

# food Basics CRAZY

**EXTRA LARGE**

**8 CRAZY 188** /LB

EXTRA LARGE RED SEEDLESS GRAPES  
PRODUCT OF U.S.A. NO. 1 GRADE  
4.14/KG

GRAPES FROM CALIFORNIA

**WE LOVE LOCAL Ontario**

**8 CRAZY 88¢** EACH

CARROTS OR YELLOW ONIONS  
PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE  
2 LB BAG

**907 G**

MEDJOOL DATES  
907 G

**8 CRAZY 888** EACH

**moi rewards** i redeem and save on what i buy most often

redeem **500** points = **\$4** in rewards

join today and save

**i earn, redeem and save**

**GET READY TO SAVE! GREAT PRICES START ON THURSDAY**

Limit of one Moi Rewards Bonus offer per account per day. Certain conditions apply. See moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.

To view local store flyer, visit foodbasics.ca, where you can create a shopping list.

**ALWAYS MORE FOR LESS**

**MEANS MORE WAYS TO SAVE**

**ALWAYS GREAT PRICE**

**499** EACH

SELECTION CROISSANTS  
10'S

**LOW PRICES ALL THE TIME**

SELECTION OR LIFE SMART TOMATOES  
540 - 796 ML  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**177** EACH

**LOW PRICES ALL THE TIME**

SELECTION OR IRRESISTIBLES LIFE SMART BEANS  
540 ML  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**149** EACH

**LOW PRICES ALL THE TIME**

IRRESISTIBLE SPRING ROLLS  
300 G  
FROZEN  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**499** EACH

**LOW PRICES ALL THE TIME**



# food Basics

# HOLIDAY MORE FOR LESS

# CRAZY 8 SALE



**8 CRAZY 2.98 EACH**

VILLAGGIO BREAD 550 - 675 G BUNS 6 - 8'S SELECTED VARIETIES



**8 CRAZY 1.98 /LB**

BUTTERBALL FROZEN WHOLE TURKEY SELECTED SIZES WHILE QUANTITIES LAST 4.37/KG

RAISED WITHOUT antibiotics / ÉLEVÉ SANS antibiotiques

Young Turkey / Jeune dinde

Seasoned with giblets / Assaisonné avec giblets

Raised in Canada / Élevé au Canada

15% MEAT PROTEIN / 15% DE PROTÉINES DE VIANDE

Grated before seasoning / Cuiser avant l'assaisonnement

KEEP FROZEN / GARDER CONGELÉ

Insert giblets in poultry and pour eggs

Insérer les giblets dans les volailles et verser les œufs

SEWING / GRIP & TEAR



**8 CRAZY 2.88 EACH**

GENERAL MILLS CINNAMON TOAST CRUNCH 354 G



**8 CRAZY 2.88 EACH**

GENERAL MILLS HONEY NUT CHEERIOS 430 G



**8 CRAZY 2.88 /LB**

FRESH BONELESS PORK COMBINATION CHOPS INCLUDING CENTER CUT CHOPS

LEAN GROUND PORK FAMILY PACK 6.35/KG



**8 CRAZY 9.88 /LB OR EACH**

FRESH ATLANTIC SALMON FILLETS FAMILY PACK 9.88/LB, 21.78/KG

CATCH OF THE DAY FISH FILLETS 580 G / 1.32 KG FROZEN 9.88 EA SELECTED VARIETIES

ALWAYS CANADIAN WE LOVE LOCAL



**8 CRAZY 2.88 EACH**

LAY'S POTATO CHIPS 165 - 235 G SELECTED VARIETIES



**8 CRAZY 2.88 EACH**

LAY'S POTATO CHIPS 165 - 235 G SELECTED VARIETIES



**8 CRAZY 4.48 EACH**

LACTANTIA BUTTER 454 G SELECTED VARIETIES WHILE QUANTITIES LAST



**8 CRAZY 13.88 EACH**

TILDA BASMATI RICE 4.54 KG SELECTED VARIETIES



**8 CRAZY 4.88 EACH**

BLACK DIAMOND CHEESE 400 G SHREDS 320 G GALBANI MOZZARELLA 500 G SELECTED VARIETIES

**i earn, redeem and save with moi rewards**

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, NOVEMBER 28<sup>TH</sup> TO WEDNESDAY, DECEMBER 4<sup>TH</sup>, 2024

To view local store flyer, visit [foodbasics.ca](http://foodbasics.ca), where you can create an account (or sign into your account) and select your preferred location.



# CRAZY 8 SALE



**Black Diamond**  
CHEDDAR SLICES  
410 g  
Original

**8 CRAZY 3<sup>88</sup> EACH**

BLACK DIAMOND SLICES  
410 G  
SELECTED VARIETIES



**Lunch mate** Pizza Pepperoni  
13g of protein  
No artificial colours or flavours  
Always delicious suitable for those with allergies

**NEVER EVER ANTIBIOTICS**  
HUMANELY RAISED  
CRATE FREE

**TOUJOURS SANS ANTIBIOTIQUES**  
DES HUMAINS  
SANS CAGES

**GREENFIELD**  
NATURAL MEAT CO.  
NATURAL HAM & CHEESE TROUSSE JAMBON NA

**8 CRAZY 2<sup>88</sup> EACH**

SCHNEIDERS LUNCH MATE OR ADULT KITS OR GREENFIELD SNACK KITS  
74 - 120 G SELECTED VARIETIES



**Lactantia**  
PurFiltre  
1% 2% SKIMMED 4 L SELECTED VARIETIES

**8 CRAZY 5<sup>98</sup> EACH**

LACTANTIA PUR FILTRE MILK  
1% 2% SKIMMED 4 L SELECTED VARIETIES



**McCain**  
Superfries  
EXTRA CRISPY CROUSTILLANTS  
FRENCH'S KETCHUP  
1 L SELECTED VARIETIES

**8 CRAZY 2/6<sup>88</sup> EACH**

McCain SUPERFRIES  
454 - 650 G  
FRENCH'S KETCHUP  
1 L  
SELECTED VARIETIES



**Lactantia**  
SANS LACTOSE FREE  
2  
UltraPur  
50% PROTEIN NO SUGAR ADDED 10 ESSENTIAL NUTRIENTS  
1.5-2 L SELECTED VARIETIES

**8 CRAZY 4<sup>88</sup> EACH**

LACTANTIA LACTOSE FREE OR ULTRA PUR MILK  
1.5 - 2 L SELECTED VARIETIES



**Irresistibles**  
Butter Chicken  
Poulet au beurre  
280g (10.2 oz)

**SMART Ones**  
Chicken Parmesan with Spaghetti & Marinara  
Poulet au parmesan avec spaghetti marinara  
230 - 330 G FROZEN SELECTED VARIETIES

**8 CRAZY 2<sup>88</sup> EACH**

SMART ONE'S OR IRRESISTIBLES MEALS  
230 - 330 G FROZEN  
SELECTED VARIETIES



**Barilla**  
SPAGHETTI  
PENNE RIGATE  
410 g

**8 CRAZY 1<sup>88</sup> EACH**

BARILLA PASTA  
340 - 410 G  
SELECTED VARIETIES



**Goldfish**  
BAKED  
CHEDDAR  
REAL CHEESE  
280 g

**Tim Hortons**  
CHICKEN POULET  
SOUP  
540 ML SELECTED VARIETIES

**8 CRAZY 2/4<sup>88</sup> EACH**

PEPPERIDGE FARM GOLDFISH CRACKERS  
167 - 200 G  
TIM HORTONS READY TO SERVE SOUP  
540 ML  
SELECTED VARIETIES



**eskaa**  
ESKAA SPRING WATER  
24 X 500 ML

**8 CRAZY 3<sup>88</sup> EACH**

ESKAA SPRING WATER  
24 X 500 ML



**Coca-Cola**  
ORIGINAL TASTE  
12 X 355 ML

**CANADA DRY**  
GINGER ALE  
12 X 355 ML

**PEPSI**  
12 X 355 ML

**8 CRAZY 6<sup>88</sup> EACH**

COCA-COLA, CANADA DRY GINGER ALE OR PEPSI  
12 X 355 ML SELECTED VARIETIES



**Charmin**  
Ultra Soft  
8 = 24

**Bounty**  
The Quicker Picker Upper  
4-6 SINGLES PLUS SIMPLES PLUS  
8 = 24'S

**8 CRAZY 6<sup>88</sup> EACH**

CHARMIN ULTRA SOFT BATHROOM TISSUE  
8 = 24'S  
BOUNTY PAPER TOWEL  
4 = 6'S  
SELECTED VARIETIES



**Persil**  
PRO-CLEAN  
Intense Fresh

**Purex**  
4-in-1  
COLDWATER PRO-FROIDE

**Sunlight**  
100% STAIN FIGHTER

**8 CRAZY 11<sup>88</sup> EACH**

PUREX, PERSIL OR SUNLIGHT LAUNDRY DETERGENT  
48 - 110 LOADS, 2.21 - 4.43 L SELECTED VARIETIES

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# i earn with moi rewards

**moi**  
rewards

i redeem and  
save on what  
i buy most often

redeem  
**500**  
points = **\$4**  
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.

SAN PELLEGRINO OR PERRIER CARBONATED WATER 6 x 1 L SELECTED VARIETIES

**50**  
points

LOCKED DOWN

**899**  
EACH

POGO ORIGINAL BREADED SAUSAGES 20 PK, 1.5 KG FROZEN SELECTED VARIETIES

**50**  
points

THIS WEEK ONLY

**1399**  
EACH

OCEAN PRIME SEAFOOD MIX 908 G

**50**  
points

THIS WEEK ONLY

**1199**  
EACH

CELEBRATION MILK CHOCOLATE 240 G SELECTED VARIETIES

**25**  
points

LOCKED DOWN

**349**  
EACH

BEAR PAWS FAMILY SIZE 480 G SELECTED VARIETIES

**30**  
points

LOCKED DOWN

**499**  
EACH

PILLSBURY PIZZA POPS 760 G FROZEN SELECTED VARIETIES

**35**  
points

LOCKED DOWN

**599**  
EACH

MICHELINA'S GRANDE MEALS 454 G FROZEN SELECTED VARIETIES

**20**  
points

LOCKED DOWN

**299**  
EACH

GREEN GIANT VEGETABLES 750 G FROZEN SELECTED VARIETIES

**25**  
points

LOCKED DOWN

**349**  
EACH

POWERADE OR PEACE TEA ICE TEA 695 - 710 ML SELECTED VARIETIES

**10**  
points

LOCKED DOWN

**\$1**  
EACH

HOLIDAY LUNCHEON MEAT OR MAPLE LEAF FLAKES OF HAM 156 - 340 G SELECTED VARIETIES

**20**  
points

LOCKED DOWN

**249**  
EACH

PRINGLES POTATO CHIPS 194 - 203 G SELECTED VARIETIES

**20**  
points

LOCKED DOWN

**299**  
EACH

PURINA TIDY CAT LITTER 5.44 KG SELECTED VARIETIES

**200**  
points

LOCKED DOWN

**2249**  
EACH

LYSOL CLEANERS 650 ML - 1.2 L SELECTED VARIETIES

**25**  
points

LOCKED DOWN

**399**  
EACH

SCRUBBING BUBBLES BATHROOM CLEANER 946 ML TOILET CLEANING GEL 6'S SELECTED VARIETIES

**30**  
points

LOCKED DOWN

**499**  
EACH



# Link, shop at Food Basics or Metro and get a \$10 statement credit.

Limited  
Time  
Offer

Offer valid in Ontario only.



Always earn 1 extra Moi Rewards point on \$2 spent with your linked eligible RBC® Card to your Moi Rewards card.

Learn more:

[avionrewards.com/moi](https://avionrewards.com/moi)

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AVION | moi  
REWARDS™ rewards



# HOLIDAY MORE



the app-solute best  
way to save

only with  
**moi**  
rewards

DIGITAL DEAL

**2.99**  
EACH

WITH COUPON

SUN-MAID OR  
CINNABON  
BREAD\*

450 G  
SELECTED VARIETIES



save  
**\$1.50**



Download on the  
App Store



GET IT ON  
Google Play

CLICK TO DOWNLOAD

While quantities last. Visit our app for details.  
\*Limit one per customer, per transaction.

this week only



**BLACK FRIDAY OFFER NOV 21-DEC 4**  
**ONLINE EXCLUSIVE**  
**FREE WITH IN-STORE PICKUP**

**TWO  
WORDS  
FREE  
COFFEE**

**SAVE  
\$9.99**

**LOCKED DOWN**   
**9.99**  
EACH



Add product to cart on [foodbasics.ca](https://www.foodbasics.ca)  
and get it for free when you spend  
\$100 or more using promo code:

**FREECOFFEE**





**ALWAYS FRESH**



**ALWAYS GREAT PRICES**



**ALWAYS IN STOCK**

# ALWAYS Save Every Day



SELECTION SPARKLING WATER  
1 L  
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓

**99¢**  
EACH



IRRESISTIBLES  
CRANBERRY COCKTAIL,  
JUICE BLENDS OR  
SELECTION VEGETABLE BLEND  
1.89 L SELECTED VARIETIES



ALWAYS GREAT PRICE ✓

**2.99**  
EACH



IRRESISTIBLES  
CABBAGE ROLLS  
1.13 KG FROZEN  
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

**9.99**  
EACH



SELECTION OR  
LIFE SMART  
NATURALIA  
PEANUT BUTTER  
750 G - 1 KG  
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓

**4.44**  
EACH



# PRODUCE

**GALA OR MCINTOSH APPLES**  
PRODUCT OF ONTARIO  
EXTRA FANCY GRADE  
4.37/KG

WE LOVE LOCAL Ontario

THIS WEEK ONLY

**1.98**  
/LB

**MINI CUCUMBERS**  
PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE  
397 G

**GRAPE TOMATOES**  
PRODUCT OF CANADA OR MEXICO  
NO. 1 GRADE  
283 G

WE LOVE LOCAL Ontario

THIS WEEK ONLY

**2.98**  
EACH

**AVOCADOS**  
PRODUCT OF MEXICO, BAG OF 5 OR 6

**LEMONS**  
PRODUCT OF U.S.A. OR SOUTH AFRICA  
2 LB BAG

THIS WEEK ONLY

**3.98**  
EACH

**BLUEBERRIES**  
PRODUCT OF PERU, 170 G

**BLACKBERRIES**  
PRODUCT OF U.S.A. OR MEXICO  
NO. 1 GRADE  
150 - 170 G

**KIWIS**  
PRODUCT OF GREECE  
600 G

THIS WEEK ONLY

**3.98**  
EACH

**GOLDEN RIPE PINEAPPLES**  
PRODUCT OF COSTA RICA

THIS WEEK ONLY

**3.44**  
EACH

**CAULIFLOWER**  
PRODUCT OF U.S.A.  
NO. 1 GRADE

THIS WEEK ONLY

**3.98**  
EACH

**WHITE, YELLOW, RED OR RUSSET POTATOES**  
PRODUCT OF CANADA  
CANADA NO. 1 GRADE  
5 LB BAG

WE LOVE LOCAL Ontario

THIS WEEK ONLY

**3.98**  
EACH

**ONTARIO BARTLETT OR BOSCH PEARS**  
PRODUCT OF ONTARIO, CANADA FANCY GRADE  
2 L

WE LOVE LOCAL Ontario

THIS WEEK ONLY

**3.98**  
EACH

**BROCCOLI CROWNS**  
PRODUCT OF U.S.A. OR MEXICO  
1.98 EA.

**TOMATOES ON THE VINE**  
PRODUCT OF CANADA OR MEXICO  
1.98/LB, 4.37/ KG

THIS WEEK ONLY

**1.98**  
/LB OR EACH

**DOLE CHOP CHOP SALADS & KITS**  
PRODUCT OF U.S.A.  
269 - 360 G  
SELECTED VARIETIES

THIS WEEK ONLY

**4.48**  
EACH

**POMEGRANATES**  
PRODUCT OF U.S.A.

THIS WEEK ONLY

**1.98**  
EACH

**CLEMENTINES**  
PRODUCT OF MOROCCO  
4 LB BAG

THIS WEEK ONLY

**6.88**  
EACH

**CANARY MELON**  
PRODUCT OF BRAZIL  
2.82/KG

**ACORN, BUTTERNUT OR SPAGHETTI SQUASH**  
PRODUCT OF CANADA OR MEXICO  
3.26/KG

THIS WEEK ONLY

**1.28**  
/LB

THIS WEEK ONLY

**1.48**  
/LB

**RED ONIONS**  
PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE  
3 LB BAG

WE LOVE LOCAL Ontario

THIS WEEK ONLY

**3.98**  
EACH

**FRESH POMEGRANATE ARILS**  
113 G

**BLACK MISSION FIGS**  
PRODUCT OF U.S.A. OR MEXICO  
227 G

THIS WEEK ONLY

**4.88**  
EACH

# FLORAL

**8 STEM CARNATIONS**  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

THIS WEEK ONLY

**\$6**  
EACH

**ROSE & CARNATION BOUQUET**  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

THIS WEEK ONLY

**8.88**  
EACH

**10 STEM ROSES**  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

THIS WEEK ONLY

**10.88**  
EACH

**MIXED SIGNATURE BOUQUET**  
ASSORTED MIXES  
WHILE QUANTITIES LAST

THIS WEEK ONLY

**\$15**  
EACH



# MEAT



**FRESH FROM THE FARM**  
Local ONTARIO  
Local de L'ONTARIO  
WHOLE CHICKEN  
POULET ENTIER

**Zabiha Halal**  
Canada's No. 1 Halal Brand  
WHOLE CHICKEN  
POULET ENTIER

**THIS WEEK ONLY** 

**349**  
/LB

FRESH FROM THE FARM OR  
ZABIHA HALAL WHOLE CHICKEN  
AIR CHILLED  
7.69/KG



**Zabiha Halal**  
Canada's No. 1 Halal Brand  
EXTRA LEAN  
GROUND CHICKEN  
POULET HACHÉ  
EXTRA-MAIGRE  
450 g

**LIFE SMART**  
EXTRA LEAN  
GROUND  
CHICKEN,  
TURKEY OR  
ZABIHA HALAL  
GROUND  
CHICKEN  
450 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**499**  
EACH



**FRESH CHICKEN LEG QUARTERS**  
BAGGED INCLUDING ZABIHA HALAL  
6.59/KG

**THIS WEEK ONLY** 

**299**  
/LB



**EXTRA LEAN**

**THIS WEEK ONLY** 

**699**  
/LB

EXTRA LEAN GROUND BEEF  
FAMILY PACK 15.41/KG



**FRESH BONELESS STEWING BEEF FAMILY PACK**  
CUT FROM UNGRADED BEEF  
WHILE QUANTITIES LAST  
19.82/KG

**THIS WEEK ONLY** 

**899**  
/LB



**FRESH BONELESS EYE OF ROUND STEAKS OR ROASTS**  
CUT FROM CANADA AA OR HIGHER GRADE OF BEEF  
23.13/KG

**THIS WEEK ONLY** 

**1049**  
/LB



**SELECTION BACON**  
375 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**449**  
EACH



**SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS**  
375 G

**SCHNEIDERS MEAT PIES**  
330 - 400 G FROZEN  
SELECTED VARIETIES

**LOCKED DOWN** 

**549**  
EACH



**SELECTION SMOKED BONELESS HALF HAM**  
675 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**\$8**  
EACH



**JANES ultimates**  
BREADED FILLETS  
700 G

**JANES ULTIMATES FULLY COOKED FILLETS OR BITES**  
710 - 850 G FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**1199**  
EACH



**TRE STELLE RICOTTA OR BOCCONCINI**  
200 - 475 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**499**  
EACH



**TRE STELLE TRADITIONAL FETA**  
375 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**899**  
EACH



**MARC ANGELO CHICKEN OR PORK SOUVLAKI FAMILY PACK**  
340 - 640 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**1199**  
EACH



**MONTANA'S BBQ & BAR**  
ANGUS BEEF BURGERS  
806 G FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**1499**  
EACH



**GARDEN FRESH GUACAMOLE**  
CRUSTILLES AU MAÏS  
SALSA OR TORTILLA CHIPS OR IRRESISTIBLES FRESH PASTA  
337 - 2 X 250 G  
473 ML  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**449**  
EACH



**BOURSORIN CHEESE**  
150 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**599**  
EACH



**MAPLE LEAF NATURAL SELECTIONS OR SCHNEIDERS SLICED DELI MEAT**  
125 - 175 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**599**  
EACH



**IRRESISTIBLES EMMENTAL CHEESE**  
400 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**799**  
EACH



**CLOVER LEAF CRAB DELECTABLES**  
227 G  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**399**  
EACH



**IRRESISTIBLES TORPEDO OR TEMPURA SHRIMP**  
284 - 340 G FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**799**  
EACH



**IRRESISTIBLES PACIFIC WHITE COOKED OR RAW SHRIMP**  
31 - 40 CT  
340 G  
FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**799**  
EACH



**IRRESISTIBLES PEI MUSSELS**  
907 G FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY** 

**899**  
EACH



# MORE GREAT SAVINGS FOR LESS



DANONE OIKOS GREEK YOGURT  
8 X 100 G  
SELECTED VARIETIES

LOCKED DOWN

**3.49**  
EACH



MAXWELL HOUSE GROUND COFFEE  
854-900 G  
SELECTED VARIETIES

LOCKED DOWN

**9.99**  
EACH



LOCKED DOWN  
**5.99**  
EACH



LOCKED DOWN  
**2/5.50**  
EACH



LOCKED DOWN  
**5.49**  
EACH



LOCKED DOWN  
**3.99**  
EACH



LOCKED DOWN  
**2/\$4**  
EACH



THIS WEEK ONLY  
**8.99**  
EACH



THIS WEEK ONLY  
**2/\$5**  
EACH



LOCKED DOWN  
**12.99**  
EACH

## BAKERY



THIS WEEK ONLY  
**4.99**  
EACH



DEMPSTER'S ENGLISH MUFFINS  
6'S  
SELECTED VARIETIES



THIS WEEK ONLY  
**2.49**  
EACH



THIS WEEK ONLY  
**3.99**  
EACH



THIS WEEK ONLY  
**4.99**  
EACH



# LOCKED DOWN



SELECTION CHOCOLATE CHIPS  
200 - 270 G  
SELECTED VARIETIES



**LOCKED DOWN**  
**349**  
EACH



PEARL MILLING COMPANY PANCAKE & WAFFLE MIX  
905 G  
SYRUP  
710 ML  
SELECTED VARIETIES

**25**  
points

**LOCKED DOWN**  
**399**  
EACH



STARBUCKS COFFEE ENHANCER  
828 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**699**  
EACH



POST SHREDDIES CEREAL  
635 G  
ALPEN MUESLI  
650 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**499**  
EACH



LINDT SWISS CLASSIC CHOCOLATE  
100 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**2/550**



CHOLULA HOT SAUCE  
150 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**599**  
EACH



SKINNY POP POPCORN  
125 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**2/\$7**



LIPTON TEA BAGS  
72 - 100'S  
SELECTED VARIETIES

**LOCKED DOWN**  
**799**  
EACH



CLUB HOUSE GRAVY MIX  
EACH  
SELECTED VARIETIES

**LOCKED DOWN**  
**99c**  
EACH



MONSTER ENERGY DRINKS  
444 - 473 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**249**  
EACH



BILLY BEE HONEY  
500 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**799**  
EACH



SUN-MAID RAISINS  
275 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**399**  
EACH



CAMPBELL'S CONDENSED SOUP  
284 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**199**  
EACH



CELSIUS ENERGY DRINK  
355 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**299**  
EACH



FANCY FEAST CAT FOOD  
57 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**150**  
EACH



CESAR DOG FOOD  
100 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**169**  
EACH



PURINA ONE DOG FOOD  
368 G  
FRISKIES PARTY MIX CAT FOOD  
170 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**249**  
EACH



PEDIGREE DOG FOOD  
640 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**379**  
EACH

**\$10 OFF**  
\$50 H&M, NINTENDO & BOSTON PIZZA GIFT CARDS  
OFFER VALID NOVEMBER 28 - DECEMBER 4



Subject to availability. While supplies last. See gift cards for details, terms, conditions and (if applicable) fees. All trademarks are property of their respective owners. The gift cards featured are not sponsors or otherwise affiliated with this company. © Nintendo





# ALWAYS GREAT PRICE



**FAT-FREE SANS GRAS**  
1% M.F.M.G.  
Sour cream  
Crème sure

**SELECTION OR LIFE SMART SOUR CREAM**  
500 ML  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**249**  
EACH



**Mixed Berries**  
Petits fruits mélangés

**Cultivated Blueberries**  
Bleuets cultivés

**IRRESISTIBLES FRUITS**  
400 - 500 G FROZEN  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**444**  
EACH



**LIFE SMART NATURALIA OMEGA-3 FREE RUN EGGS**  
12'S  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**599**  
EACH



**RAISIN BRAN FLAKES**  
755 g

**BRAN FLAKES**  
775 g

**SELECTION CEREALS**  
510 - 775 G  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**488**  
EACH



**LIFE SMART NATURALIA TORTILLA CHIPS**  
350 G

**SELECTION SALSA**  
430 ML  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**299**  
EACH



**BLACKBERRY**  
SPARKLING WATER  
12 x 355 ML CANS

**SELECTION SOFT DRINKS OR FLAVOURED SPARKLING WATER**  
12 X 355 ML  
SELECTED VARIETIES

**COLA**  
NATURALLY FLAVOURED

**ALWAYS GREAT PRICE** 

**497**  
EACH



**CHEESE PUFFS SOUFFLES FROMAGE**  
220 - 400 G  
SELECTED VARIETIES

**WHITE CHEDDAR**  
POPCORN MAIS SOUFFLE  
220 - 400 G  
SELECTED VARIETIES

**SELECTION SNACKS OR IRRESISTIBLES POPCORN**  
220 - 400 G  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**199**  
EACH



**California, Californien**  
2 kg

**Mixed vegetables**  
Macedoine de légumes  
2 kg

**SELECTION VEGETABLES**  
1.75 - 2 KG  
FROZEN  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**599**  
EACH



**mac CHEDDAR**  
White Blanc  
200 - 225 G  
SELECTED VARIETIES

**SELECTION MAC & CHEDDAR**  
200 - 225 G  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**99¢**  
EACH



**LUCKY KOI SOY SAUCE**  
450 ML  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**249**  
EACH



**IRRESISTIBLES WATER CRACKERS**  
1.75 G  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**227**  
EACH



**SELECTION BBQ SAUCE**  
230 ML  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**127**  
EACH



**strawberry · fraise**  
jelly powder - gelée en poudre  
85 g

**SELECTION JELLY POWDER**  
85 G  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**99¢**  
EACH



**IRRESISTIBLES VIRGIN COCONUT OIL**  
HUILE DE NOIX DE COCO VIERGE  
375 G

**ALWAYS GREAT PRICE** 

**549**  
EACH



**SELECTION ECO TABLE NAPKINS**  
50'S  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**499**  
EACH



**IRRESISTIBLES DOG TREAT**  
227 G  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**699**  
EACH



**Fresh Scent CLUMPING MULTI**  
18 KG

**SELECTION CLUMPING CAT LITTER**  
18 KG  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**999**  
EACH



**Tissues Mouchoirs**  
12'S

**SELECTION FACIAL TISSUE**  
12'S  
SELECTED VARIETIES

**ALWAYS GREAT PRICE** 

**1299**  
EACH



# HOLIDAY MORE

ENTERTAINING FOR LESS



**3<sup>99</sup>** EACH

PHILADELPHIA CREAM CHEESE PRODUCT 227 - 250 G  
KRAFT SINGLES 410 G  
CHEEZ WHIZ SPREAD 450 G SELECTED VARIETIES

**2<sup>99</sup>** EACH

EGG NOG CLASSIC  
EGG NOG PEPPERMINT  
OASIS HEALTH BREAK JUICES OR JUICE BLENDS  
OASIS HEALTH BREAK JUICES OR JUICE BLENDS

**3<sup>49</sup>** EACH

**2/\$5**

RITZ ORIGINAL  
CHRISTIE RITZ OR TRISCUIT CRACKERS 180 - 200 G SELECTED VARIETIES

**1<sup>99</sup>** EACH

PILLSBURY CRESCENTS 200 - 225 G SELECTED VARIETIES

**3<sup>99</sup>** EACH

GAY LEA REAL WHIPPED CREAM 225 G SELECTED VARIETIES

**2/\$5**

BEN'S ORIGINAL BISTRO EXPRESS RICE 240 - 250 G SELECTED VARIETIES

**4<sup>99</sup>** EACH

CLUB HOUSE SPICES 120 - 170 G SELECTED VARIETIES

**1<sup>99</sup>** EACH

CLOVER LEAF SMOKED MUSSELS OR OYSTERS 85 G SELECTED VARIETIES

**5<sup>99</sup>** EACH

GATORADE SPORTS DRINK 6 X 591 ML 6 X 330 ML SELECTED VARIETIES

**5<sup>99</sup>** EACH

SANPELLEGRINO NATURALI OR MOMENTI SPARKLING DRINKS 102 - 200 G SELECTED VARIETIES

**2<sup>99</sup>** EACH

SMARTFOOD POPCORN OR CHEETOS CANISTERS 102 - 200 G SELECTED VARIETIES

# BAKERY

**4<sup>49</sup>** EACH

SELECTION LOAF CAKE 380 - 400 G SELECTED VARIETIES

**3<sup>99</sup>** EACH

HANS FREITAG COOKIES 150 - 200 G SELECTED VARIETIES

**12<sup>99</sup>** EACH

IRRISISTIBLE GINGERBREAD HOUSE 1 KG  
IRRISISTIBLES COOKIE DECORATING KIT 454 G SELECTED VARIETIES

**4<sup>99</sup>** EACH

HOLIDAY SUGAR COOKIES 283 - 383 G SELECTED VARIETIES

**5<sup>99</sup>** EACH

WORTHY CRUMB MINCED TARTS OR SCONES 300 - 510 G SELECTED VARIETIES

**3<sup>99</sup>** EACH

TWO-BITE CHRISTMAS CUPCAKE 284 G SELECTED VARIETIES



# HOLIDAY MORE

ENTERTAINING FOR LESS

\$



KINDER SURPRISE CHRISTMAS  
100 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**5.99**  
EACH



\$

TOBLERONE CHOCOLATE BAR  
360 G  
CHOCOLATE BOX  
200 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



**8.99**  
EACH



IRRESISTIBLE SEASHELLS  
250 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**4.44**  
EACH



NESTLÉ REAL DAIRY ICE CREAM 1.5 L  
NOVELTIES 4 - 10'S  
SELECTED VARIETIES



**4.99**  
EACH



HERSHEY'S KISSES  
CHRISTMAS CHOCOLATE  
180 G SELECTED VARIETIES  
WHILE QUANTITIES LAST



**3.99**  
EACH



DR. OETKER RISTORANTE PIZZA  
320 - 390 G  
CASA DI MAMA  
395 - 410 G FROZEN SELECTED VARIETIES



**4.49**  
EACH



IRRESISTIBLE DANISH COOKIES  
400 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**5.99**  
EACH



TIM HORTONS GROUND COFFEE  
875 - 930 G  
SELECTED VARIETIES

**19.99**  
EACH



NESTLÉ AFTER EIGHT CHOCOLATE  
200 G  
NESTLÉ KIT KAT XMAS CHOCOLATE  
141 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**7.99**  
EACH



IRRESISTIBLES COFFEE CAPSULES  
30'S  
SELECTED VARIETIES

**9.99**  
EACH



IRRESISTIBLE DARK CHOCOLATE MINT STICKS  
75 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**2.49**  
EACH



IRRESISTIBLES HONEY ALMOND NOUGAT CHOCOLATE  
400 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**6.99**  
EACH



STARBUCKS COFFEE CAPSULES  
TOP'S  
SELECTED VARIETIES

**9.99**  
EACH



FESTA OR AURORA PANETTONE OR PANDORO  
750 - 900 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**11.99**  
EACH



TROPHY MIXED NUTS OR CASHEWS  
200 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**3.49**  
EACH



RED BULL ENERGY DRINK  
355 ML  
SELECTED VARIETIES

**2/\$7**



PEPSI SOFT DRINK  
SELECTED VARIETIES

**5.99**  
EACH



MOTT'S CLAMATO COCKTAIL  
1.89 L  
SELECTED VARIETIES

**2/\$7**



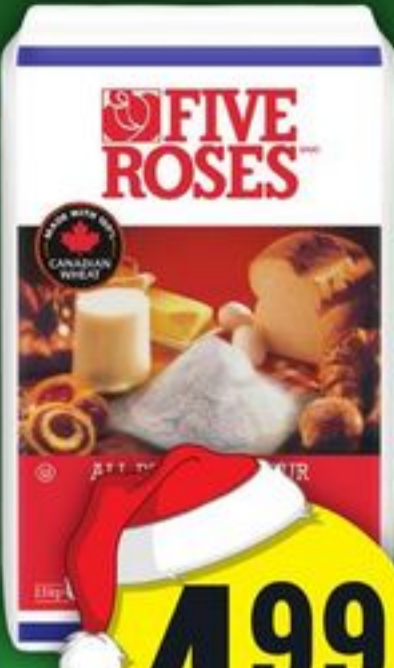
# HOLIDAY BAKING FOR LESS



\$



FIVE ROSES OR  
ROBIN HOOD FLOUR  
2.5 KG  
SELECTED VARIETIES



**4.99**  
EACH



REDPATH BAKING SUGAR  
1 KG  
SELECTED VARIETIES



**2/\$5**



HERSHEY'S CHIPITS  
200 - 270 G  
SELECTED VARIETIES

**4.49**  
EACH



TENDER FLAKE  
LARD OR CRISCO  
SHORTENING  
454 G  
SELECTED VARIETIES

**3.99**  
EACH



EAGLE BRAND  
CONDENSED  
MILK  
300 ML  
SELECTED VARIETIES

**3.49**  
EACH



CARNATION  
MILK  
354 ML  
SELECTED VARIETIES

**2/\$4**



JAFFA  
DATES  
500 G  
SELECTED VARIETIES

**3.99**  
EACH

\$



FLEISCHMANN'S  
INSTANT YEAST  
113 G  
SELECTED VARIETIES

**4.99**  
EACH



SPLENDA  
SWEETENER  
200 - 275 G  
SELECTED VARIETIES

**10.99**  
EACH



SELECTION  
BAKING  
NUTS  
100 G  
SELECTED VARIETIES

**2.77**  
EACH



SELECTION  
COCONUT  
300 G  
SELECTED VARIETIES

**1.99**  
EACH



SELECTION  
BAKING POWDER  
450 G  
SELECTED VARIETIES

**4.99**  
EACH



SELECTION  
MARSHMALLOWS  
454 G  
SELECTED VARIETIES

**2.99**  
EACH



SELECTION  
BAKING SODA  
500 G  
SELECTED VARIETIES

**1.29**  
EACH



SELECTION  
QUICK OATS  
1 KG  
SELECTED VARIETIES

**2.88**  
EACH



# FLORAL

\$



12" POINSETTIAS  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**24<sup>98</sup>**  
EACH



DELUXE HOLIDAY  
ARRANGEMENTS OR  
24" PINE WREATHS  
SELECTED STORES  
WHILE QUANTITIES LAST

**29<sup>99</sup>**  
EACH



6" POINSETTIA  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**6<sup>98</sup>**  
EACH



5" PREMIUM  
ORCHIDS  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

**10<sup>98</sup>**  
EACH



AMARYLLIS  
BULB KIT  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**7<sup>98</sup>**  
EACH



6" ZYGOCACTUS  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**8<sup>98</sup>**  
EACH



6" LEMON  
CYPRESS  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**9<sup>98</sup>**  
EACH



HOLIDAY  
MIX DRIED  
BOUQUET  
ASSORTED MIXES  
WHILE QUANTITIES LAST

**12<sup>98</sup>**  
EACH

# HOLIDAY FAVOURITES FOR LESS

\$



JUMBO  
WALNUTS  
PRODUCT OF U.S.A.  
6.35/KG

**2<sup>88</sup>**  
/LB



CHESTNUTS  
PRODUCT OF ITALY  
11.00/KG

**4<sup>99</sup>**  
/LB



APPLE CIDER  
PRODUCT OF ONTARIO  
2 L

**3<sup>99</sup>**  
EACH



WONDERFUL  
PISTACHIOS  
454 G

**8<sup>99</sup>**  
EACH



IRRESISTIBLES  
6 FLAVOUR  
PEANUT TRAY  
660 G

**6<sup>99</sup>**  
EACH

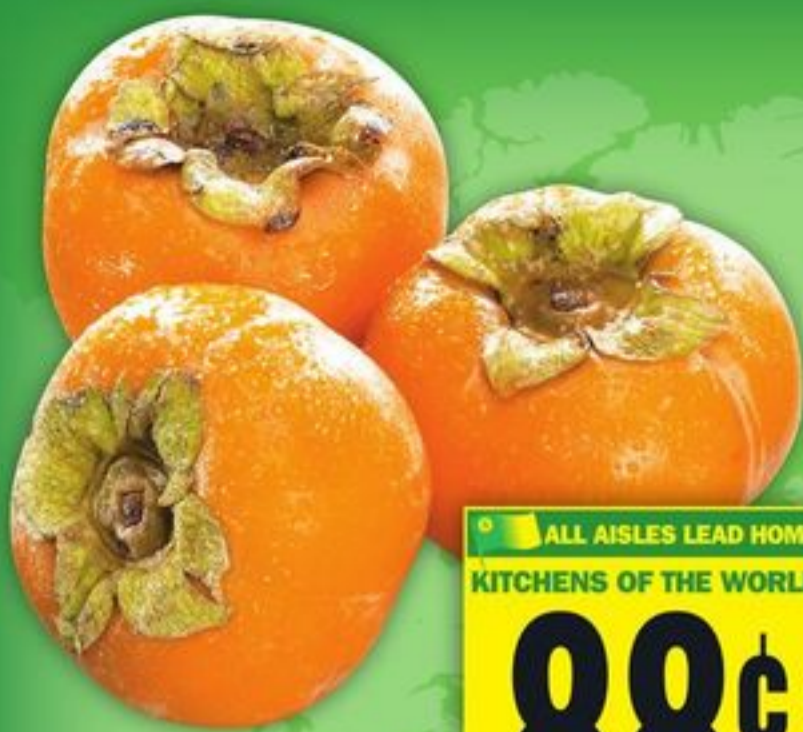


IRRESISTIBLES  
NUT CAROUSELS  
570 - 700 G  
SELECTED VARIETIES

**9<sup>99</sup>**  
EACH



# ALL AISLES LEAD HOME KITCHENS OF THE WORLD



FUYU  
PERSIMMONS  
PRODUCT OF U.S.A.

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**88¢**  
EACH



FLAT CABBAGE  
PRODUCT OF CANADA OR MEXICO  
LOBOK (DAIKON)  
PRODUCT OF U.S.A.  
2.82/KG

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**128**  
/LB



FRESH GINGER  
PRODUCT OF PERU  
5.47/KG

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**249**  
/LB



SUNRISE  
SMOKED-TOFU  
ORIGINAL OR SRIRACHA  
180 G  
SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**349**  
EACH



ZABIHA HALAL  
FRESH CHICKEN  
LEG QUARTERS  
AIR CHILLED  
BAGGED  
6.59/KG

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**299**  
/LB



ZABIHA HALAL  
FRESH EXTRA  
LEAN GROUND  
CHICKEN  
450 G  
SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**499**  
EACH



TASTY BRAND  
FISH BALLS  
180 G  
FROZEN  
SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**299**  
EACH



IRRESISTIBLES OR  
SANTOSH NAAN  
240 & 500 G  
SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**199**  
EACH



DIVYA  
ROASTED  
CHANA  
400 G  
SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**249**  
EACH



NOOR DATES  
800 G  
SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**499**  
EACH



Chheda's

PEANUT CHIKKI



PARLE  
Kreams  
Gold  
Orange  
KREAMS COOKIES OR  
PEANUT CHIKKI SNACK  
35 & 70 G SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**69¢**  
EACH



DIVYA  
SOYA CHUNKS  
200 G  
SELECTED VARIETIES

ALL AISLES LEAD HOME  
KITCHENS OF THE WORLD  
**149**  
EACH



**OREO**

**Lactantia**  
DEPUIS 1947

# Santa's favourite pairing!



CHRISTIE  
SNAK PAKS  
COOKIES  
150 - 200 G  
SELECTED VARIETIES

LOCKED DOWN   
**3.99**  
EACH

LOCKED DOWN   
**2/\$5**

CHRISTIE  
FAMILY SIZE  
COOKIES  
408 - 488 G  
SELECTED VARIETIES



LOCKED DOWN   
**5.98**  
EACH

LACTANTIA  
PUR FILTRE MILK  
1%, 2% OR SKIMMED  
4 L  
SELECTED VARIETIES



# LACTALIS CANADA



**Lactantia**  
Half & Half Cream  
Crème à café  
10% M.F.M.C.  
1L



**Lactantia**  
Whipping Cream  
Crème à fouetter  
35% M.F.M.C.  
473 mL



**Lactantia**  
SANS LACTOSE  
FREE  
2% M.F.M.C.  
4 L

LOCKED DOWN

## 333

EACH

LOCKED DOWN

## 999

EACH

LACTANTIA CREAM 473 ML - 1 L. SELECTED VARIETIES      LACTANTIA LACTOSE FREE MILK 4 L. SELECTED VARIETIES



**Galbani**  
MOZZARELLA  
500 G  
SELECTED VARIETIES



**BEATRICE B-FIT**  
PROTEIN MILKSHAKE  
480 ML  
SELECTED VARIETIES

20  
points

LOCKED DOWN

## 488

EACH

LOCKED DOWN

## 299

EACH



**PARKAY**  
FRESH & CREAMY TASTE  
MARGARINE  
550 G  
SELECTED VARIETIES



**Lactantia**  
MY COUNTRY  
Cultured Butter  
UNSALTED  
454 g

LOCKED DOWN

## 399

EACH

THIS WEEK ONLY

## 799

EACH



**Lactantia**  
Simple Ingredients  
Rich & Creamy  
Riche et crémeux  
227 G  
SELECTED VARIETIES



**Astro**  
ORIGINAL  
BALKAN YOGURT BALKAN  
12 X 100 G  
SELECTED VARIETIES

LOCKED DOWN

## 349

EACH

LOCKED DOWN

## 499

EACH



**OLYMPIC**  
ORGANIC  
YOGURT  
650 G  
SELECTED VARIETIES



**siggi's**  
SKYR  
YOGURT  
750 G  
SELECTED VARIETIES

THIS WEEK ONLY

## 399

EACH

LOCKED DOWN

## 549

EACH





BOURSIN MINIS  
130 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



BOURSIN CHEESE  
150 G  
SELECTED VARIETIES



# MERRY SNACKS FOR ALL!



BABYBEL CHEESE  
120 G  
SELECTED VARIETIES



THE LAUGHING COW CHEESE  
133 G  
SELECTED VARIETIES



THE LAUGHING COW CHEESE  
DIPPERS  
140 G  
SELECTED VARIETIES



KIRI CREAM CHEESE PRODUCT  
144 G  
SELECTED VARIETIES





# PERSONAL AND BABY CARE FOR LESS



**HEAD & SHOULDERS HAIR CARE**  
370 ML  
SELECTED VARIETIES



**HUGGIES SNUG & DRY DIAPERS**  
148 - 169'S  
**LITTLE MOVERS**  
88 - 138'S  
SELECTED VARIETIES

**LOCKED DOWN**

**5<sup>99</sup>**  
EACH

**THIS WEEK ONLY**

**35<sup>99</sup>**  
EACH



**SENSODYNE OR COLGATE TOOTHPASTE**  
75 - 120 ML  
SELECTED VARIETIES



**DEPENDS UNDERWEAR OR POISE PADS**  
17 - 66'S  
SELECTED VARIETIES

**LOCKED DOWN**

**4<sup>99</sup>**  
EACH

**LOCKED DOWN**

**17<sup>99</sup>**  
EACH



**ALWAYS SANITARY NAPKINS**  
20 - 22'S  
**TAMPAX TAMPONS**  
18'S  
SELECTED VARIETIES



**DOVE HAIR CARE**  
355 ML  
SELECTED VARIETIES

**LIVE CLEAN HAIR CARE**  
350 ML  
**BABY LOTION**  
227 - 300 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**4<sup>99</sup>**  
EACH

**LOCKED DOWN**

**5<sup>49</sup>**  
EACH

**LOCKED DOWN**

**6<sup>99</sup>**  
EACH



**GERBER PUFFS OR LIL' CRUNCHIES SNACKS**  
42 G  
SELECTED VARIETIES



**PAMPERS BABY WIPES**  
168 - 192'S  
SELECTED VARIETIES



**HUGGIES NATURAL CARE WIPE**  
152'S  
SELECTED VARIETIES

**LOCKED DOWN**

**2/\$4**

**LOCKED DOWN**

**7<sup>99</sup>**  
EACH

**LOCKED DOWN**

**13<sup>49</sup>**  
EACH



**DOVE MEN+ CARE ANTIPERSPIRANT**  
176 G  
SELECTED VARIETIES



**NATIVE HAIR CARE**  
487 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**2/\$5**

**LOCKED DOWN**

**4<sup>49</sup>**  
EACH

**LOCKED DOWN**

**6<sup>99</sup>**  
EACH

**LOCKED DOWN**

**11<sup>99</sup>**  
EACH



**CREST TOOTHPASTE**  
100 ML  
**ORAL-B TOOTHBRUSH**  
EACH  
SELECTED VARIETIES



**PERSONNELLE MOUTHWASH**  
1 L  
SELECTED VARIETIES



**PERSONNELLE BABY TRAINING PANTS**  
33'S  
SELECTED VARIETIES



**PERSONNELLE PROTECTIVE UNDERWEAR**  
16 - 18'S  
SELECTED VARIETIES

**LOCKED DOWN**

**99¢**  
EACH

**ALWAYS GREAT PRICE**

**3<sup>99</sup>**  
EACH

**ALWAYS GREAT PRICE**

**12<sup>99</sup>**  
EACH

**ALWAYS GREAT PRICE**

**11<sup>99</sup>**  
EACH



**Healthy  
Together**

**MAKE THE  
OUT OF  
REACH  
REACHABLE**

**HELP SOMEONE  
IN NEED BY  
DONATING AT  
CHECKOUT.  
WE'LL MATCH IT.**



Between November 28, 2024 - December 24, 2024, Metro Inc. will match every \$2.00 donation with a Food Basics gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Food Basics Employee.