



JARLSBERG
Original cheese
1.99 /100 g
9.93 /lb
UP TO **64% SAVINGS**

CANADIAN LAMB
SHOULDER **HALAL**



6.99 /lb
15.41 /kg

36% SAVINGS

FRESH ATLANTIC
SALMON FILLET



8.99 /lb
19.82 /kg

36% SAVINGS

CLEMENTINES
WITH LEAVES
Spain



2.44 /lb
5.38 /kg

51% SAVINGS



CEDAR
Sunflower oil
3 L

6.99

UP TO **50% SAVINGS**



MARINA
DEL REY
Wild caught
Argentinian
shrimp 20/30
300 g

36% SAVINGS

6.99



DELPHI
Honey
1 kg



PHOENICIA
OR CEDAR
Akawi cheese

UP TO **32% SAVINGS**



PHOENICIA OR CEDAR
Halloumi cheese

1.88 /100 g
8.91 /lb

FROM THURSDAY, DECEMBER 19TH TO WEDNESDAY, DECEMBER 25TH, 2024

All of our stores will be closed on the 25th of December, 2024, and the 1st of January, 2025.

HST holiday tax break, for more information visit Canada.ca

ADONIS

Merry Christmas

Our Christmas CATERING MENU

Take a look at the end of the flyer.



16⁹⁹
/lb
37⁴⁴/kg

BEEF TENDERLOIN
HALAL



ROMAINE HEARTS
LETTUCE
3 un
U.S.A.

3⁹⁹
/ea

\$2 SAVINGS

LEAN GROUND
BEEF HALAL

5⁴⁹
/lb
12¹²/kg

21% SAVINGS

MARINATED
SHISH TAOUK
CUBES HALAL

7⁴⁹
/lb
16⁵¹/kg

Adonis
ORIGINAL
RECIPE

Adonis
ORIGINAL
RECIPE

BEEF KAFTA
HALAL

MAPLE LODGE
Breaded chicken burgers,
nuggets or strips 800 g

7⁹⁹

66% SAVINGS

99¢
/lb
2¹⁸/kg

EGGPLANTS
Mexico



OUR HOLIDAY DESSERTS



CHRISTMAS LOGS
Assorted

starting at
32⁹⁹



14⁹⁹

BALOCCO
Pavettone
800 g

BUTTER COOKIES
Assorted

12⁹⁹
/lb
28¹²/kg



HALAWET EL JEBN

11⁹⁹
/lb
26¹²/kg



TILDA
Basmati rice
4.54 kg

\$8 OFF
13⁹⁹



ALKANATER
Pistachio halva
454 g

UP TO 36% OFF
7⁹⁹

ALKANATER
Tahina
900 g

CEDAR
Walnuts or mixed
oriental nuts
454 g

UP TO \$3 OFF
5⁹⁷



UP TO 54% OFF
2/\$4

CEDAR
Vegetables
Assorted choice
750 g



UP TO 27% OFF
5⁹⁹

DAUD BROTHERS
Date maamoul
600 g

NESCAFÉ
Instant coffee
Assorted choice
100-170 g

41% OFF
4⁹⁹



UP TO 40% OFF
2⁹⁹

LOTUS
Caramelised cookies
Assorted choice
250 g

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SUNSHINE PLATE *in your* PLATE *with our* FRUITS

STRAWBERRIES
454 g
U.S.A. or Mexico

5.99 /ea

READY TO HOST

RECIPES
STRAWBERRY PANNA COTTA

CLICK HERE

6.99 /lb
MEDJOL DATES U.S.A.

6.99 /lb
APRICOTS Australia

1.99 /ea
ENGLISH CUCUMBERS Canada

2/\$5 WHITE OR CREMINI MUSHROOMS 227 g Canada

3 LB ORANGES 3 lb Spain

2 LB LEMONS 2 lb U.S.A./Turkey

6.99 /lb
JUMBO CHESTNUTS Italy

5 LB YELLOW ONIONS 5 lb Canada

3 LB RED ONIONS 3 lb Canada

3/\$5 CORIANDER Mexico

2/\$5 IRRESISTIBLE Herbs Assorted choice 21 g Mexico

FRESH MINT BUNCH Mexico

CURLY OR ITALIAN PARSLEY U.S.A. or Mexico

ROSEMARY ROMARIN, CHIVES CIBOULETTE, BASIL BASILIC, THYME TRYM, SAGE SAUGE

RED VINE TOMATOES
Mexico

\$1/LB OFF
2.99 /lb
6.99 /ea

\$1 OFF
2/\$6 RED POMEGRANATES
Morocco, Egypt or U.S.A.

FOR SNACKING

ASSORTED FRUIT OR VEGETABLE PLATTERS
With or without dip
10" See variety in store
starting at **12.99** /ea

FRUIT AND VEGETABLE PLATTERS
13.5" See variety in store
starting at **24.99** /ea

1.49 /100 g
6.99 /lb MOROCCAN BLACK OLIVES

1.79 /100 g
8.99 /lb STUFFED GREEN OLIVES Assorted choice

1.29 /100 g
5.99 /lb LEBANESE BLACK OR GREEN OLIVES

1.29 /100 g
5.99 /lb MARINATED GREEK PEPPERS

1.29 /100 g
5.99 /lb PICKLED TURNIPS

1.49 /100 g
6.99 /lb HALVA See variety in store

\$4 OFF
19.99 /ea CEDAR Raw Pistachios 454 g

ALMONDS, GARLIC, PEPPERS, PISTACHIOS, PLAIN, CHOCOLATE

ENJOY **PRODUCTS** with our Halal FRESH MEATS AND SPECIALTIES



749 /lb
16⁵¹/kg
HALAL IMPORTED SHORT CUT LEG OF LAMB



299 /lb
6⁵⁹/kg
WHOLE CHICKEN HALAL



699 /lb
15⁴¹/kg
BEEF OSSO BUCCO HALAL



449 /lb
9⁸⁰/kg
HALAL FROZEN WHOLE DUCK



799 /lb
17⁶¹/kg
GRAIN FED VEAL BLADE ROAST HALAL



849 /lb
18⁷¹/kg
BEEF SIRLOIN TIP STEAK HALAL



649 /lb
14³¹/kg
BONELESS CHICKEN THIGHS HALAL



749 /lb
16⁵¹/kg
BEEF SOUJOK SAUSAGES HALAL

READY FOR THE HOLIDAYS



749 /lb
16⁵¹/kg
BEEF INSIDE ROUND STEAK HALAL



299 /lb
6⁵⁹/kg
ZABIHA HALAL YOUNG TURKEY FROZEN



1399 /lb
30⁶⁴/kg
HALAL LAMB OF LEG CUBES



999 /lb
22²²/kg
BEEF SHAWARMA HALAL



149 /100 g
6⁷⁹/lb
SOLMAZ Beef Bologna Halal Assorted choice



129 /100 g
5⁸⁹/lb
ALZAHRAA Chicken breast Halal Assorted choice



799 /350 g
TAHSIN Soujok Halal Assorted choice 350 g



529 /400 g
ALZAHRAA Turkey breast Halal Assorted choice 400 g

TASTE all the **FRESHNESS** of our FISH AND SEAFOOD

FREE CLEANING

20% OFF
7.99 /lb
17.99/kg

ROYAL SEA BREAM

Christmas FEAST

MARINATED SALMON FILLET

33% OFF
9.99 /lb
22.00/kg

COD FILLETS

9.99 /lb
22.00/kg

SQUID TUBE FROZEN OR THAWED

6.99 /lb
15.00/kg

FRESH MULLET

3.99 /lb
8.00/kg

CRAB SECTIONS FROZEN OR PREVIOUSLY FROZEN

11.99 /lb
26.00/kg

ROYAL HARBOUR
Atlantic smoked salmon
200 g

11.99

READY TO HOST

GARDER AU RÉFRIGÉRATEUR 35°-45°F / 2°-7°C

Les Huitres Malpeque

"POUR L'AMOUR DES HUITRES"
UN PRODUIT DE L'ÎLE-DU-PRINCE-ÉDOUARD, CANADA

29% OFF
11.99

STANDARD MALPEQUE OYSTERS
25 un

BLUE TIDE
Cooked peeled white shrimp
91110
907 g

15% OFF
15.99

BLUE TIDE
Frozen tilapia fillets
907 g

21% OFF
10.99

BLUE TIDE
Raw white shrimp
51-60
340 g

23% OFF
4.99

MARINA DEL REY
Wild caught calamari tentacles
454 g

18% OFF
8.99

BLUE TIDE
Imitation crabmeat
Frozen
1.13 kg

20% OFF
7.99

IRRÉSISTIBLE
Jumbo butterfly raw shrimp with garlic & herbs
340 g

10.99

NEW PRODUCT

BLUE TIDE
Seafood mix
350 g

14% OFF
5.99

BLUE TIDE
Raw white shrimp
31-40
340 g

5.99

IRRÉSISTIBLE
Frozen crispy calamari salt and pepper
340 g

7.99

NEW PRODUCT

YOU HAVE CHOICE with PRODUCTS FROM HERE
even more **CHOICE** AND ALL OVER THE WORLD

Christmas cold cuts:
A DELIGHT TO SHARE

SAN DANIELE Prosciutto

41% OFF
249
/100 g
11⁹⁹/lb

32% OFF
299
/100 g
12⁹⁹/lb

SCHNEIDERS Turkey breast Assorted choice

35% OFF
149
/100 g
6⁹⁹/lb

SAN DANIELE Mortadella Assorted choice

179
/100 g
8⁹⁹/lb

MÈRE MICHEL Black forest or smoked ham

199
/100 g
9⁹⁹/lb

SOLMAZ Hot or mild beef salami Halal 200 g

429

25% OFF
899
/100 g
40⁹⁹/lb

OLYMEL Ham or turkey breast Assorted choice 400 - 500 g

36% OFF
899
/100 g
40⁹⁹/lb

MARCANGELO Cold cuts Assorted choice 175 - 200 g

28% OFF
699
/100 g
31⁹⁹/lb

MASTRO Cold cuts trio Assorted choice 150 - 250 g

599

FANTINO & MONDELLO Cold cuts Assorted choice 100 - 200 g

25% OFF
899
/100 g
40⁹⁹/lb

MAISON DE SAVOIE Sausages 250 g

34% OFF
2/\$5
/100 g
4⁹⁹/lb

BRETAGNE Pâté Assorted choice 150 g

DISCOVER OUR WIDE SELECTION OF CHEESE

32% OFF
444
/500 g

PHOENICIA OR CEDAR Labneh 500 g

THE PERFECT ADDITION to your table

229
/100 g
10⁹⁹/lb

CASTELLO Havarti or traditional blue cheese Assorted choice

129
/100 g
5⁹⁹/lb

DELPHI Greek style tzatziki

229
/100 g
10⁹⁹/lb

BALADI IN BRINE CHEESE

199
/100 g
9⁹⁹/lb

GREEK FETA CHEESE

36% OFF
1399
/1 kg

SAPUTO Traditional Feta cheese 1 kg

39% OFF
399
/200 g

SAPUTO Bocconcini cheese Assorted choice 200 g

UP TO 44% OFF
599
/250 g

AGROPUR Grand Cheddar 3 - 6 years 200 g

UP TO 38% OFF
999
/200 g

SAPUTO Mini Fontina cheese 500 g

TRENTIN Parmesan cheese 200 g

Our BULK offers

249
/100 g
11⁹⁹/lb

ORIENTAL MIXED NUTS

149
/100 g
6⁹⁹/lb

ROASTED ALMONDS See variety in store

149
/100 g
6⁹⁹/lb

PITTED KALAMATA OLIVES

339
/100 g
15⁹⁹/lb

LEBANESE COFFEE See variety in store

TASTE ADONIS specialties PREPARED EVERY DAY FOR YOU 

PREPARED LEG OF LAMB
Served with rice and brown sauce
8-10 PEOPLE
\$149

PREPARED TURKEY
Served with rice and brown sauce
\$129

WHOLE SALMON FILLET
Served with grilled vegetables and potatoes
6 PEOPLE
\$99

ROAST BEEF
Served with grilled vegetables and sauce

ADONIS Hummus or garlic dip 400 - 425 g **5.99**

ADONIS CHICKPEA OR COUSCOUS SALAD 454 - 500 g **5.99**

ADONIS Cheese or meat sambousik 12 UN **10.99** /12 un

ADONIS Sfiha Medium 12 UN **11.99** /12 un

ADONIS Lahmajoun Large 950 g **10.99** /6 un

ADONIS Creamy pasta with chicken **12.99**

ADONIS Grilled flat chicken trio served with potatoes or rice, salad and Halal sauce **\$22**

ADONIS Chicken or beef shawarma plate served with rice or garlic potatoes, salad and sauce **12.99**

PANETTONE FOR EVERY GATHERING

GIOIA Classic Panettone 750 g **7.99**

BALOCCO Lemon or hazelnut and pistachio cake 400 g **7.99**

BAUDUCCO Mini chocolate chip or classic panettone 80 g **3/4.99**

SANSIRO Panettone 850 g **9.99**

ADONIS Rum ball cakes **2/\$5**

LA ROCCA Swiss chocolate cake **28.99**

ADONIS Red velvet cake 8 in (10 servings) **26.99**

ADONIS White or whole wheat baguettes 300 g **2/\$3**

RUDOLPH Bayerische rye bread 500 g **2.99**

TAYEB MARKOUK BREAD 300 g **3.99**

MINI MAAMOULS Mixed **11.99** /25.99/kg

DEMPSTER'S White or whole wheat sliced breads 675 g **33% OFF 2/\$6**

DEMPSTER'S 10" tortillas Assorted choice 8 - 10 un **25% OFF 3.99**

JOS LOUIS L'ORIGINAL THE ORIGINAL 324 g **3.99**

VACHON Cakes Assorted choice 252 - 336 g **3.99**

ADONIS Chocolate or vanilla eclairs **2/\$7**

Our CEDAR PRODUCTS

2.84 L CEDAR Black or green olives 2.84 L **21% OFF 14.99**

1 L CEDAR Pickle Assorted choice 1 L **4.99**

UP TO 25% OFF **2/\$3** CEDAR Chick peas Dip Hummus Tahini Trempepote de pois chiches 400 g

3.99 CEDAR Cocktail de fruits 18 mL, 28 mL (4) CEDAR Fruit cocktail w/ sour pitted cherries 540 - 756 ml

60% OFF 3.99 MAISON PERRIER Carbonated spring water 6 x 330 ml

99¢ ESKA Carbonated spring water Assorted choice 1L

749 COCA-COLA OR PEPSI Soft drink 12 x 355 ml

2/\$9 TOSTITOS Chips Assorted choice 220 g

TOSTITOS Salsa Assorted choice 416 - 418 ml

3/\$10 NAYA Natural spring water 24 x 500 ml

40% OFF 2/\$6 LECLERC Cookies See variety in store 180 - 350 g

UP TO 48% OFF 2.99 MISS VICKIE'S Chips Assorted choice 190 - 200 g

2/\$8 LAY'S Chips See variety in store 130 - 235 g

3.99 KELLOGG'S Cereal See variety in store 298 - 435 g

6.49 NUTELLA Hazelnut-chocolate spread 725 g

33% OFF 5.99 ÉRABELLE Maple syrup 540 ml

3/\$5 PAPAPOPOULOS Butter biscuits See variety in store 225 g

Perfect SWEETS TO OFFER

7.99 LINDT LINDOR Chocolate See variety in store 142 - 151 g

9.99 KINDER See variety in store 116 - 150 g

11.99 FERRERO ROCHER Chocolate See variety in store 259 - 300 g

8.99 FERRERO ROCHER See variety in store 119 - 200 g

37.99 CEDAR Olive oil 2.8 L

UP TO 27% OFF 3.99 CEDAR Lupin beans 796 ml

5.49 KRAFT Mayonnaise Assorted choice 890 ml

2.29 MOLISANA Passata 680 ml

2.99 AOUN Bulgur Assorted choice 900 g

2/\$5 DECECCO Pasta Assorted choice 454 g

25% OFF 4.49 MAGGI Chicken or vegetable broth cubes 504 g

2/\$3 AURORA Roasted chestnuts 100 g

Our FROZEN products

4.99 SELECTION Frozen fries Assorted choice 2 kg

3.99 IRRÉSISTIBLE Pizza Assorted choice 342 - 390 g

6.99 BOUREKAS Puff pastry Assorted choice 600 g

UP TO 39% OFF 5.44 NESTLÉ Ice cream Assorted choice 1.5 L

HÅGEN-DAZS Ice cream Assorted choice 4 x 55 ml, 3 x 88 ml

STOCK up ON DEALS

PRÉSIDENT
Brie or Camembert cheese
230 g



UP TO 46% OFF
4.99

OKA OR ST-PAULIN
Cheese
Assorted choice
190 g

VAUDREUIL
Champfleury cheese
180 g



33% OFF
3.99

BURNBRAE
Large eggs omega-3
or nature's best



SAPUTO
Shredded cheese
Assorted choice
1 kg



31% OFF
5.49

iögo
Yogurt
Assorted choice
16 x 100 g



36% OFF
3.49

34% OFF
3.49



38% OFF
2.49

34% OFF
99¢



30% OFF
2.79

4.79



29% OFF
4.99

29% OFF
4.99

TIME FOR
FINAL
PREPARATIONS

BE READY
TO WELCOME
FAMILY AND
FRIENDS WITH
OUR VARIED
PRODUCTS

5.99

ADONIS
Fruits or vegetables
platters 10" x 13.5"
See variety in store

Starting at
12.99

CRACKER BARREL
Cheese
See variety in store
400 g

5.77

GARLIC
ALMONDS
PEPPERS

1.79
/100 g
8 7/8 lb

SAPUTO
Ricotta cheese
Assorted choice
475 g

28% OFF
5.99

PISTACHIOS
PLAIN
CHOCOLATE

1.49
/100 g
8 7/8 lb

HALVA
See variety in store

6.99
/lb
16 1/2 lb

JUMBO
CHESTNUTS
Italy

6.99
/lb
16 1/2 lb

PURE
HEAVEN
Sparkling drinks
Assorted choice
750 ml

3.99

ADONIS
Hot red pepper
cheese or
vegetarian
cheese pizza

3.49

ADONIS
Hot dog

10.99
/12 un

ADONIS
Cheese or
meat sambouk

10.99
/12 un

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Festive Delights:

Sweet Christmas CELEBRATION

ADONIS



5.99

IRRESISTIBLES
Tiramisu, Dulce de leche or triple chocolate trifle cake
500 g



6.99

IRRESISTIBLES
Profiterol
400 g



15.99

IRRESISTIBLES
Key lime or red velvet cake
560 g



16.99

IRRESISTIBLES
Hazelnut choco or carrot cake
630 - 720 g



9.99

IRRESISTIBLES
Cheesecake
Assorted choice
600 g



7.49

IRRESISTIBLES
Chocolate mini éclair
455 g



9.99

IRRESISTIBLES
Cream Pie
Assorted choice
830 g



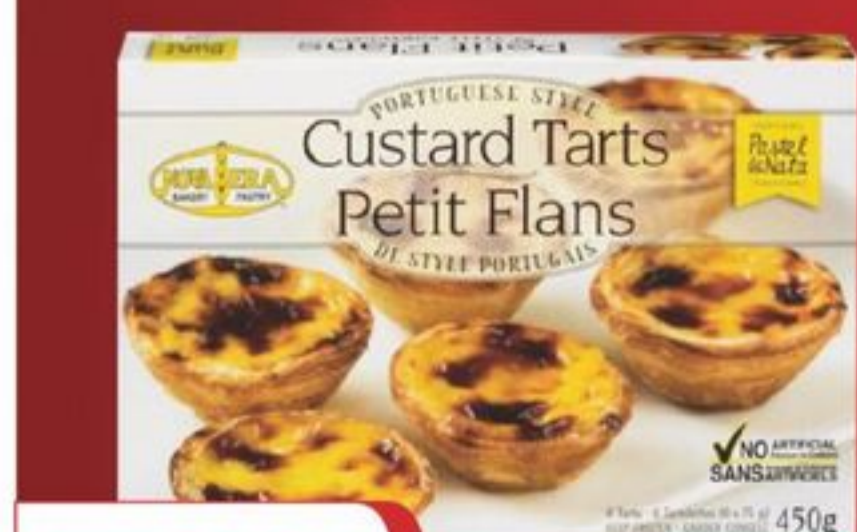
6.99

IRRESISTIBLES
Mini cake
Assorted choice
300 - 350 g



IRRESISTIBLES
Ice bar
Assorted choice
4 x 88 ml

3.99



5.99

NOVA ERA
Portuguese style custard tarts
450 g



12.99

SELECTION
Frozen fruit
Assorted choice
2 kg



5.99

SELECTION
Lactose free ice milk
Assorted choice
4 L



IRRESISTIBLES
Real creamy
ice cream
See variety in store
1.5 L

5.99

FROM DECEMBER 19TH, 2024, TO JANUARY 8TH, 2025



Tre Stelle

TRE STELLE
Bocconcini
Assorted choice
200 g



3.99

TRE STELLE
Ricotta
Assorted choice
475 g



4.99

CASTELLO
Regular or lactose
free Mozzarella
340g



3.99

CASTELLO
Shredded cheese
Assorted choice
170 - 200 g



4.99

FROM THURSDAY DECEMBER 19TH TO WEDNESDAY DECEMBER 25TH, 2024

349\$
Kiri 8P, 144g



449\$
Cheese Dippers
140g



749\$
La Vache qui rit
24P, 400g



**MERRY
SNACKS
FOR ALL!**