

# Blush Lane

ORGANIC MARKET



December 8 - 14 / 2024

## Season's Eatings, With All the *Ease*

Pre-order your complete holiday feast in store today



### Weekly Deals

**NOW**  
**6<sup>99</sup>**

Chocxo  
**Better for You Chocolate**  
Assorted Prices/28-100g

**NOW**  
**2<sup>59</sup>**

Organic  
**Green Kale**  
Reg. \$3.99/1 Bunch  
Product of USA

**NOW**  
**2<sup>39</sup>**  
/lb (\$5.26/kg)

BC Organic  
**Salish Apples**  
Reg. \$3.79/lb (\$8.35/kg)  
Product of BC

**NOW**  
**3<sup>19</sup>**  
/100g

Rosstown  
**Fresh Organic Boneless & Skinless Chicken Breasts**  
Reg. \$4.69/100g (2pck)

### Featured Deal

**NOW**  
**3<sup>49</sup>**

Earth's Own  
**Oat Nog**  
Reg. \$4.99/946ml

Cheers to the season with a plant-based twist! Earth's Own Oat Nog is rich, creamy, and packed with holiday flavour—so you can make merry without the dairy. Perfect for sipping by the fire, adding to your coffee, or using in festive recipes.

## Produce

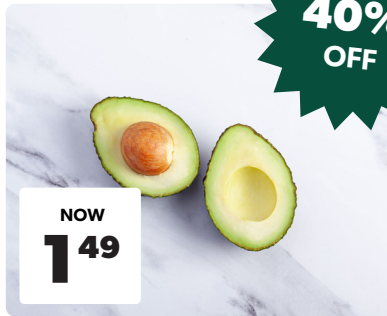


BC Organic

### Butternut Squash

Reg. \$2.79/lb (\$6.15/kg)

Product of BC



Organic

### Avocados

Reg. \$2.49/Each

(for your first 2)

Product of MEX



Platinum Alberta

### Nitrate Free

### Sliced Bacon

Reg. \$19.99/454g



Organic

### Satsuma Oranges

Reg. \$5.99/lb (\$13.19/kg)

Product of USA



Local Organic

### Organic Red Beets

Reg. \$3.99/lb (\$8.79/kg)

Product of AB



Lotus Foods

### Organic Pad Thai

### Noodles

Reg. \$6.99 /227g

Sales valid from December 8-14 / 2024

DECEMBER 1 - 28

# Season's Savings

Shop **December's** best deals  
in-store today



# Grocery



**Camino**  
**Organic Fair Trade**  
**Chocolates**  
Reg. \$8.99/80g-100g



**Felicitetti**  
**Organic Durum**  
**Wheat Pasta**  
Reg. \$3.99/454g



**Yum Earth**  
**Organic Licorice**  
**& Fruit Chews**  
Assorted Prices & Sizes



**New World**  
**Organic Peanut Butter**  
Reg. \$9.99/500g



**49th Parallel Coffee**  
**Direct Trade**  
**Specialty Coffee**  
Reg. \$19.99/340g



**Stonewall**  
**Assorted Condiments**  
Assorted Prices & Sizes



**Stahlbush**  
**Frozen Fruit**  
**& Vegetables**  
Reg. \$3.99-8.99/198-350g



**Cows Creamery**  
**Cheddar & Butter**  
Reg. \$9.49-13.49/150-250g



**Earth Balance**  
**Plant Based**  
**Buttery Spread**  
Reg. \$8.99/369-425g

## Grocery



Califia Farms  
**Almond Nog &  
Peppermint Mocha**  
Reg. \$8.99/1.4L

DECEMBER 12 - 14

# Freshly Baked Savings

Save 20% on fresh bread,  
wholesome snacks & treats

SHOP IN STORE

\*See details in store

SAVE  
20%

## Meat & Deli



Sealove  
**Atlantic Salmon Portions**  
Reg. \$15.49/260g



7 Seas  
**Skin On Bone Out  
Pink Salmon Portions**  
Reg. \$4.49/4oz



Living Tree  
**Assorted  
Plant-based Ravioli**  
Reg. \$9.99-10.99/250g



Grimms  
**Rings & Pâtés**  
Reg. \$4.49-18.99/Assorted Sizes



Pioneer Butchery & Charcuterie  
**Assorted Pâtés**  
Reg. \$6.79/150g



Food for Life  
**Assorted Breads  
& English Muffins**  
Reg. \$7.49-15.99/Assorted

## Dine In

# Health & Beauty



25%  
OFF

**Phillip Adam**  
**Hair Care & Body Care**  
Assorted Prices & Sizes



30%  
OFF

**Smart Solutions**  
**Hormone Support**  
Assorted Prices & Sizes



30%  
OFF

**Viva Health Skincare**  
**Plant Powered Skin Care**  
Assorted Prices & Sizes



20%  
OFF

**Healthology**  
**GUT-FX & All Products**  
Assorted Prices & Sizes



## The Blush Lane **Wellness Club**

Sign up for \$30 and save on health and body care all year long!

**MEMBERS RECEIVE  
15% OFF ON**



Protein & Herbal  
Powders



Cosmetics



Body Care



Homeopathy

Sales valid from December 8-14 / 2024

**ASPEN WOODS,  
CALGARY**  
#3000 - 10 Aspen Stone  
Blvd SW  
t: 403 210 1247  
Mon - Sun | 8 am - 9 pm

**MARDA LOOP,  
CALGARY**  
2044 33rd Ave SW  
t: 587 535 6713  
Free 1 hour parking!  
Mon - Sun | 9 am - 9 pm

**BRIDGELAND,  
CALGARY**  
617 Meredith Rd NE  
t: 587 393 4041  
Free 45 min parking!  
Mon - Sun | 9 am - 9 pm

**WHYTE AVE,  
EDMONTON**  
8135 - 102nd Street NW  
t: 780 988 5655  
Sun - Fri | 9 am - 9 pm  
Saturday | 8 am - 9 pm

All items are available on sale at all Blush Lane Organic Markets between December 8-14/2024. All sales are valid while quantities last and are subject to availability. The sales in this flyer are exclusive to only Blush Lane Organic Market locations and may or may not be reflected as the regular or sale price between these dates at SPUD.ca. Blush Lane reserves the right to cancel these promotions at any time. Blush Lane Whyte Ave Edmonton does not carry all products shown in this flyer. All meat and seafood products mentioned in this flyer will only be available frozen, not fresh at the Blush Lane Whyte Ave location.

