



**CALGARY
CO-OP**

**24 DAILY
BIG!
DEALS!**

**Unwrap more
holiday savings!**

APP EXCLUSIVE SAVINGS*

*In-store only. Must clip before purchase. While supplies last. No rainchecks.

**3⁹⁹
ea**

**DEC. 19
ONLY**



**Castello Danish Brie
or Camembert**
125g
Limit 6

**1⁷⁷
ea**

**DEC. 20
ONLY**



Christie Crackers
180-200g
Select varieties
Limit 6

**2⁹⁹
ea**

**DEC. 21
ONLY**



Festive Nuts in the Shell
Walnuts, Hazelnuts, Almonds, Mixed Nuts
340g Bag
Imported
Limit 8

**3⁷⁷
ea**

**DEC. 22
ONLY**



Boursin
130-220g
Limit 6

**1⁹⁹
ea**

**DEC. 23
ONLY**



Old Dutch Potato Chips
235g
Limit 4

**4⁹⁹
ea**

**DEC. 24
ONLY**



Founders & Farmers Garlic Sausage
750g
Limit 4

Calgary Co-op App download and registration required.
Visit calgarycoop.com/appterm for additional terms & conditions.

Frozen Canada Grade A Turkeys
Under 7kg's
While Supplies Last
Limit 2

1.69
/lb
3.73/kg



Sugardale Prestige Smoked Ham
Butt or Shank End
While Supplies Last

2.49
/lb
5.49/kg



Stove Top Stuffing
120g
Select varieties



MEMBER EXCLUSIVE
99¢
ea

Top Sirloin Oven Roast
Cut from Canada AA Beef
While Supplies Last
Limit 2

8.49
/lb
18.72/kg

ONLY ALBERTA BEEF
AGED 14 DAYS



Broccoli Crowns
Product of USA
No.1 Grade

SALE
1.99
/lb
4.39/kg

MEMBERS EARN 10%



Founders & Farmers Frozen Vegetables
500-750g

SALE
2\$6
for

MEMBERS EARN 10%

Yams
Product of USA
No.1 Grade

MEMBER EXCLUSIVE
88¢
/lb
1.94/kg



Coca-Cola or Pepsi Soft Drinks
12 Pack
Select varieties

2\$12.98
for



Old Dutch or Lay's Potato Chips
130-235g or Kettle 198g or Hardbite 128-150g
Select varieties

3\$11
for



This week Members can earn over

\$133
Bonus Cash

Buy in multiples to boost your earnings!

DOWNLOAD TODAY

*Calgary Co-op App download and registration required. Visit calgarycoop.com for terms and conditions.



ONLY ALBERTA CHICKEN

Boneless Skinless Chicken Thighs
Family Pack
Grain Fed, Free Run & Air Chilled

SALE
6⁹⁹
/lb
15.41/kg

MEMBERS
EARN
10%

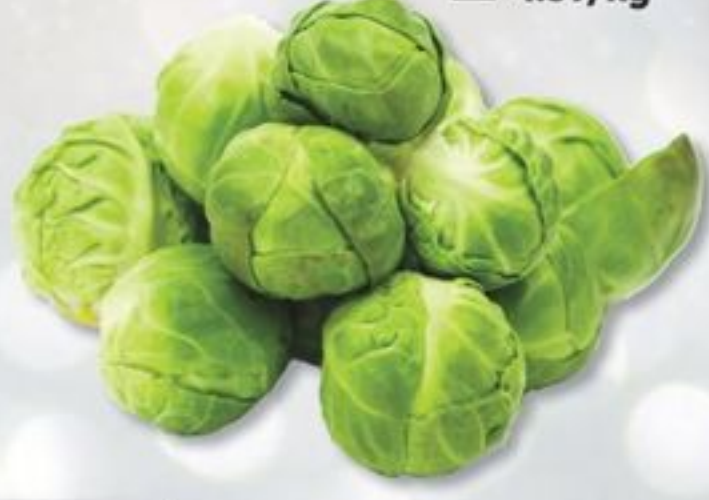


Founders & Farmers Double Cream Brie or Camembert 300g

MEMBER EXCLUSIVE
10⁹⁹
ea

Brussel Sprouts
Product of USA
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Kraft Dressings
425ml
Select varieties

2 \$ for 6



Starbucks Coffee
283-340g or K-Cups 10 Pack or Nabob or Lavazza 340g
Select varieties

8⁹⁹
ea



Cracker Barrel Block Cheese
740g
Select varieties

10⁹⁹
ea

HEALTH & BEAUTY DEAL OF THE WEEK!



Boost Nutritional Shakes
4-6 Pack Select varieties

SALE
11⁹⁹
ea

MEMBERS
EARN
20%

Häagen-Dazs Ice Cream
400-450g or Premium Novelties
3 Pack
Select varieties

5⁴⁹
ea



Phar More+ Care

Have questions about your heart medications?

Our clinical pharmacists can answer all of your questions and help you understand your cardiac health medications.

BOOK AN APPOINTMENT

Give The Gift That Shines.

SHOP NOW

*Offer valid Dec 19 - 25, 2024. Calgary Co-op App download and registration required. Valid on 5-Packs only.

Earn \$5 Bonus Cash

CALGARY CO-OP
5 PACK TOUCHLESS CAR WASH

Earn \$7⁵⁰ Bonus Cash

CALGARY CO-OP
5 PACK TOUCHLESS CAR WASH

Earn \$10 Bonus Cash

CALGARY CO-OP
5 PACK TOUCHLESS CAR WASH



At Participating Stores

From Dec 19 - 25, 2024 at all Calgary Co-op locations. All advertised items are applicable per household, while supplies last. Delivery only. Calgary Co-op has been made every effort to supply sufficient advertised merchandise to meet your needs. Because of numerous dependencies, some items may be out of stock. Also, items for sale at some Calgary Co-op locations may have different prices and availability. The options for any merchandise subject to these changes. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in Calgary Co-op. Items are subject to change without notice. © 2024 Calgary Co-op. All rights reserved. Some restrictions may apply. Offer good while supplies last. All items with expiration dates apply to the purchase price and not the bonus value. Some items may be subject to additional restrictions. For complete details, visit Calgary Co-op. Bonus Cash is based on your full-time salary. This campaign is for active members only and is not a substitute for professional health advice. The general information is not intended to diagnose, cure, or treat any medical condition or to replace your healthcare professional. Any information, advice, or suggestion given by Calgary Co-op staff is not a replacement for medical advice from your doctor, dentist, or professional healthcare provider. Consult with your healthcare professional with any questions regarding this offer.

Effortless Entertaining: Trays, Meals, and More

Holiday Turkey Dinner

Limited Quantities Available.
Serves 4-6 People

Simply Heat & Serve!
Includes:
A sous-vide fully cooked turkey, turkey gravy, mashed potatoes, roasted glazed carrots, bread stuffing, and gourmet cranberry sauce. Pre-order today in the Deli.

SALE
139⁹⁹ + **MEMBERS EARN 10%**

PRE-ORDER TODAY!
AVAILABLE FOR PICK UP DATES:
Dec. 21 - Dec. 24, 2024.



Shrimp & Imitation Crab with Cocktail Sauce Platter
Previous Frozen 525g
Suggested Servings: 3-4

SALE
12⁹⁹ + **MEMBERS EARN 10%**

MADE fresh IN-STORE



Cal & Gary's Fruit or Vegetable Entertaining Trays
Assorted varieties

20% OFF



JV Candy and Nut Trays
Assorted varieties
While Quantities Last

MEMBERS EARN 40%



Festive Meal Kits
1/2 Chicken Meal, Maple Ham, or Festive Turkey
Limited quantities available.
Pre-order today in the Deli. Pick up dates of Dec 21-24, 2024.

STARTING AT
18⁹⁹ + **MEMBERS EARN 20%**

Small Spinach Dip Tray
8⁹⁹ ea



MADE fresh in the DELI



Mini Charcuterie Box or Mini Nibbler Box or Large Spinach Dip Tray

15⁹⁹ ea



Hormel Deluxe Deli Tray
1070g

24⁹⁹ ea



Cal & Gary's Full or 1/2 Cakes
Italian Rum, Dark Chocolate Raspberry, Amarena Cherry, Limoncello or Canolli Cakes
8 Inch

MEMBERS EARN 10%



Founders & Farmers Butter Topped Dinner Rolls
12 Pack

4⁴⁹ ea

BAKED fresh IN-STORE



Founders & Farmers Sweet Selections Assorted Cookie Tray
800g

SALE
14⁹⁹ + **MEMBERS EARN 10%**



Pastry Charcuterie or Sweet Tooth Entertaining Trays
Delicious European Desserts or Select varieties
Serves 12-24

MEMBERS EARN 10%

Bite-Sized Joy: Crowd-Pleasing Holiday Appetizers

Salmon Village
Smoked Coho
Salmon Lox's
Frozen 125g

MEMBER EXCLUSIVE
10⁹⁹
ea



Muldoon's or
Asian Inspirations
Appetizers
Frozen 400g
Assorted varieties

5⁹⁹
ea



Cal & Gary's Dips
500-540g
Assorted varieties
Made Fresh In Store

MEMBERS
EARN
20%



Cal & Gary's
Stuffed Mushrooms
370g
Made Fresh In Store

20% OFF



Summer Fresh
Dips
or Hummus
200-227g

3 \$10
for



Founders & Farmers
Sliced Kolbassa
Original, Extra Lean,
or Turkey
150-175g

5⁴⁹
ea

NEW
in the
DELI

Founders & Farmers
French Baguette
235g

1⁹⁹
ea

BAKED
- fresh -
IN-STORE



Cal & Gary's Fresh
Pastries
Fruit Tarts, Cannoli,
Zeppolini, Lobster Tails,
Cream Horns, Profiteroles,
Filled with Ricotta, Chantilly
or Real Cream fillings

BUY
MORE
SAVE
MORE

PURCHASE IN MULTIPLES OF 6 FOR ...

\$12 OR BUY 1 FOR
2⁴⁹



Kraft
Philadelphia Dips
340g Select varieties

MEMBER EXCLUSIVE
5⁴⁹
ea



Ruffles
Potato Chips
180-200g
Select varieties

MEMBER EXCLUSIVE
2 \$9
for



Jenny's Delectables Potato Skins
700g Select varieties

SALE
15⁹⁹
ea

MEMBERS
EARN
20%



Founders & Farmers
Pickles
1L or Mezzetta Olives 398ml
Select varieties

20% OFF

Celebrate the Season!

Cal & Gary's
Frenched Pork Loin
Rib End Rack or
Chops
Alberta Pork

CAL & GARY'S



SALE \$5.99
/lb
12-21/kg

MEMBERS EARN 10%



Aqua Gem's
Shrimp Ring with
Cocktail Sauce
Frozen 284g

6.49
ea

Brilliance Bouquet

SALE \$34.99
+

MEMBERS EARN 10%



Fresh
Cranberries
340g Bag
Imported
No.1 Grade

2.49
ea

Yule Log
Chocolate or Strawberry Vanilla
750g

14.99
ea

MADE FRESH IN-STORE



MADE FRESH IN-STORE

Cal & Gary's
Black Forest Cake or 7"
Chocolate Ganache

18.99
ea

Boursin
130-220g

MEMBER EXCLUSIVE
5.99
ea



Something Special
Gourmet Red Chili
Delight
or Jalapeño or Antipasto
250-300g

MEMBER EXCLUSIVE
4.99
ea



Armstrong Cheese
600g Select varieties

9.99
ea



Cal & Gary's Ice Cream
500ml or
Cal & Gary's Frozen Fruit
400-600g
Select varieties

4.49
ea



Rogers
Chocolates
78g-250g
Select varieties

SALE 20% OFF
+

MEMBERS EARN 20%



Ocean Spray
Cranberry
Sauce
348ml
Select varieties

2\$ 4.50
for



Corona Sunbrew
or Asahi, Peroni or
Heineken Non-alc Beer
6 Pack Select varieties

10.99
ea



Bubbly or Aha Sparkling Water
12 Pack or Monteller 10 Pack

2\$ 11.98
for

Produce

SALE
1.99
/lb
+
MEMBERS
EARN
10%

Chinese Mandarins
Imported
Fancy



Pineapple
Imported
No. 1 Grade **4.99**
ea



Red Grapes
Imported
No. 1 Grade
3.49
/lb
7.69/kg



Bunched Herbs
Conventional or Organic
Product of USA
No. 1 Grade
Assorted varieties **25% OFF**



Celery
Product of USA
No. 1 Grade **1.49**
/lb
3.28/kg



Tomatoes on the Vine
Alberta Grown
Canada No. 1

SALE
2.49
/lb
+
MEMBERS
EARN
15%



Founders & Farmers
Yellow Potatoes
5lb Bag Product of
Western Canada
Canada No. 1

4.99
ea



Mushrooms
Sliced, Whole, or Crimini 227g
Alberta Grown Canada No. 1



SALE
2.99
+
MEMBERS
EARN
10%



In-store Cut Fruit & Vegetables

made fresh in-store



Pineapple
Diced or Spears
24 - 32oz

20% OFF



Fruit or Vegetable Trays
1.71-2.18kg

MEMBERS
EARN
20%



Family Pack Salads
530 - 683g
Assorted varieties

MEMBERS
EARN
25%

Floral

Table Centerpieces
Assorted varieties
and sizes

STARTING AT
24.99
ea



Frosty Fern
4" with pick

7.99
ea

Plush
Assorted varieties
and sizes

10% OFF



GET **25% OFF**

WHEN YOU BUY 3 HALLMARK CARDS

Offer valid December 12-26, 2024

*Cannot be combined with any other offer. Returns are subject to adjustment.
Offer valid December 12-26, 2024 at all Calgary Co-op stores in Alberta.

Meat

Boneless Pork Loin
Centre or Rib End
Roast
Western Canadian

4⁹⁹
/lb
11.00/kg

BEST
FROM THE
WEST



Premium Rib Oven Roast
Cut from Canada
AA or AAA Beef

20% OFF

ONLY
ALBERTA
BLACK
ANGUS
BEEF
AGED 14 DAYS
**AAA
AGED
21
DAYS**



BEST
FROM THE
WEST

Veal Cutlets or Scallopini
Grain Fed
Product of Canada

13⁹⁹
/lb
30.84/kg



Whole Frying
Chicken
Grain Fed, Free Run &
Air Chilled

3⁹⁹
/lb
8.80/kg



London Broils
Cut from Canada AA Beef

17⁹⁹
/lb
39.66/kg



ONLY
ALBERTA
BLACK
ANGUS
BEEF
AGED 14 DAYS

Spolumbo's
Pork
Breakfast
Sausage
Family Pack - 18
Links
Assorted
varieties

11⁵⁰
ea



Maple Leaf Natural
Top Dogs or Natural
Selection Sliced Meats
125-375g Assorted varieties

5⁹⁹
ea



Kelseys Roadhouse
Pork Back Ribs
Frozen 600g
Assorted varieties

SALE
12⁹⁹
MEMBERS
EARN
10%



Harvest Thick Cut Bacon
500g Assorted varieties

13⁴⁹
ea

APP
EXCLUSIVE
SAVINGS
10⁹⁹
SAVE
\$2.50



Cal & Gary's Grass
Fed Beef Burgers
or Montana's Beef Burgers
Frozen 680-906g

15⁹⁹
ea

Seafood

Shrimp & Imitation Crab with
Cocktail Sauce Entertaining Tray

Previously Frozen 860g
Suggested Servings: 6-8

19⁹⁹
ea



Shrimp, Smoked
Wild Sockeye Salmon
Nuggets & Imitation
Crab with Cocktail Sauce
Entertaining Tray

Previously Frozen 860g
Suggested Servings: 6-8

29⁹⁹
ea



West Coast
Fresh Oysters
Lucky 88, Torpedo
Bay, Gwigwi
6 per Tray \$10.50

15⁰⁰
ea

OCEAN WISE
RECOMMENDED



Cal & Gary's Raw Black
Tiger Shrimp
Easy Peel 16/20 Count
Frozen 340g

MEMBER EXCLUSIVE
12⁹⁹



Dom Reserve Excargots
with Garlic Butter
Frozen 85g

6⁹⁹
ea

Steelhead
Trout Fillets
Farmed Product of
Canada

SALE
3²⁹
/lb

MEMBERS
EARN
10%



Aysen
Coho Salmon Fillets
Frozen 680g

\$20⁰⁰
ea

Redeem your Bonus Cash and
save BIG on your holiday essentials.

LEARN MORE

Bonus
Cash

Bakery

Cal & Gary's Gouda Onion Pane
or Herb Garlic Focaccia Bread
topped with Olive Oil

MEMBERS
EARN
20%



MEMBERS
EARN
20%

Founders & Farmers 1/2 or Full Pies
Pumpkin, Apple, Saskatoon, Strawberry Rhubarb
or Assorted varieties
500g-1kg



McFadgen's Light or Dark
Fruit Cake or Plum Pudding
500-600g

9⁹⁹
ea



Flaky Rolls
8 Pack

4⁹⁹
ea



Almond Trulli Cookies or
Raspberry or Chocolate
Shortbread
6-8 Pack

6⁹⁹
ea

Tre Marie Panettone

Pandoro, Milanese, Caramel Pear
or Assorted varieties 750-900g

30%
OFF



Delicate, soft, buttery, this cake is studded with golden raisins and candied orange and citron peels.



Delicate, soft, buttery, this cake is studded with golden raisins and candied orange and citron peels.



Caramel Dore with caramel drops covered with white chocolate with caramel and William's pear cubes.

Deli

Ambrosia
or Chicken Cheddar Broccoli
Salad Served Fresh in the Deli

1⁹⁹
/100g

FIND IT
in the
DELI



Woolwich Goat Cheese
113g or Alexis de Portneuf 125g
Brie

3\$
for 15



MIX
&
MATCH



Castello Gouda Rounds
198g

8⁹⁹
ea



Mastro Charcuterie Trio
or Mastro Cooked Charcuterie Trio
150-250g

MEMBER EXCLUSIVE
9⁹⁹
ea



Alexis de Portneuf
Double Cream Brie
or Camembert or
Woolwich Goat
300g

SALE
9⁹⁹

MEMBERS
EARN
10%

Natural Choice

natural choice



Haskalife
Haskap Berry
Select varieties
& sizes

15%
OFF

MADE
in
ALBERTA



Mitsoh
Pemmican Strip
or Dry Meat
Select varieties
& sizes

15%
OFF

MADE
in
ALBERTA



NOW
Vitamins &
Supplements
Assorted
varieties & sizes

15%
OFF



SURO
Elderberry
Assorted
varieties & sizes

SALE
15%
OFF

MEMBERS
EARN
15%



Cheese Your Own Adventure

From perfect pairings to mouth-watering recipes, explore the world of cheese and elevate the Holidays with expert tips, ideas and global flavours.

VIEW GUIDE

Grocery



Kraft Philadelphia Cream Cheese
227-250g
Select varieties

4⁹⁹
ea



Doritos
210-280g or
Tostitos Tortilla
Chips 205-295g
or Salsa 416-418ml
Select varieties

2\$9
for



Danone Activia Yogurt
650-750g or Danone Oikos
4 Pack Select varieties

3⁹⁹
ea



Christie Crackers
180-200g or Cookies 224-303g
Select varieties

2\$7
for



Tetley or Twinings Tea
20-24 Pack or Carnation Hot
Chocolate
7-10 Pack
Select varieties

**MEMBERS
EARN
20%**



Lactantia Butter
454g or Imperial and Parkay
Margarine 1.27-1.36kg
Select varieties

**MEMBER EXCLUSIVE
7⁹⁹**
ea



Bassili's Best Lasagna
2.27kg
Select varieties

**SALE
14⁹⁹**
+
**MEMBERS
EARN
20%**



Silk Beverage
946ml Select varieties

**SALE
2\$6**
for
+
**MEMBERS
EARN
20%**



Cobram Estate Extra Virgin Olive Oil
375ml-1L
Select varieties

25% OFF

APP EXCLUSIVE SAVINGS
Must Clip before purchase
40% OFF



Sapporo Ichiban Noodles
100g
Select varieties

5\$5
for



Kraft Dinner
156-200g
Select varieties

**SALE
3\$5**
for
+
**MEMBERS
EARN
25%**



Life Smart Broth
900ml Select varieties

**SALE
2\$5**
for
+
**MEMBERS
EARN
25%**



Hellmann's Mayonnaise
710-890ml
Select varieties

7⁹⁹
ea



Club House Gravy Mix
21-47g
Select varieties

4\$5
for

Health & Beauty



Dove Body Wash
532-695ml or Bar Soap 6 Pack and
Live Clean Liquid Hand Soap Refill 1L
Select varieties

7⁹⁹
ea



Head & Shoulders Hair Care
315-370ml or L'Oréal Hair Expertise
150-385ml or Old Spice 2 in 1
400ml Select varieties

**MEMBER EXCLUSIVE
5⁴⁹**
ea



Sensodyne Pronamel Toothpaste
75-135ml or Dove Dry Spray
107g and Hello Deodorant
73g Select varieties

6⁹⁹
ea



Gillette Shave Needs
Select varieties and sizes

20% OFF



CeraVe and Eucerin Skin Care
Select varieties and sizes

**SALE
20% OFF**
+
**MEMBERS
EARN
10%**



Vitalux Ocular Vitamins
Select varieties and sizes

40% OFF



Vicks Nyquil/Dayquil Complete
354-472ml and LiquiCaps 24's
Select varieties

12⁹⁹
ea



Advil Pain Relief
40-100's and Robax 18's or
Voltaren Emulgel 100-120g
and Back & Muscle 150g
Select varieties

**SALE
15⁹⁹**
+
**MEMBERS
EARN
20%**



Johnson's Baby Toiletries
400-600ml and Waterwipes
60's Select varieties

5⁹⁹
ea

Gift Giving Made Easy [SHOP NOW](#)

From sweet treats and festive florals, to gift cards and tickets — find the perfect stocking stuffers and last minute gifts in-store and online.

