

deals

November 30–December 26, 2024

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Kerrygold Butter
selected varieties
8 oz

\$4.79



Dr. Bronner's Organic Pure Castile Soap
selected varieties
5 oz

\$3.99

Sweet savings on holiday treats

Immaculate Organic Cinnamon Rolls

Enjoy Life Foods Chocolate Chips
selected varieties

Simple Mills Almond Flour Baking Mix
selected varieties

\$5.99



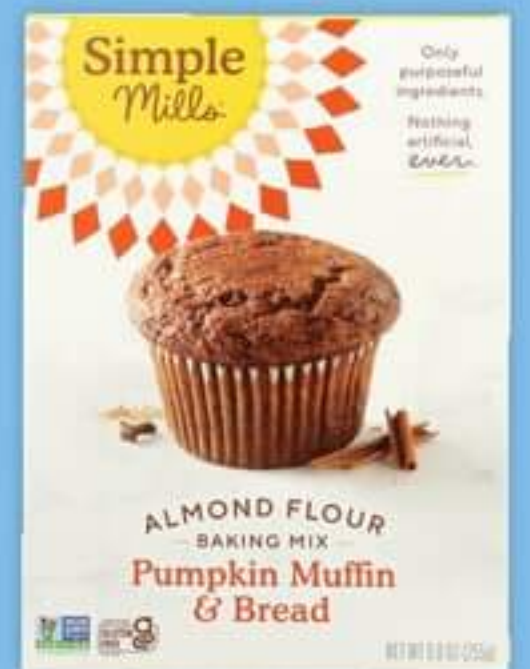
17.5 oz

\$5.79



10 oz

\$5.99



9–12.9 oz

Vital Farms Butter
selected varieties

Lily's Chocolate Baking Chips
selected varieties

UNREAL Chocolate Bars
selected varieties

\$3.79



8 oz

\$5.99



9 oz

\$4.29



3.4–4.2 oz

Essentia Alkaline Water

KeVita Organic Kombucha
selected varieties

Traditional Medicinals Organic Tea
selected varieties

2/\$3

1.5 lt



\$2.79

15.2 oz



\$4.29

16 ct





Our updated packaging pays homage to our rich heritage. At Bionaturae, authentic Italian means more than food that comes from Italy. It's an attachment to traditions and quality. It's organic ingredients that represent the heart & soul of an Italian kitchen. Welcome to our big Italian table.



Bionaturae Organic Tomato Paste

\$1.99

7 oz



Bionaturae Organic Strained Tomatoes

\$2.79

24 oz

Dr. McDougall's Ramen
selected varieties

\$1.89

1.8-1.9 oz



Crown Prince Natural Smoked Oysters
selected varieties

\$3.29

3 oz



Edward & Sons Bouillon Cubes
selected varieties

\$1.89

2.5-3.1 oz



Rao's Homemade Pasta Sauce
selected varieties

\$6.99

24 oz



Organic Valley Organic Ghee

\$11.99

13 oz



Penne Rigate with Tomato Sauce

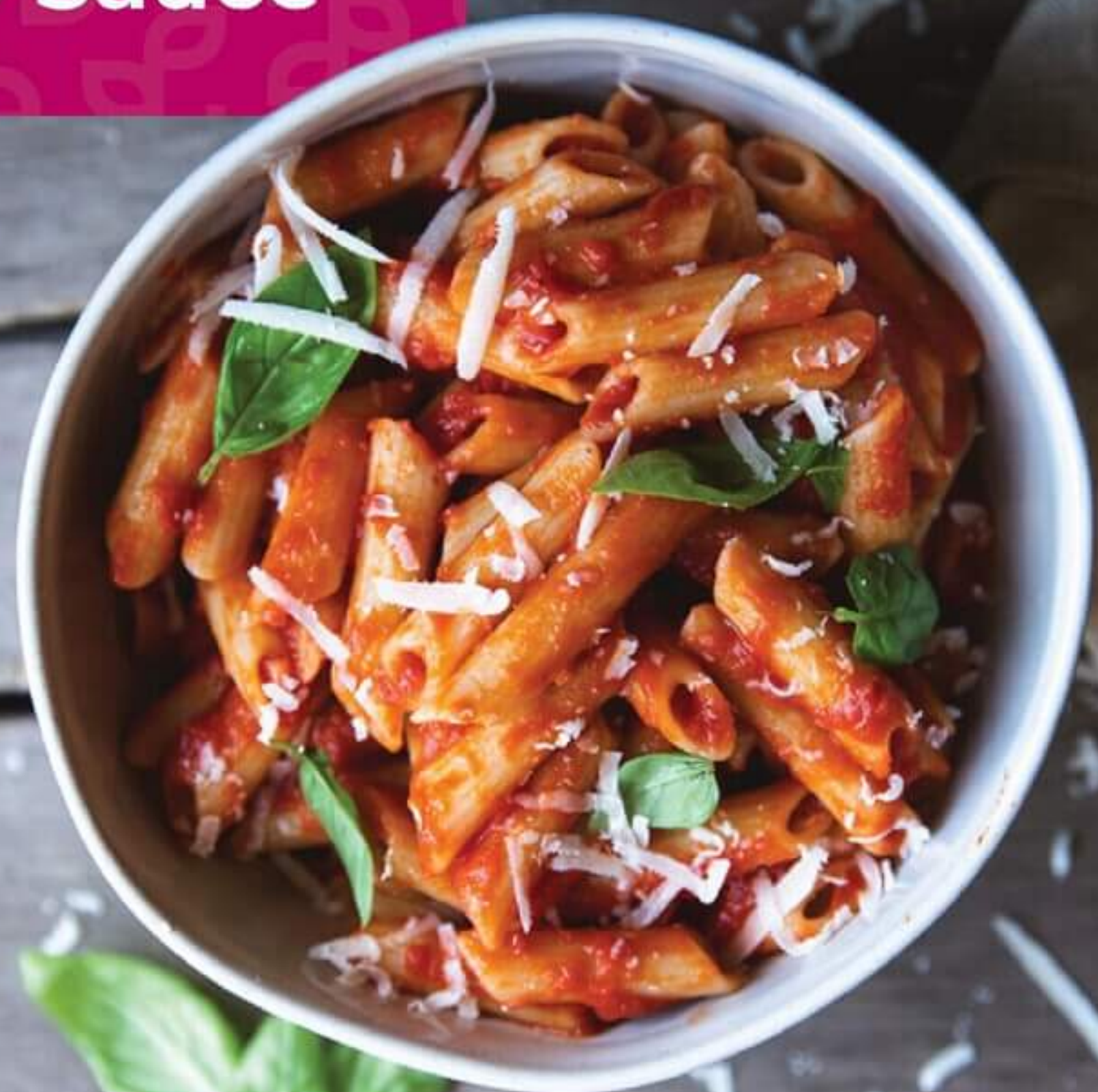
25 MIN • SERVES 4-6 • VEGETARIAN

INGREDIENTS

- 2 cups strained tomatoes
- 2 tablespoons extra virgin olive oil
- 1 clove garlic, minced
- ½ teaspoon salt
- ½ cup fresh basil leaves
- 1 box of penne rigate
- Grated Parmigiano Reggiano

DIRECTIONS

- 1 In a medium saucepan, simmer the strained tomatoes, extra virgin olive oil, garlic, and salt for 15 minutes.
- 2 Turn off the heat and add basil.
- 3 Cook penne rigate according to package instructions, stirring frequently.
- 4 Drain and toss the pasta with the tomato sauce.
- 5 Serve with grated cheese.



**Milton's
Organic Crackers**
selected varieties

2/\$6

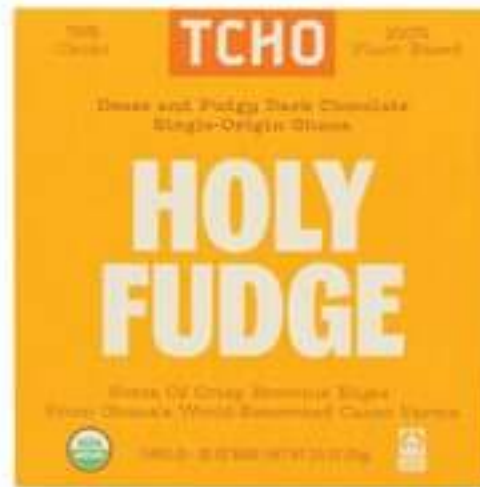
6 oz



**TCHO
Organic Chocolate Bar**
selected varieties

2/\$7

2.5 oz



**Kettle
Potato Chips**
selected varieties

2/\$6

5 oz



Celebrate the season with Kettle Brand's Backyard BBQ kettle chips! Crafted from premium potatoes, these chips bring the smoky, spicy, tangy, and slightly sweet flavors of a BBQ right to your holiday gathering. Whether it's a cozy night in or a lively party, Kettle Brand chips are extra in the best way.

**Choice Organics
Organic Tea**
selected varieties

\$3²⁹

16 ct



**San Pellegrino
Sparkling Water**

2/\$4

750 ml



**Q Mixers
Tonic Water**
selected varieties

2/\$7

4/7.5 oz



At Hu, we obsessively vet every ingredient to unite indulgent moments with unmatched simplicity. We go beyond what is easy and expected to ensure that our products and practices are ethical and put both humanity and the human body first.



**Hu
Organic Chocolate Bar**
selected varieties

\$3²⁹

2.1 oz

ORGANIC
MARY'S
GONE CRACKERS™

Crunchy Crackers made with signature ingredients: brown rice, quinoa, flax, and sesame seeds. Great textured with toasty flavors. Gluten free, plant based, and organic.



Mary's Gone Crackers Organic Real Thin Crackers
selected varieties

2/\$6
5 oz



Mary's Gone Crackers Organic Crackers
selected varieties

2/\$7
6.5 oz

GT's Kombucha
selected varieties

\$7.49
48 oz



Vive Organic Organic Functional Shot
selected varieties

2/\$5
2 oz



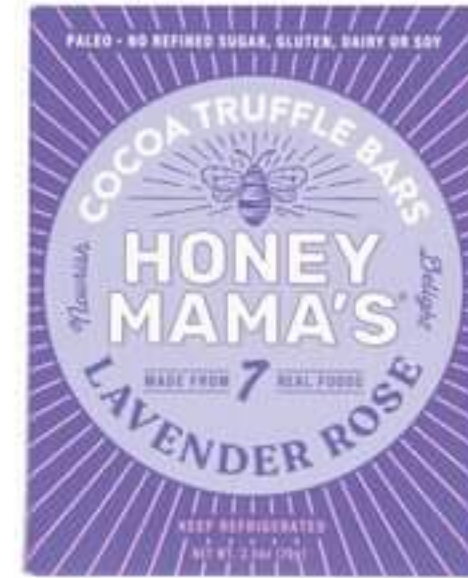
Koia Plant-Based Protein Shake
selected varieties

2/\$6
12 oz



Honey Mama's Cocoa Truffle Bar
selected varieties

\$3.79
2.5 oz



Melt Organic Organic Cold Pressed Plant Butter Spread

\$4.49
13 oz



Meyenberg Goat Milk Butter

\$6.49
8 oz



Green Valley Creamery Organic Lactose Free Cream Cheese

\$3.79
8 oz



Miyoko's Organic Plant Milk Mozzarella



Organic Valley Organic Ricotta Cheese

\$5.29
15 oz



Bubbies Kosher Dill Pickles
selected varieties

\$6.49
33 oz



\$6.29
8 oz

**Boiron
ColdCalm**



\$10⁹⁹

60 tab

**Trace Minerals
Trace Mineral Drops**



\$33⁹⁹

8 oz

**Garden of Life
Dr. Formulated Magnesium with
Pre & Probiotics**



\$15⁹⁹

60 ct

**Natural Factors
Stress Relax® Tranquil Sleep
Chewable**



\$22⁹⁹

60 tab

**Andalou Naturals
Shampoo or Conditioner**
selected varieties



\$6²⁹

11.5 oz

**Everyone
3-in-1 Soap**
selected varieties



\$8²⁹

32 oz

**Weleda
Skin Food**



\$14⁹⁹

2.5 oz

**EO
Hand Sanitizer Wipes**



\$3²⁹

10 ct

**Aura Cacia
Peppermint Essential Oil**



\$5⁹⁹

0.5 oz

**NOW
Lavender Essential Oil**



\$9⁴⁹

1 oz

**Repurpose
Compostable Bowls**



\$3²⁹

20 ct

Cinnamon Apple Chunk Cake

50 MIN • SERVES 8 • VEGETARIAN

INGREDIENTS

1 ½ cups flour
1 teaspoon ground cinnamon
½ teaspoon baking soda
½ teaspoon sea salt
½ cup cane sugar
½ cup almond oil
2 eggs
3 tablespoons buttermilk
1 cup chopped apples

Topping

½ teaspoon cinnamon
1 tablespoon cane sugar
½ cup powdered sugar
1–2 teaspoons milk

DIRECTIONS

- 1 Preheat oven to 350°F. Grease an 8-inch cast iron skillet and set aside.
- 2 In a small bowl, whisk together flour, cinnamon, baking soda, and sea salt.
- 3 In a medium bowl, combine sugar, oil, eggs until pale in color. Stir in buttermilk.
- 4 Add dry ingredients and mix until just combined. Fold in chopped apple and pour batter into prepared cast iron skillet. Combine remaining sugar and cinnamon and sprinkle on top of batter.
- 5 Bake 40–45 minutes or until a tester inserted in the center comes out clean.
- 6 Stir together powdered sugar and milk until smooth and drizzle over cooled cake.



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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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