

**SPROUTS<sup>®</sup>**  
FARMERS MARKET

# LAST CHANCE TO PRE-ORDER!

**LIMITED QUANTITY MEATS, MEALS\* AND PARTY TRAYS**

Pre-orders close at noon on 12/22, pick ups close at noon on 12/24

\*Please allow two hours for reheating.



**PRE-ORDER**

**PLUS GET**  
**25% OFF**  
**CATERING TRAYS\*\***

Offer valid December 18-31,  
pick up December 20-January 2

\*\*Excludes sushi trays

**HAPPY HOLIDAYS FROM SPROUTS!**

Open Christmas Eve 7am-7pm  
Closed Christmas Day

**SPROUTS<sup>®</sup>**  
FARMERS MARKET

**5.6 OZ.** **6 OZ.** **LARGE 11 OZ. PACKAGE**

**ORGANIC BLACKBERRIES, BLUEBERRIES OR RASPBERRIES**

**3 for \$12**

**GREAT PRICES — ON THE — FRESHEST PRODUCE**

USDA ORGANIC

ORGANIC • ORGANIC • ORGANIC



Halos  
Organic Seedless  
Mandarins

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Red Dragon Fruit  
or Pomegranates

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value

ORGANIC • ORGANIC • ORGANIC



Rockit™  
Organic Apples

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Bob's Red Mill  
Baking Essentials  
Select varieties, 8-80 oz.

**25% off**  
regular retail



Sprouts  
Organic Half & Half  
32 fl. oz.

**2 for \$7**



Sprouts  
Organic Bulk Coffee  
Select varieties

**\$9.99**  
lb.



NO ANTIBIOTICS EVER

Sprouts  
No Sugar Uncured  
Spiral Sliced Gourmet Ham  
No added hormones or steroids!  
Natural juices, just heat and serve

**\$3.99** lb.  
While supplies last

# EXPERIENCE THE DIFFERENCE

Always fresh, never frozen, our all-natural meats are more tender and tastier than the rest.



NO ANTIBIOTICS EVER

All-Natural  
100% Grass-Fed  
Boneless Lamb Leg  
Fresh, pasture-raised,  
no added hormones or steroids!

**\$7.99** lb.



U.S.D.A. CHOICE BEEF

Premium Angus  
Presidential Cut Bone-In  
Standing Beef Rib Roast

**\$12.99** lb.



NO ANTIBIOTICS EVER

All-Natural  
Angus Beef 100% Grass-Fed  
Steaks or Roast  
No hormones added, ever!

**10%** off  
regular retail  
Price on package  
reflects discount



ALWAYS FRESH NEVER FROZEN

All-Natural  
85% Lean Ground Beef  
Sold in a 2 lb. package

**\$5.99** lb.  
Value pack



ALWAYS FRESH NEVER FROZEN

Thick-Sliced  
Smoked Bacon  
Old-fashioned, hickory

**\$4.99** lb.



NO ANTIBIOTICS EVER

Sprouts  
All-Natural Boneless  
Pork Loin or Tenderloin Roast  
No added hormones or steroids! Sold in the bag

**\$3.99** lb.



Alden's Organic Ice Cream  
Select varieties, 48 fl. oz.

**\$7.99**  
ea.



Truwhip Frozen Whipped Topping  
or Sprouts Organic Frozen Fruit  
Select varieties, 9-10 oz.

**2 for \$5**



Bulk Organic Spices or Rubs  
Select varieties

**15% off**  
regular retail



Kahawa 1893 Whole Bean Coffee  
Select varieties, 12 oz.

**\$10.99**  
ea.



Dark Chocolate Walnuts

**\$5.99**  
lb.



Simply Organic  
All Items

**35% off**  
regular retail



Cedar's Organic Hommus  
Select varieties, 10 oz.

**2 for \$6**



Deluxe Holiday Bouquet

Everyday low price  
**\$24.99**  
ea.



Nature's Way Seasonal Wellness Support  
Select varieties and sizes

**15% off**  
regular retail

**SIP SIP HOORAY!**

**THE MOST NON-ALC & ORGANIC WINE OPTIONS YET**

**SHOP NOW**



# YOUR FESTIVE FAVORITES

Grab them while they're here for the holidays!

**SPROUTS-STYLE**



**WILD CAUGHT FAVORITES**

**Wild Large Snow Crab Legs & Claws**  
Fully cooked, frozen

**\$9.99** lb.



**USDA ORGANIC**

Organic Sweet Potatoes (5 lb. bag),  
Russet or Gold Potatoes (8 lb. bag)

Everyday low price

**\$7.99** ea.



**Wild-Caught Raw USA Gulf Shrimp**  
Select varieties, frozen, 16-32 oz.

**MIX OR MATCH**  
**BUY 1 GET 1 50% OFF**  
regular retail of equal or lesser value



**U.S.D.A. CHOICE BEEF**

Premium Angus Boneless Beef  
New York Holiday Roast

**\$8.99** lb.



**USDA ORGANIC**

Organic Medium Hass Avocados

**5 CT. BAG**  
**\$5.98** ea.



**NO ANTIBIOTICS EVER**

**Sprouts Antibiotic Free Spiral Sliced Gourmet Ham**  
No added hormones or steroids!

**\$2.99** lb.

While supplies last



**USDA ORGANIC**

Mary's Gone Crackers  
All Items

**LINE DRIVE SAVINGS**  
All Items

**2 for \$7**

San Pellegrino  
Sparkling Mineral  
Water or Martinelli  
Sparkling Cider

Select varieties,  
25.3 or 25.4 fl. oz.



**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Guittard  
Chocolate Chips

Select varieties, 9-12 oz.

**\$4.99**  
ed.



Dr. Bronner's  
Organic Magic  
All-One Chocolate Bars

Select varieties, 2.93-3 oz.

**BUY 1, GET 1  
FREE!**  
of equal or  
lesser value



Stahlbush  
Island Farms  
Frozen Vegetables

Select varieties, 10 oz.

**2 for \$6**



Sprouts  
Green Bean Casserole

Prepared fresh daily!

Everyday  
low price

**\$11.99**  
lb.



Delallo  
Organic Olives

Select varieties, 4.5 oz.

**\$6.99**  
ed.



Delizza Patisserie  
Frozen Mini Eclairs  
or Mini Cream Puffs

7.58 or 7.76 oz.

**\$5.99**  
ed.



La Terra Fina  
Quiche

Select varieties, 23 oz.

**\$12.99**  
ed.



Snack Factory  
Pretzel Crisps  
Drizzlers

Select varieties, 5.5 oz.

**2 for \$10**  
Limited time only!



Fresh Baked Pies

Select varieties, 8 in.

**\$6.99**  
ed.

Everyday  
low price

**FRESHLY BAKED!**



Sprouts  
Fresh Baked Cookies

Select varieties, 12 ct.

**2 for \$10**

**FRESH BAKED!**



Sprouts  
Fresh Baked Pastries

Select varieties, 3-12 ct.

**BUY 1 GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Red or Green  
Seedless Grapes

**\$2.48**  
lb.



Cara Cara  
Oranges

**2 lbs. for \$3**



Cosmic Crisp  
Apples

**\$1.68**  
lb.



Blueberries  
or Blackberries

**2 for \$5**

ORGANIC • ORGANIC • ORGANIC • ORGANIC

ORGANIC • ORGANIC • ORGANIC • ORGANIC



Tasteful Selections  
Organic Baby Potatoes  
Select varieties

**2 for \$7**



Organic  
Baby Broccoli

**2 for \$6**

ORGANIC • ORGANIC • ORGANIC • ORGANIC

ORGANIC • ORGANIC • ORGANIC • ORGANIC



Organic Lemons

**\$3.98**  
ea.



Mighties  
Organic Kiwifruit

**BUY 1 GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



NO ANTIBIOTICS EVER

All-Natural  
100% Grass-Fed Rack of Lamb  
No added hormones or steroids, pasture-raised

**\$16<sup>99</sup>**  
lb.



NO ANTIBIOTICS EVER

Sprouts  
No Antibiotics Ever  
Bone-in Turkey Breast  
With ribs, back portion, wing portion and neck portion

**\$3<sup>99</sup>**  
lb.



USDA ORGANIC  
NON-GMO Project VERIFIED

Sprouts Organic  
Whole Chicken  
No hormones or steroids added, ever!

**\$3<sup>99</sup>**  
lb.



GF

Swaggerty's Farm  
All Items

**\$4<sup>99</sup>**  
ea.



NO ANTIBIOTICS EVER

Amylu  
All Items

LINE DRIVE SAVINGS  
All Items  
**BUY 1, GET 1 FREE!**  
of equal or lesser value



NO ANTIBIOTICS EVER

Sprouts  
Boneless Skinless  
Chicken Breasts  
No added hormones or steroids!

**\$3<sup>99</sup>**  
lb.  
Value pack



Super Colossal  
Peeled & Deveined  
Raw Grilling Shrimp  
8/12 ct. Phosphate-free, farm-raised, previously frozen

**\$10<sup>99</sup>**  
lb.  
Also available in a 2 lb. bag



WILD CAUGHT FAVORITES

Wild North Atlantic  
Raw Lobster Tails  
Previously frozen, 3.75 oz.

**\$8<sup>99</sup>**  
ea.



Fresh  
American Atlantic  
Salmon Fillets  
All-natural, antibiotic free, farm-raised

**\$11<sup>99</sup>**  
lb.



WILD CAUGHT FAVORITES

Wild North Atlantic  
Colossal Sea Scallops  
U-15, previously frozen

**\$16<sup>99</sup>**  
lb.  
Also available in a 2 lb. bag



# NEW FOR YOU DESTINATION

We forage far and wide for the newest, most innovative items because the future of food starts here.

★ NEW FOR YOU!

LOOK FOR THE NEW FOR YOU SIGN IN-STORE!

Items pictured in image are from previous months and may not still be in-store.

Discover Sprouts Brand festive favorites with no artificial colors or flavors—here for a limited time!

LEARN MORE



EXPLORE THE NEWEST REGENERATIVE ORGANIC CERTIFIED® FOODS



patagonia PROVISIONS®

PEAK STATE

Sol SIMPLE FROM SOL TO SOUL™

recoup

STARWALKER ORGANIC FARMS

When you purchase Regenerative Organic Certified®, you're supporting brands making a positive impact on plants, people and the planet.





Zevia Soda  
Select varieties, 12 pk., 12 fl. oz.

**\$9.99**  
ea.



Topo Chico  
Mineral Water  
Select varieties, 12 pk., 12 fl. oz.

**\$12.99**  
ea.



Rao's Homemade  
Pasta Sauce, Soup or Pasta  
Select varieties, 12.3-24 oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Wildbrine  
Kimchi or Sauerkraut  
Select varieties, 18 oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Numi Drinking Chocolate or Boxed Tea  
or Celestial Seasonings Boxed Tea  
Select varieties, 6.3 oz. or 12-20 bag

**BUY 1, GET 1  
FREE!**  
of equal or  
lesser value



Simple Mills  
All Items

**LINE DRIVE  
SAVINGS**  
All Items  
**25%**  
off  
regular retail



Sprouts  
Organic Tortilla Chips  
Select varieties, 8 oz.

**2 for \$4**



Sprouts  
Organic Salsa  
Select varieties, 16 oz.

**2 for \$7**

# GO NUTS

WITH ALMONDS, PECANS & WALNUTS  
Perfect for giving your salads & desserts a crunch!



Walnut  
Halves & Pieces

**\$5<sup>99</sup>**  
lb.



Sliced or Slivered  
Almonds

**\$7<sup>99</sup>**  
lb.



Pecan Halves

**\$9<sup>99</sup>**  
lb.

## COOKING STAPLES, SNACKS & MORE



Sprouts  
Organic Nuts  
Select varieties, 10-12 oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Bulk or Packaged  
In-Shell Nuts  
Select varieties and sizes

**WHILE  
SUPPLIES LAST**  
**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Zante Currants  
9 oz.

**WHILE  
SUPPLIES LAST**  
**\$3<sup>99</sup>**  
ea.



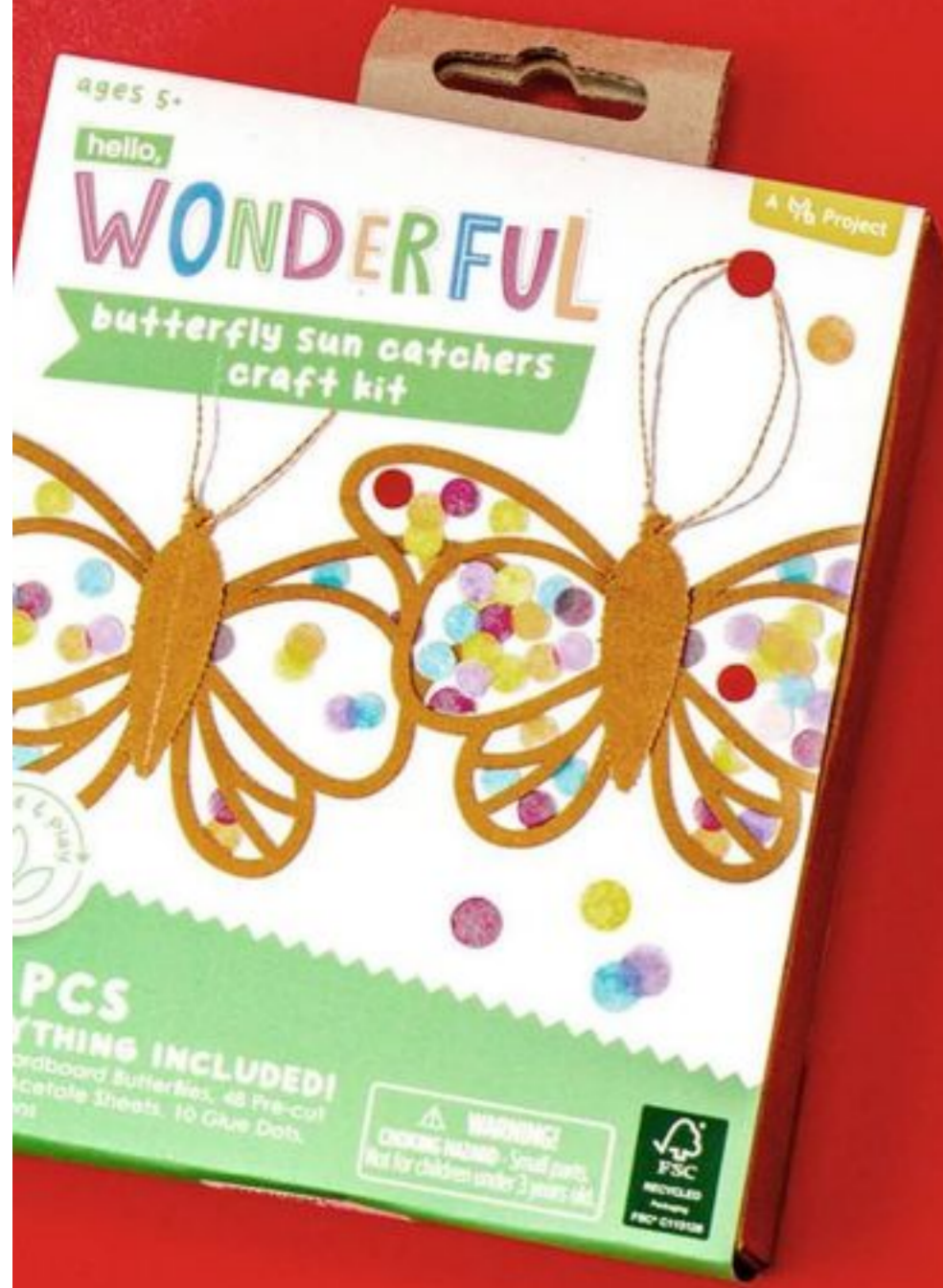
Dried Cranberries  
or Turkish Apricots

**\$4<sup>99</sup>**  
lb.



Dark or Milk Chocolate  
Peanut Clusters

**\$7<sup>99</sup>**  
lb.



# UP TO 50% OFF\*

UNWRAP THE SAVINGS ON  
SOOTHING SELF-CARE,  
ECO-FRIENDLY TOYS & MORE!

**SHOP NOW**

\*Regular retail. Select items only.





**Emerald Labs**  
All Items

**LINE DRIVE SAVINGS**  
All Items  
**15% off**  
regular retail



**Trace Minerals**  
All Items

**LINE DRIVE SAVINGS**  
All Items  
**15% off**  
regular retail

# PURE & HONEST BODY CARE

Shop from a variety of clean, better-for-you body care essentials.



**MRM**  
Seasonal Health Support  
Select varieties and sizes

**LINE DRIVE SAVINGS**  
**15% off**  
regular retail



**Kyolic**  
All Items

**LINE DRIVE SAVINGS**  
All Items  
**BUY 1, GET 1 50% OFF**  
regular retail of equal or lesser value



**Aura Cacia**  
All Items

**LINE DRIVE SAVINGS**  
All Items  
**20% off**  
regular retail



**Jarrow Formulas**  
Best Selling Supplements  
Select varieties and sizes

**15% off**  
regular retail



**Now**  
Seasonal Health Support  
Select varieties and sizes

**15% off**  
regular retail



**Alaffia,**  
Everyday Shea or  
Everyday Coconut  
Bath or Body Care  
Select varieties and sizes

**15% off**  
regular retail

**PRICES VALID DECEMBER 18-24, 2024**  
**AT ANY OF OUR NASHVILLE AREA LOCATIONS**

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.  
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.



**Dr. Bronner's**  
Bar Soap  
Select varieties, 5 oz.

**2 for \$10**

# WANT MORE? SHOP NOW!



All products may not be available in all locations and may vary based on local regulations.

Tap to find products just for you and your lifestyle.



**ORGANIC**



**GLUTEN-FREE**



**NON-GMO**



**PLANT-BASED**



**PALEO**



**KETO**

**SEE YOU NEXT WEEK!**