



MONASTERY
BAKERY • DELICATESSEN • FINE FOODS

This Week's Sweet Savings!



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NOW YOU CAN ORDER OUR LUNCH AND DINNER SPECIALS VIA



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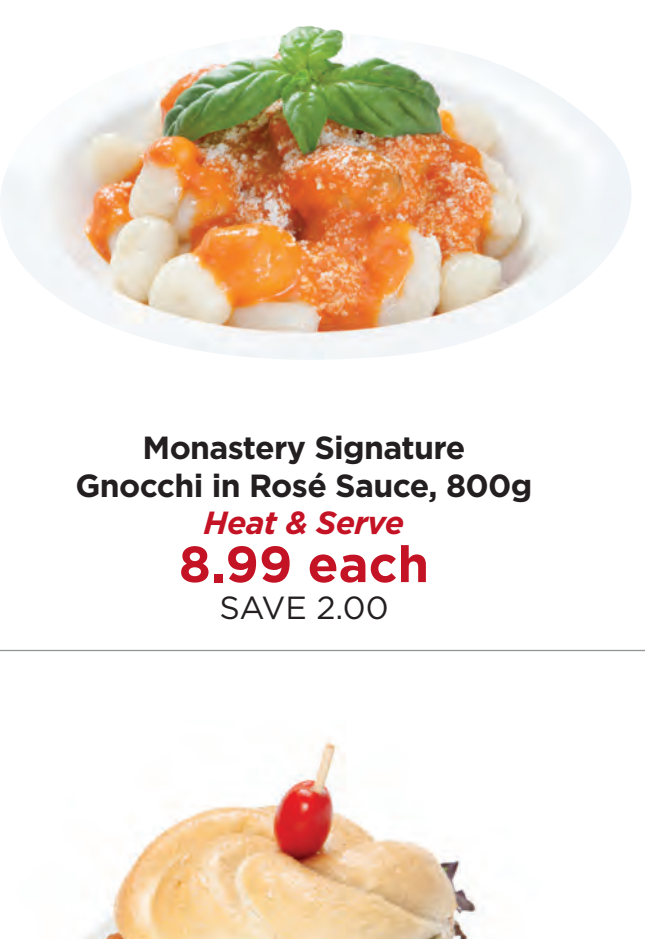
FOOD DELIVERY



Monastery Signature Large Cannolis Assorted Varieties
2/600
or **2.99 each**
SAVE 2.00



Monastery Signature Pizza Dough, 680g
Plain or Whole Wheat
.99 each
SAVE .50



Monastery Signature Toast Bread
White or Whole Wheat
2/5.00
or **2.99 each**
SAVE 1.00



Monastery Signature Large Rye Bread
Plain or Caraway
3.99 each
SAVE .50



Monastery Signature Crusty Buns
4.29/dozen
SAVE .70



Monastery Signature Empanadas, 10pc
Assorted Varieties
Heat & Serve 10.99 each
SAVE 2.00



Monastery Signature Gnocchi in Rosé Sauce, 800g
Heat & Serve 8.99 each
SAVE 2.00



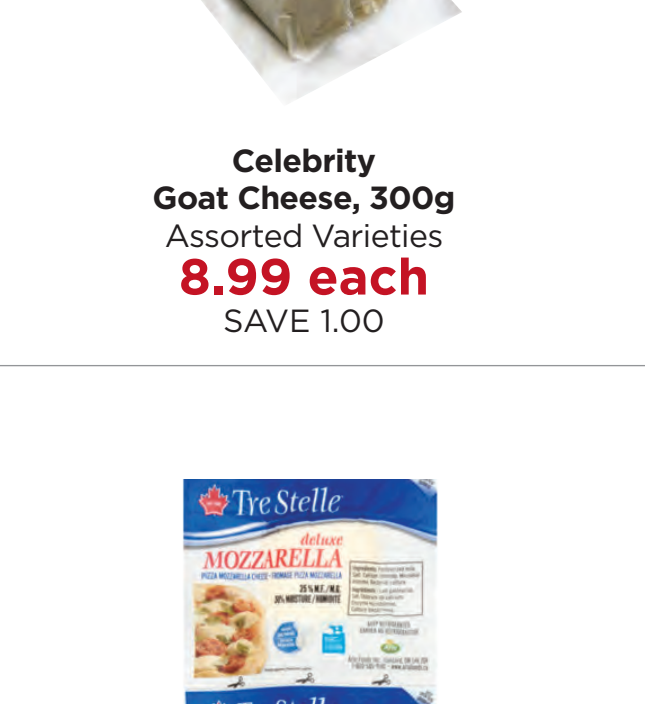
Monastery Signature 2pc Veal Parmigiana with Penne
Heat & Serve 17.99 each
SAVE 2.00



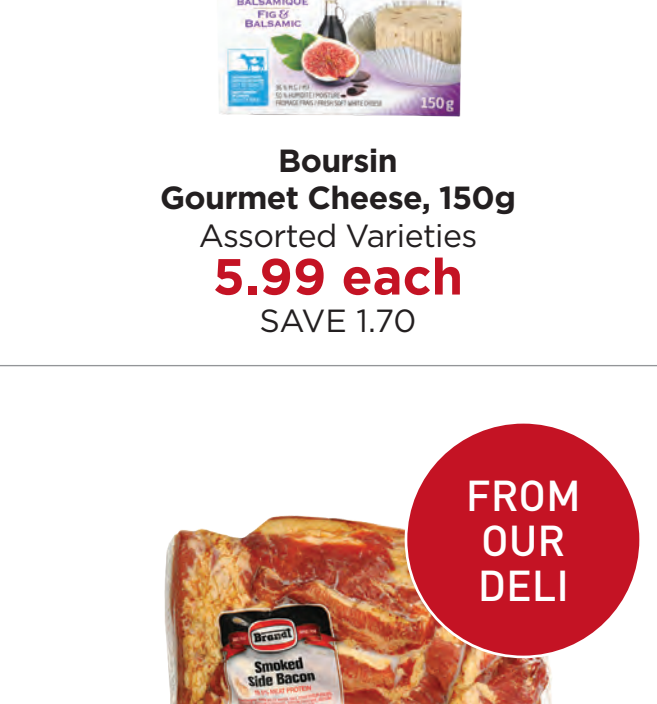
Monastery Signature Chicken and Swiss Club Sandwich
From our Hot Table 6.99 each
SAVE 1.00



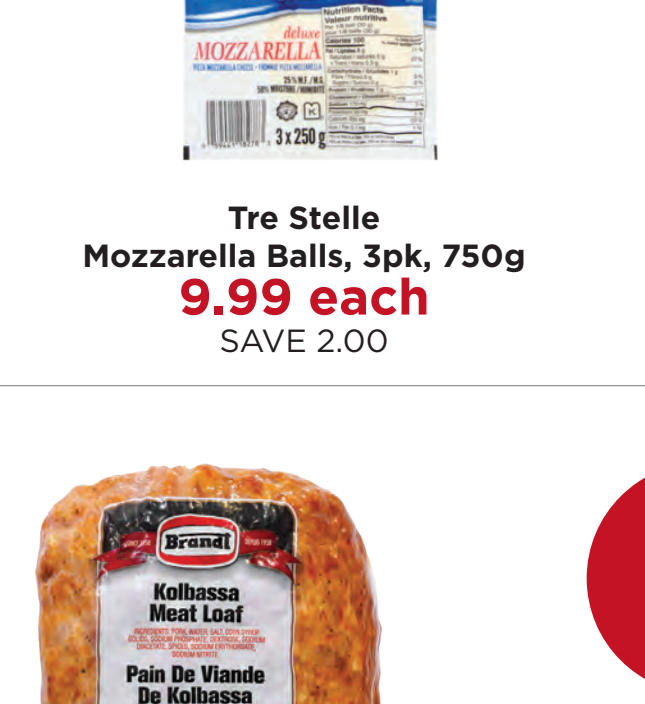
Monastery Signature Chicken Fillets (Halal)
From our Hot Table 6/5.99
or **1.29 each**
SAVE 1.75



Monastery Signature Cheddar Perogies with Onions & Bacon
Double Portion 9.99 each
SAVE 1.50



Monastery Signature Fresh Pesto Sauce, 330mL
Heat & Serve 5.99 each
SAVE 1.00



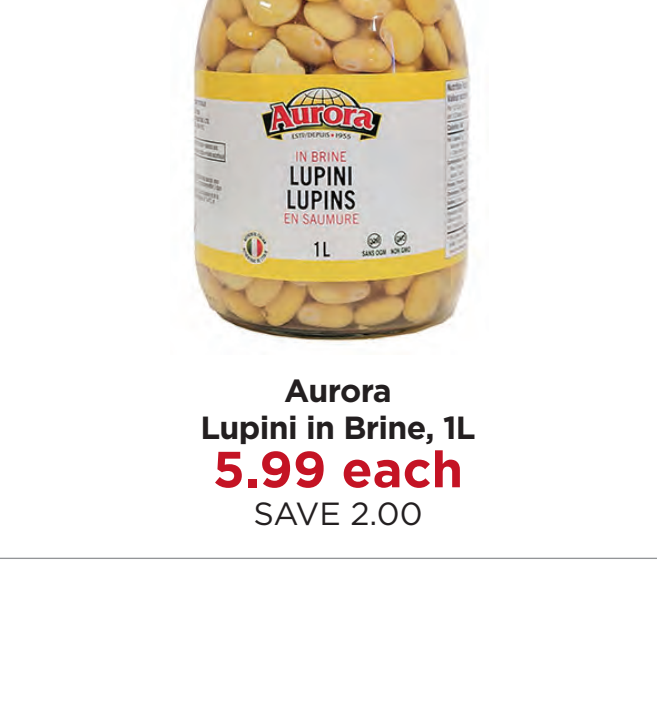
Martelli Potato Gnocchi, 1kg
Product of Italy
2.99 each
SAVE 1.00



Le Veneziane Gluten Free Pasta, 250g
Assorted Varieties
2.99 each
SAVE .70



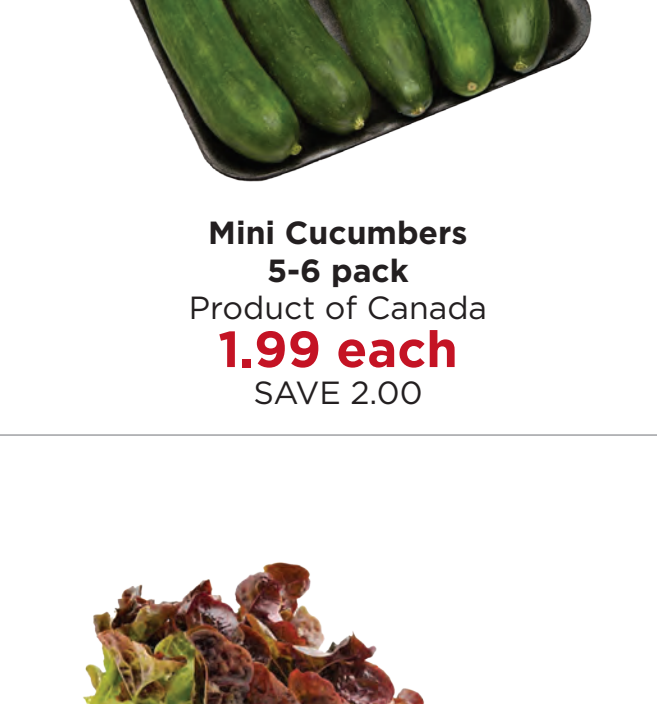
Tre Stelle Feta Dips, 175g
Assorted Varieties
2/8.00
or **4.99 each**
SAVE 2.00



Tre Stelle Cream Cheese, 200g
Assorted Varieties
2/10.00
or **5.99 each**
SAVE 2.00



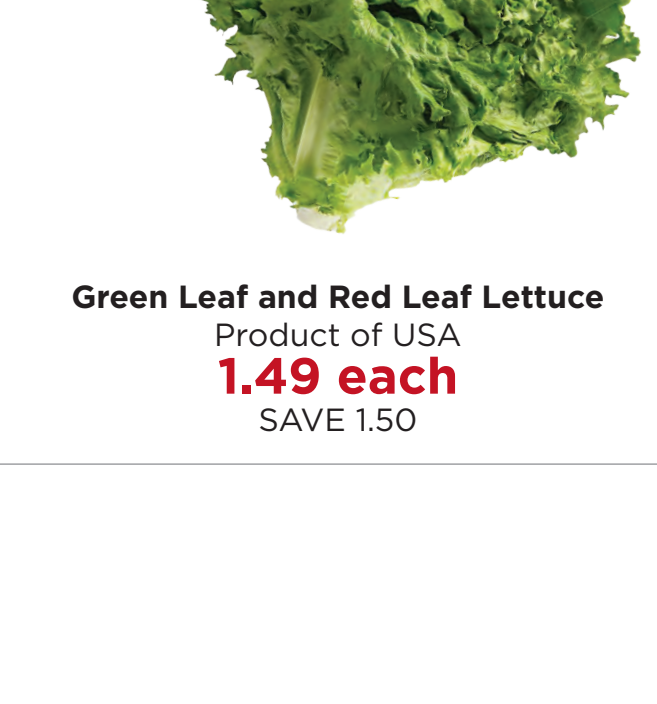
Celebrity Goat Cheese, 300g
Assorted Varieties
8.99 each
SAVE 1.00



Boursin Gourmet Cheese, 150g
Assorted Varieties
5.99 each
SAVE 1.70



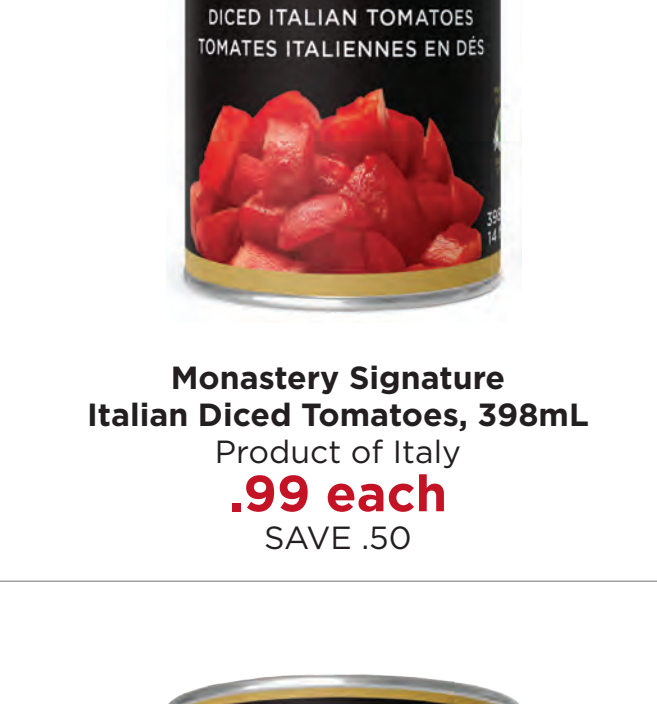
Tre Stelle Mozzarella Balls, 3pk, 750g
9.99 each
SAVE 2.00



Brandt Double Smoked Bacon
2.69/100g
SAVE .40/100g



Brandt Kolbassa Coil or Meat Loaf
1.49/100g
SAVE .30/100g



Brandt Oven Roasted Turkey
2.49/100g
SAVE .50/100g



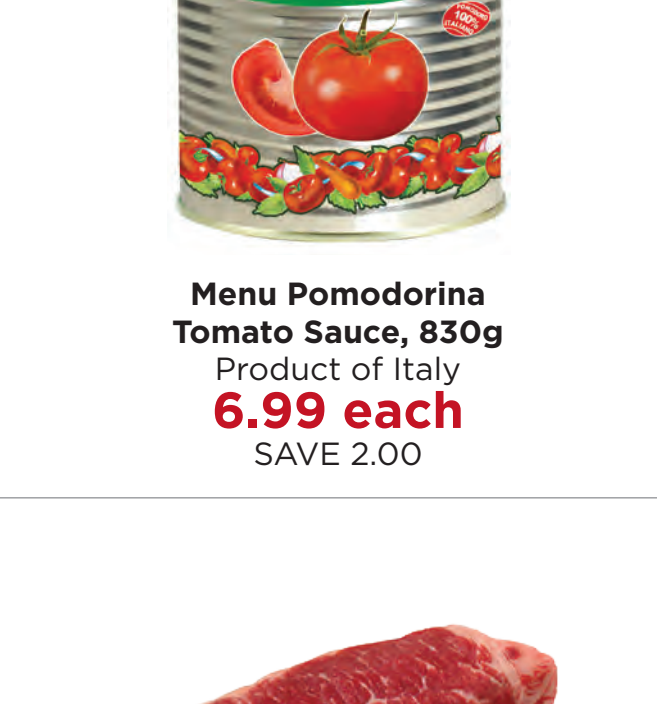
Mantova Pesto Genovese, 190g
2.99 each
SAVE 1.00



Aurora Lupini in Brine, 1L
5.99 each
SAVE 2.00



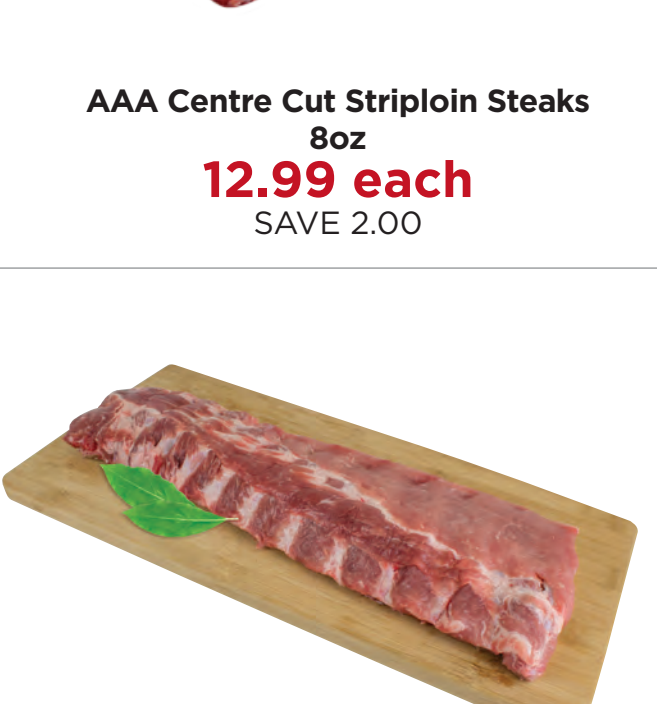
Everyday Low Price
Grape Cherry Tomatoes
Product of Canada
2.99 each



Mini Cucumbers 5-6 pack
Product of Canada
1.99 each
SAVE 2.00



Whole Golden Pineapples
Product of Costa Rica
4.99 each
SAVE 1.00



Green Leaf and Red Leaf Lettuce
Product of USA
1.49 each
SAVE 1.50



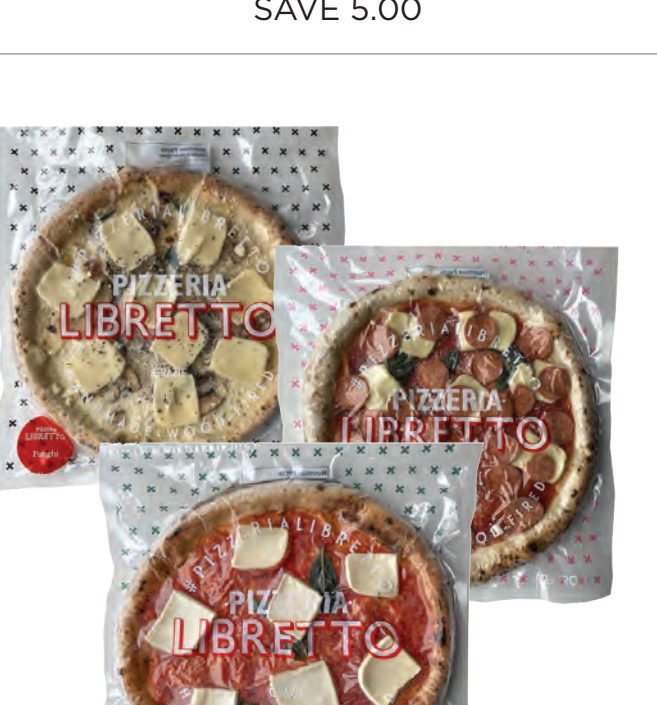
Monastery Signature Sicilia I.G.P. Extra Virgin Olive Oil, 500mL
Product of Italy
19.99 each
SAVE 3.00



Monastery Signature Italian Diced Tomatoes, 398mL
Product of Italy
.99 each
SAVE .50



Monastery Signature Italian Peeled Plum Tomatoes, 796mL
Product of Italy
1.99 each
SAVE 1.00



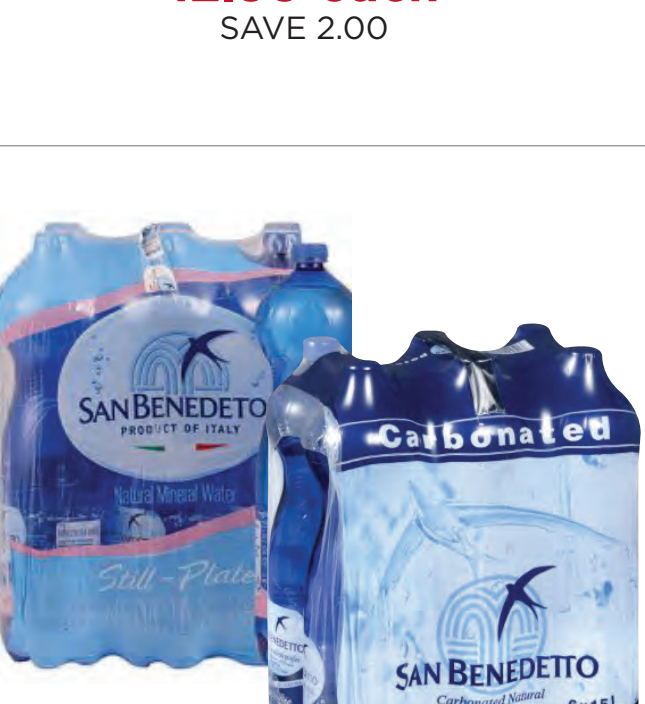
Monastery Signature San Marzano D.O.P. Tomatoes, 796mL
Product of Italy
4.99 each
SAVE 1.00



Monastery Signature Italian Passata, 700mL
Product of Italy
1.99 each
SAVE 1.00



Menu Pomodorina Tomato Sauce, 830g
Product of Italy
6.99 each
SAVE 2.00



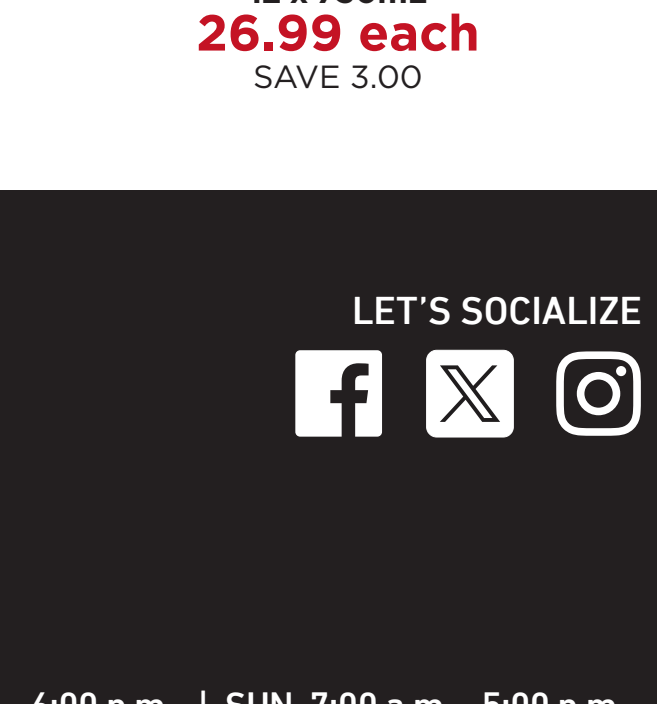
FROM OUR FISH COUNTER
Fresh Norwegian Organic Salmon
8oz
12.99 each
SAVE 2.00



AAA Centre Cut Striploin Steaks
8oz
12.99 each
SAVE 2.00



Chicken Wings, 1kg
11.99 each
SAVE 2.00



Pork Back Ribs 600g
12.99 each
SAVE 3.00



Lavazza Coffee Beans, 1kg
Rossa Medium or Crema E Gusto
14.99 each
SAVE 3.00



Nespresso Kombo Compatible Capsules, 40pk
Assorted Varieties
12.99 each
SAVE 5.00

Fino Burek
Cheese or Spinach
12.99 each
SAVE 2.00

Libretto Frozen Pizza
Assorted Varieties
9.99 each
SAVE 4.00

Patty King Beef or Chicken Patties, 12 pc
Assorted Varieties
12.99 each
SAVE 2.00

Flow Alkaline Spring Water 1L
1.99 each
SAVE 1.00

San Benedetto Natural Spring Water, 6 x 1.5L
Natural or Carbonated
2/19.99
or **11.99 each**
SAVE 4.00

San Pellegrino Sparkling Natural Mineral Water 12 x 750mL
26.99 each
SAVE 3.00

Pizzeria Libretto Frozen Pizza
Assorted Varieties
9.99 each
SAVE 4.00

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