

Ring in
a new year with
savings



BONELESS PORK LOIN ROAST OR WHOLE PORK TENDERLOIN

HOTSALE!
MVP
1.99
LB
W/O MVP Card Regular Retail

Ask For Your Preferred Thickness

BONELESS NEW YORK STRIP STEAK

HOTSALE!
MVP
8.99
LB
W/O MVP Card \$13.99 LB



FRESH BAG CHERRIES

HOTSALE!
MVP
3.99
LB
W/O MVP Card \$5.99 LB



All Natural - All Varieties
NATURE'S PROMISE MEAT & SEAFOOD

HOTSALE!
MVP
25% OFF
W/O MVP Card Regular Retail



COLLARD GREENS

HOTSALE!
MVP
89¢
EA
W/O MVP Card Regular Retail



MVP
BOGO deals

HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

12 Pack 12 Oz. Cans Select Varieties
CLASSIC OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

8-11.50 Oz. Select Varieties
ON THE BORDER TORTILLA CHIPS
LIMIT 4 FREE

HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

2.6-4.5 Oz. Select Varieties
STARKIST CHUNK LIGHT TUNA POUCH

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$1.58 EA Single Item Half Price

HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

6-16.5 Oz. Select Varieties
TASTYKAKE BAGGED DONUTS OR SNACKS

6.75-7.5 Oz. Select Varieties
WISE POTATO CHIPS OR RIDGIES
LIMIT 4 FREE

HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

12 Oz. Select Varieties
CELSIUS PEACH VIBE

HOTSALE!
MVP
1.69
EA
W/O MVP Card \$2.39 EA

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 2/\$5
W/O MVP Card \$4.79 EA
MVP Coupon -1.00 OFF 2

4-15 Oz. Select Varieties
NABISCO RITZ OR SNACK CRACKERS

2/\$4
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS
load on app • web • in-store kiosk

750 mL Select Varieties
VALLATE WINE

PRICED LOW EVERY DAY
10.99
EA

24 Pack 12 Oz. Cans Select Varieties
BUD, MILLER, COORS OR YUENGLING

HOTSALE!
MVP
25.99
EA

Freshly Sliced
TASTE OF INSPIRATIONS HAM
IN THE DELI

HOTSALE!
MVP
8.99
LB
W/O MVP Card \$9.99 LB

6.4-13 Oz. Select Varieties
FRESH EXPRESS SALAD KITS

2/\$5
W/O MVP Card \$4.29 EA
MVP Coupon -1.00 OFF 2

10-14.4 Oz. Select Varieties
BIRDS EYE STEAM-FRESH VEG-ETABLES

2/\$4
W/O MVP Card \$2.48 EA

8 Oz. Select Varieties
KRAFT CHUNK OR SHREDDED CHEESE

HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.68 EA

6.2-8.94 Oz. Select Varieties
NATURE VALLEY GRANOLA BARS

HOTSALE!
MVP
2/\$4
W/O MVP Card \$4.39 EA

6-16.5 Oz. Select Varieties
TASTYKAKE BAGGED DONUTS OR SNACKS

HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

10.6-12 Oz. Select Varieties
KELLOGG'S FROSTED FLAKES CEREAL

2/\$4
W/O MVP Card \$4.89 EA
MVP Coupon -2.00 OFF 2

12-16 Oz. Select Varieties
MUELLER'S PASTA

PRICED LOW EVERY DAY
2/\$3
W/O MVP Card \$1.88 EA

52 Oz. Select Varieties
SIMPLY ADES OR PUNCHES

HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.68 EA

16-28.05 Oz. Select Varieties
TYSON FROZEN CHICKEN OR ANY TIZERS WINGS

HOTSALE!
MVP
6.99
EA
W/O MVP Card Regular Retail

15-77-23.45 Oz. Select Varieties
RED BARON 12" PIZZA

2/\$7
W/O MVP Card \$8.19 EA
MVP Coupon -2.00 OFF 2

4.10-5.7 Oz. Select Varieties
KNORR PASTA OR RICE SIDES

PRICED LOW EVERY DAY
4/\$5
W/O MVP Card \$1.58 EA

5.2-6.56 Oz. Select Varieties
PRINGLES POTATO CRISPS

HOTSALE!
MVP
1.49
EA
W/O MVP Card Regular Retail

9.25-15.25 Oz. Select Varieties
FRITO LAY PARTY SIZE CHIPS OR SNACKS

HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail

12 Oz. Select Varieties
CELSIUS PEACH VIBE

HOTSALE!
MVP
1.69
EA
W/O MVP Card \$2.39 EA

12-16 Oz. Select Varieties
HIDDEN VALLEY SALAD DRESSING

3.49
EA
W/O MVP Card \$4.98 EA
MVP Coupon -50¢ OFF 1

30-40 Ct. Select Varieties
GLAD KITCHEN BAGS

HOTSALE!
MVP
7.99
EA
W/O MVP Card \$12.29 EA

12 Ct. Single Serve Cups Select Varieties
FOOD LION COFFEE

HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail

18-31 Ct. Pods or 63 Oz. Liquid
TIDE

7.99
EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1

18-31 Ct. Pods or 63 Oz. Liquid
GAIN

7.99
EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

30-40 Ct. Select Varieties
GLAD KITCHEN BAGS

HOTSALE!
MVP
7.99
EA
W/O MVP Card \$12.29 EA

12 Ct. Single Serve Cups Select Varieties
FOOD LION COFFEE

HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail

4-15 Oz. Select Varieties
NABISCO RITZ OR SNACK CRACKERS

2/\$4
W/O MVP Card Regular Retail

Here with *rewards* just for you



Activate Your Offers

Check Your Progress



Did you know you can *donate your rewards?*

Help our neighbors get the food they need to thrive!



Donate Now

*For each \$1 in Shop & Earn rewards you donate, Food Lion will donate \$1 to Food Lion Feeds Charitable Foundation. The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.



Always guaranteed **100% fresh**
or **double** your money back

See foodlion.com for details

HOTSALE!

4.99
LB

Ground Fresh Daily
80% LEAN FRESH GROUND CHUCK
W/O MVP Card Regular Retail



HOTSALE!

5.99
LB

Beef
TOP ROUND LONDON BROIL
W/O MVP Card Regular Retail



HOTSALE!

6.99
LB

Beef
CUBED STEAK
W/O MVP Card Regular Retail



HOTSALE!

2.99
LB

Assorted, Bone-In
PORK CHOPS
W/O MVP Card Regular Retail

HOTSALE!

2.99
LB

Family Pack
BONELESS, SKINLESS CHICKEN THIGHS
W/O MVP Card Regular Retail

HOTSALE!

5.99
EA

20-24 Oz. Pkg. - Select Varieties
PERDUE FRESH CUTS CHICKEN BREAST CUTLETS OR DICED
W/O MVP Card Regular Retail

HOTSALE!

9.99
EA

44 Oz. Pkg. - Frozen
TYSON CORNISH HENS
W/O MVP Card Regular Retail



it's party time

HOTSALE!

3.49
EA

12-16 Oz. Pkg. - Select Varieties
BOB EVANS SAUSAGE LINKS, PATTIES OR ROLLS
W/O MVP Card Regular Retail



22 Oz. Bag - Frozen - All Varieties
SIMEK'S MEATBALLS
W/O MVP Card Regular Retail

HOTSALE!

6.99
EA



HOTSALE!

2/\$5

6 Oz. Pkg.
FOOD LION PEPPERONI
W/O MVP Card Regular Retail



16 Oz. Pkg. - Select Varieties
FOOD LION SLICED BACON
W/O MVP Card Regular Retail

HOTSALE!

4.49
EA



7-9 Oz. Pkg. - Select Varieties
HILLSHIRE FARM THIN SLICED LUNCHEAT
W/O MVP Card Regular Retail

HOTSALE!

3.99
EA



12-14 Oz. Pkg. - Select Varieties
HILLSHIRE FARM COCKTAIL SMOKIES
W/O MVP Card Regular Retail

HOTSALE!

2/\$7



24 Oz. Pkg. - Select Varieties
HORMEL PORK LOIN FILET
W/O MVP Card Regular Retail

HOTSALE!

7.99
EA



24 Oz. - Fully Cooked and Sauced
TGI FRIDAYS BBQ BABY BACK RIBS
W/O MVP Card Regular Retail

HOTSALE!

9.79
EA

SUSTAINABLE SEAFOOD



10 Oz. Pkg.
NATURE'S PROMISE ATLANTIC SALMON PORTIONS
W/O MVP Card Regular Retail

HOTSALE!

25% OFF



14 Oz.
FOOD LION IMITATION CRAB MEAT
W/O MVP Card Regular Retail

HOTSALE!

2.99
EA



32 Oz. Bag - Frozen
FOOD LION WHITING
W/O MVP Card Regular Retail

HOTSALE!

9.99
EA



20-30 Ct. Bag - Frozen
FOOD LION SEA SCALLOPS
W/O MVP Card Regular Retail

HOTSALE!

16.99
EA



31-40 Ct. - 16 Oz. Bag - Frozen
FOOD LION RAW SHRIMP PEELED AND DEVEINED TAIL-OFF
W/O MVP Card Regular Retail

HOTSALE!

6.99
EA

DELICIOUS BOGOs of the week!

 <p>HOTSALE! MVP BOGO FREE W/O MVP Card \$4.49 EA Single Item Half Price</p> <p>4 Ct. FOOD LION BAGELS</p>	 <p>HOTSALE! MVP BOGO FREE W/O MVP Card \$3.99 EA Single Item Half Price</p> <p>8 Ct. MINI CROISSANTS</p>	 <p>HOTSALE! MVP BOGO FREE W/O MVP Card \$7.99 EA Single Item Half Price</p> <p>7 Oz. Select Varieties TILLAMOOK CHEDDARS</p>
--	---	--

 <p>PRICED LOW EVERY DAY! \$5 EA</p> <p>20 Ct. Made Hot In-Store CHICKEN NUGGETS</p>	 <p>HOTSALE! MVP 6.99 EA W/O MVP Card Regular Retail</p> <p>16 Inch Pepperoni or Cheese FOOD LION DELI STYLE THIN CRUST PIZZA</p>	 <p>HOTSALE! MVP 4.49 EA W/O MVP Card \$4.99 EA</p> <p>10 Oz. Select Varieties TASTE OF INSPIRATIONS DIPS</p>	 <p>HOTSALE! MVP 3.99 EA W/O MVP Card \$4.49 EA</p> <p>3-4 Oz. FIORUCCI PRE-SLICED MEATS</p>	 <p>HOTSALE! MVP 2.99 EA W/O MVP Card \$3.99 EA</p> <p>8 Oz. TASTE OF INSPIRATIONS CHEESE CUBES</p>
---	---	---	---	---

MVP DIGITAL COUPON load on app • web • in-store kiosk

 <p>HOT SALE! 2/\$10 W/O MVP Card \$8.99 EA</p> <p>MVP Coupon -1.00 OFF 2</p> <p>2/\$9 MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1</p> <p>12 Oz. Select Varieties RANA LASAGNA OR PASTA MEALS</p>	 <p>HOTSALE! MVP 5.99 EA W/O MVP Card \$6.99 EA</p> <p>16 Oz. EL TERRIFICO CHEESE DIP</p>	 <p>HOTSALE! MVP 4.99 EA W/O MVP Card \$5.49 EA</p> <p>18 Oz. FOOD LION CORNBREAD TRAY</p>	 <p>HOTSALE! MVP 5/\$5 W/O MVP Card \$1.29 EA</p> <p>3.25-4 Oz. SNACK PIES</p>
---	--	--	---

Our BRANDS



DOUBLE MONEY BACK GUARANTEE See foodlion.com for details

Serve up a traditional southern New Year's Day meal

Pork, black-eyed peas, collard greens and cornbread are thought to bring a year of prosperity!

 <p>HOTSALE! MVP 25% OFF W/O MVP Card Regular Retail</p> <p>NATURE'S PROMISE BONELESS PORK LOIN</p>	 <p>HOTSALE! MVP 99¢ EA W/O MVP Card \$1.28 EA</p> <p>15.5 Oz. Select Varieties FOOD LION BLACK EYE PEAS</p>	 <p>HOTSALE! MVP 89¢ EA W/O MVP Card 99¢ EA</p> <p>7.5 Oz. FOOD LION YELLOW CORNBREAD & MUFFIN MIX</p>
 <p>HOTSALE! MVP 2/\$4 W/O MVP Card \$2.58 EA</p> <p>40-100 Ct. Select Varieties FOOD LION NAPKINS</p>	 <p>HOTSALE! MVP 5.89 EA W/O MVP Card \$6.49 EA</p> <p>96 Ct. Select Varieties FOOD LION PREMIUM DINNERWARE</p>	 <p>HOTSALE! MVP 99¢ EA W/O MVP Card \$1.18 EA</p> <p>14-14.5 Oz. Select Varieties FOOD LION GREENS</p>

Near Offers ADDED WEEKLY!

Here with a new week of digital coupon savings

Sign in at foodlion.com, our app or the in-store kiosk



GUIDING STARS®

Look for the guiding stars on our brands to simplify healthy eating.



Find the stars on the packaging and shelf tags

PRICED LOW EVERY DAY
5.99
EA
W/O MVP Card \$6.99 EA

28 Oz. Made Hot In-Store
TRADITIONAL ROTISSERIE CHICKEN
IN THE DELI

HOTSALE!
3.19
EA
W/O MVP Card \$3.49 EA

8 Oz.
FOOD LION PICO DE GALLO
IN PRODUCE

HOTSALE!
2.99
EA
W/O MVP Card \$3.49 EA

3 Ct. Bag
NATURE'S PROMISE ORGANIC AVOCADOS

HOTSALE!
99¢
EA
W/O MVP Card \$1.99 EA

16 Oz. Select Varieties
FOOD LION LONG GRAIN RICE

PRICED LOW EVERY DAY
86¢
EA

15-15.5 Oz. Select Varieties
FOOD LION CANNED BEANS

2.49
EA

16 Oz.
FOOD LION 8" WHOLE WHEAT TORTILLAS

PRICED LOW EVERY DAY
1.29
EA
W/O MVP Card \$1.59 EA

7.25 Oz. Select Varieties
KRAFT MACARONI & CHEESE DINNER

PRICED LOW EVERY DAY
1.59
EA
W/O MVP Card \$1.98 EA

18-18.3 Oz. Select Varieties
DUNCAN HINES BROWNIE MIX

HOTSALE!
5/\$5

15.5 Oz. Select Varieties
HANOVER BEANS

HOTSALE!
2/\$4
W/O MVP Card \$3.29 EA

32 Oz. Select Varieties
SWANSON BROTH

PRICED LOW EVERY DAY
3.49
EA
W/O MVP Card \$4.29 EA

20 Oz. Select Varieties
NATURE'S OWN HONEY WHEAT

HOTSALE!
3.99
EA
W/O MVP Card \$4.99 EA

5.1 Oz. Select Varieties
LINDT TRUFFLE BAG

HOTSALE!
4.39
EA
W/O MVP Card \$5.39 EA

24 Oz. Select Varieties
TEXAS PETE HOT SAUCE

HOTSALE!
2/\$5
W/O MVP Card \$2.79 EA

18.5-19 Oz. Select Varieties
PROGRESSO SOUP

HOTSALE!
2/\$5
W/O MVP Card Regular Retail

14 Oz.
LA BANDERITA TOSTITOS TORTILLA CHIPS

HOTSALE!
2/\$5
W/O MVP Card \$3.19 EA

11.36 Oz. Select Varieties
RED LOBSTER BISCUIT MIX

HOTSALE!
2/\$6
W/O MVP Card Regular Retail

10 Oz. Select Varieties
CRUNCH 'N MUNCH POPCORN

HOTSALE!
2/\$6
W/O MVP Card \$3.39 EA

12-20 Oz. Select Varieties
WONDER CLASSIC WHITE ROUND TOP BREAD OR DINNER ROLLS

HOTSALE!
2.99
EA
W/O MVP Card \$3.79 EA

26 Oz.
PILLSBURY SOFTASILK CAKE FLOUR BLEACHED

HOTSALE!
3.49
EA
W/O MVP Card \$4.89 EA

16 Oz. Select Varieties
OLIVE GARDEN DRESSING

HOTSALE!
6.99
EA
W/O MVP Card \$8.79 EA

25 Oz.
SWANSON PREMIUM WHITE CHICKEN

HOTSALE!
3.99
EA
W/O MVP Card \$5.19 EA

32 Oz. Select Varieties
SMUCKER'S GRAPE JELLY

HOTSALE!
2/\$6
W/O MVP Card \$3.49 EA

6-16 Oz. Select Varieties
UTZ DIPS OR PRETZELS

HOTSALE!
3.49
EA
W/O MVP Card Regular Retail

3.92-4.9 Oz. Select Varieties
EMERALD 100 CALORIE PACKS

HOTSALE!
2/\$5
W/O MVP Card Regular Retail

7.62-12.34 Oz. Select Varieties
VOORTMAN WAFERS OR COOKIES

HOTSALE!
4.49
EA
W/O MVP Card \$5.39 EA

4-5.5 Oz. Select Varieties
SIMPLE MILLS GLUTEN-FREE COOKIES & CRACKERS

HOTSALE!
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

16 Oz. Select Varieties
PLANTERS DRY ROASTED PEANUTS
LIMIT 4 FREE

HOTSALE!
3.99
EA
W/O MVP Card Regular Retail

5.3-7.2 Oz. Select Varieties
WALKERS PURE BUTTER SHORTBREAD

HOTSALE!
2/\$5
W/O MVP Card Regular Retail

4-5 Oz. Select Varieties
SHEILA G'S BROWNIE BRITTLE

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! **5.99**
EA
W/O MVP Card \$6.99 EA
MVP Coupon -2.00 OFF!
3.99
EA
W/O MVP CARD DISCOUNT SAVINGS LIMIT 1

30 Oz. - Select Varieties
HELLMANN'S MAYONNAISE



FOOD LION
CATERING

Here to make
getting together
easy

Order Now

FOOD LION
CATERING

Get Together & Enjoy

foodlion.com/catering



750 mL
Select Varieties
**ROBERT MONDAVI
WINE**

HOTSALE!

9⁹⁹
EA

750 mL
Select Varieties
**MARK WEST
OR BAREFOOT
BUBBLY
WINE**

HOTSALE!

10⁹⁹
EA

3 Liter
Select Varieties
**BLACK BOX
WINE**

HOTSALE!

19⁹⁹
EA

1.5 Liter
Select Varieties
**REX GOLIATH
OR RIUNITE
WINE**

HOTSALE!

11⁹⁹
EA

750 mL
Select Varieties
**KIM CRAWFORD
OR NOBILO
WINE**

HOTSALE!

13⁹⁹
EA

750 mL
Select Varieties
**JOSH PROSECCO
WINE**

HOTSALE!

15⁹⁹
EA

Beer and Wine may not be available in all locations. Check your store for availability.

HOTSALE!

18⁹⁹
EA

12 Pack - 12 Oz. Cans
Select Varieties
**WHITE CLAW HARD SELTZER,
TRULY SELTZER, MICHELOB
SELTZER OR VIZZY**

HOTSALE!

14⁹⁹
EA

12 Pack - 12 Oz. Bottles or Cans
Select Varieties
**MICHELOB, BLUE MOON
OR BUD LIGHT LIME**

HOTSALE!

20⁹⁹
EA

24 Pack - 12 Oz. Cans
Select Varieties
**NATURAL LIGHT,
MILLER HIGH LIFE
OR KEYSTONE LIGHT**

HOTSALE!

17⁹⁹
EA

12 Pack - 11.2-12 Oz. Bottles or Cans
Select Varieties
**CORONA, MODELO
OR STELLA ARTOIS**

HOTSALE!

19⁹⁹
EA

12 Pack - 12 Oz. Bottles or Cans
Select Varieties
**SAMUEL ADAMS, SIERRA NEVADA
OR NEW BELGIUM**

HOTSALE!

9⁹⁹
EA

6 Pack - 11.2-12 Oz. Bottles
6 Pack - 12 Oz. Cans
Select Varieties
**CORONA OR HEINEKEN
BLUE MOON**

HOTSALE!

9⁹⁹
EA

6 Pack - 10-11.2 Oz. Bottles
Select Varieties
**CAYMAN JACK,
MIKE'S HARD LEMONADE
OR JACK DANIEL'S**

HOTSALE!

17⁹⁹
EA

12 Pack - 12 Oz. Cans
Select Varieties
**SIMPLY SPIKED, NEW BELGIUM
HARD CHARGED TEA OR
HARD MOUNTAIN DEW**

HOTSALE!

17⁹⁹
EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
**HEINEKEN, PACIFICO
OR DOS EQUIS**

25.4 Oz. or 4 Pack - Select Varieties
WELCH'S SPARKLING JUICE

HOTSALE!

3⁴⁹
EA

W/O MVP Card Regular Retail

HOTSALE!

6⁹⁹
EA

12 Pack - 12 Oz. Cans
Select Varieties
**PEPSI
PRODUCTS**

W/O MVP Card Regular Retail

HOTSALE!

3/\$12

6 Pack
16-16.9 Oz. Bottles
Select Varieties
**COKE
PRODUCTS**

W/O MVP Card Regular Retail

HOTSALE!

4⁴⁹
EA

24 Pack
5 Liter Bottles
**DEER PARK
SPRING WATER**

W/O MVP Card \$6.99 EA

HOTSALE!

BOGO FREE

6 Pack
16-16.9 Oz. Bottles
Select Varieties
**PEPSI
PRODUCTS**

W/O MVP Card Regular Retail
Single Item Half Price
LIMIT 4 FREE

17 Oz.
Select Varieties
**SPARKLING ICE
FLAVORED WATER**

PRICED LOW EVERY DAY

5/\$5

W/O MVP Card \$1.28 EA

2 Liter
Select Varieties
**7-UP OR
CANADA DRY
PRODUCTS**

HOTSALE!

3/\$5

W/O MVP Card Regular Retail

DAIRY

STOCK UP ON WHOLESOME GOODNESS

PRICED LOW EVERY DAY
7.99 EA
 W/O MVP Card \$9.79 EA

32 Oz. Select Varieties
KRAFT VELVEETA CHEESE



HOTSALE!
2/\$4
 12-16 Oz. All Varieties
HELUVA GOOD! OR DEAN'S DIP
 W/O MVP Card Regular Retail



HOTSALE!
2/\$5
 W/O MVP Card \$3.99 EA

8-13.9 Oz. Select Varieties
PILLSBURY CRESCENTS OR CINNAMON ROLLS



HOTSALE!
2/\$5
 W/O MVP Card \$4.29 EA

8 Oz. Brick Select Varieties
PHILADELPHIA CREAM CHEESE



HOTSALE!
2/\$6
 W/O MVP Card Regular Retail

4 Pack or 32 Oz. Select Varieties
DANNON TRADITIONAL OR ACTIVIA YOGURT



HOTSALE!
2/\$5
 W/O MVP Card \$3.29 EA

16 Oz. Select Varieties
DAISY SOUR CREAM



HOTSALE!
2/\$6
 W/O MVP Card Regular Retail

6-8 Oz. Select Varieties
CRACKER BARREL CHEESE BARS OR CUBES



HOTSALE!
2/\$7
 W/O MVP Card Regular Retail

32-50 Oz. Select Varieties
NESTLÉ COFFEE MATE CREAMER OR ICED COFFEE



FROZEN

BIG SAVINGS ON CONVENIENCE

HOTSALE!
7.99 EA
 W/O MVP Card \$11.69 EA

28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS



HOTSALE!
4.49 EA
 21 Oz. Select Varieties
BIRDS EYE VOILA! DINNERS
 W/O MVP Card Regular Retail



HOTSALE!
5.99 EA
 W/O MVP Card \$6.99 EA

14.3-24 Oz. Select Varieties
FARM RICH SNACKS



HOTSALE!
11.99 EA
 W/O MVP Card \$14.29 EA

52.5-57 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS



HOTSALE!
9.99 EA
 W/O MVP Card \$10.99 EA

100 Ct. Select Varieties
TOTINO'S PIZZA ROLLS



MVP DIGITAL COUPONS
 load on app • web • in-store kiosk

HOT SALE! **6.99** EA
 W/O MVP Card Regular Retail
 MVP Coupon **-2.00** OFF!

17.65-28.79 Oz. Select Varieties Excludes Gluten Free
RED BARON FULLY LOADED OR FRESCHETTA PIZZA
 W/O MVP Card \$6.99 EA
 MVP W/ MVP DISCOUNT SAVINGS LIMIT!



HOTSALE!
3.99 EA
 W/O MVP Card Regular Retail

19-32 Oz. Select Varieties
ORE-IDA FROZEN POTATOES OR TATER TOTS



HOTSALE!
4.99 EA
 W/O MVP Card \$5.49 EA

48 Oz. Select Varieties
TILLAMOOK ICE CREAM



HOT SALE! **5.99** EA
 W/O MVP Card \$6.99 EA
 MVP Coupon **-1.00** OFF!

16.3-19.2 Oz. Select Varieties
TENNESSEE PRIDE BISCUITS



HOTSALE!
2/\$6
 W/O MVP Card \$3.39 EA

10.25-11.25 Oz. Select Varieties
NEW YORK TEXAS TOAST



HOTSALE!
8.99 EA
 W/O MVP Card \$9.99 EA

22 Oz. Pkg. - Frozen Select Varieties
PERDUE FULLY COOKED AIR FRYER READY WINGS



BREAKFAST

8 Ct. **KELLOGG'S POP-TARTS**
PRICED LOW EVERY DAY
2/\$5
 W/O MVP Card \$3.18 EA



11.2 Oz. **GENERAL MILLS CHEERIOS PROTEIN CEREAL**
NEW ITEM
HOTSALE!
2/\$6
 W/O MVP Card \$5.69 EA



10.4 Oz. **FOOD LION FRUIT & GRAIN CEREAL BARS**
PRICED LOW EVERY DAY
2.39 EA



PRICED LOW EVERY DAY
3.89 EA
 W/O MVP Card \$5.29 EA

11-20.5 Oz. Select Varieties
THOMAS' ENGLISH MUFFINS



HOTSALE!
3.49 EA
 W/O MVP Card \$5.69 EA

100 Ct. **LIPTON TEA BAGS**



46 Oz. Select Varieties
TROPICANA PREMIUM ORANGE JUICE
HOTSALE!
2/\$5
 W/O MVP Card Regular Retail



10 Ct. Single Serve Cups or 12 Oz. Bag Select Varieties
NATURE'S PROMISE COFFEE
HOTSALE!
5.99 EA
 W/O MVP Card Regular Retail



12 Ct. K-Cups or 12 Oz. Bag Select Varieties
BLACK RIFLE COFFEE
HOTSALE!
9.99 EA
 W/O MVP Card Regular Retail



HEALTH & BABY

TAKE GOOD CARE OF THE FAMILY



1.62 Oz.
Select Varieties
FIT CRUNCH BAR
HOTSALE!
2/\$3
W/O MVP Card \$1.79 EA

4 Pack
Select Varieties
SLIMFAST ADVANCED SHAKES
HOTSALE!
8.49 EA
W/O MVP Card \$9.99 EA



PREMIER PROTEIN SHAKE CHOCOLATE



HOTSALE!
10.79 EA
W/O MVP Card \$11.99 EA

18.62-19.05 Oz.
Select Varieties
NATURE'S PROMISE PROTEIN POWDER



HOTSALE!
17.99 EA
W/O MVP Card \$19.99 EA

100-110 Ct.
Select Varieties
CENTRUM GUMMIES ADULT OR 50+



HOTSALE!
10.79 EA
W/O MVP Card \$11.99 EA

70 Ct.
Select Varieties
NATURE MADE MELATONIN GUMMIES



HOTSALE!
10.69 EA
W/O MVP Card \$11.99 EA

13-19.5 Oz.
Select Varieties
OGX SHAMPOO OR CONDITIONER



HOTSALE!
6.99 EA
W/O MVP Card \$7.99 EA

3.75-4 Oz.
Select Varieties
PLUM ORGANICS MIGHTY 4 YOGURT



HOTSALE!
2/\$3
W/O MVP Card \$1.79 EA

33.8 Oz.
Select Flavors
KINDERLYTE BABY DRINK



HOTSALE!
3.99 EA
W/O MVP Card \$5.99 EA

HOTSALE!
1.99 EA



56-64 Ct.
Select Varieties
HUGGIES WIPES
W/O MVP Card \$2.79 EA

MVP DIGITAL COUPONS load on app • web • in-store kiosk

32 Ct.
Select Varieties
OLAY CLEANSING MELTS
HOT SALE! 9.99 EA
W/O MVP Card \$10.99 EA
MVP Coupon -1.00 OFF!
8.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT!

20-28 Ct.
Select Varieties
LUVS PLATINUM DIAPERS
7.79 EA
MVP Coupon -2.00 OFF!
5.79 EA
W/ MVP DISCOUNT SAVINGS LIMIT!

16 Oz.
Select Varieties
DAWN POWERWASH
HOT SALE! 4.99 EA
W/O MVP Card \$5.99 EA
MVP Coupon -2.00 OFF!
2.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT!

200-240 Ct.
Select Varieties
BOUNCE
HOT SALE! 9.99 EA
W/O MVP Card \$10.99 EA
MVP Coupon -2.00 OFF!
7.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT!

HOUSE & HOME

HOT SALE ON HOME CARE



8 Mega Rolls
FOOD LION BATH TISSUE
6 Double Rolls
FOOD LION PAPER TOWELS
Select Varieties
HOTSALE!
5.69 EA
W/O MVP Card Regular Retail

28-43 Ct.
Select Varieties
CASCADE
HOTSALE!
12.99 EA
W/O MVP Card \$13.99 EA

24-48 Ct.
Select Varieties
ZIPOC
HOTSALE!
6.99 EA
W/O MVP Card \$7.69 EA

20-40 Ct.
Select Varieties
FOOD LION PLATES OR BOWLS
HOTSALE!
2/\$5
W/O MVP Card \$2.99 EA

16 Oz. Mist or 75 Ct. Wipes
Select Varieties
CLOROX
HOTSALE!
4.99 EA
W/O MVP Card \$7.39 EA

1 Ct. Vent Clip or 8.8 Oz. Air
Select Varieties
FEBREZE
HOTSALE!
3.29 EA
W/O MVP Card \$3.99 EA

PET

12 Oz.
Select Varieties
FRISKIES LIL' SOUPS
HOTSALE!
3/\$3
W/O MVP Card \$1.39 EA

35 Lb. Pail
Select Varieties
TIDY CATS CONTROL CAT LITTER
HOTSALE!
19.69 EA
W/O MVP Card \$20.69 EA

5 Lb. Bag
Select Varieties
SUPREME SOURCE GRAIN FREE DOG FOOD
HOTSALE!
9.89 EA
W/O MVP Card \$11.89 EA

12-16 Oz.
Select Varieties
FULL MOON JERKY TENDERS
HOTSALE!
11.49 EA
W/O MVP Card \$13.99 EA

Keeping your fresh favorites *priced low*

In our produce department you'll find organics, what's best in season, and your everyday essentials at the best prices possible.



HOTSALE!
MVP
1.79
LB
Bulk
HONEYCRISP APPLES
W/O MVP Card Regular Retail



PRICED LOW EVERY DAY!
1.99
LB
Large
GREEN SEEDLESS GRAPES



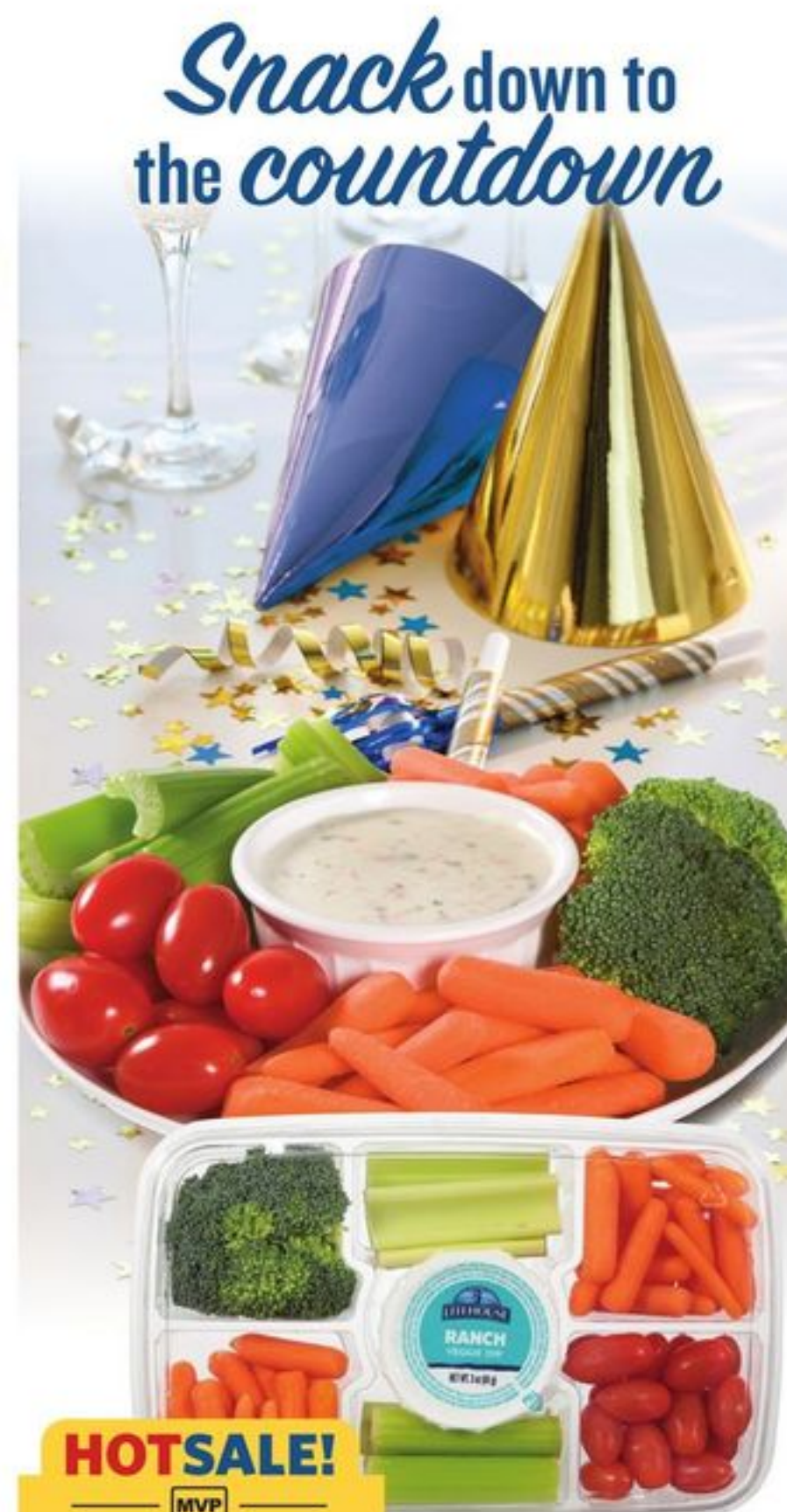
HOTSALE!
MVP
79¢
EA
W/O MVP Card Regular Retail
HASS AVOCADOS OR MANGOS



HOTSALE!
MVP
69¢
LB
W/O MVP Card Regular Retail
GREEN CABBAGE



HOTSALE!
MVP
3.49
EA
W/O MVP Card Regular Retail
3 Lb. Bag
FOOD LION NAVEL ORANGES



HOTSALE!
MVP
3.49
EA
W/O MVP Card Regular Retail
5 Lb. Bag
FOOD LION RED POTATOES



HOTSALE!
MVP
1.49
EA
W/O MVP Card Regular Retail
Bunch
CELERY



HOTSALE!
MVP
3.49
EA
W/O MVP Card Regular Retail
12 Oz. Select Varieties
MARZETTI VEGGIE DIPS



10.99
EA
While Supplies Last!
HAPPY NEW YEAR BOUQUET



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail
20 Oz.
SMALL VEGETABLE TRAY WITH DIP

ORGANIC



HOTSALE!
MVP
3.49
EA
W/O MVP Card Regular Retail
6 Oz. Pkg.
ORGANIC BLUEBERRIES



HOTSALE!
MVP
1.99
EA
W/O MVP Card Regular Retail
ORGANIC SEEDLESS CUCUMBERS

100% fresh or double your money back
See foodlion.com for details



Text CountOnUs to MVPMPV (687687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply.)
Find us online: foodlion.com | f | t

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card. We reserve the right to limit quantities and correct typographical errors. Prices and availability may vary by store. Rain checks unavailable on alcohol and tobacco products.



Prices in this ad good at stores conveniently located in these cities:

Clarksville, Manchester, Shelbyville, Tullahoma

We accept competitor's coupons, exceptions may apply, see store associate for details. Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores. Sale Begins Wednesday at 8 am in 24 Hour Stores.