

DINNER'S A BIG DEAL

When humanely raised ground beef is \$3 off per pound, it's time to dig into your favorite fall comfort foods.

Really BIG DEAL

**80% LEAN 20% FAT
GROUND BEEF** **\$3⁹⁹
lb**
SAVE \$3lb

Really BIG DEAL

**20%
off**

**ALL
PNW
PINOT
NOIR**

Limited to Stock on hand. Items priced as marked. No additional discounts. Selection varies by location. Offer valid for in-store purchases only.

Really BIG DEALS

MARY'S BONE-IN SPLIT CHICKEN BREASTS

Humane Certified and always air-chilled with no antibiotics ever.

**\$3⁹⁹
lb**

SAVE \$3lb



KICKING HORSE COFFEE COFFEE

Assorted Varieties



**50%
off**

**30%
off**

**FROZEN
ENTRÉES**

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

ORGANIC HARD SQUASH

Delicious baked or roasted and served as a healthy side. From Yakama Nation Farms in Wapato, WA.

PNW
LOCAL

**99¢
lb**

SAVE \$1lb



ESSENTIAL EVERYDAY SHREDDED CHEESE

Selected Varieties
8oz



3 for \$5

RESERVE YOUR Thanksgiving FEAST

Holiday your way with humanely raised meats, ready-to-heat sides, desserts, and more.



Place your order now through
November 24, 10pm at
catering.newseasonsmarket.com

WHAT WE'RE loving



The top picks and seasonal favorites we can't get enough of lately.

NEW SEASONS DARK CHOCOLATE MOUSSE TART

Our rich, dark chocolate mousse in a buttery crust topped generously with fresh fruit.

7in
\$15⁹⁹ ea

SAVE \$1ea



MIFROMA BLUMENKASE

One of our favorite seasonal cheeses. Perfect for any gathering.

\$19⁹⁹ lb

SAVE \$2lb



MOONSTRUCK CHOCOLATE MILK CHOCOLATE BAR

3oz

\$3⁹⁹ ea

SAVE \$1ea



PNW LOCAL

COLE & MASON BERDEN ACACIA CARVING BOARD

This extra-large acacia board is smooth on one side and channeled on the other. Perfect for carving or charcuterie.

SAVE \$10ea



MEAT & SEAFOOD

NEW SEASONS ALL HOUSE-MADE MEATBALLS

Hand-rolled using antibiotic-free meat with no added hormones. Available in a variety of flavors.

\$9⁴⁹ lb

SAVE UP TO \$1.50lb



DOVER SOLE FILLET

Sustainably harvested with a light, mild flavor. Delicious baked for a quick and easy meal.

\$8⁹⁹ lb

SAVE \$2lb



ATLANTIC SALMON FILLET

Sustainably farm-raised with a fresh, mild, and buttery flavor. Great pan-seared or baked.

\$14⁹⁹ lb

SAVE \$1lb



NEW SEASONS STUFFED DOVER SOLE

Wild-caught dover sole stuffed in-house. Bake at 350°F for 20-25 minutes. Flavors may vary by location.

Starting at:

\$10⁹⁹ lb

SAVE \$2lb



PNW LOCAL

FLORAL

CORAL CHARM PEONIES

Add a touch of bright, beautiful color with a 5-stem Chilean peony bunch.

\$19⁹⁹ ea

SAVE \$5ea



PRODUCE

ORGANIC SEEDLESS GRAPES

Juicy, flavorful red, black, or green grapes for your salads and snack plates. From Sun Pacific in Bakersfield, CA.

\$3⁹⁹ lb

SAVE \$1lb



ORGANIC LEEKS

Great for soups, casseroles, or frittatas. From Ralph's Greenhouse in Mt. Vernon, WA.

\$2⁴⁹ lb

SAVE 50¢lb



PNW LOCAL

ORGANIC BABY POTATOES

A great addition to fall soups! From Bouchey Potatoes in Wapato, WA.

\$2⁹⁹ ea

SAVE \$1ea



PNW LOCAL

BAKERY & CHEESE

PORTLAND STYLE CHEESECAKE & DESSERT CO. TRIPLE CHOCOLATE CAKE SLICE

PNW LOCAL

Moist chocolate cake soaked in caramel and filled with chocolate ganache.



\$5⁹⁹
ea
SAVE \$1ea

PRESIDENT FRENCH EMMENTAL SWISS

Cube and add to any party platter. Also great for quiche.



\$9⁹⁹
lb
SAVE \$2lb

PREPARED FOODS

NEW SEASONS PUMPKIN SAGE RISOTTO CAKES

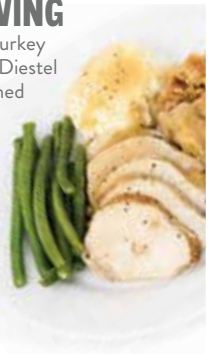
Made with Arborio rice, pumpkin purée, sage, and parmesan cheese. Perfect as a snack or side dish.



\$4⁷⁹
ea
FEATURED

TASTE OF THANKSGIVING

A taste of all your Turkey Day faves: roasted Diestel turkey breast, mashed potatoes, gravy, and more. On our hot bar all month!



\$12⁹⁹
lb
FEATURED

SIMPLE JOYS BAKERY BUTTER CROISSANTS

Classic butter croissants with a soft interior and a delightfully golden-brown crust. 9.2-10.9oz



\$5⁹⁹
ea
SAVE \$1ea

APPEL FARMS GOUDAS

Flavorful, rich, and locally made, these delicious Goudas are a great addition to cheese boards or lunch boxes. 7oz

PNW LOCAL



\$6⁹⁹
ea
SAVE \$1ea

NEW SEASONS COASTAL KALE

This longtime customer favorite is light and lemony with crunchy toasted seeds and marinated onions.



\$11⁹⁹
lb
SAVE \$1lb

ORIGAMI CATERING SHRIMP SALAD ROLL

Shrimp, tofu, and rice noodles wrapped in lettuce with a side of peanut sauce.

PNW LOCAL



\$8⁹⁹
ea
SAVE \$1ea

PINOT PARTY! 20% OFF LOCAL PINOT NOIR!

DOMAINE DROUHIH PINOT NOIR

A true benchmark for Oregon wine, this elegant and layered Pinot Noir offers complexity and depth that evolves beautifully with age. The Drouhins, hailing from Burgundy, crafted this wine to showcase just how good Oregon wine can be.

PNW LOCAL



750ml
\$39⁹⁹
ea

WITH 20% DISCOUNT

PURPLE HANDS LONE OAK PINOT NOIR

A vivacious Pinot Noir with notes of cranberry, blackberry, cherry, hibiscus, and spice. Medium-bodied, juicy, and fresh with fine tannins.

PNW LOCAL



750ml
\$23⁹⁹
ea

WITH 20% DISCOUNT

OVERJOY SOKOL BLOSSER PINOT NOIR

Bursting with bright strawberry, golden cherry, and a touch of rose, this pure and juicy Pinot Noir from Sokol Blosser offers elegance with silky tannins and a clean, mineral finish. Only at NSM.

PNW LOCAL



750ml
\$14³⁹
ea

WITH 20% DISCOUNT

CROWLEY ENTRE NOUS PINOT NOIR

Aromas of ripe cherry, raspberry, and coriander lead to rich flavors of plum and spice on the palate. Balanced by minerality and soft tannins, this wine finishes with gentle floral and dried herb notes.

PNW LOCAL



750ml
\$31⁹⁹
ea

WITH 20% DISCOUNT

TWILL CELLARS PINOT NOIR

Vibrant red cherries and cranberries mingle with subtle hints of orange peel and cinnamon. The bright acidity and creamy texture make this Pinot Noir a great match for braised beef or goat cheese.

PNW LOCAL



750ml
\$25⁵⁹
ea

WITH 20% DISCOUNT

LOVE & SQUALOR GARAGELAND PINOT NOIR

Bing cherry, red raspberry, cola, and a hint of minerality combine in this interesting and quaffable Pinot Noir. Enjoy with roasted chicken, vegetable curry, or a soft cheese.

PNW LOCAL



750ml
\$18³⁹
ea

WITH 20% DISCOUNT

SAVE TIME, ORDER ONLINE!

Use code **THANKFUL15** for **\$15 off \$75+** online for delivery or free pickup.*
shop.newseasonsmarket.com

Powered by **instacart**

*Terms apply. Free pickup on orders of \$35+.

GET \$10 OFF \$50!

Neighbor Rewards members opted into email or text get \$10 off a shopping trip of \$50 or more.

Join or sign up by Thursday at newseasonsmarket.com/rewards to get this special member offer on Friday.



WELLNESS

FERAL FUNGI LION'S MANE

Locally produced mushroom tinctures. Save on new mushroom gummies as well.
1oz

\$19⁹⁹
ea

SAVE \$7ea



BLOOM ORGANIC BLACK CHIA SEEDS

An excellent source of plant-based protein, fiber, and heart-healthy omega-3s.
12oz

\$9⁹⁹
ea

SAVE \$4ea



ANCIENT NUTRITION MULTI COLLAGEN PROTEIN POWDER

Formulated with 10 types of collagen to support healthy hair, skin, and joints.
8.6oz

\$21⁹⁹
ea

SAVE \$11ea



NOW FOODS PROBIOTIC -10 25 BILLION

Contains 10 strains of probiotics to help support intestinal health.
50vc

\$19⁹⁹
ea

SAVE \$10ea



MRM NUTRITION DIGEST-ALL

A full spectrum of carbohydrate, protein, and fat-digesting enzymes in a single formula.
30vc

\$5⁹⁹
ea

SAVE \$6ea



SOURCE NATURALS WELLNESS FORMULA

A comprehensive blend of vitamins and herbs to help promote overall immune health.
45tab

\$12⁴⁹
ea

SAVE \$5.50ea



NATURE'S WAY UMCKA COLDCARE SOOTHING HOT DRINK

A soothing hot drink to help shorten the duration of the common cold.
10ct

\$9⁹⁹
ea

SAVE \$4ea



HIMALAYA COMPLETE TOOTHPASTE

Plant-based formulas designed to reduce plaque and promote healthy gums.
5.29oz

\$5⁹⁹
ea

SAVE \$2.50ea



COCOKIND OIL TO MILK CLEANSER

A gentle cleanser that transforms into milky goodness upon contact with water, leaving skin soft, replenished, and hydrated.
2.9oz

\$14⁹⁹
ea

SAVE \$5ea



DR. BRONNER'S ALL-ONE TOOTHPASTES

Made with organic and fair trade ingredients. Save on various flavors.
5oz

\$5⁹⁹
ea

SAVE \$2ea



GROCERY

BEYOND MEAT PLANT-BASED SAUSAGES

Selected Varieties
7.4oz

\$5⁹⁹
ea

SAVE 80°ea



JUST EGG FOLDED PLANT EGGS

8oz

\$6⁹⁹
ea

SAVE \$1ea



CAPPELLO'S FROZEN BISCUITS

Everything or Buttermilk.
12.1oz

\$6⁹⁹
ea

SAVE \$3ea



MEATI FOODS MUSHROOM ROOT STEAKS

Carne Asada or Classic.
8.5-8.8oz

\$8⁹⁹
ea

SAVE \$3ea



TALENTI GELATO OR SORBETTO

Selected Varieties
1pt

\$5⁹⁹
ea

SAVE \$2ea



WOW BAO FROZEN BAO

Assorted Varieties
10oz

\$7⁹⁹
ea

SAVE \$2ea



LUCKY FOODS KOREAN STYLE PANCAKES OR SPRING ROLLS

Assorted Varieties

20%
off



PNW LOCAL

MEATI FOODS MUSHROOM ROOT CUTLETS

Crispy or Classic.
7.4-9.5oz

\$7⁹⁹
ea

SAVE \$2ea



GROCERY

Simply Delicious

We can't get enough of the gluten-free goodness from Lotus Foods—from rice to noodles and ramen. Made with simple, high-quality ingredients, they're perfect for all your fall recipes.

SEATTLE INTERNATIONAL BAKING COMPANY
BAGELS
Assorted Varieties
5ct

PNW LOCAL



\$3⁹⁹
ea
SAVE \$2.50ea

SEATTLE INTERNATIONAL BAKING COMPANY
SLICED BREAD
French or Sourdough.
20oz

PNW LOCAL



\$4⁹⁹
ea
SAVE \$1.50ea

IMAGINE FOODS
ORGANIC BROTH
Selected Varieties
32oz



\$3⁹⁹
ea
SAVE UP TO \$3ea



LOTUS FOODS
NOODLES, RAMEN AND RICE
Selected Varieties

20%
off

HIPPEAS
CHICKPEA PUFFS
Assorted Varieties
3.75-4oz



BUY 1 GET 1 FREE
SAVE \$5.99 ON 2

0
OLIVE OIL OR VINEGAR
Assorted Varieties



20%
off

LAKANTO
MONKFRUIT SWEETENER
Classic or Golden.
16oz



\$11⁹⁹
ea
SAVE \$4ea

FERRIS NUT CO.
NUT BUTTER
Assorted Varieties



20%
off

BONNE MAMAN
FRUIT SPREAD
Selected Varieties
11.8oz



\$7⁹⁹
ea
SAVE \$2ea

KIND
GRANOLA
Selected Varieties
11oz



\$6⁹⁹
ea
SAVE UP TO \$1.50ea

WEST LIFE
ORGANIC SOY MILK
Assorted Varieties
32oz



\$4⁹⁹
ea
SAVE \$1ea

SNACK FACTORY
PRETZEL CRISPS
Selected Varieties
7.2oz



2 for \$7
SAVE \$1.49ea

RISHI TEA & BOTANICALS
TEA OR MATCHA
Selected Varieties
15ct



\$7⁹⁹
ea
SAVE \$3ea

CASCADE MOUNTAIN
SPARKLING WATER
28oz



\$3⁴⁹
ea
SAVE 50¢ea

Only available
in OR stores.

BLUWATER
SPIRULINA SPARKLING WATER
Assorted Varieties
12oz



2 for \$4
SAVE 99¢ea

BULK

SUNRIDGE FARMS
PEANUT BUTTER CHIPS

\$8⁹⁹
lb
SAVE \$1lb



WATER AVENUE COFFEE
COFFEE
Assorted Varieties

PNW LOCAL

\$14⁹⁹
lb
SAVE \$2lb



HUMMINGBIRD WHOLESALE
ORGANIC TART PITTED CHERRIES

PNW LOCAL

\$23⁹⁹
lb
SAVE \$1lb



HUMMINGBIRD WHOLESALE
ORGANIC PISTACHIO KERNELS

PNW LOCAL

\$32⁹⁹
lb
SAVE \$4lb



HOLIDAY BAKING ESSENTIALS

NEW SEASONS CAGE-FREE EGGS

From chickens raised on vegetarian feed with no antibiotics by Steibers Farms in Yelm, WA.
18ct



\$4⁹⁹
ea

BOB'S RED MILL ORGANIC FLOUR

Selected Varieties
5lb

PNW LOCAL



\$5⁹⁹
ea

SAVE \$4ea

FARMER'S MARKET ORGANIC PUREES

Assorted Varieties
15oz



\$2⁹⁹
ea

SAVE UP TO \$2ea

WOODSTOCK ORGANIC SUGAR

Selected Varieties



20%
off

NEW SEASONS ORGANIC BUTTER

From Larsen's Creamery in Clackamas, OR. Salted or Unsalted.
1lb



\$5⁷⁹
ea

GHIRARDELLI CHOCOLATE BAKING CHIPS

Assorted Varieties
10-12oz



\$4⁹⁹
ea

SAVE \$2ea

WOODSTOCK NUTS AND DRIED FRUIT

Selected Varieties



20%
off

REDDI-WIP DAIRY-FREE WHIPPED TOPPING

Coconut or Almond.
6oz



\$6⁹⁹
ea

SAVE \$2ea

SIMPLY ORGANIC SPICES AND SEASONINGS

Selected Varieties



20%
off

INGRILLI ORGANIC LEMON OR LIME SQUEEZE

7oz



\$1⁹⁹
ea

SAVE 40°ea

MAPLE JOE ORGANIC MAPLE SYRUP

Assorted Varieties
12.5oz



\$9⁹⁹
ea

SAVE \$4ea

4TH & HEART GHEE

Assorted Varieties



20%
off

IF YOU CARE BAKING AND KITCHEN PRODUCTS

Assorted Varieties



20%
off

LOCAL HIVE RAW & UNFILTERED HONEY

Assorted Varieties
16oz



\$8⁹⁹
ea

SAVE \$4ea

SPECTRUM CULINARY COOKING OILS

Selected Varieties



20%
off

BOB'S RED MILL GLUTEN-FREE 1-TO-1 BAKING FLOUR

Selected Varieties

PNW LOCAL



25%
off

DANDIES VEGAN MARSHMALLOWS

Selected Varieties
10oz



\$3⁹⁹
ea

SAVE \$2ea

LET'S DO ORGANIC COCONUT, CORNSTARCH OR TAPIOCA

Selected Varieties



20%
off

NAVITAS ORGANICS SUPERFOODS

Selected Varieties



20%
off

RXSUGAR ALLULOSE

Assorted Varieties



20%
off

GROCERY

Really **BIG DEAL**

30% off FROZEN ENTRÉES

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discounts.

NEW SEASONS MILK

Made with rBST-free milk by Alpenrose Dairy in Portland, OR. Selected varieties. 1/2gal



\$1.99 ea

NEW SEASONS COOKIE DOUGH

Made by Cougar Mountain Baking Co. in Seattle, WA. Choose from a variety of flavors. 16oz



\$4.99 ea

NANCY'S ORGANIC KEFIR
Assorted Varieties
1qt



\$5.99 ea
SAVE \$1.20ea

FORAGER PROJECT CASHEWMILK YOGURT
Selected Varieties
3.2-5.3oz



3 for \$5

CHOBANI OATMILK

Selected Varieties
52oz



\$3.99 ea

HEALTH-ADE ORGANIC KOMBUCHA

Selected Varieties
16oz



2 for \$6
SAVE 99¢ea

FIELD ROAST PLANT-BASED MEATS AND CHEESES

Selected Varieties



20% off

DAIYA DAIRY-FREE CHEESE

Selected Varieties
7.1-7.8oz



\$3.99 ea
SAVE \$1ea

NEW SEASONS FRESH PASTA

Made in small batches by our friends at Classic Foods in Portland, OR. Selected varieties. 16oz



\$3.99 ea

BAHLEN LEIBNIZ COOKIES OR WAFER ROLLS

Assorted Varieties
3.5-4.4oz



\$5.99 ea
SAVE UP TO \$1.40ea

PICKLED PLANET ORGANIC SAUERKRAUT

Assorted Varieties
16oz



\$6.99 ea
SAVE \$2.60ea

KERRYGOLD PURE IRISH BUTTER

Assorted Varieties
8oz



\$3.99 ea

NEW SEASONS FRESH MARINARA PASTA SAUCE

Made in partnership with Heritage Foods in Portland, OR. 16oz



\$5.79 ea

RENATA FROZEN PIZZA

Assorted Varieties
12.7-13.6oz



\$14.99 ea
FEATURED

MILITARY DISCOUNT

In honor of those who have or continue to serve our country, we'll be extending our 10% military discount on Veteran's Day, November 11.

Weekend Tasting

We're sampling some of our favorite local Pinot Noirs during our Pinot Party 20% off sale! Friday, Saturday & Sunday • 12pm - 6pm