



JARLSBERG
Original cheese
1.99 /100 g
9.93/lb
UP TO 64% SAVINGS

CANADIAN LAMB SHOULDER HALAL



6.99 /lb
15.41/kg

36% SAVINGS

FRESH ATLANTIC SALMON FILLET



8.99 /lb
19.82/kg

36% SAVINGS

CLEMENTINES WITH LEAVES
Spain



2.44 /lb
5.38/kg

51% SAVINGS



CEDAR
Sunflower oil
3 L

6.99

UP TO 50% SAVINGS



MARINA DEL REY
Wild caught
Argentinean
shrimp 20/30
300 g

36% SAVINGS

6.99



DELPHI
Honey
1 kg



PHOENICIA OR CEDAR
Akawi cheese

UP TO 32% SAVINGS



PHOENICIA OR CEDAR
Halloumi cheese

1.88 /100 g
8.91/lb

FROM THURSDAY, DECEMBER 19TH TO WEDNESDAY, DECEMBER 25TH, 2024

All of our stores will be closed on the 25th of December, 2024, and the 1st of January, 2025.

HST holiday tax break, for more information visit Canada.ca

ADONIS

Merry Christmas

Our Christmas CATERING MENU

Take a look at the end of the flyer.



16⁹⁹
/lb
37⁴⁴/kg

BEEF TENDERLOIN
HALAL



ROMAINE HEARTS
LETTUCE
3 un
U.S.A.

3⁹⁹
/ea

\$2 SAVINGS



LEAN GROUND
BEEF HALAL

5⁴⁹
/lb
12¹²/kg

21% SAVINGS



EGGPLANTS
Mexico

99¢
/lb
2¹⁸/kg

66% SAVINGS



MARINATED
SHISH TAOUK
CUBES HALAL

7⁴⁹
/lb
16⁵¹/kg

Adonis ORIGINAL
RECIPE



BEEF KAFTA
HALAL

7⁹⁹

Adonis ORIGINAL
RECIPE

MAPLE LODGE
Breaded chicken burgers,
nuggets or strips 800 g



7⁹⁹

OUR HOLIDAY DESSERTS

CHRISTMAS LOGS
Assorted

starting at
32⁹⁹

BALOCCO
LEMONDORO
crema di limoni di Sicilia

14⁹⁹
BALOCCO
Pavettone
800 g

BUTTER COOKIES
Assorted

12⁹⁹
/lb
28¹²/kg

HALAWET EL JEBN

11⁹⁹
/lb
26¹²/kg

10 LB

TILDA
Basmati rice
4.54 kg

UP TO \$8 OFF

13⁹⁹

ALKANATER
Tahina
900 g

UP TO \$36 OFF

7⁹⁹

CEDAR
Walnuts or mixed
oriental nuts
454 g

UP TO \$3 OFF

5⁹⁷

CEDAR
Vegetables
Assorted choice
750 g

UP TO \$4 OFF

2/\$4

BAVARIA
Non-vegetic
beverages
6 x 330 ml

UP TO \$27 OFF

5⁹⁹

NESCAFE
Instant coffee
Assorted choice
100-170 g

41¢ OFF

4⁹⁹

LOTUS
Caramelised cookies
Assorted choice
250 g

UP TO \$40 OFF

2⁹⁹

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FROM THURSDAY, DECEMBER 19TH TO WEDNESDAY, DECEMBER 25TH, 2024

MORE SAVINGS!



6 UN



LARGE FRUIT

WHOLE AND CORED PINEAPPLE
Costa Rica

2.99
/ea

AVOCADOS
Bag 6 un
Mexico

50% SAVINGS

50% SAVINGS

2.99
/ea



BALADI SQUASH
Mexico

1.99
/lb
4³⁹/kg

33% SAVINGS



SWEET POTATOES
U.S.A.

50% SAVINGS

99¢
/lb
2¹⁸/kg

SUNSHINE PLATE *in your* PLATE *with our* FRUITS

STRAWBERRIES
454 g
U.S.A. or Mexico

5.99 /ea

READY TO HOST

RECIPES
STRAWBERRY PANNA COTTA

CLICK HERE

6.99 /lb
MEDJOL DATES U.S.A.

6.99 /lb
APRICOTS Australia

1.99 /ea
ENGLISH CUCUMBERS Canada

2/\$5 WHITE OR CREMINI MUSHROOMS 227 g Canada

3 LB ORANGES 3 lb Spain

4.99 /ea
LEMONS 2 lb U.S.A./Turkey

6.99 /lb
JUMBO CHESTNUTS Italy

5 LB YELLOW ONIONS 5 lb Canada

3 LB RED ONIONS 3 lb Canada

3/\$5 CORIANDER Mexico

2/\$5 IRRÉSISTIBLE Herbs Assorted choice 21 g Mexico

FRESH MINT BUNCH Mexico

CURLY OR ITALIAN PARSLEY U.S.A. or Mexico

ROSEMARY ROMARIN, CHIVES CIBOULETTE, BASIL BASILIC, THYME TRYM, SAGE SAUGE

RED VINE TOMATOES
Mexico

\$1/LB OFF

2.99 /lb
6.99 /ea

RED POMEGRANATES
Morocco, Egypt or U.S.A.

\$1 OFF

2/\$6

FOR SNACKING

ASSORTED FRUIT OR VEGETABLE PLATTERS
With or without dip 10"
See variety in store

starting at **12.99** /ea

FRUIT AND VEGETABLE PLATTERS
13.5"
See variety in store

starting at **24.99** /ea

1.49 /100 g
6.99 /lb
MOROCCAN BLACK OLIVES

1.79 /100 g
8.99 /lb
STUFFED GREEN OLIVES Assorted choice

1.29 /100 g
5.99 /lb
LEBANESE BLACK OR GREEN OLIVES

1.29 /100 g
5.99 /lb
MARINATED GREEK PEPPERS

1.29 /100 g
5.99 /lb
PICKLED TURNIPS

1.49 /100 g
6.99 /lb
HALVA See variety in store

4 OFF

19.99 /ea

PLAIN, CHOCOLATE, PISTACHIOS

CEEDAR Raw Pistachios 454 g - 1 lb

ENJOY **PRODUCTS** with our Halal FRESH MEATS AND SPECIALTIES



749 /lb
16⁵¹/kg

HALAL IMPORTED SHORT CUT LEG OF LAMB



299 /lb
6⁵⁹/kg

WHOLE CHICKEN HALAL



699 /lb
15⁴¹/kg

BEEF OSSO BUCCO HALAL



449 /lb
9⁸⁰/kg

HALAL FROZEN WHOLE DUCK



799 /lb
17⁶¹/kg

GRAIN FED VEAL BLADE ROAST HALAL



849 /lb
18⁷¹/kg

BEEF SIRLOIN TIP STEAK HALAL



649 /lb
14³¹/kg

BONELESS CHICKEN THIGHS HALAL



749 /lb
16⁵¹/kg

BEEF SOUJOK SAUSAGES HALAL

READY FOR THE HOLIDAYS



749 /lb
16⁵¹/kg

BEEF INSIDE ROUND STEAK HALAL



299 /lb
6⁵⁹/kg

ZABIHA HALAL YOUNG TURKEY FROZEN



1399 /lb
30⁶⁴/kg

HALAL LAMB OF LEG CUBES



999 /lb
22²²/kg

BEEF SHAWARMA HALAL

Adonis ORIGINAL RECIPE



149 /100 g
6⁷⁹/lb

SOLMAZ Beef Bologna Halal Assorted choice



129 /100 g
5⁸⁹/lb

ALZAHRAA Chicken breast Halal Assorted choice



799

TAHSIN Soujok Halal Assorted choice 350 g



529

ALZAHRAA Turkey breast Halal Assorted choice 400 g

TASTE all the **FRESHNESS** of our FISH AND SEAFOOD

FREE CLEANING

20% OFF
7.99 /lb
17.99/kg

ROYAL SEA BREAM

Christmas FEAST

MARINATED SALMON FILLET

33% OFF
9.99 /lb
22.00/kg

COD FILLETS

9.99 /lb
22.00/kg

SQUID TUBE FROZEN OR THAWED

6.99 /lb
15.00/kg

FRESH MULLET

3.99 /lb
8.00/kg

CRAB SECTIONS FROZEN OR PREVIOUSLY FROZEN

11.99 /lb
26.00/kg

ROYAL HARBOUR
Atlantic smoked salmon
200 g

11.99

READY TO HOST

GARDER AU RÉFRIGÉRATEUR 35°-45°F / 2°-7°C

Les Huitres Malpeque

"POUR L'AMOUR DES HUITRES"
UN PRODUIT DE L'ÎLE-DU-PRINCE-ÉDOUARD, CANADA
LES FORMES NORMALES

29% OFF
11.99

STANDARD MALPEQUE OYSTERS
25 un

BLUE TIDE
Cooked peeled white shrimp
91110
907 g

15% OFF
15.99

BLUE TIDE
Frozen tilapia fillets
907 g

21% OFF
10.99

BLUE TIDE
Raw white shrimp
51-60
340 g

23% OFF
4.99

MARINA DEL REY
Wild caught calamari tentacles
454 g

18% OFF
8.99

BLUE TIDE
Imitation crabmeat
Frozen
1.13 kg

20% OFF
7.99

IRRÉSISTIBLE
Jumbo butterfly raw shrimp with garlic & herbs
340 g

10.99

NEW PRODUCT

BLUE TIDE
Seafood mix
350 g

14% OFF
5.99

BLUE TIDE
Raw white shrimp
31-40
340 g

5.99

IRRÉSISTIBLE
Frozen crispy calamari salt and pepper
340 g

7.99

NEW PRODUCT

YOU HAVE CHOICE *even more* **with PRODUCTS FROM HERE AND ALL OVER THE WORLD**

Christmas cold cuts: A DELIGHT TO SHARE

SAN DANIELE Prosciutto

41% OFF
249
/100 g
11⁹⁹/lb

32% OFF
299
/100 g
12⁹⁹/lb

SCHNEIDERS
Turkey breast
Assorted choice

35% OFF
149
/100 g
8⁹⁹/lb

SAN DANIELE
Mortadella
Assorted choice

179
/100 g
8⁹⁹/lb

MÈRE MICHEL
Black forest or smoked ham

199
/100 g
9⁹⁹/lb

SOLMAZ
Hot or mild
beef salami
Hot/Al 200 g

429

25% OFF
899
/100 g
40⁹⁹/lb

OLYMEL
Ham or turkey breast
Assorted choice
400 - 500 g

36% OFF
899
/100 g
40⁹⁹/lb

MARCANGELO
Cold cuts
Assorted choice
175 - 200 g

28% OFF
699
/100 g
31⁹⁹/lb

MASTRO
Cold cuts trio
Assorted choice
150 - 250 g

599

FANTINO & MONDELLO
Cold cuts
Assorted choice
100 - 200 g

25% OFF
899
/100 g
40⁹⁹/lb

MAISON DE SAVOIE
Sausages
250 g

34% OFF
2/\$5

BRETAGNE
Pâté
Assorted choice
150 g

DISCOVER OUR WIDE SELECTION OF CHEESE

PHOENICIA OR CEDAR
Labneh
500 g

32% OFF
444

THE PERFECT ADDITION
to your table

CASTELLO
Havarti or traditional blue cheese
Assorted choice

229
/100 g
10⁹⁹/lb

129
/100 g
5⁹⁹/lb

DELPHI
Greek style tzatziki

229
/100 g
10⁹⁹/lb

BALADI IN BRINE CHEESE

199
/100 g
9⁹⁹/lb

GREEK FETA CHEESE

36% OFF
1399
/100 g
62⁹⁹/lb

SAPUTO
Traditional Feta cheese
1 kg

39% OFF
399
/100 g
18⁹⁹/lb

SAPUTO
Bocconcini cheese
Assorted choice
200 g

UP TO 44% OFF
599
/100 g
27⁹⁹/lb

AGROPUR
Grand Cheddar
3 - 6 years
200 g

UP TO 38% OFF
999
/100 g
45⁹⁹/lb

SAPUTO
Mini Friulano cheese
500 g

TRENTIN
Parmesan cheese
200 g

Our BULK offers

249
/100 g
11⁹⁹/lb

ORIENTAL MIXED NUTS

149
/100 g
6⁹⁹/lb

ROASTED ALMONDS
See variety in store

149
/100 g
6⁹⁹/lb

PITTED KALAMATA OLIVES

339
/100 g
15⁹⁹/lb

LEBANESE COFFEE
See variety in store

TASTE ADONIS specialties

PREPARED EVERY DAY FOR YOU



8-10 PEOPLE

PREPARED LEG OF LAMB
Served with rice and brown sauce

\$149



PREPARED TURKEY
Served with rice and brown sauce

\$129



6 PEOPLE

WHOLE SALMON FILLET
Served with grilled vegetables and potatoes

\$99



ROAST BEEF
Served with grilled vegetables and sauce



5.99 ADONIS Hummus or garlic dip 400 - 425 g



5.99 ADONIS CHICKPEA OR COUSCOUS SALAD 454 - 500 g



10.99 /12 un ADONIS Cheese or meat sambousik



11.99 /12 un ADONIS Sfiha Medium



10.99 /6 un ADONIS Lahmajoun Large 950 g



12.99 ADONIS Creamy pasta with chicken



\$22 ADONIS Grilled flat chicken trio served with potatoes or rice, salad and Halal sauce

FAMILY MEAL



12.99 ADONIS Chicken or beef shawarma plate served with rice or garlic potatoes, salad and sauce

PANETTONE FOR EVERY GATHERING



7.99 GIOIA Classic Panettone 750 g



7.99 BALOCCO Lemon or hazelnut and pistachio cake 400 g



3/4.99 BAUDUCCO Mini chocolate chip or classic panettone 80 g



9.99 SANSIRO Panettone 850 g



2/\$5 ADONIS Rum ball cakes



28.99 LA ROCCA Swiss chocolate cake



26.99 ADONIS Red velvet cake 8 in (10 servings)



2/\$3 ADONIS White or whole wheat baguettes 300 g



2.99 RUDOLPH Bayerische rye bread 500 g



3.99 TAYEB MARKOUK BREAD 300 g



11.99 /25.99/kg MINI MAAMOULS Mixed



33% OFF
2/\$6 DEMPSTER'S White or whole wheat sliced breads 675 g



25% OFF
3.99 DEMPSTER'S 10" tortillas Assorted choice 8 - 10 un



3.99 JOS LOUIS L'ORIGINAL THE ORIGINAL 324 g



2/\$7 ADONIS Chocolate or vanilla eclairs

Our CEDAR PRODUCTS

2.84 L CEDAR Black or green olives 2.84 L **21% OFF 14.99**

1 L CEDAR Pickle Assorted choice 1 L **4.99**

CEPARD Chick pea Dip Hummus Tahini Trempe de pois chiches 400 g **UP TO 25% OFF 2/\$3**

CEPARD Whole Corn Kernel 341 ml **3.99**

CEPARD Fruit cocktail w/ sour pitted cherries 540 - 756 ml

60% OFF 3.99 MAISON PERRIER Carbonated spring water 6 x 330 ml

99¢ ESKA Carbonated spring water Assorted choice 1L

749 COCA-COLA OR PEPSI Soft drink 12 x 355 ml

2/\$9 TOSTITOS Chips Assorted choice 220 g

TOSTITOS Salsa Assorted choice 416 - 418 ml

3/\$10 NAYA Natural spring water 24 x 500 ml

40% OFF 2/\$6 LECLERC Cookies See variety in store 180 - 350 g

UP TO 48% OFF 2.99 MISS VICKIE'S Chips Assorted choice 190 - 200 g

PLANTERS Dry roasted peanuts 454 g **2/\$8** LAY'S Chips See variety in store 130 - 235 g

3.99 KELLOGG'S Cereal See variety in store 298 - 435 g

6.49 NUTELLA Hazelnut-chocolate spread 725 g

33% OFF 5.99 ÉRABELLE Maple syrup 540 ml

3/\$5 PAPAPOPOULOS Butter biscuits See variety in store 225 g

Perfect SWEETS TO OFFER

7.99 LINDT LINDOR Chocolate See variety in store 142 - 151 g

9.99 KINDER See variety in store 116 - 150 g

11.99 FERRERO ROCHER Chocolate See variety in store 259 - 300 g

8.99 FERRERO ROCHER See variety in store 119 - 200 g

37.99 CEDAR Olive oil 2.8 L

UP TO 27% OFF 3.99 CEDAR Lupin beans 796 ml

5.49 KRAFT Mayonnaise Assorted choice 890 ml

2.29 HEINZ KETCHUP 1L

2.29 MOLISANA Passata 680 ml

2.99 AOUN Bulgur Assorted choice 900 g

2/\$5 DECECCO Pasta Assorted choice 454 g

25% OFF 4.49 MAGGI Chicken or vegetable broth cubes 504 g

2/\$3 AURORA Roasted chestnuts 100 g

Our FROZEN products

4.99 SELECTION Frozen fries Assorted choice 2 kg

3.99 IRRÉSISTIBLE Pizza Assorted choice 342 - 390 g

6.99 BOUREKAS Puff pastry Assorted choice 600 g

UP TO 39% OFF 5.44 NESTLÉ Ice cream Assorted choice 1.5 L

HÅGEN-DAZS Ice cream Assorted choice 4 x 55 ml, 3 x 88 ml

STOCK up ON DEALS

PRÉSIDENT
Brie or Camembert cheese
230 g



UP TO 46% OFF
4.99

OKA OR ST-PAULIN
Cheese
Assorted choice
190 g

VAUDREUIL
Champfleury cheese
180 g



33% OFF
3.99

BURNBRAE
Large eggs omega-3
or nature's best



36% OFF
13.99



31% OFF
5.49



36% OFF
3.49

34% OFF
3.49



38% OFF
2.49

34% OFF
99¢



30% OFF
2.79

4.79



29% OFF
4.99

29% OFF
4.99

TIME FOR
FINAL
PREPARATIONS

5.99

GRAN DELIZIA
Panettone
with candied
fruits and raisins
750 g

BE READY TO WELCOME FAMILY AND FRIENDS WITH OUR VARIED PRODUCTS



Starting at
12.99



5.77



1.79
/100 g
8 7/8 lb

28% OFF
5.99



1.49
/100 g
8 7/8 lb

6.99
/lb
16 2/3 lb



3.99

3.49



10.99
/12 un

10.99
/12 un

ADONIS
Cheese or
meat sambouk

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Festive Delights:

Sweet Christmas CELEBRATION

ADONIS



5.99

IRRESISTIBLES
Tiramisu, Dulce de leche or triple chocolate trifle cake
500 g



6.99

IRRESISTIBLES
Profiterol
400 g



15.99

IRRESISTIBLES
Key lime or red velvet cake
560 g



16.99

IRRESISTIBLES
Hazelnut choco or carrot cake
630 - 720 g



9.99

IRRESISTIBLES
Cheesecake
Assorted choice
600 g



7.49

IRRESISTIBLES
Chocolate mini éclair
455 g



9.99

IRRESISTIBLES
Cream Pie
Assorted choice
830 g



6.99

IRRESISTIBLES
Mini cake
Assorted choice
300 - 350 g



IRRESISTIBLES
Ice bar
Assorted choice
4 x 88 ml

3.99



5.99

NOVA ERA
Portuguese style custard tarts
450 g



12.99

SELECTION
Frozen fruit
Assorted choice
2 kg



5.99

SELECTION
Lactose free ice milk
Assorted choice
4 L



IRRESISTIBLES
Real creamy
ice cream
See variety in store
1.5 L

5.99

FROM DECEMBER 19TH, 2024, TO JANUARY 8TH, 2025



Tre Stelle

TRE STELLE
Bocconcini
Assorted choice
200 g



3.99

TRE STELLE
Ricotta
Assorted choice
475 g



4.99

CASTELLO
Regular or lactose
free Mozzarella
340g



3.99

CASTELLO
Shredded cheese
Assorted choice
170 - 200 g



4.99

FROM THURSDAY DECEMBER 19TH TO WEDNESDAY DECEMBER 25TH, 2024

349\$
Kiri 8P, 144g



449\$
Cheese Dippers
140g



749\$
La Vache qui rit
24P, 400g



**MERRY
SNACKS
FOR ALL!**