

CELEBRATE OUR

**300<sup>TH</sup>**

STORE OPENING

YOU COULD WIN  
A YEAR OF

**FREE  
GROCERIES!**

Text 300NoFrills  
to 374557 to enter.

**5 LB BAG**

**FARMER'S MARKET™  
SWEET POTATOES**  
product of Canada or U.S.A.  
patates douces  
20697231001 EA

APP EXCLUSIVE OFFER\*

500<sup>¢</sup>

**.50  
Value**

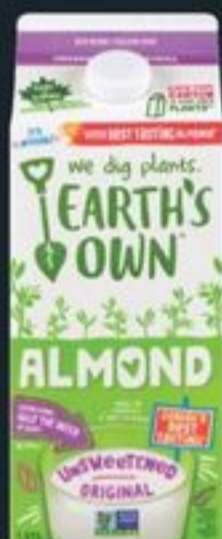
**\$3.00**



**EARTH'S OWN  
BEVERAGES**

selected varieties  
1.89 L  
boissons  
20227047 EA

**\$3.00**



1,000<sup>¢</sup>

**\$1  
Value**

**\$3.00**



**CLASSICO SAUCE**  
selected varieties  
410/600 mL  
sauce  
20225609002 EA

**\$3.00**



**NESTLÉ  
CHOCOLATE POUCHES**  
selected varieties  
135-203 g  
chocolat  
21080077 EA/21569498 EA

**\$3.00**



**CRAVE or  
KRAFT DINNER ENTRÉES**  
selected varieties, frozen  
200-340 g  
plats cuisinés  
21085515 EA

See back for contest details.



**DECEMBER**

**HIT  
OF THE  
MONTH**



**\$3**

**Planters salted mixed nuts,**  
225 g  
Limit: 6, over limit retail \$3.50



**\$3**

**Wonderful Pistachios,**  
salted or unsalted, 225 g, product of U.S.A.  
Limit: 6, over limit retail \$5.00



**\$5**

**San Pellegrino Italian sparkling drinks,**  
Selected varieties, 6x330 mL  
Limit: 4, over limit retail \$6.00



**\$1.50**

**PC® English Muffins,**  
6's, selected varieties  
Limit: 4, over limit retail \$2.99



**Optimum**  
Members-Only Price  
**\$2**  
Non-Members  
**\$2.50**

**Christie Mini Cookies, Snack Packs**  
Selected Varieties, 150-200 g

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. \*Must be a registered PC Optimum™ member to get this offer. Valid from December 1st - 31st, 2024.

CELEBRATE OUR  
**300<sup>TH</sup>**  
STORE OPENING

**NOFRILLS**

FLYER PRICES EFFECTIVE THURSDAY, DECEMBER 5 TO WEDNESDAY, DECEMBER 11, 2024.



**ONLY**  
**1.99**  
LB

**COOK'S PORTION HAM**  
jambon  
4.39/kg  
20559641\_K0

WHILE QUANTITIES LAST



**ONLY**  
**.98**  
LB

**FROZEN**  
**GRADE A FROZEN TURKEYS**  
selected varieties, 2-5 kg average  
dindons  
2.16/kg  
20048076\_K0

WHILE QUANTITIES LAST



**SAVE 22%**  
**6.99**

**ST-HUBERT or SWISS CHALET PIES**  
selected varieties, frozen  
650-800 g  
tartes  
21047794\_EA



**ONLY**  
**4.99**

**NEILSON TRUTASTE MILK** 4 L,  
**LACTOSE FREE** 2 L or  
**PROTEIN MILK** 1.89 L  
selected varieties  
lait

20148477\_EA/21040983\_EA

**SAVE UP TO 40%**  
**5.99**

**BALDERSON CHEESE** 250/280 g or  
**ZIGGY'S FETA CHEESE** 400 g  
selected varieties  
fromage ou feta  
20592952\_EA/21493455\_EA



**1,000**  
Value

\$1 Value

**SAVE 26%**  
**4.99**

**NESCAFÉ or TASTER'S CHOICE INSTANT COFFEE**  
selected varieties  
100-170 g  
café instantané  
20661811001\_EA/20873036\_EA



**ONLY**  
**1.86**

**6 OZ CLAMSHELL**

**RASPBERRIES**  
product of U.S.A. or Mexico,  
no. 1 grade  
romanes  
2010878001\_EA



**SAVE 33%**  
**1.99**

**CHRISTIE CRACKERS**  
selected varieties  
175-386 g  
croûtes  
21030647\_EA/21547034\_EA



**ONLY**  
**.77**

**CAMPBELL'S CREAM OF MUSHROOM, TOMATO, CHICKEN NOODLE or VEGETABLE SOUP** 284 mL  
soupe  
20178214004\_EA



**ONLY**  
**.99**

**ENGLISH CUCUMBERS**  
product of Ontario,  
Canada no. 1 grade  
concombres anglais  
20079132001\_EA



**SAVE 35%**  
**8.99**

**SUNLIGHT PUREX** 4 L or  
**LAUNDRY DETERGENT, FLEECY FABRIC SOFTENER or DRYER SHEETS** 200<sup>+</sup>  
selected varieties  
détergent ou assouplissant ou feuilles  
20083325001\_EA/21427042\_EA



110 LOADS

100 LOADS

**ONLY**  
**11.27**

**COCA-COLA or CANADA DRY SOFT DRINKS**  
24x355 mL or NESTEA  
**ICED TEA** 20x341 mL  
selected varieties  
boissons gazeuses ou thé glacé  
20308197001\_C0/21021353\_C0



**ONLY**  
**2.77**

**325 G**

**ASPARAGUS**  
product of Peru or Mexico,  
no. 1 grade  
asperges  
20181709001\_EA



**SAVE UP TO 36%**  
**\$7**

**FERRERO BOXED CHOCOLATE**  
selected varieties  
136/200 g  
chocolat en boîte  
20000001\_EA



**SAVE 33%**  
**\$7**

**PC<sup>®</sup> ENTRÉES**  
800 g / 1.13 lb or  
**SWANSON OVEN EASY MEALS** 875/992 g  
selected varieties, frozen  
plats préparés  
20100001\_EA/21000001\_EA



**SAVE UP TO 38%**  
**11.99**

**ROBIN HOOD FIVE ROSES ALL PURPOSE FLOUR**  
10 KG  
farine  
20100001\_EA/20000001\_EA



FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.

(excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario)

Not applicable at 1022 King St. W, Toronto, 42 Hanna Ave., Toronto, 261 Richmond St. W, Toronto, 3091 Appleby Line, Burlington, 332 Wellington Rd., London, 755 Mount Pleasant Rd., Toronto, 75 The Esplanade St., Toronto; please see nofrills.ca for flyers for these stores.

**nofrills.ca**

01 NFO



Optimum  
**500**<sup>PH</sup>

**50¢**  
Value

**3.99**

**PHILADELPHIA CREAM CHEESE**  
PRODUCT 227/250 g or  
**KRAFT CHEEZ WHIZ** 450 g  
selected varieties  
produit de fromage à la crème ou de fromage fondu  
25841267 EA/2065966001 EA



Optimum  
**1,000**<sup>PH</sup>

**\$1**  
Value

**5.99**

**KRAFT PEANUT BUTTER** 750 g/1 kg or  
**HAZELNUT SPREAD** 725 g,  
**MAXWELL HOUSE** or  
**NABOB TASSIMO DISCS** 8-16's  
selected varieties  
beurre d'arachide ou tortinoade de noisettes ou  
café instantané ou carouches  
2002954001 EA/20029581001 EA/20552968 EA/21285418 EA



Optimum  
**1,000**<sup>PH</sup>

**\$1**  
Value

**9.99**

**KRAFT SINGLES**  
selected varieties  
825 g  
tranches de fromage fondu  
21188312 EA



Optimum  
**1,000**<sup>PH</sup>

**\$1**  
Value

**9.99**

**MAXWELL HOUSE ROAST AND GROUND COFFEE**  
selected varieties  
631-900 g  
café torréfié et moulu  
21608822 EA



Always



Set low prices on select items.



APP EXCLUSIVE OFFER  
Optimum  
1,000

\$1 Value

3<sup>50</sup>

**ZIGGY'S® SLICED MEAT**  
selected varieties  
175/300 g  
viandes tranchées  
21589322 EA/21992441 EA



\$10

**NO NAME® FROZEN NOVELTIES**  
selected varieties  
24/30's  
friandises glacées  
21013432 EA



\$4

**PC® SINGLE SERVE ENTRÉES**  
selected varieties, frozen  
212-365 g  
plats cuisinés  
20211253001 EA/20317707 EA



.99

**BAGUETTE**  
white or whole wheat  
255 g  
baguette  
21329211 EA



5<sup>50</sup>

**DANONE ACTIVIA YOGURT**  
selected varieties  
12's  
yogourt  
20203412001 EA/20608924 EA

**BIG**  
**HOLIDAY**  
**DEALS!**

**SAVE 50%**

**9.99**

**ROYALE  
TIGER  
TOWELS**

serviettes

21484704\_EA

**6=12 ROLLS**



**MAKE SURE  
TO FOLLOW  
OUR FACEBOOK  
AND INSTAGRAM  
CHANNELS FOR  
BIG DEALS  
THIS HOLIDAY  
SEASON!**

# FRESH AT LOW PRICES



**1.99**

**8.99**

**CASE**

**PC® KAKI PERSIMMONS**  
product of Spain  
kakis  
21211428001 EA

**POMEGRANATE**  
product of U.S.A.  
grade  
20134767001 EA

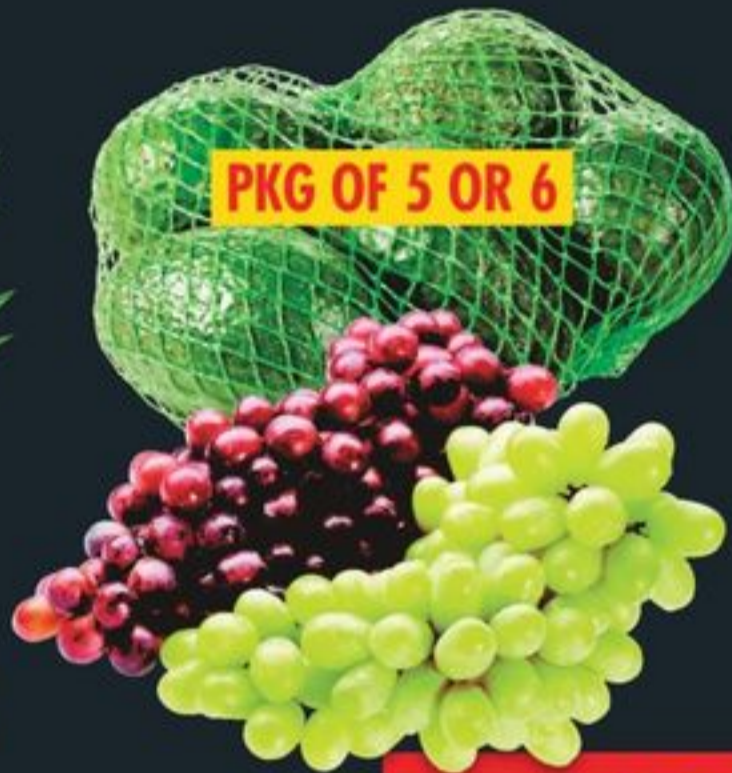


**6 OZ CLAMSHELL**

**PINT**

**2.99**

**BLACKBERRIES** each  
product of U.S.A. or Mexico.  
**BLUEBERRIES**  
product of Peru, no. 1 grade or  
**PINEAPPLE** product of Costa Rica  
mûres, bleuets ou ananas  
20051013001 EA/20080137001 EA



**PKG OF 5 OR 6**

**3.99**  
**LB/EA**

**AVOCADOS** each  
product of Mexico or  
**GREEN or RED**  
**SEEDLESS GRAPES** 8.80/kg  
product of U.S.A., no. 1 grade  
avocat ou raisins verts ou rouges sans pépins  
20423775001 KG/20142322001 EA  
20139199001 KG

**2.99**

**PKG OF 6**

**FARMER'S MARKET™ MINI CUCUMBERS**  
product of Ontario, Canada no. 1 grade  
mini concombres  
20737370001 EA



**GROWN IN CANADA**

**10 LB BAG**

**4.99**

**BEETS or FARMER'S MARKET™ CARROTS or YELLOW ONIONS**  
product of Canada, Canada no. 1 grade  
betteraves ou carottes ou oignons jaunes  
2112329001 EA/20080920001 EA

**APP EXCLUSIVE OFFER**  
**1,000**

**\$1**  
Value



**.79**  
**LB**

**GREEN CABBAGE**  
product of Ontario,  
Canada no. 1 grade  
chou vert  
20793034001 KG



**2.99**  
**LB**

**TOMATOES ON THE VINE**  
product of U.S.A.,  
Canada or Mexico  
tomates sur vigne  
6.59/kg  
20026703001 KG



**1.99**  
**LB**

**BARTLETT PEARS**  
product of U.S.A., fancy grade  
or **ROCHA PEARS**  
product of Portugal,  
extra fancy grade  
poires  
4.39/kg  
20172380001 KG/20129549001 KG



**1.29**

**COCONUTS**  
product of India or  
Dominican Republic or  
**RED MANGOES**  
product of Brazil  
noix  
de coco ou mangues rouges  
20060774001 EA/20089633001 EA



**5.99**  
**LB**

**CHESTNUTS**  
product of Italy  
châtaignes  
13.21/kg  
20061606001 KG



**4.99**

**4 LB BAG**

**FARMER'S MARKET™ AMBROSIA or ROYAL GALA APPLES**  
product of Ontario,  
Canada fancy grade  
pommes  
20167996001 EA/20167996001 EA



**4.99**

**3 LB BAG**

**FARMER'S MARKET™ NAVAL ORANGES**  
product of Spain, Morocco or Egypt  
oranges navet  
2014243001 EA



**5.99**

**PC® AXIANY or VARIETY TOMATOES**  
product of Canada or Mexico  
tomates Axiany ou de variétés  
21424164001 EA/20049866001 EA



**3.99**

**PC® WHOLE CREMINI or WHITE MUSHROOMS**  
product of Canada or  
**RED or GREEN PEPPERS**  
product of U.S.A.  
champignons cremini entiers ou  
blancs ou poivrons rouges ou verts  
20133233001 EA/20738571 EA



# FRESH AT LOW PRICES



**3<sup>99</sup>**  
LB

**LEAN GROUND PORK**  
fresh  
porc haché maigre  
8.80/kg  
20333801 KG



**9<sup>99</sup>**  
LB

**BONELESS TOP BLADE ROAST** or  
**BONELESS TOP BLADE STEAK**  
rôti haut de palette désossé ou bifteck de haut de palette désossé  
22.02/kg  
20337989 KG



**ALWAYS**  
**\$10**

**BUTCHER'S CHOICE® SAUSAGE**  
selected varieties  
1.2 kg  
saucisses  
21363790 EA



**6<sup>99</sup>**  
LB

**CHICKEN THIGHS**  
boneless, skinless, fresh  
hauts de cuisse de poulet  
15.41/kg  
20634744 KG

**\$5**

**NO NAME® BACON**  
regular or salt reduced  
bacon  
20156771 EA



**5<sup>99</sup>**

**SEAQUEST® FROZEN FISH FILLETS**  
selected varieties  
400 g  
filets de poisson surgelés  
20153370 EA/21314740 EA



**\$10**

**SEAQUEST® WILD PINK SALMON FILLETS**  
frozen  
700 g  
filets de saumon rose sauvage  
21592064 EA



**\$6**

**ZIGGY'S® CHICKEN or TURKEY STRIPS or KOLBASSA**  
375 g  
selected varieties  
lanières de poulet ou dinde ou kolbassa  
2129884 EA



**6<sup>99</sup>**

**BARI RICOTTA CHEESE**  
selected varieties  
500 g  
ricotta  
20372931 EA



**10<sup>99</sup>**

**SWISS CHALET PORK BACK RIBS**  
selected varieties, fully cooked  
600 g  
côtes de dos de porc  
21022221 EA



**1<sup>97</sup>**

**NO NAME® BAGELS or ENGLISH MUFFINS**  
selected varieties  
6's  
bagels ou muffins anglais  
2127708 EA/21277021 EA



**2<sup>49</sup>**

**WONDER BREAD or BUNS**  
475 g or 8's  
selected varieties  
pain ou petits pains  
2037498 EA/2037492 EA



**2<sup>79</sup>**

**SUNRISE EXTRA FIRM TOFU**  
350 g  
tofu  
20379287 EA



**\$5**

**FARMER'S MARKET™ COOKIES**  
selected varieties  
12's  
biscuits  
20364291 EA





# BRANDS YOU LOVE AT LOW PRICES



SAVE UP TO 38%  
**4.77**

**ARMSTRONG or PC<sup>®</sup> SHREDDED CHEESE** 250-320 g.  
**ARMSTRONG CHEESE** 400 g  
selected varieties  
fromage



SAVE UP TO 39%  
**\$2**

**NEILSON FLAVOURED MILK** 1 L or CREAM  
**5/10%** 473 mL  
selected varieties  
lait aromatisé ou crème



ONLY  
**2.99**

**LIBERTÉ MÉDITERRANÉE** 4%  
**GREEK** 4% **YOGURT**  
selected varieties  
yogourt



SAVE UP TO 41%  
**\$9**

**HIGH LINER PAN-SEAR SIGNATURE CUTS or BITES**  
selected varieties, frozen  
poisson

**1.66**

**CARNATION EVAPORATED MILK**  
selected varieties  
354 mL  
lait évaporé



**\$4**

**8 INCH PECAN PIE**  
292 g  
tarte aux noix



**6.99**

**TWININGS TEA or STARBUCKS NESPRESSO CAPSULES**  
selected varieties  
10's



**2.50**

**FRUITÉ BEVERAGES**  
selected varieties, refrigerated  
1.54 L  
boissons



**\$5**

**PC<sup>®</sup> SIDE DISHES**  
selected varieties, frozen  
350/400 g  
plats d'accompagnement



**7.99**

**PC<sup>®</sup> VEGETABLES**  
Club Size, selected varieties, frozen  
1.73 kg  
légumes



**\$2**

**DARE CRACKERS**  
selected varieties  
100-225 g  
croquettes



**2.99**

**VH COOKING or DIPPING SAUCE**  
selected varieties  
241/355 mL  
sauces à cuisson ou à trempette



**2.49**

**DARE COOKIES**  
selected varieties  
168-360 g  
biscuits



**3.99**

**QUE PASA TORTILLA CHIPS or SALSA**  
156-330 g or 420 mL  
croustilles de tortilla ou salsa



**6.99**

**HEINZ KETCHUP**  
1.5 L  
ketchup



**11.49**

**PEPSI SOFT DRINKS**  
selected varieties  
24x355 mL  
boissons gazeuses



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No checks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. \*\*By texting the advertised keyword to the short code, you agree to receive ongoing promotion messages from No Frills. To opt out at any time, text the word "STOP" to 374-557. For help, text the word "HELP" to 374-557. Standard message and data rates may apply. NO PURCHASE NECESSARY. Open to Canadian residents who are age of majority or older (including QC, Yukon, NV and NW). Content runs between December 5-15, 2024 with 2 different regional events as follows: West (MB, SK, AB, BC) from 12:00:01 a.m. MST on December 5, 2024 to 11:59:59 p.m. MST on December 15, 2024 and Ontario & Atlantic (PE, NL, NB) from 12:00:01 a.m. EST on December 5, 2024 to 11:59:59 p.m. EST on December 15, 2024. There is a total of 2 Prizes available to be won, with 1 Prize available in each of the 2 Regions defined above. Each Prize consists of \$15,000 in No Frills gift cards. Must correctly answer mathematical skill-testing question. Odds of winning a Regional Prize depends on the total number of eligible entries received for each respective Regional Prize Draw. For full Official Contest Rules - visit nofrills.ca/smecontest.



# 1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

**BREYERS CREAMERY STYLE 1.66 L or FUDGSICLE NOVELTIES 12x**  
selected varieties, frozen  
crème glacée  
2034492506 SA/20763171 SA

PRICE DROP

4.99

**DEL MONTE JUICE BLENDS**  
selected varieties  
2.5 L  
mélanges de jus  
21437174 SA

PRICE DROP

\$6

**UNICO PASSATA 680 mL or BARILLA PASTA 340/410 g**  
selected varieties  
passata ou pâtes  
20414260 SA/21404904 SA

PRICE DROP

\$2



PRICE DROP

\$3

**ST-HUBERT POT PIES or QUICHE**  
selected varieties  
235 g  
pâtis ou quiche  
21050852 SA

**NO NAME® PEPPERONI, SALAMI or SUMMER SAUSAGE CHUB**  
500 g  
soudisson de pepperoni ou salami ou soudisson d'été  
20011818 SA

PRICE DROP

\$5

**SEAQUEST® COLOSSAL RAW WHITE SHRIMP 16-20 per lb, 300 g or BAY SCALLOPS 400 g**  
frozen  
crevettes ou pétoncles  
21043887 SA/21538527 SA

PRICE DROP

6.99



PRICE DROP

1.99

**BAGEL BITES**  
selected varieties, frozen  
198 g  
bouchées de bagel  
2021348200 SA

**QUAKER BAKING MIXES 900 g or OAT FLOUR 700 g**  
selected varieties  
mélanges à pâtisserie ou farine d'avoine  
2001064001 SA

PRICE DROP

4.99



PRICE DROP

15.99

**BEYOND MEAT PLANT-BASED BURGERS**  
frozen  
678 g  
burgers à base de plantes  
21278994 SA

**ORVILLE REDENBACHER MICROWAVE POPCORN**  
385-492 g or KERNEL JAR 850 g  
selected varieties  
maïs à éclater ou en pot  
20629522002 SA

PRICE DROP

3.99

**M&M'S or MARS CHOCOLATE BAR MULTIPACK 4's or POUCHES 155-200 g**  
selected varieties  
chocolat  
20212925 SA/21371768 SA

PRICE DROP

4.49



PRICE DROP

6.99

**LITTLE NORTHERN BAKEHOUSE BREAD**  
selected varieties  
320-567 g  
pain  
20732064 SA/21100057 SA

**SPARKLING ICE or MONTELLIER SPARKLING WATER**  
selected varieties  
503 mL/1.1 L  
eau pétillante  
2086420011 SA/20910244 SA

PRICE DROP

\$1



PRICE DROP

4.99

**CARNATION HOT CHOCOLATE**  
selected varieties  
400/430 g  
chocolat chaud  
21207495 SA/21708602 SA



PRICE DROP

\$5

**PC® SPARKLING WATER or SOFT DRINKS**  
selected varieties  
12x335 mL  
eau pétillante ou boissons gazeuses  
2021887001 C11  
2044824002 C01



PRICE DROP

7.99

**GLAD GARBAGE BAGS**  
selected varieties  
10-52's  
sacs à ordures  
202724001 SA/21410961 SA

# 1000s OF LOWERED PRICES EVERY DAY!

**PRICE DROP**

**PRICE DROP**  
**579**



**BLACK DIAMOND CHEESTRINGS** or **SNACKS** 252/336 g or **CRACKER BARREL CHEESE SHREDS** 320 g  
selected varieties  
fromage affrôlable ou collations ou fromage râpé  
3074341 2A/7129014 2A

**PRICE DROP**  
**349**



**PILLSBURY TOASTER STRUDEL**  
selected varieties, frozen  
326 g  
strudels  
30173644001 2A



**BECEL** 427/454 g.  
**PLANT BASED BRICKS** 454 g or **IMPERIAL MARGARINE** 637 g  
selected varieties  
briques à base de plantes ou margarine  
3032297001 2A/71333511 2A

**PRICE DROP**  
**399**



**PRICE DROP**  
**250**

**CLOVER LEAF PINK SALMON** or **WHITE TUNA**  
selected varieties  
150-213 g  
saumon rose ou thon blanc  
30003430 2A/30326308001 2A



**PRICE DROP**  
**399**

**RIO MARE TUNA SALAD BOWLS** or **TUNA IN OLIVE OIL**  
selected varieties  
160 g  
boîte de salade de thon ou thon dans l'huile d'olive  
30971301 2A



**PRICE DROP**  
**999**

**STARBUCKS ROAST AND GROUND COFFEE**  
340 g. **PODS** 10's or **HOT CHOCOLATE**  
240/300 g  
selected varieties  
café moulu ou capsules ou chocolat chaud  
30548682002 2A/30548682004 2A



**PRICE DROP**  
**299**

**LECLERC CELEBRATION COOKIES**  
selected varieties  
240 g  
biscuits  
30853797001 2A



**PRICE DROP**  
**\$3**

**DIANA** or **BULL'S-EYE BBQ SAUCE**  
selected varieties  
425/500 mL  
sauce barbecue  
30547934002 2A/71184417 2A



**PRICE DROP**  
**599**

**SEAQUEST SEAFOOD MEDLEY**  
frozen  
340 g  
mélange de produits de la mer  
31392029 2A



**PRICE DROP**  
**299**

**PC** or **BLUE MENU CRANBERRY** or **VEGETABLE COCKTAIL**  
selected varieties  
1.89 L  
cocktail de canneberges ou légumes  
30307623001 2A/70506849004 2A



**PRICE DROP**  
**399**

**TOSTITOS TORTILLA CHIPS**  
selected varieties  
205-295 g  
croustilles de tortilla  
31000375 2A



**PRICE DROP**  
**449**

**AMY'S PLANT BASED ORGANIC SOUP**  
selected varieties  
398 mL  
soupe biologique à base de plantes  
30305335004 2A



**PRICE DROP**  
**379**

**GLAD CLING WRAP** 60 m.  
**ALCAN FOIL** 50 h. **NON-STICK FOIL** 25 h.  
or **REYNOLDS PARCHMENT PAPER** 35 h  
pellicule plastique ou papier d'aluminium ou papier d'aluminium enrobé  
3062471 2A/300101042 2A



**PRICE DROP**  
**399**

**COCA-COLA** or **CANADA DRY SOFT DRINKS**  
selected varieties  
6x222 mL  
boissons gazeuses  
3034238001 2A  
3010428002 2A



**PRICE DROP**  
**1197**

**FOLGERS ROAST AND GROUND COFFEE**  
selected varieties  
544-516 g  
café moulu  
31479102 2A



**PRICE DROP**  
**1249**

**TIDYCATS LIGHTWEIGHT CAT LITTER**  
selected varieties  
2.73 kg  
litière pour chats  
31306476 2A

# 1000s OF LOWERED PRICES EVERY DAY!

**PRICE DROP**

**PRICE DROP**

**3.99**



**BREYERS CLASSIC FROZEN DESSERT** 1.66 L  
**CHAPMAN'S COLLECTION NOVELTIES** 8's or  
**CHAPMAN'S LOLLY NOVELTIES** 28's  
selected varieties, frozen  
dessert glacé ou friandises glacées  
30301305002 EA/202223757001 EA

**PRICE DROP**

**5.49**



**DANONE OIKOS TUBS**  
650/750 g or **ACTIVIA**  
**DRINKS** 8's, **YOGURT**  
selected varieties  
yogourt  
21004634 EA/21108439 EA

**PRICE DROP**

**\$3**



**KELLOGG'S RICE KRISPIES**  
176/198 g, **POP TARTS** 384 g,  
**SPECIAL K** 125 g or  
**NUTRI-GRAIN** 295 g **BARs**  
selected varieties  
barres  
30136547001 EA/2021394001 EA

**STAGG CHILI**  
selected varieties  
425 g  
J&B  
2001796 EA

**PRICE DROP**

**2.69**



**PRICE DROP**

**6.99**



**TASTIEZ** 400 g or  
**MCCAIN PIZZA**  
**POCKETS** 600 g  
selected varieties, frozen  
triangles de pizzas au fromage  
ou pochettes de pizza  
21047933 EA/21344489 EA

**PC® 100% PURE MAPLE SYRUP**  
500 mL  
sirop d'érable  
2044201 EA

**PRICE DROP**

**\$11**



**PC® GOAT CHEESE LOGS**  
selected varieties  
140 g  
saucisses de chèvre  
2000154 EA

**PRICE DROP**

**4.49**



**PC® SPLENDIDO™ PARMIGIANO REGGIANO GRANA PADANO or PECORINO ROMANO**  
350 g  
fromage  
21011021 EA/21023428 EA

**PRICE DROP**

**9.99**



**MASTRO GENOA SALAMI CHUB**  
selected varieties  
600 g  
saucisson de salami de Génova  
20181336 EA

**PRICE DROP**

**10.99**



**PC® DRY ROASTED PEANUTS 700 g, CASHEWS or DELUXE MIXED NUTS** 300 g  
selected varieties  
arachides ou noix de cajou ou mélange de noix de luxe  
2002799003 EA/21024990 EA

**PRICE DROP**

**\$5**



**PRICE DROP**

**6.99**



**PC® CHOCOLATE GOLD BAR** 300 g or  
**LINDT LINDOR CHOCOLATE BAG** 130 g  
selected varieties  
chocolat  
20027991 EA/21296091 EA

**PC® ORGANICS DARK CHOCOLATE**  
70% or 85%  
300 g  
chocolat noir  
21306769 EA/21306600 EA

**PRICE DROP**

**7.49**



**J.L. KRAFT PURE DRESSINGS**  
selected varieties  
355 mL  
 vinaigrettes  
21014632 EA

**PRICE DROP**

**3.99**



**2,500**  
Value

**PRICE DROP**

**14.99**



**BUDWEISER ZERO NON-ALCOHOLIC BEER**  
12x355 mL  
bière sans alcool  
21295370 C13

**GAIN LIQUID 4.55 L or FLINGS LAUNDRY DETERGENT**  
selected varieties  
détergent à lessive  
20294627 EA/21485174 EA

**PRICE DROP**

**15.99**



**BETTER AS A MEMBER**

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

**Earn\***

**3,000 pts**

**\$3 value**

for every \$10\* spent on Kellogg's family size cereal  
selected varieties  
480-650 g  
céréales  
21480748 EA/21480753 EA



**APP EXCLUSIVE OFFER\***

**5,000**  
Value

**\$5 Value**

when you spend \$15\* or more on Pringles, Cheez-it, Nutri Grain Bars, Pop Tarts, Townhouse or Rice Krispies Bars  
all sizes and varieties  
cristallines, croquantes ou barres  
2124486 EA/20219940 EA





**YOPLAIT YOP DRINKABLE YOGURT**  
selected varieties  
200 mL  
yaourt à boire  
21478178 EA/21478306 EA

**\$1**



**YOPLAIT CREAMY or SOURCE 1% YOP NO SUGAR ADDED 0% or YOP 0% YOGURT**  
selected varieties  
yogourt  
20317317001 EA/21478984 EA

**5.99**



**5.49**



**GENERAL MILLS FAMILY SIZE CEREAL**  
selected varieties  
475-778 g  
céréales  
21103492 EA/21103495 EA



**3.99**

**OLD EL PASO DINNER KITS** 250-510 g  
or **SALSA** 650 mL  
selected varieties  
trousses-repas ou salsa  
20305182005 EA/20795334 EA



**FIBRE 1, NATURE VALLEY SWEET & SALTY BARS**  
selected varieties  
125-210 g  
barres granola  
21213359 EA/21213364 EA

**3.50**



**STARBUCKS BEVERAGES**  
selected varieties  
1.18 L  
boissons  
21254975 EA

**7.50**



**STARBUCKS ICED COFFEE**  
selected varieties  
1.42 L  
café glacé  
21215530 EA

**\$8**



**MAPLE LODGE or ZABIHA HALAL CHICKEN WIENERS**  
selected varieties  
450 g  
saucisses fumées de poulet  
20043715 EA

**1.99**



**MAPLE LODGE ULTIMATE or ZABIHA HALAL SUPREME CHICKEN WIENERS**  
selected varieties  
900 g  
filets de poulet  
20671791 EA

**4.99**



**BEYOND MEAT CHICKEN TENDERS**  
226 g  
filets de poulet  
21227730 EA

**5.99**



**BEYOND MEAT PLANT BASED STEAK**  
226 g  
bifeck à base de plantes  
21229009 EA

**5.99**



**7.99**

**BEYOND MEAT ITALIAN SAUSAGE**  
selected varieties  
400 g  
saucisses italiennes à déjeuner  
à base de plantes  
21200113 EA



**7.99**

**BEYOND MEAT PLANT BASED BEEF GROUND**  
340 g  
simili-viande hachée  
à base de plantes  
21220674 EA



**BEYOND MEAT PLANT BASED BREAKFAST SAUSAGES**  
235 g  
saucisses à déjeuner  
à base de plantes  
21229630 EA

**7.99**



**4.29**

**PEPSI SOFT DRINKS**  
selected varieties  
6x710 mL  
boissons gazeuses  
20310544002\_C06/203344093\_C06



**5.99**

**BUBLY or MONTELLIER SPARKLING WATER**  
selected varieties  
10/12x355 mL  
eau pétillante  
21096704\_C10/21174519\_C13



**GATORADE FIT 828 mL or GATORLYTE 591 mL SPORT DRINKS**  
selected varieties  
boissons hydratantes  
21449905 EA/212318011 EA

**1.99**

# MULTI BUY? TRY SINGLE BUY.



ONE FOR

**\$3**

**KRAFT  
SALAD DRESSING**  
selected varieties  
475 mL  
vinodigraffo  
21104047 EA/21104050 EA



ONE FOR

**333**

**DANONE OIKOS  
GREEK YOGURT**  
selected varieties  
4 x  
yogourt grec  
20419713001 EA/20419713004 EA



ONE FOR

**399**

**GENERAL  
MILLS CEREAL**  
selected varieties  
297-430 g  
céréalos  
21104047 EA/21104053 EA

# CELEBRATE OUR 300<sup>TH</sup> STORE OPENING



**7<sup>99</sup>**

**LOU'S KITCHEN ENTRÉES or LITTLE JUAN'S MEXICAN ENTRÉES**  
selected varieties, fully cooked  
300-400 g  
plats cuisinés  
20079077 EA/21423544 EA

**9<sup>99</sup>**

**LOU'S PORK BACK RIBS**  
selected varieties, frozen  
480 g  
côtes de dos de porc  
21330777 EA



**4<sup>99</sup>**

**NESTLÉ DRUMSTICKS or NOVELTIES**  
selected varieties, frozen  
4-10's  
crème glacée ou friandises glacées  
2022280001 EA/21162960 EA

**5<sup>49</sup>**

**HAAGEN DAZS ICE CREAM** 400-450 mL or **NOVELTIES** 3/4's  
selected varieties, frozen  
crème glacée ou friandises glacées  
2020294001 EA/21513347 EA

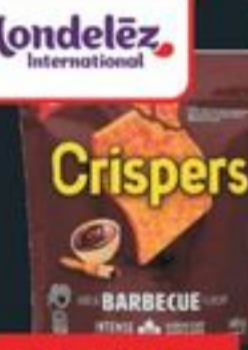


**\$2**

**CADBURY CHOCOLATE TABLET**  
selected varieties  
80-100 g  
barre de chocolat  
20024241001 EA/20222193001 EA

**\$2**

**MAYNARDS CANDY**  
selected varieties  
150/154 g  
friandises  
21545534 EA/21545405 EA



**2<sup>29</sup>**

**CHRISTIE CRISPERS**  
selected varieties  
145 g  
croquillons  
21338227 EA/21338223 EA

**2<sup>49</sup>**

**CHRISTIE COOKIES**  
selected varieties  
224-303 g  
biscuits  
21224807 EA/21261308 EA

**3<sup>88</sup>**

**PREMIUM PLUS CRACKERS**  
selected varieties  
450-500 g  
craquelins  
21109004 EA



**3<sup>69</sup>**

**BETTY CROCKER PREMIUM CAKE, BROWNIE or COOKIE MIXES**  
selected varieties  
263-550 g  
mélanges à gâteau ou brownies ou biscuits  
20734543 EA

**3<sup>99</sup>**

**OLD EL PASO DINNER KITS** 250-510 g or **SALSA** 650 mL  
selected varieties  
trouvées-repas ou salsa  
20305182005 EA/20791534 EA

**3<sup>99</sup>**

**GENERAL MILLS CHEERIOS VEGGIE BLENDS, CHEX, LOADED BITES, OATMEAL CRISP or NATURE VALLEY GRANOLA CEREAL**  
selected varieties  
310-437 g  
céréales  
21212668 EA/21533225 EA



**1<sup>99</sup>**

**COCA-COLA or CANADA DRY SOFT DRINKS**  
selected varieties  
2 L  
boissons gazeuses  
20211343001 EA/20314004003 EA

**5<sup>49</sup>**

**AHA SPARKLING WATER**  
selected varieties  
eau pétillante  
12x355 mL/21240762 C12

**7<sup>49</sup>**

**FUZE or PEACE TEA ICED TEA**  
selected varieties  
12x341 mL  
thé glacé  
21643563 C12

# CELEBRATE OUR 300<sup>TH</sup> STORE OPENING



**PEPPERIDGE FARM  
GOLDFISH CRACKERS**  
selected varieties  
156-227 g  
croûtes  
2029734002 EA

**2<sup>29</sup>**



**SNYDER'S  
PRETZELS**  
selected varieties  
240 g  
bretzels  
20214652004 EA

**2<sup>49</sup>**



**V8 VEGETABLE  
COCKTAIL**  
selected varieties  
6x156 mL  
cocktail de légumes  
20297344002 EA

**1<sup>88</sup>**



**CAMPBELL'S  
CONDENSED SOUP**  
selected varieties  
284 mL  
soupe condensée  
20297344002 EA

**1<sup>29</sup>**



**KRAFT DINNER  
ORIGINAL**  
200 g  
macaroni au fromage  
21549236 EA

**1<sup>25</sup>**



**MAXWELL HOUSE  
or  
NABOB PODS**  
selected varieties  
30's  
capsules de café  
21308076 EA

**13<sup>99</sup>**



**PRINGLES  
PARTY STACK  
POTATO CHIPS**  
194/203 g or  
**MINGLES** 155 g  
selected varieties  
croûtes  
21074284 EA/21432632 EA

**2<sup>99</sup>**



**CHEEZ-IT  
CRACKERS**  
selected varieties  
191/200 g  
croûtes  
21214560 EA

**2<sup>99</sup>**



**Optimum**  
Members-Only Price™

**\$3**

Non-members

**\$4**



**EXCEL or  
JUICY FRUIT  
GUM BOTTLES**  
selected varieties  
40/60's  
gomme  
20310919002 EA/20310919004 EA



**\$2**

**QUAKER  
DIPPS or CHEWY  
GRANOLA BARS**  
selected varieties  
120-156 g  
barres granola  
20847382 EA/21393366 EA



**4<sup>99</sup>**

**CHAPMAN'S  
YUKON 5-B's or  
PREMIUM ICE CREAM** 2 L  
selected varieties, frozen  
crème glacée  
2022372001 EA/21012281 EA



**3<sup>49</sup>**

**EGGO WAFFLES 8's or  
THICK AND FLUFFY 6's**  
selected varieties  
pâtes  
20302779 EA



**OASIS JUICE,  
DEL MONTE  
NECTAR or  
ARIZONA ICED TEA**  
selected varieties  
960 mL  
jus ou thé glacé  
20326722001 EA/20894117004 EA

**1<sup>49</sup>**



**4<sup>49</sup>**

**SAN DANIELE  
PROSCIUTTO 100 g or  
MASTRO SALAMI**  
125/150 g  
selected varieties  
prosciutto ou salami  
2081640 EA/21041099 EA







**4<sup>99</sup>**

**NESTLÉ TURTLES** 150/140 g  
**QUALITY STREET** 140 g or  
**AFTER EIGHT** 200 g **CHOCOLATE**  
 selected varieties  
 chocolat  
 213933R EA/21342944 EA  
**WHILE QUANTITIES LAST**



**MERCI CHOCOLATE** 200 g or  
**MILANO PANETTONE** 800 g  
 selected varieties  
 chocolat ou panettone  
 2094326 EA/21042190 EA  
**WHILE QUANTITIES LAST**

**5<sup>99</sup>**



**4<sup>49</sup>**

**HERSHEY'S KISSES** 180 g or  
**REESE'S NUTCRACKER** 161 g  
 selected varieties  
 chocolat  
 2139231 EA/21440491 EA  
**WHILE QUANTITIES LAST**



**REESE'S STOCKING STUFFERS** 141/226 g  
**KINDER UOVO** 100 g  
**CHRISTMAS MULTI** 80 g or  
**BAGGED CHOCOLATE** 184 g  
 selected varieties  
 friandises ou chocolat  
 20423617 EA/21392383 EA  
**WHILE QUANTITIES LAST**

**5<sup>99</sup>**



**9<sup>99</sup>**

**LINDT or BACI BOXED CHOCOLATE**  
 selected varieties  
 150/156 g  
 chocolat en boîte  
 2062154 EA/21197947 EA  
**WHILE QUANTITIES LAST**



**8<sup>99</sup>**

**TOFFIFEE**  
 400 g  
 friandises  
 2140781 EA  
**WHILE QUANTITIES LAST**



**\$2**

**HERSHEY'S STOCKING STUFFERS**  
 selected varieties  
 50-78 g  
 friandises pour bas de Noël  
 21311035 EA/21460105 EA  
**WHILE QUANTITIES LAST**



**1<sup>49</sup>**

**MAYNARD THEATRE BOX** 100 g  
**HERSHEY'S KISSES MINI** 41 g or  
**REESE'S CANDY CANE** 29 g  
 selected varieties  
 friandises  
 20633313 EA/21378239 EA  
**WHILE QUANTITIES LAST**



**4<sup>99</sup>**

**CADBURY MINI EGGS** 200 g or  
**OLD EXCELLENT BRANDY BEANS** 250 g  
 selected varieties  
 mini-œufs ou chocolat au brandy  
 2012329 EA  
**WHILE QUANTITIES LAST**



**3<sup>99</sup>**

**LINDT MINI CHOCOLATE BALL** 100 g  
**LINDT BEAR MULTI** 2's or  
**DARE SANTA GUMMY** 225 g  
 selected varieties  
 mini-boules de chocolat ou  
 oursours ou friandises gélifiées  
 21541838 EA  
**WHILE QUANTITIES LAST**



**9<sup>99</sup>**

**PC® BELGIAN CHOCOLATE BISCUIT COLLECTION**  
 500 g  
 collection de biscuits  
 20942791 EA  
**WHILE QUANTITIES LAST**



**3<sup>99</sup>**

**WALKERS SHORTBREAD COOKIES** 150 g or  
**PC® FINE CRACKERS** 250 g  
 selected varieties  
 sables ou craquelins  
 20113288 EA/20162130 EA  
**WHILE QUANTITIES LAST**



**5<sup>99</sup>**

**WONDERFUL COPENHAGEN DANISH COOKIES**  
 454 g  
 biscuits  
 20647845 EA  
**WHILE QUANTITIES LAST**

# GIFT MORE SPEND LESS



**\$1**

**NO NAME®  
MEDIUM GIFT BAGS**  
21427564 EA  
while quantities last



**\$2**

**NO NAME®  
LARGE GIFT BAGS**  
21427522 EA  
while quantities last



**\$2**

**NO NAME®  
GIFT WRAP**  
21449010 EA  
while quantities last



**\$5**

**NO NAME®  
FOLDING PAPER  
GIFT BOXES**  
set of 6  
21427629 EA  
while quantities last

AVAILABLE AT SELECT LOCATIONS ONLY

# CLEAN UP ON LOW PRICES



**\$9**

**DOVE HOLIDAY SCENTS BODY WASH**  
 selected varieties  
 591 mL  
 21412131 EA/21412134 EA  
 while quantities last



**\$8**

**KAMILL HAND CREAM GIFT SET**  
 3x 75 mL  
 21305771 EA  
 while quantities last



**\$10**

**VITA BATH MINI SHOWER AND BATH BLISS**  
 5x 120 mL  
 21405403 EA  
 while quantities last



**\$18**

**ORAL-B KIDS CHAMELEON HOLIDAY PACK**  
 21410440 EA  
 while quantities last

AVAILABLE AT SELECT LOCATIONS ONLY

# LOW PRICES ON KITCHEN MUST-HAVES.



**\$5**

**EVERYDAY ESSENTIALS™  
2-PIECE 12" PIZZA PAN  
AND CRISPER**  
20647480 EA



**\$5**

**EVERYDAY ESSENTIALS™  
LOAF PAN SET**  
2 piece  
20647078 EA



**\$5**

**EVERYDAY ESSENTIALS™  
JUMBO MUFFIN  
PAN**  
20692734 EA



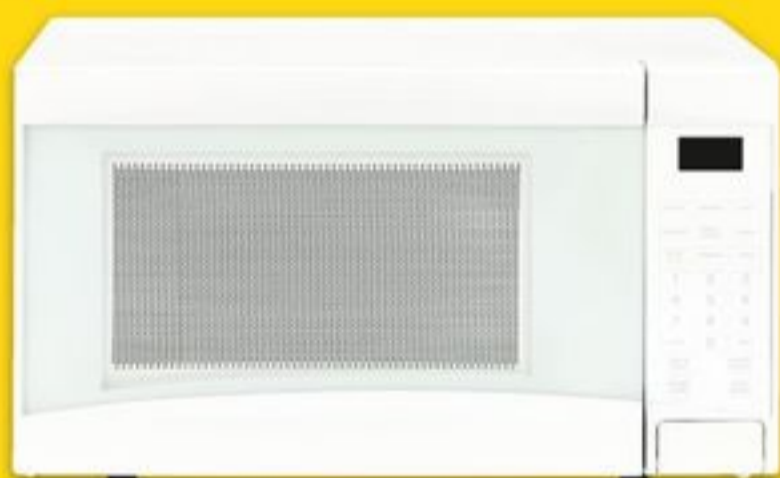
**\$17**

**EVERYDAY ESSENTIALS™  
STAINLESS  
STEEL STOCK  
POT**  
16 quart  
20733440 EA



**\$24**

**EVERYDAY ESSENTIALS™  
NON-STICK SKILLETS**  
SET OF 3  
21243884 EA



**\$85**

**EVERYDAY ESSENTIALS™  
MICROWAVE**  
black or white  
0.7 cubic feet  
20834401 EA/20834402 EA

**\$2**



**EVERYDAY ESSENTIALS™  
NYLON LADLE**  
21213840 EA

**\$4**



**EVERYDAY ESSENTIALS™  
GARLIC PRESS**  
21213640 EA

**\$15**



**EVERYDAY ESSENTIALS™  
COFFEE GRINDER**  
20054993 EA

**EVERYDAY ESSENTIALS™  
NYLON TURNER**  
21214127 EA



**EVERYDAY ESSENTIALS™  
POTATO MASHER**  
21214379 EA



**EVERYDAY ESSENTIALS™  
SPICE SHAKER**  
21142834 EA



**EVERYDAY ESSENTIALS™  
LEMON JUICER**  
21416917 EA



**EVERYDAY ESSENTIALS™  
HAND BLENDER**  
20164241 EA



**EVERYDAY ESSENTIALS™  
RICE COOKER**  
20053721 EA



# PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.

**HOT  
PRICE**

**NO PREP  
ALL SAVINGS**

Easy holiday hosting for less? Just pop these frozen faves in the oven and you're good to go.

**\$15**



**PC® HOLIDAY FEAST  
TURKEY PIE**  
frozen, 800 g  
pâte à la dinde  
21613959\_EA



**\$5**

**PC® CHICKEN  
WONTON SOUP**  
frozen  
300 g  
soupe won-ton au poulet  
21565996\_EA



**7.99**

**PC® BLACK LABEL PIZZA**  
selected varieties, frozen  
370-420 g  
pizza  
21615467\_EA



**\$11**

**PC® BREADED SHRIMP**  
selected varieties, frozen  
400/454 g  
crevettes panées  
20080117\_EA/20135874\_EA



**\$14**

**PC® HOLIDAY FEAST  
TURKEY STUFFING  
BURGERS**  
frozen, 568 g  
burgers à la farce de dinde  
21547041\_EA



**14.99**

**PC® MEATBALLS**  
selected varieties, frozen  
907 g  
boulettes de viande  
20503356\_EA/20503111\_EA



**14.99**

**PC® CHICKEN WINGS**  
selected varieties, frozen  
907 g  
ailes de poulet  
20708931\_EA/20708932\_EA



# PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



**\$6**



**PC® BRUSSELSLAW SALAD KIT**  
253 g  
salade de choux de Bruxelles  
21626132\_EA

## REFRESHING HOLIDAY PRICES

Holiday food comas are totally a thing. Take a break from heartier meals with fresh eats at low prices.



**349**



**PC® HUMMUS**  
selected varieties  
227 g  
hummus  
20584097\_EA/20584212\_EA



**\$6**

**PC® NAAN DIPPERS**  
400 g  
bouchées de pain Naan  
20999700\_EA



**\$5**

**PC® PARADISE CRUNCH PEPPERS**  
454 g  
poivrons Croc'paradis  
21534092\_EA



**\$5**

**PC® CHOCOLATE CHIP BRIOCHE BREAD**  
400 g  
pain Brioche aux brisures de chocolat  
21607172\_EA



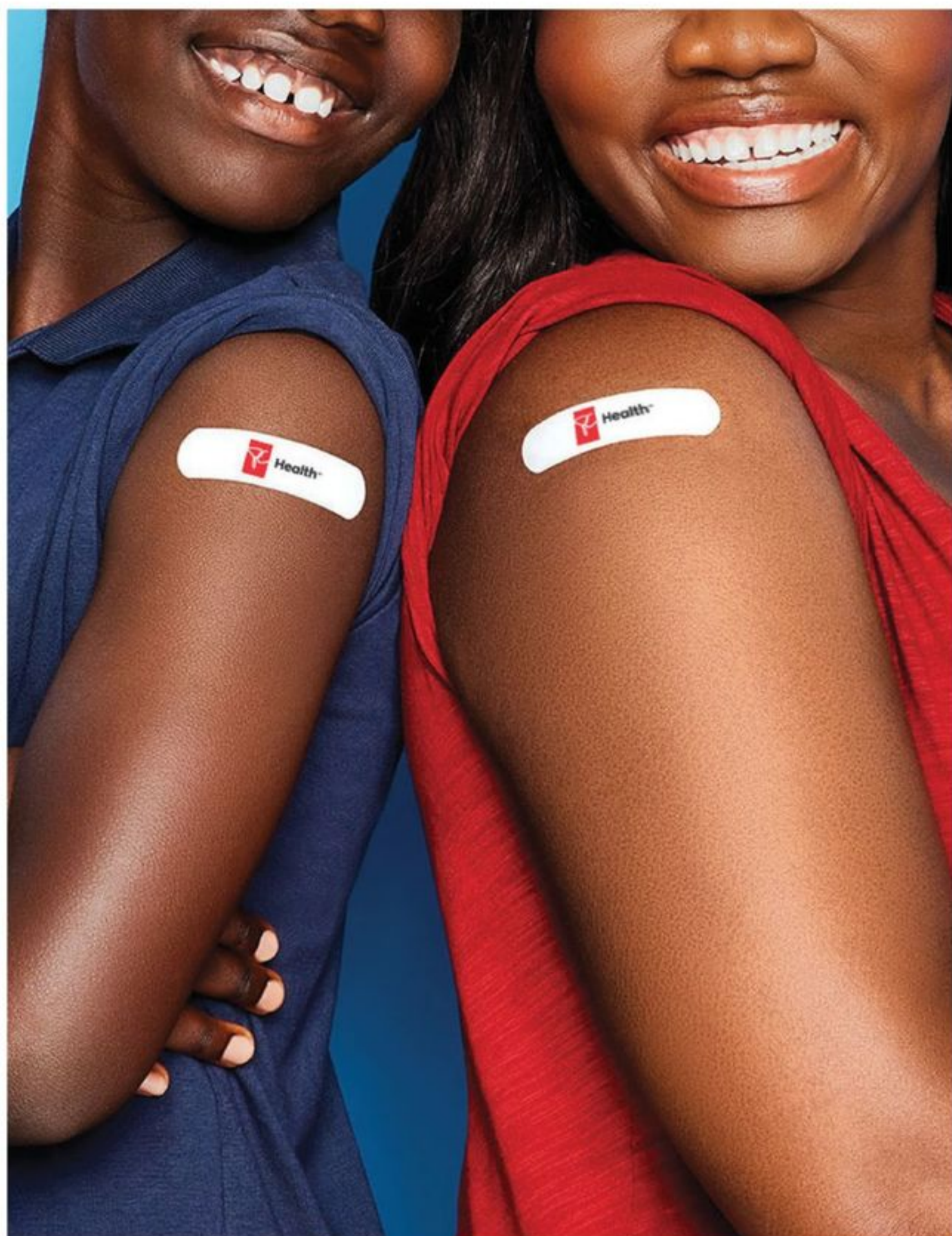
**\$6**

**PC® DOUBLE CREAM BRIE**  
200 g  
brie double crème  
20787327\_EA



**\$15**

**PC® THE ULTIMATE PORK RIB ROAST**  
1.1 kg  
rôti de côtes de porc  
21616767\_EA



# Flu shot? Think Pharmacist.

Book your appointment today.\*

[Book now](#)

\*Subject to vaccine availability. Pharmacists can administer flu shots to children aged: 5 and older in Yukon, Alberta, Saskatchewan, PEI and Newfoundland; 4 and older in British Columbia; 2 and older in Ontario, Manitoba, New Brunswick and Nova Scotia. Flu shot administration for children under the age of 5 may vary from Pharmacy to Pharmacy. ®™ Trademark of 911979 Alberta Ltd, used under license.

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December 5-11, 2024

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**10,000** pts

**\$10**  
value

for every \$100\* spent on Gap Inc. Brands gift cards



\* Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Gap Inc. Brands gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.



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[GET A QUOTE](#)

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exclusively at

Subject to change. Conditions apply. Visit [nonamemobile.ca](http://nonamemobile.ca) for full details.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

†Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

ONLINE INFO MKT