



START YOUR holiday shopping WITH THESE SAVINGS!



GET 2.5% OFF YOUR ONLINE ORDER!
Open an account on our website to start saving.

Tre Marie Pandoro Tradizionale, 750g
2/28.00
or **15.99 each**
SAVE 4.00

Lindor Lindots, 156g
Milk or Assorted
10.99 each
SAVE 2.00

Monastery Signature Pizza Dough, 680g
White or Whole Wheat
.99 each
SAVE .50

Monastery Signature Pepperoni Pizza Buns
6/4.99
or **2/5.00**
or **2.99 each**
SAVE 1.00

Monastery Signature Olive or Sundried Tomato Bread
2/6.00
or **3.29 each**
SAVE .60

Monastery Signature Toast Bread
White or Whole Wheat
2/5.00
or **2.99 each**
SAVE 1.00

Monastery Signature Potato Gnocchi, 1kg
2.99 each
SAVE 1.00

Monastery Signature Storemade Beef Chili
Heat & Serve 5.99 each
SAVE 1.00

Monastery Signature Gnocchi in Rosé Sauce, 800g
Heat & Serve 8.99 each
SAVE 2.00

Monastery Signature Tuna or Egg Salad, 300-350g
5.99 each
SAVE 1.00

Monastery Signature Ravioli, 1.2kg
Meat, Cheese or Chicken, Serves 3-5
Heat & Serve 19.99 each
SAVE 3.00

Monastery Signature Caesar Salad, Serves 3-4
10.99 each
SAVE 2.00

Aurora Crostini, 100g
Assorted Varieties
2/5.00
or **2.99 each**
SAVE 1.00

Aurora Bread Crumbs, 680g
Plain or Italian Style
3.99 each
SAVE 1.00

Carr's Table Water Crackers
2.89 each
SAVE .40

Aurora Savoiardi Ladyfinger Cookies, 400g
3.99 each
SAVE 1.00

FROM OUR FISH COUNTER

Fresh Cod Fillets
8oz
7.99 each
SAVE 1.00

Fresh Beef Sirloin Sliders
12pk, 400g
7.99 each
SAVE 2.00

AAA Centre Cut Striploin Steaks, 8 oz
12.99 each
SAVE 2.00

Chicken Wings, 1 kg
11.99 each
SAVE 2.00

Marc Angelo Sliced Pepperoni, 175g
3.99 each
SAVE 1.00

Marc Angelo Cacciatore, 300g
Mild or Hot
7.99 each
SAVE 2.00

Sofina San Daniele Sliced Prosciutto, 100g
4.99 each
SAVE 1.00

Sofina San Daniele Sliced Mortadella, 175g
Classic, Hot, or Light
3.69 each
SAVE 1.00

Fino Burek, 1.15kg
Cheese or Spinach
12.99 each
SAVE 2.00

JJ Wilk Pierogies, 907g
Assorted Varieties
2/6.00
or **3.99 each**
SAVE 2.00

Cucina Mini Arancini Rice Balls, 500g
Assorted Varieties
6.99 each
SAVE 1.30

Lavazza Whole Bean Coffee, 1kg
Rossa or Crema e Gusto
15.99 each
SAVE 2.00

Tre Stelle Shredded Cheese, 200g
Assorted Varieties
2/10.00
or **5.99 each**
SAVE 2.00

Tre Stelle Mozzarella Balls, 3pk, 750g
9.99 each
SAVE 2.00

Tre Stelle Mascarpone, 475g
8.99 each
SAVE 4.00

Castello Danish Blue Cheese, 2x175g
9.99 each
SAVE 3.00

Sealtest Milk, 4L
2%, 1% or Skim
5.99 each
SAVE 1.00

Oikos Greek Yogurt, 750g
Assorted Varieties
2/12.00
or **6.99 each**
SAVE 2.00

Gay Lea Butter, 1lb
Salted or Unsalted
6.99 each
SAVE 1.00

Kawartha Dairy Vanilla Premium Ice Cream, 1.5L
6.99 each
SAVE 2.00

Parisienne Potatoes, 460-500g
2.99 each
SAVE 1.00

Seedless Cucumber
1.99 each
SAVE 1.00

Zucchini
1lb
Product of Canada
1.49 each
SAVE 1.50

On the Vine Tomatoes
4-5pcs
Product of Canada
2.99 each
SAVE 2.00

Flow Alkaline Spring Water, 1L
1.99 each
SAVE 1.00

San Benedetto Natural Spring Water, 6 x 1.5L
Natural or Carbonated
2/19.99
or **11.99 each**
SAVE 4.00

Sicilia I.G.P. Extra Virgin Olive Oil, 500mL
Product of Italy
19.99 each
SAVE 3.00

Monastery Signature Italian Passata, 700mL
Product of Italy
1.99 each
SAVE 1.00

Monastery Signature Italian Diced Tomatoes, 398mL
Product of Italy
.99 each
SAVE .50

Monastery Signature Italian Peeled Plum Tomatoes, 796mL
Product of Italy
1.99 each
SAVE 1.00

