

Dollar DAYS!

\$3 /lb **AIR-CHILLED**
 COMPLIMENTS Fresh AIR-CHILLED Whole Chicken, COMPLIMENTS Fresh AIR-CHILLED Chicken Drumsticks Family Size or COMPLIMENTS Fresh AIR-CHILLED Bone-In Thighs Family Size 6.61/kg

\$4 /lb
 Fresh Boneless Pork Loin Centre or Rib Roast or Combo Chops 6.81/kg

\$3
 Fresh Atlantic Salmon Portions product of Canada plain or marinated skin on 113 g

2/\$5
 COMPLIMENTS ORGANIC Whole White or Cremini Mushrooms product of Canada 227 g

\$5 /lb, ea **value size LEAN**
 Fresh Lean Ground Beef 5 lb tube 11.02/kg or HAYTER'S FARM Fresh Extra Lean Minced Turkey 450 g

2/\$5 **PINT**
 Blueberry Pint product of Mexico or Peru no 1 grade

\$6
 CASHMERE Bathroom Tissue 12=24 or 8=24 rolls, SPONGE TOWELS 3-6 pk or SCOTTIES Facial Tissue 6 pk

\$5
 BUBLY Sparkling Water 12x355 mL

\$5 **500 PTS** when you buy 2
 That's like \$5 toward your groceries

\$5
 SENSODYNE or Pronamel Toothpaste selected 75-100 mL

4/\$5
 KRAFT Dinner 58-200 g

LOAD YOUR PERSONALIZED OFFERS TODAY **Scene**

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- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

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Specials available at Bloor & Islington location only

Scene⁺ MEMBER

PRICING

Swipe your
Scene+ Card
and Save



MEMBER PRICING

\$6 /lb.
13.23/kg **SAVE 99c** /lb

value size

6.99 without Scene+ Card
Fresh Boneless Whole Beef
Brisket cryovac cut from Canada
AA grade beef while supplies last



MEMBER PRICING

725

SAVE 2.04

3.29 without Scene+ Card
COMPLIMENTS Pasta Sauce
650 mL or CATELLI Pasta
375-500 g (excludes lasagna)



MEMBER PRICING

333

SAVE 66c

3.99 without Scene+ Card
GENERAL MILLS Cereal
297-430 g or QUAKER Cereal
350-510 g selected varieties

Look for more Member Pricing throughout the flyer and in-store.

Scene

TURN
POINTS
INTO
GROCERIES



1 kg



That's like
\$5
toward your
groceries

500 PTS
when you buy 2

value
size

14⁹⁹

COMPLIMENTS
Thick Cut Bacon 1 kg



400 PTS
when you buy 4

2/\$5

QUAKER Crispy Minis 90-100 g
or Rice Cakes 127-199 g



100 PTS
when you buy 1

13⁹⁹

NESTLÉ
Quality Street 650 g or
After Eight Tin 400 g
while supplies last

1000 Points = \$10 of free groceries

Dollar DAYS!

\$7
/lb

Fresh Boneless Cross Rib Pot Roast or Family Size Simmering Steak cut from Canada AA grade beef while supplies last 15.43/kg

\$8

ST-HUBERT or SWISS CHALET Frozen Meat Pies or COMPLIMENTS Lasagna, Mac & Cheese or Chili 470 g-1 kg

\$4

MAPLE LEAF or SCHNEIDERS Wieners selected 375 g or SCHNEIDERS Breakfast Egg Bites, Individual Meat Pies or Frozen Sausages 224-400 g

\$5

COMPLIMENTS Cooked or Raw Pacific White Shrimp 71-90 ct per lb 340 g

\$7
+200 PTS when you buy 2

WONDERFUL Pistachios no shell selected 155-170 g

\$2
From Ontario

Seedless Cucumbers product of Ontario, Canada no 1 grade

\$4
BAKED IN STORE

Tray or Butter Topped Buns 12 pk 400 g

\$3
100 g

COMPLIMENTS Roast Beef, Corned Beef, Montreal Smoked Meat or Pastrami selection varies by store

\$2
SLICED FRESH

OH SNAP! Pickles selected 90 mL

2/\$5

DAWN Dish Soap 431-473 mL

2/\$7

QUE PASA Tortilla Chips 286-350 g

\$3

DEMPSTER'S White or 100% Whole Wheat Bread 675 g or White or Whole Wheat Texas Toast or English Muffins 6 pk

\$3

OIKOS Greek Yogurt 4 pk

\$3

NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit or Gushers selected varieties 120-230 g

\$3

RUFFLES Potato Chips 180-200 g or FRITO-LAY Mini Canisters 102-145 g

\$3
+150 PTS when you buy 2

BEN'S ORIGINAL Bistro Express Rice 240-250 g

\$4

PHILADELPHIA Cream Cheese selected varieties 227-250 g

\$4

CHRISTIE Family Size Cookies selected 303-530 g or DARE Bear Paws Family Pack 337-480 g or Wagon Wheels 630 g

\$4

EAGLE BRAND Condensed Milk 300 mL or COMPLIMENTS Flour 2.5 kg

\$5

COMPLIMENTS Salted Butter 454 g

\$5
+150 PTS when you buy 1

COMPLIMENTS Peanut Butter 1 kg or Pure Honey 500 g

\$6

ARMSTRONG Cheese 400 g, Shreds 300-320 g or SARAPUTO Mozzarellissima 500 g

\$9

HEINZ Ketchup 1.5 L or KRAFT Miracle Whip 1.5 L

\$12

NABOB or FOLGERS Roast & Ground Coffee 544-930g

\$13
+100 PTS when you buy 2

COMPLIMENTS Frozen Fruit 1.5 kg

SPEND \$100 IN PIZZA PIZZA, BOSTON PIZZA, H&M, HUDSON'S BAY, PLAYSTATION, KOBO OR WAYSIPA GIFT CARDS AND GET A BONUS **\$15** SOBEYS GIFT CARD

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so chilly
Sweeten up your holiday

compliments
CANDY CANE
Ice Cream 1.5 L
200 PTS when you buy 2

5.49
COMPLIMENTS
Candy Cane Ice
Cream 1.5 L while
supplies last

6.49 200 PTS when you buy 2
PANACHE Mistletoe
Wish Ice Cream 1 L
while supplies last

6.99
CHAPMAN'S Holiday
Moments Peppermint
Twist Ice Cream 1.5 L
while supplies last

6.99
CHAPMAN'S Holiday Moments
Peppermint Ice Cream Sandwich
12 pk while supplies last

6.99
CHAPMAN'S Holiday Moments
Winter Cocoa Ice Cream Cone
6 pk while supplies last

so seasonal Chestnuts product of Italy 13.21/kg **5.99** /lb

1.79 /lb Navel Oranges product of USA or South Africa 4.17/kg

2.99 /lb Stem & Leaf Clementines product of Spain 6.59/kg

3.49 ea Ready to Eat Mangoes product of Peru

7.99 ea Sharoni Persimmon Case product of Spain or bulk 1.49 ea

7.99 ea Vanilla Persimmon Case product of Spain or bulk 1.49 ea

2/\$9 Jumbo Pomegranates product of USA

100% fresh GUARANTEE **Guaranteed fresh or your money back**

Fruity fresh...

2.49 /lb From Ontario
Honeycrisp Apples product of Ontario Canada extra fancy grade 5.49/kg

4.49 Blackberries product of Mexico 170 g

Veggie love...

2.99 ORGANIC Celery product of USA

2.99 /lb From Ontario
Hot House Tomatoes product of Ontario, Canada no 1 grade 6.59/kg

1.99 200 PTS when you buy 3
Ataulfo Mangoes product of Peru

4.99 Large Cantaloupe product of USA

3.99 100 PTS when you buy 3
THE LITTLE POTATO CO. Potatoes assorted product of Canada 680 g

1.49 Green Onions product of Mexico

79¢ Lemons product of USA or Spain

3.99 Honey Pomeelos product of China

2/\$9 COMPLIMENTS Caesar Salad Kit product of USA 280 g

1.99 COMPLIMENTS Baby-Cut Carrots product of Ontario 340 g

25% OFF BUY 1 GET 2ND FREE
Prepared Daily Fruit and Yogurt Parfait Cups assorted sizes

11.99 BARD VALLEY Medjool Dates 907 g

2/\$5 OCEAN SPRAY Craisins 142-170 g

floral selection may vary by store

9.99 Assorted Holiday Ceramics

STARTING AT \$11 Double Spike Phalaenopsis Orchids in ceramic

STARTING AT \$35 Fresh Holiday Arrangements starting at 37.99 ea

STARTING AT \$5.99 From Ontario
Premium Poinsettias featuring The Christmas Mouse

A moment of holiday magic starts with the Grocery Essentials Gift Card Visit sobeys.com/giftcards for details

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So tender
STERLING SILVER
HAND-SELECTED AAA BEEF
 Well-marbled • Aged to perfection
 Cut from Canada AAA Beef
 Exclusive to Sobeys

20% off
 All Fresh STERLING SILVER Beef Roasts cut from Canada AAA grade beef

Get roasting for less!

SCAN TO RULE THE ROAST: Your Ultimate Guide to Roasting at Sobeys.com

Book your roast in advance. Please ask our staff for further details.

NEW TRY WITH
 YELLOWSTONE Seasoning or Rubs 135-160 g

 <p>14⁹⁹ /lb Fresh Boneless Flank Marinating Steaks Family Size cut by your meat expert from Canada AA grade beef 33.05/kg</p>	 <p>8⁹⁹ /lb Fresh Boneless Beef Stewing Cubes Family Size cut by your meat expert from Canada AA grade beef 19.82/kg</p>	 <p>8⁹⁹ /lb Fresh Beef Back Ribs Family Size cut by your meat expert from Canada AA grade beef 19.82/kg</p>
 <p>6⁴⁹ /lb +100 PTS when you buy 1 pkg COMPLIMENTS Fresh AIR-CHILLED Bone-In Chicken Breast Halves Family Size 14.31/kg</p>	 <p>5⁹⁹ /lb +150 PTS when you spend \$10+ Fresh Boneless Pork Loin Centre Stir Fry Strips or Centre Cutlets 13.21/kg</p>	 <p>5⁹⁹ /lb +200 PTS when you spend \$20 or more Fresh Pork Loin Back Ribs Family Size cryovac 13.21/kg</p>

HAYTER'S FARM LOCAL | WHOLESOME | FARM FRESH | 3 GENERATIONS OF FAMILY
 TASTE & TRADITION

Taste the Hayter's Turkey Difference

- Local to Ontario
- Humanely-raised
- No added hormones or steroids*

BUY 2 GET 3RD FREE
 HAYTER'S FARM Fresh Turkey Products starting at 4.99/lb, 11.00/kg
 excluding HAYTER'S Farm Extra Lean Mixed Turkey 450 g

6⁹⁹ /lb Fresh Lean Ground Beef Family Size 15.41/kg

5⁹⁹ /lb **+300 PTS** when you buy 2
 MAPLE LODGE FARMS Chicken Sausage 375-500 g

11⁹⁹ /lb **Halal**
 Seasoned Lamb Chops Greek & Lemon or Herbes de Provence 26.43/kg

5⁹⁹ /lb
 Frozen Duck grade A 13.21/kg

quick & easy

 <p>5⁹⁹ +150 PTS when you buy 2 BUTTERBALL Turkey Bacon or Rasher 300-375 g</p>	 <p>5⁹⁹ +150 PTS when you buy 2 COMPLIMENTS Sliced Peameal Bacon 454 g</p>	 <p>8⁹⁹ STARTING AT LOU'S Quick-n-Easy Entrées or LIL' JUAN'S Entrées 300-400 g</p>	 <p>12⁹⁹ STARTING AT MARCANGELO Chicken or Pork Souvlaki or Bacon Wrapped Beef Medallions 340-640 g</p>
 <p>3⁹⁹ +80 PTS when you buy 2 COMPLIMENTS Stuffed Chicken Cutlets 284 g</p>	 <p>5⁹⁹ +120 PTS when you buy 2 COMPLIMENTS Asian Inspired Entrées 400-500 g</p>	 <p>11⁹⁹ +120 PTS when you buy 1 FRESHSTONE Meal Kits Tex Mex Chicken, Beef Bulgogi or Butter Chicken Entrées with Rice 680 g</p>	 <p>12⁹⁹ SCHNEIDERS Breaded Chicken or Pork Schnitzel 450 g</p>

GET TO FREE GROCERIES FASTER

When you open your Sobeys membership card and pay with your Scotiabank® Scene+ Visa® Card.

GET 200 PTS ON EVERY \$1 SPENT

100 pts = \$10 in groceries

*Certified by the Canadian Beef Grading Agency / Certifié par l'Agence Canadienne de Classement du Bœuf

Festive apps

BUY 2 GET 3RD FREE
or equal or lesser value

COMPLIMENTS or PANACHE Meat or Seafood Appetizers or Chicken Wings 250-800 g or PANACHE Bakery Desserts frozen 300-850 g selected

Not available in some areas. Compliments or Panache (appetizers) must be purchased in-store. Offer valid from October 9, 2024 to October 1, 2025. See in-store for details. Not valid with other offers.

Ready for you seafood.

READY FOR YOU

Get **200 PTS**
 When you spend \$25 or more on Ready for You Seafood.
*before taxes

13.99 Fresh Atlantic Salmon Roasts Stuffed with Imitation Crab and Seafood Stuffing 30.84/kg

NEW 9.99 INTRODUCING: In-Store Prepared Seacuterie Boards with Smoked Salmon, Shrimp and Crab-Flavoured Seafood 350-380 g

7.99 In-Store Prepared Imitation Crab & Seafood Dip with Bacon & Cheddar Cheese 17.61/kg

NEW 7.99 Stuffed Jalapeño Poppers with Imitation Crab and Seafood Stuffing 17.61/kg

10.99 COMPLIMENTS Smoked Sockeye, Steelhead, Atlantic Salmon or Gravlax 140-150 g

+100 PTS when you buy 1

18.99 IFC Atlantic Canada Cooked Snow Crab Clusters or Lobster Claws and Arms 454 g

9.99 HIGH LINER Wild Pacific Salmon Fillets 400 g or EARLS Restaurant Clam Chowder frozen 550 mL

\$12 BEST BUY Breaded Popcorn Shrimp or Squid Rings 800 g

+100 PTS when you buy 1

6.99 MATLAW'S Ocean Scallops or Clam Stuffing 425 g

8.99 WATERVIEW MARKET Shrimp with Sauce 454 g

deli

8.79 TRE STELLE Mozzarella 340 g

SAVE 70c

9.49 without Scene+ Card

11.99 COOMBE CASTLE Cheese Bakes 150 g

Mature Cheddar Cheese Bake
 Fromage Cheddar Afiné au four

30% off **+200 PTS** when you buy 400 g or more

L'EXTRA Brie or Double Cream works out to 3.25/100 g. OKA or OKA L'Artisan works out to 3.89/100 g

10% off with Scene+ Card

10.99 without Scene+ Card

COWS CREAMERY Cheddars selected varieties 150-200 g

5.99 TRE STELLE Feta, Halloumi, Bocconcini 200 g, Grated Parmesan 125 g, Crumbled Feta 150 g, Mascarpone 275 g or Ricotta 475 g 7.49 ea

10.99 MINI BABYBEL 12 pk 240 g or THE LAUGHING COW 24 pk 400 g

12.49 MAPLE LEAF Natural Selections Family Pack Shaved or Sliced Deli Meats selected 375-400 g

3.99 LA BELLE BRETAGNE Pâté 150 g

+100 PTS when you buy 2

100 PTS when you buy 200 g or more

MAPLE LEAF Natural Selections Deli Meats

2.99 BRANDT Kolbassa Loaf or Sausage Coil /100 g

3.99 FANTINO & MONDELLO Capicola /100 g

+200 PTS when you spend \$10+

5.99 SAN DANIELLE Prosciutto selected 100 g

+50 PTS when you buy 1

Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more!
www.sobeys.com/getflyer

kitchen

100 PTS
when you buy 1

4²⁹ SUMMER FRESH Dips or Hummus regular 200-227 g

LIMITED TIME ONLY

18⁹⁹ MITCHELL'S Trio Mini Box, Classic, Barley and Pea Flavours 3 pk 665 g

Cooks in 4 minutes!

LIMITED TIME ONLY

100 PTS
when you buy 2

6⁴⁹ RANA Fresh Pasta 227-300 g

Lobster Ravioli available for a limited time!

LIMITED TIME ONLY

100 PTS
when you buy 2

6⁴⁹ RANA Fresh Pasta 227-300 g

READY FOR YOU

This week's ready for you meal deals.

BUY 1
Ready for you Whole Assorted Dagwood Sandwich 1.15 kg

GET 1
HAPPY PLANET Soup 650 mL

50% off*
*regular retail

READY FOR YOU

Get 250 PTS
When you buy a minimum of 250 g

Ready for you Chilled Meals

READY FOR YOU

Get 250 PTS
When you buy 2

OR

Get 400 PTS
When you buy 3 or more Pizzas

14" Take & Bake Pizza 715-890 g

bakery

MIX & MATCH

BUY 4 GET 5TH FREE

Small or Large Patisseries each

4²⁹ COMPLIMENTS Brioche Burger Buns 4 pk 200 g

BAKED IN STORE

50 PTS
when you buy 1

6²⁹ Gourmet Cheese Buns 6 pk 425 g

BAKED IN STORE

4²⁹ Artisan Breads 375 g

17⁹⁹ 6" Chocolate or Chocolate Caramel Cheesecakes 850-875 g

Mmm chocolate!

Enjoy decadent pleasures in every bite.

8⁹⁹ Small Bar Cakes 455-575 g

BAKED IN STORE

100 PTS
when you buy 2

5⁹⁹ Cookies assorted 10 pk 310 g

BAKED IN STORE

200 PTS
when you buy 2

7⁹⁹ Brownies 550-585 g

BAKED IN STORE

5⁴⁹ All Butter Croissants or Pastries 4 pk 275-400 g

Score! MEMBER

9⁹⁹ SAVE \$1

10⁹⁹ without Score Card Boston Cake 740 g

Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more!
www.sobeys.com/getflyer

dairy & frozen

100 PTS when you buy 3
3.99 KRAFT Dips 227 g

50 PTS when you buy 1
11.99 YOPLAIT Yop Yogurt Drink 12 pk

1.99 SEALTEST Chocolate Milk 750 mL

3.99 **SAVE 50c** without Scene+ Card
 GAY LEA Aerosol Whipped Cream 225 g

7.49 YOPLAIT Source Yogurt 16 pk

9.99 **value size**
 iOGO Yogurt 2 kg

2.99 LACTANTIA Flavoured Butter 125 g

100 PTS when you buy 2
5.99 ARMSTRONG Cheese Slices 220-240 g, Sticks 210 g, Swirls 283-340 g or Combos 180 g

50 PTS when you buy 1
4.49 COMPLIMENTS Egg Whites 500 g

100 PTS when you buy 2
3.49 COMPLIMENTS Cream Cheese or Spread 227-250 g

75 PTS when you buy 4
BUY MORE SAVE MORE
1.99 PILLSBURY Crescent Rolls or Wiener Wraps 200-227 g 2.49 ea

100 PTS when you buy 2
3.99 COMPLIMENTS Cheese Strings 8 pk, 168 g

3.99 COMPLIMENTS Frozen Entrée Bowls 300 g

4.49 KRAFT Cool Whip Topping 1 L

4.99 MCCAIN Vegetable Medleys 400 g

100 PTS when you buy 2
4.49 MCCAIN Breakfast Bowls 200 g

27¢/4 GREEN GIANT Simply Steam Vegetables 198-250 g

3.99 CAVENDISH FARMS All-Day Breakfast Hashbrowns 625-650 g

3.99 CAVENDISH FARMS Restaurant Style Fries 540-750 g

100 PTS when you buy 2
3.49 BEST BUY Frozen Vegetables 750 g

compliments **Love it. Or it's free.** **100% MONEY-BACK GUARANTEE**
 *For details see COMPLIMENTS.ca

2.99 COMPLIMENTS BALANCE Non-Hydrogenated Margarine 427 g

100 PTS when you buy 2
4.99 COMPLIMENTS Tropical Blends 1.75 L

5.49 **SAVE 50c** without Scene+ Card
5.99 COMPLIMENTS Greek Yogurt 650 g

150 PTS when you buy 2
4.49 COMPLIMENTS Artichoke Hearts 398 mL or Asparagus Tips 341 mL

100 PTS when you buy 2
2/\$5 COMPLIMENTS Flakes of Ham, Turkey or Chicken 156 g

50 PTS when you buy 1
5.99 COMPLIMENTS Cottage Cheese 750 g

100 PTS when you buy 2
2.49 COMPLIMENTS Bagels 6 pk

That's like \$4 toward your groceries
400 PTS when you buy 3
5.49 COMPLIMENTS Spices or Seasonings selected 5-245 g

100 PTS when you buy 2
5.49 COMPLIMENTS Bagged Cereal 400-794 g

100 PTS when you buy 2
2.99 COMPLIMENTS Fruit Cups 4 pk

Scene+ GET 1000 PTS FOR EVERY \$100 SPENT IN GOOGLE PLAY GIFT CARDS!

Offer valid during November 21 - 27, 2024. Sorry, no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

drinks & snacks

200 PTS
when you buy 2

PEPSI Soft Drinks 6x222 mL

2/\$9

DORITOS Tortilla Chips 210-280 g

2/\$8

SMARTFOOD Popcorn 150-220 g, ROLD GOLD Pretzels 295-370 g or HOSTESS Hickory Sticks 275 g

350
when you buy 2 or more

OLD DUTCH Potato Chips 235 g 4.69 ea

6.99
SAVE \$1

7.99 without Scene+ Card

SAN PELLEGRINO, MOMENTI or NATURALI Sparkling Drinks 6x330 mL or GATORADE G-FIT 6x500 mL

3/9.99

PRINGLES Super Stacks 148-156 g

100 PTS
when you buy 2

COMPLIMENTS Potato Chips 200 g

8.99

PERRIER Carbonated Natural Spring Water 8x330 mL or 16x42 Premium Soda 4x275 mL

100 PTS
when you buy 2

6.49

PANACHE Premium Ginger Beer or Tonic Water 4x200 mL

3.99

DUNKAROOS selected varieties 168 g, NATURE VALLEY Muffin Bars or Crunchy Bars selected 132-175 g

500 PTS
when you buy 2

13.99

QUAKER Club Pack Yogurt or Dipp's Granola Bars 935 g-1.05 kg

5.99

HANS FREITAG Wafers 300 g, LOCKERI Quadrini Wafers 220-250 g or BOULANGERIE Grissol Melba Toast 350-400 g

3.99

HERSHEY'S OH HENRY! 4 Bars 156-232 g

11.99

HERSHEY'S Reese's Cookies 'n' Creme or CADBURY Dairy Milk Advent Calendars 200-212 g while supplies last

12.99

LINDT Advent Calendars 128 g or MERCI Finest Selection Chocolates 400 g while supplies last

500 PTS
when you buy 4

4.99

WALKERS Pure Butter Shortbread Fingers, Rounds or Highlander 135-150 g

3.99

CHRISTIE Ritz Chips or Crispers Family Size 240 g

200 PTS
when you buy 2

11.99

KINDER Maxi or Maxi with Toy 116-150 g while supplies last

4.49

HERSHEY'S Bagged Chocolate 160-290 g

200 PTS
when you buy 2

4.99

BEST BUY Creme Filled Cookies selected varieties 600 g

100 PTS
when you buy 2

\$3

PANACHE Classic Water Crackers 125 g

200 PTS
when you buy 2

12.99

ILLY Roast & Ground Coffee 250 g

From Ontario

17.49

MUSKOKA Coffee 400-454 g or Pods 20 pk Roasted in Huntsville

Tim Hortons Original or Candy Cane Hot Chocolate 450-500 g **4.99**

GET A **\$15** DIGITAL Tim Card* TO REDISEN AT RESTAURANTS*

10.99 TIM HORTONS K-cups® Pods 10-12 pk

9.99 TIM HORTONS Fine Grind Coffee 283-300 g

6.49 TIM HORTONS Coffee Creamer 750 mL

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VAN HOUTTE
SAVOUR THE FESTIVE MOMENTS

10.99 VAN HOUTTE K-Cup® Pods 10-12 pk or Ground Coffee 300-340 g

19.99 VAN HOUTTE K-Cup® Pods 30 pk

meal makers

<p>2/\$9 KELLOGG'S Cereal selected varieties 210-525 g</p>	<p>400 PTS when you buy 3 4.49 PEARL MILLING COMPANY Pancake Mix 905 g or Syrup 710 mL</p>	<p>2.99 APPLESNAX Fruit Cups 6 pk</p>	<p>2/\$5 DOLE Pineapple 398 mL</p>
<p>5.49 CHRISTIE Honey Maid Baking Crumbs 400 g</p>	<p>100 PTS when you buy 2 5.99 E.D. SMITH Pie Filling selected 540 mL 6.79 ea</p>	<p>200 PTS when you buy 2 5.99 QUAKER Oatmeal Muffin Mix 900 g or Oat Flour 700 g</p>	<p>5.69 FLEISCHMANN'S Yeast selected 113 g</p>
<p>2.99 BARILLA Pasta 410 g</p>	<p>100 PTS when you buy 1 5.99 COMPLIMENTS Pasta 900 g or Balsamic Vinegar of Modena 500 mL</p>	<p>5.49 BICK'S Whole Pickles or Baby Dills 1 L</p>	<p>6.49 STEFANO Pasta Sauce 405-648 mL or PAM Cooking Sprays 113-170 g</p>
<p>200 PTS when you buy 4 2/\$7 CAMPBELL'S Chunky Soup 515 mL or HABITANT Soup 796 mL</p>	<p>4.99 HEREFORD Corned Beef 340 g or COMPLIMENTS Sockeye Salmon 213 g</p>	<p>100 PTS when you buy 2 1.79 COMPLIMENTS Onion Soup Mix 57 g or Chicken Noodle Soup Mix 128 g</p>	<p>3.99 OLD EL PASO Tortillas 238-334 g or Taco Shells 125-133 g or COMPLIMENTS Salsa 650 mL</p>
<p>3.99 200 PTS when you buy 2 COMPLIMENTS Raisin or Grain Breads 600 g</p>	<p>3.99 DEMPSTER'S or TIA ROSA Tortillas 220-340 g or VACHON Snacks 248-336 g</p>	<p>7.99 DAINTY Rice 900 g selected varieties</p>	<p>3.99 AL'FEZ Meal Kits 150-200 g or Marinades 157 mL selected varieties</p>

natural health

<p>3.99 EARTH'S OWN Almond Beverage 1.89 L</p>	<p>30 PTS when you buy 1 8.99 MARANATHA Almond Butter 340 g</p>	<p>8.99 MID-DAY Squares 4 pk</p>	<p>5.99 OLYMPIC ORGANIC Greek Yogurt 650 g</p>
<p>2/\$7 KETTLE BRAND Potato Chips 156-198 g</p>	<p>50 PTS when you buy 2 2.99 POPPI Soft Drinks 355 mL</p>	<p>6.49 MARY'S ORGANIC Crackers 155-184 g</p>	<p>10.99 LAKEWOOD Juice 946 mL</p>
<p>200 PTS when you buy 2 20% off JAMIESON Vitamins C Chewable 500 mg 120 pk or Vitamin D 1000 mg 100-240 pk</p>	<p>20% off ORGAIN Protein Powder selected 567-920 g</p>	<p>100 PTS when you buy 2 6.49 MEYER'S Dish, Hand Soap or Cleaners 370-473 mL</p>	<p>1.99 KIND Singles 40 g or Caddy 12 pk 21.99</p>

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home & pet care

<p>12⁹⁹ TIDY Cat Litter 2.72 kg</p>	<p>1⁶⁷ CESAR Wet Dog Food 100 g 1.99 ea</p>	<p>24⁹⁹ PEDIGREE Dry Food 5.4-8 kg or IAMS Cat Dry Food 3.18-4 kg</p>	<p>15⁹⁹ WHISKAS Perfect Portions Wet Cat Food 12 pk</p>
<p>5⁹⁹ FLEECY Dryer Sheets 80 pk or Fabric Softener 1.36 L</p>	<p>2⁷⁹ SCOTTIES Supreme 3-ply Facial Tissue Cubes 60 sheets</p>	<p>15⁹⁹ CHARMIN Bathroom Tissue 12=48 rolls or BOUNTY Paper Towels 4-6 pk</p>	<p>6⁹⁹ BEST BUY Napkins 500 pk</p>
<p>6⁹⁹ AIR WICK Essential Oil Mist Refills or Plug-In 20 mL selected</p>	<p>5⁷⁹ WINDEX Windows Cleaner 765-950 mL or SCRUBBING BUBBLES Bathroom Cleaners 946 mL or Foamer 567 g selected</p>	<p>8⁹⁹ COMPLIMENTS Waste Bags 24-30 pk or Recycling Bags 20-30 pk</p>	<p>4⁹⁹ ZIPLOC Sandwich or Snack Bags 90 pk, Freezer Bags 10-25 pk, Storage Bags 15-28 pk or Perfect Portion Bags 75 pk</p>

health, beauty & baby

<p>1⁵⁰ NIVEA Deodorant, Body Wash, Shave or Lip Care 50-500 mL, 51-125 g or 2 pk selected</p>	<p>6⁴⁹ CREST 3D White or Densify Toothpaste, Scope Mouthwash or ORAL-B Toothbrushes 85 mL-1 L or 1-2 pk selected</p>	<p>2/2⁹⁹ NATIVE Deodorant 75 g or Sprays 99 g selected</p>	<p>5⁴⁹ AXE Shampoo or Conditioner or Body Wash 473 mL or Deodorant 76-113 g selected</p>
<p>12⁹⁹ GARNIER Olia Hair Colour 1 pk, U BY KOTEX Pads or Tampons 30-50 pk or SCHICK Intuition Refills 3 pk selected</p>	<p>3⁹⁹ CREST Whitening Toothpaste or Kids Rinse 100-500 mL selected</p>	<p>2/2³⁹ NATIVE Shampoo or Conditioner 487 mL or Body Wash 532 mL selected</p>	<p>9⁹⁹ AVEENO Body Lotion selected 532 mL</p>
<p>4⁴⁹ LOVE CHILD Oaty Chomps or Cookies 100-138 g 5.49 ea</p>	<p>22⁹⁹ PAMPERS or HUGGIES Baby Wipes 504-704 pk</p>	<p>59⁹⁹ ENFAMIL A+ 18x237 mL selected varieties</p>	<p>12⁹⁹ Aveeno Baby Care 532 mL</p>

pharmacy

Only available at Pharmacy Locations
*Select products only available when a pharmacist is on duty.

<p>10% off CLEARBLUE Pregnancy Tests selected</p>	<p>15% off NERVE Nerve Relief 30 pk</p>	<p>19⁹⁹ POISE Pads or DEPEND Underwear selected</p>	<p>10% off Children's TYLENOL, MOTRIN or BENYLIN Products selected*</p>
<p>15% off TYLENOL or BENYLIN or SINUTAB Cough, Cold or Sinus selected*</p>	<p>15% off Children's ADVIL Liquid 24-100 mL or Tablets 20 pk</p>	<p>Get diabetes care that fits your needs. Ask us if a personalized care plan is right for you.</p> <p>360Health Jobey PHARMACY & WELLNESS</p>	

*Due to provincial regulations, products purchased using a prescription filled by a pharmacist may not be eligible for Scene+™ points. SEP_WK30_24_CNT



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- Ensure your medications are working
- Understand insulin and injection techniques
- Review glucose monitoring and other technology
- Understand how blood pressure affects your diabetes

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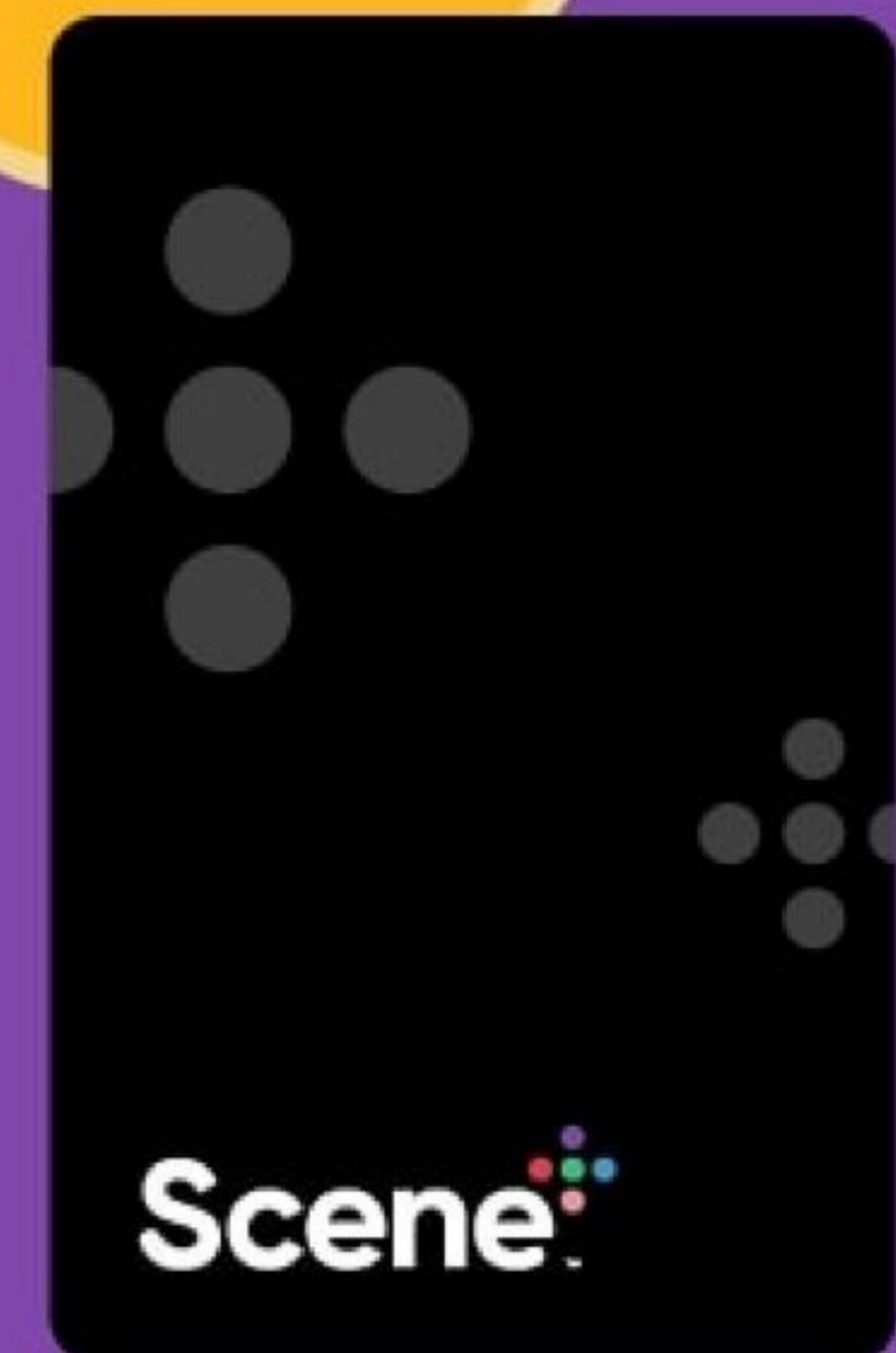
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