | Wed. Nov. 6 | Thurs. Nov. 7 |
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| 1000 S. ELSTORA AVE. ELIZABETH, NJ 07202 TEL: 908-355-0700 2564 | 1350 GALLOPING HILL ROAD UNION, NEW JERSEY 07083 TEL: 908-364-2790 2567 | 260 LAFAYETTE STREET NEWARK, NEW JERSEY 07105 TEL: 973-589-8606 2570 |
| STORE HOURS SUNDAY - SATURDAY 7:00AM - 9:00PM | STORE HOURS SUNDAY - SATURDAY 7:00AM - 9:00PM | STORE HOURS SUNDAY - SATURDAY 7:00AM - 10:00PM |
| UTILITY PAYMENTS/POSTAGE STAMPS/PAYROLL CASHING NOT ALL SERVICES AVAILABLE AT ALL STORES | | |
| WE ACCEPT: WIC • EBT • FOOD STAMPS • COUPONS | | |

ONLINE SHOPPING
www.SeabrasMarket.com
ORDER FROM HOME. PAY ONLINE.
COURTESY PICKUP & DELIVERY



By The Head Crisp
Iceberg Lettuce

\$1.49
ea.

NatureSweet Tomatoes:
10 Oz Cont
Out Of This World Sweetness
• Comets
9 Oz Cont
Cherry Tomatoes On The Vine
• D'Vines

\$2.99

Fresh
Broccoli Crowns

\$1.49
lb.

By The Head
Sno White Cauliflower

2/\$5

12 Oz Pkg Assorted
Green Giant Vegetables

\$2.99

16 Oz Pkg ... Value Size
Whole or Sliced
Giorgio White Mushrooms

\$3.99

California Red or Green
Seedless Grapes

\$1.99
lb.

Red or Green
Organically Grown Seedless Grapes

\$2.99
lb.

Northwest ... Extra Fancy
Red Delicious, Honeycrisp or Cosmic Crisp Apples

99¢
lb.

15.2 Fl Oz Btl Assorted Protein or Regular
Naked Fruit & Vegetable Juice

2/\$6

8-10.5 Oz Bag ... Caesar, Light Caesar, Caesar Supreme, Bacon Caesar, Italian Balsamic, French Blue Cheese or Asian Apple
Fresh Express Salad Kits

\$3.99

5 Oz Clamshell Assorted
Organic Girl Salads

\$3.99

USDA Government Inspected
Boneless Chicken Breasts

\$2.49
lb. Family Pack

USDA Grade A All Natural ... Fresh
No Antibiotics Ever Chicken Drumsticks or Thighs

\$1.49
lb. Jumbo Pack

98% Fat Free No MSG Added
Hormel 1891 Honey Cured or DiLusso Deluxe Ham

\$6.99
lb. Sliced To Order

Raised With No Antibiotics Ever
100% All Natural Traditional, BBQ, Italian or Lemon Pepper
Perdue Rotisserie Chicken

\$7.99
ea.

Fresh Baked
King Cake Bolo Rei

\$1.99
ea.

USDA Choice Beef Shoulder or
Top Round London Broil

\$4.99
lb.

Fresh ... Wild Caught
Tuna Steaks

\$8.99
lb.

Previously Frozen 30-40 Count Per Lb
Head On Shrimp

\$4.99
lb.

Made From Pasteurized Milk From Grass-Fed Cows Imported
President French Emmental Swiss Cheese

\$5.99
lb. Sliced To Order

24 Oz Pkg 8" Baked
Pumpkin Pecan Pie

\$7.99

Fresh
Pork Spareribs

\$2.49
lb. Family Pack

Previously Frozen
Swai Basa Fillets

\$3.99
lb.

24 Oz Pkg ... 8" Baked
Urban Meadow Muenster Cheese

\$5.99
lb. Sliced To Order

24 Oz Pkg ... 8" Baked
Vantia Ovengold Turkey

\$9.99
lb. Sliced To Order

Flor Da Beira
Buttered Small Cheese

\$12.59
lb. Sold By The Piece

128 Fl Oz Cont Select Varieties
Mazola Oil

\$9.99

32 Oz Jar ... Marinara, Arrabbiata or Tomato Basil
Rao's Pasta Sauce

\$6.99

16 Oz Pkg ... Assorted (Excludes: Fideos & Organic Whole Wheat)
Luigi Vitelli Imported Pasta

5/\$5

15 Oz Jar ... 4 Cheese or Creamy Alfredo or Creamy Rose or 24 Oz Jar ... Assorted
Classico Pasta Sauce

2/\$5

88 Oz Pkg
Five Roses White Flour

\$4.99

30 Fl Oz Jar
Mike's Amazing Real Mayonnaise

\$2.99

20 Lb Bag
Canilla Long Grain White Rice

\$9.99

14-28 Oz Pkg ... Assorted
Borden Cheese

2/\$5

4 Lb Bag Granulated
Urban Meadow Sugar

\$3.49

50.7 Fl Oz Pkg
Ucal Milk Chocolate 6 Pack

\$11.99

4.75-8 Oz Bag Assorted Regular or Kettle
Lay's Potato Chips

\$2.99

7-13 Oz Pkg Assorted
Chips Ahoy! Cookies

2/\$6

11 Oz Pkg Assorted
Keekler Sandwich Crackers

3/\$6.99

28 Fl Oz Cont Assorted
Häagen-Dazs Ice Cream

\$6.99

144 Fl Oz Pkg 12 Oz Assorted Beer
Budweiser, Bud Light, Miller or Coors 12 Packs

\$13.99

405.6 Fl Oz Pkg Half Liter Btl
Poland Spring Water 24 Pack

3/\$12.99

64 Fl Oz Btl ... Assorted (Excludes: Cocktail & Light)
Ocean Spray Cranberry 100% Juice

\$3.49

192 Fl Oz Pkg Assorted Juice or Snapple
Snapple Tea 12 Pack

\$9.99

13.1-16 Oz Box ... Assorted (Excludes: Selects & Bowls)
Hungry-Man Dinners

2/\$7

7 Oz Pkg Assorted
Tate's Bake Shop Cookies

\$4.99

7.5-8 Oz Cont Assorted
Philadelphia Soft or Whipped Cream Cheese

2/\$6

28 Fl Oz Btl Assorted
Powerade Sports Drinks

4/\$4

Full Sheet or Select-A-Size: 6-12 Double Rolls or 4-12 Triple Rolls
Bounty Paper Towels

\$12.99

9 Mega Roll Pack Ultra Clean or Ultra Comfort
Cottonelle Paper Towels

\$10.99

Original or Intense Fresh: 16 Count Pkg ... Ultra Pacs or 40 Fl Oz Cont
Persil Laundry Detergent

\$5.99

Breakfast Savings!

59 or 64 Fl Oz Cont Assorted So Delicious Coconutmilk or Almond, Cashew, Oat, Coconut, Soy or Protein

Silk Milk



52 Fl Oz Cont Assorted

Simply Orange Juice



2/\$7

With Club Card. Limit 2 Offers. Must Buy 2.

MIX OR MATCH!

2/\$7

4.5-5.3 Oz Cont Assorted Blended, Flip, Less Sugar, Zero Sugar or Fruit On The Bottom

Chobani Greek Yogurt



20 Oz Bag

Urban Meadow Giant White Bread



\$1.99

MIX OR MATCH!

4/\$5

• 18.8 Oz Cinnamon Toast Crunch
• 18.8 Oz ... Honey Nut Cheerios
• 18 Oz ... Original Cheerios
• 18.6 Oz ... Lucky Charms
• 18 Oz ... Corn Chex

General Mills Family Size Cereal



16 Oz Box ... 1/4 Lb Sticks Salted or Unsalted

Urban Meadow Butter



\$4.99

MIX OR MATCH!

2/\$8

With Club Card. Limit 4 Offers. Must Buy 2. Additional Varieties Included. See Store For Details.

• 18 Oz ... With Almonds or Honey Roasted Honey Bunches of Oats
• 19.5 Oz ... Fruity or Cocoa Pebbles
• 19 Oz ... Honeycomb
• 25 Oz ... Raisin Bran

Post Cereal



YOUR CHOICE!

\$3.99

42 Oz Cont Quick or Old Fashioned

Quaker Oats



11.3 Oz Pkg ... Touch of Honey Special K Granola or 9.6-12.9 Oz Box ... Assorted

Kellogg's Special K Cereal



BUY 1 GET 1 FREE

MIX OR MATCH!

SAVE \$6.49!

With Club Card. Limit 4 Offers.

\$4.99

With Club Card. Limit 4 Offers.

11-12 Fl Oz Can Assorted

Nutrament Energy Nutrition Drinks



72 Count Box ... Organic or 100 Count Box ... Regular

Lipton Black Tea Bags



\$3.99

With Club Card. Limit 2 Offers.

3/\$5

With Club Card. Limit 2 Offers. Must Buy 3.

9.9-11.5 Oz Can Assorted (Excludes: Decaf)

Maxwell House Coffee



6 Oz Brick Pack

Café Bustelo Coffee



2/\$8

\$3.49

With Club Card. Limit 2 Offers.

29.6 Oz Box Buttermilk Pancakes or 23.2-29.6 Oz Box Assorted

Eggo Waffles



64 Fl Oz Btl

Urban Meadow Apple Juice



2/\$4

\$5.99

(Excludes: All Other Varieties)

BEVERAGE

PLUS DEPOSIT WHERE APPLICABLE. REBATES AVAILABLE ONLY IN NEW YORK.



LEMON LIME THE BROOKLYN WAY

75 Fl Oz Pkg ... 7.5 Oz Mini Cans Assorted Varieties
Pepsi 10 Packs **\$6.99** **YOUR CHOICE!**

42.2 Fl Oz Btl Assorted Varieties
Pepsi 1.25 Liters **2.53** **MIX OR MATCH!**

96 Fl Oz Pkg ... 12 Oz Cans Lime With Mint, Tangerine Ginger or Hibiscus Blueberry
Topo Chico Sparkling Water 8 Pack **\$6.99**

192 Fl Oz Pkg ... Lemon, Green or Arnold Palmer
Arizona Iced Tea 12 Pack **\$6.99**

64 Fl Oz Btl Assorted
Apple & Eve Cranberry Juice **\$2.99**

64 Fl Oz Btl
Nature's Own Apple Juice **\$3.99**

54 Fl Oz Pkg Assorted
Juicy Juice Juice 8 Pack **\$3.49**

50.7 Fl Oz Btl
Fiji Water 1.5 Liter **2.54**

101.4 Fl Oz Pkg Half Liter Btls
Pure Life Water 6 Pack **2.53**

128 Fl Oz Cont
Deer Park Spring Water Gallon **2.54**

33.8 Fl Oz Btl
Polar Seltzer 1 Liter **3.54**

15-16 Fl Oz Can Assorted
Monster Energy Drinks **2.55**

160 Fl Oz Pkg Assorted
Gatorade Sports Drinks 8 Pack **\$8.99**

33.8 Fl Oz Btl
Pedialyte Advanced Care 1 Liter **\$6.99**

60 Fl Oz Pkg Assorted
Kool-Aid Jammers 10 Pack **\$2.99**

33.8 Fl Oz Btl
Evian Water 1 Liter **3.56**

28 Fl Oz Plastic or Glass Btl Still or Sparkling
Saratoga Water **2.53**

33.8 Fl Oz Btl
Ac-ion Alkaline Water 1 Liter **2.53**

50.7 Fl Oz Btl
Fiji Water 1.5 Liter **2.54**

284.4 Fl Oz Pkg Sport Cap Btls
Poland Spring Water 12 Pack **\$4.99**

405.6 Fl Oz Pkg Half Liter Btls
Dasani Water 24 Pack **\$6.99**

50.7 Fl Oz Btl
Water 1.5 Liter: 2 for \$3

A RECIPE FOR MAGIC

67.6 Fl Oz Btl Assorted Varieties
Coca-Cola 2 Liters **2.55** **MIX OR MATCH!**

101.4 Fl Oz Pkg ... 16.9 Oz Btls Assorted Varieties
Coca-Cola 6 Packs **\$5.99** **YOUR CHOICE!**

50.7 Fl Oz Btl Vapor Distilled or Alkaline With Antioxidant
Smartwater 1.5 Liter **3.57**

144 Fl Oz Pkg 12 Oz Assorted
Schweppes Seltzer 12 Pack **\$7.49**

144 Fl Oz Pkg Assorted
Vintage Seltzer 12 Pack **\$4.99**

15-16 Fl Oz Can Assorted
Monster Energy Drinks **2.55**

160 Fl Oz Pkg Assorted
Gatorade Sports Drinks 8 Pack **\$8.99**

54 Fl Oz Pkg ... Lemonade, Fruit Punch or Apple Juice
Apple & Eve Organics Drinks 8 Pack **\$3.99**

48 Fl Oz Pkg Assorted
Honest Kids Organic Drinks 8 Pack **\$3.99**

33.8 Fl Oz Btl
Pedialyte Advanced Care 1 Liter **\$6.99**

60 Fl Oz Pkg Assorted
Kool-Aid Jammers 10 Pack **\$2.99**

ZERO SUGAR, 100% FLAVOR

45 Fl Oz Pkg ... 7.5 Oz Mini Cans Assorted Varieties
Canada Dry 6 Packs **\$4.99** **YOUR CHOICE!**

30.4 Fl Oz Btl
Core Water **2.53**

32 Fl Oz Btl Assorted Juice or
Snapple Tea **2.53**

SNACK

14.86-15.77 Oz Pkg Premium or Dark Chocolate Assortment
Ghirardelli Chocolate Squares **\$12.99**

2.7-3.9 Oz Pkg ... Baby Ruth, Butterfinger or Crunch
Nestle Chocolate Candy 6 Pack **2.53**

2.6-3.4 Oz Pkg Assorted
Hershey's King Size Chocolate Candy **\$1.99**

7.6-9.9 Oz Pkg Assorted Unwrapped Chocolate: \$4.99

10.2 Oz Pkg
Hostess Dessert Multipacks **2.56**

5.76-8.94 Oz Box Assorted
Nature Valley Granola Bars **2.56**

1.3-1.5 Oz Cont Assorted
Ice Breakers Mints **\$2.29**

13 Oz Pkg Assorted Pudding or
Snack Pack Gelatin 4 Pack **2.53**

11.2-11.3 Oz Pkg Classic or Pecan
Keebler Sandies Shortbread Cookies **2.57**

5.7-12 Oz Pkg Assorted
Stella D'oro Cookies **2.57**

5-8.6 Oz Pkg ... Assorted (Excludes: Regular & Mint Brussels, Geneva, Naples & Tahiti Distinctive & Milano)
Pepperidge Farm Cookies **2.57**

10 Oz Pkg Old Fashioned
Shoppers Value Ginger Snaps **\$2.29**

12 Oz Can Danish
Wonderful Copenhagen Butter Cookies **\$4.29**

18 Oz Cont
Del Monte Sun Dried Raisins **\$3.99**

12.8 Oz Pkg Assorted
Gogo Squeez Applesauce **\$3.49**

4.8 Oz Box ... Healthy Pop or 9 Oz Box ... Simply Pop
Jolly Time Butter Popcorn **\$3.49**

9.6 Oz Box Butter, Sea Salt or Movie Theater Butter
Newman's Own Popcorn **\$2.99**

9.25-18 Oz Bag Assorted (Excludes: Lay's)
Frito-Lay Party Size Snacks **\$4.99**

6.25-10 Oz Pkg Assorted
Frito-Lay Multipacks **\$5.99**

3-3.52 Oz Bag Assorted
Quaker Rice Crisps **2.55**

4.9-5.5 Oz Can Assorted
Pringles Snack Stacks **2.54**

10-15.5 Oz Pkg Assorted
Snyder's Pretzels **2.56**

8-12 Oz Bag Assorted
On The Border Tortilla Chips **2.56**

8-11 Oz Bag Assorted
Tortiyahs! Tortilla Chips **2.56**

16.65-18 Oz Bag 18 Count ... Assorted
Utz Variety Pack **\$8.99**

7.5-7.875 Oz Bag Assorted Regular or Ridgies
Wise Potato Chips **\$3.49**

8 Oz Bag Assorted
Zapp's Chips **2.56**

7.75-8 Oz Bag Assorted Potato Chips: 2 for \$6

8 Oz Bag Assorted
Herr's Kettle Cooked Potato Chips **\$3.99**

6 Oz Cont Assorted
Blue Diamond Almonds **\$3.99**

NON FOOD

20 Count Box ... Storage Quart
Ziploc Slider Bags **\$2.99**

20 Oz Can ... Citrus or Rainshower Bathroom Cleaner or 20 Oz Aerosol Can or 32 Oz Trigger Btl
Scrubbing Bubbles Mega Shower Foamer **\$4.99**

23 Fl Oz Btl ... Assorted
Mr. Clean Multi-Surface Cleaner **\$3.99**

23 Fl Oz Btl Assorted
Windex Cleaner **\$4.99**

14-24 Count Box ... Gallon or Quart: Storage or Freezer Bags: \$3.99

27 Fl Oz Btl ... Ocean, Fresh or Breeze TOUCH or Heavy Duty Crisp Clean or Downy Calm Lavender Vanilla
Febreze Fabric Spray **\$6.99**

27 Fl Oz Trigger Btl ... Long Lasting or Odor Fighter Carpet Booster: \$6.99

56 Count Pkg ... Plus Lotion or Ultra Soft & Strong
Puffs Facial Tissues **\$1.79**

25 Fl Oz Cont Field Flowers or Morning Sun
Suavitel Fabric Softener **\$2.99**

12.69 Oz Pkg Extra Clean
Old Spice Deodorizing Soap Bars 4 Pack **\$4.99**

135.11 Sq Ft Pkg 4=16 Mega Rolls
Angel Soft Bath Tissue **\$4.29**

75 Sq Ft Box
Reynolds Cut-Rite Wax Paper **\$2.49**

26 Count Pkg ... 12 Oz Perfect Touch Cups
Dixie Plates **\$5.99**

40 Count ... 9 Inch Squared Lunch
Solo Plates **\$6.99**

12.5 Oz Can ... Crisp Linen or Fresh Scent Disinfectant Spray or 80 Count Box ... Lemon & Lime or 75 Count Cont ... Dual Action
Lysol Disinfectant Wipes **\$5.99**

240 Count Box 5 in 1 Outdoor Fresh or Free & Gentle Unscented Dryer Sheets or 130 Count Box ... Pet Fresh Scent or Paradise Blossom
Bounce Mega Sheets **\$10.99**

8-18 Count Pkg Select Varieties
Good Sense Bags **2.53**

146 Sq Ft Pkg 2=6 Triple Rolls
Bounty Essentials Paper Towels **\$5.99**

32.5 Fl Oz Cont Oxi, Original or Antibacterial Orange
Palmolive Ultra Dish Detergent **\$4.49**

240 Count Box
Downy April Fresh Sheets **\$10.99**

14.7 Fl Oz EZ Squeeze Btl Original or 18 Fl Oz Btl ... Original or Apple Blossom or Platinum Refreshing Rain: 12.2 Fl Oz EZ Squeeze Btl or 14.8 Fl Oz Btl
Dawn Dish Detergent **\$3.49**

93 Fl Oz Cont Bliss or Calm
Downy Ultra Soft Fabric Softener **\$12.99**

100.8 Sq Ft Pkg 2 Double Rolls ... White Tear-A-Square
Sparkle Paper Towels **\$4.29**

48 Fl Oz Btl Original or Spring Meadow
Tide Clean Boost Fabric Rinse **\$12.99**

13.5 Oz Pkg Fresh Scent Complete
Cascade ActionPacs **\$6.99**

Assorted: 16-19.4 Oz Cont Scent Booster Beads or 48 Fl Oz Btl
Downy Rinse & Refresh Fabric Softener **\$12.99**

20 Count Pkg With Lids
Hefty Hot Cups **\$6.99**

100 Count Pkg ... 16 Oz
Hefty Party On! Cups **\$9.99**

PRODUCE

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|---|--|--|--|--|---|--|
| <p>Fuyu or Hachiya Persimmons</p> <p>2/\$5 MIX OR MATCH!</p> | <p>12 Oz Bag Fresh Cranberries</p> <p>\$2.99</p> | <p>POM Wonderful Pomegranates</p> <p>2/\$5 POM WONDERFUL</p> | <p>2 Lb Bag US #1 Yellow Lemons</p> <p>\$3.99</p> | <p>9 Oz Bag ... Pit Free or 12 Oz Bag ... Whole Joolies Organic Fresh Medjool Dates</p> <p>\$4.99</p> | <p>12 Oz Cont Coconut or Almond Joolies Date Rolls</p> <p>\$3.99</p> | <p>4 Count Pkg Tomatoes</p> <p>\$2.49</p> |
| <p>1 Lb Bag ... Peeled Green Giant Baby Carrots</p> <p>\$1.99</p> | <p>Fresh Scallions</p> <p>79¢ ea.</p> | <p>Fresh Jalapeño Peppers</p> <p>\$1.49 lb.</p> | <p>US #1 ... Russet, Goldust A or Red A Green Giant Potatoes</p> <p>99¢ lb. YOUR CHOICE!</p> | <p>US #1 North Carolina Sweet Potatoes</p> <p>99¢ lb.</p> | <p>US #1 Red or Sweet Onions</p> <p>\$1.49 lb. YOUR CHOICE!</p> | <p>16 Oz Tray Assorted The Little Potato Co. Microwaveable Potatoes</p> <p>3/\$10</p> |
| <p>20 Oz Cont ... Cut Simple Beginnings Butternut Squash</p> <p>\$2.99</p> | <p>64 Fl Oz Cont Assorted Zeigler's Apple Cider</p> <p>\$3.99</p> | <p>52 Fl Oz Btl Bolthouse Farms Pumpkin Spice Latte</p> <p>\$7.99</p> | <p>11.5-12 Oz Cont Assorted Marie's Salad Dressing</p> <p>3/\$10</p> | <p>9 Fl Oz Btl Assorted Makoto Dressing</p> <p>\$3.99</p> | <p>8 Oz Pkg Assorted Franklin Farms Tofu Seitan or Bites</p> <p>\$3.99</p> | <p>By The Bunch Maple Grove Bouquet</p> <p>\$14.99 ea.</p> |
| <p>8 Oz Bag ... Assorted Lighthouse Freeze Dried Herbs</p> <p>\$4.99</p> | <p>8 Oz Bag ... Assorted House Foods Shirataki Noodles</p> <p>2/\$5</p> | <p>8 Oz Pkg Assorted Maple Grove Bouquet</p> <p>\$14.99 ea.</p> | <p>4 Inch Mum In Basket</p> <p>\$6.99 ea.</p> | <p>16 Oz Pkg ... Value Size Giorgio White Mushrooms</p> <p>\$3.99</p> | <p>5 Oz Clamshell Assorted Organic Girl Salads</p> <p>\$3.99</p> | |

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|---|--|---|--|--|---|
| <p>By The Head Crisp Iceberg Lettuce</p> <p>\$1.49 ea.</p> | <p>Nature Sweet Tomatoes: 10 Oz Cont YOUR CHOICE! Out Of This World Sweetness</p> <ul style="list-style-type: none"> • Comets • 9 Oz Cont Cherry Tomatoes On The Vine • D'Vines <p>\$2.99</p> | <p>Fresh Broccoli Crowns</p> <p>\$1.49 lb.</p> | <p>By The Head Sno White Cauliflower</p> <p>2/\$5</p> | <p>12 Oz Bag Assorted Green Giant Vegetables</p> <p>\$2.99</p> | <p>16 Oz Pkg ... Value Size Whole or Sliced</p> <p>\$3.99</p> |
| <p>California Red or Green Seedless Grapes</p> <p>\$1.99 lb. YOUR CHOICE!</p> | <p>Organically Grown Red or Green Seedless Grapes YOUR CHOICE!</p> <p>\$2.99 lb.</p> | <p>Northwest Extra Fancy Honeycrisp, Red Delicious or Cosmic Crisp Apples YOUR CHOICE!</p> <p>99¢ lb.</p> | <p>15.2 Fl Oz Btl Assorted Naked Fruit & Vegetable Juice</p> <p>2/\$6</p> | <p>8-10.5 Oz Bag ... Caesar, Light Caesar, Caesar Supreme, Bacon Caesar, Italian Balsamic, French Blue Cheese or Asian Apple Fresh Express Salad Kits YOUR CHOICE!</p> <p>\$3.99</p> | <p>5 Oz Clamshell Assorted Organic Girl Salads</p> <p>\$3.99</p> |

ORGANIC PRODUCE

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|--|---|--|---|---|
| <p>Organically Grown 10 Oz Cont ... Value Size Assorted Organic Girl Salads</p> <p>\$6.99</p> | <p>Organically Grown Avocados</p> <p>3/\$5</p> | <p>Organically Grown Washington State Extra Fancy Gala, Fuji or Granny Smith Apples YOUR CHOICE!</p> <p>\$2.99 lb.</p> | <p>Organically Grown 2 Lb Bag US #1 Wild Harvest Yellow Lemons</p> <p>\$5.99</p> | <p>Organically Grown 9 Oz Bag Olivia's Organics Microwavable Spinach NEW!</p> <p>\$4.99</p> |
| <p>10 Oz Bag Robinson Fresh Organic Kale</p> <p>\$3.99</p> | <p>Organically Grown By The Bunch Broccoli</p> <p>\$3.99 ea.</p> | <p>Organically Grown 1 Lb Bag Peeled Baby Carrots</p> <p>2/\$5</p> | <p>Organically Grown 16 Oz Pkg Celery Hearts</p> <p>\$3.99</p> | <p>Organically Grown 5 Lb Bag ... US #1 Russet Potatoes</p> <p>\$4.99</p> |

PRIVATE BRANDS FOUND ONLY AT OUR FAMILY OF SUPERMARKETS

BETTER FOR YOU

| | | | | | | |
|--|---|--|--|---|---|--|
| <p>16 Oz Pkg Part Skim or Whole Milk Urban Meadow Mozzarella Cheese</p> <p>\$3.99</p> | <p>32 Oz Pkg Part Skim Mozzarella, Cheddar or Sharp Cheddar Urban Meadow Shredded Cheese</p> <p>\$8.99</p> | <p>32 Fl Oz Cont Fat Free or Regular Urban Meadow Half & Half</p> <p>\$2.99</p> | <p>66.1 Oz Cont Lemon or Raspberry Urban Meadow Iced Tea Mix</p> <p>\$6.99</p> | <p>12 Fl Oz Can Regular or Fat Free Urban Meadow Evaporated Milk</p> <p>3\$4 For With Club Card. Limit 2 Offers. Must Buy 3.</p> | <p>29.5-31 Oz Btl No Sugar Added or Simply Heinz Ketchup</p> <p>\$4.99</p> | <p>15.5 Oz Can Black, Kidney or Garbanzo Green Valley Organic Beans</p> <p>2\$3 For</p> |
| <p>32 Oz Cont ... Part Skim or Whole Milk Ricotta Cheese: \$4.99</p> | <p>12 Oz Pkg ... American Singles: 2 for \$6</p> | <p>16 Fl Oz Cont ... 36% Milkfat Heavy Cream: \$3.99</p> | <p>16 Oz Cont ... Regular Non-Dairy Coffee Creamer: \$4.99</p> | <p>1,264 Sq Ft Pkg 12 Roll Pack Urban Meadow Bath Tissue</p> <p>\$10.99</p> | <p>56 Count Box Urban Meadow Trash Bags</p> <p>\$15.99</p> | <p>240 Count Pkg ... 9 Oz Urban Meadow Cold Cups</p> <p>\$9.99</p> |
| <p>16 Fl Oz Jar Urban Meadow Kosher Dill Pickles</p> <p>\$2.49</p> | <p>160 Oz Bag White or Parboiled Urban Meadow Long Grain Rice</p> <p>\$6.99</p> | <p>28 Oz Can White or Parboiled Urban Meadow Crushed Tomatoes</p> <p>3\$5 For With Club Card. Limit 2 Offers. Must Buy 3.</p> | <p>37.5 Sq Ft Pkg ... 18 Inch or 50 Sq Ft Pkg ... 12 Inch Urban Meadow Heavy Duty Aluminum Foil</p> <p>\$3.99</p> | <p>12 Fl Oz Can Regular or Fat Free Urban Meadow Evaporated Milk</p> <p>3\$4 For With Club Card. Limit 2 Offers. Must Buy 3.</p> | <p>56 Count Box Urban Meadow Trash Bags</p> <p>\$15.99</p> | <p>240 Count Pkg ... 9 Oz Urban Meadow Cold Cups</p> <p>\$9.99</p> |

BABY

| | | | | | | |
|--|---|---|--|---|--|--|
| <p>4 Oz Jar Assorted Beech-Nut Organics Baby Food</p> <p>2\$3 For</p> | <p>4 Oz Jar Carrot 1st Foods or Assorted 2nd Foods Gerber Natural Baby Food</p> <p>3\$4 For 3.5 Oz Pkg ... Assorted Baby Food: 2 for \$4</p> | <p>4.4 Oz Pkg Banana & Carrot or Apples & Spinach Happy Tot Fiber & Protein Bars</p> <p>\$4.49</p> | <p>4.4-22 Oz Pkg Assorted Stage 4 Happy Tot Baby Food</p> <p>\$1.99</p> | <p>1.7 Oz Pkg Sweet Potato & Banana or Blueberry & Purple Carrot Happy Baby Organic Teethers</p> <p>\$5.49</p> | <p>54-92 Count Box Sizes 3-6 Luv's Diapers</p> <p>\$16.99</p> | <p>168 Count Pkg Pampers Sensitive Baby Wipes</p> <p>\$7.99</p> |
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PET

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| <p>8 Lb Bag World's Best Poop Fighter Cat Litter</p> <p>\$11.99</p> | <p>3 Oz Bag Salmon or Chicken Mew Mix Irresistibles Soft Cat Treats</p> <p>2\$3 For</p> | <p>4 Oz Pkg ... Cheese Happy Teeth Dog Treat or 4.5 Oz Pkg Churro Cheese Yellow Yak Dog Treat</p> <p>\$3.49</p> | <p>2.3 Oz Pkg Medium Cheese Yellow Yak Yaky Chew Dog Treat</p> <p>\$3.79</p> | <p>3.5 Oz Pkg Assorted Cesar Select Dog Food Dinners</p> <p>4\$6 For</p> | <p>13 Oz Can Chicken & Rice, Lamb & Rice or Beef & Vegetables In Gravy Iams Dog Food</p> <p>2\$5 For</p> | <p>4.5 Oz Pkg ... Assorted Canine Carry Outs Dog Snacks</p> <p>\$1.19</p> |
| <p>160 Oz Bag Antibacterial, Regular or Unscented Jonny Cat Cat Litter</p> <p>\$3.99</p> | <p>4.5 Oz Pkg ... Yum Cheese Dog Treat: \$3.99</p> | <p>3.3 Oz Pkg ... Macho Cheese Yaky Chew Dog Treat: \$4.99</p> | <p>7.1 Oz Pkg Mini or Small/Medium Milk-Bone Brushing Chews</p> <p>\$5.99</p> | | | |