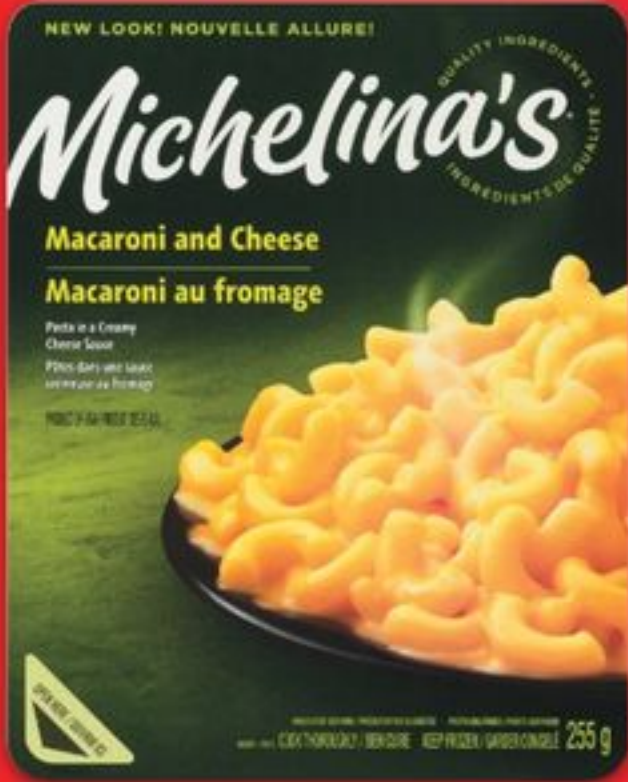


HAPPY NEW YEAR!

\$1

**MICHELINA'S
DINNER ENTRÉES**
selected varieties, frozen
154-284 g
plats cuisinés
21209414 EA



\$1

**NEILSON
CHOCOLATE MILK**
1% 750 mL
lait au chocolat
20784779 EA



\$1

**YOPLAIT YOP
DRINKABLE
YOGURT**
selected varieties, 200 mL
yogourt à boire
51478179 EA

**NO
HST/GST***



HAPPY NEW YEAR!



FLYER PRICES EFFECTIVE THURSDAY, DECEMBER 26, 2024 TO WEDNESDAY, JANUARY 1, 2025.



SAVE UP TO 57%

5.99

SCHNEIDERS CHICKEN WINGS or SCHNITZELS
selected varieties, frozen
450/615 g
côtes de poulet ou escalope
21373451 SA



WOW!

2.49
LB

FROZEN
PORK BACK RIBS
cryovac package
côtes de porc
5.40/kg
21103294 SA
WHILE QUANTITIES LAST



SAVE 37%

1.88

CANTALOUPE
product of Guatemala, no. 1 grade
cantaloup
20147917001 SA



ONLY

2.88

2 LB BAG
FARMER'S MARKET MANDARINS
product of Morocco or Spain
mandarines
20099819001 SA

SAVE 20%

3.99

FARMER'S MARKET BUTTER CROISSANTS or LOAF CAKES
selected varieties, 260-400 g
croissants au beurre ou gâteau quatre-quarts
20772902 SA/21488754 SA



SAVE 28%

\$5

SEAQUEST SHRIMP RING
frozen, 227 g
couronne de crevettes
20080291 SA

NO HST/GST



SAVE UP TO 28%

2.50

PC® DIPS 227 g or PC® NAAN DIPPERS 200 g
selected varieties
219411 SA/219385 SA



SAVE UP TO 42%

3.99

CHAPMAN'S PREMIUM ICE CREAM 21 L or YUKON NOVELTIES 1.2 L
selected varieties, frozen
220-4170 g
2022017001 SA/21933206 SA



Deals from the past on select items. †

SAVE 35%

2.46

NEILSON CREAM 5/10% 1 L or 18/35% 473 mL
selected varieties
21712001 SA/20744001 SA



SAVE 22%

3.47

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
220-4170 g
2070700001 SA
2070700002 SA



SAVE 25%

11.88

DAN-D PAK CASHEWS
selected varieties
908 g
2021400001 SA
2021400002 SA



SAVE 33%

9.99

817 ELEPHANT BRAND BASMATI RICE 4 kg
in 1 bag
20170001 SA



SAVE UP TO 34%

2.50

LAY'S POTATO CHIPS 177-223 g or POPPABLES 120 g
selected varieties
21930001 SA



NO HST/GST

SAVE 39%

1.99

SENSIBLE PORTIONS GARDEN VEGGIE STRAWS or CHIPS
selected varieties
120-142 g
2027200001 SA/21200001 SA

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY:

nofrills.ca

AVAILABLE AT: BIC'S - AJAX, STYVE & ARANDAS - AJAX, ADLIS - BRAMPTON, DAVE'S - BRAMPTON, HAZZINI'S - BRAMPTON, HECTOR & ALCIA'S - BRAMPTON, BAKMAN'S - BRAMPTON, ROCKY'S - BRAMPTON, SARANGANI'S - BRAMPTON, JAYD & SALMA'S - CAMBRIDGE, ROSE & LINDA'S - CAMBRIDGE, EMILIANO & ANA'S - ETOBICOKE, JASON'S - ETOBICOKE, DOMINIC'S - GUELPH, SHAMON & BICHARD'S - GUELPH, CHRIS & JENNY'S - HAMILTON, FERRARO'S - HAMILTON, TONY'S - HAMILTON, BERRY & LAUREN'S - KITCHENER, DANIEL & TRACY'S - LONDON, ROBERT & TRACY'S - LONDON, DAVE & BONNETT'S - MARKHAM, BOB'S - MARKHAM, YANFALL'S - MARKHAM, JOHN'S - MISSISSAUGA, KIMMY'S - MISSISSAUGA, SANDY'S - MISSISSAUGA, BRADY'S - MISSISSAUGA, SARANGANI'S - MISSISSAUGA, TOM & RICHARD'S - MISSISSAUGA, YANA'S - MISSISSAUGA, KARAN & BYRONNE'S - NORTH YORK, CASO'S - NORTH YORK, RUBIANO'S - NORTH YORK, JOHN'S - NORTH YORK, JUSTO'S - NORTH YORK, RICHARD & RUTH'S - NORTH YORK, DYLAN'S - OSHAWA, DACCOSTA & PICKERING, JIM'S - RICHMOND HILL, BOB'S - RICHMOND HILL, ADRIAN'S - SCARBOROUGH, AJMAL'S - SCARBOROUGH, ALY'S - SCARBOROUGH, SAHJ'S - SCARBOROUGH, MADIA'S - SCARBOROUGH, NICK'S - SCARBOROUGH, YI & YU LINDY'S - SCARBOROUGH, VY'S - SCARBOROUGH, MICHAEL'S - STONEYVILLE, ANDREW & SHELLY'S - TORONTO, MIKE'S - TORONTO, IAN & NANCY'S - TORONTO, DINO'S - VAUGHAN, VINCE & RENACEY'S - VAUGHAN, PAUL & MALCOLM'S - WATERLOO, UZ'S - WHITBY, MIKE'S - WOODBRIDGE

MUNCH MORE SAVINGS



**ONLY
\$10**

NO NAME® APPETIZERS
selected varieties, frozen
454-900 g
hors-d'œuvre
21408591 EA



**SAVE 33%
3.99**

NO NAME® REGULAR or SALT REDUCED BACON 500 g
selected varieties, frozen
bacon
20156771 EA



**SAVE 29%
1.75**

NO HST/GST*

NO NAME® SNACKS or CORN CHIPS
selected varieties, 200 g
collections ou
croustilles de maïs
20048210 EA/20222677 EA



**ONLY
\$3**

NO NAME® CHEESE SPREAD
selected varieties
227/250 g
fromage à la crème
20308105001 EA

FRESH AT LOW PRICES



4.49



PKG OF 4
GREEN or RED PEPPERS
 product of Mexico
 poivrons verts ou rouges
 2011232001 SA/201232001 SA



PKG OF 5 OR 6

AVOCADOS
 product of Mexico or
ROMAINE HEARTS
 product of U.S.A.
 hearts au coeur de romaine
 2014223001 SA/2006275001 SA



3.99



3 LB BAG

2.99
 LB/EA

TOMATOES ON THE VINE 6.59/kg
 product of Canada or Mexico or
FARMER'S MARKET™
CARROTS or
YELLOW ONIONS each
 product of Ontario, Canada no. 1 grade
 tomates sur vigne ou carottes ou oignons jaunes
 2003670001 KG/20060927001 SA
 2081194001 SA



4 LB BAG

3 LB BAG

FARMER'S MARKET™
AMBROSIA or
ROYAL GALA APPLES
 product of Ontario, Canada fancy grade or
NAVEL ORANGES
 product of Spain, Morocco or Egypt
 pommes ou oranges navel
 2130731001 SA/20162543001 SA

4.99

4.99
 LB

CHERRIES
 product of Chile, no. 1 grade
 11.00/kg
 cerises
 2012040001 KG



2.99
 LB/EA

RED GLOBE GRAPES 6.59/kg
 product of Peru, no. 1 grade or
BLACKBERRIES each
 product of U.S.A. or Mexico
 raisins rouges globe ou noirs
 2031923001 KG/20051013001 SA



6 OZ CLAMSHELL

4.99

PINT

BLUEBERRIES
 product of Mexico or Chile,
 no. 1 grade
 bleuets
 2006013001 SA



1.99

BROCCOLI CROWNS
 product of U.S.A. or Mexico
 each
 couronnes de brocoli
 2112150001 EA



1.99
 LB

BARTLETT PEARS
 product of U.S.A.,
 extra fancy grade,
 4.29/kg
 2017220001 KG



1.29

RED MANGO
 product of Peru
 each
 mangue rouge
 2003642001 EA



5.99

425 G
MANN'S SNAP PEAS
 product of U.S.A.,
 pods
 204455E SA



3.99

340 G

MARZETTI DIP
 selected varieties,
 product of U.S.A.,
 fromage
 20222970 EA/20080394 EA



\$18

FRUIT 1.4 kg or
VEGETABLE 1 kg **TRAY**
 plateau de fruits ou légumes
 21435074E SA/21435074E SA



2.99

PKG OF 6

FARMER'S MARKET™
MINI CUCUMBERS
 product of Ontario,
 Canada no. 1 grade
 mini-concombres
 2072570001 EA



GROWN IN CANADA

3.99

680 G

PC™ LITTLE GEMS™
RED, YELLOW or
MIXED MINI
POTATOES
 product of Canada,
 Canada no. 1 grade
 mini-pommes de terre variées
 2134730001 EA/2134739901 SA



5.99

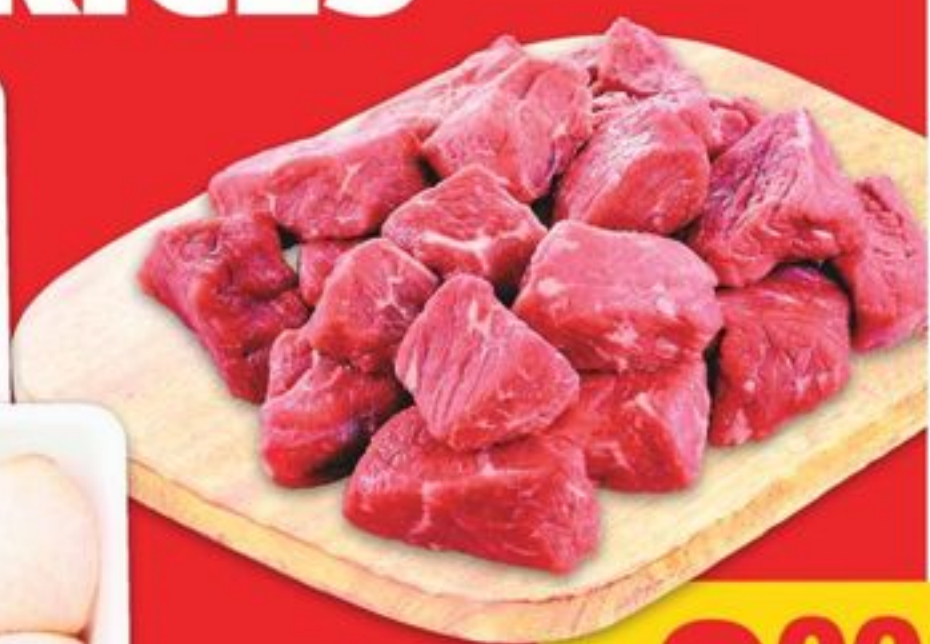
PC™ AXIANY or
VARIETY TOMATOES
 product of Canada or Mexico
 tomates
 2143614001 EA/204964001 SA



567 G

681 G

FRESH AT LOW PRICES



9.99
LB

BONELESS BEEF STEW
cubes de bœuf
22.02/kg
30337443 42

\$9

MAPLE LEAF PRIME CHICKEN DRUMSTICKS or THIGHS or SUFRA® HALAL CHICKEN DRUMSTICKS
fresh
piliens ou hauts de cuisse de poulet
30433036 3A/30433113 3A



CLUB SIZE



2.99
LB

PORK HALF LOIN
fresh, boneless, cryovac package
demi-longe de porc
6.59/kg
30354797 40

WHILE QUANTITIES LAST

BUTCHER'S CHOICE® SAUSAGE
selected varieties
1.2 kg
saucisses
21563790 3A

ALWAYS
\$10

5.99

SCHNEIDERS JUICY JUMBOS or SMOKED SAUSAGES 375/430 g or SCHNEIDERS BOLOGNA 375/500 g
selected varieties
saucisses ou bologna
20106411 3A



5.99

SEAQUEST® RAW SHELL ON SHRIMP or COOKED PEELED SHRIMP 30-45 per lb., 300 g or SMALL SCALLOPS 400 g
frozen
crevettes ou pétoncles
21043683 3A



5.99

SEAQUEST® FROZEN FISH FILLETS
selected varieties
400 g
filets de poisson surgelés
21134740 3A



3.50

ZIGGY'S® SLICED MEAT
selected varieties
175/300 g
viandes tranchées
21190229 3A/21192461 3A



\$7

ZIGGY'S® FETA CHEESE 400 g or BALDERSON CHEESE
selected varieties, 250/280 g
fromage
30592952 3A/21495453 3A



\$10

SWISS CHALET PORK BACK RIBS
fully cooked, selected varieties
400 g
côtes de dos de porc
21022221 3A



1.97

NO NAME® BAGELS or ENGLISH MUFFINS
selected varieties
6's
bagels ou muffins anglais
21247476 3A/21247484 3A



2.50

CHARLOTTE'S PARFAITS
selected varieties
133/141 g
parfaits
21247476 3A/21247484 3A



\$3

COUNTRY HARVEST BREAD 400/430 g or BAGELS 6's
selected varieties
pain ou bagels
21247476 3A/21247484 3A



\$5

QUINN'S SWISS ROLLS
selected varieties
400 g
rolls suisses
21247476 3A/21247484 3A



HAPPY NEW YEAR!

SAVE 20%

449

NEILSON TRUTASTE MILK
selected varieties
2 L
lot
20130270_EA



700 G

SAVE 20%

799

NO NAME® CHEESE
selected varieties
fromage
20073773_EA



CAVENDISH FRIES
selected varieties, frozen
800 g
fries
2129827_EA

SAVE UP TO 35%

129

MINUTE MAID PUNCH, LEMONADE - NESTEA
selected varieties, frozen
295 mL
punch ou lemonade ou thé glacé
20418237001_EA/20418232_EA



ONLY

279

\$1

CLUB HOUSE DRY SAUCE MIX
selected varieties
30-47 g
mixtures de sauces
20418237001_EA/20418232_EA



\$2

BARILLA PASTA or PRIMO SAUCE
selected varieties
400-450 g
pâtes ou sauces
20418237001_EA/20418232_EA



\$2

MARIO'S LUNCHEON MEAT or FLAKES OF HAM
selected varieties
154 g
viande de porc ou jambon
20418237001_EA



10⁹⁹

ZIGGY'S® CHICKEN STRIPS
300 g or PC® SPLENDIDO® ANTIPASTO or PROSCIUTTO
300 g or ROMA PEPPERONI
selected varieties
lotions de poulet ou antipasto ou prosciutto ou pepperoni
20418237001_EA/20418232_EA



249

LANTIC FINE GRANULATED SUGAR
2 kg
sucre
20140222_EA



399

CHRISTIE OREO CAKESTERS or COOKIES
383 g or PRIMO
374-488 g
selected varieties
biscuits ou cookies
20418237001_EA



399

TOSTITOS TORTILLA CHIPS
selected varieties
300-390 g
croustilles de tortille
20418237001_EA



499

NESCAFÉ® TASTER'S CHOICE INSTANT COFFEE or NESCAFÉ SWEET & CREAMY
selected varieties
100-170 g
café instantané
20418237001_EA/20418232_EA



379

OCEAN SPRAY CRANBERRY COCKTAIL or MOTT'S CLAMATO
selected varieties
1.89 L
cocktail de cranberries ou clamato
20418237001_EA/20418232_EA



399

COCA-COLA® or PEPSI SOFT DRINKS
selected varieties
6x710 mL
boissons gazeuses
20418237001_EA/20418232_EA



429

TROPICANA BEVERAGES - PURE LEAF TEA
selected varieties
1.26/1.25 L
boissons au thé glacé
20418237001_EA/20418232_EA



\$5

PC® DRY ROASTED PEANUTS CASHEWS or DELUXE MIXED NUTS
selected varieties
200 g
noix de pécanes ou mélange de noix
20418237001_EA/20418232_EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points.

Earn*

1,000 pts

for every \$5* spent on Pringles party stack potato chips 194/203 g or mingles 155 g

selected varieties
croustilles
21074284_EA/210626258_EA

\$1 value

NO HST/GST*



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

NOFRILLS

CUSTOMER RELATIONS 1-866-98-SMILE (76453)

nofrills.ca



no paper, no plastic, no waste



DECEMBER

**HIT
OF THE
MONTH**



\$3

Planters salted mixed nuts,
225 g
Limit: 6, over limit retail \$3.50.

**NO
HST/GST***



\$3

Wonderful Pistachios,
salted or unsalted, 225 g
product of U.S.A.
Limit: 6, over limit retail \$5.00



\$5

San Pellegrino Italian sparkling drinks,
Selected varieties, 6x330 mL
Limit: 4, over limit retail \$6.00

**NO
HST/GST***



\$1⁵⁰

PC® English Muffins,
6's, selected varieties
Limit: 4, over limit retail \$2.99



Optimum
Members-Only Price
\$2
Non-Members
\$2⁵⁰

Christie Mini Cookies, Snack Packs
Selected Varieties, 150-200 g

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from December 1st – 31st, 2024.

BRANDS YOU LOVE AT LOW PRICES

HELUYA GOOD! DIPS
selected varieties
250 g
fromages
3017997902 SA

SAVE 49%

\$2



SAVE UP TO 41%

2.50



CHEEMO PEROGIES 745-907 g or **VILLA PASTAS** 400 g
selected varieties, frozen
perogies ou pâtes
30527119 SA/21025641 SA

PC® BLACK LABEL PIZZA
selected varieties, frozen
370-420 g
pizzas
31321413 SA

ONLY 7.99



SAVE 20%

7.99

POGO
selected varieties, frozen
8/10's
sauces sur blisternet
3051330301 SA

1.79

DARE DRY BREADS
selected varieties
100-200 g
pâtes secs
31032188 SA



\$3

NO NAME® FRUIT
selected varieties, frozen
300/400 g
fruits surgelés
31543097 SA/21543106 SA



5.49

NESQUIK SYRUP POWDER 510/700 ml or 540 g
selected varieties
sirop ou poudre
3032616-7002 SA



1.69

KNORR - LIPTON SOUP MIX
selected varieties
40-146 g
souffles à soupe
3032616-7002 SA



1.79

KNORR SIDEKICKS
selected varieties
120-142 g
pâtes d'accompagnement
3032616-7002 SA



1.89

BETTY CROCKER SUPERMOIST™ SNACK SIZE CAKE MIXES 184-404 g or **FROSTING** 240/420 g
selected varieties
mélange à gâteau ou glaçage
3032616-7002 SA



2.29

PEPPERIDGE FARM GOLDFISH CRACKERS
selected varieties
124-227 g
craquelins
3032616-7002 SA



1.50

OCEAN'S LIGHT TUNA 81/170 g or **GOLD SEAL SARDINES** 123 g
selected varieties
thon ou sardines
31042170 SA/21042184 SA



1.69

CHEF BOYARDEE PASTA
selected varieties
425/425 g
pâtes au saucisson
3032616-7002 SA



4.29

FRENCH'S KETCHUP 730 ml/2.1 L
ketchup
3032616-7002 SA



10.99

PC® 100% PURE MAPLE SYRUP 300 ml
sirop deérable
3032616-7002 SA



\$2

NO NAME® OLIVES
selected varieties
273 ml
olives
3032616-7002 SA



2.99

LA COSTEÑA SAUCE
selected varieties
433 ml
sauce
3032616-7002 SA



\$5

NO NAME® FOIL 100 ft or **HEAVY DUTY FOIL** 23 ft
feuille d'aluminium
311796 SA



8.49

NO NAME® CANOLA VEGETABLE OIL 2 L
huile de canola ou végétale
3032616-7002 SA



7.49

PC® DE-ALCOHOLIZED WINE
selected varieties
750 ml
vin déalcoolisé
31042170 SA/21042184 SA



NO HST/GST

7.49

PARTAKE NON-ALCOHOLIC BEER
selected varieties
473 ml
bière sans alcool
31042170 SA



NO HST/GST

9.99

GUINNESS NON-ALCOHOLIC BEER 2x440 ml
bière sans alcool
31042170 SA



13.99

CASCADE AUTO DISHWASHER TABS
selected varieties
30-48 x
pastilles de détergent pour lave-vaisselle
3032616-7002 SA/31042170 SA



DAIRY DEALS



NO NAME® NATURAL CHEESE SLICES
selected varieties
210/230 g
tranches de fromage
214/227 EA

4.50



PHILADELPHIA CREAM CHEESE PRODUCT 227/250 g
selected varieties
produit de fromage à la crème
206/197 EA/206/197 EA

3.99



6.99

BECEL MARGARINE
selected varieties
637/850 g
margarine
202/781/8002 EA



NO NAME® ICE MILK
selected varieties, frozen
1.65 L
crème glacée
214/174 EA

\$4



NO HST/GST

1.29

NEILSON MILKSHAKE or MILK2GO
selected varieties
310 mL
lait fouetté ou lait
210/49/42 EA



3.49

IÖGO NANO DRINKABLE 6's or **SIGGI'S SKYR** 4's **YOGURT**
selected varieties
yogourt à boire ou skyr
206/948/7001 EA/213/90027 EA



3.99

KRAFT CHEESE WHIZ
selected varieties
450 g
fromage
206/948/0001 EA



2.99

LIBERTÉ MÉDITERRANÉE 4's, **500 g** or **GREEK** 4's **YOGURT**
selected varieties
yogourt grec
213/946/35 EA/215/47564 EA



5.79

BLACK DIAMOND CHEESTRINGS or SNACKS
selected varieties
189-236 g
fromage effilochable
ou collations
207/0641 EA



7.29

KRAFT SINGLES
selected varieties
825 g
tranches de fromage
211/88312 EA



\$6

DEL MONTE JUGS
selected varieties,
refrigerated
2.5 L
jus d'orange
212/9738 EA



2.99

PILLSBURY REFRIGERATED DOUGH
selected varieties
318-446 g
pâte réfrigérée
201/948/0001 EA/202/000000 EA



3.49

NORDICA COTTAGE CHEESE
selected varieties
430/300 g, 4x113 g
fromage cottage
207/0641 EA



5.49

VEGAN DAIYA VEGAN CHEESE
selected varieties
170-200 g
fromage végétal
212/0746 EA

NATURAL FOODS AT LOW PRICES



ORGANIC
5.99

312 G

PC® ORGANICS BABY SPINACH or FIELD GREENS
product of U.S.A.
jeunes épinards ou légumes-feuilles des champs biologiques
20127207, EA/20127271, EA



ORGANIC
2.49

227 G

PC® ORGANICS WHOLE CREMINI or WHITE MUSHROOMS
product of Ontario
champignons cremini ou blancs entiers biologiques
21021565, EA/21021499, EA



7.99

BEYOND MEAT ITALIAN SAUSAGES
selected varieties
400 g
saucisses italiennes végétariennes
21300113, EA



7.99

IMPOSSIBLE PLANT BASED BURGER PATTIES
227 g
galettes à base de plantes
21403322, EA



CLIF ENERGY, BUILDERS or NUT BUTTER BAR
selected varieties
50/68 g
barres
20120914003, EA/201203123000, EA

2.50



NO HST/GST*

RX BARS
selected varieties
52 g
barres
21184633, EA

2.50



SILK CREAMERS
selected varieties
890 mL
crèmes à café
21545340, EA

4.79



NATURE'S PATH ORGANIC BAGGED CEREAL
selected varieties
650-907 g
céréales biologiques
20121067001, EA

8.99



KICKING HORSE ORGANIC GROUND COFFEE
selected varieties, 284 g
café moulu biologique
20805124001, EA

10.99



SILK BEVERAGES
selected varieties, refrigerated
1.74-1.89 L
boissons
20128221002, EA

\$4



3.79



NO HST/GST*

HARDBITE CHIPS
selected varieties
128/150 g
croustilles
20120810001, EA/21152814, EA

7.99



CARBONAUT LOW CARB BREAD
selected varieties
544 g
pain faible en glucides
21446964, EA

4.49

PC® ORGANICS QUICK ROLLED or STEEL CUT OATS
selected varieties
1 kg
grau rapide ou avoine découpée biologique
20705773, EA



3.99



NO HST/GST*

SUNRYPE ORGANIC FRUIT BITES
selected varieties
108 g
bouchées de fruits biologiques
21538182, EA

22.99



VEGA PROTEIN AND GREENS PROTEIN POWDER
selected varieties
510-526 g
poudre de protéines et légumes verts
20830384001, EA/20830384003, EA



**HAPPY
LUNAR
NEW
YEAR**

恭賀新禧



.98
LB

**DAIKON, NAPA or
TAIWANESE CABBAGE**
product of China, U.S.A. or Mexico
daikon ou chou napa ou chou taiwanais
2.16/kg
3002109001_KG/30013025001_KG



1.98
LB

**BABY BOK CHOY,
SHANGHAI BOK CHOY,
YU CHOY, GAI LON
or BABY NAPA CABBAGE**
product of U.S.A. or Mexico
pak-choi ou chou cantonnais ou brocoli chinois ou chou napa
4.37/kg
3003304001_KG/30033434001_KG/30071853001_KG



.98
LB

JUMBO CARROTS
product of China
carottes géantes
2.16/kg
30021094001_KG



2.48
LB

GINGER ROOT
product of China
racines de gingembre
5.47/kg
30079036001_KG

PKG OF 3

**ROOSTER™
GARLIC**
product of China
ail
31904233001_KG

.88



1.88
LB

JAPANESE YAMS
product of U.S.A.
ignames japonaises
4.14/kg
30034923001_KG

**SEAQUEST™
SEAFOOD MEDLEY**
frozen
340 g
mélange de la mer
31990291_KG

4.88



8.88
LB

BEEF RIB FINGER MEAT
boned
viande de boeuf intercostale
19.58/kg
30142191_KG



**GRADE A
DUCKS**
frozen
conards
8.55/kg
30079481_KG

3.88
LB



4.88
LB

PORK BELLY
fresh
flanc de porc
10.76/kg
31814914_KG



AVAILABLE AT SELECT LOCATIONS ONLY

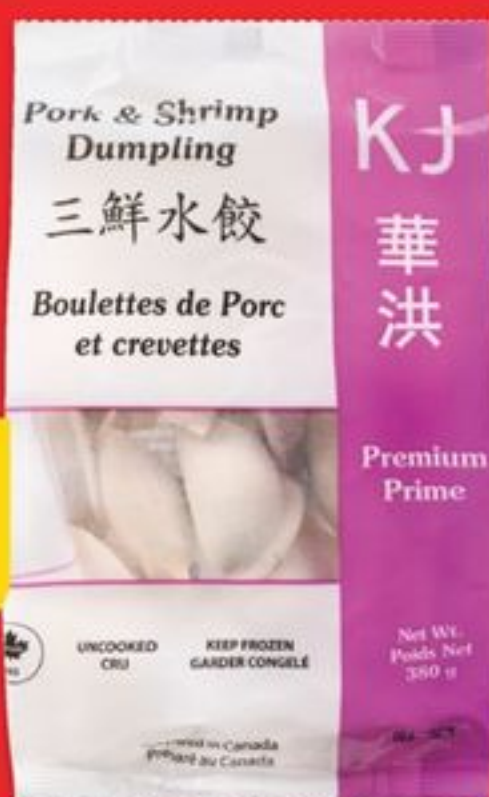
ONLINE ET 01 NFO

HAPPY LUNAR NEW YEAR

恭賀新禧

2⁸⁸

KJ FOODS DUMPLINGS
selected varieties, frozen
380 g
boulettes
2128884 SA



3⁸⁸

COCK BRAND SWEET CHILI SAUCE
650/730 mL or **FLYING GOOSE SRIRACHA SAUCE** 730 mL
selected varieties
sauce aux piments doux
ou sauce sriracha
20149074 SA/21499017 SA

2⁸⁸

PRAN SNACKS VEGETABLE SPRING ROLLS & SAMOSAS
selected varieties, frozen
400 g
rouleaux de printemps ou samosas
21054779 SA/21054844 SA



SWANSON CHICKEN BROTH
selected varieties
412 mL
bouillon de poulet
20042814 SA

.88

LEE KUM KEE SESAME OIL 445 mL
or **SOY SAUCE** 1.9 L
huile de sésame ou sauce soya
20140090 SA/20103290 SA

5⁸⁸



KNORR CHICKEN BROTH MIX
selected varieties
1 kg
mélange à bouillon de poulet
20154074 SA

8⁸⁸



NO HST/GST*

CHACHA SUNFLOWER SEEDS
selected varieties
260 g
graines de tournesol
21299739 SA/21299931 SA

2²⁸



2⁸⁸

T&T® 3-MINUTE RAMEN NOODLES 504 g
or **PC® UDON NOODLES** 800 g
nouilles ramen ou udon
20254811 SA/21447267 SA

1⁸⁸

GARDEN WAFERS 200 g or
WAHANA YOGHURT DRINK 400 mL
selected varieties
gourmandises ou boisson au yogourt
2021382002 SA/21091972 SA



NO HST/GST*

4⁸⁸

LOTTE YUKIMI MOCHI
selected varieties, frozen
270 mL
mochi
21247111 SA/21247132 SA



NO HST/GST*

6⁸⁸

SHAOMEI DESSERT BAR
selected varieties, frozen
290 mL
barre dessert
21399979 SA/21431402 SA



HAPPY LUNAR NEW YEAR

恭賀新禧



2⁸⁸



NO NAME® STORAGE BAGS
selected varieties, 80/100's
sacs de rangement
2018295, SA/2018296, SA



NO NAME® ALL-PURPOSE SPONGES 4's or HEAVY-DUTY SPONGES 2's
selected varieties
sponges
2018329, SA/2018717, SA

2⁸⁸

6⁸⁸



NO NAME® GARBAGE BAGS
selected varieties
30/40's
sacs à ordures
3111440, SA

REGULAR
40
66 cm x 82.5 cm
(26 x 32.5 in)



3⁸⁸

CLOROX CLEANING SPRAY
selected varieties
887/946 mL
vaporisateur nettoyant
2064031, SA/2064163, SA

LYSOL WIPES 75/84's, DISINFECTANT SPRAY 350 g or TOILET BOWL CLEANER POWER PLUS 940 mL
selected varieties
lingettes ou vaporisateur désinfectant ou nettoyant à cuvette
2012451/001, SA/2144924, SA

5⁸⁸



WINDEX GLASS CLEANER 745/950 mL, SCRUBBING BUBBLES 946/950 mL or FANTASTIK 450 mL
selected varieties
nettoyant
2012023001, SA/2022485001, SA

4⁸⁸



RESOLVE LAUNDRY STAIN REMOVER 946 mL
déodorant pour lessive
20944172, SA

5⁸⁸



WOOLITE LAUNDRY DETERGENT 2.95 L
détergent à lessive
21361740, SA

17⁸⁸



CHARMIN BATHROOM TISSUE
selected varieties
8x24 rolls
papier hygiénique
21549792, SA

8⁸⁸



BOUNTY PAPER TOWEL 4x6 rolls
essuie-tout
21513818, SA

8⁸⁸



GLADE AEROSOL AIR FRESHENER
selected varieties
235 g
assainisseur d'air
21510814, SA
21510819, SA

2⁸⁸



DETTOL ANTISEPTIC 1 L
antiseptique
20618092, SA

12⁸⁸



HEAD & SHOULDERS HAIR CARE
selected varieties
315-370 mL
soins capillaires
21503044, SA/21503054, SA

5⁸⁸



DOVE BAR SOAP 6x100 g or BODY WASH 532-693 mL
selected varieties
pain de savon ou nettoyant pour le corps
21329519, SA/21318239, SA

8⁸⁸



AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 03 NFO

GET FLYER TO YOUR EMAIL.

STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)*



*Standard message and data rates may apply.

THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh,
we'll replace AND refund it.



We'll honour a current flyer deal
if we're sold out, plus give you 10%
back in PC Optimum™ points.



Deals from the past
on select items.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

ONLINE INFO MKT