

FRESH CO

Flyer in effect Dec 5-11, 2024
Prices in effect in Western Canada

ZONE 1

FRENZY DAYS



SAVE \$1.30 /lb
147 /lb

Frozen Grade A Turkey
5-7 kg or 7-9 kg
3.24/kg reg 2.77/lb
WHILE SUPPLIES LAST



246

Raspberries or Blackberries 170 g
Product of USA or Mexico



596

Chinese Mandarins
4 lb Case
Product of China
1.81 kg



SAVE \$2.92 /lb
395 /lb

Compliments Split Chicken Wings
8.71/kg
reg 5.97/lb



200 PTS when you buy 2
That's \$2 toward your groceries
SAVE \$4.97
602

Compliments Cooked or Raw Pacific White Shrimp Frozen 340 g
reg 8.99-10.99



MEMBERS SAVE \$1.04
495 MEMBER
599 without Scene+ Card
Dairyland Butter Salted or Unsalted 454 g
Limit of 4



SAVE \$1.51
248

Lactantia Cream Cheese 250 g
Lactantia Cream Cheese Spread 227 g
reg 3.99



SAVE \$2.91
298

Silk Beverage 1.75-1.89 L
Selected Varieties
reg 4.99



250 PTS when you buy 3
That's \$2.50 toward your groceries
SAVE \$1.85
694

Alfa Phyllo Twists or Rollinis 1 kg Selected
reg 8.79



Scene+ DIGITAL EXCLUSIVE
DEC 5-11, 2024

YOUR 1000 PTS OFFER IS WAITING
VISIT THE FRESHCO APP OR MYGROCERYOFFERS.CA

That's like \$10 toward your groceries

*Scene+ card must be registered and offer must be loaded. See page 3 for full terms and conditions

Lowering food prices

Avocados 5 pk
Product of Mexico



4.99

PRODUCT OF CANADA



4.99

Seedless Cucumbers 3 pk
Product of Canada
Canada No. 1



Compliments
Ambrosia
Apples 3 lb
Product of BC
Canada Fancy
1.36 kg

3.99



Green Seedless
Grapes
Product of USA
No. 1 Grade
8.80/kg

3.99
/lb



Hothouse
Tomatoes
Product of Canada
Canada No. 1 or
Mexico No. 1 Grade
5.49/kg

2.49
/lb



Broccoli Crowns
Product of USA
or Mexico
6.59/kg

2.99
/lb



Compliments
Lemons 2 lb
Product of USA
907 g

4.99



Jumbo Golden
Pineapples
Product of
Costa Rica

4.99



Green or Grey
Zucchini or
Eggplant
Product of Mexico
or USA 4.39/kg

1.99
/lb



Compliments
Baby Spinach,
Spring Mix or
Arugula
142 g
Product of USA

3.99

FRENZY DAYS

MEMBERS SAVE \$2
\$8
Without Member Card
\$10
Chris Brothers
Bologna 1.5 kg
reg 11.00

MEMBERS SAVE \$1
10.97
Without Member Card
11.97
Janes Ultimates Chicken
Wings Frozen 695-754 g
reg 15.99

100 PTS
when you buy 1
there's \$1 toward your groceries
SAVE \$2.02
7.97

Grimm's Bavarian Smokies 450 g
reg 9.99

100 PTS
when you buy 4
there's \$1 toward your groceries
SAVE \$1.52
1.97

Maple Lodge Farms
or Zabiha Halal
Chicken Bologna
or Wieners
375-450 g reg 3.49

200 PTS
when you buy 2
there's \$2 toward your groceries
SAVE \$3.02
7.97

Lil' Juan's Entrées
300-400 g
Lou's Kitchen
Quick 'n Easy
Entrées 375-400 g
reg 9.99-10.99

PREFERRED ANGUS
7.97
/lb

Angus Beef
Outside Round
Oven Roast
Cut from Canada
AA Beef or Higher
17.57/kg

SAVE \$3
\$12

Mina Halal
Boneless
Skinless
Chicken
Breasts 948 g
or Thighs 736 g
reg 15.00

SAVE 92¢
2.97

Villaggio
Bread
510-540 g
reg 3.89

SAVE \$2.02
3.97

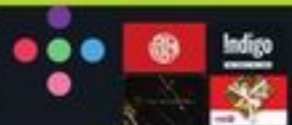
Monsieur Gustav
Cheese 125-170 g
Selected Varieties
Jarlsberg Cheese
Slices 120 g
reg 4.99-5.99

\$3
3.47
without Member Card
3.47
Babybel
Cheese 6 pk
reg 4.99

\$3
3.47
without Member Card
3.47
Compliments Deli Meat 175 g
Selected Varieties
reg 4.00

Scene GET 700 PTS

FOR EVERY \$50 SPENT ON
BOSTON PIZZA, INDIGO,
JOEY'S RESTAURANTS OR
EDO JAPAN GIFT CARDS!



Offer valid during December 5 - 11, 2024.
Sorry no rainchecks or price matching. See
gift card for details, terms, conditions, and
(if applicable) fees. Subject to availability.



Black Diamond
Cheestrings 12-16 pk
Black Diamond
Cheese Slices 825 g
reg 7.97

SAVE \$1
6.97



SAVE 50¢
5.97

Natrel Plus 2 L
reg 6.47



Liberté Greek Yogourt
650-750 g reg 7.27

SAVE 80¢
6.47



Italpasta 450-900 g
reg 2.49

SAVE 52¢
1.97



Kraft Dinner Frozen Meals
340 g or Crave
Frozen Meals 200-340 g
reg 4.69

SAVE 72¢
3.97



Tropicana
Orange Juice
1.36 L
reg 5.47

SAVE \$1
4.47



Tim Hortons
Ground Coffee 300 g
Twinings Tea Bags 50 pk
reg 9.99

SAVE \$2.02
7.97



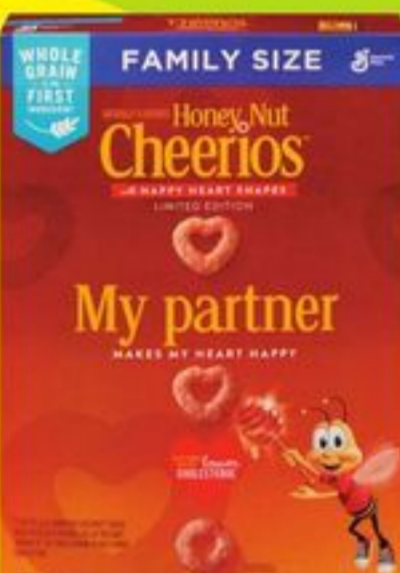
Maxwell House Coffee
864-900 g reg 12.99

SAVE \$3.02
9.97

FRENZY DAYS



SAVE \$2.52
5.47



General Mills Cereal
Selected 475-778 g
reg 7.99



Doritos 210-280 g
Ruffles 180-200 g
reg 4.49

SAVE \$1.98 ON 2
2/\$7



Pepperidge Farm
Goldfish Crackers
168-227 g
Snyder's of
Hanover Pretzels
240 g reg 3.77-3.79

SAVE \$0.82
2.97



Compliments
Potato Chips
200 g

1.37



Folgers
K-Cups 30 pk
reg 20.99

SAVE \$5.02
15.97



OR BUY 1 at \$2.99
Monster Singles
444-473 mL

BUY 2 OR MORE
2.47



Hellmann's
Mayonnaise
750-890 mL
reg 6.77

SAVE 80¢
5.97



Symphony
Potato Patties
2.5 kg or
Symphony Fries
2.27 kg reg 9.99

SAVE \$2.02
7.97



Purex Bathroom
Tissue
12=36 Rolls or
Sponge Towels
6=9 Rolls
reg 13.99-15.49

SAVE \$3.52
12.97



Purina Tidy Cats
Cat Litter 2.72 kg
reg 13.99

100 PTS
that's \$1 toward your
groceries
SAVE \$2.02
11.97

*Receive 1000 Scene+ points, when you load the offer and make the specified minimum purchase amount based on your individual shopping history, on eligible grocery purchases at participating FreshCo stores in Western Canada in a single transaction before applicable taxes and charges and after deducting any discounts or coupons. Scene+ card must be valid and registered. Offer valid from December 5, 2024 to December 11, 2024. Offer must be loaded to a registered Scene+ card prior to transaction. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, Western Union and any other non-durable product excluded by law. No base Scene+ points earned. Void if sold, transferred or altered. Digital Offer has no cash value. Scene+ registered digital or physical card must be presented at time of transaction. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. We reserve the right to rescind the offer, if we determine, in our sole discretion, there is abuse of the offer or unauthorized or ineligible use of the offer and is subject to change without notice. Trademarks of Scene Plus Corporation used under license by Sobeys Capital Incorporated.

FRENZY DAYS BIG DEALS. LIMITED TIME.

SAVE \$1.01
388

Coca-Cola or Pepsi Soft Drinks 6x710 mL reg 5.49

SAVE \$2.85
4.94

Dr. Oetker Giuseppe Rising or Thin Crust Pizza 439-785 g reg 7.49

BUY 2
Vachon Snack Cakes 250-336 g at \$4.49
GET 1 FREE
Dempster's Bagels 5-6 pk
WHILE SUPPLIES LAST

SAVE \$1.29
1.44

Oasis Juices, Arizona Iced Tea or Del Monte Nectars 960 mL SunRype Juice 900 mL reg 2.49-2.69

SAVE \$2.20
5.77

NEW! Grace Chicken or Beef Patties 600 g reg 7.97

SAVE \$4.77
8.22

Robin Hood Flour 5 kg reg 12.99

SAVE \$2.04
6.93

Becef Margarine 637-850 g reg 8.97

SAVE \$3.97
3.72

Colgate Sensitive Pro-Relief Toothpaste 73-75 mL, Total Advanced Toothpaste 120 mL or Bamboo Charcoal Toothbrush 1 pk reg 5.69-7.69

Scene 1000 PTS = \$10 OF FREE GROCERIES

200 PTS when you buy 2 that's \$2 toward your groceries
SAVE \$2.22
5.97

Perrier Sparkling Water 8x330 mL, Sanpellegrino Naturali Sparkling Drink 6x330 mL reg 7.99-8.29

100 PTS when you buy 2 that's \$1 toward your groceries
SAVE \$3.05
4.94

Nescafé Rich Instant Coffee 100-170 g, Taster's Choice 100 g or Sweet & Creamy 18 pk reg 6.49-7.99

100 PTS when you buy 2 that's \$1 toward your groceries
5.44

Häagen-Dazs Ice Cream 400-450 mL or Novelties 3 pk

100 PTS when you buy 3 that's \$1 toward your groceries
SAVE \$1.11
2.96

Yoplait Tubes 8 pk or Minigo 6 pk reg 3.47

75 PTS when you buy 2
SAVE \$2.91
3.46

Kellogg's Cereal Selected Varieties 247-435 g reg 5.47

100 PTS when you buy 2 that's \$1 toward your groceries
SAVE \$1.97
2.92

Takis 190-280 g reg 3.99

100 PTS when you buy 4 that's \$1 toward your groceries
1.25

Heinz Beans or Pasta 398 mL reg 1.67

100 PTS when you buy 2 that's \$1 toward your groceries
SAVE \$2.22
4.97

Dove Shampoo or Conditioner 355 mL, Styling Products 198 g, Deodorant or Antiperspirant 45-74 g, Body Wash 325-400 mL or Bar Soap 3 pk Selected Varieties reg 6.29-7.29

100 PTS when you buy 1 that's \$1 toward your groceries
SAVE \$5.03
9.94

Gain Liquid 2.6 L, Downy Beads 379 g or Downy Liquid 2.63 L reg 13.49-14.99

Get 1000 PTS

When you spend \$30 on Starbucks products

Starbucks K-Cups 10-44 pk, Roast & Ground 311-793 g, Whole Bean Coffee 907 g, Starbucks by Nespresso 1.0 L, Starbucks by Nespresso Vertuo Pods 8-10 pk, Starbucks Hot Chocolate 300 g or Starbucks Creamers 828 mL

Scene DIGITAL EXCLUSIVE

DEC 5-11, 2024

Download the FRESHCO APP

20%* back in PTS

Load this offer and get 20 pts for every dollar spent on The Little Potato Company Fresh Little Potatoes 1.36 kg

20%* back in PTS

Load this offer and get 20 pts for every dollar spent on Compliments Baby Diapers Size 4-6 or Compliments Training Pants Boys or Girls 2T-5T

The Scene Loyalty Program is available at all participating FRESHCO locations within WESTERN CANADA. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in sterile regions, pre-paid cards, postal products and services, Western Union, McAfee/True Hardware ("Starbucks") products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery games, food banks, deposits, environmental charges, fuel and other goods and services which are non-deductible or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit https://www.sceneplus.ca/terms-and-conditions. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated. Offers valid Thursday, December 5, 2024 to Wednesday, December 11, 2024. Prices in effect while supplies last. We reserve the right to limit quantities. No rainchecks except as advertised. All price savings shown in this flyer are measured against our lowest regular retail prices offered in our stores in the applicable trade area. Excludes items not applicable to the applicable trade area. Excludes items not applicable to the applicable trade area. Savings offers may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lowest price" is to the lowest price as advertised in our weekly flyers and other promotional materials. "Low price" and other similar statements in our ads is as compared to the full-service banners operated by Sobeys Capital Incorporated. See in-store or FreshCo.com for full details of our Guarantees. All Guarantees are subject to our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, health and medical products and any products that are not sold by the store. **1. LOWEST PRICE GUARANTEE.** Subject to the Limitations and excluding products sold by third party vendor products sold within the store. If a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will call you that item for 14 days that item for 14 days than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario No Frills, Food Basics, Real Canadian Superstore, and Wal-Mart British Columbia, Alberta, Saskatchewan, and Manitoba. No Frills, Real Canadian Superstore, Wal-Mart and Scene+ On Foods. Prices match locations are subject to change based on regional circumstances. Limit of four (4) units of each product matched from our customer. **2. DOUBLE FRESH GUARANTEE.** Subject to Limitations. If you buy an eligible product from our stores, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **3. IN-STOCK GUARANTEE.** Subject to Limitations and excluding seasonal and limited quantity products. If you find that we are out of stock of any product featured in this store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICES IN EFFECT IN WESTERN CANADA.**

FLORAL DEALS!



4⁹⁷

Poinsettias
4.5" Pot



7⁹⁷

Poinsettias
6" Pot



4⁹⁷

Christmas Cactus
4" Pot



3⁹⁷

Cyclamen
4" Pot

Western Red Cedar
1.5 lb Bunch

5⁹⁷



5⁹⁷

White Pine
2 lb Bunch



Noble Fir Tips
1.5 lb Bunch

5⁹⁷



Holiday Shrub
1 G

9⁹⁷



22⁹⁷

Holiday Wreath
18"



24⁹⁷

Winter Planter
8.5"

COLOUR AND SELECTION MAY VARY - AVAILABLE AT MOST LOCATIONS - WHILE SUPPLIES LAST
NOT AVAILABLE AT THUNDER BAY LOCATION

BULK DEALS!



Dried Figs or
Dried Apricots 200 g
Product of Turkey

1⁹⁹

**NEW
CROP**



3⁹⁹

Chestnuts
1 kg bag
Product of China



3⁹⁹
/lb

In-Shell Walnuts
Product of USA
8.80/kg



9⁹⁹

Sally's Cajun Crunch Mix or
Sally's Wilderness Trail Mix
750 g



12⁹⁹

Bard Valley Dates 2 lb
Product of USA



8⁹⁹

David Roberts Peanut
Party Wheel 700 g



9⁹⁹

David Roberts Mix Nuts
Celebration Tray 600 g



11⁹⁹

David Roberts
Peanut Raisins Tray 670 g or
David Roberts Chocolate &
Nut Tray 675 g



9⁹⁹

Sally's Sliced or
Ground Almonds
500 g



17⁹⁹

Sally's Raw Pecan
Halves 750 g or
Sally's Raw Cashews
1 kg



12⁹⁹

Sally's Walnuts
Halves & Pieces 1 kg
Sally's Dried Apricots
750 g

HOLIDAY SWEET DEALS!

WHILE SUPPLIES LAST



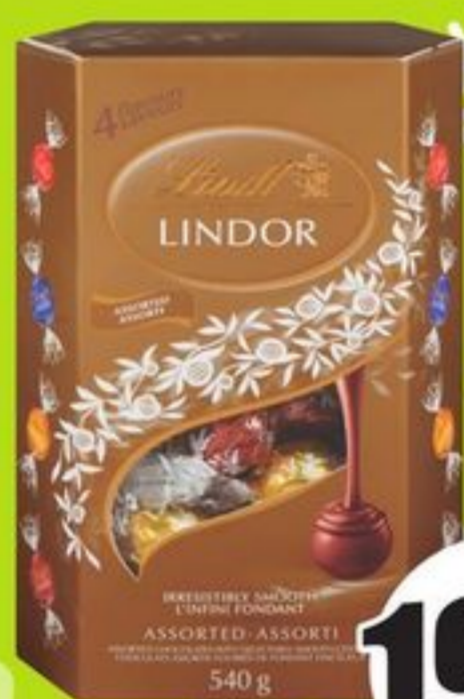
SAVE \$1.02
3.47

Excellence Chocolate
100 g reg 4.49



Ferrero Chocolates
156-200 g
reg 9.97

6.97



19.97

**Lindt Lindor
Chocolate Cornet**
540 g

200 PTS
when you buy 2
That's \$2 toward your
like groceries



11.97

Nestlé Turtles Chocolate
300-350 g



12.47

**Ferrero Rocher
Chocolate Gift Box**
Selected 259-375 g
reg 15.97-16.97



8.97

**Hershey's
Festive Moments
Box 297 g**

10.97

Toblerone Chocolate
360 g



4.47

**Hershey's Kisses 180 g
Hershey's Reese's or
Skor 161 g
York Peppermint
Patties 227 g**



Kinder Maxi
116-150 g
reg 13.97

9.97



**Lindt Chocolate
Bear 100 g**

6.97



6.97

**Lindt Swiss Classic
Chocolate Bar 300 g**

Kraft

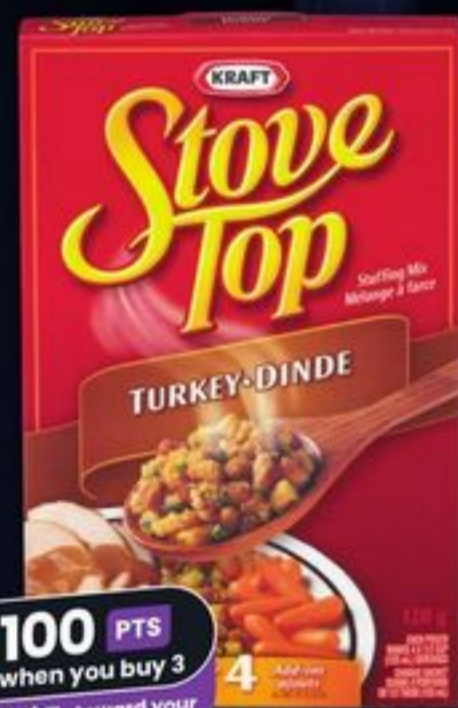
PRESENTS

Pinterest to Plate

IMPRESS WITHOUT THE STRESS

Pinterest
2024 Trend

View our recipes
on Pinterest
@KraftFestiveFaves



100 PTS
when you buy 3
That's \$1 toward your groceries

147
Kraft Stove Top Stuffing Mix 120 g



100 PTS
when you buy 1
That's \$1 toward your groceries

597
Maxwell House Iced Latte 165 g



BUY 2 OR MORE
SAVE MORE
397 ea

Philadelphia Cream Cheese 227-250 g



100 PTS
when you buy 2
That's \$1 toward your groceries

299
Mio, Kool-Aid, Tang, Crystal Light or Country Time Drink Mix 48 mL
Mio Powder Drink Mix 26-40 g



647
Kraft Peanut Butter 1 kg



197
Smart Ones Entrées 255-283 g
Heinz Bagel Bites 198 g



1297
Nabob Roast & Ground Coffee 930 g
Nabob Single Serve Pods 30 pk



497
Heinz Ketchup 750 mL-1 L
Kraft Miracle Whip Spread 650-890 mL
Kraft Dinner Macaroni & Cheese 5 pk



300 PTS
when you buy 4
That's \$3 toward your groceries

197
Catelli Garden Select Pasta Sauce 600-640 mL



297
Kool-Aid Jammers Fruit Beverage 10x180 mL



197
Kraft BBQ Sauce 455 mL



pure
J.L. KRAFT®

397

Pure J.L. Kraft Dressing & Marinade 355 mL

EURO DEALS!



SAVE \$1.02
3.97

Lov Sunflower Seeds
200 g
reg 4.99



SAVE 92¢
2.77

Borjomi
Carbonated
Natural
Mineral Water
750 mL
reg 3.69



25 PTS
when you buy 2

SAVE \$1.02

3.47

Lovaré Tea 30 g
reg 4.49



50 PTS
when you buy 2

SAVE \$2.92

15.97

Red Gold Salmon Caviar
100 g reg. 18.49
WHILE SUPPLIES LAST



50 PTS
when you buy 2

SAVE \$3.02

11.97

Red Gold Steelhead
Salmon Caviar 100 g
reg 14.99
WHILE SUPPLIES LAST



100 PTS
when you buy 1

SAVE \$5.02

24.97

Red Gold Steelhead
Salmon Frozen Caviar
200 g
WHILE SUPPLIES LAST
reg 29.99



200 PTS
when you buy 2

SAVE \$5.02

27.97

Red Gold Frozen Pink
Salmon Caviar 200 g
WHILE SUPPLIES LAST
reg 32.99



SAVE \$2.02

4.47

Aurora Antipasto
500 mL
reg 6.49



15.97

Baltic Gifts Frozen
Herring Fillets
1 kg



50 PTS
when you buy 2

SAVE \$1.02

4.47

Dandar Buckwheat 900 g
reg 5.49



SAVE \$1.02

3.97

PeachTree Valley
Sliced Peaches 850 mL
reg 4.99



SAVE \$1.08

4.47

Kühne Sauerkraut with
Wine 720 mL
reg 5.97



50 PTS
when you buy 2

SAVE \$1.02

1.47

S&F Cream Crackers 200 g
reg 2.49



SAVE 52¢

1.27

Street Soup 50 g
reg 1.79



2.47

Wolski Riga Premium
Sprats in Oil 160 g
reg 2.79



SAVE 50¢

3.97

Balconi Mix Max 330-350 g
reg 4.47



SAVE 52¢

2.97

Tre Marie Wafers 140 g
reg 3.49

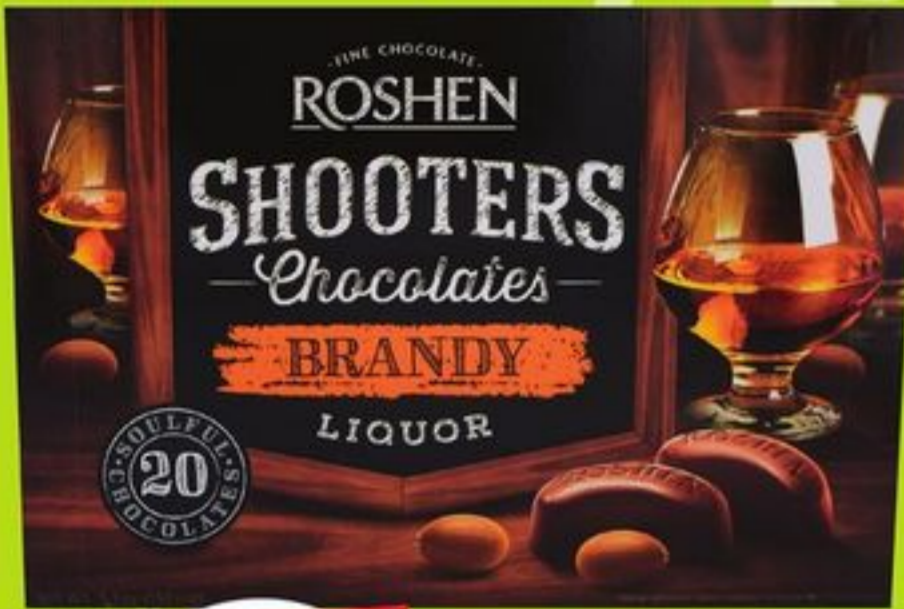


1.97

Roshen Wafers
Sandwich Cookies
142 g

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

SWEET EURO DEALS!



SAVE \$1.32

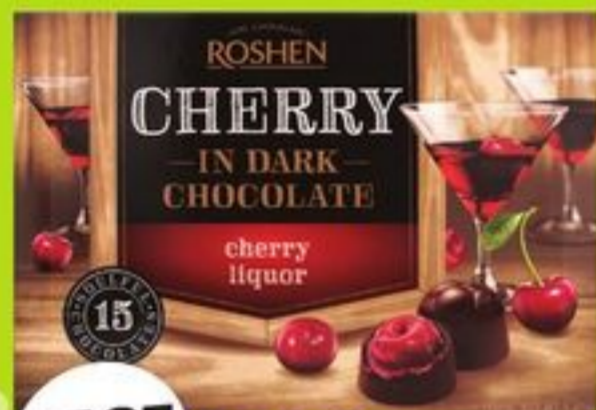
4.47

Roshen Shooters
Chocolates 150 g
reg 5.79



13.97

Ametist Plus Native
Ukraine Candies
450-500 g



5.97

Roshen Chocolate Cherries
155 g



4.97

Allessia Torrone
150 g



6.97

Roshen Assorted Dark
Chocolates 145 g



9.97

Roshen Strila Podilska
Chocolate Box 200 g



11.97

Roshen Chocolateria
194 g



SAVE 72¢

4.97

Roshen Toffee Candy 325 g
reg 5.69



6.49

Old Excellent Brandy Beans
250 g



3.97

Reko Pizzelle Cookies
200 g



14.47

Heller & Strauss Tutti Frutti
Candy Jar 966 g



4.97

Guinness Truffle Bar 90 g or
Rowntree's Jelly Tots Candy
115 g



6.47

Elizabeth Shaw Dessert
Mint Flutes 105 g



11.97

Mrs Tilly's Cream Fudge
300 g



4.99

Maitre Truffout Truffles
200 g



SAVE \$1.02

2.47

Roshen Jelly Candy 200 g
reg 3.49



SAVE \$1.02

4.47

Roshen Caramel or
Jelly Candy 378 g
reg 5.49

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE LOCATION.

CLEAN UP DEALS!



23⁹⁷

Finish Auto Dish Detergent
60-105 pk
reg 28.99

SAVE \$4⁰²
15⁹⁷

Air Wick
Scented Oils 5 pk
reg 19.99



7⁹⁷

Windex Glass Cleaner 2 L
Ziploc Storage Bags
10-180 pk reg 9.49



9⁹⁷

Drano 2.3 L or
Reynolds Parchment Paper
160 ft reg 9.97-10.99
WHILE SUPPLIES LAST



Reynolds
Parchment Paper
160' EXTRA LONG ROLLS



10⁹⁷

Bounce Sheets 200 pk or
Bounce Pet Fresh 120 pk
reg 11.99-12.49



11⁹⁷

Lysol Wipes 2 pk
reg 14.99



6⁴⁷

Febreze Spray 500 g
reg 7.99



16⁴⁷

Sponge Towels 6-12 Rolls
reg 17.47



12⁹⁷

Fleecy Fabric Softener 4.7 L
reg 13.99



15⁹⁷

Purex Bathroom Tissue
30-50 Rolls
reg 19.49



15⁹⁷

Purex 6 L
Sunlight 5.6 L
WHILE SUPPLIES LAST



9⁹⁷

Palmolive Dish Soap 4.27 L
reg 12.99

DONATE DEC. 2ND - 24TH
TO SUPPORT OUR LOCAL FOOD BANK



**100% of your donation goes to our
local food bank**

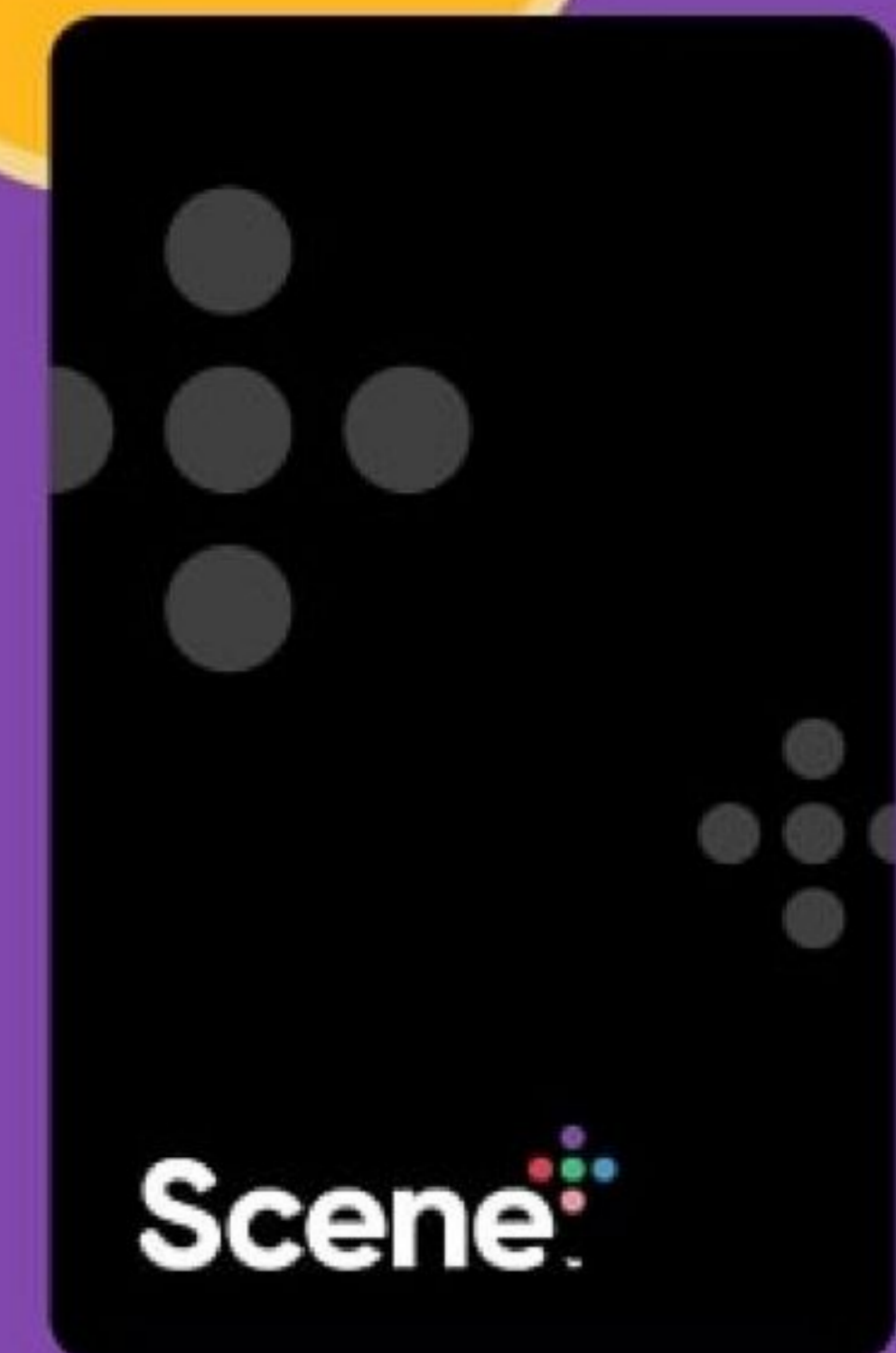
GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa* Card**.

APPLY NOW

**GET 2
SCENE+ PTS
ON EVERY
\$1 SPENT²**

**1000 pts
= \$10 in
groceries¹**



¹1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.
²Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.
See full list of participating merchants across Canada at scotiabank.com/participatingstores.
*Visa Int. / licensed user.



Get diabetes care that fits **your needs.**

With a personalized care plan, our pharmacist can help you:

- Ensure your medications are working
- Understand insulin and injection techniques
- Review glucose monitoring and other technology
- Understand how blood pressure affects your diabetes

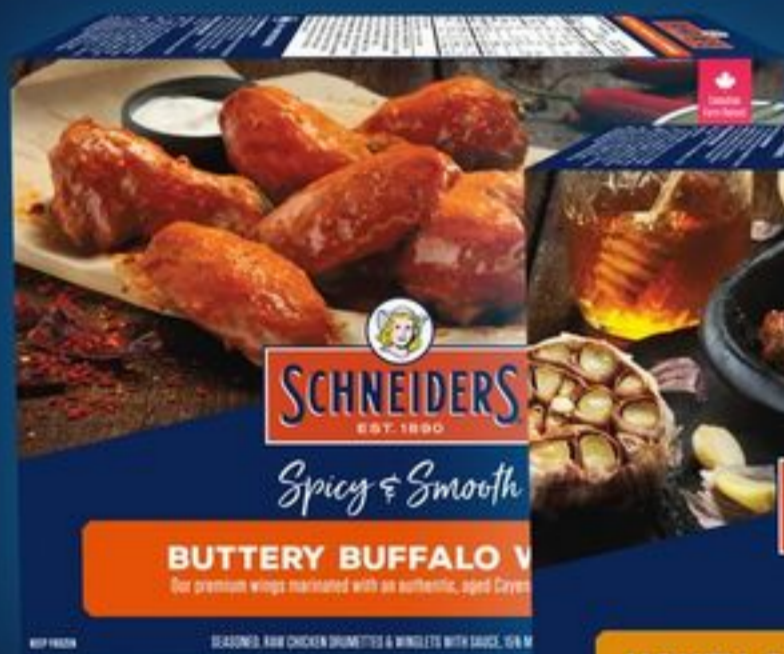
Ask our pharmacist if a personalized care plan is right for you.



CANADIAN CRAFTED SINCE 1890

9⁹⁷

Schneiders® or
Maple Leaf® Ham
600g-700g



8⁹⁷

Schneiders®
Frozen
Chicken Wings
615g

6⁹⁷

Schneiders®
Pepperettes®
Sausage
Snacks
250g-375g



Offers valid December 5-11th, 2024