

Host your *thanksgiving* with our *best deals*

HOTSALE!
49¢
LB
Bulk or Tote Bag
SWEET POTATOES

HOTSALE!
2/\$3
12 Oz. Bag
CRANBERRIES

HOTSALE!
2.99
LB
3 Lb. Bag
MANDARINS

HOTSALE!
1.79
EA
Whole
GOLDEN PINEAPPLE

HOTSALE!
1.59
LB
FOOD LION PORTION HAM

HOTSALE!
1.79
LB
SMITHFIELD PORTION HAM

HOTSALE!
4.99
LB
Ground Fresh Daily
93% LEAN FRESH GROUND BEEF

YOU SAVE \$2.52 LB

HOTSALE! MVP

27¢
LB

10 Lbs. or Larger
Grade A - Select Varieties
FROZEN TURKEY

LIMIT 1
W/O MVP Card \$2.79 LB

\$35 MINIMUM GROCERY PURCHASE REQUIRED*

*\$35 purchase must exclude the Turkey, Tobacco, Beer & Wine, Lottery, Gift Cards, Postage Stamps or Services.

HOTSALE!
1.79
EA
Whole
GOLDEN PINEAPPLE

HOTSALE!
1.59
LB
FOOD LION PORTION HAM

HOTSALE!
1.79
LB
SMITHFIELD PORTION HAM

HOTSALE!
4.99
LB
Ground Fresh Daily
93% LEAN FRESH GROUND BEEF

HOTSALE!
BOGO FREE
12 Oz. Homestyle Glazed Donuts
IN THE BAKERY

HOTSALE!
2/\$7
Limit 4
JIMMY DEAN BREAKFAST SAUSAGE OR BACON

HOTSALE!
5.99
EA
3 Oz. COLD WATER LOBSTER TAIL

HOTSALE!
3.79
EA
2 Lb. FOOD LION DELI SALADS IN THE DELI

HOTSALE!
3.99
EA
10 Oz. Select Varieties TASTE OF INSPIRATIONS DIPS IN THE DELI

HOTSALE!
BOGO FREE
12 Pack 12 Oz. Cans Select Varieties PEPSI PRODUCTS
LIMIT 4 FREE

HOTSALE!
BOGO FREE
6-16.5 Oz. TASTYKAKE BAGGED DONUTS OR SNACK CAKES

HOTSALE!
BOGO FREE
75-15 Oz. Select Varieties NABISCO RITZ OR SNACK CRACKERS
LIMIT 4 FREE

HOTSALE!
2/\$6
7.5-9.5 Oz. Select Varieties TRISCUIT LITZ POTATO OR ZAPP'S KETTLE CHIPS

HOTSALE!
5.99
EA
12-14 Oz. Select Varieties SNACK FACTORY PRETZEL CRISPS OR BITES
IN THE DELI

HOTSALE!
5.99
EA
25-6-38 Oz. Select Varieties MARIE CALLENDER'S DESSERT PIES

HOTSALE!
2/\$4
32 Oz. Select Varieties SWANSON BROTH

HOTSALE!
4/\$5
4-4.1 Oz. Select Varieties IDAHOAN INSTANT POTATOES

HOTSALE!
2/\$7
10-15 Oz. Select Varieties SISTER SCHUBERT'S DINNER YEAST ROLLS

HOTSALE!
3/\$12
Limit 6
6 Pack 16-16.9 Oz. Bottles Select Varieties COKE PRODUCTS

HOTSALE!
1.00
EA
15-25 Oz. Select Varieties DUNCAN HINES CAKE MIX

HOTSALE!
2/\$5
18-5-19 Oz. Select Varieties PROGRESSO SOUP

HOTSALE!
5/\$5
14-5-15-25 Oz. Select Varieties DEL MONTE CANNED VEGETABLES

HOTSALE!
3/\$5
6-8 Oz. Select Varieties FOOD LION CHUNK OR SHREDED CHEESE

HOTSALE!
2/\$5
46 Oz. - Select Varieties TROPICANA PREMIUM ORANGE JUICE OR PUNCHES

MVP DIGITAL COUPONS load on app • web • in-store kiosk

HOT SALE!
4.99
10-12 Ct. K-Cups Select Varieties
MVP Coupon -1.00 OFF

PREMIUM HOT SALE!
2/\$6
MVP Coupon -1.00 OFF

HOT SALE!
4.99
MVP Coupon -1.00 OFF

HOT SALE!
2/\$7
MVP Coupon -1.00 OFF

HOT SALE!
14.99
MVP Coupon -1.00 OFF

3.99
EA
GREEN MOUNTAIN OR DONUT SHOP COFFEE

2/\$5
14-15 Oz. Select Varieties KRAFT SALAD DRESSING

3.99
EA
24-30 Oz. Select Varieties HELLMANN'S MAYONNAISE

2/\$6
46 Oz. Select Varieties TURKEY HILL ICE CREAM OR BARBIE FROZEN DAIRY DESSERT

13.99
EA
8 Mega XL or 12 Mega BOUNTY Select Varieties

Here to save you more with exclusive *rewards*

Activate Your Offers

Check Your Progress



You can also *donate your rewards* to help our neighbors!

Donate Now



*For each \$1 in Shop & Earn rewards you donate, Food Lion will donate \$1 to Food Lion Feeds Charitable Foundation. The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.



Here with *savings*
however you *slice* it

100%
FRESH
OR DOUBLE YOUR
MONEY BACK

HOTSALE!
MVP
99¢
LB
10 Lbs. or Larger
All Natural, Gluten
& Hormone Free
**FROZEN
BUTTERBALL
TURKEY**
Limit 2
W/O MVP Card Regular Retail

HOTSALE!
MVP
2.49
LB
W/O MVP Card Regular Retail
**FOOD LION
SPIRAL HAM**

Select Varieties
**SMITHFIELD
SPIRAL HAM**
HOTSALE!
MVP
2.79
LB
W/O MVP Card Regular Retail

HOTSALE!
MVP
3.99
LB
W/O MVP Card Regular Retail
**FRESH TURKEY
BREAST**

HOTSALE!
MVP
5.99
LB
W/O MVP Card Regular Retail
Semi-Boneless
LEG OF LAMB

HOTSALE!
MVP
1.79
LB
W/O MVP Card Regular Retail
FROZEN TURKEY BREAST

HOTSALE!
MVP
1.29
LB
10 Lbs. or Larger
All Natural, Gluten & Hormone Free
FRESH BUTTERBALL TURKEY

HOTSALE!
MVP
4.49
LB
W/O MVP Card Regular Retail
**FRICK'S
BONELESS
PETITE HAM**
WHILE SUPPLIES LAST!

HOTSALE!
MVP
5.99
LB
W/O MVP Card Regular Retail
**BEEF SHOULDER OR
BOTTOM ROUND ROAST**

HOTSALE!
MVP
6.99
LB
W/O MVP Card Regular Retail
Beef
CUBED STEAK

HOTSALE!
MVP
8.99
LB
W/O MVP Card Regular Retail
**BONELESS BEEF SIRLOIN
OR SIRLOIN STRIP STEAK**

10-16 Oz. Pkg. - Select Varieties
**LAND O'FROST
PREMIUM LUNCHEAT**
HOTSALE!
MVP
5.79
EA
W/O MVP Card Regular Retail

12 Oz. Pkg. - Select Varieties
**HOLMES SMOKEHOUSE
SAUSAGE**
HOTSALE!
MVP
2/\$7
EA
W/O MVP Card Regular Retail

2.52 Oz. Pkg. - Select Varieties
**OSCAR MAYER
FULLY COOKED BACON**
HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail

24 Oz. Pkg. - Frozen - Select Varieties
PILGRIM'S CHICKEN NUGGETS
HOTSALE!
MVP
4.99
EA
W/O MVP Card Regular Retail

20-24 Oz. Pkg. - Select Varieties
BOB EVANS SIDE DISHES
HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail

SUSTAINABLE SEAFOOD

7 Oz. Pkg. - Select Varieties
**SEAFOOD DIPS
OR SPREADS**
HOTSALE!
MVP
3.49
EA
W/O MVP Card Regular Retail

10 Oz. Pkg. - Select Varieties
MARINATED SALMON
HOTSALE!
MVP
8.99
EA
W/O MVP Card Regular Retail

40 Oz. Pkg. - Frozen
FOOD LION SWAI
HOTSALE!
MVP
10.99
EA
W/O MVP Card Regular Retail

14 Oz. - Frozen
SHRIMP RING
HOTSALE!
MVP
8.99
EA
W/O MVP Card Regular Retail

26-30 Cl. - 16 Oz. Bag - Frozen
**FOOD LION
RAW SHRIMP**
HOTSALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

2 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAV ZGCH ZGCR ZGCT ZGHW ZGSA ZKBG ZKNA ZKXV ZKBA ZKBL ZKBM ZKBT ZKSA ZKWA ZKWK ZKWS ZNLF ZNNF ZNNL ZNNO ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSSA ZSSV ZTCA ZTCH ZTGN ZTNA ZTNV ZTRR ZVBL ZVCH ZVDC ZVHA ZVHN ZVNO ZVNR ZVRC ZVRR ZVRI ZVRR ZVTR ZVTR ZVWH ZVWN ZVWR ZVWX ZVWT ZVWX ZWBL ZWCA ZWCL ZWYA ZWYS 11/2024

Give the gift of *meals* this holiday

Buy a holiday box or make a cash donation to help local families.



GIVE HOPE

**FOOD LION
FEEDS**

**FEEDING
AMERICA**

DELicious BOGOs of the week!



HOTSALE!
BOGO FREE
6 Oz. EMMI LE GRUYÈRE SWITZERLAND MILD CHEESE
W/O MVP Card \$8.99 EA
Single Item Half Price



HOTSALE!
BOGO FREE
7 Oz. - Select Varieties TILLAMOOK CHEDDARS
W/O MVP Card \$7.99 EA
Single Item Half Price



HOTSALE!
BOGO FREE
4 Ct. TURNOVERS
W/O MVP Card \$4.49 EA
Single Item Half Price



HOTSALE!
6.99
lb
W/O MVP Card \$7.99 LB



HOTSALE!
2.99
EA
W/O MVP Card \$3.99 EA



HOTSALE!
4.49
EA
W/O MVP Card \$4.99 EA



HOTSALE!
5.99
lb
W/O MVP Card \$6.79 EA



HOTSALE!
5.99
EA
W/O MVP Card \$6.99 EA



HOTSALE!
4.99
EA
W/O MVP Card \$5.99 EA
Excluding Pecan



Feed the family for \$10
Look for this sticker on participating deli items.
MEAL DEAL
CHOOSE YOUR ENTREE & CHOOSE 2 SIDES
Fried chicken available M-F, 11am-7pm & 4pm-7pm Sat-Sun, 11am-7pm
Ratatouille available every day 11am-7pm

OUR BRANDS

Buy a participating product from our family of brands & get a select our brands product for **FREE** when you use your personal MVP Card.

Switch to Our Brands and save. **FOOD LION** *Nature's Promise* *taste of Inspirations*

<p>BUY ONE OF THESE</p>  <p>10 Oz. Pkg. FOOD LION GRAPE TOMATOES PRICED LOW EVERY DAY! 2.29 EA</p>	<p>BUY ONE OF THESE</p>  <p>14 Oz. TASTE OF INSPIRATIONS SALAMI OR PEPPERONI IN THE DELI HOTSALE! 6.29 EA W/O MVP Card \$6.99 EA</p>	<p>BUY ONE OF THESE</p>  <p>64 Oz. NATURE'S PROMISE ORGANIC LEMONADE 3.18 EA W/O MVP Card \$3.49 EA</p>	<p>BUY ONE OF THESE</p>  <p>32 Oz. NATURE'S PROMISE ORGANIC PANCAKE MIX HOTSALE! 4.99 EA W/O MVP Card \$5.49 EA</p>	<p>BUY ONE OF THESE</p>  <p>12 Ct. Single Serve Cups or 10 Ct. Bag. Select Varieties. NATURE'S PROMISE ORGANIC COFFEE HOTSALE! 5.99 EA W/O MVP Card Regular Retail</p>
<p>& GET THIS FREE</p>  <p>Bunch SPINACH W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>	<p>& GET THIS FREE</p>  <p>8 Oz. TASTE OF INSPIRATIONS CHEESE CUBES IN THE DELI W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>	<p>& GET THIS FREE</p>  <p>7.5 Oz. NATURE'S PROMISE ORGANIC CEREAL BARS W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>	<p>& GET THIS FREE</p>  <p>8.5 Oz. NATURE'S PROMISE ORGANIC MAPLE SYRUP W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>	<p>& GET THIS FREE</p>  <p>90.95.3 Oz. 1/2 Gallon of FOOD LION NON-DAIRY COFFEE CREAMER W/O MVP Card Regular Retail Limit 1 reward per shopping visit.</p>

Give the gift of meals this holiday

Buy and donate a box at checkout to be provided to your local food bank.



FOOD LION FEEDS

FEEDING AMERICA

From November 6 - December 10, 2024, Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint; funds raised could go to support Feeding America's programs that benefit local families.

foodlion.com/feeds



Last chance to

EARN \$20

**SPEND \$50
6 TIMES***

**TRACK YOUR
RECEIPT**

**RECEIVE
\$20 COUPON**

OCTOBER 16TH - NOVEMBER 26TH

GET DETAILS



Fill everyone's plate for less

40 Oz. Select Varieties
BRUCE'S CUT YAMS
HOTSALE!
2⁸⁹
EA
W/O MVP Card \$3.39 EA

14 Oz. Select Varieties
OCEAN SPRAY CRANBERRY SAUCE
HOTSALE!
1⁸⁹
EA
W/O MVP Card \$2.58 EA

17 Oz. Select Varieties
TONY CHACHERE'S INJECTABLES
HOTSALE!
4⁴⁹
EA
W/O MVP Card \$4.99 EA

15-25-20 Oz. Select Varieties
DOLE PINEAPPLE
PRICED LOW EVERY DAY!
2/\$4
W/O MVP Card Regular Retail

13-15 Oz. Select Varieties
4C BREAD CRUMBS
HOTSALE!
2/\$4
W/O MVP Card \$2.49 EA

15 Oz. Select Varieties
SCHMIDT'S POTATO ROLLS
HOTSALE!
2/\$5
W/O MVP Card \$3.99 EA

10-10.5 Oz. Select Varieties
FOOD LION MINI MARSHMALLOWS
HOTSALE!
99¢
EA
W/O MVP Card \$1.49 EA

14-16 Oz. Select Varieties
PEPPERIDGE FARM BREAKFAST SWIRL BREAD
PRICED LOW EVERY DAY!
3⁴⁹
EA
W/O MVP Card \$3.89 EA

12 Oz. Select Varieties
BETTER THAN GRAVY
HOTSALE!
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

6 Oz. Select Varieties
KRAFT STOVE TOP STUFFING
HOTSALE!
2/\$4
W/O MVP Card \$3.99 EA

16 Oz. Select Varieties
FOOD LION LONG GRAIN RICE
1¹⁹
EA

18-2 Oz. Select Varieties
LIPTON RECIPE SECRETS SOUP & DIP MIXES
PRICED LOW EVERY DAY!
1⁷⁹
EA
W/O MVP Card \$2.19 EA

24 Oz. Select Varieties
MT. OLIVE PICKLES
HOTSALE!
2/\$5
W/O MVP Card \$2.99 EA

6 Oz. Select Varieties
FRENCH'S FRIED ONIONS
HOTSALE!
3⁴⁹
EA
W/O MVP Card \$4.39 EA

18-24 Ct. Select Varieties
LUZIANNE TEA BAGS
HOTSALE!
1⁷⁹
EA
W/O MVP Card \$2.79 EA

16.9 Oz. **FILIPPO BERIO EXTRA VIRGIN OLIVE OIL**
HOTSALE!
6⁹⁹
EA
W/O MVP Card \$7.79 EA

75-137 Oz. Select Varieties
MCCORMICK GRAVY MIX
HOTSALE!
4/\$5
W/O MVP Card \$1.79 EA

15 Oz. Select Varieties
CLASSICO PASTA SAUCE
HOTSALE!
2/\$6
W/O MVP Card Regular Retail

5 Oz. Select Varieties
TABASCO SAUCE
HOTSALE!
2⁹⁹
EA
W/O MVP Card \$4.19 EA

12-14 Oz. Select Varieties
FRENCH'S MUSTARD
HOTSALE!
2/\$3
W/O MVP Card \$2.48 EA

12-16 Oz. Select Varieties
RONZONI PASTA
HOTSALE!
1²⁹
EA
W/O MVP Card \$1.39 EA

40 Oz. Select Varieties
JIF PEANUT BUTTER
HOTSALE!
6⁹⁹
EA
W/O MVP Card \$8.99 EA

MVP DIGITAL COUPON
load on app • web • in-store kiosk

PRICED LOW EVERY DAY!
2/\$3
W/O MVP Card \$3.99 EA

MVP Coupon -50¢
EA

10.5 Oz. Select Varieties
CAMPBELL'S CREAM OF CHICKEN OR MUSHROOM SOUP
2/\$2⁵⁰
EA
W/O MVP Card \$3.99 EA

SNACK TIME

10-68-275 Oz. Select Varieties
NABISCO FAMILY SIZE OREO OR CHIPS AHOY! COOKIES
HOTSALE!
3⁹⁹
EA
W/O MVP Card Regular Retail

10-10.5 Oz. Select Varieties
MATT'S BAKERY SOFT-BAKED COOKIES
HOTSALE!
2/\$6
W/O MVP Card \$3.39 EA

6.7-8.1 Oz. Select Varieties
SKINNY POP GLUTEN FREE POPCORN SHARING SIZE
HOTSALE!
4⁴⁹
EA
W/O MVP Card \$5.19 EA

12 Oz. **FOOD LION VANILLA WAFERS**
2⁷⁹
EA

Zero Sugar Vanilla
HOTSALE!
2⁹⁹
EA
W/O MVP Card Regular Retail

21-13 Oz. Select Varieties
VOORTMAN ZERO SUGAR COOKIES OR WAFERS
HOTSALE!
2⁹⁹
EA
W/O MVP Card \$3.43 EA

2.75-6 Oz. Select Varieties
WERTHER'S ORIGINAL HARD CANDY
PRICED LOW EVERY DAY!
2⁷⁹
EA
W/O MVP Card \$3.43 EA

5-9.25 Oz. Select Varieties
WISE CHEEZ DOODLES OR POPCORN
HOTSALE!
BOGO FREE
W/O MVP Card \$4.79 EA
Single Item Half Price



Turkey day tips & tricks

Get Tips

BUY 5 OR MORE **MVP** **SAVE \$1 ON EACH ITEM**
Mix & match on participating items!

12-16 Oz. Pkg. Select Varieties OSCAR MAYER SLICED BACON
W/O MVP Card Regular Retail
HOT SALE! 549 EA
MIX & MATCH 5 OR MORE **-100**
449 EA MVP
WHEN YOU BUY 5 OR MORE

19-32 Oz. Select Varieties ORE-IDA FROZEN POTATOES
W/O MVP Card Regular Retail
HOT SALE! 399 EA
MIX & MATCH 5 OR MORE **-100**
299 EA MVP
WHEN YOU BUY 5 OR MORE

7.5-8 Oz. Select Varieties PHILADELPHIA SOFT CREAM CHEESE
W/O MVP Card \$5.49 EA
PRICED LOW EVERY DAY! 449 EA
MIX & MATCH 5 OR MORE **-100**
349 EA MVP
WHEN YOU BUY 5 OR MORE

9.4-14 Oz. Select Varieties KRAFT DELUXE OR VELVETA SHELLS & CHEESE
W/O MVP Card \$3.69 EA
PRICED LOW EVERY DAY! 300 EA
MIX & MATCH 5 OR MORE **-100**
200 EA MVP
WHEN YOU BUY 5 OR MORE

30 Oz. Select Varieties KRAFT MIRACLE WHIP
W/O MVP Card \$5.99 EA
HOT SALE! 539 EA
MIX & MATCH 5 OR MORE **-100**
439 EA MVP
WHEN YOU BUY 5 OR MORE

231-28.4 Oz. Can Select Varieties MAXWELL HOUSE COFFEE
W/O MVP Card \$12.29 EA
PRICED LOW EVERY DAY! 999 EA
MIX & MATCH 5 OR MORE **-100**
899 EA MVP
WHEN YOU BUY 5 OR MORE

BEVERAGE CENTER

2 Liter Select Varieties CLASSIC OR FLAVORED COKE PRODUCTS
HOTSALE! 2/\$4
W/O MVP Card Regular Retail

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER
HOTSALE! 2/\$4
W/O MVP Card 2/\$5

12 Oz. Can Select Varieties RED BULL ENERGY DRINK
HOTSALE! 269 EA
W/O MVP Card \$2.99 EA

64 Oz. Select Varieties OCEAN SPRAY JUICE COCKTAIL
HOTSALE! 2/\$6
W/O MVP Card \$4.29 EA

10 Pack 8 Oz. Pouches Select Varieties CAPRI SUN JUICE DRINKS
PRICED LOW EVERY DAY! 2/\$6
W/O MVP Card \$3.69 EA

25.4 Oz. or 4 Pack 8.4 Oz. Bottles Select Varieties WELCH'S SPARKLING JUICE
HOTSALE! 349 EA
W/O MVP Card Regular Retail

8 Pack - 12 Oz. Cans Select Varieties BUBLY SPARKLING WATER
HOTSALE! 399 EA
W/O MVP Card \$6.99 EA

11 Oz. Can Ready To Drink Select Varieties BLACK RICE COFFEE
HOTSALE! 2/\$5
W/O MVP Card \$2.99 EA

64 Oz. LIBBY'S PINEAPPLE JUICE
HOTSALE! 399 EA
W/O MVP Card \$4.98 EA

64 Oz. Select Varieties WELCH'S JUICE COCKTAIL
HOTSALE! 289 EA
W/O MVP Card \$3.39 EA

25.4 Oz. Select Varieties FEVER-TREE MARGARITA MIX
HOTSALE! BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

SEASONAL FINDS
All items are available while supplies last.

1 Ct. - 8 Ounce SMART LIVING HARVEST HOUSEWARE
HOTSALE! 4/\$5
W/O MVP Card \$1.99 EA

1 Ct. - 18x13 SMART LIVING OVAL MELAMINE TRAY
HOTSALE! 399 EA
W/O MVP Card \$4.99 EA

1 Ct. - 12 Ounce SMART LIVING STONEWARE MUG
HOTSALE! 459 EA
W/O MVP Card \$5.99 EA

1 Ct. - 8 Ounce SMART LIVING TUMBLER WITH LID
HOTSALE! 2/\$5
W/O MVP Card \$2.99 EA

2 Oz. Select Varieties RUSSELL STOVER SANTA MONEY BAR
HOTSALE! 159 EA
W/O MVP Card \$1.99 EA

7.53 Oz. Select Varieties GHIRARDELLI SQUARES LIMITED EDITION
HOTSALE! 4/\$5
W/O MVP Card \$1.99 EA

11 Oz. BRACH'S PEPPERMINT CHRISTMAS NOUGATS
HOTSALE! 459 EA
W/O MVP Card \$5.99 EA

5 Oz. Select Varieties CELLA CHOCOLATE CHERRIES
HOTSALE! 359 EA
W/O MVP Card \$3.99 EA

Your recipes
deserve Fisher Nuts

GET RECIPE



Fisher®
recipe nuts



Apples to
get excited
about

CLIP COUPON



DAIRY

6-8 Oz. Select Varieties
CRACKER BARREL CHEESE BARS, STICKS OR CUBES

HOTSALE!
2/\$6

W/O MVP Card Regular Retail

HOTSALE!
2/\$6

16 Oz. - Select Varieties
LAND O LAKES BUTTER

HOTSALE!
BOGO FREE

W/O MVP Card \$4.99 EA

4 Pack Select Varieties
DANNON LIGHT & FIT OR OIKOS TRIPLE ZERO YOGURT

HOTSALE!
3.99 EA

W/O MVP Card Regular Retail

8 Oz. Brick Select Varieties
PHILADELPHIA CREAM CHEESE

HOTSALE!
2/\$5

W/O MVP Card \$4.29 EA

8-13.9 Oz. Select Varieties
PILLSBURY CRESCENTS OR CINNAMON ROLLS

HOTSALE!
2/\$6

W/O MVP Card \$3.99 EA

52 Oz. Select Varieties
GOLD PEAK ICED TEA

HOTSALE!
2/\$4

W/O MVP Card \$3.09 EA

16 Oz. Select Varieties
DAISY SOUR CREAM

HOTSALE!
2/\$5

W/O MVP Card \$3.29 EA

45 Oz. Tub Select Varieties
COUNTRY CROCK SPREAD

HOTSALE!
4.99 EA

W/O MVP Card \$7.39 EA

FROZEN

35-37 Oz. Select Varieties
MRS. SMITH'S PIES

HOTSALE!
5.49 EA

W/O MVP Card \$6.49 EA

HOTSALE!
99¢ EA

8 Oz. Select Varieties
FOOD LION WHIPPED TOPPING

W/O MVP Card \$1.19 EA

22-24 Oz. Select Varieties
PICTSWEET FROZEN VEGETABLES

HOTSALE!
2/\$6

W/O MVP Card \$3.99 EA

25 Oz. **BRIDGFORD PARKERHOUSE ROLLS**

HOTSALE!
2/\$6

W/O MVP Card \$3.49 EA

30 Oz. **STOUFFER'S FAMILY SIZE MEALS**

HOTSALE!
9.99 EA

W/O MVP Card \$11.99 EA

MVP DIGITAL COUPONS
load on app - web - in-store kiosk

12-20.4 Oz. Select Varieties
JIMMY DEAN DELIGHTS

HOT SALE!
6.99 EA

W/O MVP Card \$8.99 EA

MVP Coupon **-\$1.00 OFF!**

5.99 EA

W/O MVP Card \$4.29 EA

52.5-57 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

HOTSALE!
11.99 EA

W/O MVP Card \$14.29 EA

28.6-35 Oz. Select Varieties
MARY B'S BISCUITS

HOTSALE!
3.49 EA

W/O MVP Card \$3.69 EA

7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES

HOT SALE!
5.99 EA

W/O MVP Card \$5.99 EA

MVP Coupon **-\$1.00 OFF!**

4.99 EA

W/O MVP Card \$5.99 EA

24 Oz. Pkg. - Frozen Select Varieties
JUST BARE CHICKEN

HOTSALE!
1.00 EA

W/O MVP Card \$1.99 EA

17.65-27.51 Oz. Select Varieties Excludes Gluten Free
FRESCHETTA PIZZA

HOTSALE!
4.99 EA

W/O MVP Card \$5.99 EA

32 Oz. K-Cups or 12 Oz. Bag Select Varieties
STARBUCKS COFFEE

HOTSALE!
7.99 EA

W/O MVP Card Regular Retail

BREAKFAST

12-14 Oz. Select Varieties
GENERAL MILLS CHEX CEREAL

HOTSALE!
2/\$6

W/O MVP Card \$4.99 EA

10.3-12.6 Oz. Select Varieties
QUAKER CAPN CRUNCH CEREAL

HOTSALE!
2/\$6

W/O MVP Card \$4.99 EA

32-50 Oz. Select Varieties
NESTLE COFFEE MATE CREAMER OR ICED COFFEE

HOTSALE!
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W/O MVP Card Regular Retail

6.2-8.94 Oz. Select Varieties
NATURE VALLEY GRANOLA OR GENERAL MILLS TREATS BARS

HOTSALE!
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W/O MVP Card Regular Retail

7 Oz. Select Varieties
DAVE'S KILLER BREAD ORGANIC SNACK BARS

HOTSALE!
4.99 EA

W/O MVP Card \$5.99 EA

10 Oz. K-Cups or 12 Oz. Bag Select Varieties
STARBUCKS COFFEE

HOTSALE!
7.99 EA

W/O MVP Card Regular Retail

32 Oz. K-Cups Select Varieties
EIGHT O'CLOCK COFFEE

HOTSALE!
15.99 EA

W/O MVP Card \$21.99 EA

22-24 Oz. Select Varieties
HERSHEY'S SYRUP

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W/O MVP Card \$4.99 EA

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EST. 1912

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Any ONE (1) select
Bragg Product

CLIP COUPON



TASTE THE SPRING WATER DIFFERENCE

SUSTAINABLY SOURCED SPRING WATER



SHOP COLLECTION

HOUSE & HOME

<p>1 Ct. SMART LIVING FLANNEL PLAID TABLECOVER WHILE SUPPLIES LAST!</p> <p>HOTSALE!</p> <p>3.99 EA</p> <p>W/O MVP Card \$4.99 EA</p>	<p>50 Ct. Select Varieties FOOD LION PARTY CUPS</p> <p>HOTSALE!</p> <p>3.99 EA</p> <p>W/O MVP Card \$4.79 EA</p>	<p>HOTSALE!</p> <p>2/\$6</p> <p>18-48 Ct. Select Varieties DIXIE PLATES</p> <p>W/O MVP Card \$4.29 EA</p>	<p>HOTSALE!</p> <p>BOGO FREE</p> <p>24 Ct. - Select Varieties FOOD LION PREMIUM DINNERWARE</p> <p>W/O MVP Card \$1.99 EA Single Item Half Price</p>
<p>2 Ct. HANDI-FOIL COOK AND CARRY ROASTERS/ BAKERS/ BAKERS WITH LIDS</p> <p>HOTSALE!</p> <p>4.99 EA</p> <p>W/O MVP Card \$5.99 EA</p>	<p>20 Lb. Select Varieties PITBOSS HARDWOOD PELLETS</p> <p>HOTSALE!</p> <p>9.99 EA</p> <p>W/O MVP Card \$11.99 EA</p>	<p>1 Ct. CHEF SELECT INSTANT READ THERMOMETER</p> <p>HOTSALE!</p> <p>4.99 EA</p> <p>W/O MVP Card \$5.99 EA</p>	<p>HOTSALE!</p> <p>3.49 EA</p> <p>37.5-50 Sq. Ft. Heavy Duty or 75 Sq. Ft. Regular Select Varieties FOOD LION ALUMINUM FOIL</p> <p>W/O MVP Card \$3.99 EA</p>
<p>PRICED LOW EVERY DAY!</p> <p>9.99 EA</p> <p>2 Ct. Select Varieties FEBREZE</p> <p>W/O MVP Card \$12.29 EA</p>	<p>HOTSALE!</p> <p>3.69 EA</p> <p>3.4 Oz. Select Varieties GLADE CANDLES</p> <p>W/O MVP Card \$5.39 EA</p>	<p>HOTSALE!</p> <p>2/\$5</p> <p>40-100 Ct. Select Varieties VANITY FAIR NAPKINS</p> <p>W/O MVP Card Regular Retail</p>	<p>HOTSALE!</p> <p>3.79 EA</p> <p>3 Pk. Flat or 4 Pk. Cubes Select Varieties FOOD LION FACIAL TISSUE</p> <p>W/O MVP Card Regular Retail</p>
<p>MVP DIGITAL COUPON load on app • web • in-store kiosk</p> <p>PRICED LOW EVERY DAY!</p> <p>2.99 EA</p> <p>MVP Coupon -50¢ OFF!</p> <p>2.49 EA</p> <p>14-18 Oz. Select Varieties DAWN</p> <p>W/O MVP Card \$3.00 EA</p>	<p>HOTSALE!</p> <p>5.49 EA</p> <p>11-18 Ct. Select Varieties CASCADE</p> <p>W/O MVP Card \$7.79 EA</p>	<p>HOTSALE!</p> <p>3.49 EA</p> <p>12-25 Ct. Select Varieties HEFTY SLIDER BAGS</p> <p>W/O MVP Card \$4.99 EA</p>	<p>HOTSALE!</p> <p>7.99 EA</p> <p>8 Super Mega or 12 Mega Rolls ANGEL SOFT 6 Double Rolls SPARKLE Select Varieties</p> <p>W/O MVP Card Regular Retail</p>

HEALTH & BABY

<p>12 Oz. Select Varieties HASK SHAMPOO OR CONDITIONER</p> <p>HOTSALE!</p> <p>4.99 EA</p> <p>W/O MVP Card \$6.29 EA</p>	<p>12 Oz. Select Varieties DOVE MEN'S 2IN1 SHAMPOO AND CONDITIONER</p> <p>HOTSALE!</p> <p>4.99 EA</p> <p>W/O MVP Card \$5.99 EA</p>	<p>MVP DIGITAL COUPONS load on app • web • in-store kiosk</p> <p>HOT SALE!</p> <p>7.99 EA</p> <p>W/O MVP Card \$8.99 EA</p> <p>MVP Coupon -1.00 OFF!</p> <p>6.99 EA</p> <p>12-16 Oz. Select Varieties PEPTO BISMOL LIQUID</p> <p>W/O MVP Card \$7.99 EA</p>	<p>HOT SALE!</p> <p>8.49 EA</p> <p>W/O MVP Card \$9.99 EA</p> <p>MVP Coupon -1.00 OFF!</p> <p>7.49 EA</p> <p>8 Oz. Select Varieties NYQUIL OR DAYQUIL COLD & FLU</p> <p>W/O MVP Card \$8.49 EA</p>
<p>1 Oz. Select Varieties GERBER GRADUATES YOGURT MELTS!</p> <p>HOTSALE!</p> <p>2/\$6</p> <p>W/O MVP Card \$3.99 EA</p>	<p>11-22 Ct. - Select Sizes PAMPERS TRAINING PANTS OR NINJAMAS NIGHTTIME UNDERWEAR</p> <p>HOTSALE!</p> <p>10.69 EA</p> <p>W/O MVP Card \$11.99 EA</p>	<p>HOT SALE!</p> <p>6.79 EA</p> <p>W/O MVP Card \$7.99 EA</p> <p>MVP Coupon -1.00 OFF!</p> <p>5.79 EA</p> <p>168-192 Ct. Select Varieties HUGGIES BABY WIPES REFILL</p> <p>W/O MVP Card \$6.79 EA</p>	<p>HOT SALE!</p> <p>28.39 EA</p> <p>W/O MVP Card \$29.99 EA</p> <p>MVP Coupon -1.50 OFF!</p> <p>26.89 EA</p> <p>34-84 Ct. Select Sizes HUGGIES LITTLE MOVERS GIGA PACK DIAPERS</p> <p>W/O MVP Card \$28.39 EA</p>

PET

<p>13.2 Oz. Select Varieties PEDIGREE CHOICE CUTS WET DOG FOOD</p> <p>HOTSALE!</p> <p>1.79 EA</p> <p>W/O MVP Card \$1.99 EA</p>	<p>22.5 Oz. Bag Select Varieties PUP-PERONI DOG TREATS</p> <p>HOTSALE!</p> <p>9.99 EA</p> <p>W/O MVP Card \$12.49 EA</p>	<p>2.1 Oz. Select Varieties FRISKIES PARTY MIX CAT TREATS</p> <p>HOTSALE!</p> <p>2/\$3</p> <p>W/O MVP Card \$1.69 EA</p>	<p>HOTSALE!</p> <p>7.99 EA</p> <p>33 Oz. Select Varieties MEOW MIX TENDER FAVORITES VARIETY PACK</p> <p>W/O MVP Card \$9.99 EA</p>
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\$1 OFF Lipton Black Specialty Teas

CLIP COUPON



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HOTSALE!
MVP
2.99
EA
5 Lb. Bag
FOOD LION
RUSSET POTATOES
W/O MVP Card Regular Retail



HOTSALE!
MVP
1.49
EA
Bunch
FOOD LION
CELERY
W/O MVP Card Regular Retail



HOTSALE!
MVP
2.99
EA
3 Lb. Bag
FOOD LION
YELLOW ONIONS
W/O MVP Card Regular Retail



HOTSALE!
MVP
1.29
EA
Bulk or Tote Bag
ZUCCHINI OR
YELLOW SQUASH
W/O MVP Card Regular Retail



HOTSALE!
MVP
5.49
EA
32 Oz. Bag
FOOD LION
GREEN BEANS
W/O MVP Card Regular Retail



PRICED LOW EVERY DAY
1.99
EA
Large
GREEN
SEEDLESS GRAPES



HOTSALE!
MVP
99¢
EA
1 Lb. Bag
FOOD LION
BABY CUT
CARROTS
W/O MVP Card Regular Retail



HOTSALE!
MVP
3.49
EA
3 Lb. Bag
ROME, GRANNY SMITH
OR MCINTOSH APPLES
W/O MVP Card Regular Retail



HOTSALE!
MVP
2/\$4
EA
POMEGRANATES
W/O MVP Card Regular Retail

ORGANIC

HOTSALE!
MVP
2.69
EA
1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS
W/O MVP Card Regular Retail

HOTSALE!
MVP
2/\$4
EA
5 Oz. Select Varieties
NATURE'S PROMISE
ORGANIC HERBS
W/O MVP Card Regular Retail

make your holiday
*warm
and cozy*



Red or Variety
6 INCH
POINSETTIAS
White Supplies Last!
5.99
EA



4 INCH
ELLWOODII TREE
White Supplies Last!
4.99
EA

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