



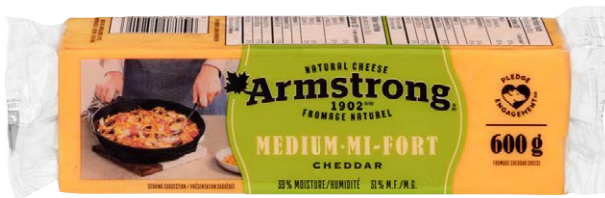
Askew's

FAMILY-OWNED GROCER
SERVING YOU FOR 95 YEARS



Locally Smoked
HAM SHANK PORTIONS
Bone In
8.77/kg
3.98

Armstrong
CHEESE
Cheddar, Marble, Mozza,
Havarti, Monterey Jack
Asst. Var.,
600 g



7.98



Classico
PASTA SAUCE
Asst. Var.,
218 - 650 mL

2.98

Christie
CRACKERS
Asst. Var.,
175 - 386 g



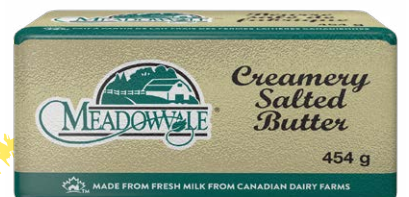
2.98

China Grown
MANDARIN ORANGES
4 lb Box



6.98 ea.

Meadowvale
SALTED BUTTER
454 g



5.98

VALID DECEMBER 22 - 28, 2024 | WE RESERVE THE RIGHT TO LIMIT QUANTITIES WHILE QUANTITIES LAST.

 **GROCERY** *Everything you need*

Bick's
DILL PICKLES
Asst. Var.,
1 L



3⁹⁸

Hellmann's
MAYONNAISE
Asst. Var.,
710 - 890 mL



5⁹⁸

Kraft
DRESSING
Asst. Var., 425 mL

348



Green Giant
VEGETABLES
Asst. Var.,
341 - 398 mL



1⁸⁸

Stove Top
STUFFING MIX
Asst. Var.
120 g



1²⁸

Ocean Spray
CRANBERRY SAUCE
Jelly or Whole Berry
348 mL



2⁴⁸



Classico
PASTA SAUCE
Asst. Var., 218 - 650 mL

298



Knorr
SIDEKICKS
Asst. Var.,
121 - 167 g



1⁸⁸

Bick's
PICKLES
Specialty
Varieties
1 L



4⁴⁸

Clover Leaf
SMOKED OYSTERS
Asst. Var.,
85 g



1⁹⁸

Ben's Original
**FAST & FANCY
RICE BLENDS**
Asst. Var.,
132 g



1⁴⁸

French's
MUSTARD
Asst. Var.,
325 - 550 mL



2⁹⁸

Frank's
RED HOT SAUCE
Asst. Var.,
354 mL



4⁴⁸

Unico
**KALAMATA
OLIVES**
Asst. Var.,
375 mL



3⁹⁸

Knorr
**CLASSIC GRAVY
MIXES**
Asst. Var.,
26 - 30 g



3/4⁹⁸

Everything you need **GROCERY** 



Kellogg's
CEREAL
Jumbo Pack
Asst. Var., 700 g - 1.2 kg
898



Quaker
HOT INSTANT OATMEAL
Asst. Var., 232 - 344 g

368



Mott's
CLAMATO JUICE
Asst. Var., 1.89 L

348 + dep



Ocean Spray
100% CRANBERRY JUICE BLENDS OR COCKTAILS
Asst. Var., 1.77 - 1.89 L

448 + dep



Nabob
TRADITION COFFEE
Fine Grind or Organic Medium Roast
915 - 930 g

1398



Roger's
FLOUR
Asst. Var., 10 kg

998



Baker's
BAKING CHOCOLATE
Asst. Var., 170 - 225 g

448



Roger's or Lantic
SUGAR
Golden Yellow, Icing, Demerara, Old Fashioned Brown
1 kg

2/498



Christie
CRACKERS
Asst. Var., 175 - 386 g

298



SunRype
APPLE SAUCE
Asst. Var., 625 mL

298



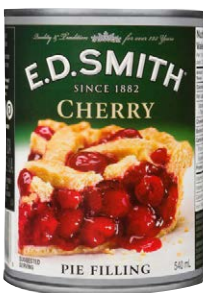
Dole
PINEAPPLE
Sel. Var., 398 mL

248



ED Smith
PIE FILLING
Asst. Var., 540 mL

568



Burns
LARD
454 g

348



Kraft
JET-PUFFED MARSHMALLOWS
Asst. Var., 400 g

198



Western Family
BAKING CRUMBS
Graham or Chocolate
400g

248



GROCERY *Everything you need*

Tidy Cats
CAT LITTER
Asst. Var.,
2.72 kg



11⁹⁸

Whiskas
DRY CAT FOOD
Asst. Var.,
2 kg



9⁹⁸

Nature's Recipe
DRY DOG FOOD
Asst. Var., 1.8 kg

14⁹⁸



Tide
LIQUID LAUNDRY DETERGENT HE
Asst. Var.,
1.24 L



9⁹⁸

Dawn
ULTRA DISHWASHING LIQUID
Asst. Var.,
431 - 473 mL



2⁹⁸

Spongetowel
ULTRA PAPER TOWEL
3 Roll Double or
6 Roll Single



7⁴⁸



Purex
BATHROOM TISSUE
12 Roll Double or 8 Roll Triple

7⁴⁸



Colgate
TOOTHPASTE
Total or Optic White
Asst. Var.,
73 - 170 mL

4⁹⁸



Scotties
FACIAL TISSUE
Asst. Var.,
82 - 126 pk

1⁶⁸



Askew's PHARMACY *at Uptown*



The staff at Askew's Uptown Pharmacy want to work with you to improve and maintain your good health.

Call us at 250-832-7655

Open 9 am - 6 pm Monday to Saturday.
Closed Sundays and Statutory Holidays.

Secaris
NASAL GEL
5 - 30 g

3³⁹ - 7²⁹



3M
NEXCARE PRODUCTS
7 - 18 mL

9⁹⁹ - 13⁴⁹



Sudocrem
DIAPER RASH CREAM
60 - 125 g

4⁶⁹ - 7²⁹



- + Prescription Services
- + Compliance Packaging
- + Private Medication Reviews
- + Injections
- + Free Prescription Delivery
- + Health and Medication information
- + Custom Orders welcome
- + A wide selection of front store OTC products

Everything you need **GROCERY** 

Philadelphia
DIPS

Asst. Var.,
227 g



2/4⁹⁸

Coke, Sprite, Canada Dry
POP

Asst. Var.,
12 x 355 mL



7⁴⁸
+ dep

Dairyland
EGG NOG

Regular or Light
2 L

4⁹⁸
+ dep



Molson
EXEL NON-ALCOHOLIC BEER

12 x 355 mL

9⁹⁸
+ dep



Hawkin's
CHEEZIES

210 g

2⁹⁸



Bubly
SPARKLING FLAVOURED WATER

Asst. Var.,
12 x 355 mL

5⁹⁸
+ dep



Dempster's
ORIGINAL BREAD
White or Whole Wheat
Asst. Var.,
570 - 675 g

3⁴⁸



Dempster's
10" TORTILLAS
Asst. Var.
6-10 pk

3⁹⁸



Silver Hills
BREAD

Sprouted Whole Grain
Asst. Var., 430 - 680 g

3⁹⁸



Fresh Baked In-Store
**STICKY TOFFEE
PUDDING CAKE**

11⁵⁸
ea.



*The appearance of fresh baked product may vary between stores.

BAKERY 

Prepared with love

Fresh Baked In-Store
FRUIT BREAD



4²⁸
ea.

Fresh Baked In-Store
DINNER BUNS

White or Whole Wheat
1 Dozen



4²⁸

 **MEAT** Carefully sourced

Locally Smoked
HAM SHANK PORTIONS
Bone In
8.77/kg

3⁹⁸
lb.



Fresh
BEEF STRIPLOIN GRILLING STEAK
Grade AA, Value Pack
33.02/kg

14⁹⁸
lb.



Fresh
BEEF INSIDE ROUND ROAST
Boneless, Grade AA, 2 Per Pk.
17.59/kg
7⁹⁸
lb.



Fresh
PORK LOIN CHOPS
Bone In, Center Cut
Value Pack
8.77/kg

3⁹⁸
lb.



Fresh
CHICKEN THIGHS
Boneless, Skinless
17.59/kg

7⁹⁸
lb.



Frozen
CORNISH GAME HENS
Grade A
10.10/kg

4⁵⁸
lb.



Askew's Own
PORK APPLE SAUSAGE
21.56/kg

9⁷⁸
lb.




Fresh
CHICKEN BREASTS
Boneless, Skinless, Value Pack
15.39/kg
6⁹⁸
lb.

M&M
ASIAN PARTY PACK
Frozen
800 g

19⁹⁸
ea.



Grimm's
SAUSAGE RING
Asst. Var.,
300 g

7²⁸
ea.



Mitchell's
HERITAGE BACON
Thick
1 kg

15⁹⁸
ea.



Freybe
DRY PEPPERONI
Original
500 g

12⁵⁸
ea.



Helmut's
GARLIC SAUSAGE RING
750 g

10⁵⁸
ea.



Johnsonville
SAUSAGE
Asst. Var.,
375 - 500 g

5⁹⁸
ea.



Harvest
SAUSAGE CHUBS
Asst. Var.,
375 g

7⁹⁸
ea.



Chop N Block
PEPPERONI
Asst. Var.,
550 g

9⁷⁸
ea.





Summer Fresh
**DIPS &
HUMMUS**
Asst. Var., 227g

467
ea.



DELI 

Prepared with love

Greek House
**ASSORTED
PRODUCTS**
Asst. Var.,
227 g



447
ea.

Freybe's
CERVELAT SALAMI



397
/100 g

Castello
AGED CHEESE COLLECTION
Asst. Var.,
200 g

767
ea.



Yucatan
GUACAMOLE
Asst. Var.,
227 g

647
ea.



Woolwich
SOFT GOAT CHEESE
Asst. Var.,
113 g

467
ea.



Wild, Frozen
**SOCKEYE SALMON
FILLETS**



398
/100 g



Mrs. Friday's
SEAFOOD CRAB CAKES
Frozen
510 g

1588
ea.



Nanuk
**SMOKED
SALMON LOX**
Frozen
85 g

968
ea.



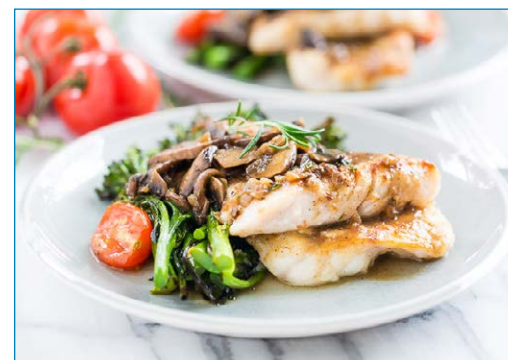
Seven Seas
PEELED SHRIMP
Raw or Cooked
31 - 40 or 41 - 50 Count
340 g

698
ea.



SEAFOOD 

Healthy & delicious



fish FRIDAY
FRESH ROCK FISH FILLETS

DAIRY *From basics to deluxe*

Dairyland
SOUR CREAM
250 mL



1²⁸

Dairyland
33% WHIPPING CREAM
473 mL



2⁹⁸

Armstrong
CHEESE
Cheddar, Marble, Mozza, Havarti,
Monterey Jack
Asst. Var., 600 g

798

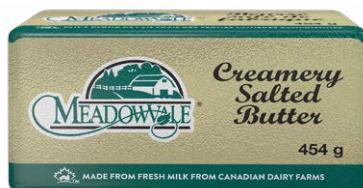


Dairyland
CREAMO
10%, Fat Free,
Lactose Free
946 mL



3²⁸

Meadowvale
SALTED BUTTER
454 g



5⁹⁸

International Delight
COFFEE CREAMERS
946 mL



4⁹⁸

Armstrong
CHEESE SHREDS
Asst. Var., 450 - 500 g

798

Philadelphia
CREAM CHEESE
Asst. Var.,
227 - 250 g



3⁹⁸

Dairyland
2% COTTAGE CHEESE
250 g



1⁶⁸

Dairyland
18% CREAM
946 mL



3⁹⁸

Dairyland
33% WHIPPING CREAM
946 mL



4⁹⁸

Castello
CAMEMBERT & BRIE
125 g



3⁴⁸

Earth's Own
DAIRY FREE BEVERAGE
Oat or Almond
1.75 - 1.89 L



3⁹⁸
+ dep

Tropicana
ORANGE JUICE
Asst. Var.,
1.36 L



4⁴⁸
+ dep

Aberdeen Poultry
LARGE FREE RUN EGGS
1 Dozen



5⁴⁸



FROZEN

Most practical

Green Giant
**SIMPLY STEAM
VEGETABLES**

Asst. Var.,
250 g



1⁷⁸

Cavendish Farms
POTATO PATTIES

Asst. Var.
1.2 kg



5⁴⁸



Red Baron
PIZZA

Asst. Var., 422 - 740 g

4⁹⁸



Tenderflake
PIE & TART SHELLS

Asst. Var.
255 - 397 g



3⁹⁸

Magnum
ICE CREAM BARS

Asst. Var.,
3 pk



4⁹⁸

Ben & Jerry's
ICE CREAM

Asst. Var.,
473 mL



4⁹⁸

Chapman's
ICE CREAM

Asst. Var.,
4 L



9⁹⁸

Lay's
**POTATO
CHIPS**
Asst. Var., 235 g
2/6⁹⁸

Tostitos
**TORTILLA CHIPS
& SALSA**

Asst. Var.,
205 - 295 g &
416 - 423 mL

2⁹⁸



Everything you need

GROCERY

Old Dutch
**POTATO CHIPS
OR RIDGIES**
Asst. Var., 200 - 235 g
2/6⁹⁸

Pepsi, 7-Up, Schweppe's
POP

Asst. Var.,
12 x 355 mL

7⁴⁸
+ dep



Doritos
TORTILLA CHIPS

Asst. Var.,
210 - 235 g

2/6⁹⁸



Old Dutch
**CHEESE PLEESERS
& CRUNCHYS**

Asst. Var.,
265 - 290 g

3⁹⁸



Old Dutch
**RESTAURANTE TORTILLA
CHIPS**

Asst. Var.,
275 - 295 g

2/6⁹⁸



Aha
**SPARKLING FLAVOURED
WATER**

Asst. Var.,
12 x 355 mL

6⁴⁸
+ dep



WELLNESS *Living life to the fullest*

Wild Rose
HERBAL DETOX



55⁹⁸
ea.

12-day whole body cleanse program

Suro
ORGANIC ELDERBERRY SYRUP

118 mL

15⁹⁸

Fights cold, cough & sore throat



Silver Lining
PRE & PROBIOTICS

120 V Caps

31⁹⁸

Improves digestion & immune function



Garden of Life
RAW ORGANIC PROTEIN POWDER

Asst. Var., 620 g

55⁹⁸

New Roots
HERBAL WILD OMEGA 3



22⁹⁸
60 Soft Caps

41⁹⁸
120 Soft Caps

Helps support cognitive health & brain function

Naka
PLATINUM ENHANCED NAC

150 Veg Caps

25⁹⁸

Aids the body's ability to metabolize nutrients efficiently, promoting optimal absorption



Flora
ORGANIC RED BEET CRYSTALS

200 g

21⁹⁸

Energizing gluten-free super food from organic beets



Harmonic Arts
ARTISAN TEA

Asst. Var.,
45 g



11⁹⁸

Sip your way to wellness with teas that are good for you & good for the planet

Phillip Adam
SHAMPOO & CONDITIONER

Asst. Var.,
355 mL

16⁹⁸

Bio-degradable, no parabens, gluten free & fabulous for your hair

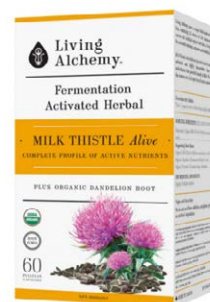


Living Alchemy
FERMENTED MILK THISTLE

31⁹⁸
60 V Caps

55⁹⁸
120 V Caps

Provides antioxidants for the maintenance of good liver health



Loaded with 14 organic sprouted grains, seeds & legumes, with probiotics & enzymes added to promote efficient digestion

* Not all products available at all locations.



Custom platters & trays!

DID YOU KNOW?

Our Askew's Delis & Bakeries will happily create that custom tray of special **baked treats** or platter of **meat & cheese**, veggies & dip or savoury snacks.

Creativity takes a little time, so please allow us **24 hours' notice** to make that **perfect tray** that everyone in your household will enjoy!



NATURALLY

Good!



Nature's Path
**ORGANIC CEREAL
ECO PACKS**

Asst. Var., 650 - 907 g

7⁹⁸



Nuts to You
CASHEW BUTTER
365 g

6⁹⁸



Crofter's
**ORGANIC PREMIUM
FRUIT SPREAD**

Asst. Var.
383 mL

6⁴⁸



Martinelli's
**SPARKLING
JUICE**
Asst. Var.,
750 mL

5⁹⁸
+ dep



Kettle
POTATO CHIPS
Asst. Var.,
368 g

4⁹⁸



Phillip's
**IOTA NON-ALCOHOLIC
CRAFT BEER**
Asst. Var.,
4 x 355 mL

6⁹⁸
+ dep



Pacific
**ORGANIC
BROTH**
Sel. Var.,
946 mL - 1L

4⁶⁸



Annie's
**HOMEGROWN PASTA
DINNERS**
Asst. Var.,
4 pk

8⁹⁸



Que Pasa
**ORGANIC
TORTILLA CHIPS
& SALSA**

Asst. Var., 300 - 350 g & 420 mL

3⁶⁸



Stahlbush Island Farms
VEGETABLES FROZEN
Sel. Var.,
284 - 350 g

3⁴⁸



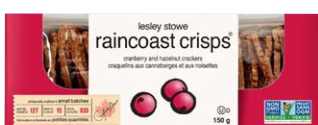
Happy Planet
CHILLED SOUP
Asst. Var.,
500 - 650 mL

5⁸⁸



Lesley Stowe
**RAINCOAST
CRISPS**
Asst. Var.,
150 g

3⁶⁸



Sparkmouth
MOCKTAILS
Asst. Var.,
4 x 355 mL

5⁹⁸
+ dep



Phillips Soda Works
**CRAFT BREWED
SODA**
Asst. Var.,
4 x 355 mL

5⁹⁸
+ dep



Endangered Species
**CHOCOLATE
BARS**
Fair Trade
Asst. Var.,
85 g

4⁴⁸



 **PRODUCE** *Seasonal goodness & more*

China Grown
MANDARIN ORANGES
4 lb Box

6⁹⁸
ea.



Peru Grown
RED OR GREEN SEEDLESS GRAPES
8.77/kg

3⁹⁸
lb.



Kids Club Item!



ORGANIC MANDARIN ORANGE

California Grown
BABY PEELED CARROTS
1 lb Bag

1⁶⁸
ea.



California Grown
BRUSSEL SPROUTS
4.36/kg

1⁹⁸
lb.



Washington Grown
RUSSET POTATOES
10 lb Bag

3⁹⁸
ea.



California Grown
JUMBO YAMS OR SWEET POTATOES
2.82/kg

1²⁸
lb.



California Grown
BROCCOLI CROWNS
6.13/kg

2⁷⁸
lb.



BC Grown
ORGANIC RUSSET POTATOES
5 lb Bag

4⁹⁸
ea.



California Grown
ORGANIC BROCCOLI
7.45/kg

3³⁸
lb.



China Grown
ORGANIC MANDARIN ORANGES
4 lb Box

7⁹⁸
ea.



California Grown
ORGANIC YAMS
5.46/kg

2⁴⁸
lb.



Askew's

SA Downtown: 250-832-2064
SA Uptown: 250-832-7622
Armstrong: 250-546-3039
Enderby: 250-838-6064
Sicamous: 250-836-4899

To reduce our environmental impact our flyer is printed on unbleached recycled fibres using soy-based inks.



@askewsfoods | askewsfoods.com
We reserve the right to limit quantities.



Custom gift Baskets!

DID YOU KNOW?

Our Askew's Delis will happily create a custom gift basket to suit your specific needs! Creativity takes a little time, so please allow us 24 hours' notice to make that perfect gift for that special someone.



ALL STORES OPEN DAILY - FOR HOURS VISIT **ASKEWSFOODS.COM**