



2⁹⁹
Each

Hass
Avocados
5 Count.
Product of Mexico.



Frozen Grade A
Turkeys Select Sizes.
Great Selection! Great Price!
See In-store for details.

2⁹⁹ lb
6.59/kg

Fresh Chicken
Drumsticks



4⁹⁹
Each

Taylor Farms Chopped
Salad Kits
Select Varieties. 312 - 383 g. Product of U.S.A.



2⁹⁹

Green Giant Frozen Vegetables
or McCain Superfries
Select Varieties. McCain 454 - 800 g.
Green Giant 400 - 750 g. Frozen.



5⁹⁹

Parkay Margarine
Or Compliments Salted Butter 454 g.
Select Varieties. Parkay 1.28 - 1.36 kg.



3⁴⁹

Nestle Parlour
Frozen Dessert or
Novelties
Select Varieties.
Nestle Frozen Dessert 1.5 Litre.
Novelties 720 - 756 mL. Frozen.



4⁹⁹

Nescafé
Instant Coffee
Select Varieties.
100 - 170 g.



5⁴⁹

Kellogg's Family Size
Cereal
Select Varieties.
480 - 650 g.



2/\$6

Kellogg's Pop Tarts
Or NutriGrain Bars,
Rice Krispie Squares or
Pastry Crisps.
Select Varieties. 125 - 384 g.



7⁴⁹

Charmin
Bathroom Tissue or
Bounty Paper Towel
Select Varieties. Charmin 8 Roll
Soft or Ultra Strong. Bounty
2 - 4 Roll 2 Ply 44 - 113 Sheets.

See our insert for all your **HOLIDAY ENTERTAINING** needs!

Sale Prices in Effect							
DEC 2024	thu 12	fri 13	sat 14	sun 15	mon 16	tues 17	wed 18

FRESH PRODUCE



6⁹⁹ Each
Lil Snappers Organic Apples
 Select Varieties. 3 lb/1.36 kg.
 Product of U.S.A.



5⁹⁹ Each
Compliments Oranges
 Product of U.S.A. 3 lb/1.36 kg.



2⁹⁹ Each
Fresh Cranberries
 Product of Canada.
 340 g.



2/\$7
Fresh Blackberries or Raspberries
 Product of U.S.A. 170 g.



2⁹⁹ Each
Celery Stalks
 Product of U.S.A.



2⁹⁹ lb
 6.59/kg
Broccoli Crowns
 Product of U.S.A./Mexico.



99¢ Each
Bunch Green Onions
 Product of Mexico.



2/\$5
Long English Cucumbers
 Product of Canada.



3⁴⁹ Each
Iceberg Lettuce
 Product of U.S.A./Mexico.



2⁴⁹ lb
 5.49/kg
Hot House Beefsteak Tomatoes
 Product of Canada.



6⁹⁹ Each
Compliments Potatoes
 Red or Russet. Product of Canada. 10 lb/4.54 kg.

DELI



6⁹⁹ Each
Compliments Brie or Camembert Cheese
 Select Varieties. 170 - 200 g.



5⁹⁹ Each
Reser's Main Street Bistro Side Dishes
 Select Varieties. 482 - 680 g.



1⁸⁹ 100 g
Compliments Roasted Chicken Breast
 Select Varieties. Sliced or Shaved.



24⁹⁹ Each
Hormel Deluxe Deli Tray
 1.07 kg.

FRESH MEAT*



4⁹⁹ lb
11.00/kg
Compliments Ham Steaks
Hickory Smoked. Bone In.



8⁹⁹ lb
19.82/kg
Short Rib Style Boneless Brisket
Cut From Canada AA or Higher.



7⁹⁹ lb
17.61/kg

Beef Blade Roast
Boneless. Cut From Canada AA or Higher.



4²⁹ lb
9.46/kg
Fresh Pork Loin Center Cut Roast or Chops
Boneless. Butterfly or Regular Cut.



4⁹⁹ lb
11.00/kg
Fresh Pork Back Ribs
Cryovac.



6⁹⁹ lb
15.41/kg
Fresh Split Chicken Wings



4⁹⁹ Each
Compliments Ground Chicken Breasts
Extra Lean. 450 g.

PACKAGED MEAT



9⁹⁹ Each
Schneiders Pepperettes
Select Varieties. 300 - 375 g.



5⁴⁹ Each
Maple Leaf Top Dogs or Schneiders Wieners
Select Varieties. 375 g. Excludes All Beef.



5⁹⁹ Each

Daily's Premium Meats Hickory Smoked Bacon
Select Varieties. 375 g.



11⁹⁹ Each
Lou's Kitchen Pork Back Ribs
Select Varieties. 585 - 610 g.



6⁹⁹ Each
Harvest Wieners
Regular or All Beef. 450 g.



6⁹⁹ Each
Harvest Farmer's Sausages
Or Bratwurst. Select Varieties. 375 g.



19⁹⁹ Each
Harvest Thick Sliced Bacon
Naturally Smoked. 1 kg.



5⁴⁹ Each
Compliments Goat Cheese
Select Varieties. 113 g.



6⁹⁹ Each
Bothwell Squeak'rs Cheese Curds
White or Cheddar. 240 g.



5⁹⁹ Each

Harvest Garlic Sausage
300 g.

*Excludes Mountain Creek Farms Beef and Pork Products

This symbol denotes Plus deposit and/or environmental levies where applicable.

CHILLED & FROZEN



1⁹⁹ Lucerne Sour Cream
Regular or Light. 250 mL.



3⁹⁹ Shepherd Gourmet Dairy
Skyr Icelandic Yogourt
Select Varieties. 500 g.



4⁹⁹ Simply Juices or
Beverages
Select Varieties. 1.54 Litre. ♻️



5⁹⁹
**Compliments
Cheese**
Select Varieties.
Blocks 400 g.
Shredded 226 - 320 g.



5⁹⁹ Oasis Orange Juice
or Smoothies
Select Varieties.
1.5 - 1.6 Litre. ♻️



4⁹⁹ Olympic Yogourt
Select Varieties. 650 g.



7⁹⁹ Yoplait Multipack Yogourt
Select Varieties. Source or Creamy.
16 x 100 g.



7⁹⁹ Heluva Good
French Onion Dip
680 g.



6⁹⁹ Becel Soft
Margarine
Select Varieties.
637 - 850 g.



3⁴⁹ Compliments Entrees
Select Varieties. 250 - 280 g.
Frozen.



4⁹⁹ Cavendish Farms
Diced Hash Browns
Skin On. 800 g. Frozen.



7⁹⁹ Marie Callender's
Entrees
Select Varieties. Frozen.
680 - 879 g.



3⁴⁹
**Cavendish Farms
Fries or Wedges**
Or Onion Rings.
Select Varieties.
400 - 750 g. Frozen.



5⁴⁹ Kellogg's Eggo Waffles
Or Pancakes. Select Varieties.
560 g. Frozen.



6⁴⁹ Cheemo Perogies
Cheddar or Variety Pack.
2 kg. Frozen.



5⁹⁹ Chapman's Premium
Ice Cream or Sorbet
Or Frozen Yogourt. Select Varieties.
2 Litre. Novelties 275 - 1440 mL.
No Sugar Added 1 Litre. Frozen.



9⁹⁹
**Häagen Dazs
Ice Cream
or Nestle
Drumsticks**
Select Varieties. Haagen
Dazs Ice Cream 946 mL.
Nestle Drumsticks
6 - 8 x 140 - 180 mL.
Frozen.

MEAT & SEAFOOD



8⁴⁹ Swiss Chalet
Pot Pies
Select Varieties.
470 - 655 g. Frozen.



10⁹⁹ Belmont Burgers
Select Varieties. 852 g.
Frozen.



8⁹⁹ Compliments
Beef Chilli
907 g. Frozen.



11⁹⁹ Compliments Breaded
or Battered Fish
Haddock, Cod, Sole or Pacific
Salmon 460 - 580 g. Frozen.



7⁹⁹ Compliments Pacific
White Shrimp
Cooked or Raw. Frozen.
31/40 Count. 340 g.

GROCERY



2⁹⁹ Compliments Salad Toppings
Select Varieties. 100 g.



2/\$3 Compliments Croutons
Select Varieties. 145 g.



99¢ Compliments Tomato Sauce
Or Tomato Paste 156 mL.
Tomato Sauce 398 mL.



2/\$5
Compliments Pasta
Select Varieties. 900 g.



4⁴⁹ Compliments Ketchup
Squeeze Bottle. 750 mL - 1 Litre.



2⁹⁹ Compliments Salad Dressing
Select Varieties. 475 mL.



1⁹⁹ Compliments Soya Sauce
Regular or Less Salt.
450 mL.



2⁹⁹ Compliments Cooking Spray
Original or Butter Flavour.
170 g.



10⁹⁹ Compliments Canola Oil
100% Pure. 3 Litre.



1⁶⁹ Idahoan Instant Mashed Potatoes
116 g.



1⁹⁹ Money's Mushrooms
Sliced or Whole. 284 mL.



1⁷⁹ Compliments Tomatoes
Select Varieties. 796 mL.



1⁷⁹ Compliments Beans
Or Lentils and Chickpeas.
Select Varieties. 540 mL.



3⁹⁹ Compliments Mammoth Olives
Select Varieties. 500 mL.



2⁹⁹ Lipton or Knorr Soup Mix
Select Varieties. 113 - 338 g.



1¹⁹ Compliments Soup or Broth
Select Varieties. 284 mL.



3/\$1 Compliments Instant Noodles
Select Varieties. 85 g.



7⁹⁹ Minute Rice
White 1.4 kg. Whole Grain Brown 1.2 kg.



7⁹⁹ Tilda Basmati Rice
907 g.



4/\$7 Clover Leaf Tuna
Or Salmon Salad 78 g.
Select Varieties. Skipjack Tuna 170 g. Flavoured Tuna 85 g.



6⁴⁹ Clover Leaf Flaked Tuna in Olive Oil
Select Varieties. 240 g.



5⁴⁹ Clover Leaf Sockeye Salmon
Wild Red or Low Sodium. 213 g.



6⁹⁹ Robin Hood Flour
Select Varieties. 2.5 kg.



6²⁹ Quaker Muffin or Cookie Mixes
Or Oat Flour 700 g. Select Varieties. Muffin or Cookie Mixes 900 g.

BEVERAGES & SNACKS



5⁹⁹ Mott's Clamato Juice
Party Pak, Regular or
Extra Spicy. 2.54 Litre. 🌱



3⁹⁹ Sun-Rype Juices
Or Slim Beverages.
Select Varieties.
1.36 Litre. 🌱



6⁹⁹ AHA Sparkling
Water Beverage
Select Varieties.
12 x 355 mL. 🌱



2/\$11 Pepsi 6 Pack
Soft Drinks
Select Varieties.
6 x 710 mL. 🌱



2/\$5 Coca-Cola 2 Litre
Soft Drinks
Select Varieties. 🌱



2/\$7⁵⁰ Old Dutch Boxed
Potato Chips
Select Varieties. 220 g.



2/\$7 Compliments
Popcorn
Select Varieties.
190 - 250 g.



2/\$4 Compliments
Potato Chips
Select Varieties. 200 g.



2/\$8⁵⁰ Tostitos
Tortilla Chips
Select Varieties.
205 - 295 g.



2/\$6 Quaker Crispy Minis
or Rice Cakes
Select Varieties.
Crispy Minis 90 - 100 g.
Rice Cakes 127 - 199 g.



5⁹⁹ Planter's Dry
Roasted Peanuts
Or Bar Mix. 454 - 550 g.



3⁹⁹ Planters Cocktail
Peanuts
Select Varieties. 275 - 300 g.



2/\$6 Leclerc Celebration
Cookies
Select Varieties. 240 - 350 g.



2/\$7 Kellogg's Cheez-It
Snap'd Crackers
Select Varieties. 213 g.
Cheez-It Original 352 g.
Town House Crackers 247 - 391 g.



3⁴⁹ Compliments Cookies
Select Varieties. 300 - 350 g.



1⁷⁵ Hershey King
Chocolate Bars
Select Varieties. 62 - 141 g.



2/\$6 Haribo Candy
Select Varieties. 170 - 175 g.



2/\$6 Werther's or Riesen
Candy
Select Varieties. 116 - 135 g.



2/\$7 Lindt Swiss Classic
Chocolate Bars
Select Varieties. 100 g.



5⁴⁹ Hershey Cello
Chocolate
Or Brookside. Select Varieties.
160 - 290 g.

HOUSEHOLD & PET



8⁴⁹ Royale Bathroom Tissue
or Paper Towel
Select Varieties.
Bathroom Tissue 9 - 12 Roll.
Paper Towel 3's.



9⁹⁹ Royale
Facial Tissue
Select Varieties. 6's.
82's - 126's.



2/\$3 Halls Lozenges
Select Varieties. Each.



9⁹⁹ Tide Laundry Detergent
Select Varieties. 1.24 Litre.
Pods 20's. Bounce or Gain
Dryer Sheets 120's - 200's.



7⁹⁹ Gain Laundry Detergent
Or Downy Fabric Softener.
Select Varieties. 1.31 - 1.36 Litre.
Gain Flings 340 g.

BAKERY



1⁹⁹ Table Talk Pies
4 Inch. Select Varieties. 114 g.



3⁴⁹ Villaggio Breads
Select Varieties. 510 - 540 g.



6⁹⁹ Compliments Butter Tarts
Raisin or Pecan. 510 g.



2⁹⁹
Compliments Bagels
Select Varieties. 450 g.



4⁹⁹ Compliments Texas Garlic Toast
Select Varieties. 638 g.



2⁹⁹ Oakrun Farm Crumpets
Plain. 6's. 284 g.



8⁹⁹ Lemon Meringue Pie
8 Inch. 635 g.



11⁹⁹ Panache Cheesecake
Select Varieties. 600 g.

BREAKFAST



6⁹⁹ Maxwell House Single Serve Coffee
Select Varieties. 109 - 126 g.



13⁹⁹ Folgers Coffee
Select Varieties. 544 - 865 g.



2/\$5 Oasis or Del Monte Juices
Or Arizona Iced Tea. Select Varieties. 960 mL. 🌱



7⁴⁹
Starbucks Coffee Enhancers
Select Varieties. 828 mL.



5⁹⁹ General Mills Family Size Cereal
Select Varieties. 475 - 778 g.



5⁹⁹ Compliments Cereal
Select Varieties. 794 g.



4⁷⁹ Pearl Milling Company Pancake Mix
Or Syrup 710 mL. Select Varieties. Pancake Mix 905 g.



3⁹⁹ General Mills Nature Valley or Fibre 1 Bars
Or Fruit Snacks 226 g. Select Varieties. 125 - 210 g.



4⁹⁹ Compliments Jam
Or Jelly and Marmalade. Select Varieties. 500 mL.



5⁹⁹ Head & Shoulders Shampoo & Conditioner
Select Varieties. 315 - 370 mL.



4⁹⁹ Glad Cling Wrap
90 Metres.



4⁹⁹ Clorox Cleaners
Select Varieties. 887 - 946 mL.



6⁹⁹ Compliments Garbage Bags
90 Litre. 24's.



2⁹⁹ Milk Bone Soft & Chewy Dog Treats
Or Snausages 196 g. Select Varieties. 113 g.

Meal Inspiration & Savings From our Family to Yours

Family Foods

Janes Chicken
Select Varieties.
700 g. Frozen.

8⁹⁹



2/\$5

Carrots or Yellow Onions
Product of Canada.
3 lb/1.36 kg.



5⁹⁹

Dr. Oetker Giuseppe Pizza
Select Varieties. Thin Crust 439 - 540 g.
Rising Crust 660 - 785 g. Frozen.



3/\$10

Crave Entrees or Pillsbury Pizza Pops
Or Kraft Dinner Entrees 340 g.
Select Varieties. Crave Entrees 200 - 340 g.
Pillsbury Pizza Pops 380 g. Frozen.



3³³

Old Dutch or Lay's Potato Chips
Select Varieties. Old Dutch 235 g. Ridgies 200 g.
Lays 220 - 235 g. Poppables 130 g.



2/\$5

Dare Crackers
Select Varieties. 100 - 225 g.



6⁹⁹

Coca-Cola 12 Pack Soft Drinks
Select Varieties. 12 x 355 mL.



10⁹⁹

Maxwell House Coffee
Select Varieties. 631 - 900 g.

Open Sundays in select locations only. familyfoods.ca

British Columbia Crossroads Family Foods, Invermere • **Alberta** Hansen's Family Foods, Fort Macleod • Kay's Food Market, Calgary • Lucky Supermarket Family Foods, Calgary • Lucky Supermarket Sunridge, Calgary
MRT Family Foods, Calgary • Strawson's General Store, Fort Assiniboine • **Saskatchewan** Eddie's Family Foods, Flin Flon • Harold's Family Foods, Prince Albert • Kindersley Family Foods, Kindersley
Manitoba Oakbank Family Foods, Oakbank • Portage Avenue Family Foods, Winnipeg • Stonewall Family Foods, Stonewall • The Pas Family Foods, Opaskwiyak
Ontario Balmertown Food Fair, Balmertown

Some items may not be available at all stores. All advertised items are on sale while stock lasts. We reserve the right to limit quantities. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

HOLIDAY ENTERTAINING

Sale Prices in Effect December 12, 2024 - January 1, 2025



21⁹⁹

Butterball Turkey Breast Roast
Select Varieties. Frozen. 1.2 - 1.5 kg.



12⁹⁹

Compliments Turkey Roast
With Cranberry Stuffing. Frozen. 1 kg.



11⁴⁹

Best Buy Smoked Ham
Boneless. 1.2 kg.



5⁴⁹

Red Baron Pizza
Select Varieties. 422 - 740 g. Frozen.



7⁹⁹

TASTIEZ Appetizers
Select Varieties. 400 - 500 g. Frozen.



3⁹⁹

Bick's Dill Pickles
Select Varieties. 1 Litre.



4⁹⁹

Compliments Dry Roasted Peanuts
Select Varieties. 700 g.



6⁹⁹

Compliments Peanut Butter Filled Pretzels
680 g.



5⁹⁹

Planters Almonds or Cashews
Select Varieties. 200 g.



7⁹⁹

Folgers Gourmet K-Cup Coffee
Select Varieties. 84 - 108 g.



19⁹⁹

McCafe Premium Roast K-Cups
30 Count. 323 g.



2/\$7

Compliments Cranberry Cocktails or Blends
Or Ruby Red Grapefruit.
Select Varieties. 1.89 Litre.
Compliments Lemon Juice 946 mL.



5⁹⁹

Compliments Sparkling Water
Select Varieties. 12 x 355 mL.



8⁹⁹

Compliments De-Alcoholized Beer
12 x 355 mL.



5⁹⁹

Compliments Soft Drinks
Select Varieties. 12 x 355 mL.

This symbol denotes Plus deposit and/or environmental levies where applicable.

pg1_w33_Pop Up_all_zones

IT'S THE MOST Wonderful



3⁹⁹

Best Buy Orange Juice
No Pulp. 1.6 Litre.



5⁴⁹

Armstrong Cheese
Select Varieties. Shredded 300 - 320 g.
Blocks 400 g.



2⁹⁹

Compliments Crackers
Select Varieties. 200 - 225 g.



4⁹⁹
Each

**Mini Babybel or
Laughing Cow Cheese**
Select Varieties. 102 - 140 g.



6⁹⁹
Each

Boursin Soft Cheese
Select Varieties. 130 - 170 g.



19⁹⁹
Each

Hormel Snack Tray
Select Varieties. 822 - 850 g.

Pinterest
2024 Trend

Kraft
PRESENTS

**Pinterest
to Plate**

IMPRESS WITHOUT THE STRESS



Scan Here to
View Our Recipes
@KraftHeinz



Philadelphia Cream Cheese
Product 227 - 250 g

\$3⁹⁹
Each /
Any Variety



Philadelphia Dips
227 g

2/\$5
Any Variety



Stove Top Stuffing Mix
120 g

2/\$3
Each /
Any Variety



Kraft Singles Process Cheese
Product 410 g
Cheez Whiz Cheese Spread 450 g

\$4⁹⁹
Each /
Any Variety



Kraft Peanut Butter
750 g - 1 Kg
Hazelnut Spread 725 g

\$6⁹⁹
Each /
Any Variety



Kraft Salad Dressings
425 mL

\$3⁴⁹
Any Variety



Heinz Ketchup 750 mL - 1L
Miracle Whip Spread 650 - 890 mL
Kraft Mayo Real Mayonnaise
890 mL

\$5⁹⁹
Each /
Any Variety



Nabob Roast & Ground Coffee 340 g
TASSIMO Maxwell House T DISCs 8 - 16 pack
Maxwell House Single Serve Pods 12 pack

\$6⁹⁹
Each /
Any Variety

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OF THE TIME YEAR



139

Hershey Single Chocolate Bars
Select Varieties. 34 - 58 g.



199

Lindt Lindor Chocolates
Select Varieties. 36 - 38 g.



299

Storck Toffifee
123 g.



2/\$6

Nestle Chocolate
Select Varieties. Tablets or Cello.
95 - 130 g.



399

Russell Stover No Sugar Added Chocolates
Select Varieties. 85 g.



499

Dare Candy
Select Varieties. 500 - 700 g.



749

Lindt Lindor Bags
Or Ghirardelli. Select Varieties.
150 - 151 g.



999

Compliments Chocolate Covered Almonds or Raisins
900 g.

value
size



1049

Ferrero Rocher Chocolates
Select Varieties. 118.65 - 200 g.
White Supplies Last.



699

Kimberley's Bakeshoppe Frosted Holiday Sugar Cookies
383 g. White Supplies Last.



3/\$10

Old Dutch Restaurant Tortilla Chips
Select Varieties. 230 - 295 g.
Arriba 235 - 245 g. Dutch Crunch 200 g.



699

Coca-Cola Mini Bottles
Select Varieties. 8 x 300 mL. ♻️



649

Compliments Beer Cups
Red or White. 50's. 473 mL.



299

Compliments Compostable Straws
Select Varieties. 50's.



299

Compliments Compostable Cutlery
Select Varieties. 24's.



399

Compliments Plant Fibre Plates or Bowls
Compostable. Select Varieties. 12's.

SHARE THE JOY



9⁹⁹

Compliments Meatballs
Select Varieties. Frozen. 680 g.



7⁹⁹

Compliments Potato Skins
Bacon and Cheddar. 343 g. Frozen.



8⁹⁹

Compliments Breaded Pickle Spears
500 g. Frozen.



7⁴⁹

Compliments Egg Rolls
Vegetable or Beef & Pork. 680 g. Frozen.



7⁴⁹

Compliments Chicken Balls
With Sweet and Sour Sauce. 700 g. Frozen



5⁴⁹

Compliments Asian Entrees
Select Varieties. 400 g. Frozen.



9⁹⁹

Compliments Sausage Rolls
576 g. Frozen.



6⁹⁹

Compliments Mini Quiche
378 g. Frozen.



3⁹⁹

Compliments Samosas
Chicken or Vegetable. 252 g. Frozen.



7⁹⁹

Compliments Sprolles
Select Varieties. 486 g. Frozen.



8⁹⁹

Compliments Chicken Taquitos
420 g. Frozen.



8⁹⁹

Compliments Corn Dogs
1.35 kg. Frozen.



10⁹⁹

Panache Seafood Appetizers
Select Varieties. Frozen. 252 - 355 g.



19⁹⁹

Compliments Shrimp Ring
With Cocktail Sauce. Frozen. 737 g.



6⁴⁹

Panache Mini Crisps
Select Varieties. 150 g.



6⁴⁹

Panache Spreads
Select Varieties. 130 mL.