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metropolitanmarket.®



## METROPOLITAN MARKET FRESH FREE-RANGE TURKEY

Hatched, raised, harvested USA

It's our best-selling turkey for a reason! Our turkey's exceptional taste comes from a high-quality diet rich in grains and vegetables, creating a nutrient-dense, naturally plump, and flavorful bird. Raised on a family ranch, our turkeys are never given antibiotics, animal by-products, or preservatives.

**3.99**lb **SAVE UP TO \$0.70**lb

## reserve your holiday meal

Order fresh free-range turkeys, appetizers, prepared meals, sides, and desserts in-store at our Holiday Reservation Desk or online.



View the menu and order online



### RAEBURN CHARDONNAY

750 ml  
Pinot Noir, \$19.99 ea

Classic California Chardonnay and Pinot Noir from one of Sonoma County's finest producers. Delicious, elegant wines to complement your holiday meal

**16.99**  
**SAVE \$17.00**



local

### METROPOLITAN MARKET KUROBUTA HALF HAM

Bone-in, No added nitrates or nitrites

**6.49**lb  
**SAVE \$0.50**lb

This center-plate masterpiece begins with exquisite Kurobuta pork, valued for its superior flavor, texture, and marbling, which is cured using a traditional family recipe that has been perfected over the years. It is then smoked with authentic hardwood chips, which gives the meat a slightly sweet, rich, and subtle smoky flavor.



### METROPOLITAN MARKET MOROCCAN YAMS

Spiced with cumin, paprika, and cayenne

**9.99**lb  
**SAVE \$1.00**lb



local

### FIELD ROAST PLANT-BASED ROAST

32 oz, holiday roast or celebration roast with gravy

**17.99**  
**SAVE \$2.00**



### METROPOLITAN MARKET SOURDOUGH OR MULTIGRAIN BREAD

14 oz, baked fresh in-store

**3.99**  
**SAVE \$1.00**



organic

### SWEET POTATOES OR YAMS

Product of USA

**1.99**lb  
**SAVE \$2.00**lb



Snappy green beans tossed with sliced almonds, garlic, and spices.

### METROPOLITAN MARKET GREEN BEANS AMANDINE

**10.99**lb  
**SAVE \$1.00**lb



### KELLER'S TURKEY-SHAPED BUTTER SCULPTURE

4 oz

**5.99**  
**SAVE \$0.50**



### PACIFIC FOODS BROTH

32 oz  
Selected varieties

**2/\$7**  
**SAVE \$1.98 on 2**



Tender, lightly roasted carrots tossed with garlic, parsley, and a hint of mint.

### METROPOLITAN MARKET HERB-ROASTED CARROTS

**9.99**lb  
**SAVE \$2.00**lb



Get a head start with chopped onions, celery, and carrots—ideal for soups, stews, and casseroles.

### METROPOLITAN MARKET MIREPOIX

Prepared in-house

**5.99**lb  
**SAVE \$1.00**lb

Prices effective November 13th - November 19th, 2024

see what we're loving >>>

# what we're loving

top picks, latest finds, and seasonal favorites — see what our buyers are excited to share!



**local**

## THE HOLIDAY PEAR

Grown in USA

I look forward to these special pears all year—they're so creamy, sweet, and perfectly ripe! Picked at their peak and cold-conditioned, they're full of flavor.



Dino Medica  
Metropolitan Market  
Produce Coordinator



**organic**

ALEXANDRE FAMILY FARM

## EGGNOG

28 oz

This egg nog is the real deal! Made with pasture-raised eggs and whole milk, it's so rich and creamy. Enhance your egg nog experience with Sun Liquor's exclusive Holiday Blend.



John Creed  
Metropolitan Market  
Center Store Category Manager



## METROPOLITAN MARKET 8" CRANBERRY EGGNOG TART

Rich eggnog cream filling topped with a sweet-tart cranberry glaze in a golden pastry shell. Made in-house with fresh local dairy.

**17.99**  
SAVE \$2.00



**local**

## BELLE EPICUREAN DESSERT BOMBE

Cranberry cheesecake, caramel apple, or tiramisu

**5.99**  
SAVE \$1.00



**local**

## METROPOLITAN MARKET APPLE CIDER

64 oz  
Product of USA



**7.99**  
EVERYDAY



**local**

## exclusive SUN LIQUOR HOLIDAY BLEND

750ml

**21.99**  
SAVE \$3.00



**new**

## ESTI FROZEN APPETIZERS

7-9 oz, selected varieties

**4.99**  
SAVE \$2.00



## METROPOLITAN MARKET CHEESE BALLS

6 oz  
Cheddar Pecan or Blue Cheese Date

**5.99**  
SAVE \$1.00



**organic**

## DIVINA PITTED OLIVES

4.9-6 oz  
Castelvetrano  
or Kalamata

**5.99**  
SAVE \$2.00



STUMPTOWN  
COFFEE  
12 oz, selected varieties

**13.99**  
SAVE \$3.60



## METROPOLITAN MARKET SMOKED WILD SALMON PÂTÉ

Ready to eat from  
the Fish Market

**11.99<sup>lb</sup>**  
SAVE \$6.00<sup>lb</sup>



## TÖST SPARKLING REFRESHER

7 oz, tea or rosé

**7.99**  
SAVE \$2.30



FALL POM POMS **2/\$14**  
5-stem bunch **SAVE UP TO \$3.98 on 2**



DONOVAN  
BOUQUET **21.99**  
SAVE \$3.00



save even more when you sign up  
for exclusive email offers

metropolitanmarket®



Prices effective November 13th - November 19th, 2024.  
Selection may vary by location. Limited to stock on hand. We reserve the right to limit purchases.

metropolitan-market.com



**organic**  
**WHOLESOME FAIR-TRADE CANE SUGAR**  
 16-64 oz  
 Selected varieties  
**15% off**  
**SAVE ~~UP TO~~ \$4.10**



**OCEAN SPRAY CRANBERRY SAUCE**  
 14 oz  
 Jellied or whole  
**2/\$5**  
**SAVE \$1.58 on 2**



**LIBBY'S PUMPKIN OR PUMPKIN PIE MIX**  
 28-30 oz  
**4.99**  
**SAVE \$1.50**



**EAGLE BRAND SWEETENED CONDENSED MILK**  
 14 oz  
 Original or fat-free  
**2/\$7**  
**SAVE \$1.58 on 2**



**PEPPERIDGE FARM STUFFING**  
 12 oz  
 Herb or cubed  
**2/\$8**  
**SAVE \$4.58 on 2**



**C&H GRANULATED OR BAKER'S SUGAR**  
 64 oz  
**5.49**  
**SAVE ~~UP TO~~ \$3.00**



**KING ARTHUR UNBLEACHED ALL-PURPOSE FLOUR**  
 5 lb  
**6.99**  
**SAVE \$2.00**



**BONNE MAMAN PIE FILLING**  
 21.1 oz  
 Selected varieties  
**9.99**  
**SAVE \$3.50**



**local**  
**WILLAMETTE VALLEY PIE FROZEN PIE CRUST**  
 8.25 oz,  
 Pies 25.6-40 oz,  
 \$13.99  
**2/\$7**  
**SAVE \$3.98 on 2**



**FRENCH'S CRISPY FRIED ONIONS**  
 6 oz  
**4.49**  
**SAVE \$1.00**



**local**  
**DARIGOLD BUTTER QUARTERS**  
 16 oz  
 Salted or unsalted  
**4.99**  
**SAVE \$1.00**



**ST DALFOUR CONSERVES**  
 10 oz  
 Selected varieties

**4.99**  
**SAVE \$1.50**



**DUFOUR FROZEN PIE SHELL OR PUFF PASTRY**  
 14-15 oz  
**11.99**  
**SAVE \$3.00**



**NESTLÉ TOLL HOUSE BAKING MORSELS**  
 10-12 oz, assorted flavors  
 Semi-sweet morsels  
 24 oz, \$9.99  
**6.99**  
**SAVE ~~UP TO~~ \$2.00**



**KEEBLER PIE CRUST**  
 6 oz, chocolate or graham  
**2/\$7**  
**SAVE \$2.98 on 2**



**DAISY SOUR CREAM**  
 16 oz  
 Light or original  
**2.79**  
**SAVE \$0.70**



**local organic**  
**METROPOLITAN MARKET LARGE GRADE AA BROWN EGGS**  
 12 ct  
**4.99**  
**EVERYDAY**



**CRAFTY COUNTER WUNDER EGGS**  
 5 oz  
 Black salt  
**6.79**  
**SAVE \$1.70**



**NONNA PIA'S CLASSIC BALSAMIC REDUCTION**  
 8.45 oz

**6.99**  
**SAVE \$3.00**



**VEGOBEARS GUMMY BEARS**  
 3.5-4 oz,  
 Venice Beach, Santa Monica, or Malibu  
**2/\$7**  
**SAVE \$2.98 on 2**



**PRIMAL KITCHENS  
AVOCADO OIL  
SPRAY**  
4.7 oz

**6.49**  
SAVE \$2.10



**DIASPORA CO.  
SEASONINGS**  
13.75 oz  
Whole or quartered

**7.99**  
SAVE \$4.00



**DE CECCO  
PASTA**  
16 oz  
Selected varieties

**2/\$5**  
SAVE \$1.38 on 2



**CARBONE  
PASTA SAUCE**  
24 oz  
Selected varieties

**7.99**  
SAVE \$3.00



**BRIANNA'S  
SALAD DRESSING**  
12 oz  
Selected varieties

**3.99**  
SAVE \$2.30



**exclusive**  
**NEW COAST FORAGING CO.  
FROZEN  
VEGETABLES**  
16 oz  
Selected varieties

**2.99**  
SAVE \$1.00



**NAPOLEON  
ARTICHOKE  
HEARTS**  
13.75 oz  
Whole or quartered

**3.99**  
SAVE \$1.30



**LA PANZANELLA  
CROCCANTINI**  
6 oz  
Selected varieties

**3.99**  
SAVE \$1.30



**SNACK FACTORY  
PRETZEL BITES**  
12 oz  
Selected varieties

**5.49**  
SAVE \$2.00



**local**  
**PACIFIC POPCORN  
POPCORN**  
4.5-7 oz  
Selected varieties

**4.99**  
SAVE \$1.00



**MARTINELLI'S  
SPARKLING CIDER**  
25.4 oz  
Selected varieties

**2/\$7**  
SAVE \$2.98 on 2



**RYAN'S  
APPLE CIDER**  
128 oz  
Honeycrisp or classic

**9.99**  
SAVE \$2.10



**MUDWTR  
COFFEE  
ALTERNATIVE**  
12 ct  
Cacao or matcha

**19.99**  
SAVE \$3.80



**BIZZY COFFEE  
COLD BREW  
COFFEE**  
48 oz  
Selected varieties

**4.99**  
SAVE \$2.50



**CELEBRATION  
COOKIES**  
8.4 oz  
Selected varieties

**4.99**  
SAVE \$2.00



**NOW  
REAL FOODS  
VITAMINS**  
1-240 ct

**30% off**  
SAVE UP TO \$12.00



**SEATTLE GUMMY COMPANY  
GUMMIES**  
0.5 oz  
Selected varieties

**2.79**  
SAVE \$1.00



**REPURPOSE  
TABLEWARE**  
20-24 ct

**20% off**  
SAVE UP TO \$1.20



**SEVENTH  
GENERATION  
PAPER TOWELS**  
6 ct

**16.99**  
SAVE \$3.00



**EARTH FRIENDLY  
DISHMATE  
DISH CLEANER**  
25 oz  
Selected varieties

**4.49**  
SAVE \$0.90



METROPOLITAN MARKET  
**AUTUMN WILD RICE SALAD**  
**10.99**lb  
 SAVE \$1.00lb



METROPOLITAN MARKET  
**KALE & CRANBERRY ALMOND SALAD**  
**14.99**lb  
 SAVE \$2.00lb



METROPOLITAN MARKET  
**MEDITERRANEAN ROASTED POTATOES**  
**8.99**lb  
 SAVE \$1.00lb



METROPOLITAN MARKET  
**ROASTED DELICATA SQUASH**  
 Seasonal favorite  
**11.99**lb  
 SAVE \$1.00lb



METROPOLITAN MARKET  
**RUSTIC ROOT VEGETABLES**  
 Roasted carrots, fennel, parsnips, and rutabaga. Great fall flavor!  
**9.99**lb  
 SAVE \$2.00lb



ISLE OF MAN CREAMERY  
**GRASS-FED ISLANDER RED CHEESE**  
 6.3 oz  
**9.49**  
 SAVE \$0.50



CREMINELLI  
**SALAMI STICKS**  
 5.5 oz  
 Selected varieties  
**14.99**  
 SAVE \$1.00



ARTIKAAS  
**BABY SWISS**  
**17.99**lb  
 SAVE \$4.00lb



VERMONT CREAMERY  
**CRÈME FRAÎCHE**  
 8 oz  
**6.49**  
 SAVE \$0.20



EMMI  
**FONDUE SELECT**  
 14 oz  
**13.99**  
 SAVE \$1.00



METROPOLITAN MARKET  
**SHORTBREAD COOKIES**  
 8 oz  
 Selected varieties  
**6.99**  
 SAVE \$3.00



THOMAS'  
**ENGLISH MUFFINS**  
 6 ct  
 Selected varieties  
**2.79**  
 SAVE \$3.00



FRANZ  
**BREAD**  
 24 oz  
 Selected varieties  
**3.99**  
 SAVE \$2.30



KETO CULTURE  
**WHITE BREAD**  
 18 oz  
**5.99**  
 SAVE \$1.00



RUSTIK  
**OVEN BREAD**  
 16 oz  
 Selected varieties  
**4.69**  
 SAVE \$1.80



VERVE  
**WHOLE BEAN COFFEE**  
 12 oz  
 Selected varieties

**14.99**  
 SAVE \$5.00



CHOBANI  
**COFFEE CREAMER**  
 24 oz  
 Selected varieties

**5.99**  
 SAVE \$2.50



TORANI  
**DESSERT SAUCE**  
 16.5 oz  
 Selected varieties

**6.99**  
 SAVE \$1.50



local organic  
 ALDEN'S  
**ICE CREAM**  
 48 oz  
 Selected varieties

**7.99**  
 SAVE \$2.00



METROPOLITAN MARKET  
**WINTER BLEND COFFEE**  
 12 oz  
 Ground or whole bean  
**11.99**  
 EVERYDAY



MAN FAMILY WINES  
PINOTAGE  
OR CHENIN  
BLANC  
750 ml

**8.49**  
SAVE \$8.50



FARMHOUSE  
WHITE OR  
RED WINE  
750 ml

**9.99**  
SAVE \$9.00



CAVATAPPI  
PINOT  
GRIGIO OR  
SANGIOVESE  
750 ml

**9.99**  
SAVE \$6.00



**exclusive**  
DOMAINE  
BARCELO  
ROSÉ  
750 ml

**10.99**  
SAVE \$10.00



**local**  
SEVEN HILLS  
ROSÉ OR  
SAUVIGNON  
BLANC  
750 ml  
Red \$19.99

**12.99**  
SAVE \$18.00



PINE RIDGE  
CHENIN +  
VIOGNIER  
750 ml

**12.99**  
SAVE \$9.00



**local**  
L'ECOLE NO 41  
SEMILLON  
750 ml  
Chardonnay,  
\$19.99

**14.99**  
SAVE \$5.00



HUGEL  
GENTIL  
SELECTION  
750 ml

**13.99**  
SAVE \$16.00



FAMILLE PERRIN  
COTES DU  
RHONE  
RESERVE  
750 ml  
Selected varieties

**11.99**  
SAVE UP TO \$8.00



**local**  
AVENNIA  
LYDIAN  
GSM  
750 ml

**16.99**  
SAVE \$2.00



**local**  
ASHAN  
CHARDONNAY  
750 ml

**17.99**  
SAVE \$12.00



JUSTIN  
SAUVIGNON  
BLANC  
750 ml

**17.99**  
SAVE \$8.00



**local**  
**exclusive**  
SAVOUREUX  
CABERNET  
SAUVIGNON  
OR RED BLEND  
750 ml

**18.99**  
SAVE \$11.00



**new**  
**exclusive**  
METROPOLITAN  
MARKET  
MARK RYAN  
CABERNET  
SAUVIGNON  
750 ml

**24.99**  
SAVE \$10.00



DAMILANO  
BAROLO  
LE CINQUEVIGNE  
750 ml

**39.99**  
SAVE \$9.00



ATHLETIC BREWING  
CO.  
NON-ALCOHOLIC  
BEER  
6-pack 12 oz  
Selected varieties

**10.99**  
SAVE \$2.00



**local**  
BALE BREAKER  
BEER  
6-pack 12 oz  
Selected varieties

**10.99**  
SAVE \$2.00



WHITE CLAW  
SELZTERS  
12-pack 12 oz  
Selected varieties

**20.99**  
SAVE \$7.00



HIGH NOON  
SELZTERS  
8-pack 355 ml  
Selected varieties

**19.99**  
SAVE \$3.00



FIVE FARMS  
IRISH CREAM  
LIQUEUR  
375 ml

**18.99**  
SAVE \$2.00

# fresh deals



**local**  
**METROPOLITAN MARKET**  
**SPIRAL-SLICED**  
**UNCURED**  
**KUROBUTA HAM**  
**7.29<sup>lb</sup>**  
**SAVE \$1.70<sup>lb</sup>**



**METROPOLITAN MARKET**  
**USDA CHOICE BONE-IN**  
**RIBEYE ROAST**  
 Naturally raised, no antibiotics  
 or added hormones  
**Dry-Aged**  
**Ribeye Roast, \$25.99 lb**  
**19.99<sup>lb</sup>**  
**SAVE \$8.00<sup>lb</sup>**



**METROPOLITAN MARKET**  
**DRY-AGED NEW YORK**  
**TOP LOIN ROAST**  
 Naturally raised, no  
 antibiotics or added  
 hormones, product of USA  
**19.99<sup>lb</sup>**  
**SAVE \$11.00<sup>lb</sup>**



**METROPOLITAN MARKET**  
**BONE-IN**  
**LEG OF LAMB LEG**  
 Born, raised, harvested USA  
 No antibiotics or  
 added hormones  
**16.99<sup>lb</sup>**  
**SAVE \$2.00<sup>lb</sup>**



**NORTH WEST NATURAL**  
**FRESH, BONE-IN**  
**TURKEY BREAST**  
 Product of USA  
**3.99<sup>lb</sup>**  
**SAVE \$0.70<sup>lb</sup>**



**FRESH ATLANTIC**  
**SALMON FILLET**  
 Responsibly farmed  
 Product of Iceland  
**18.99<sup>lb</sup>**  
**SAVE \$5.00<sup>lb</sup>**



**WILD-CAUGHT**  
**LOBSTER TAILS**  
 5-6 oz, previously frozen  
 Product of USA/Canada  
**12.99<sup>ea</sup>**  
**SAVE \$7.00<sup>ea</sup>**



**1 LB COOKED**  
**PRAWN PLATTER**  
 31-35 count  
 Cooked in store and ready  
 to eat from the Fish Market  
**10.99<sup>ea</sup>**  
**SAVE \$9.00<sup>ea</sup>**



**local**  
**YELLOW ONIONS**  
 Grown in Washington  
**0.79<sup>lb</sup>**  
**SAVE \$0.70<sup>lb</sup>**



**local organic**  
**RUSSET POTATOES**  
 5 lb bag, grown in USA  
**4.99**  
**EVERYDAY**



**local organic**  
**SHIITAKE MUSHROOMS**  
 Grown in USA  
**9.99<sup>lb</sup>**  
**SAVE \$6.00<sup>lb</sup>**



**local organic**  
**SHALLOTS**  
 Grown in Washington  
**3.99<sup>lb</sup>**  
**SAVE \$1.00<sup>lb</sup>**



**organic**  
**CELERY**  
 Product of USA  
**1.99<sup>lb</sup>**  
**SAVE \$1.50<sup>lb</sup>**



**local**  
**GRANNY SMITH APPLES**  
 Grown in Washington  
**1.99<sup>lb</sup>**  
**SAVE \$1.50<sup>lb</sup>**



**SUNFLOWERS**  
 5-stem bunch  
**8.99**  
**SAVE \$2.00**



**CRANBERRY BOUQUET**  
 Hand-tied  
**34.99**  
**SAVE \$5.00**