# NAM DAE MUN
## Farmers Market

WE ARE OPEN 7DAYS A WEEK **9AM~9PM**

**SPECIAL SENIOR HOUR** 9:00AM~10:00AM

**5% Discount for Our Seniors!**

**NDMMARKET.COM**
WEEKLY ADs, RECIPES AND MORE

APP CARD

Download our APP or Visit our Website for even more Savings!
**Digital Coupon Using APP**

SCAN DIGITAL COUPONS

SCAN WEEKLY AD

**BEEF BL RIBEYE STEAK** 8.99 LB

**BEEF BACK RIB WHOLE** 3.49 LB

**PORK PICNIC SHOULDER WHOLE** 1.79 LB

**PORK HAM WHOLE** 1.79 LB

**PORK SPARE RIB WHOLE** 2.49 LB

**TURKEY WHOLE** 0.99 LB

**SNOWCRAB 8UP** 10LB 129.99 BOX

**LOBSTER TAIL** 5OZ 8.99 PK

**FRESH SALMON STEAK** 7.99 LB

**TUNA STEAK** 7.99 LB

**BLACK TIGER SHRIMP HLSO 16/20** 6.99 LB

**SQUID** 2.99 LB

## DAIRY AND FROZEN

DAISY SOUR CREAM
2 KINDS 16OZ
DIGITAL COUPON 2/$4 2/1.00 APP CARD 23 FOR

KRAFT SHREDDED CHUCK CHEESE
SELECT VARIETIES 7-8OZ
DIGITAL COUPON 2/$5 2/1.00 APP CARD 24 FOR

TURKEY HILL ICE CREAM
SELECT VARIETIES 46OZ
DIGITAL COUPON $3.99 -1/1.50 APP CARD 2.49

LANDS O LAKE BUTTER
SELECT VARIETIES 16OZ
3.99

PHILADELPHIA CREAM CHEESE BAR
2 KINDS 8OZ
25 FOR

KRAFT VELVEETA LOAF 32OZ
8.99

COFFEE MATE LIQUID COFFEE CREAM
SELECT VARIETIES 64OZ
7.49

COUNTRY CROCK SPREAD
SELECT VARIETIES 14-15OZ
2.99

PILLSBURY PIE CRUST 2CT
3.99

BLUE BONNET MARGARINE TUB 15OZ
1.99

DAISY COTTAGE CHEESE
2 KINDS 24OZ
3.99

ORGANIC VALLEY MILK
2 KINDS 64OZ
6.49

PICTSWEET CLEAR BAG
SELECT VARIETIES 22-28OZ
26 FOR

COOL WHIP
SELECT VARIETIES 8OZ
24 FOR

CHUNGS ROLL
4 KINDS 10-12OZ
3.99

HEYMEAL ONE BITE B. BALANCE DUMPLINGS
4 KINDS 420G
4.99

BABA KIMBAP
4 KINDS 230G
25 FOR

WOOYANG CORNDOG
4 KINDS 400G
6.99

WOOYANG FROZEN MEAL
9 KINDS 210-300G
3.49

**EVERYDAY EAT FRESH!**

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SCAN DIGITAL COUPONS

SCAN WEEKLY AD

## SPECIAL!

COCA COLA BRAND DRINK
SELECT VARIETIES 12OZ 12PK
2 FOR 11

POWERADE SPORTS DRINK
SELECT VARIETIES 28OZ
4 FOR 5

SMARTWATER
ALKALINE 1L
NUTRIENT-ENHANCED BOTTLE 1L
2 FOR 3

DASANI PURIFIED WATER
24PK
2 FOR 11

## SWEET, JUICY FRUITS

ONLY FRI.SAT.SUN SALE

- KENT MANGO — 8CT 5.99 BAG
- HACHIYA PERSIMMON — GIFT — 18CT 15.99 BOX
- KOREAN PEAR — GIFT — 8CT 29.99 BOX
- SMALL CA ORANGE — 5 FOR 1.99
- LEMON — 3 FOR 1
- LIME — 15 FOR 1.99
- MANDARINS — 3LB 2.99 BAG
- FUJI APPLE — 0.99 LB
- GALA APPLE — 3LB 2.99 BAG

- CARA CARA ORANGE — 5 FOR 1.99
- SATSUMA MANDARIN WITH LEAF — 1.99 LB
- GRAPEFRUIT — 2 FOR 3
- FL ORANGE — 4LB 3.99 BAG
- CA ORANGE — 8LB 7.99 BAG
- CA ORANGE — 4LB 3.99 BAG

### FREE ICE CREAM!

CELEBRATE YOUR BIRTHDAY WITH NAM DAE MUN

Come in before the end of the month & receive
**1 free box of Melona Ice Cream Bars or 1 pint of Mayfield Ice Cream!**

APP CARD

SIGN UP WITH THE QR COD BELOW OR BY TEXTING NDM TO 87573

*While supplies last. Taxes apply. Please sign up before your birthday month to receive your free birthday ice cream email.

- FUYU PERSIMMON — GIFT — 12CT 14.99 BOX
- GOLDEN APPLE — 3LB 2.99 BAG
- HASS AVOCADO — 0.99 EA

## FARM FRESH VEGETABLE

ONLY FRI.SAT.SUN SALE

- GREEN ONION — 4 FOR 1
- GREEN CHAYOTE — 0.99 LB
- ICEBERG LETTUCE — 0.99 EA
- BANANA LEAF — 1.29 LB

- ZUCCHINI GREEN — 0.99 LB
- JALAPENO GREEN — 0.99 LB
- BABY SPINACH — 2LB 3.99 BAG
- TAIWAN CABBAGE — 0.79 LB
- TOMATILLO — 0.99 LB
- GINGER — 1.99 LB

- ROMAIN HEARTS LETTUCE — 3PK 2.99 PK
- RED BELL PEPPER — 2.99 LB
- JUMBO RED ONION — 0.99 LB
- YELLOW ONION — 3LB 2 FOR 3
- BEET LOOSE — 0.99 LB
- IDAHO POTATO — 10LB 3.99 BAG

- KOREAN SWEET POTATO — 0.99 LB
- GHANA YAM — 1.99 LB
- YUCA — 0.99 LB
- KABOCHA SQUASH — 0.79 LB
- CALABAZA CUT — 1.29 LB
- CALABAZA WHOLE — 0.99 LB

## NORTHERN CHEF

COCONUT SHRIMP
HONEY WALNUT SHRIMP
JUMOB BUTTERFLY SHRIMP
BOOM BOOM SHRIMP
CRISPY PUB STYLE ROCKFISH
6.99 5-10OZ

SEAFOOD MEDLEY 1LB — 4.99 1LB

NASHVILLE HOT SHRIMP
COCONUT SHRIMP
PANKO BUTTERFLY SHRIMP
BOOM BOOM SHRIMP
16.99 2LB

## ROYAL ASIA

SHRIMP WONTONS
SHRIMP WONTON SOUP
SHRIMP SPRING ROLLS
4.99 2.5EA

ROYALASIA DIM SUM 3 KINDS 15 DIMSUM — 14.99 2LB

PANKO CALAMARI — 12.99 2LB

COCONUT SHRIMP W/SAUCE
CHILEAN SEABASS W/SAUCE
19.99 1-2LB

## WOW BAO

KUNG PAO CHICKEN BAO
MONGOLIAN SPICY BEEF BAO
CHINESE STYLE BBQ PORK BAO
TERIYAKI CHICKEN BAO
CHICKEN BURGER BAO
5.99 4EA

## WHOLEY

SHRIMP BROCCOLI ALFREDO
CILANTRO LIME SHRIMP BLACK BEAN
GARLIC&BUTTER SHRIMP
CHICKEN ALFREDO
SHRIMP ALFREDO
SHRIMP SCAMPI
SHRIMP JAMBALAYA
3.99 8OZ

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SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

SCAN DIGITAL COUPONS

SCAN WEEKLY AD

## SAVE ON EVERYDAY ITEM!

NORTHERN 12MR ULTRA TOILLET TISSUE
2 KINDS 12CT
DIGITAL COUPON 14.99 -1/2.00
12.99

BRAWNY 8DR TEAR A SQ ROLL
12CT
DIGITAL COUPON 14.99 -1/2.00
12.99

PUREX LIQUID DETERGENT
SELECT VARIETIES 128-150OZ
11.49

## SAVE MORE $1/EA

APP CARD DICOUNT COUPON W/NDM APP CARD

DUNCAN HINES CAKE MIX
SELECT VERIETIES 15.25OZ
DIGITAL COUPON 2/$3 -2/1.00
22 FOR 2

STOVE TOP STUFFING
SELECT VARIETIES 6OZ
DIGITAL COUPON 2/$5 -2/2.00
23 FOR 3

HEINZ GRAVY
3 KINDS 12OZ
DIGITAL COUPON 2/$5 -2/2.00
23 FOR 3

KRAFT MAYONNAISE
3 KINDS 30OZ
DIGITAL COUPON 4.49 -1/1.00
3.49

KRAFT GRATED PARMESAN CHEESE
2 KINDS 8OZ
DIGITAL COUPON 4.99 -1/1.50
3.49

CARNATION EVAPORTATED MILK
3 KINDS 12OZ
DIGITAL COUPON 1.79 -2/1.00
0.79

TAMPICO DRINK
SELECT VARIETIES 128OZ
2.79

OCEAN SPRAY DRINK
SELECT VARIETIES 64OZ
2 FOR 6

WELCHS SPARKLING
SELECT VARIETIES 25.4OZ
3.79

KD ORIENTAL RAISIN TREE TEA 1.5L
2 FOR 3

LOTTE DRINKS
3 KINDS 1.5L
2.99

LOTTE SACSAC 12PK
10.99 ORANGE
12.99 GRAPE

PURE PLUS MY ALOE DRINK
SELECT VARIETIES 500ML
2 FOR 2

OKF FARMER ALOE VERA
SELECT VARIETIES
2 FOR 2 500ML
2 FOR 4 1.5LT

SFC BIO SODA SPARKLING
SELECT VARIETIES 6PK
4.99

IGA SUGAR 4LB
2.99

KRAFT JET PUFF MARSHMALLOW
1.69 10OZ
1.99 12OZ

MAZOLA CORN OIL 96OZ
11.99

PILSBURY WHITE LILY FLOUR
SELECT VARIETIES 5LB
3.49

PMC PANCAKE MIX
SELECT VARIETIES 2LB
2.49

LEE KUM KEE SESAME OIL 1.65L
14.99

PAM SPRAY OIL 2 KINDS 5-8OZ
4.99

CRISCO SHORTENING
16OZ
3.99

CRISCO OIL
3 KINDS 40OZ
3.99

FUNTABLE SAUCE
SELECT VARIETIES
360-400G
4.99 7KINDS
5.99 KIMCHI

CLABBER GIRL BAKING POWDER 8.1OZ
2.49

JIF PEANUT BUTTER
SELECT VARIETIES 40OZ
6.99

SWANSON BROTH
SELECT VARIETIES 32OZ
25 FOR

SWANSON STOCK
SELECT VARIETIES 32OZ
2.99

HIDDEN VALLEY DRESSING
SELECT VARIETIES
12-16OZ
26 FOR

RAGU SAUCE
SELECT VARIETIES
16-24OZ
24 FOR

HELLMANN MAYO
3 KINDS 30OZ
5.99

BRUCE YAM CUT SYRUP 29OZ
2.79

CREAMETTE SPAGHETTI
SELECT VARIETIES 16OZ
23 FOR

KRAFT MACARONI & CHEESE
SELECT VARIETIES
9.4-14OZ
26 FOR

HIDDEN VALLEY DRESSING
RANCH LIGHT 16OZ
FH SW CHIPOTLE 16OZ
26.61 FOR

ORION TURTLE CHIP
CORN SOUP 80G
1.99

ORION TURTLE CHIP
2 KINDS 160G
2.99

ORION CUSTARD CAKE 276G 12EA
3.99

ORION SNACK
O! KARTO BBQ 75G
PEANUT CRUNCH 80G
23 FOR

ORION FRESHBERRY
2 KINDS 336G 12EA
4.99

ORION FRESHBERRY
138G 6EA
25 FOR

MALT O MEAL CEREAL
SELECT VARIETIES 22-26OZ
3.99

CHEEZIT
SELECT VARIETIES
5.75-12.4OZ
27 FOR

LOTTE CHOCOPIE
4 KIINDS 12PK
2.99 ORIGINAL
3.99 3KIND

COOKTOK CUP TEOKBOKI
3 KINDS 135-140G
1.99

BDB SEAFOOD TEOKBOKI
3 KINDS 116-118G
1.99

BDB CUP KELP RICE NOODLE
3 KINDS 93G
24 FOR

MARUCHAN RAMEN
3 KINDS 12PK 36OZ
3.99

NONGSHIM SHIN TOOMBA MULTI 4PK
6.99

NONGSHIM NOODLE SALAD 3 KINDS 4PK
5.99

NONGSHIM SHIN RAMEN MULTI 4PK
2.99

PALDO MALA BIBIMMEN 4PK
5.99

MR.HOO CUP RICE NOODLE
2 KINDS 3.25OZ
23 FOR

## Visit Our NDM Market Locations

**DULUTH** 3825 Shackleford Rd, Duluth, GA 30096
**LAWRENCEVILLE** 850 Dogwood Rd. Lawrenceville, GA 30044
**LILBURN** 4805 Lawrenceville Hwy. Lilburn, GA 30047
**MORROW** 1940 Mt. Zion Rd. Morrow, GA 30260
**NORCROSS** 6131 S. Norcross Tucker Rd. Norcross, GA 30093
**STONE MOUNTAIN** 5158 Memorial Dr. Stone Mtn, GA 30083
**SMYRNA(EAST)** 2350 Spring Rd. Smyrna, GA 30080
**SMYRNA(WEST)** 2148 South Cobb Dr. Smyrna, GA 30080

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NAM DAE MUN
Farmers Market

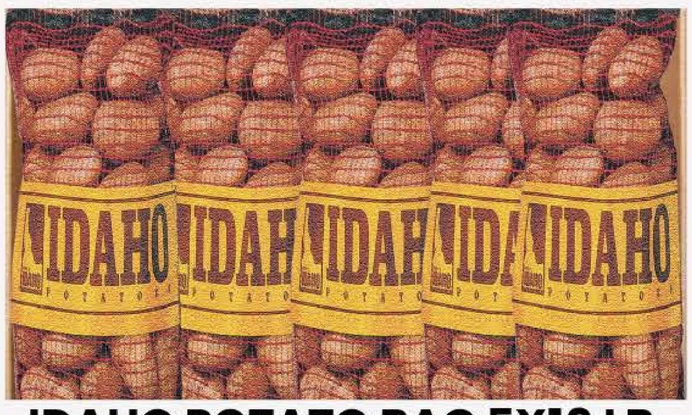
12.20.2024~ 12.26.2024

# PRODUCE WEEKLY SALE

Choose Your Best Vegetables !

## BOX SALES ONLY !

<ALL ITEMS ARE BOX PRICES>




### IDAHO POTATO BAG 5X10 LB

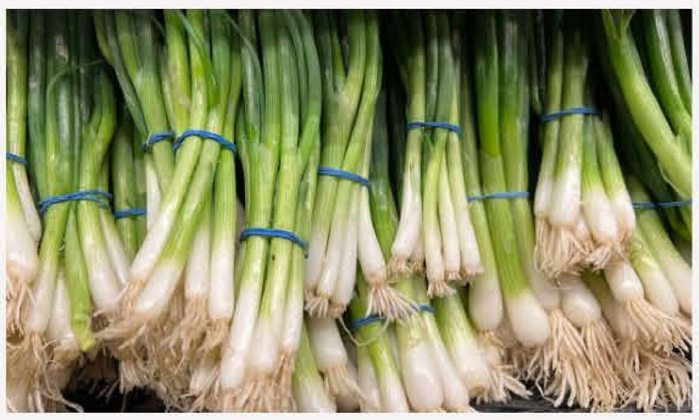
Potatoes offer a range of health benefits, primarily due to their high potassium content, which helps regulate blood pressure, along with being a good source of fiber, vitamin C, and vitamin B6, contributing to heart health, immune function, and digestive health; eating potatoes with the skin maximizes their nutritional value.

SALE PRICE
**$19.00**
SUPER PRICE

### PEAR KOREAN 8CT

- Highly nutritious. Pears come in many different varieties.
- May promote gut health.
- Contain beneficial plant compounds.
- Have anti-inflammatory properties.
- May offer anticancer effects.
- Linked to a lower risk of diabetes.
- May boost heart health.
- May help you lose weight.

SALE PRICE
**$29.99**
SUPER PRICE



### GREEN ONION 48CT SMALL SIZE

Green onions, also known as chives or Allium schoenoprasum, is an aromatic plant that helps regulate blood pressure, promote weight loss, maintain eye health, prevent premature aging and boost immunity.
Green onions have excellent amounts of saponins, beta-carotene, fiber and vitamin C, which are nutrients and bioactive compounds with antioxidant, satietogenic and anti-inflammatory effects.
Green onions are sold in bundles, alone or together with parsley or coriander, and can be consumed raw or cooked as a seasoning in soups, omelees, sauces or rice.

SALE PRICE
**$15.00**
SUPER PRICE

### SATSUMA MANDARIN WITH LEAF 22LB

Satsuma mandarin leaves are edible and have a slightly bitter, aromatic flavor. They contain vitamins A and C, as well as antioxidants, which can support overall health.
Satsuma mandarins are also a nutritious fruit that contain many essential vitamins and minerals, including:
Vitamin C: A powerful antioxidant that helps boost the immune system and aids in collagen production
Dietary fiber: Helps regulate blood sugar levels and cleanse the digestive system
Potassium: Helps balance fluid levels in the body
Vitamin A: Helps maintain healthy organ functioning
Vitamin E: Helps protect cells from damage caused by free radicals and inflammation
Magnesium: Helps control nerve functioning

SALE PRICE
**$35.00**
SUPER PRICE

### ZUCCHINI GREEN 20LB

Zucchini is high in water and fiber, which can help with digestion:
Water: Zucchini contains 94.8 grams of water per 100 grams of fruit, which can help soften stools and reduce constipation.
Fiber: Zucchini contains both soluble and insoluble fiber, which can help keep the gut healthy and promote good digestion.
Eye health
Zucchini contains antioxidants like lutein and zeaxanthin, which can help protect the eye's cells and reduce the risk of cataracts and other eye-related problems.

SALE PRICE
**$15.00**
SUPER PRICE

### MANDARINS 10/3LB

Mandarins are a good source of vitamin C and phytonutrients and have **antioxidant and anti-inflammatory benefits.** In addition, some research suggests citrus fruits may help to prevent some cancers and other chronic diseases.

SALE PRICE
**$29.99**
SUPER PRICE

# FREE ICE CREAM!

## CELEBRATE YOUR BIRTHDAY WITH NAM DAE MUN

Come in before the end of the month and receive 1 free box of Melona Ice Cream Bars or 1 pint of Mayfield Ice Cream!*

## SIGN UP WITH THE QR CODE BELOW OR BY TEXTING NDM TO 87573

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*while supplies last. Taxes apply.
Please sign up before your birthday month to receive your free birthday ice cream email.

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## Holiday Sale

# Whole Frozen Turkey

# 0.99 LB

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