

BIG HOLIDAY DEALS!

SAVE UP TO 64%

1.88 LB

AMBROSIA APPLES

product of Ontario,
Canada fancy grade
pommes
1.94/lb
3027454901_10



Foodland
ONTARIO

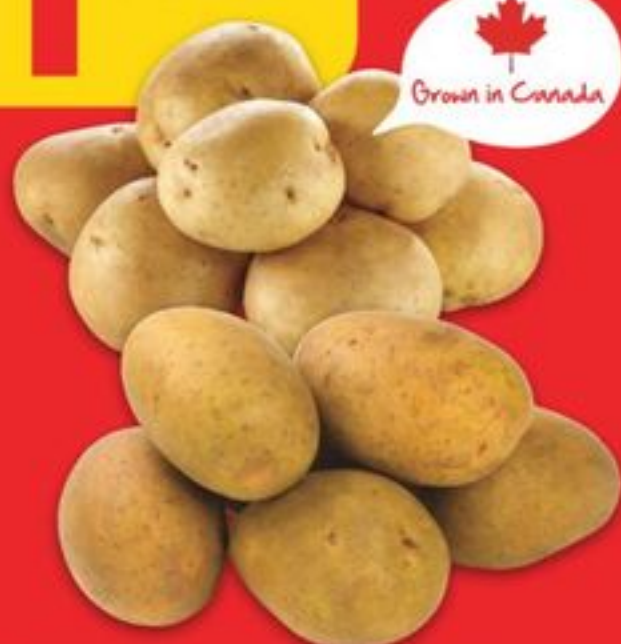


SAVE UP TO 64%

1.77

10 LB BAG

RUSSET or YELLOW POTATOES
product of Canada,
Canada no. 1 grade
pommes de terre Russet ou jaunes
3060117001_5A/3060102001_5A



SAVE 33%

1.99

60Z CLAMSHELL

BLACKBERRIES
product of Mexico or U.S.A.,
mûres
30051013001_5A



SAVE 33%

3.99

312 G

PC® BABY SPINACH or SPRING MIX
product of U.S.A.,
petites épinards ou
mélange printanier
21204301_5A/21204304_5A



BIG HOLIDAY DEALS!

NOFRILLS

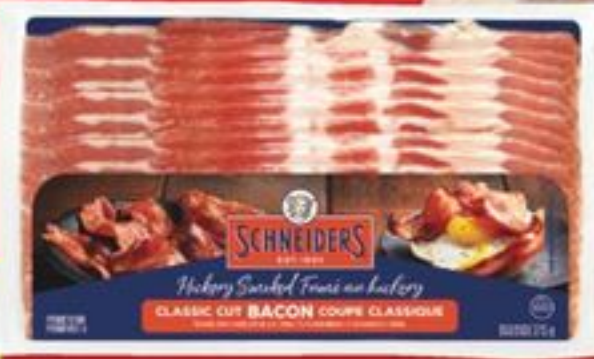
FLYER PRICES EFFECTIVE THURSDAY, NOVEMBER 28 TO WEDNESDAY, DECEMBER 4, 2024.



ONLY 1.97 LB

WHOLE CHICKEN
poulet entier
6.34/kg
20499970 60

WHILE QUANTITIES LAST



SAVE 37%

3.77

SCHNEIDERS BACON
selected varieties, 375 g
bocon
20773671 6A



SAVE 28%

\$5

PC® PUB RECIPE™ CHICKEN NUGGETS, STRIPS AND BURGERS
selected varieties, frozen, 700 g
pépites ou lamelles ou burgers de poulet
21301321 6A



SAVE 54%

2.87 LB

PORK TENDERLOIN
fresh, cryovac package
filet de porc
6.33/kg
20320970 60

SAVE 26%

1.25

UNICO BEANS or TOMATOES
selected varieties
540/796 mL
légumineuses ou tomates
20113467001 6A/20314629001 6A



SAVE 22%

3.47

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
320-410 g
pizza
20294100001 6A/20294404001 6A



SAVE UP TO 40%

\$3

PC® VEGETABLES
400-750 g or
PREMIUM VEGETABLES
350-500 g
selected varieties, frozen
légumes
202189113 6A/21184914 6A



SAVE 20%

\$4

FARMER'S MARKET BUTTER
COISSANT or LOAF CAKES
selected varieties
200-400 g
gâteaux quatre-quarts
20973943 6A/21489154 6A



APP EXCLUSIVE OFFER
1,000

\$1 Value

ONLY 6.99

APP EXCLUSIVE OFFER
1,000

\$1 Value

NO NAME® CANOLA or VEGETABLE OIL
3 L
huile de canola ou végétale
20208660 6A/201023290 6A



SAVE 25%

2.99

DORITOS TORTILLA CHIPS
selected varieties
210-280 g
croustilles de tortilla
21264118 6A



SAVE UP TO 50%

\$4

PC® CHOCOLATE COVERED FRUIT AND NUT 340/400 g,
MERCI CHOCOLATE KISSES 200 g or
HERSHEY'S KISSES 180 g
selected varieties
Fruits ou noix enrobés de chocolat ou chocolat
20000354 6A/21054210 6A



WHILE QUANTITIES LAST

SAVE 31%

12.99

TILDA BASMATI RICE
4.54 KG
riz basmati
20113478 6A



PRICE DROP

4.77

ARMSTRONG or PC® SHREDDED CHEESE
250-320 g or **ARMSTRONG CHEESE** 400 g
selected varieties
fromage râpé ou fromage
21286240 6A/21286749 6A



PRICE DROP

4.99

LACTANTIA BUTTER
selected varieties
454 g
beurre
20639926 6A



FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY:

nofrills.ca

AVAILABLE AT: LUCIANO & SARRA'S - ACTON, BOB & TINA'S - AMHERSTBURG, JUSTIN & STACEY'S - ANGLIS, ANGLIS MARK'S - ARNOLD, RYAN'S - ATHERTON, TONY & JILL'S - BANCROFT, CHRIS - BARRIE, NICK'S - BARRIE, RYAN'S - BEAMSVILLE, JOE'S - BELLEVILLE, REALTY'S - BRADFORD, RUTH'S - BRANTFORD, WALKER'S - BRANTFORD, CHRIS & ANGELA'S - BRIMINGTON, BRANLEY'S - BURLINGTON, DAVID & LINDA'S - CAMBRIDGE, EDDIE & LINDA'S - CAMBRIDGE, FISHER'S - CAMPELLOPOLE, DANNO'S - CASSIDIAN, FOR & KEITH'S - CHESTER, DAVID'S - COLLINGWOOD, JAMES & JUNE'S - CONNELL, DUFFY - CO. WINN, TONY'S - ELSBETH LAKE, ROY'S - ESTATE, GISE & KERRY'S - FORT PETER, BALDWIN'S - GANANOCQUA, MIKE & GRACE'S - GLENDON, DAVID & NATALIE'S - GRAND BOND, DODDINGTON'S - GUYTON, SHANNON & RICHARD'S - GUYTON, BOB'S - HARRISVILLE, CHRIS & JANE'S - HAMILTON, FRANK'S - HAMILTON, DORIS'S - HAMILTON, KERRY & CINDY'S - HAMILTON, TONY'S - HAMILTON, JOHN'S - INVERESS, DITKAMAN'S - KINGSTON, ANDREW & EMILY'S - KINGSTON, SANVA'S - KINGSTON, DEBRA & LAURA'S - KITCHENER, BRIAN & JENNIFER'S - LONDON, DARRYL & TRACY'S - LONDON, GARY'S - LONDON, MASH'S - LONDON, PHIL'S - LONDON, BOB & BRACHA'S - LONDON, BOBBIER & TRACY'S - LONDON, BRIAN & BECKY'S - MIDLAND, PAUL'S - MIDLAND, PETER'S - MOORE FOREST, JAMES & JACQUELYNNE'S - NAPANEE, CHRIS & SARAH'S - NIPISSIN, WACELAY'S - NEW HAMBURG, PHILIPPE'S - NIPISSIN, JEFF'S - NIMBERG, JILL & MICHELLE'S - NORTH BAY, JEFF & TANYA'S - NORTH BAY, JIM & LES ANNIE'S - ORANGEVILLE, JASON'S - ORONDA, CONNOR & KENNEDY'S - OTTAWA, DAVID'S - OTTAWA, DEAN & WENDY'S - OWEN SOUND, JAY'S - PARIS, STACEY & TROY'S - PERRY SOUND, STEVEN & JULIE'S - PIMBERN, CHRIS & NICKY'S - PITHERSBOROUGH, DAVID'S - PETERSBOROUGH, DAVID'S - PICTON, BRANDON'S - PORT COLBORNE, MIKE'S - PORT DUFFER, CHRIS & TANYA'S - RAINBOW, KYLE'S - SARNIA, BRADY & MARY'S - SAULT STE MARIE, JIMMY & STEPH'S - SHELBOURNE, BLAKE'S - ST CATHARINES, MARK'S - ST CATHARINES, BRANDON & WENDY'S - STITTVILLE, CRAIG & KEE - STIRLING, BRANDON & ADRIAN'S - STURGEON FALLS, STEVE'S - SUTTON WEST, CAYLE'S - THURBY, RYAN & CATHY'S - THURONK, MARK & SARAH'S - WALLACEBURG, ERIC'S - WATERLOO, PHIL & MALLORY'S - WATERLOO, GILBERT'S - WELLS, TONY & KATHY'S - WINDSOR, SCOTT'S - WOODSTOCK

**MULTI
BUY?
TRY
SINGLE
BUY.**



ONE FOR

179

**KNORR
SIDEKICKS**
selected varieties
120-162 g
plats d'accompagnement
20321430011_EA



ONE FOR

\$3

**MIO, CRYSTAL
LIGHT or
KOOL-AID
DRINK MIXES**
selected varieties
48 mL/24-56 g
mélanges à boisson
20663423_EA/20749494001_EA

**LAY'S POTATO
CHIPS 177-235 g or
POPPABLES 130 g**
selected varieties
croustilles ou grignotines
21241032_EA



ONE FOR

379

**GENERAL
MILLS CEREAL**
selected varieties
297-430 g
céréales
21104047_EA/21104055_EA



ONE FOR

399

BIG
HOLIDAY
DEALS!

249

CHRISTIE
COOKIES

selected varieties
223-303 g
biscuits

21358407_EA/21361508_EA



MAKE SURE
TO FOLLOW
OUR FACEBOOK
AND INSTAGRAM
CHANNELS FOR
BIG DEALS
THIS HOLIDAY
SEASON!

BIG HOLIDAY DEALS!

PINEAPPLE
product of Costa Rica
onions
30160992001 SA

1.99



325 G

3.99

ASPARAGUS
product of Peru or Mexico, no. 1 grade or
CAULIFLOWER
product of U.S.A. or Mexico,
no. 1 grade
asperges ou chou-fleur
3018179001 SA/30133377001 SA



2.99

PINT

BLUEBERRIES
product of Peru, no. 1 grade
Mozzili
30088137001 SA



1.69

ENGLISH CUCUMBERS
product of Ontario,
Canada no. 1 grade
cucumbers anglais
30090132001 SA

1.99

BROCCOLI CROWNS
product of Mexico or U.S.A.
nach
coppinos de brocol
3113180001 SA



2.99
LB

TOMATOES ON THE VINE
product of U.S.A.,
Mexico or Canada
tomates sur vigne
6.39/kg
30076102001 SA



2.99

3 LB BAG

FARMER'S MARKET CARROTS or YELLOW ONIONS
product of Ontario,
Canada no. 1 grade or
carottes ou oignons jaunes
3000017001 SA/3011194001 SA



2.99

CANTALOUPE
product of U.S.A. or Guatemala,
no. 1 grade
mandarino
300817001 SA



3.99
LB

RED & GREEN SEEDLESS GRAPES
product of U.S.A., no. 1 grade
raisins rouges et verts sans
graines
300817001 SA



3.99

PKG OF 5 OR 6

AVOCADOS
product of Mexico
avocat
300817001 SA



3.99

PKG OF 4

RED & GREEN PEPPERS
product of U.S.A. or Mexico
poivrons rouges et verts
300817001 SA



2.49

ICEBERG LETTUCE
product of U.S.A. or
Mexico,
no. 1 grade
salade iceberg
3013320001 SA



2.99

CELERY
product of Mexico or
U.S.A., no. 1 grade
nach
celéri
300817001 SA



8.99

RED MANGOES
product of Brazil
cassis de mangue rouges
300817001 SA
WHILE SUPPLIES LAST



\$7

6" POINSETTIAS
produit d'importation
300817001 SA



3.99

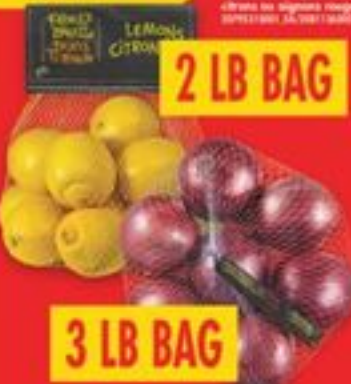
454 G

PC® WHOLE WHITE & CREAMI MUSHROOMS
product of Ontario
champignons blancs
no. 1 grade
300817001 SA



\$4

FARMER'S MARKET LEMONS
product of Spain or Turkey or
U.S.A., no. 1 grade
Canada no. 1 grade
citrons des marchés région
300817001 SA



4.99

3 LB BAG

FARMER'S MARKET NAVEL ORANGES
product of South Africa
orange navel
300817001 SA



4.99

2 LB BAG

FARMER'S MARKET MANDARINS
product of Spain or Morocco
mandarines
300817001 SA



BIG HOLIDAY DEALS!



\$12

PC® CHICKEN BREAST, SPLIT CHICKEN WINGS or BREAST CUTLETS
fresh, up to 720 g
portions de poulet ou ailes de poulet séparées ou escalopes de poulet
21494306 EA

BONELESS BEEF STEW
cubes de bœuf déossé
22,02/kg
30257940, RD

9.99
LB



9.99

MAPLE LEAF or SCHNEIDERS HAM
selected varieties
400/700 g
jambon
21094578 EA/21094483 EA



MARCANGELO SAUSAGE, BREAKFAST SAUSAGE or PATTIES 1,2/1,4 kg or **PC® FREE FROM® LEAN GROUND LAMB** 454 g
selected varieties
saucisses ou galettes ou agneau haché maigre
20799938 EA/21232008 EA

10.99

2.99

SMOKED STEELHEAD SALMON, pre-diced, 50 g
GO SHRIMP RAW, COOKED, \$1.70 per lb or 160 g
YELLOWFIN TUNA STEAKS, 92 g, or **SEAQUEST FLAVOURED ALASKA POLLOCK**
ready to eat, 227 g, selected varieties
saumon fumé, thon de l'épave (craie ou saumon) ou dorades de l'Alaska ou saumon d'Alaska
20722642 EA/21208011 EA
WHILE QUANTITIES LAST



5.99

SEAQUEST® RAW SHELL ON SHRIMP or COOKED PEELLED SHRIMP
frozen, 34-43 per lb
300 g
selected varieties
21048482 EA



12.49

MARCANGELO ROAST or BACON WRAPPED CHICKEN
selected varieties
370-800 g
poulet rôti ou poulet enrobé de bacon
21148333 EA



4.49

PILLER'S SLICED DELI MEAT 150/200 g or **PC® TOPPED HUMMUS** 280 g
selected varieties
charcuteries tranchées ou hummus garni
21094382 EA/20812322 EA



4.99

SAPUTO CHEESE
selected varieties
125-200 g
fromages
20722703 EA/21218214 EA



\$10

NO NAME® APPETIZERS
selected varieties, frozen
154-800 g
hors-d'œuvre
21424323 EA



2.99

D'ITALIANO BREAD BUNS 600-675 g or **BUNS** 6/8's
selected varieties
pain ou petits pains
20032323 EA/20639949 EA



\$3

COUNTRY HARVEST BREAD BAGELS 600/650 g or **BAGELS** 6's
selected varieties
pain ou bagels
21172897 EA/21176442 EA



4.50

PC® MINI MUFFINS
selected varieties
12's
mini-muffins
21488229 EA



3.99

MARCANGELO MORTADELLA
selected varieties
175 g
mortadelle
21281748 EA



5.99

MARCANGELO SLICED DELI MEAT 100 g or **PEPPERONI** 175 g
selected varieties
charcuteries tranchées ou pepperoni
20942322 EA



MARCANGELO ANTIPASTO or EUROPEAN DISCOVERY SLICED DELI MEAT
selected varieties, 175/200 g
antipasto ou charcuteries tranchées
21204349 EA/21212142 EA
WHILE QUANTITIES LAST



\$11

BIG HOLIDAY DEALS!



SAVE 40%

2.49

ONLY 3.33



DANONE ACTIVIA TUBS 450 g, OIKOS 4%, TWO GOOD 4% or DANONE KIDS DRINKABLE YOGURT 4% selected varieties yogurt

BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT selected varieties 410 g produit de fromage fondu 3125344 SA

ONLY \$4



PC® THIN CRUST PIZZA selected varieties, frozen 330-397 g pizza 5071479 SA



NEILSON TRUTASTE MILK 4 L, LACTOSE FREE 2 L or PROTEIN MILK 1.89 L selected varieties milk

ONLY 5.99

\$3

NATURE VALLEY GRANOLA BARS, MOTT'S or BETTY CROCKER FRUIT SNACKS selected varieties 120-230 g



5.99

NESCAFÉ GOLD SWEET & CREAMY INSTANT COFFEE selected varieties 90-251 g



6.99

BECEL MARGARINE selected varieties 437/850 g



.35

MR. NOODLES INSTANT NOODLES selected varieties 85 g



\$1

NO NAME® TUNA selected varieties 175 g



4.50

CLOVER LEAF SOCKEYE SALMON 375 g



.79

PC® SOFT DRINKS selected varieties 2 L



2.99

RUFFLES POTATO CHIPS selected varieties 150-200 g



1.25

ALLEN'S or MINUTE MAID FRUIT COCKTAILS selected varieties, 1 L



2.49

DARE COOKIES selected varieties 100-240 g



4.99

JAMIESON VITAMINS C + D selected varieties 75-240 g



2.99

CARNARY SWEET CANDY CANE CHOCOLATE BALLS IN NET 200 g



3.99

LINDY MINI CHOCOLATE BALL MULTI or DARE REALFRUIT CANDY 220 g



4.99

CADBURY MINI EGGS 200 g or OLD EXCELLENT BEANitos BEANS 200 g



12.99

NESTLE KITKAT CABIN or FAVOURITE BAG 275 g or ELMER'S BOXED CHOCOLATE 140 g



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

DECEMBER

**HIT
OF THE
MONTH**

STARTS SUNDAY DECEMBER 1ST



\$3

Planters salted mixed nuts,
225 g
Limit: 6, over limit retail \$3.50.



\$3

Wonderful Pistachios,
salted or unsalted, 225 g,
product of U.S.A.
Limit: 6, over limit retail \$5.00



\$5

San Pellegrino Italian sparkling drinks,
Selected varieties, 6x330 mL
Limit: 4, over limit retail \$6.00



\$1⁵⁰

PC® English Muffins,
6's, selected varieties
Limit: 4, over limit retail \$2.99



Optimum
Members-Only Price
\$2
Non-Members
\$2⁵⁰

Christie Mini Cookies, Snack Packs
Selected Varieties, 150-200 g

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from December 1st – 31st, 2024.

BIG HOLIDAY DEALS!



SAVE UP TO 27%

ONLY 5.99



HEALTHY CHOICE SIMPLY 255-283 g or HEALTHY CHOICE GOURMET STEAMERS 269-306 g selected varieties, frozen plats cuisinés surgelés 2017438 EA/2140439 EA

\$4

PC[®] WOOD FIRED PIZZA selected varieties, frozen 351-413 g pizza 2140332 EA



ONLY 3.33



SAVE 20%

2.69

PILLSBURY PIZZA POPS selected varieties, frozen 4's pizza 2143396 EA

YOPLAIT SOURCE 630 g, 4% MINIGO 6% or TUBES 8's selected varieties yogurt 2129131801 EA/21347393 EA

3.50

NO NAME[®] CANNED FRUIT selected varieties 796 mL 28 fl oz 2041823 EA



\$6

PC[®] ORANGE JUICE selected varieties, refrigerated 2.5 L per 4 average 2130484 EA



3.99

OCEAN SPRAY CRANBERRY COCKTAIL 1.89 L or 100% CRANBERRY JUICE 1.77 L selected varieties 2041823 EA/2098240 EA



2.99

PRINGLES PARTY STACK POTATO CHIPS 194/203 g or MINGLES 153 g selected varieties 2017081 EA/2126242 EA



3.99

MISS VICKIE'S KETTLE COOKED POTATO CHIPS 190/200 g or CHEETOS SNACKS 170-285 g selected varieties 2130484 EA/2126242 EA



\$2

NO NAME[®] OLIVES selected varieties 273 mL others 2030487 EA



2.99

FERRERO ROCHER CHOCOLATE BAR selected varieties 90 g 2041823 EA/2126242 EA



20.99

GATORADE SPORT DRINK selected varieties 24x591 mL 2041823 EA



249 CHRISTIE CRISPERS[®] or BITS & BITES CRACKERS selected varieties 143 g craquelins 2130487 EA/2134333 EA



MAYNARD'S CANDY selected varieties 150/154 g craquelins 2134334 EA/21343405 EA

\$2



549 CHRISTIE COOKIES selected varieties 285-530 g biscuits 2130487 EA/21341903 EA

BIG HOLIDAY DEALS!

ONLY \$3



PC® HERBAL TEA
selected varieties
20's
flavore
20627612001_EA/2110379_EA

BLACK DIAMOND CHEESTRINGS STICKS 16 1/2 oz
selected varieties
flavore
30743641_EA/20966474_EA



SAVE UP TO 27%
5.79



HÄAGEN-DAZS ICE CREAM 400-450 mL or
NOVELTIES 3/4 L
selected varieties, flavore
crème glacée ou friandises glacées
2030229801_EA/21131347_EA

ONLY 5.49



MUTTI PASSATA 480 mL
CATELLI GLUTEN-FREE PASTA 340 g, or **CATELLI LASAGNA** 250/375 g
selected varieties
sauce pour pâtes ou pâtes ou pâtes à lasagne
202849001_EA/20754233_EA

ONLY 2.99

\$1

COLGATE TOOTHPASTE 32-91 mL or
MANUAL TOOTHBRUSH 1 ea.
selected varieties
dentifrice ou brosse à dents manuelle
202849001_EA/20754233_EA



3.99

GLADE SMALL JAR CANDLE
selected varieties
petites bougies en jar
202849001_EA/20754233_EA



4.49

ZIPLOC STORAGE BAGS
selected varieties
15-20 L
sacs de rangement
20271011_EA/20754233_EA



11.49

GLAD GARBAGE BAGS
selected varieties
30-40 L
sacs à ordures
21104477_EA



13.88

ARM & HAMMER LAUNDRY DETERGENT
4.02 L
détergent à lessive
21107347_EA



15.99

TIDE PODS 37/43/52'S LAUNDRY DETERGENT, SOFTENER or GAIN FABRIC SCENT BOOSTERS 480 g
selected varieties
détergent à lessive ou assouplissant textile ou renforceur de parfum
21104477_EA/21104477_EA



1.99

PEDIGREE WET DOG FOOD
selected varieties
375 g
nourriture humide pour chiens
21104477_EA



9.99

PEDIGREE DENTASTIX MARROBONE 300-400 g
MARROBONE 1.7 kg
selected varieties
gâteries pour chiens
21071301_EA/21104477_EA



24.99

PEDIGREE DOG FOOD
selected varieties
6.41/8 kg
nourriture pour chiens
202849001_EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn*
1,200 pts

for every \$5* spent on Humpty Dumpty snacks 250-290 g or Old Dutch Restaurante tortilla 275/290 g or potato chips 235 g
selected varieties
collations ou croustilles
21367510_EA/21445100_EA

\$1.20
value



BIG HOLIDAY DEALS!

NEILSON 5/10% 1L or 18/35% 473 mL CREAM selected varieties
CRME
30122608_EA/20274831_EA

3.19



4.99

ROBIN HOOD or FIVE ROSES FLOUR selected varieties 2.5 kg
3002447901_EA/20029447001_EA

LANTIC SUGAR selected varieties 1 kg
SUCRE
20814220_EA/20142994_EA

2.79



PHILADELPHIA CREAM CHEESE PRODUCT 227/250 g selected varieties produit de fromagerie à la crème 20441247_EA/2004472410_EA

3.99

3.49

CRISCO SHORTENING or TENDERFLAKE LARD selected varieties 454 g shortening ou saindoux 20027493_EA/21473300_EA



3.99

TENDERFLAKE PIE SHELL selected varieties, frozen 255-397 g croûtes à torte 2002040001_EA



4.49

E. D. SMITH PIE FILLING selected varieties 540/796 mL garniture pour tarte 20297733001_EA/20297733004_EA



1.89

BETTY CROCKER SUPERMOIST CAKE MIX FROSTINGS selected varieties mélange à gâteau ou glacages 20043641000_EA/21347937_EA



2.50

NO NAME MARSHMALLOWS selected varieties 400 g guimauves 20304472001_EA/20304472002_EA



3.99

NO NAME HONEY GRAHAM WAFERS 400 g biscuits Graham 20060314_EA



3.49

EAGLE BRAND SWEETENED CONDENSED MILK selected varieties 300 mL lait condensé sucré 20020114_EA



4.99

PAM COOKING SPRAY selected varieties 341/170 g pulvérisateur à cuisson 2017040001_EA



\$5

NO NAME BAKING POWDER 400 g poudre à pâte 20020114_EA



7.99

FRY'S COCOA POWDER 454 g poudre de cacao 20020114_EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **3,000 pts**

\$3 value

for every \$10* spent on Fleischmann's yeast 34-430 g, Canada cornstarch 454 g/1 kg, baking powder 340 g or bread booster 100 g levure ou fécule de maïs ou poudre à pâte ou bonifiant de pain 20006692_EA/21351074_EA



\$3 value

Earn* **3,000 pts**

for every \$10* spent on Hershey's Chipits 200-270 g brisures de chocolat 21452844_EA/21452924_EA



1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

HERBAL ESSENCES HAIR CARE
selected varieties
346 mL
soins capillaires



PRICE DROP

2.99

TRESEMME HAIR CARE
selected varieties
198-311 g/168-828 mL
soins capillaires



PRICE DROP

5.99

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn* **3,000 pts**

\$3
value

for every \$15* spent on Aveeno or Johnson & Johnson baby needs

Aveeno 166-532 mL, 105/311 g or **Johnson & Johnson** 50-800 mL, 623 g

selected varieties
produits pour bébé



PRICE DROP

3.49

CREST PRO-HEALTH or COMPLETE TOOTHPASTE

selected varieties
100-130 mL
dentifrice

31041420 EA/31042014 EA



PRICE DROP

4.79

SENSODYNE or PRONAMEL TOOTHPASTE

75/100 mL or **POLIGRIP** 40 g

selected varieties
dentifrice

3090117060 EA/30714075 EA

DOVE MEN+ CARE DEODORANT

selected varieties
76/83 g
déodorant

PRICE DROP

6.49



PRICE DROP

3.99

Q-TIPS

500's
coton-tiges

3032307961 EA

NIVEA BODY WASH 300 mL, DEODORANT ROLL-ON 50 mL, or ANTIPERSPIRANT 51/52 g

selected varieties
savon pour le corps ou déodorant à bille ou antiperspirant

3032421804 EA/31114999 EA

PRICE DROP

3.99



IVORY BAR SOAP 10x90 g or BODY WASH 631 mL

selected varieties
pain de savon ou nettoyant pour le corps

3034168700 EA/3066346001 EA

PRICE DROP

4.49



BABY GOURMET ORGANIC FRUIT or VEGETABLE BABY FOOD POUCHES

selected varieties, 128 mL
sachets de fruits ou légumes biologiques pour bébé

3034074001 EA/31340792 EA

PRICE DROP

1.79



GERBER SNACKS or ENTREES

selected varieties
43-187 g
collations ou plats cuisinés

3034418002 EA/3034418007 EA

PRICE DROP

1.99



HUGGIES PULL UPS or GOODNITES CLUB PACK TRAINING PANTS

selected varieties
28-74's
collèges d'entraînement

3093337 EA/31376946 EA

PRICE DROP

26.99



ALWAYS or TAMPAX 1X PADS, LINERS or TAMPONS

selected varieties
10-72's
serviettes ou protège-coton ou tampons

3144964 EA/31432007 EA

PRICE DROP

4.79



VASELINE LOTION

selected varieties
400 mL
lotion

3108311 EA/3108310 EA

PRICE DROP

6.99



BOOST HIGH PROTEIN HYPERPROTEINE

15 g
16 g
0.5 g
1 g

3034074001 EA/30340792 EA

PRICE DROP

12.99



BOOST HIGH PROTEIN or CARB SMART MEAL REPLACEMENT SHAKES

selected varieties
6x237 mL
boissons de substitut de repas

3093337 EA/3093337 EA

ALWAYS \$

PC® distilled water

4 L
eau distillée

30797191 EA

1.25



Life Brand® mouthwash

selected varieties
1 L
rinçage-bouche

21201386 EA/21201404 EA

\$4

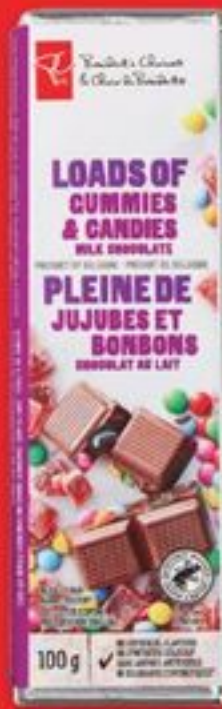


BIG HOLIDAY DEALS!

PC® CHOCOLATE GIFT BOX
207 g
boîte-cadeau de chocolat
21119030, EA

WHILE QUANTITIES LAST

5⁹⁹



PC® CHOCOLATE TABLET
selected varieties
90/100 g
barre de chocolat
21439634, EA/21429884, EA

\$3



PC® HOT CHOCOLATE BOMBS
90 g
bombes pour chocolat chaud
21287279, EA

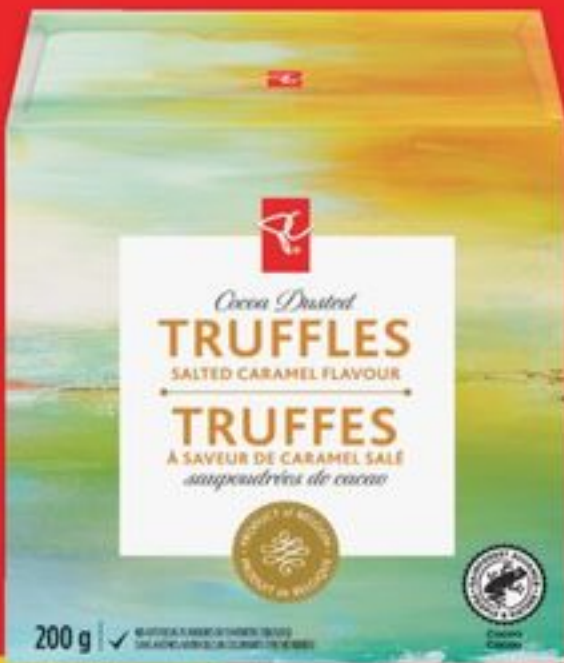
WHILE QUANTITIES LAST

3⁹⁹



PC® SUISSE BAR
selected varieties
100 g
barres
21409237, EA

\$2



PC® DUSTED TRUFFLES
selected varieties
200 g
truffes
21294180, EA

2⁹⁹



PC® GOURMET FUDGE
selected varieties
200 g
fudge gourmet
21291518, EA

3⁹⁹



PC® GOLD BAR
selected varieties
300 g
barres
20287295, EA/20298217, EA

6⁹⁹



PC® SUISSE BAR
selected varieties
barres
20079863, EA

400 G

6⁹⁹

PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



DRINK UP FESTIVE DEALS

Get a top up on low prices. We've got tons of holiday refreshers to complement your meals.

\$17



PC® ROAST AND GROUND COFFEE
selected varieties
800-930 g
21692427_EA



\$5

PC® or BLUE MENU® SPARKLING WATER
selected varieties
12x355 mL
eau pétillante
20668034002_C01



\$5

PC® SOFT DRINKS
selected varieties
12x355 mL
boissons gazeuses
20218887001_C12



3⁹⁹

PC® 100% CRANBERRY JUICE BLEND
1.89 L
mélange de jus de canneberge
20320042002_EA



\$6

PC® ORANGE JUICE
selected varieties
refrigerated
2.5 L
jus d'orange
21631644_EA



\$4

PC® DECADENT® HOT CHOCOLATE MIX
460 g
mélange à chocolat chaud
21549129_EA



\$8

PC® DE-ALCOHOLIZED BEER
selected varieties
12x355 mL
bière sans alcool
20121729_C12

PC® INSIDERS REPORT™ HOLIDAY EDITION

Bringing joy to taste buds and wallets.



\$10

PC® BASQUE CHEESECAKE
frozen, 600 g
gâteau au fromage basque
21609491_EA

SUGAR, SPICE, AND PRICED NICE

Chase the sugar highs, without the high price tags. Make our sweet treats your sweet holiday escape.



5.99

PC® THE WORLD'S BEST ALL-BUTTER SCOTTISH SHORTBREADS
200 g
Sablé écossais pur beurre
20129504_EA



\$8

PC® CRUSTASTIC SUGAR CRAVE PIE BAR
430 g
tarte rectangulaire
21609501_EA



\$8

PC® CRUSTASTIC JOLLYBERRY GINGERBREAD PIE BAR
430 g
tarte rectangulaire
21609492_EA



3.49

PC® THE DECADENT® CHOCOLATE CHIP COOKIE
selected varieties
280/300 g
biscuits
20612261_EA/20612267_EA



\$10

PC® CHEESECAKE
selected varieties, frozen
600 g
gâteau au fromage
20147627_EA/20318102_EA



\$6

PC® HOMESTYLE BUTTER PIE CRUSTS
frozen
350 g
croustes à tarte
21610882_EA

PC Optimum™ members can save up to 35% on home and auto insurance*



GET A QUOTE

*Conditions apply. Subject to change. For full details see www.pcinsurance.ca.

THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.

no name™ mobile

Save 50%* on a SIM card

Limited time Black Friday savings for PC Optimum™ members.



exclusively at  **NOFRILLS**

*Offer valid Nov. 28 - Dec. 4. Subject to change. Conditions apply. Visit nonamemobile.ca for full details.
**Must be a registered PC Optimum™ member to get this offer.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.