

BUY-LOW FOODS

HAPPY NEW YEAR



Canadian Diamond Strip Loin Steak
28.64/kg

THE LOWEST BUY

12⁹⁹
lb



Western Family Shrimp
Also Selected Varieties,
Frozen, 340g



BUY 1 GET 1 FREE
same item of equal or lesser value

3\$5
for



Hass Avocado
Mexico

Lay's Potato Chips
Selected Varieties,
177g or 235g



2\$6
for

3⁹⁹
ea



Blueberries
or Blackberries, Mexico or Peru, 170g Clamshell

Bubly Sparkling Water
Selected Varieties,
12 x 355 mL



5⁹⁹
ea

Dr. Oetker Giuseppe Pizza
Selected Varieties,
Frozen, 480g or 720g



5⁹⁹
ea



WITH EVEN MORE WAYS TO SAVE.

PRICES EFFECTIVE FRIDAY, DECEMBER 27, 2024 - WEDNESDAY, JANUARY 1, 2025

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. SOME ITEMS MAY NOT BE EXACTLY AS ILLUSTRATED OR NOT AVAILABLE AT ALL LOCATIONS. PRICES DO NOT INCLUDE APPLICABLE TAXES, BOTTLE DEPOSITS, ECO FEES OR RECYCLING FEES WHERE APPLICABLE. THE SPECIFIED QUANTITY OF THE ADVERTISED PRODUCT MUST BE PURCHASED TO RECEIVE THE DISCOUNT.



CHECK WITH YOUR LOCAL STORE FOR HOLIDAY HOURS.

NEW YEAR'S ENTERTAINING



44⁹⁹
ea

only available at select locations

Meat & Cheese Tray



24⁹⁹
ea

only available at select locations

Spinach Dip Tray

**Western Family
Appetizers**
Selected Varieties,
Frozen, 216g



BUY 2 GET 1

FREE

same item of equal or lesser value

**Western Family
Chicken Wings**
Selected Varieties,
Frozen, 750g



12⁹⁹
ea

**Western Family
Half Moon Platter**
with Sauce, 41 to 50 Count,
Frozen, 454g



15⁹⁹
ea

**Western Family
Spicy Crunch
Chicken Bites**
Frozen, 600g



9⁹⁹
ea

Vlasic Kosher Pickles
Selected Varieties, 1 Litre



5⁴⁹
ea

**Christie
Snacking Crackers**
Selected Varieties, 200g



2\$6
for

FRESH TASTE OF SAVINGS



2 lb Bag

5⁹⁹
ea

Sweet Mandarin
Oranges
California, 2 lb Bag

Taylor Farms
Chopped Salad Kit
USA, Selected Varieties,
316g or 333g

5⁹⁹
ea



2⁹⁹
ea

Head Lettuce
USA



2⁹⁹
lb

Honeycrisp
Apples
BC, 6.59/kg



3⁹⁹
lb

Green Seedless
Grapes
California, 8.80/kg



3⁹⁹
ea

Grape
Tomatoes
BC or Mexico,
284g



.88
ea

Lemon
California

Large Gold
Pineapple
or Peeled &
Cored, Imported

5⁹⁹
ea



LARGE PACKS

Russet
Potatoes
BC or USA,
10 lb Bag

10 lb Bag

5⁹⁹
ea



Fresh Express
Spinach
USA, 227g

3⁴⁹
ea



QUALITY MEATS FOR LESS



4⁹⁹
lb

Pork Back Ribs
Fresh, 11.00/kg



5⁹⁹
lb

Chicken Wings
Split, Tips Removed,
13.21/kg



12⁹⁹
ea

Grimm's Sliced Bacon
Thick Cut, 500g

SEAFOOD



**Western Family
Bacon Wrapped
Scallop
Medallions**
Frozen, 300g

3⁴⁹
100g



Steelhead Fillet
Fresh



12⁹⁹
ea



9⁹⁹
ea

**Western Family
Shrimp Appetizers**
Selected Varieties, Frozen,
250g or 340g



2-PACK
11⁹⁹
ea

**Caribbean
Lobster Tails**
Frozen, 2-Pack, 3 oz

DELI

ONLY AVAILABLE IN STORES WITH FULL SERVICE DELI DEPARTMENTS



3.79 100g **Turkey Breast**
Selected Varieties

3.99 100g **Roast Beef**
or Garlic,
Sliced Fresh in Store

2.99 100g **Olives**
Selected Varieties



5.99 ea **Grab 'N Go Sandwich**
Selected Varieties,
Made Fresh in Store

6.99 ea **Castello Brie Cheese**
or Camembert, 125g

2.99 100g **Bothwell Cheddar Cheese**
Medium or Marble,
Cut in Store



6.99 ea **Mastro Genoa Salami**
Selected Varieties, 150g

3.99 ea **Western Family Hummus**
Selected Varieties, 227g

10.99 ea **Grimm's Pepperoni Bites**
Selected Varieties, 375g

PACKAGED MEAT



11.99 ea **Maple Leaf Prime Breaded Chicken**
Selected Varieties,
Frozen, 568g or 700g

9.99 ea **Western Family Garlic Sausage**
750g

5.99 ea **Main Street Deli Sliced Meat**
Selected Varieties,
250g or 300g



10.99 ea **Western Family Meatballs**
Fully Cooked, Selected
Varieties, Frozen, 680g

8.99 ea **Western Family Mini Quiche**
Frozen, 255g

11.99 ea **Western Family Pork Back Ribs**
Fully Cooked, Selected
Varieties, Frozen, 610g

FRESH BAKERY

ONLY AVAILABLE IN STORES WITH FULL SERVICE BAKERY DEPARTMENT



4⁴⁹
ea

Artisan Sourdough Bread
Baked in Store, 500g



Pack of 2

8⁹⁹

Gourmet Cake Slices
Selected Varieties, Pack of 2



Pack of 24

9⁹⁹

Chocolate Chip Cookies
Selected Varieties,
Pack of 24



Pack of 6

6⁹⁹

Cupcakes
Baked in Store,
Selected Varieties, Pack of 6



2⁹⁹
ea

Classic Baguette
or Rustic,
Baked in Store, 350g



3⁴⁹
ea

Authentic Street Tortillas
279g



Pack of 4

3⁹⁹

Ciabatta Buns
Original or Sunflower
& Flax, Pack of 4

BAKERY

AVAILABLE IN ALL LOCATIONS

Dempster's Signature Bread
Selected Varieties, 600g

3⁹⁹
ea



Natural Bakery Canadian Rye Bread
500g

3⁴⁹
ea



King's Hawaiian Buns
Pack of 12

4⁹⁹



SNACKS & BEVERAGES



4⁹⁹
ea

Western Family Soft Drinks
Selected Varieties, 12 x 355 mL

Old Dutch Snacks
Selected Varieties,
250g or 265g



2\$8
for



Dare Ultimate Cookies
Selected Varieties,
290g or 300g

3⁷⁹
ea

Tostitos Salsa
Selected Varieties,
394 mL or 418 mL



2\$9
for

Que Pasa Organic Tortilla Chips
Selected Varieties,
300g or 350g



2\$9
for



Corona Sunbrew 0% Non-Alcoholic Beer
6 x 330 mL

11⁹⁹
ea

Minute Maid Beverage
Selected Varieties,
1 Litre



2\$4
for

Kicking Horse Organic Coffee
Whole Bean, Selected Varieties, 454g



15⁹⁹
ea

DAIRY, CHILLED & FROZEN



8⁹⁹
ea

Cracker Barrel Cheese
Selected Varieties, 600g

Kellogg's Eggo Waffles
Selected Varieties,
Frozen, 280g or 330g



2\$8
for



Siggi's Skyr Yogurt
Selected Varieties,
750g

5⁷⁹
ea



Becel Margarine
Selected Varieties, 427g

2\$9
for



Armstrong Cheese Snacks
Selected Varieties, 210g

4⁹⁹
ea



5⁹⁹
ea

Nestlé Ice Cream
Also Selected Varieties,
Frozen, 1.5 Litres



8⁴⁹
ea

Bassili's Best Lasagna
Selected Varieties,
Frozen, 907g



5⁴⁹
ea

Western Family Flatbread
Selected Varieties, Frozen,
360g or 370g

PANTRY SAVINGS



6⁴⁹
ea

Kellogg's Cereal
Selected Varieties,
600g or 650g

Jif Peanut Butter
Selected Varieties,
1 kg

5⁹⁹
ea



Stagg Chili
Selected Varieties, 425g

3⁹⁹
ea



3\$10
for

**Ben's Original
Bistro Express Rice**
Selected Varieties,
240g or 250g



4⁹⁹
ea

**Old El Paso
Dinner Kit**
Selected Varieties,
340g or 400g

**Bush's Best
Baked Beans**
Selected Varieties,
398 mL

2\$4
for



**Unico Canned
Tomatoes**
Selected Varieties,
796 mL

1⁹⁹
ea



Smucker's Jam
Selected Varieties,
390 mL or 500 mL

5⁹⁹
ea



HOUSEHOLD

**Western Family
Ultra Paper
Towels**
Split to Fit, 6 Rolls

7⁴⁹
ea



**Dawn Ultra
Dish Soap**
Selected Varieties,
431 mL or 473 mL

2\$6
for



**Clorox
Liquid Bleach**
Original, 2.4 Litres

6⁴⁹
ea



11⁹⁹
ea

**Bounce
Dryer Sheets**
Selected Varieties, 200's



6⁹⁹
ea

**Glad
Garbage Bags**
Selected Varieties,
30's or 52's

HEALTH & BEAUTY



1⁹⁹
ea

**Colgate
Toothpaste**
Selected Varieties, 120 mL

Dove Hair Care
Selected Varieties, 355 mL

5⁹⁹
ea



Softsoap Body Wash
Selected Varieties, 591 mL

5⁹⁹
ea



**Irish Spring
Bar Soap**
Original or Aloe,
3 x 104g

4⁴⁹
ea



9⁴⁹
ea

Huggies Natural Care Wipes
(168's) or Simply Clean (192's)

Gerber Graduates Puffs
or Lil' Crunchies,
Selected Varieties, 42g

2\$7
for



**Listerine
Mouthwash**
Selected Varieties,
1 Litre

7⁹⁹
ea



**Halls Throat
Lozenges**
Selected Varieties,
30's

4⁴⁹
ea



**Old Spice
Deodorant**
or Antiperspirant,
Selected Varieties, 85g

7⁴⁹
ea



10⁹⁹
ea

Playtex Tampons
Selected Varieties, 32's or 36's



**Organika
Enhanced Original
Collagen Powder**
or Marine, 250g

**More
REWARDS**
**EARN
1300
POINTS**



**Göt2B Hair
Styling Product**
Selected Varieties,
57g or 170g

**More
REWARDS**
**EARN
300
POINTS**





Trusted for over 50 years, Western Family is a proud Western Canadian brand, offering an assortment of reliable, affordable high quality products.

western family



Western Family Juice
Selected Varieties,
1 Litre

2\$4
for



Western Family Soft Drinks
Selected Varieties,
2 Litres

4\$5
for



Western Family Kettle Cooked Peanuts
Selected Varieties,
400g

4\$29
ea



Western Family Potato Chips
Selected Varieties,
235g

2\$5
for



Western Family Swiss Chocolate Bar
Selected Varieties,
100g

2\$5
for



Western Family Canned Tomatoes
Selected Varieties,
398 mL

1\$79
ea



Western Family Salsa
Selected Varieties,
650 mL

3\$99
ea



Western Family Peanut Butter
Selected Varieties, 1 kg

5\$49
ea



Western Family Pancake Mix (905g) or Syrup (710 mL),
Selected Varieties

2\$8
for



Western Family Chip Dip
Selected Varieties,
225g

2\$7
for



Western Family Natural Cheese Slices
Selected Varieties,
220g or 240g

4\$99
ea



Western Family Cream Cheese
Selected Varieties,
227g or 250g

3\$79
ea