

THRIFTY FOODS

Eat happy



MERRY Christmas

20% OFF
AT TILL

Sterling Silver
Fresh Beef Roasts
Assorted
Cut by Your Meat Expert
from Canada AAA Grade Beef

Scene+
MEMBERS
SAVE *an extra*
15% OFF
AT TILL
with Scene+ Card



OUR TEAM'S PICKS

- ♥ HAND-SELECTED
- ♥ AAA BEEF CUT BY OUR IN-STORE MEAT EXPERTS
- ♥ WELL-MARBLED
- ♥ AGED TO PERFECTION

BUY more SAVE more

5.99 EA
WHEN YOU BUY 2 OR MORE
OR 1 FOR 6.99

Compliments
Apple,
Apple
Crumble or
Pumpkin Pie
650-750 g



\$1 /LB
Orange Sweet Potato
Product of USA
\$2.20/kg

BUY more SAVE more

2.99 EA
WHEN YOU BUY 2 OR MORE
OR 1 FOR 3.99

BC Russet Potatoes
10 lb, 4.54 kg Pack



2.49 /LB

Fresh Canada Grade A Turkeys
Product of Western Canada
While Supplies Last
\$5.49/kg



3.69 /LB

Alex Campbell Signature Series
Fresh Grade A Traditional Turkeys
Raised Without the Use of Antibiotics
Product of Western Canada
\$8.13/kg

5.44 EACH

Island Farms
Premium Plus or Country Cream Ice Cream
Selected, 1.65 L
Made in Victoria



7.97 EACH

Armstrong **Cheese** 600 g,
Shreds 450-500 g or
Saputo Mozzarellissima
690 g



3.49 EACH

Green Giant
Frozen Vegetables
or Valley Selections
Selected, 400-750 g



2/\$13

Coca-Cola or Pepsi
Soft Drinks
12x355 ml



2/\$6

Lay's **Potato Chips**
220-235 g,
Poppables 130 g
or Baked 177 g



1.88 EACH

Christie **Snacking or Mini Crackers**
175-200 g



BUY 1 GET 1 FREE

Marina Del Rey
Wild Argentinian Shrimp
Raw P&D, 20-40 to the lb
or IFC Snow Crab Clusters
Cooked, Frozen, 300-454 g
*Same Item of Equal or Lesser Value



HOLIDAY HAPPY gift

Every Thursday, 10 lucky customers will receive a holiday happy gift of

50,000 PTS

That's like \$500 in free groceries!



1. LOOK FOR THIS ICON WITH YOUR OFFERS ON THE THRIFTY FOODS APP OR MYGROCERYOFFERS.CA
2. LOAD THE OFFER
3. SHOP TO UNWRAP 50,000 SCENE+ POINTS

See Offer Details on Page 5



Holiday Hours DEC 23: 7AM-11PM* DEC 24: 6AM-6PM DEC 25: CLOSED

ON SALE *specials* THURS, DEC 19 - TUE, DEC 24, 2024 AT 6PM

*SALTSRING ISLAND LOCATION
DEC 23: 7AM-9PM

SCAN HERE FOR OUR DIGITAL FLYER

Morning MERRY



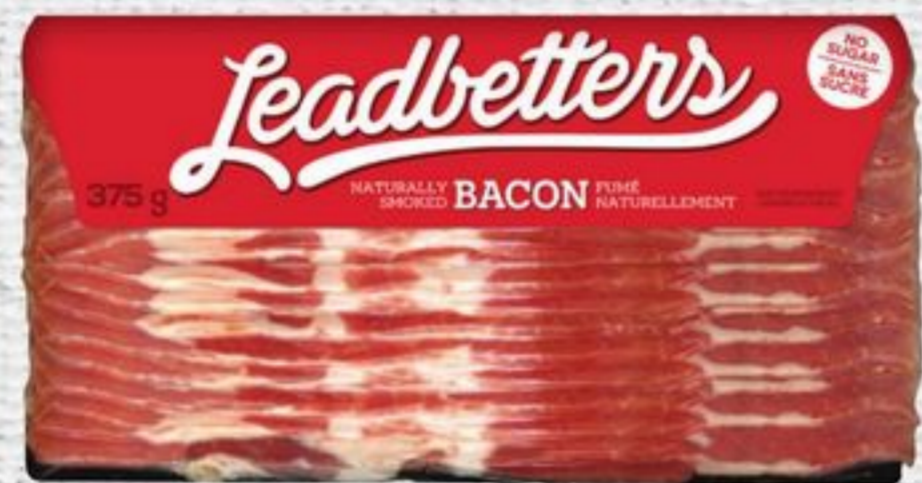
OUR TEAM'S PICKS

- CAREFULLY GROWN AND HAND PICKED FOR QUALITY AND FLAVOUR
- JUMBO SIZED, SUPER SWEET WITH A CRISP CRUNCH
- TRUSTED PARTNERS SINCE 2017

3.99
/LB



Castle Rock
Jumbo Green Seedless Grapes
Product of California
\$8.80/kg



4.99
EACH

Leadbetter's
Naturally Smoked Bacon
Regular or Thick Cut, 375 g

BUY more SAVE more **30% OFF**
AT TILL
WHEN YOU BUY
3 OR MORE
OR 1 FOR 15% OFF

Thrifty Kitchens
Fresh Breakfast Style Sausages
Product of Victoria



4.99
/100 G

Natural Pastures
Comox Brie, Camembert or Triple Cream Camembert



\$2 OFF
with Scene+ Card

Thrifty Kitchens
Quiche
Family or Individual Sized
250-525 g

3.99
EACH

Silk
Beverages
1.75-1.89 L or
Avalon Yogurt
650 g
Made in
Burnaby



3.97
EACH

Philadelphia
Cream Cheese
Selected
Varieties
227-250 g



2/6.50

Dempster's
White or Whole Wheat Bread, Texas Toast or Sandwich Bread
570-675 g
or English Muffins 6 Pack



13.99
EACH

Fernwood
Coffee 454 g
Roasted in Victoria



6.99
EACH

Compliments
Orange Juice
Not from
Concentrate
2.5 L



2.99
EACH

Liberté
Greek or Méditerranée Yogurt
2-4 Pack or 500 g



5.99
EACH

Kellogg's
Family Size Cereal
Selected Varieties
480-650 g or
General Mills
Family Size Cereal
Selected, 475-778 g



14.99
EACH

Terra Breads
Granola
800-850 g



BUY 1 GET 1 FREE

Dan-D Pak
Cashews
Salted or Unsalted
600 g
*Same Item of
Equal or Lesser Value



Scene+
BIG BONUS



500 PTS
when you buy 1

That's like
\$5
toward your
groceries

18.99
EACH

Compliments
Organic Amber Rich Maple Syrup
100% Pure, 1 L

DONATE DECEMBER 2ND - 24TH TO SUPPORT OUR LOCAL FOOD BANK
100% OF YOUR DONATION GOES TO OUR LOCAL FOOD BANK

Scene+ scratch & win
Offer valid from December 12 - 24, 2024 on every \$25 spent on Scratch & Win in a single transaction. Scene+ card must be scanned at time of transaction. Scene+ points are not issued on the sale of other lottery purchases. Terms and conditions apply.



Earn
300 Scene+ Points
for every \$25
spent on
Scratch & Win.

Know the odds
of the game.

bc19+

CUSTOMER CARE: 1 866 948 0196 • PARTY PLATTER HOTLINE: 250 483 1666 •
Visit www.thriftyfoods.com for hours of operation and store and pharmacy locations.
Printed using vegetable based inks. Please recycle this flyer where facilities exist. We reserve the right to limit quantities. Personal shopping only. Styled food photographs illustrate serving suggestions only.



For every ton of paper used in the printing of this flyer, SJC's Partners in Growth® program will contribute to the planting of a tree through Trees for Life Canada.



Where this symbol appears, deposit & enviro levies are applicable.

Ask our **FLORISTS** about **HOLIDAY BOUQUETS, arrangements AND MORE!**



5⁹⁹
EACH

Poinsettia
in Decor Pot
2" Pot
Grown in
Surrey

WE PICK
BC
FIRST



19⁹⁹
EACH

Merry Christmas Bouquet

300 PTS
when you buy 1



39⁹⁹
EACH

Scarlett
Ho-Ho-Ho
Planter
8" Pot
Grown in
Surrey

WE PICK
BC
FIRST

100 PTS
when you buy 1



16⁹⁹
EACH

Kalsetia
6" Pot
Grown in Surrey

WE PICK
BC
FIRST



7⁹⁹
EACH

Mini Gerbera
Assorted Colours
10-Stem Bunch
Grown in Pitt Meadows

WE PICK
BC
FIRST



11⁹⁹
EACH

Holiday Spray
Mixed Mums
Grown in Chilliwack

WE PICK
BC
FIRST



9⁹⁹
EACH

Kalanchoe
in Decor Pot
4" Pot
Grown in Surrey

WE PICK
BC
FIRST



8⁹⁹
EACH

Tinted
Red & White
Disbud Mums
5-Stem Bunch



16⁹⁹
EACH

Sweet Petite
Arrangements
Assorted Colours
Perfect as a
Hostess Gift

WE PICK
BC
FIRST



34⁹⁹
EACH

Joyful Arrangement
for Your Holiday Table



9⁹⁹
EACH

Poinsettia
in Tree Tin
Assorted Colours
4" Pot
Grown in Surrey

WE PICK
BC
FIRST

BULK



7⁹⁹
EACH

SAVE \$3

10⁹⁹
EACH without Scene+ Card

Wonderful
Pistachios
Selected
155-170 g

Scene+
MEMBER
PRICING

PLANT PROTEIN
PLANTE PROTÉINE

2⁴⁹
/100 G

Ultimate Royal Nut Mix
Salted, Unsalted
or Caramel



1⁹⁹
/100 G

Chocolate
Covered Almonds
Milk or Dark



200 PTS
when you buy 2

2/\$10

Handfuel
Nuts or
Clusters
Selected
120-150 g



3⁴⁹
/100 G

Raw Pecans
Halves or Pieces



1⁶⁹
/100 G

Dried
Cranberries



25% OFF
AT TILL

Left Coast Organics
Organic Almonds
Selected Varieties

ORGANIC



Fresh **PRODUCE** from LOCAL FARMS and BEYOND

Scene+ MEMBER PRICING

6.99 EACH **SAVE \$3**

9.99 EACH without Scene+ Card

SanLucar **Seedless Tangerines**
Product of Australia
3.3 lb, 1.5 kg Pack
Exclusive to Thrifty Foods

100 PTS when you buy 2

5.49 EACH

Thrifty Kitchens **Jumbo Pineapples** or Fresh Cored Pineapples
Product of Costa Rica
Made In-Store Daily



2.88 /LB

Sweet Potatoes
Golden, Red, Purple or Ben Yagi
Product of USA, **\$6.35/kg**



100% FRESH GUARANTEE*
STOREWIDE SATISFACTION OR YOUR MONEY BACK.

3.49 /LB

BC Parsnips
Grown in Victoria or on the Lower Mainland
\$7.69/kg



2.99 /LB

Broccoli Crowns
Product of USA or Mexico
\$6.59/kg



100 PTS when you buy 2 pkg

2/\$6

Yellow Onions
Product of Canada
3 lb, 1.36 kg Bag

100 PTS when you buy 2

2/\$6

Fresh Cranberries
Product of USA
340 g, 12 oz. Pack

3.29 /LB

Brussels Sprouts
Product of Canada, USA or Mexico, **\$7.25/kg**

ORGANIC

100 PTS when you buy 1

14.99 EACH

Buck Brand **Organic Satsuma Mandarin Oranges**
Product of Deer Creek Heights Ranch Porterville, California
5 lb, 2.27 kg Pack Exclusive



100 PTS when you buy 1

5.99 EACH

BC Organic Russet Potatoes
5 lb, 2.27 kg Pack
Grown in Delta



Starting at

8.99 EACH

Organic Sweet Potatoes
Orange, Red or White
Product of USA
3 lb, 1.36 kg Pack
or Japanese Organic, **\$10.99 Each**



Organic Celery
Product of USA or Mexico **3.49** EACH



50 PTS when you buy 1

3.99 EACH

Organic Herb Bird Mix
56 g, 2 oz. Pack
Packaged in Cloverdale



*If you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can present the product and/or receipt and we will provide you with the appropriate reimbursement. Restrictions apply, see www.thriftyfoods.com/bringing-you-bigger-smiles for details.

All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to \$500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

TAX break

On select items in store*

- ✓ **Snacks and beverages**, including chips and carbonated water
- ✓ **Baked goods**, including cakes, muffins and pies
- ✓ **Prepared foods**, including sandwiches and ready to eat options

[LEARN MORE](#)

*Restrictions apply. Selection varies by store. Not all department items are included in tax break. Federal and provincial tax break may vary by province. Valid on qualifying goods from December 14, 2024 - February 15, 2025.

Our **SEAFOOD EXPERTS** will **FILLET** your **FISH** in store - **JUST ASK!** 



Scene+ MEMBER PRICING

9.99 EACH **SAVE \$2**

11.99 EACH without Scene+ Card

Mrs. Friday's Crab Cakes
Frozen, 8 Pack



250 PTS when you spend \$15

7.49 /100 G

Fresh East Coast Scallops
10-20 to the lb
\$33.97/lb



400 PTS when you spend \$25

4.49 /100 G

Wild Sockeye Salmon Fillets
Frozen or Previously Frozen
\$20.37/lb

2.99 /100 G

Almond Crusted Sole, Potato Crusted Cod or Coconut Crusted Tilapia Fillets
Frozen or Previously Frozen, \$13.56/lb



9.99 EACH

Compliments Large Cooked Shrimp in Ring with Sauce
312 g or 255 g, \$6.99 Each




5.99 /100 G

Smoked Salmon Strips or Nuggets
Previously Frozen, Selected Product of Vancouver, \$27.17/lb

500 PTS when you spend \$20



200 PTS when you spend \$10

3.49 /100 G

Thrifty Kitchens Poke
Made With Line Caught Ahi Tuna, Ready-to-Eat Responsibly Sourced
\$15.83/lb
Made In-Store Daily



200 PTS when you spend \$12

\$1 EACH

Fresh Oysters In-Shell
West Coast or East Coast Varieties

SPECIAL offer

PLANT based

24.99 EACH

Big Mountain Plant-Based Roast
950 g
Made in Delta



BUY 2 GET 3RD FREE

Beyond Meat Plant-Based Sausage Links, Breakfast Sausages, Burgers, Ground Beef or Steak
226-678 g
Regular Retail: Starting at \$7.99 Each
Simulated Meat
*Same Item of Equal or Lesser Value



19.99 EACH

Tofurky Roast with Gravy
1.13 kg



6.99 EACH

Big Mountain Veggie Products
280-400 g
Made in Delta



BUY 2 GET 3RD FREE

Impossible Plant-Based Chicken Nuggets or Burger Patties
Frozen 226-383 g
Regular Retail: \$9.99 Each
Simulated Meat
*Same Item of Equal or Lesser Value



ON SALE specials THURS, DEC 19 - TUE, DEC 24, 2024

CUSTOM CUTS, marinades AND MORE - ask our **MEAT EXPERTS** in store

Starting at
4.49
/LB

Fresh Pork Loin Family Size Chops
or Roast, Boneless
Product of Western Canada
\$9.90/kg



20.99
/LB

Sterling Silver Fresh Beef Rib Eye Steaks
Family Size or Roast
Cut by Your Meat
Expert from Canada
AAA Grade Beef
\$46.27/kg

7.99
/LB

Fresh Turkey Breast Roast
Boneless
Product of
Western Canada
While Quantities Last, \$17.61/kg



Scene+
MEMBER
PRICING

1.66
/LB **SAVE 33¢/LB**

1.99 without Scene+ Card
Canada Grade A Frozen Turkey
All Sizes up to 24 lb, 11 kg
While Quantities Last
\$3.66/kg
or without card, \$4.39/kg



6.99
/LB

Thrifty Kitchens Fresh Boneless Porchetta Roast
or Crown Roast
Bone-In
Made In-Store Daily
\$15.41/kg



THRIFTY Kitchens

23.99
/LB

Fresh Lamb Rack
or Rib Chops
Bone-In
Product of
Western Canada
\$52.88/kg



5.49
/LB

Fresh Certified Organic Turkey
Sizes 6-8 kg
Product of
Western Canada
While
Quantities Last
\$12.10/kg



ORGANIC

3.99
/LB

BC Fresh Whole Frying or Roasting Chicken
Product of
Surrey
\$8.80/kg



WE PICK BC FIRST

BUY 2 GET A 3RD FREE

Compliments or Panache
Meat Appetizers
Frozen, Selected
252-907 g
*Same Item of Equal
or Lesser Value



200 PTS
when you buy 3

7.99
EACH

Fresh Ground Turkey Thigh or Breast
Product of
Western Canada



10.99
/LB

Thick Sliced Smoked Side Bacon
Available in
Our Meat
Service
Case
Product of
Port Alberni
\$24.23/kg



WE PICK BC FIRST

200 PTS
when you spend \$20

Scene+
MEMBER
PRICING

18.99
EACH **SAVE \$3**

21.99 without Scene+ Card
Butterball Turkey Breast Roast
Regular, Stuffed or
Breast and Thigh
Frozen, 1.2-1.5 kg



2.69
/LB

Compliments
Hickory Smoked Ham
Butt or Shank
Portions
Bone-In
\$5.93/kg



Starting at
17.99
EACH

Mitchell's Heritage Thick Sliced Bacon
or Smoked Ham
Selected, 1 kg



10.99
EACH

Freybe
Pepperoni or Ham Sticks
300-500 g
Product of
Langley



WE PICK BC FIRST

13.99
EACH

Simon's
Specialty
Foods
Meat Pies
Selected
750 g
Product of
Richmond



HOLIDAY HAPPY gift

*Receive 50,000 Scene+ points when you load the Holiday Happy Gift offer (the "Offer") and make a minimum purchase of \$5 on eligible grocery purchases at participating Thrifty Foods stores in British Columbia in a single transaction before applicable taxes and charges and after deducting any discounts or coupons. Scene+ card must be valid and registered. Offer valid and available to be loaded during the following weeks: Thursday November 28 and expires the following Wednesday on December 4, Thursday on December 5 and expires the following Wednesday on December 11, Thursday on December 12 and expires the following Wednesday on December 18, and Thursday on December 19 and expires the following Tuesday on December 24, 2024. Only ten (10) customers in British Columbia will receive the chance to redeem this Offer each week between Thursday and the following Wednesday. Offer valid from November 28, 2024 to December 24, 2024. Offer must be loaded to a registered Scene+ card prior to transaction. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, Western Union and any other non-discountable product excluded by law or as we determine from time to time. No base Scene+ points earned. Void if sold, transferred, or altered. Digital Offer has no cash value and cannot be combined with any other offers. Offer cannot be combined with other minimum spend/receive offer(s). Scene+ registered digital or physical card must be presented at time of transaction. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. We reserve the right to rescind the offer, if we determine, in our sole discretion, there is abuse of the offer or unauthorized or ineligible use of the offer and is subject to change without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

OUR DELI is full of MEATS, sliced or shaved YOUR WAY!



compliments
CRANBERRY
GOAT CHEESE - FROMAGE DE CHÈVRE
CANNEBERGES

compliments
ORIGINAL
GOAT CHEESE - FROMAGE DE CHÈVRE

MADE WITH 100% CANADIAN GOAT'S MILK / FAIT AVEC DU LAIT DE CHÈVRE 100% CANADIEN

50% MOISTURE/HUMIDITÉ

Scene+ MEMBER PRICING

4.99 EACH **SAVE \$1**

5.99 EACH without Scene+ Card
Compliments Goat Cheese
113 g

100 PTS when you buy 2

5.99 EACH
Boursin 150 g, Cuisine 220 g or Minis 130 g



boursin minis
AIL & FINES HERBES GARLIC & FINE HERBS

Boursin
AIL & FINES HERBES GARLIC & FINE HERBS
150 g

\$1 OFF Balderson Cheddar or Havarti 170-280 g



BALDERSON
AGED CHEDDAR VIEILLI

BALDERSON
MATURE HAVARTI AFFINÉ

NEW

\$2 OFF Salt Spring Island Cheese 150 g



Salt Spring Island CHEESE
Garlic / Ail

Moisture 65% Humidité MF 19% MG 150 g

WE PICK BC FIRST



Scene+ MEMBER PRICING

3.49 /100 g **SAVE 50¢/100g**

3.99 /100 g without Scene+ Card
Panache Angus Roast Beef, Ham, Chicken or Turkey
Selection Varies by Store
Sliced Fresh

100 PTS when you buy 200 g or more

3.99 /100 g

Mastro Genoa Salami, Calabrese, Pancetta, Sopressata or San Daniele Prosciutto



6.49 EACH Lesley Stowe Raincoast Crisps Selected 100-150 g



lesley stowe raincoast crisps
cranberry and hazelnut crackers
craquelins aux canneberges et aux noisettes

Starting at 9.99 EACH

Prosciutto di Parma DOP 100 g, Antipasto Classico 200 g, **\$11 Each** or Salami Misto 200 g **\$13 Each**



SALAMI MISTO

Antipasto Classico

Prosciutto di Parma

LIMITED TIME ONLY

SUSHI & more

100 PTS when you buy 1

Zenshi Hybrid Mini Platter 566 g



150 PTS when you buy 1

Zenshi Hybrid Ichi Platter 651 g



SPEND \$100 IN THE KEG GIFT CARDS AND GET A BONUS \$10

SMILE CARD GIFT CARD

Offer valid during December 19 - 24, 2024. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

ON SALE specials THURS, DEC 19 - TUE, DEC 24, 2024

BAKERY & more

21⁹⁹ EACH
Dessert Cake
 Holiday Confetti or Merry Berry
 920 g—1.05 kg



LIMITED TIME only

150 PTS
 when you buy 2

5⁹⁹ EACH

Mini Chocolate or Plain Shortbread
Baked In-Store
 270 g



LIMITED TIME only



Scene+ MEMBER PRICING

7⁹⁹ EACH

SAVE 50¢

8⁴⁹ EACH without Scene+ Card
Compliments Muffins
 4-6 Pack, 400-600 g

6⁹⁹ EACH
Cheesecake Bars
 250-260 g



3⁹⁹ EACH
San Francisco Style Sourdough Boule
Baked In-Store
 450 g



3⁴⁹ EACH
Rainforest Sprouted Grain Kaiser Buns or Bread
 450-460 g
Baked In-Store



3⁴⁹ EACH

Bagels
Baked In-Store
 4 Pack
 450 g



KITCHEN

Thrifty Kitchens
Brie, Prosciutto and Fig Flatbread or
 "Sweet Stinger" Hot Honey,
 Cup & Char Pepperoni Flatbreads or
 Selected Varieties, 230-305 g

200 PTS
 when you buy 2

6⁹⁹ EACH

THRIFTY Kitchens



150 PTS
 when you buy 2

5⁹⁹ EACH

Compliments Salads
 850-908 g
 Regular Potato,
 Creamy Coleslaw,
 Macaroni or other
 Selected Varieties



100 PTS
 when you buy 1

5⁹⁹ EACH

Reser's Main St. Bistro Side Dishes
 340-680 g



100 PTS
 when you buy 2

Thrifty Kitchens
Dips or Hummus
 Selected Varieties
 300-550 g



GET 10% OFF



WESTJET GIFT CARDS

Offer valid during December 19 - 24, 2024. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

6.49
EACH

Island Farms
Aerosol Whipped Cream
400 g
Made in Victoria



WE PICK
BC
FIRST

3.49
EACH

Island Farms
Sour Cream
500 ml
Made in Victoria



WE PICK
BC
FIRST

5.99
EACH

International
Delight
Coffee Creamer
946 ml or
Cold Foam
396 g



50 PTS
when you buy 1

7.99
EACH

Heluva
Good!
Dip
680 g



DAIRY & frozen

6.49
EACH

Island Farms
Whipping Cream
1 L
Made in Victoria



WE PICK
BC
FIRST

200 PTS
when you buy 2

15% OFF
AT TILL

Compliments
Cheese
Random
Weight
(Approximately
340 g)
Packaged in Nanaimo



WE PICK
BC
FIRST

100 PTS
when you buy 2

4.99
EACH

Becel
Margarine
427 g or
Bricks or
Plant Butter
Sticks
454 g



8.49
EACH

Lactantia or
My Country
Butter Sticks
454 g



100 PTS
when you buy 2

4.99
EACH

Compliments
Cheese Slices
210-230 g



3.49
EACH

Pillsbury **Biscuits,
Rolls or Pizza Crust**
318-391 g,
Pie Crusts 400 g,
Cinnamon Rolls 351 g
or Cookies 468 g
(Excludes Seasonal)



50 PTS
when you buy 2

6.99
EACH

Snowcrest
Frozen Fruit
600 g



4.49
EACH

Kraft
Cool Whip Whipped Topping 1 L



200 PTS
when you buy 4

1.79
EACH

Compliments
Frozen Entrées
227-284 g



4.99
EACH

Dr. Oetker
Momenti Pizza
160-185 g,
Giuseppe
Garlic Fingers
317 g or
Panini
2 Pack



100 PTS
when you buy 2

4.49
EACH

Tenderflake
**Pie Shells,
Tart Shells or Puff
Pastry**
255-397 g



DISCOVER our large selection of NATURAL & ORGANIC products!

3.99
EACH

Two Bears **Oat Milk** 946 ml or
Ready-to-Drink Lattes 207 ml
\$2.99 Each



5.99
EACH

Chickapea
One Pot Pasta
198 g



2.99
EACH

Club House
Organic Spices Bag
10-57 g



8.99
EACH

Holy Crap
Organic Cereal
225 g



4.99
EACH

Muir Glen
Tomatoes
796 ml



3.99
EACH

Green Organic
Frozen Vegetables
300-500 g



200 PTS
when you buy 2

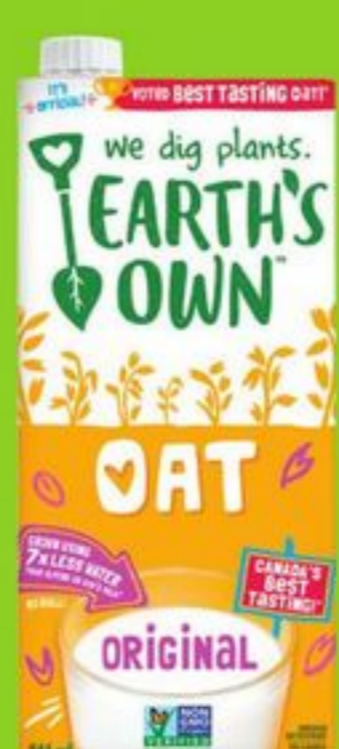
5.49
EACH

O'Doughs
Gluten Free Naan Dippers
210 g, Hamburger Buns
400 g, Sandwich Thins
510 g or White Loaf 700 g



2/\$7

Earth's Own
Shelf Stable
**Almond, Soy or Oat
Beverages**
946 ml



6.99
EACH

Earth's Own
Oat Creamers
946 ml



8 ON SALE specials THURS, DEC 19 - TUE, DEC 24, 2024

DRINKS & snacks

2/8⁵⁰

Miss Vickie's
Kettle Chips
190-200 g



100 PTS
when you buy 2

3⁹⁹
EACH

La Cocina
Tortilla Chips
300-400 g



2⁹⁹
EACH

Lindt
Swiss Classic
Chocolate Bars
100 g or
Compliments
Mistletoe Wish
Cookies 300 g
White
Supplies Last



8⁹⁹
EACH

Maynards
Sour Patch Kids
Large Bag Candy
814-816 g



**BUY
more
SAVE
more**

1⁷⁹ EA
WHEN YOU BUY
2 OR MORE
OR 1 FOR 1.99

Hershey's King Size Bars
62-96 g



5⁷⁹
EACH

Frito-Lay
Value Size
Snacks
275-480 g



50 PTS
when you buy 2

4⁹⁹
EACH

Coca-Cola
Mini Cans
6x222 ml



100 PTS
when you buy 1

18⁹⁹
EACH

Maxwell House
or Nabob
Keurig
Compatible
Single
Serve Pods
30 Pack



4⁹⁹
EACH

Ocean Spray
100%
Cranberry
Juice
1.77 L



200 PTS
when you buy 2

4⁹⁹
EACH

Nestlé
Carnation
Hot
Chocolate
Envelopes
7-10x25 g



6⁹⁹
EACH **SAVE \$1**

7⁹⁹ without
Scene+
Card
Phillips Iota
Non-Alcoholic
Beer
4x355 ml

13⁹⁹
EACH

Nature Valley
Granola Bars
or Mott's
Fruitsations
840 g-1.28 kg
Selected
Varieties



100 PTS
when you buy 2

3⁹⁹
EACH

Leclerc
Célébration
Cookies
240-350 g



4⁴⁹
EACH

McVitie's
Cookies
Selected
300-400 g
or Christie
Good Thins
Crackers
100 g



Scene+
MEMBER
PRICING

3⁹⁹
EACH **SAVE \$1**

4⁹⁹ without
Scene+
Card
Christie
Peek Freans
275-350 g or
Dad's Cookies
300-320 g



DISCOVER our large selection of **NATURAL & ORGANIC** products!

3⁹⁹
EACH

Smart Sweets
Candy
50 g



3/\$7

Cove
Gut Healthy
Soda
355 ml



4⁹⁹
EACH

G.H. Cretors
Popcorn
213-227 g



50 PTS
when you buy 2

2/\$5

Guayakí
Organic
Yerba Mate
Beverage
458 ml



4⁹⁹
EACH

Green &
Black's
Organic
Chocolate
Bars
90 g



4⁴⁹
EACH

Riceworks
Rice Crisps
155 g



17⁹⁹
EACH

Triple Jim's
Apple
Cider
3.78 L



100 PTS
when you buy 2

3⁹⁹
EACH

Compliments
Coconut
Water
1 L



Scene+
MEMBER
PRICING

5⁹⁹
EACH **ORGANIC**

6⁹⁹ without
Scene+
Card

SAVE \$1
Mary's Organic Crackers
Selected Varieties, 155-184 g

ORGANIC

Scene+ MEMBER PRICING

199 EACH **SAVE 70%**

269 EACH without Scene+ Card

Eight Treasures Rice Stick Noodles or Vermicelli Noodles 400-454 g

399 EACH

Compliments Bacon Bits 75-85 g

299 EACH

French's Mustard 325 ml

899 EACH

Mezzetta Olives 375-398 ml

GROCERY & more

499 EACH

Dempster's Cinnamon Raisin Bread 680 g or Portofino Pan Bread 810 g

349 EACH

Betty Crocker Frosting 340-450 g

15% OFF AT TILL

Compliments Baking Nuts 100 g (Excludes Pine Nuts) or Compliments Raisins, Currants or Dates 375 g-1 kg Selected

250 PTS when you buy 2

Compliments Chocolate or Baking Chips 225-300 g

300 PTS when you buy 2

Club House La Grille Seasonings Selected 65-248 g

Scene+ MEMBER PRICING

149 EACH **SAVE 50%**

199 EACH without Scene+ Card

Green Giant Canned Vegetables 341-398 ml or Kraft Stove Top Stuffing 120 g

Compliments Canned Legumes 540 ml

2/\$4

Green Giant Canned Vegetables 341-398 ml or Kraft Stove Top Stuffing 120 g

500 PTS when you buy 4

449 EACH

Pearl Milling Company Pancake Mix 905 g or Syrup 710 ml

2/\$5

Del Monte Canned Fruit 398 ml, Ocean Spray Cranberry Sauce 348 ml or Dole Pineapple 398 ml

599 EACH

Smucker's Jam 310-500 g

200 PTS when you buy 2

599 EACH

Crest Mouthwash 500 ml-1 L, Crest or Burt's Bees Toothpaste 63-105 ml or Oral-B Toothbrush 1 Pack, Selected

399 EACH

Herbal Essences Shampoo or Conditioner 346 ml

250 PTS when you buy 2

1099 EACH

L'Oréal Everstrong or Everpure Shampoo or Conditioner 250 ml Selected

2899 EACH

Pampers Diapers Giga Pack 42-78 Count

BUY more SAVE more

449 EA WHEN YOU BUY 2 OR MORE OR 1 FOR 5.49

Nature's Path Love Child 138 g

BURT'S BEES

Purely White FLUORIDE-FREE Toothpaste

Scope CLASSIC CLASSIQUE

400 PTS when you buy 2

15% OFF AT TILL

Advil 24-50 Pack Selected or Voltaren 30 g or 50 g

150 PTS when you buy 2

10% OFF AT TILL

Children's Tylenol, Motrin or Benlyn Selected†

150 PTS when you buy 2

15% OFF AT TILL

Tylenol, Benlyn or Sinutab Cough, Cold & Sinus Selected†

150 PTS when you buy 2

15% OFF AT TILL

Band-Aid Bandages 10-60 Pack Selected

10 ON SALE specials THURS, DEC 19 - TUE, DEC 24, 2024

† Available while a Pharmacist is on Duty

VITAMINS & more

15% OFF
AT TILL

Andalou
Naturals
Line Drive
Various
Products
and Sizes



2/\$5

Clif
Builders Bars
Selected
68 g or
Carton of 12,
\$29.99 Each



2.99
EACH

Goodvibes
Juice Co.
**Natural
Wellness
Shot**
50 ml



15% OFF
AT TILL

Sisu
**Supplements
Line Drive**
Selected Sizes
and Varieties



300 PTS
when you buy 2

9.99
EACH

Nature Clean
**Laundry
Detergent**
12 Pack or
Floor Cleaner
Strips 36 Pack



200 PTS
when you buy 2

8.99
EACH

Burt's Bees
Towelettes
30 Pack



10% OFF
AT TILL

Scentuals
Line Drive
Various
Products
and Sizes



21.99
EACH

Organika
Collagen
Selected
150-250 g



34.99
EACH

Orgain
**Protein
Powder**
Selected
567-575 g



HOUSEHOLD & more

11.49
EACH

Glad **Waste Bags**
Selected Varieties
20-40 Pack



19.99
EACH

Arm & Hammer
Cat Litter
Selected
3.8-9.1 kg



16.49
EACH

Persil
Laundry Liquid
Pro Clean Original
2.21 L, Discs
32-42 Pack,
Sunlight
Detergent
Original 4 L or
Purex Laundry
Detergent
4.08-4.43 L



6.99
EACH

Alcan **Foil** 100 ft,
Heavy Duty 60 ft,
or Non-Stick 50 ft,
Reynolds Air Fryer Liners
50 Pack or
Parchment Sheets
40 Pack or 75 ft



100 PTS
when you buy 1

9.99
EACH

Pedigree
Dentastix
504-608 g



7.49
EACH

Oxi Clean Maxforce
Stain Remover Spray
354-636 ml or
Gel Stick 183 ml



200 PTS
when you buy 4

1.99
EACH

Compliments
Facial Tissues
88-126 Pack



4.49
EACH

Mr. Clean
Magic Eraser 2 Pack



5.99
EACH

Palmolive
Dish Soap
961 ml-1.5 L



HOLIDAY HAPPY

Final Week!

gift



1. LOOK FOR THIS ICON WITH YOUR OFFERS ON THE THRIFTY FOODS APP OR MYGROCERYOFFERS.CA

2. LOAD THE OFFER

3. SHOP TO UNWRAP 50,000 SCENE+ POINTS

FOLLOW THESE STEPS TO FIND OUT IF YOU RECEIVED A GIFT!

Every Thursday, 10 lucky customers will receive a holiday happy gift of

50,000 **PTS**

That's like \$500 in free groceries!

Final Week holiday happy gift expires Tuesday!

Spend \$5 in-store to redeem.



*Receive 50,000 Scene+ points when you load the Holiday Happy Gift offer (the "Offer") and make a minimum purchase of \$5 on eligible grocery purchases at participating Thrifty Foods stores in British Columbia in a single transaction before applicable taxes and charges and after deducting any discounts or coupons. Scene+ card must be valid and registered. Offer valid and available to be loaded during these following weeks: Thursday November 28 and expires the following Wednesday on December 4, Thursday on December 5 and expires the following Wednesday on December 11, Thursday on December 12 and expires the following Wednesday on December 18, and Thursday on December 19 and expires the following Tuesday on December 24. Only ten (10) customers in British Columbia will receive the chance to redeem this offer each week between Thursday and the following Wednesday. Offer valid from November 28, 2024 to December 24, 2024. Offer must be loaded to a registered Scene+ card prior to transaction. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, Western Union and any other non-discountable product excluded by law or as we determine from time to time. No base Scene+ points earned. Void if sold, transferred, or altered. Digital Offer has no cash value and cannot be combined with any other offers. Offer cannot be combined with other minimum spend/receive offer(s). Scene+ registered digital or physical card must be presented at time of transaction. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. We reserve the right to rescind the offer, if we determine, in our sole discretion, there is abuse of the offer or unauthorized or ineligible use of the offer and is subject to change without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

SWEETEN UP THE SEASON



Starting at

12.49
EACH

Grab and Go Tray
Dessert Bar or
Cookie Lovers Bliss
495–530 g or Patisseries
565–800 g



Starting at

12.99
EACH

Traditional Yule Log
Black Forest or Caramel
450–850 g



TRY OUR MINI YULE LOGS
RASPBERRY WHITE CHOCOLATE
OR CHOCOLATE DUO FOR
A LIMITED TIME

Patisseries
Small or Large
*Same Item of Equal or Lesser Value

**BUY 4
GET A 5TH
FREE**

Brunch time BAKERY



BUY
more
SAVE
more

3.49 EA
WHEN YOU BUY
2 OR MORE
OR 1 FOR 3.99

Strudel Fingers,
Mini Strudel or Turnovers
Baked In-Store
4–6 Pack, 228–280 g

5.99
EACH

100 PTS
when you buy 2

All Butter Croissants
or Pastries
Baked In-Store
4 Pack, 275–400 g



6.99
EACH

Gourmet Cinnamon Buns
Plain or with
Cream Cheese Icing
Baked In-Store
4 Pack, 550–800 g



DINNER Additions

3.99
EACH

Butter Topped Buns,
Butter Topped Brioche
Buns or Dinner Buns
Baked In-Store
12 Pack, 480–500 g



3.99
EACH

Kaiser Buns
White or Whole Wheat
Baked In-Store
6 Pack, 315–340 g

4.29
EACH

Artisan Breads
Baked In-Store
375 g



NEW



STUFF *all their* STOCKINGS

179 EACH
Excel or Wrigley's
Gum
12 Pack



299 EACH
Compliments
Gourmet Candy Canes
56 g
While Supplies Last



599 EACH
Reese's **Lovers Minis**,
Kit Kat Icon Bags,
Santa Chimney or
After Eight Straws
90-158 g
While Supplies Last



100 PTS
when you buy 2

529 EACH

Toblerone
Tiny
Chocolates
120 g
While
Supplies Last



20% OFF
AT TILL
Blistex
Gift Pack
1 Pack



1699 EACH

Batiste
Gift Set
1 Pack



100 PTS
when you buy 2

949 EACH

Ombra
Foam Bath
500 ml



399 EACH

Softsoap
Holiday
Hand Soap
332 ml



PERFECT *for pets*

**BUY more
SAVE more**

167 EA
WHEN YOU BUY
4 OR MORE
OR 1 FOR 1.99

Cesar Wet Dog Food 100 g

100 PTS
when you buy 1

999 EACH

Pedigree Dentastix
Dog Treats
504-608 g

31999 Temptations
Cat Treats 180 g
or Purées 48 g

300 PTS
when you spend \$15
Milk-Bone
Dog Treats
113-900 g



Scene+
**DIGITAL
EXCLUSIVE**

OFFER AVAILABLE
DECEMBER 19-DECEMBER 24, 2024

LOAD IT TO GET IT!

- 1 Download the Thrifty Foods app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Get up to **600** PTS

Activate your offers in the [Thrifty Foods app](#) or at [MyGroceryOffers.ca](#)



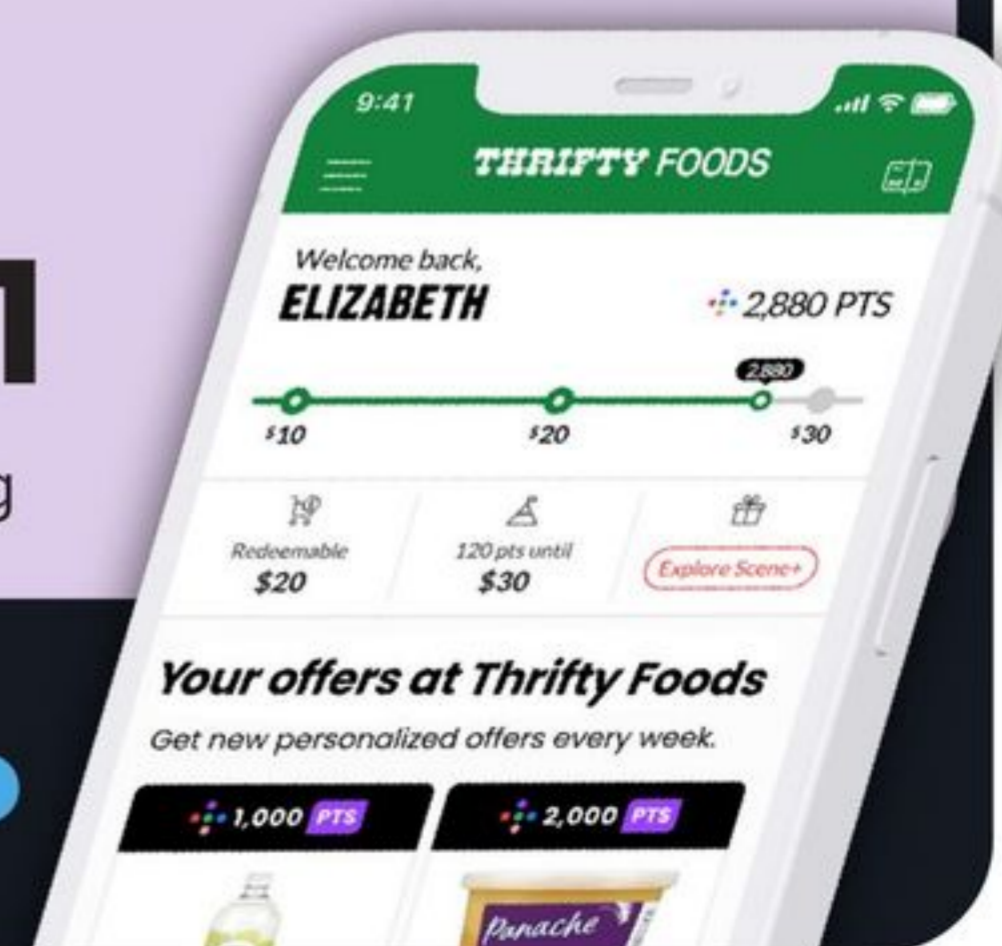
Get **100** PTS
when you buy 1

Excel Mints 34 g



Get **500** PTS
when you buy 1

Compliments Pork Assorted, 450-900 g



THRIFTY FOODS

Download on the
App Store

GET IT ON
Google Play

Offer valid December 19 to December 24, 2024, at all Thrifty Foods Locations in British Columbia. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

SUBSCRIBE *to*
EMAILS FROM
THRIFTY FOODS
to get more!

Sign up today to get your first
email exclusive offer

SAVE \$5

on your next purchase of \$40*

*New subscribers only. Terms and conditions apply.

SUBSCRIBE NOW

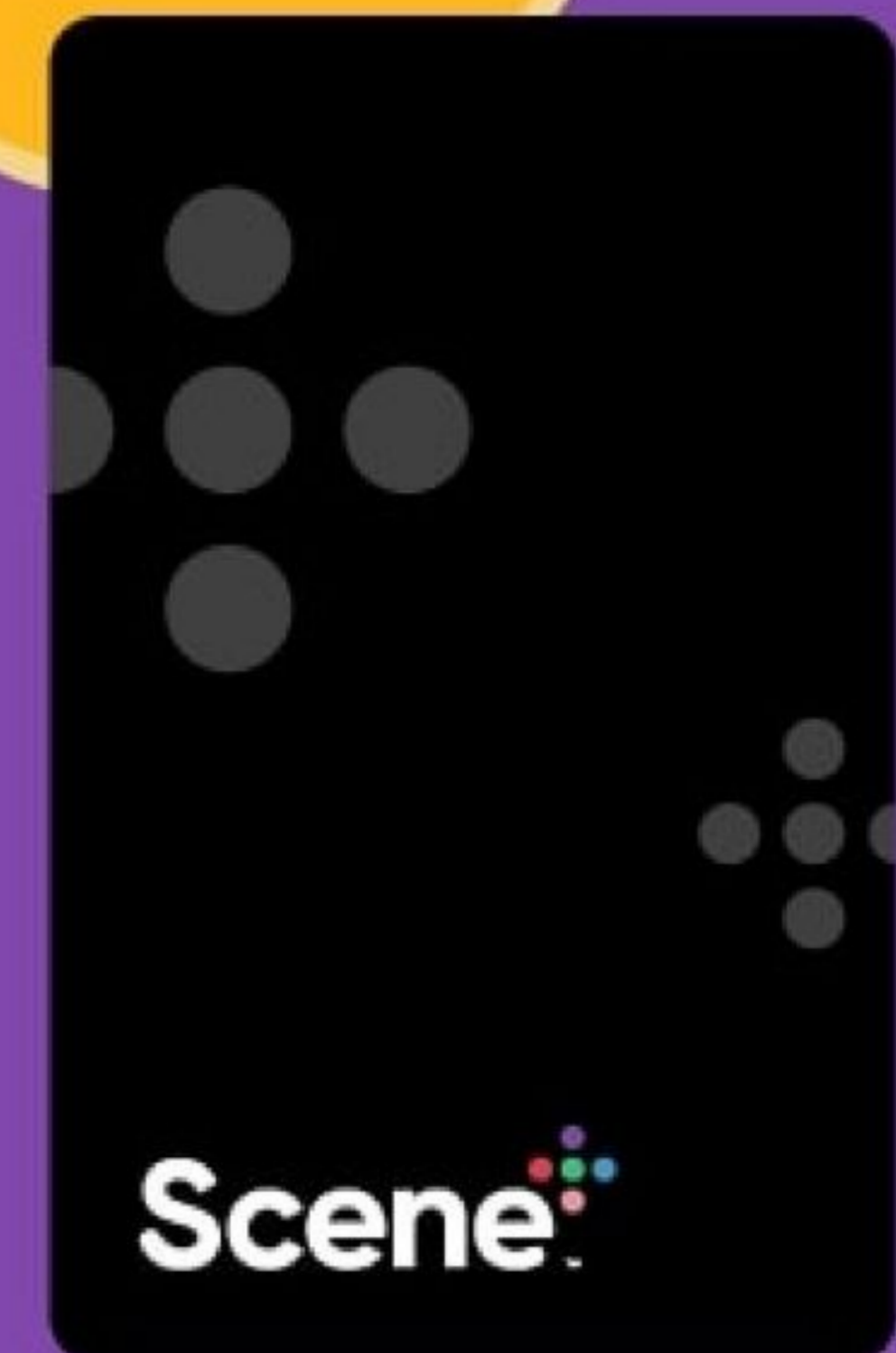
GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa* Card**.

APPLY NOW

**GET 2
SCENE+ PTS
ON EVERY
\$1 SPENT²**

**1000 pts
= \$10 in
groceries¹**



¹1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.
²Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.
See full list of participating merchants across Canada at scotiabank.com/participatingstores.
*Visa Int. / licensed user.